

FIRST AID, CPR /AED TRAINING CLASS

July 18, 2009

Glendora, California

Sponsor:



**Glendora Emergency
Response Communications,**
an Amateur Radio group of the
***Glendora California Stake of
the Church of Jesus Christ of
Latter-day Saints.***

PARTICIPANT'S WORKBOOK

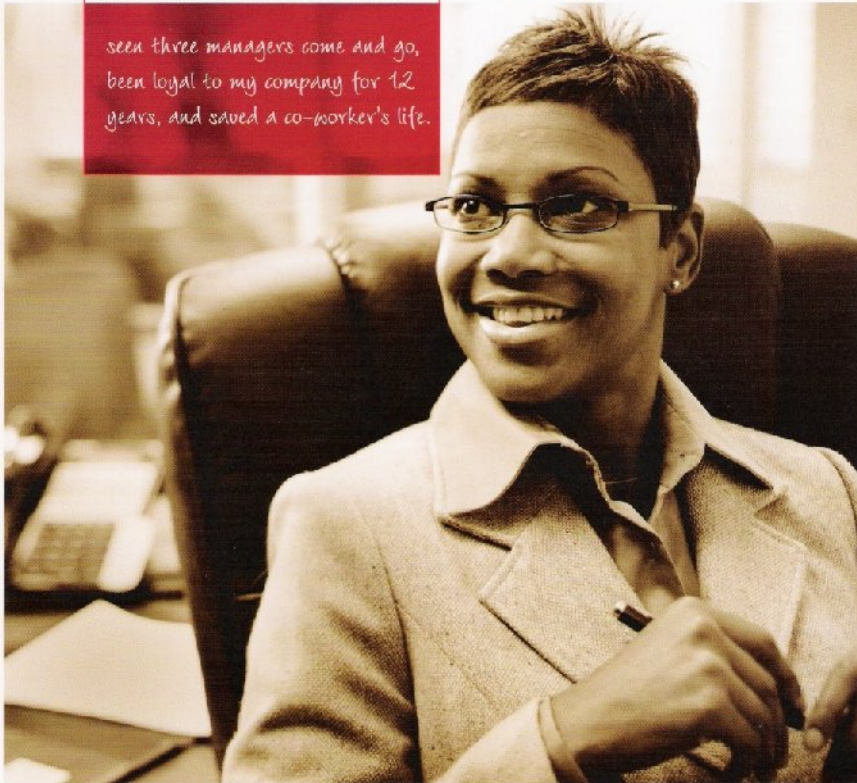


Carolyn S.
Hayden

First Aid/CPR/AED for the Workplace

I HAVE:

seen three managers come and go,
been loyal to my company for 12
years, and saved a co-worker's life.



AMERICAN RED CROSS

Class materials:

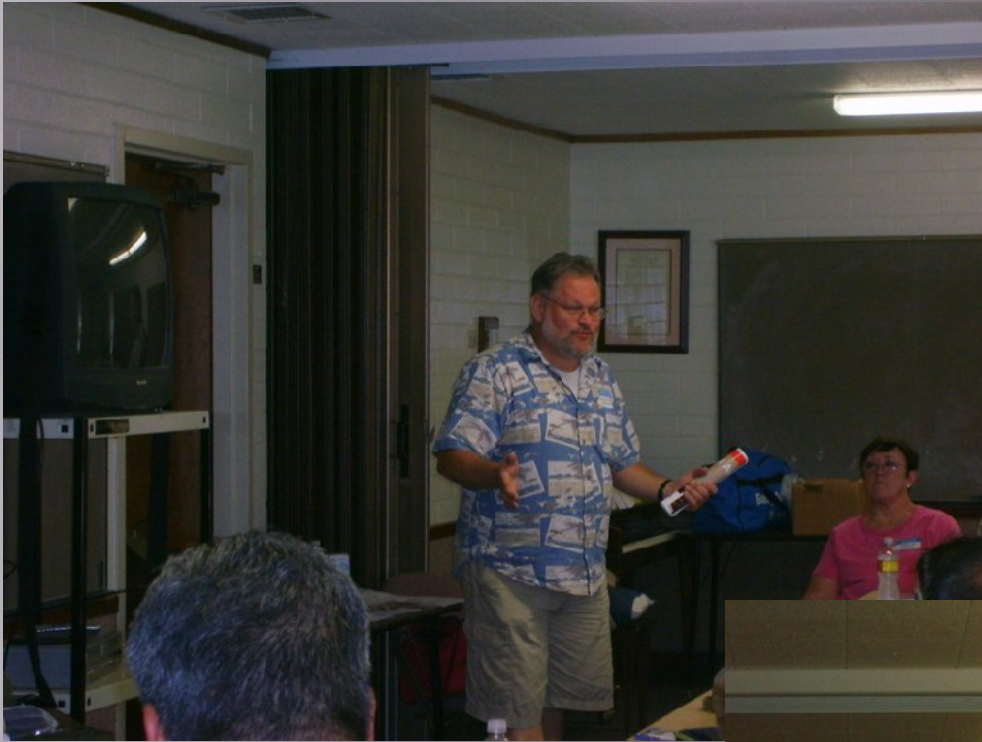
***“First Aid/CPR/AED
for the Workplace
Participant's
Workbook”***

