# HIGHLANDS DOUGLASS NEIGHBOR

PUBLISHED BY THE HIGHLANDS-DOUGLASS NEIGHBORHOOD ASSOCIATION

# JOAN STEWART TO SPEAK AT 2014 HDNA ANNUAL MEETING ON JANUARY 26

Past Chair of the Old Louisville Neighborhood Council to Speak on Reforestation

ighlands-Douglass
Neighborhood Association
is pleased to welcome guest
speaker Joan Stewart, past Chair of
The Old Louisville Neighborhood
Council (OLNC) for this year's Annual
Meeting on Sunday, January 26, 2014,
from 3:00 - 5:00 P.M. at the Douglass
Community Center.

During her five-year term, which just concluded, Joan has spearheaded OLNC planting trees in Central Park and throughout Old Louisville. During her presentation to Higlands-Douglass Neighborhood Association residents, she will share her experiences and expertise on tree reforestation, along

with guidelines for starting a similar program.

During Joan's presidency, she worked with various experts in the field of trees as well as the Louisville City Arborist, Mark White. She also worked to secure funding to accomplish the plantings, developed the process of getting the trees planted and ensuring their survival. Joan brings knowledge of gardening as well as working with the organization of accomplishing a tree planting project.

The Old Louisville Neighborhood Council is the umbrella group of Old Louisville's 13 neighborhood associations — 2nd Street, 3rd Street,



South 4th Street, 1300 S. 3rd Street, Belgravia Court, Central Park West, Cornerstone Area, Fort George, Garvin Gate, Ouerbacker Arts & Crafts, St. James Court, Toonerville, Treyton Oak Towers, and West St. Catherine, as well as the 100 Block of West Ormsby Avenue Block Watch group.

## HDNA'S ANNUAL MEETING TO BE HELD JANUARY 26, 2014

- Board Positions Open -

ach year, Highlands-Douglass Neighborhood Association holds its Annual Meeting to begin the term for the new year. Although a special guest speaker is featured (past special guests have included Mayor Fisher and 9th District Councilman Tom Owen), the main purpose of the Annual Meeting is to install a new board and executive officers.

Only current members may nominate and vote for board members, with one vote per household. We will be accepting new memberships and renewals at the door. Membership is just \$12 per year per household, whether joining or renewing.

By helping elect our 2014 Board, you can participate in your city government on a grass roots level. Not only does your neighboorhood association plan and sponsor free events such as the Highlands-Douglass Old Fashioned Ice Cream Social, it has a voice in matters such as neighborhood safety and improvements and historic preservation, and also enjoys a direct liasion to the Fifth District Police and Councilman Tom Owen's office.

This year's Annual Meeting will be held on Sunday, January 26, 2014, from 3:00 - 5:00 p.m. at the Douglass Community Center, located at Douglass Blvd. and Ellerbe Ave. We hope to see you there!

#### INSIDE THIS ISSUE:

Woodbourne House Dedicated3
Highlands-Douglass Neighborhood
Association Gems4
Louisville Classical Academy5
HDNA Board Adopts Changes7
How We Had Fun This Summer 8
How to Eat Organic and Local
This Winter
Great Flood Brewing Co11
Baby, You Can Park My Car12
So Long, Farewell13
Loop 22 Opens in Douglass Loop 13
2013 Ice Cream Social14
Halloween Spirit(s) Abound
502 Power Yoga15
HDNA is on Facebook16
Important Phone Numbers
HDNA Board Members16



#### PRESIDENT'S MESSAGE

s the end of the year approaches, the HDNA board of directors is giving thought to plans for the future. We live in a great neighborhood, and we are doing our best to help keep it that way. We are a volunteer organization made up of residents who give of their time and energy.

We invite all residents, homeowners and tenants alike to join us in keeping Highlands-Douglass the great neighborhood it is. Your involvement is needed and valued, and we encourage you to join us at our monthly meetings.

A new board will be elected at the annual meeting on Sunday, January 26. 2014. Please attend and consider running for a board term. We thank the outgoing board members for their past contributions and commitment to stay involved and hope you will consider running for one of the seven openings available on the board. As an outgoing board member, I can attest that working with neighbors toward common goals is a rewarding experience.

-Norma Miller



2240 Taylorsville Rd. Louisville, KY. 40205 (502) 409-9190

www.ParksideFamilyDental.com

#### **New Patients Welcome!**

Accepting Adults, Children, & Most Insurances

- Comfort Focused Experience
- One Location for All your Dental Needs (Implants, Veneers, Invisalign, TMJ Treatment, Laser Whitening, Periodontics, and more!)
- Revolutionary Botox & Laser Treatment
- Complimentary Whitening Kits & Consultations (for patients of record).
- 24/7 Emergency Care (for patients of record)



# Dr. Bogdan Graboviy

"Committed to our Community's Smile"

Top Dentist of America Award 2007-11

- International Health Professional of the Year (2011)
- · Over 25 years of Experience

Call Today for your Appointment!

#### **EDITOR'S MESSAGE**

s 2013 draws to a close, it has been a pleasure to edit and design *The Neighbor*. It truly takes a village and I would like to thank the volunteers who have provided story suggestions, written articles, proofread and delivered each issue to your doorstep. You can read about some of our most long-serving and dedicated volunteer gems on page 4 and our newest volunteer extraordinaires, Ed and Maggie Flynn, on page 8.

A brand new year has arrived and with that, we will be welcoming several new businesses to the area. Douglass Boulevard Christian Church has not only completed and dedicated the new senior living housing wing at Briney Hall (page 3) but is also the new site for Louisville Classical Academy (page 5). Just across the way in Belknap Neighborhood, we welcome new restaurant Loop 22 in the old Corner Door location (page 13). Just down the block, a new yoga studio is set to open – 502 Power Yoga, above The Loop Barbershop. And if you're thirsty after a power yoga session, you can head down to the next block to Great Flood Brewing Company, in Pinotti's Flower Market's former location next door to North End Cafe.

