



WESTRIDGE NEWS & VIEWS

A Monthly Publication of the Westridge Homeowners Association

Vol. 15 No. 9

September 2009

Circulation: 785

Westridge Community BBQ

Saturday September 19th

3:00 p.m. – 7:00 p.m.

at Blue Heron Park

Grilling starts at 4:00 p.m.!

Come by and meet your neighbors!

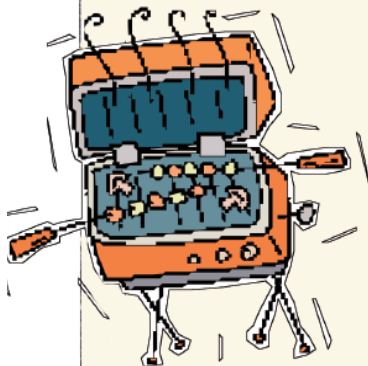
**Burgers. Hot dogs, Chips and Condiments
will be provided**

**Please bring: Your own drinks,
chairs/blankets & dessert**

**RSVP to: Pat Ham, 303-979-7258 or
Nichole Alexander, nalexander@comcast.net**

Games & prizes too!

Sponsors:
Westridge HOA
Pat & Nicole Alexander
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Neighborhood Fund Raiser: Hot Dogs and Hot Topics

There will be a fundraiser for commissioner **Kathy Hartman**, hosted by **Mike and Karen McShea**, and **Bob and Pat Ham**. Date: Saturday, September 5th from 4:00 to 7:00 p.m. at 10955 W. Powers Ave. Interested parties may contact Pat Ham for questions and reservations at **303-979-7258**.

Disclaimer: This announcement in no way reflects the views of the Westridge Homeowner's Association, nor is it an endorsement for the Hartman campaign.

DRHS Theatre Department Debuts "Is He Dead?"

A Comedy By Mark Twain

School's back in session, so you know what that means? Another wonderful season of comedy, drama, improv and musical theatre, all presented by our own talented Westridge and surrounding neighborhood students from Dakota Ridge High School. The fall comedy, *Is He Dead*, is about Jean Francois Millet, a young painter who is in love with Marie Leroux, but in debt to a villainous picture-dealer, Bastien Andre. With nowhere to turn, Millet must go to drastic and increasingly hilarious measures to escape debt. You don't want to miss this side-splitting show!

Dakota Ridge High School, 13399 W. Coalmine Ave., Littleton (across from Walmart at W. Bowles and Coalmine/Alkire).

**Contact: Lisa Urban,
Theatre Director. 303-982-8656**
**Show Times: Thurs. – Sat.,
Sept. 10, 11, 12th at 7:00 p.m.**
**Tickets: \$5.00 Students;
\$7.00 Adults**

Baby Safety Month

Sponsored by the Juvenile Products Manufacturers Association, Baby Safety Month is intended to educate consumers on safety issues involving car seats, strollers, cribs, toys and other accessories for infants. See www.jpma.org for ideas and details.

*"Everything has been figured out,
except how to live."*

— Jean-Paul Sartre

Westridge Meeting Sign Is Missing!

**Please donate
funds to replace it.**

Barking Dog Problems?

The pleasures of summertime in Colorado include eating dinner out on the patio, sitting outside watching the sun set and the stars come out, sleeping with the windows open to catch the cool night breeze... UNLESS you live near a PROBLEM BARKING DOG!

Per the Jeffco Sheriff website, the Animal Control and Licensing Regulation prohibits a dog from disturbing the peace of any person by loud, habitual and persistent barking, howling, yelping or whining. Violation of the provision could result in a penalty assessment ranging from \$50 to \$1000 and/or a court appearance.

The Sheriff's office recommends talking face to face with the dog's owner as a first step. If this is unsuccessful and the barking continues, you can call **Animal Control** at **303-271-5070** to file a formal complaint.

The community section of the Jeffco Sheriff website, <http://jeffco.us/sheriff>, provides more details on this process, as well as helpful solutions and suggestions for dog owners to help them resolve the barking problem of their pet.

Be a responsible and considerate pet owner and help maintain a peaceful environment in our neighborhood!

Sheriff's Safety Fair: Do You Know How To...

At the Sheriff's Safety Fair at Clement Park this September, you can find out whether you've got your family's safety all figured out or whether you've got room for improvement. This fun-filled, interactive event is designed for people of all ages to learn safety information on the following topics, and much more.

Do you know how to...

...prepare for a disaster?

Are you ready if disaster strikes? Jefferson County has been the site of wildfires, tornadoes, floods and blizzards – all within the last few years. The staff from the sheriff's office of Emergency Management will explain how to assemble a 72-hour kit, how to plan for emergencies, and what to do in case of a disaster – natural or man-made.

...coexist with urban wildlife?

What should you do about coyotes in your parks? In your neighborhood? In your backyard? Jeffco is the nexus of bustling urban life and Rocky Mountain splendor, and that means regular run-ins with wildlife. Experts from the Colorado Division of Wildlife will help you figure out the best ways to coexist with coyotes, raccoons, snakes and other wild neighbors.

...talk to your child about predators?