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Instructor: Dr. Nathan Wall, PhD



The Class: There Were 23 Participants



*We Learned
How to turn a
victim over
safely*



First Aiders are Protected by Good Samaritan Laws

Good Samaritan laws in the United States are laws or acts protecting from liability those who choose to aid others who are injured or ill. They are intended to reduce bystanders' hesitation to assist, for fear of being sued or prosecuted for unintentional injury or wrongful death.





Learning Cardiopulmonary Resuscitation

CPR

*These are NOT Dummies! They
Helped Us Learn to Save Lives!*



We all practiced & practiced **CPR**



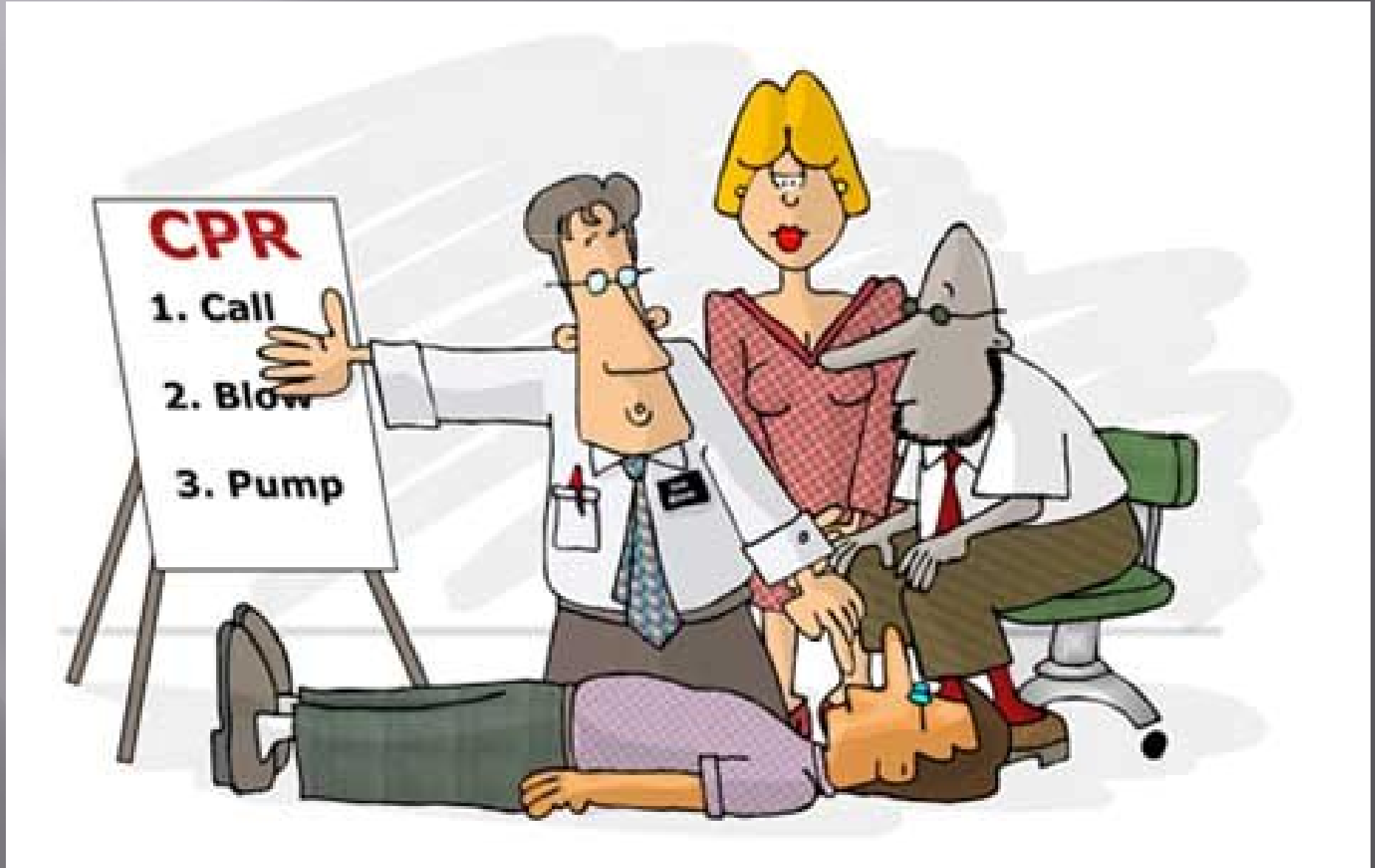
