



THE LEGENDARY LAND OF WEALTH AND HAPPINESS

*EL DORADO HOMES ASSOCIATION*  
Look for us on the web at:  
[http://neighborhoodlink.com/El\\_Dorado](http://neighborhoodlink.com/El_Dorado)



**October 2018**

# SUNBURST



## Inside

**Page 2: President's Letter**  
**Page 3: EDHA Board Information**  
**Page 4: Social Committee Section and Map**  
**Page 6: Thousand Oaks Library Schedule**  
**Page 7: Living Mind-Body-Soul Strong**  
**Page 8: Community Contributions**

## October Calendar

**October 8: Columbus Day**  
**October 16: World Food Day**  
**October 23: Mole Day**  
**October 24: United Nations Day**  
**October 28: National Chocolate Day**  
**October 31: Halloween**

# PRESIDENT'S LETTER

By Ezra Johnson

Dear Neighbors,

I want to personally invite each of you to our EDHA General Meeting at 7:00pm on October 8, 2018, at the Clubhouse. We will be serving snacks beginning around 6:45pm. We will also be voting on changes to the EDHA bylaws. These changes will include reducing the terms of the board of directors to one year and making the president an "at large" position. Currently, the president of EDHA is selected by the Board of Directors from its existing members. Beginning next year, if these bylaw changes are approved, the presidency will be decided by a vote of all of the residents of EDHA.

In response to my September letter, there will also be a brief debate at the General Meeting between myself and Reinette King concerning the upcoming city charter amendment election. Reinette will have five minutes to speak in favor of the amendments and I will have five minutes to respond. After that, we will hold our regular elections for the representatives of Areas I, II, IV, and VI. You must be a member to vote. If you are not sure which area you live in, check the map printed in this issue. It should be an interesting evening and I hope to see you all there.

We love being able to bring the Sunburst to your doorstep ten months out of the year. We need advertisers to keep making that possible. If you know of a local business who might be interested in direct advertising to 750 homes, please bring them a copy of the Sunburst. All of the information they need concerning contact information and the costs of placing an ad are inside this (and every) issue. If you are new to the neighborhood, it's never too late to become a member for the 2018-2019 membership year. Please check inside this issue for a copy of our membership application.

Thank you to everyone for making El Dorado awesome.

Sincerely,

Ezra

**EDHA EXECUTIVE BOARD**

<b>President</b>	Ezra Johnson	210-829-1660
<b>Vice President</b>	Felix Cox	903-262-9767
<b>Secretary</b>	Jennifer McRae	N/A
<b>Treasurer</b>	Shannon Grabill	N/A
<b>Area I</b>	Felix Cox	903-262-9767
<b>Area II</b>	Art Garza	210-452-0496
<b>Area III</b>	Shannon Grabill	N/A
<b>Area IV</b>	Joyce Streuding	210-480-2074
<b>Area V</b>	Nora Chavez	210-823-3396
<b>Area VI</b>	Sandra Carroll	210-725-8549

<b>Ad Size</b>	<b>Monthly Rate</b>	<b>Value for 10 ads</b>
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Mail you check (payable to EDHA) to : EDHA, Attention Sunburst, 12606 Prima Vista, S.A, TX 78233 and email your ready to print ad to edhasunburst@gmail.com. Some fonts are unavailable and may need to be changed. Payment and ad must both be received no later than the 15th of the month prior to the desired issue.

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The Sunburst is published monthly (Sep-Jun) by the El Dorado Homes Association to provide communication to all homes in the subdivision. The staff are all volunteers and the paper supports itself through advertising.