Are you a neighbor who is well-connected in the area and keeps up with the latest happenings? Are you always the one with the camera at parties and family events? Enjoy researching, writing and proofreading? Have mad organizational skills or a magnetic sales personality? If so, I invite you to join the Communications Committee and the newsletter staff. Not only can you exercise your special talents, but you will have fun and get to know some terrific Highlands-Douglass neighbors!

Is there something you would like to share or learn about? Please contact me with your ideas at pam@pamhoguedesign.com. I look forward to hearing from you!

- Pam Forsee Hogue

# GATES AUTOMOTIVE SERVICE, INC.

Jamily Owned and Operated Since 1952



(502)-458-9404

1546 BARDSTOWN RD. • LOUISVILLE, KY 40205 7:30 A.M. - 5:00 P.M., M-F

ACDelco

GatesAutomotiveService.com



#### - REDEVELOPMENT AND ADAPTIVE REUSE IN HIGHLANDS-DOUGLASS -

#### WOODBOURNE HOUSE DEDICATED

n Monday, September 30, 2013, a dedication ceremony was held by New Directions Housing Corporation and Douglass Boulevard Christian Church at Woodbourne House (formerly known as Briney



Woodbourne House

Hall), 2005 Douglass Boulevard. This historic Woodbourne landmark site in Highlands-Douglass neighborhood has been restored and rededicated as a \$3.1 million housing and senior services center.

The Honorable Greg Fischer, Louisville Metro Mayor, and representatives from US\HUD, Kentucky Housing Corporation and Highlands Community Ministries attended.

Louisville nonprofit developer New Directions Housing Corporation oversaw the restoration of the Greek Revival landmark home and the construction of an annex that together provides 11 units for seniors. New Directions, a United Way and NeighborWorks America member agency, will manage the site.

As part of its continuing expansion of senior services serving residents of the 40204 and 40205 areas, Highlands Community Ministries will relocate its respected Shaffer Enrichment Center to operate in the receiving room and library.

Douglass Boulevard Christian Church, which acquired the historic home and surrounding area in 1936, will continue to host the Douglass Loop Farmers' Market.

Built in 1836 by Starks Fielding, the house was among the first 1,000 brick homes in the region and its 200-acre property originally included Big Rock in Cherokee Park. The property was acquired by George Douglass after the Civil War, whose daughter later donated acreage and Big Rock to Cherokee Park. For 10 years beginning in 1939, Rugby University School operated at the site. Broadway Christian Church, later Douglass Boulevard Christian Church, acquired a large part of the original tract in 1936 and built their current place of worship at 2005 Douglass Boulevard in 1940. In 1949, the church rededicated the historic home as Briney Hall. It was in continuous use until 2005.

Louisville Mayor Greg Fischer noted that the challenge of this point in Louisville's march forward is in finding new purpose for buildings threatened by vacancy and no neighborhood is exempt from the necessary collaborations needed to forge new uses and meaning for such places as Woodbourne House.

Mayor Fisher continued, "This much-loved place will be home to 11 seniors, continue the Farmers' Market tradition and welcome others to daily senior activities, which is the hallmark Louisville compassionate way of life. This is a triple win."



The Honorable Greg Fischer, Louisville Metro Mayor speaks at Woodbourne House's dedication.

Resources assembled for the \$3.1 million development include a \$190,000 US HUD planning grant followed by a \$1.2 million HUD Section 202 capital advance; Kentucky Historic Tax Credits and National Historic Tax Credits that yielded equity of \$98,524 and \$283,113 respectively; national Low Income Housing Tax Credits awarded by Kentucky Housing Corporation enabling \$1,122,000 in equity investment, and grants from Louisville Metro Government (\$180,000); Douglass Boulevard Christian Church (\$40,000) and nearby neighbors (\$13,000.) Construction financing and equity investment came from Stock Yards Bank & Trust. The development team included Bosse Mattingly Constructors and Architect Robert Haffermann with the firm K Norman Berry & Associate Architects.

The primary benefit to residents, now and into the future, is a multi-year HUD Section 202 operating subsidy that enables seniors of very low income to affordably access this housing.



2005 Douglass Blvd. Louisville, Kentucky 40205 502-452-2629

www.douglassblvdcc.com

The Reverend Dr. Derek Penwell, Senior Minister

Join us at the Douglass Loop Farmers' Market every Saturday from 10:00 a.m. to 2:00 p.m.



#### HDNA VOLUNTEER SPOTLIGHT:

# HIGHLANDS-DOUGLASS NEIGHBORHOOD ASSOCIATION GEMS

eighborhoods have distinct landmarks — Highlands-Douglass neighborhood area landmarks include Cherokee Park, Seneca Golf Course, the Douglass Loop Farmers' Market, and of course, Douglass Loop and Doup's Point, each which have restaurants and businesses (many of whom support this newsletter with their ads).

However, as wonderful as all these are, what makes our neighborhood special are the residents of Highlands-Douglass. In this issue, we would like to recognize the following individuals for their volunteer efforts that have positively impacted Highlands-Douglass Neighborhood Association. We thank them for going above and beyond!



Rich Campbell

RICH CAMPBELL'S involvement with Highlands-Douglass Neighborhood Association began when he and neighbors, John and Cynthia Norton, attended an HDNA board meeting around November 2003, when he began serving on the board from until 2005. After leaving the board, Rich approached the board on behalf of other neighbors to ask the Board to consider sponsoring what we now call 'The

Highlands-Douglass Old Fashioned Ice Cream Social'. This free annual event held each August has grown each year in both size and activities. In addition to organizing the Old Fashioned Ice Cream Social, Rich also has volunteered with the Highlands-Douglass Big Rock Jazz and Blues Fest and has worked tirelessly for this newsletter, selling ads and organizing delivery.