We Practiced Infant CPR



?

A real infant!

We learned the proper techniques





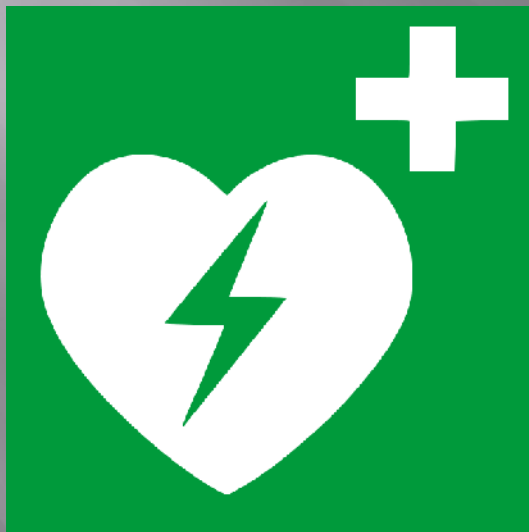
And More Practice!



SUCCESS !

Using the Automated External Defibrillator

AED



AED Symbol



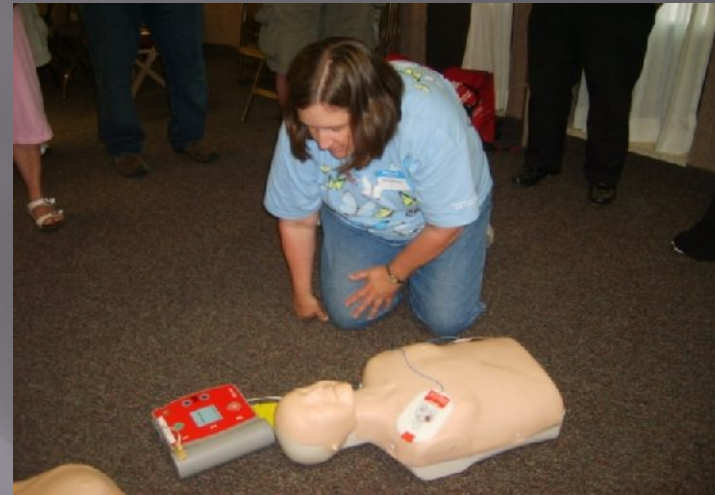
We Learned How to use the Automated External Defibrillator - AED





*AED devices are
now available in
the workplace,
and training on
their use is
essential*

The AED has voice commands and diagnostics making it easy to use



However First Aiders are Trained How to Use it Safely



*We were trained how to use gauze
and triangular bandages*





**How to make an
arm a sling**



How to identify Stroke Victims

S.T.T.R.