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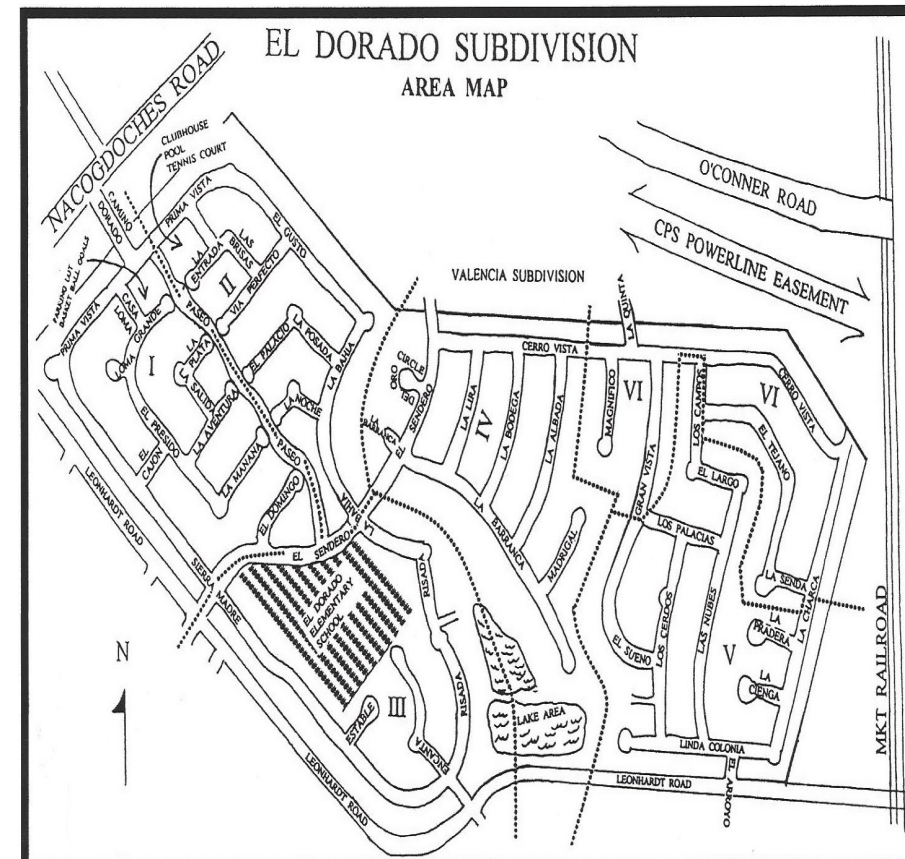
**COMMITTEE CHAIRS**

<b>COP CHAIR</b>	VACANT	
<b>Clubhouse Chair</b>	Evelyn Canion	210-296-9050
<b>Code Compliance</b>	VACANT	
<b>Garden Chair</b>	Zanel Pizarro	210-425-5840
<b>Lake</b>	Ezra Johnson	210-264-8860
<b>Grounds</b>	VACANT	
<b>Membership</b>	Lola Olsmith	210-657-0086
<b>Pool</b>	Kelly Adame Sandra Carroll	210-846-7777 210-725-8549
<b>Signs</b>	Margaret Timm	210-657-2329
<b>Welcome Wagon</b>	Alia Garrett	210-317-8691
<b>Social Committee</b>	Nora Chavez	210-823-3396



## EL DORADO PASEO

Concession stand will be open for business  
*Please check Facebook for further details.*



(Members only)



Please like our Facebook page to keep up with upcoming events and activities.

[www.Facebook.com/El-Dorado-Homes-Association](http://www.Facebook.com/El-Dorado-Homes-Association)

If you would like to be on our email list please contact us at [ElDoSub@gmail.com](mailto:ElDoSub@gmail.com)

We will be looking for high school age volunteers for the Halloween Haunted Lane. Must have your own costume. First meeting Sunday, Oct 7<sup>th</sup>, 5 pm. Please contact us at [ElDoSub@gmail.com](mailto:ElDoSub@gmail.com)



Do you cook up an amazing pot of chili and want to show it off and potentially win a prize? Sign up to participate in the cook-off or just join us and sample some great chili. Keep an eye on our Facebook page for time and dates.

Santa will be making an early stop in El Dorado. Members join us for donuts, hot coco and arts and crafts. Visit our Facebook page for more details.



The Social Committee has so many fun events and activities scheduled for this year. We are always looking for help. Please email Nora Chavez at [ElDoSub@gmail.com](mailto:ElDoSub@gmail.com) if you would like to volunteer.

