

Getting signed up

Mom. The number must be in the middle!!





See, road cracks can be useful



Will someone please listen to the rules???



Does anything disturb texting?



Enough talking already. Let's get started.



Introducing our guest runner from Running Gear; Jonathon Miller. 11th overall from the previous weeks Bayshore half marathon.

Over to you Mr. Starter; Little Iain



I'll let them get ahead and then I'll show them my blinding turn of speed.

And their off!

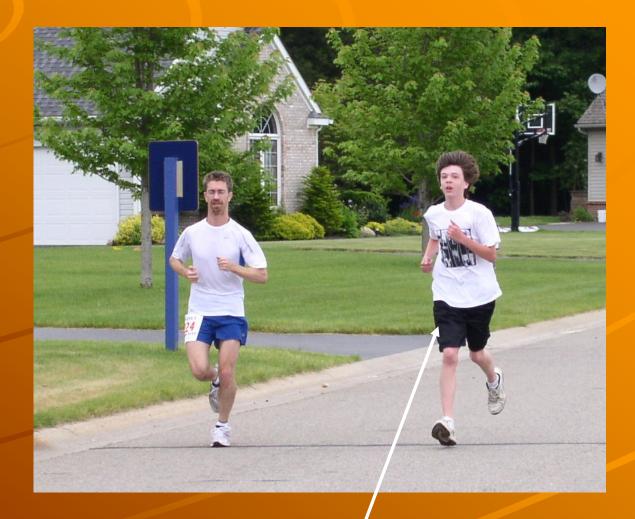
Who needs fancy running gear?



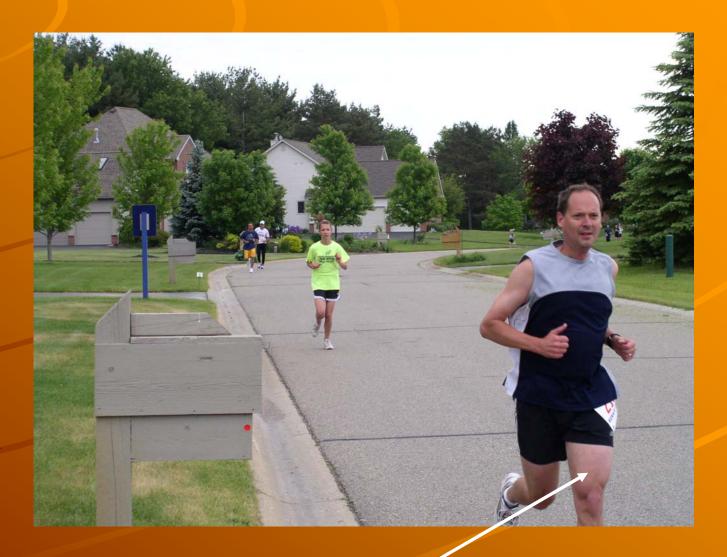
What's all this fuss about running anyway?

I don't know but I'll check it for taste.

Lin, do you think they will all like Jack Daniels?



Sorry Jonathon cant breath let alone talk at the moment.



Close up on the leg muscles please.



Katy enjoying her run, hubby not so much?



How did I let Dad talk me into this?



Come on Dad!



Jack Daniels, right Lin???



Come on Kenji, Steve is catching you.



Stay Maggie. You couldn't keep up anyway.



Nick & Jonathon tying for first place.



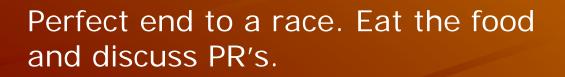
Talking is over Mom, lets get it on!



Man I'm tired. What's Jack Daniels anyway?



Vino from Boomers delivering free Pizza. Perfect timing!







Any food for me?

Race results for Solitude Pointe 5K 5.30.09

Bib Number	Race position	Name	Time	Comment
201	1	Nick Hawkinson	24:47:00	Tied 1st
224	1	Jonathon Miller	24:47:00	Tied 1st
213	3	John McPhall	24:54:00	
205	4	Steve Jochmans	25:46:00	
211	5	Kerry Kerch	26:50:00	
209	6	Kenji Toda	27:35:00	
202	7	Tara Hawkinson	28:25:00	1st Women
216	8	David Moss	28:40:00	
225	9	Nick Lucas	29:12:00	
210	10	Katy Kerch	30:30:00	2nd Woman
218	11	Erin Sharp	33:25:00	3rd Woman
219	12	Alison Sharp	33:29:00	4th Woman
217	13	Tony Sharp	33:39:00	
223	14	Carly Lucas	34:38:00	5th Woman
214	15	Kennedy McPhall	37:57:00	6th Woman
206	16	Jody Jochmans	39:35:00	7th Woman
204	17	Madison Motzell	41:08:00	8th Woman
203	18	Brenda Motzell	41:09:00	9th Woman

220	Jan Thomas	Walk
221	Andi Ballard	Walk
222	Nacoma Ballard	Walk
228	Monica Waldie	Walk
229	Steve Waldie	Walk

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Matthew McPhall	Donation
Lynn Krasiewich	Donation
Alea Krasiewich	Donation
Clayton Cavallaro	Donation
Conner Cavallaro	Donation
Bill & Barb Lane	Donation
lan & Lin Shearing	Donation

\$225.00

Thanks to all who helped, participated and donated to this worthy cause.

Be on the look out for next years event.