Can the victim

SMILE normally?

TALK a coherent sentence?

Stick **TONGUE** out straight?

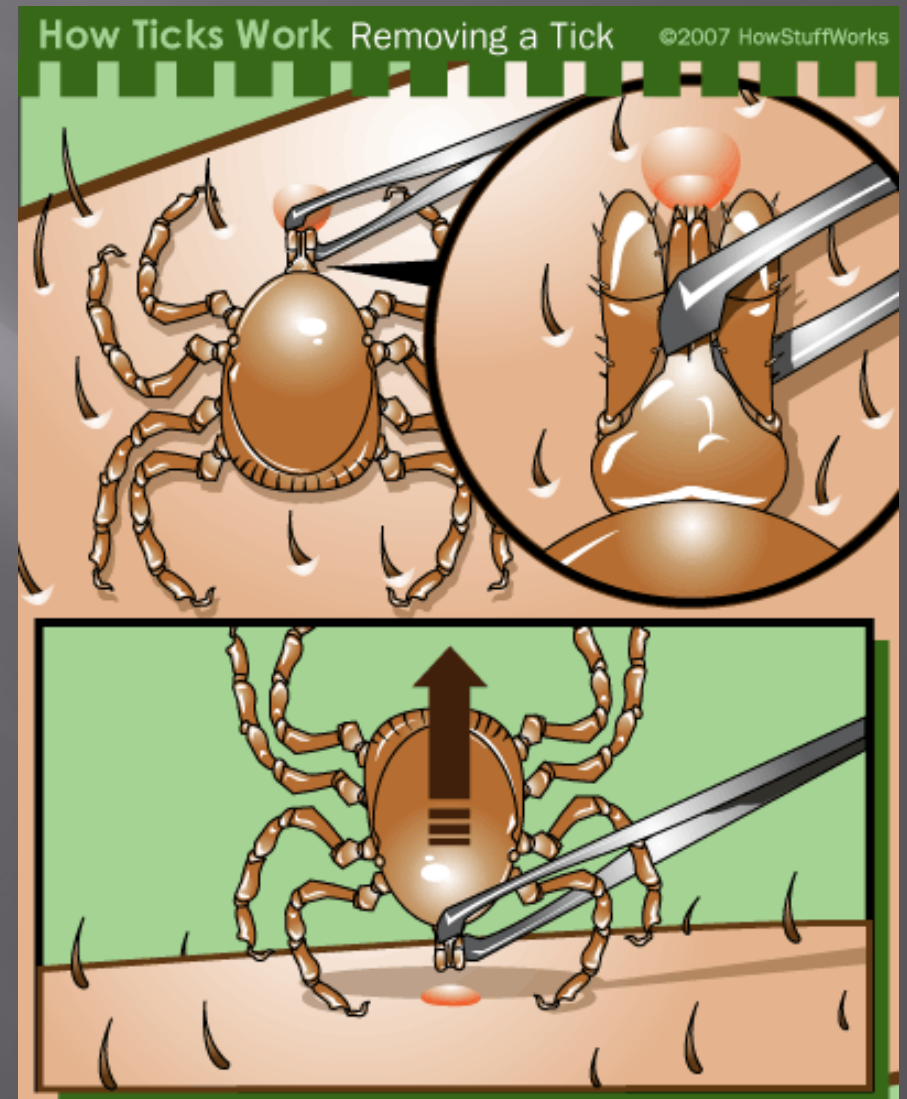
RAISE both arms?

Insect Bites!