4618 Thousand Oaks Dr.  
207-9190  
Hours of Operation  
Mon. & Wed. 12-8p  
Tue., Thurs.-Sun. 10a-6p

## Thousand Oaks Branch Library

October 2018



### Wednesdays, Oct 3, 10, 17, 24, 31, 5:00 pm – 7:00 pm

#### *Teen Time*

Join us Wednesday evenings for fun, friends, games, crafts, laughter, and more. Teens 13-18 years old only, please.

### Thursdays, Oct 4, 11, 18, 25, 10:30 am – 11:15 am

#### *Toddler Time*

Toddlers actively participate in stories, music, and movement, enhancing their social, emotional and language development. Recommended for children 18 to 36 months.

### Thursdays, Oct 4, 11, 18, 25, 11:15 am – 12:00 pm

#### *Story Time*

Preschoolers enjoy stories and songs that develop early literacy skills and foster curiosity. Recommended for three to five year olds.

### Thursday, Oct 18, 2:00 pm – 3:00 pm

#### *Thursday Book Group*

Read and discuss books by David Sedaris. Copies are available at the Reference Desk.

### Friday, Oct 12

#### *Celebrate the Sun – Come & Go Craft*

Stop by the library to create your own folk art Sun. A Hispanic Heritage Month Event for children and families.

### Wednesday, Oct 31, 4:00 pm – 5:00 pm

#### *Halloween Party*

Come in costume or as you are for some Halloween fun for all ages.

### Monday, October 22 – Friday, November 2

#### *General Election Early Voting*

Thousand Oaks Library will be an Early Voting location for the November 6 General Election.

Please call the library for details on any of the listed programs and/or events.



## ***Living Mind-Body-Soul Strong***

### Be The Change: This Checklist has 10 Actionable Item that Actually Make a Difference

Sponsored by Schmidt's Naturals  
September 7, 2018 — 4:40 PM

By now, we've all gotten the message that our environment needs as much love as humanly possible, and we're doing our part to help make that happen. Still, while we have the best intentions to be all eco-friendly all the time, just thinking about how much work still needs to be done can get overwhelming—and make even the greenest person feel a little blue. That's why it's more important than ever to zero in on small changes that actually make a tangible difference. The actions below are a great place to start—and an even greater reminder that when we all do our part to help save the planet as a collective whole, that's when the positive results really happen.

#### **Eat more plant-based foods.**

One way to do this: Dedicate one day a week to not eating meat. You've heard of Meatless Mondays, but the truth is, you can go meatless on any day of the week. And it's a really good idea: Beef is 34 times more climate-pollution intensive than foods like beans and legumes, on a pound-for-pound basis. What's more, producing meat also uses up a ton of water—up to 2,500 gallons of water go into making a single pound of beef. The good news? If you skip meat just one day a week over the course a year, it's the equivalent of not driving for three entire months.

#### **2. Eat locally as often as you can, too.**

We don't have to tell you twice that eating locally is better for the Earth and for your health. But just to remind you why it's so great: According to the Leopold Center for Sustainable Agriculture, the average fresh food item in America travels 1,500 miles to get to its final destination. So the more you choose to buy and eat locally, the more fuel you will save along the way.

#### **3. Take shorter showers.**

Taking a soothing shower is likely already part of your self-care routine. And while that's great for relaxation, it's not so great for the Earth if you take too long in there. The compromise: Shorten your shower to around five minutes. An average shower in America lasts for about 8.2 minutes and uses about 17.2 gallons of water, at roughly 2.1 gallons per minute. So if you cut back by just about three minutes, you can save almost seven gallons of water.

#### **4. Switch to reusable water bottles and bags.**

It's all about the BYOB life—bring your own bottle/bag. Consider that 42.6 billion plastic water bottles are purchased in the U.S. each year. If you switch to a reusable water bottle, though, you can save 217 plastic water bottles from going to the land-fill. Also, the United States uses 100 billion new plastic bags each year, and it takes between 15 and 1,000 years for a plastic bag to decompose. If you switch to reusable bags for good, forever, you could end up saving 22,000 plastic bags just you alone— now imagine what could happen if everyone else did, too.