Rich has lived in the Highlands all of his life and in Highlands-Douglass Neighborhood for 33 years. He is a graduate of St. X High School and Bellarmine University and is retired from Hilliard Lyons. When he is not busy volunteering for HDNA and other organizations, he fervently supports his beloved Kentucky Wildcats, much to the amusement and dismay of his loyal Cardinal-supporting neighbors!



CYNTHIA NORTON also began her involvement with HDNA by serving on the board in 2003 and 2004. Along with her neighbor Rich Campbell, she has worked tirelessly to secure advertizing for our newsletter, *The Neighbor*. Together they have helped to make the newsletter a revenue-producer. Cynthia notes that selling ads is a wonderful way to meet personally with our neighborhood business



Cynthia Norton

people. While this is her last issue with *The Neighbor*, we are confident that Cynthia will continue to remain involved with HDNA.

JOHN NORTON and his wife, Cynthia, have spent most of their pre-retirement years traveling the world and living abroad. After living in Japan, the Middle East, South America, Africa, and Eastern Europe, they settled down in Highlands-Douglass neighborhood in 1995, buying a "fixer" and intending to spruce it up and soon sell it. Eighteen years later, they're still here, enjoying every day and realizing



John Norton

what Rich has known all along — there is nothing like living in Highlands-Douglass neighborhood!

Continued on page 6

#### AT ST. ANDREW'S

we believe that God delights in the diversity of all creation. We are a reconciling, affirming and inclusive Christian community striving



through worship, love and service to welcome all people. No matter where you are in your journey of faith; whether you are single, married, divorced, separated, or partnered, our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, economic condition, physical or mental ability.

#### COME WORSHIP WITH US

8:15 and 11 a.m. Sundays 5:30 p.m. Wednesdays (chapel)



2233 Woodbourne Avenue, Louisville, KY 40205 502-452-9581 www.MySaintAndrews.org The Rev. William C. Parker, Interim Rector



# LOUISVILLE CLASSICAL ACADEMY MOVES TO HIGHLANDS-DOUGLASS

here is a new addition to Highlands-Douglass Neighborhood neighborhood — Louisville Classical Academy (LCA). The school moved from Wolf Penn Branch and Hwy. 42 to Douglass Blvd Christian Church late this summer. The school, which started in 2007 with just seven students, grew to 70 for the 2012-2013 school year. Feeling crowded in their old space, they began searching for a new, larger location.

Although they lost some of their Crestwood families in the move, the student body is down to 53, they now have



room to grow to 100. LCA wants to be able to maintain the intimate culture which promotes student engagement and learning.

The school began as a proposed evening class for adults interested in classical education. Parents involved in this early enterprise quickly decided they wanted this expansive style of learning for their children as well, and LCA was born. Although the term classical has various connotations, for LCA the term addresses the open-minded, interactive school of thought that predominated in ancient Greece. Students are encouraged to ask questions, work out problems together, and think outside the box. The teachers are experts in their fields who provide a high level of instruction, guidance, and a launching pad for the children's imaginations. Head of School Shelly Ward, says, "It is important to provide a structure where they (the students) can succeed." LCA has certainly done that — two of their students were included in the Super Kids section of *Louisville Magazine's* "School Guide" issue.

However, LCA strives to be social and cooperative rather than competitive. There is no honor roll or dean's list. Rather, kids work together on Quick Recall teams and organize their own academic clubs such as Junior Classical League. The culture of the school is focused on student engagement in learning. The kids are encouraged to offer input in the classroom and are taught techniques for polite conversation so that they are able to do so in a way that is edifying for all. The students are also

Louisville's Best Independent Pizza

454-4544

DINE-IN

CARRY-OUT

PIZZA PUB

In the Heart of the Highlands

1573 Bardstown Rd · Louisville, KY

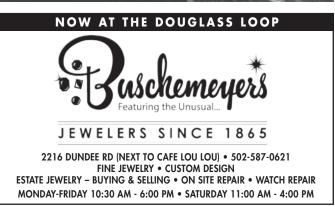
taught 16 effective habits of mind that encourage them to approach the world with wonder and awe, to make careful observation, to be persistent, manage their impulsivity and strive for accuracy among other



skills. All of this prepares the children to be lifelong learners and valuable members of society. The school also strives to create a "relaxed environment with no vision of conformity other than strong habits of mind and learning at the highest possible level."

So it isn't all about attitude. A good basis of knowledge is key to the classical education. To this end, LCA offers a full curriculum, including English, math, science, history, Latin, Greek, art, music and a series of classes called foundational narratives, which include geography, the history of science, and ancient mythology. All of the children are in chorus, and they have recess daily as well as P.E. for the younger grades. The founders of the school are dedicated to meeting the needs of high-achieving and academically-motivated students. One of the students, a senior, is taking linear algebra, a class developed specifically for him. Two of the youngest high school students are taking AP Latin and Greek 5. The school offers French Continued on page 13

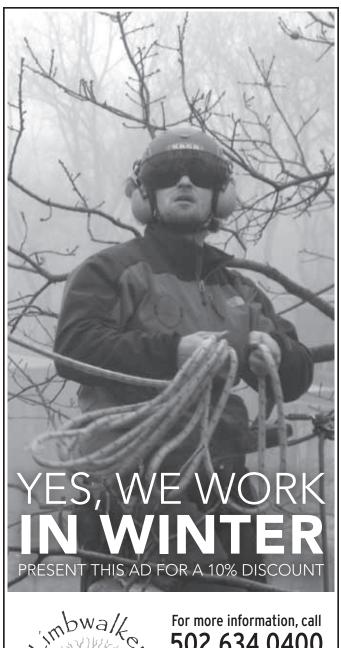






#### WELCOME NEW NEIGHBORS

Welcome to all new neighbors who have recently moved to the Highlands-Douglass Neighborhood. We hope you will enjoy living here as much as we do. We invite you to join the Highlands-Douglass Neighborhood Association and come meet your neighbors at clean-ups, plantings, parties, and other great neighborhood events.





