



2002 NATIONAL
SAFETY
MONTH
10th Anniversary

MAKING OUR WORLD A SAFER PLACE

DISTRACTED DRIVING

Driven to distraction? Don't end up in a crash!
Focus on driving and reduce your risk.

- :: Keep in mind: the National Highway Traffic Safety Administration estimates that 25% of all crashes involve some kind of driver distraction.
- :: The time to adjust your mirrors, radio or temperature control is before you pull out of the driveway - not while you're driving.
- :: Don't reach down or behind the driver's seat, pick up items from the floor, open the glove compartment or clean the inside windows while driving.
- :: Your vehicle is not a portable salon - allow time for personal grooming at home.
- :: Enjoy your meals at home or in a restaurant - not on the go.
- :: Going someplace new? Plan your route ahead of time. If you need to refer to a map, park the car or ask a passenger help you navigate.
- :: If you've got passengers, some conversation is inevitable - but try to avoid very emotional subjects while driving.
- :: For cell phone conversations, pull over to the side of the road or wait until you reach your destination. The safest time to use a cell phone while driving is when stopped.
- :: Never answer or dial a cell phone in hazardous conditions like heavy traffic, higher speeds, or bad weather.

