



Seek first the kingdom of God and his righteousness, and all these things will be given you besides.

Matthew 6:33

Helping Hands Healing Ministries, Inc.

Volume 2 Number 1

Quarterly Newsletter

March, 2004

President's Corner

Greetings to our partners in ministry!

We are now in our second year of operation and we continue to expand the ministries and bless others with your generous assistance.

On a sad note, we report that Michael Sweeney's father died quite suddenly in January from a respiratory ailment. He was very supportive of the ministries and requested memorial contributions be made to **Helping Hands Healing Ministries, Inc.** Through his generous gesture, we have been able to make sizable headway on collections for the dairy farm project in Tanzania, East Africa.

While we will miss Tom, we feel indebted and thankful to his forethought and gracious spirit.

On another note, we continue to ask for your assistance in helping us to find a printer who will help us with the printing needs of this quarterly newsletter. We are striving to keep costs down and I'm happy to report that our overhead for the first quarter of this year has already dropped significantly down from 23.9% at the end of last year to 5.6% so far this year!

Hoping that you've had a fruitful Lenten Season and that your Easter Season will continue to be blessed.

Sincerely,

Margie C. Sweeney, M.D.



GIVING

⁴⁰And the king will say to them in reply, 'Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me.' (Matthew 25:40)

Seeing the face of Christ in those we serve -- Jesus commands it! How blessed we are when we obey.

For me, it is easy to see the face of Christ in children because of their innocence and trust. The challenge comes in seeing Christ in those who have gotten "off track" in their lives through bad choices because their choices affect me, whether directly or indirectly. God says, "Fear not!" because He does not give us more than we can handle.

Today, trust that you can obey God's command to serve Him through the least of our brothers. In obedience, you are truly blessed!



Current Outreach Needs

The following requests were received in May and September of 2003.

1. \$6,600 are needed to start a dairy farm in Mgeta, Tanzania to supply milk for the needy of this community of 7,000. In this parish there are some 150 orphans, 250 persons with HIV/AIDS, and 160 destitute elderly that suffer from protein

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malnutrition. This dairy farm will consist of 10 cows, one bull, and material needed for fencing and a shed. (Requested in May, 2003). Approximately two thirds of this amount has already been collected through general contributions and through the **Thomas M. Sweeney Memorial Fund**. (See page 3 of this newsletter.)

2. \$2,387.40 are needed for a one-year supply of medicines to stock the dispensary (clinic) of a seminary in Morogoro, Tanzania. The rector of the seminary is also looking for someone who can be an ongoing sponsor for this dispensary. Please contact Margie Sweeney if you would like additional information about this ministry opportunity. (Requested in September, 2003.)

3. The attending physician at Bishop Kioko Catholic Hospital is looking for volunteer physicians who might be interested in providing medical and/or surgical services at this hospital. Please contact Margie Sweeney for additional information. (Requested in September, 2003.)



Projects Completed in January

In January, \$150 was disbursed to the Holy Cross Sisters in Lusaka, Zambia for the educational needs, food, and antiretroviral (AIDS) medicines for some orphaned students and AIDS patients. (This request was received in December, 2003)



Corporate Donors and Sponsors

Helping Hands Healing Ministries, Inc. is looking for corporate sponsors! There are two levels of giving: Corporate Angels - \$2,500 or more; Corporate Archangels - \$5,000 or more. We are also looking for companies that can make regular monthly donations of any amount to help us keep a more even cash flow throughout the year for the work of this ministry.

Some companies also provide matching funds for donations that their employees make. You might want to check with your employer to see if they are interested in this type of program. We look forward to hearing from you!



ABC's (author unknown)

Although things are not perfect
Because of trial or pain
Continue in thanksgiving
Do not begin to blame
Even when the times are hard
Fierce winds are bound to blow
God is forever able
Hold on to what you know
I imagine life without His love
Joy would cease to be
Keep thanking Him for all the things
Love imparts to thee
Move out of "Camp Complaining"

No weapon that is known

On earth can yield the power

Praise can do alone

Quit looking at the future

Redeem the time at hand

Start every day with worship

To "thank" is a command

Until we see Him coming

Victorious in the sky

We'll run the race with gratitude

Xalting God most high

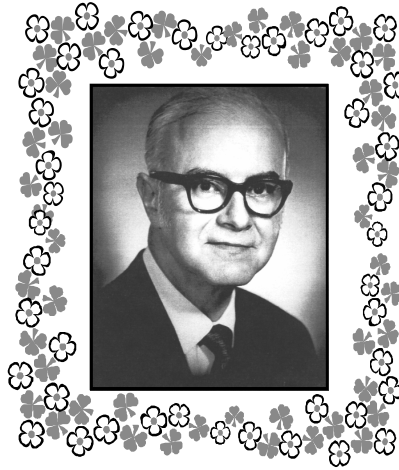
Yes, there'll be good times and yes some will be bad, but...

Zion waits in glory...where none are ever sad!

"I AM too blessed to be stressed!" The shortest distance between a problem and a solution is the distance between your knees and the floor. The one who kneels to the Lord can stand up to anything. Love and peace be with you forever. Amen.

PS: GOD LOVES YOU

Thomas M. Sweeney Memorial Fund



August 11, 1921 to January 14, 2004

With grateful acknowledgement to the following donors:

Dale & Susan Barrett	Helen Kelly
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These funds will be used toward the purchase of livestock and animal shelter materials for a dairy farm that will help sustain approximately 600 destitute persons (orphans, elderly, and AIDS patients) in Mgeta Parish, a community of about 7,000 persons, which is located in a mountainous region of Morogoro, Tanzania in East Africa.



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Many Thanks for the Contributions of the Following Donors!
(Kindest thanks for your many prayers also.)



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In-Kind Donations:

Family Medical Care of Louisville, PLLC
Diane & Frank Gigliotti
Kelly Sweeney
Michael & Margie Sweeney

Thomas M. Sweeney Memorial Fund (See page 3 of this newsletter for the list of donors.)



***Your
participation in
this ministry is a
blessing to many!***



To save on postage, statements for receipt of donations made in 2004 will be mailed out in early January, 2005. If you require a receipt prior to that time, please let us know.