502.634.0400 limbwalkertree.com

**Fully Insured** Locally Owned **Certified Arborists** 

#### **VOLUNTEER SPOTLIGHT: HDNA GEMS**

Continued from page 4

John also served on the board in 2003 and 2004 and during his term as HDNA president in 2003, he organized the Standing Committees, which provided a framework for our current bylaws and how HDNA handles day-to-day business. One of these committees, Beautification, through John's dedication, planned and installed the flagstone walkway/meditation garden at Douglass Park as well as the rose hedge on Bardstown Road near the bus stop. John recalls how gratifying it was to see so many of our neighbors show up on a Saturday morning with gloves and shovels ready for some hard work! Their reward, other than a cup of coffee and a donut, was the satisfaction of adding to the attractiveness of our special corner of the Highlands. John continues to help maintain these gardens as well as participate in the annual Arbor Day Tree Giveaway.

HDNA newcomers ED AND MAGGIE FLYNN only became involved in HDNA this year, but jumped feet first into the Membership Committee, organizing the membership table at the Douglass Loop Farmers' Market and the Member Mixer held in July. If you've been carrying your HDNA reusable tote bag at the Farmers' Market, you can thank Ed Flynn for making that possible. Read more about their story on page 8.

These five gems are only a few of the amazing individuals within our neighborhood association that make it both unique and special — we couldn't do what we do without them!



#### KY SELECT PROPERTIES

Trusted Direction in Real Estate



**Barbara Jones Buyer and Seller Agent** 502-544-5749 bjones2200@gmail.com



Louisville's **Complete Home Services** Provider

**PLUMBING • HEATING** COOLING • ELECTRIC

Mention this ad to receive **10% off** any service repair!



TomDrexler.com



# HDNA BOARD ADOPTS NEW CHANGES TO MEMBERSHIP DATES, ANNUAL MEETING

or many years, the Douglas-Highlands Neighborhood Association has held its annual meeting of members on the first Sunday in November. In May, the Board considered and adopted two changes:

# MEMBERSHIP NOW RUNS JANUARY-DECEMBER

First, the annual dues will now correspond with the calendar year (January 1- December 31) and the fiscal year for the Board. The intent is to make it easier for members to keep their memberships current from year to year. Previously memberships and dues ran from November through October, creating confusion for many as to when their memberships were due for renewal.

# ANNUAL MEETING MOVES TO JANUARY

Second, the annual meeting will thus move from the first Sunday of November to occur now within the first 45 days of the calendar year (between January 1 and February 15) of each year.

At the annual meeting of members, the membership elects board members for the coming year, reviews annual reports and addresses any other business that may come before the membership. The board usually invites a special guest speaker that reflects interests of the neighborhood. Past guest speakers have included Mayor Greg Fisher and Councilman Tom Owen.

The 2014 annual meeting will be held on **Sunday**, **January** 26 at 2:00 p.m. at the Douglass Community Center and will welome guest speaker Joan Stewart, past chair of The Old Louisville Neighborhood Council.

#### **BOARD POSITIONS OPEN FOR 2014**

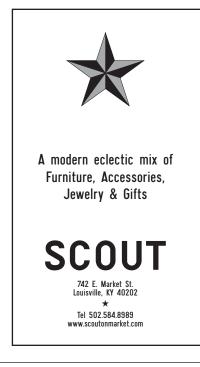
As several long-serving board members' terms conclude at year end, there are seven openings available. If you are interested in serving on the board, please contact HDNA President Norma Miller at normacmiller@gmail.com on or before January 24, 2013.

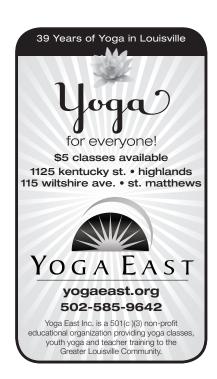
Serving on the board allows neighborhood residents to participate in city government on a grassroots level, lend a voice and support to local causes, support historical landmarking efforts and to sponsor and facilitate a variety of activities and programs beneficial to the neighborhood.

Updates about the annual board meeting will be updated on the HDNA Facebook page at www.facebook.com/highlandsdouglass.

## HIGHLANDS-DOUGLASS NEIGHBOR NEWSLETTER STAFF

Editor and Designer	Pam Forsee Hogue
Advertising SalesRic	h Campbell, Cynthia Norton
Contributors	Sherry Cornell,
Jay Douds, Ed Flynn, D.G. M	awn









#### - ADVENTURES IN VOLUNTEERING OR -

## HOW WE HAD FUN THIS SUMMER

hen HDNA board member Muriel Handmaker, a former associate and professional colleague, asked my wife Maggie and I to serve on the Membership Committee of Highlands-Douglass Neighborhood Association, we gladly accepted. After all, we have lived in Highlands-Douglass neighborhood for over 40 years! When we volunteered to "work" the Douglass Loop Farmers' Market this summer, Maggie enthusiastically embraced our Saturday morning assignment while, in my usual style, I figured it would be a pain in the neck. Wow! Was I ever wrong!

It was a glorious, sunny June morning when we decked out the table with the green HDNA tablecloth at the entrance to the Douglass Loop Farmers' Market held at Douglass Boulevard Christian Church. Our mission was to introduce market patrons to HDNA and encourage those who lived in the area to become members of the association. Our typical approach to the unwary urban hunter gatherer was: "Hello, do you live in the Highlands-Douglass neighborhood?" More often than I would have dreamed the answer was, "No but I sure wish I did!"