How to Remove a Tick



With a pointed tweezer grab head of tick and pull out in a twisting motion

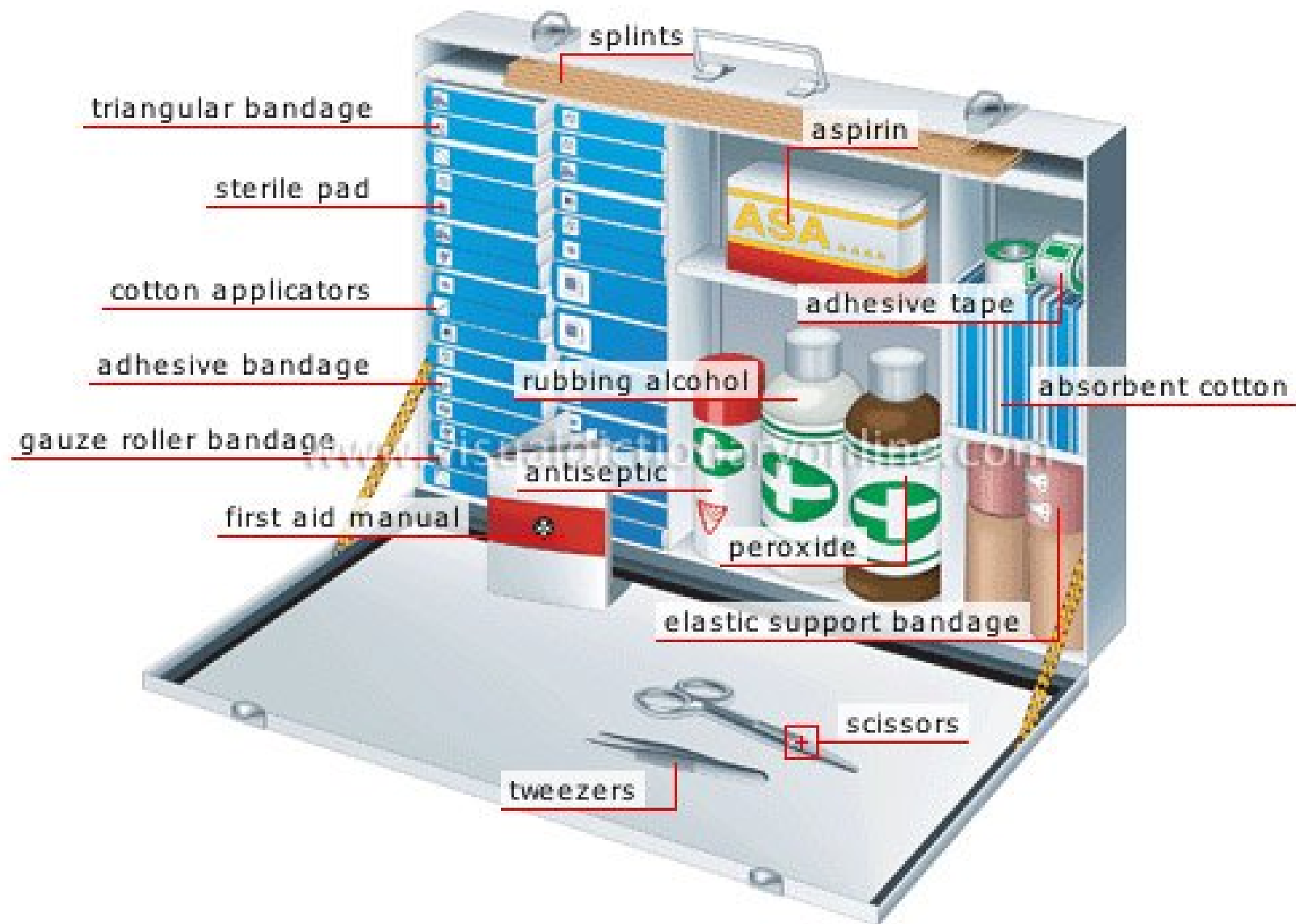


We Learned Tips on How to Select a First Aid Kit



There are many variations of First Aid Kits to Suit Your Needs





Basic Components of a First Aid Kit

Everyone was
eager to learn!



First Aid: Convulsions



Thanks to Dr. Nathan Wall for taking Us
to the Next Level of Preparedness !

Larry Cude, Jim Dowdle, Doug Steimle, Dyan Steimle, Jonathan Starr, Ray Hertzberg, Mark Hayden, Carolyn Hayden, Janet Anderson, Richard Anderson, Dave Campbell, Arlena Campbell, Lori Mc Donnel, Rich Koch, May Cheng, Susan Switzer, Efrain Sanchez, Patricia Humphrey, Natalie Garcia, Alex Garcia, Scott Benson, Christina Norris, Wayne Kalama.



THE END

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