#### **5. Give your wardrobe an eco-friendly makeover.**

According to a report put out by the MacArthur Foundation last year, the fashion industry is pretty harmful to the environment, creating more carbon emissions than some airlines. The report featured some alarming statistics, including the fact that the industry generates 1.26 billion tons of greenhouse emissions each year, and half a million tons of plastic microfibers from clothes are lost during the washing process—and end up in the ocean. Go for eco-friendly clothing brands that don't use synthetic materials and instead use more sustainable fabrics, like certified organic cotton, hemp, and recycled wool. Next, you can also recycle your own clothes. Consider dropping them off at your local thrift store so that they will be reused and repurposed, or look for denim brands with recycling programs.

*Continued on next page*

#### 6. Turn your home into a green oasis.

Sure, it's important to know where your clothes are coming from, and who's growing your food (best yet if it's you). But it's also just as crucial to get deep into the weeds of home sustainability. Choose an organic mattress, eco-friendly sheets, eco-friendly paint, and LED lightbulbs, which use a lot less energy than the traditional kind. In fact, LED lights can be up to 80% more efficient than traditional ones, which helps decrease greenhouse gas emissions and reduces the energy needed from power plants.

#### 7. Support the efforts of do-good organizations.

There are tons of great organizations out there that are working hard to help preserve our planet and educate people about the importance of sustainability.

#### 8. Rethink your commute.

We know that all of the driving in America is not just bad for our psyches—TRAFFIC!—it's also bad for the Earth. Fortunately, it's easier than you may think to make a difference just by choosing to ride your bike or walk. A study from the Institute for Transportation and Development Policy found that bicycling could help cut carbon emissions from urban transportation by 11 percent. Plus, it's healthier, too—a total win-win.

#### 9. And switch up your next vacation, too.

Consider traveling by train for your next trip, rather than plane. Taking the train is not always possible, but if you do have a choice, it could have more impact than you may realize. The UK-based Aviation Environmental Federation reports that taking a high-speed train emits 165-180g of carbon per kilometer, whereas a long-haul flight brings you up to 210-330g—and a short-haul flight is even worse, coming in anywhere from 300-460g. That's a big difference, and one you can calculate for all of your trips, too. Bonus: On top of helping the environment, taking the train can be incredibly romantic, too.

#### 10. Shop more mindfully if you eat meat, eggs, and dairy.

We're not alone on this planet. So our daily decisions also affect our fellow Earth-dwellers, too. Specifically if you eat meat, eggs, and dairy, every grocery store purchase is a vote for more humane farming practices and a better life for animals who are raised for food. We're talking 10 billion farm animals in the U.S., and according to the ASPCA, 95% of them are raised in large-scale factory farms that are unregulated and rely on routine antibiotics just to keep animals alive in unhealthy conditions—not great for them, us as humans, or our climate. Buying food with these specific animal-welfare approved labels, and again, buying locally and talking to the farmers about their practices, all help move us in a better direction—seriously!

*Posted by: Nora Chavez & Jennifer McRae*

### Community Submitted Articles

#### POPCORN.....

Is planted in late April or early May and is harvested in late September or early October – which happens to be National Popcorn Poppin Month.

Popcorn goes through a natural drying process on the stalk, so it will pop.

Popcorn yields are measured in pounds, not bushels, because popcorn is sold by the pound. It's also very heavy: one bushel of popcorn ears weighs 70 pounds.

Popcorn fields look about the same as other types of corn-fields, but popcorn ears are about half the width of an ear of field or sweet corn.

#### SUGGESTIONS FOR FALL PLANTING

These will brighten your day even on a grey day.

Chuparosa (*Justicia californica*) = also known as a fire cracker plant. A winter hummingbird nectar plant as small shrub with grey green stems that sport tubular flowers. Peak bloom is in spring but also the winter. Can last up to 20 years.

Cape cowslip = A bulb that makes an appearance every February. The flowers are orange, red, yellow and chartreuse. They do best in containers.

Devil's tongue = named for it's wide and showy orange-red spines. One of the only cactus species that blooms during the cool months. Excellent in pots.

Contributed by: Cynthia Alexander