What a neighborhood we have here! Our experience at the Farmers' Market over the course of the summer warmed our hearts and enhanced the pride we feel in this neighborhood. Back in 1970, when we bought our first and (it turns out, only) house on Lauderdale Road, we truly had little sense of what a smart decision we were making. We have since raised our three sons in this house and enjoy the frequent visits we

THE • BLOSSOM • SHOP
a florist

2218 Bardstown Rd.
Louisville, KY 40205
502.454.0421
eblossomshop.com

share with them, their wives and our seven grandchildren. Needless to say, we were proud to hear people at the Farmers' Market who live outside the immediate area reaffirming what we already knew: This



Volunteers extraordinaire, Maggie and Ed Flynn

truly is a terrific place to live!

It is fun to see the new signature green and white HDNA reusable shopping bags, free to all current and new members, as we wander the aisles of Kroger and CVS, enjoy a meal at Dundee Tavern or stroll the larger Bardstown Road retail area. It is gratifying to know that we are part of an active, vibrant neighborhood association that focuses on maintaining and promoting the enviable quality of life we enjoy here.

It has been an absolute joy to be involved with the HDNA officers and members who dedicate so much time and energy to the important business of the association. We and the other HDNA volunteers who approached Farmers' Market patrons this summer, not only had the pleasure of meeting lots of interesting and friendly folks (and enlisting no small number of them to join HDNA!), but also rediscovered what a wonderful choice all of us made when we joined this outstanding neighborhood – whether it was last month, last year, or 43 years ago. Thank you Farmers' Market! Thank you HDNA!

–Ed and Maggie Flynn

Ed and Maggie Flynn have lived on Lauderdale Road for 43 years. They enjoy spending time at their house on Nolin Lake, supporting University of Louisville sports and spending time with their sons and grandchildren. Ed is (mostly) retired from a career as President of E.J. Flynn Company, a professional human resources consulting firm. Also currently retired from E.J. Flynn Company, Maggie taught elementary school at St. Agnes School and later was an agent with Northwestern Mutual Life.

# DUNDEE TAVERN & GRILL "BEST PUB GRUB IN TOWN"

2224 Dundee Road • 458-6637



Open Monday – Saturday 11:00 a.m.
Open Sunday – 12:00 p.m.
New Full Service Patio
YOUR Neighborhood Tavern!





# WON'T YOU BE OUR NEIGHBOR?

# Won't you be our Neighbor?

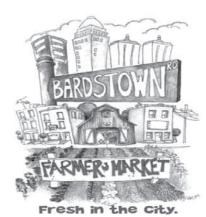


In this issue, you'll find a convenient membership envelope enclosed. For just \$12 per household per year, you can renew your existing membership (if you joined before September 2013) or become a new member of the Highlands-Douglass Neighborhood Association. Not only will you make new friends and connections, but your membership will help us serve our community by:

- Working with your Metro Council representative to improve our neighborhood
- Maintaining and improving the integrity of our park side neighborhood
- Promoting safety and security in our area
- Bringing neighbors together by sponsoring neighborhood events such as the Old Fashioned Ice Cream Social

Memberships now run January through December and include your entire household.

Just fill out the enclosed envelope with your check and mail today! We're thrilled to have you!



Find us on

Proudly serving the Highlands since 1991. Come join us for fresh, local products at 1722 Bardstown Road!

Every Saturday, 8am-12pm

www.bardstownroadfarmersmarket.com



With low rates and just a signature, our unsecured Anything Loan is the easy choice for getting the things you need or want.

Anything Loan Rates as low as

5.74% apr\*

- 12 month term\*
- Borrow up to \$3,500

## Call, visit a branch, or apply online!

\*Annual Percentage Rate. Must qualify. Final rate determined by credit score. Rates as of 11.08.13 and subject to change without notice. Other terms and conditions may apply. Financing \$3,500 at 5.74% apr for 12 months would result in a payment of \$300.81 or approximately \$85.95 per \$1,000 borrowed. Available for a limited time.



Your life. Your money. Your Way.

502/968.3681 parkcommunity.com





Federally Insured by NCUA.

# Support our Advertisers!

Please patronize these fine local businesses in and around our neighborhood.

The Highlands-Douglass Neighbor has a circulation of 1,600 in one of Louisville's most desirable zip codes.

To advertise, please call (502) 451-2188.

(Ad space is limited)



#### - A GUIDE TO ORGANIC AND LOCAL FOODS -

# HOW TO EAT ORGANIC AND LOCAL THIS WINTER



Environmental Working Group's Dirty Dozen Plus™, top row, from left to right, celery, potatoes, bell peppers, cherry tomatoes, hot peppers, cucumbers, leafy greens; bottom row, from left to right, summer squash, spinach, apples, peaches, strawberries, nectarines and grapes.

It's time to say good-bye to the Douglass Loop Farmers' Market in our neighborhood for the winter season. We've been fortunate to have so many local and organic options right here in Highlands-Douglass, and we will miss them until next spring. In the meantime, you can still find local and organic produce close to home.

Many of our area grocers carry organic options. Kroger, ValuMarket and Rainbow Blossom are nearby stores that carry both fresh and packaged organic foods. Organic cultivation is recommended more for some produce than others. The Environmental Working Group, an environmental health research and advocacy organization, has put out a list of the top 14 fruits and vegetables that you should buy organic. These fruits and vegetables retain higher levels of pesticides than others. EWG's The Dirty Dozen Plus™ includes apples, strawberries, grapes, celery, peaches, spinach, bell peppers, nectarines, cucumbers, potatoes, cherry tomatoes, hot peppers, summer squash, and leafy greens. Check out Eating Well's website at EWG.org for more information, including The Clean 15™, a list of foods that are safe to purchase nonorganic, helpful videos and more.

Foods containing GMOs, or genetically modified organisms, should be avoided as often as possible. For instance, field

corn, nearly all of which is produced with genetically modified seeds, is used to make tortillas, chips, corn syrup and animal feed. Soy is another heavily GMO crop that makes its way into processed food. Since U.S. law does not require labeling of GMO produce, please visit the EWG website for a thorough listing of GMO foods.

