

for pregnant and breastfeeding moms and their children

Join us for good times and open conversation about motherhood.
Weigh your baby, ask and answer questions, and make some new friends!

Iroquois Library • 601 W. Woodlawn Ave., 40214

4th Tuesday at 10:30am — 12:00pm

Okolona Library • 7709 Preston Hwy. 40218

2nd Saturday of each month 10:30am — 12:00pm

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Iroquois	27	24	31	28	26	30	28	25	29	27	24	29
Okolona	10	14	14	11	9	13	11	8	12	10	14	12

Please call a Peer Counselor to confirm dates and times.

Renee 744-1284 • Megan 439-5902 • Andrea 432-2378 • Blair 593-3006



Louisville WIC



**DEPARTMENT OF
PUBLIC HEALTH
AND WELLNESS**

Louisville Metro Public Health and Wellness
400 East Gray Street





Fact Sheet

- Healthy Start works to reduce infant mortality rates (the rate at which babies die before their first birthday). The infant mortality rates for African Americans in west Louisville neighborhoods (West of 9th St.) are more than double the rate of the Louisville Metro area (7.1) as a whole, and more than triple the rate for Caucasians, in Metro Louisville. Babies born in these zip codes (40202, 40203, 40208, 40210, 40211, and 40212) also suffer greater rates of low birth weights. The goals of the Healthy Start program include helping moms in those zip codes have healthy pregnancies, deliver healthy and full-term babies. Important determinants of racial differences in infant mortality are low birth weight (less than 5.5 pounds) and very low birth weight (less than 3.3 pounds).

- Infant mortality is an indicator of the health of a community and its mothers. It represents many factors that affect infant deaths. These factors include the general health of pregnant women; their ability to access prenatal care; the care that they receive during and after delivery; care provided to the newborn; and the care the infant receives when he or she goes home.
- Healthy Start approaches pregnant women in the target neighborhoods through home visits and other outreach methods to make sure that women begin prenatal-care during the first three months of pregnancy and that they continue to get consistent care throughout pregnancy and after delivery.
- Healthy Start continues to work with families after the birth of the baby until two years of age through such programs as parenting classes, helping them with skills, and understanding the development of their babies through their first years of life.

- The Healthy Start initiative in Louisville is one of only a very few across the country that had no infant deaths among participants from 2002 to 2005.

- Healthy Start is operated out of the Bridges of Hope, Ujima, and Northwest Neighborhood Place sites. Healthy Start serves residents living in these areas, the Portland, Russell, Shawnee, Park DuValle, Park Hill, Parkland, and Algonquin neighborhoods.

- Healthy Start is administered in partnership with the community councils of the Bridges of Hope, Ujima, and Northwest Neighborhood Places. These councils are comprised of residents of the areas served by the three Neighborhood Places so that those living in the Healthy Start areas participate in shaping services to meet the needs of each neighborhood.