Local foods may be a little more difficult to find, but they are available. Rainbow Blossom is a local grocery store chain that carries meat, dairy, produce and bread from such recognizable local sources as Fox Hollow Gardens, Chelsea's Eggs, JD Country Milk, Kenny's Farmhouse Cheese, Blue Dog Bakery and Stone Cross Farms.

Many local farmers are involved with community supported agriculture, or CSAs. CSAs offer farmers the security of regular and reliable income, while offering the client fresh produce, often year round. For a set price, the consumer gets to pick up a box of produce at regular intervals at various locations around Louisville. Types of produce, frequency and location of pick up depend on the farmer or organization. Googling "CSA Louisville" will lead you to Grasshoppers Distribution, Local Harvest, Field Day Family Farm, and others. Shop around to find what works best for you.

-Sherry Cornell





#### DOUGLASS LOOP FARMERS' MARKET MOVES TO NEW LOCATION DURING WINTER

his winter, the Douglass Loop Farmers' Market will reopen on January 18, 2014 in a new location at Wallitsch Garden Center on 2608 Hikes Ln.

The Market closed at the Douglass Blvd. Christian Church location on December 7, 2013. The hours at the new location will be Saturday from 10:00 A.M. to 12:30 P.M. It will be in one of the retail greenhouses and will have heaters so that you will be able to shop all winter. The Farmers'



Market plans on reopening at the Douglas Community Christian Church site in mid-March 2014. A new winter location was needed, as the addition of Louisville Classical Academy at Douglass Blvd. Christian Church has rendered the gymnasium unavailable every Saturday.

This winner, the market will be offering new worksshops on topics such as gardening and how to grow plants from seeds. Most of the vendors from last winter are returning with some additional vendors to provide a variety of items. Several of the farmers have winter vegetable production facilities so that fresh vegetables will be available this winter. One of the new vendors will be Erhler's Dairy, which will be offering small farm products such as butter buttermilk and other dairy items. To keep up with all that will be happening at the Douglass Loop Farmers Market this winter, please visit them on Facebook at Facebook.com/douglassloopfarmersmarket.

– Jay Douds

#### - Opening February 2014 -

#### GREAT FLOOD BREWING CO.

ouisville's newest craft brewery will be opening this February at 2120 Bardstown Rd., next door to North End Cafe in the old Pinotti's Flower Market.



Owners Matt Fuller, Vince Cain and

Zach Barnes have been home-brewing for nearly three years, brewing a vast array of beer styles. While they have their personal favorites, they intend intend to let customers decide which styles will be available. They will to do

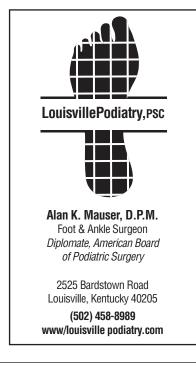


Great Flood owners and nano brewers, from left to right: Vince Cain, Zach Barnes, Matt Fuller.

all of the brewing and bartending. Great Flood plans on brewing two barrels (four kegs) four times a week and we will keep eight different beers on tap at all times.

The owners wanted a name that was original and relevant to the greater Louisville area. "While the (1937) flood was a tragedy, it's the story of triumph and community and growth that occurred as a result of the flood. We have had the privilege of having author Rick Bell share his stories about the flood and the knowledge he gathered while writing his book about the flood," says owner Vince Cain. Mr. Bell has provided the brewery with photographs from the UofL library that they plan to display in the 3,000 square foot space. Great Flood would like to hold an annual event to commemorate the flood and celebrate any surviving Louisvillians that lived through it.

Tentative hours of operation will be 4:00 p.m. - midnight Thursdays - Sunday. They hope to partner with neighborhood restaurants to offer food.









## BABY, YOU CAN PARK MY CAR

#### OR A GUIDE TO PARK LEGALLY IN HIGHLANDS-DOUGLASS

arking in the city limits can be challenging - spaces are often tight and neighbors often cranky. Here's a brief overview of the most common parking issues.

#### **ILLEGAL VEHICLES**

Has your neighbor got a vintage car parked in front of their house that's more fixerupper than cool? Improper storage of inoperable vehicles can be a serious problem for a neighborhood. Not only can these vehicles be unsightly, they



can clutter the neighborhood, harbor rodents and can be a dangerous area for children.

#### Your vehicle is parked/stored illegally if there is:

- One or more unregistered vehicles parked/stored on an occupied residential or commercial property or a vacant residential or commercial property.
- A motor vehicle, or motor vehicle parts, which is in a state of major disrepair such as being stripped or dismantled. This includes vehicle(s) that are rusted, have flat tires, have broken windows/windshields, do not have brake lights, or without any part that is required by law.
- A motor vehicle is parked or stored on an unpaved area or
- A motor vehicle or parts of a motor vehicle that are stored in a structure that is not fully enclosed or not designed to store a motor vehicle.

Vehicles may not be parked in the required front or side yards except on a hard-durable surface known as a driveway. This driveway may only be a maximum width of 20 feet.

Failure to comply with a notice to correct the situation or remove the improperly parked/stored motor vehicle will result in the impoundment and disposal of the vehicle and may also result in criminal fines or imprisonment.

#### ILLEGAL PARKING

In some parts of Highlands-Douglass neighborhood, driveway spaces may not enough to accommodate today's lifestyles of multiple vehicles per residence. Street parking can be scarce wiht no parking zones often not marked. The following is a list of parking places that constitute a parking violation:\*

- On the mainly-traveled portion of any roadway or on any other place in the roadway where vehicles stand in any manner
- Within an intersection
- On a sidewalk
- Within four feet of a public or private driveway
- Within 10 feet of a fire hydrant
- Within a crosswalk
- Alongside or opposite any street excavation or obstruction when stopping or parking would obstruct



- Close enough to any railroad track so as to obstruct the movement of locomotives or cars
- Within any part of an alley within the central traffic district
- On that portion of public property located between the sidewalk and the curb-line of the street or, where there are no sidewalks, off of any paved area
- Within any area marked as a TARC zone
- Within any area where official signs prohibit parking and stopping
- In front of sidewalk ramps provided for persons with disabilities
- On each corner and all eight sides of an intersection within 30 feet upon the approach to from the beginning and/or ending of any intersection, flashing beacon, stop sign, or traffic control signal located at the side of a roadway

\*For the operator of any vehicle to stop or park such vehicle except in a case of real emergency or in compliance with the provisions of this traffic code or when directed by a police officer or traffic sign or signal at any time.

#### THE CLARK GROUP – YOUR HIGHLANDS REAL ESTATE SPECIALISTS





**Brian Taylor Clark** 

Whether you're buying, selling or investing in the Highlands, The Clark Group is here to help. Let our 30+ years of buying, selling and restoring homes in the Highlands guide you in your next move.

Our mission is simple: Provide our clients with every tool necessary to make trusted, sound investments for now and the future.

Bill Clark 502-552-0667 bill@homesintheville.com **Brian Taylor Clark** 502-558-1441 brianclarkhomes@gmail.com







#### SO LONG, FAREWELL

A Special Thank You to Exiting Board Members

his January, as we say goodbye to six board members, we would like to acknowledge them here and thank them for their service.

**WAYNE ANDERSON** served on the board in 2009, 2010 and 2013, and was President during the 2010 term.

**ERNA GWINN** served from 2003 - 2005 and from 2011 - 2013 and was the neighborhood historian in the past.

J.T. JOHNSTON was a board member for the 2013 term.

MIKE MCMAHON joined the board in 2011, serving as Treasurer from 2011-2013.

NORMA MILLER became a HDNA board member in 2011, served as Vice President in 2012 and President in 2013.

ANNE SMITH is perhaps our longest serving board member, serving from 2003 - 2013. She chaired the Communications Committee and was the newsletter editor from 2003 - 2004.

# LOUISVILLE CLASSICAL ACADEMY MOVES TO HIGHLANDS-DOUGLASS

Continued from page 5

for those students who have completed their other language requirements, and various electives such as woodworking, computer programming, and creative writing are offered at different times. Currently the drama instructor is teaching a class on stage combat which is open to the public.



Louisville Classical Academy is currently open for midterm enrollment. They offer a four- or five-day program, a customized curriculum or even part-time enrollment. For more information regarding enrollment or the stage combat class, please contact Shelly Ward at (502) 228-7787 or shelly. ward@louisvilleclassicalacademy.org. For general information about the school, please visit louisvilleclassicalacademy.org.

SENECA ANIMAL

HOSPITAL

- Sherry Cornell

# LOOP 22 OPENS IN DOUGLASS LOOP

new restaurant, Loop
22, has just opened on
January 9, serving 'Modern
American cuisine with a focus on
rotisserie,' in the old location of
the Corner Door Bar & Grill in the
Douglass Loop.



The restaurant specializes in

rotisserie grilling, using the free-range chickens and signature rubs. They will also offer vegan options and a flexible attitude.

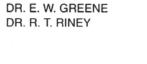
In addition to featuring a full wine and cocktail program, Loop 22 offers a vast beer selection that will include eight taps, tapping kegs from local breweries. They will also feature an extensive list of Kentucky bourbons, including Pappy Van Winkle.

Loop 22 is the third venture by Adam Burress and Chase Mucerino, following Hammerheads in Germantown and the meat-centric Game on Lexington Road.

To find out more, please visit their Facebook page at Facebook.com/Loop22.



Diamonds · Jewelry · Watches Specializing in Antique & Estate Pieces Full Service Repair www.thejewel-box.com Lester Miller 458-3715 Mid City Mall 1250 Bardstown Rd. Louisville, KY 40204

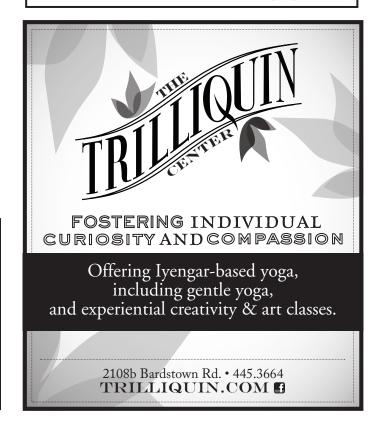




2706 Taylorsville Rd.

Louisville, KY 40205

(502) 458-1161





#### SPONSORED BY HIGHLANDS-DOUGLASS NEIGHBORHOOD ASSOCIATION

## **2013 ICE CREAM SOCIAL SUMMER FUN!**

ow that warm summer weather is a distant memory, we can enjoy looking back on the Highlands-Douglass Neighborhood Association's Ice Cream Social, held on Sunday, August 25, 2013 at Douglass Park. The lawn was full of Highlands-Douglass neighbors and families enjoying ice cream, snow cones, the bubble car, face painting and a bouncey house. A special thank you to volunteers Rich Campbell, chair of the event, and committee members Norma Miller, Sally Niehoff and Cynthia Norton for all of their hard work and decication. And an extra special thank you to Park Community Federal Credit Union's Ed Fallon and Cathi Bingaman for providing popcorn and children's giveaways.

This annual free event was entirely funded by the Highlands-Douglass Neighborhood Association.



HDNA board member Jeff Hogue mans the bouncey house. Come on in!



Park Community Federal's Cathi Bingaman and Ed Fallon serve up popcorn and pass out goodies for the kids.



Face painting was a popular draw.



Highlands-Douglass neighbors enjoy complimentary ice cream.



HDNA board member Mike McMahon and his son, Matthew, enjoy ice cream. (right)



The Bubble Truck folks this year brought a monster bubble art car, always an evvent favorite. (above)



Event chair Rich Campbell brandishes a balloon sword.



HDNA board member Theresa Clark stays cool while serving up snow cones.



Steve and Kathy Ford's Ghoulish Display

#### HALLOWEEN SPIRIT(S) ABOUND ON VILLAGE DRIVE

oliday spirit often knows no bounds during the Christmas seaon. However, some Highlands-Douglass neighbors get in a different holiday spirit a few months earlier during Halloween season.



Steve and Kathy Ford, of Village

Drive, moved into their home 10 years ago, exactly one week before Halloween. The previous owners warned them to expect large numbers of trick-or-treaters. They weren't kidding! In their former suburban neighborhood, they counted 59 trick or treaters during their busiest year. Ten years ago, there were more than 200 at their Village Drive home. If the weather is good, they now expect in excess of 400 trick or treaters.



Village Drive and Village Circle are popular trick or treat destinations in Highlands-Douglass due to the flat geography, the accessibility of the houses and the safety of the neighborhood, as well as the many elaborate Halloween decorations.

"I don't remember when we started decorating for Halloween, but it may have been about seven years

ago. We had a few tombstones and a fake coffin. My husband Steve really gets into it, and our eldest daughter Courtney (who is now away at college) liked to help him. Steve gets a kick out of the "groundbreakers," the undead creatures who

appear to be crawling out of the graves; I think the pirates are his favorites. Every year, we add to the cemetery with tombstones and creatures," says Kathy Ford.



The Fords' display takes up the majority of their front yard, depicting a graveyard

across their front lawn, "groundbreakers" popping up throughout, and ghosts and giant bats hanging from the trees.

Many other residents of Village Drive and Village Circle also get into the Halloween spirit - in past years, one family even set up a walk-through haunted house. 🖫



- New Yoga Studio in Douglass Loop-

#### **502 POWER YOGA**

ighlands-Douglass neighbors will soon have another yoga option conveniently located in the Douglass Loop. We welcome 502 Power Yoga, opening in February 2014, across from Heine Brothers and above the Barber Shop.



502 Power Yoga is a joint collaboration between Louisville native, Cat Larimore and Sarah Smith, who is new to Louisville. 502 Power Yoga is the only studio in Kentucky dedicated to teaching the Baptiste Method™. The 502 Power Yoga community stands for growth, possibility and empowerment through yoga and service. Cat is a RYT 200 Certified yoga instructor who has practiced yoga for seven years and taught for two. Sarah is a RYT 200 Certified Baptiste Power Yoga™ instructor, has practiced for nine years and has taught for five years.

As an pre-opening special, new students can purchase 40 days of yoga for \$25 during the last two weeks of January. After that, in February, ongoing and new students can purchase 40 days of yoga for \$40. Both can be purchased online at www.502poweryoga.com.

Baptiste Power Vinyasa Yoga is suitable for ALL LEVELS. It is a powerful, energetic and playful style with a strong emphasis on breath and proper alignment. There's plenty of room for beginners, intermediate and advanced students to be challenged in the same class. The room is heated (85°) to help cleanse the body and warm the muscles. Non-heated classes for Intro Series and Basics classes will also be offered.



LARRY LINK **PRESIDENT** 

larry@bonnycastleappliance.com www.bonnycastleappliance.com

2460 Bardstown Road Louisville, KY 40205 Phone (502) 454-4891 Fax (502) 452-6705

## Morris Deli

Karem Deeb's

2228 Taylorsville Road Louisville, Kentucky 40205 (502) 458-1668

John Morris



#### HDNA IS ON FACEBOOK

"Like" us on Facebook and stay connected to everything that's happening in our Highlands-Douglass neighborhood.



#### www.facebook.com/highlandsdouglass



#### IMPORTANT PHONE NUMBERS

574-7111 574-7636
574-5000 or 311
589-1444
589-3500
585-1234
361-1318
540-6000
574-6100
574-1108

#### HIGHLANDS-DOUGLASS NEIGHBORHOOD ASSOCIATION 2013 OFFICERS & BOARD MEMBERS

#### **OFFICERS**

Norma Miller, President Malinda Durbin, Vice President Mike McMahon, Treasurer

#### **BOARD MEMBERS**

Term Ending January 2014

Valarie DeSalvo Muriel Handmaker Jeff Hogue J.T. Johnston

Norma Miller

Term Ending January 2015

Theresa Clark Jay Douds Erna Gwinn D.G. Mawn

Mike McMahon

Term Ending January 2016

Barbara Dorf Malinda Durbin

Pam Forsee Hogue

Board meetings are held at 6:30 p.m. on the first Wednesday of each month at the Douglass Community Center, 2305 Douglass Blvd., for members and residents to plan neighborhood activities and present and address neighborhood topics. At each meeting, you will speak directly with your Metro Councilman, Tom Owen or a member of his staff and discuss safety concerns and receive updated crime reports from our fifth district officers.

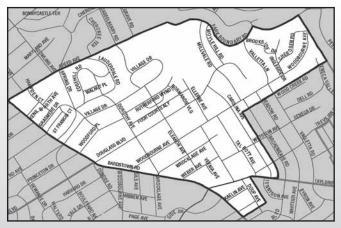
# HIGHLANDS-DOUGLASS NEIGHBOR NEWSLETTER DELIVERY TEAM

#### **WON'T YOU BE OUR NEIGHBOR?**

For just \$12 per household per year, you can become a member of the Highlands-Douglass Neighborhood Association. Your membership will help us serve our community by:

- Working with your Metro Council representative to improve our neighborhood
- Promoting safety and security in our area
- Bringing neighbors together by sponsoring neighborhood events such as the Old Fashioned Ice Cream Social and more...
- Maintaining and improving the integrity of our park side neighborhood

To join, please mail your check for \$12 to Highlands-Douglass Neighborhood Association, P.O. Box 5194, Louisville, KY 40255 or e-mail hdna@gmail.com.



THE HIGHLANDS-DOUGLASS NEIGHBORHOOD