The Sheriff's Safety Fair is a great place for kids with interactive activities and educational booths geared toward little ones. Does your child know how to escape a room if it's filling with smoke? The Littleton Fire Department's smoke trailer teaches kids the basics of fire safety and prevention. The "Cheezo" mascot from the First Judicial District Attorney's Office teaches kids (and parents) about the dangers lurking on the Internet and how to stay safe from predators. Kookie the Clown, our own child safety ambassador, is all about games and prizes. Deputies will be giving out deputy trading cards, sheriff badges, activity books and other educational items to the kiddos in attendance, and teens can learn about our law enforcement Explorer club.

...decide if you should get behind the wheel?

Do you know how many drinks you can have before you're

continued on page 3

Board of Directors

<http://www.neighborhoodlink.com/jeffco/wridge>

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Kathie Barrett	Board Member	303-979-3913

*****Anyone who wishes to be part of the Board, please contact any one of the board members with your interest.**

Committees

ARCHITECTURAL AND COVENANTS	Naomi Ashcroft	303-973-6361
	Cathy Pimm	303-973-4624
EVENTS	Paul & Nicole Alexander	303-862-6155
NEIGHBORHOOD WATCH	Jeff Williams	303-904-7315
		303-507-6549

Paul Hobson, Editor 303-979-0193 paulh5670@aol.com

If you would like to form a committee, please contact a board member for more information. Thank you for your help!!

The *Westridge News & Views* is published monthly by the Westridge Homeowners Association, a non-profit homeowners association. The HOA mailing address is PO Box 621172, Littleton, CO 80162-1172.

The deadline for articles and advertisements is the 15th of the month for the next month's issue except for the Jan. issue which is Dec. 6th. **All articles must be approved by the board for publication, or as space permits.**

Appearance of an advertisement in this publication does not constitute a recommendation or endorsement by the publisher or the association of the goods or services offered therein. The opinions expressed in this newsletter are those of the individual authors and not of the Board of Directors of your association or the publisher. Neither the Board, publisher nor the authors intend to provide any professional service or opinion through this publication.

For advertising info, contact **Colorado Lasertype** at **303-979-7499**, or e-mail getinfo@ColoradoLasertype.com. Visit our website at www.ColoradoLasertype.com

Valuable and Helpful Community Websites

Westridge Homeowners Association:
<http://www.neighborhoodlink.com/jeffco/wridge>
 COHOPE Council of Homeowners Organization
 for Planned Environment: cohopejeffco.com

Westridge Homeowners Association Dues: 2009

This is your notice for the Westridge Home Owners Association dues for the period from January 1 to December 31, 2009. Your dues of just \$25 annually helps support community activities, the newsletter and efforts to keep Westridge a first class neighborhood! Please send your dues in today. Thank you.

Name _____

Address _____

Phone _____

Make check payable to: WHOA and mail to:
 WHOA, P.O. Box 621172, Littleton CO 80162-1172

Current members may use the above form to renew your membership for 2009.

Sheriff's Safety Fair, continued from page 2

legally impaired? The answer is different for everyone. Deputies will share their insights on drunk driving and its consequences. Visitors can simulate drunkenness by wearing "fatal vision goggles" and trying to walk a straight line, mimicking the impairment that accompanies alcohol.

The Colorado State Patrol will share driver safety information on seat belt safety, safe driving and its Alive-at-25 program for young drivers. Attendees can also view and reflect on the "No Going Back" exhibit, a dramatic real-life example of the consequences of drunk driving.

...safely ride your bike near cars?

...or safely drive your car near cyclists?

It's a timely topic for motorists and cyclists alike: What are the rules of the road? Bike Jeffco, a local nonprofit bicycle club, will be on hand to share information and literature about Colorado's new bike laws, rider safety and how to share the road. Cyclists can learn about joining the club and participating in its many excursions and events.

...prevent crime in your neighborhood?

Crime prevention experts from the Jefferson County Sheriff's Office will be on hand to answer questions about any public safety topic you can imagine. Think identity theft, Neighborhood Watch, graffiti, scams targeting seniors, or information on sex offenders. Do you know how to secure your home against would-be burglars? We've got a security checklist for your home... with more than 70 ways to help prevent break-ins.

...stave off illness?

So maybe you know how to protect your home, but do you know how to protect your body? Booths by Jeffco Public Health and Chatfield Family Medicine will feature health and safety tips on sun exposure, first-aid, H1N1 flu, seasonal flu and vaccinations.

...navigate lakes and rivers?

Do you know how to stay out of harm's way when recreating on a boat, on a beach or near a river? Rangers from Colorado State Parks have all the answers on water safety, including "boating under the influence" information and interactive activities for kids.

We hope you'll join us to learn how to do all these things and more at the Sheriff's Safety Fair, September 19 and 20 at Clement Park, part of the Summerset Festival.

Sheriff's Safety Fair @ the Summerset Festival

September 19, 9 a.m. - 6 p.m.

September 20, 9 a.m. - 5 p.m.

Northeast corner of Clement Park, 7306 W. Bowles Avenue, Littleton. For more information, visit www.jeffcosheriff.com.

— Sheriff Ted Mink

Important Numbers to Have on Hand

Jeffco Sheriff (non-emergency) 303-271-0211

Jeffco Sheriff (parking violations) 303-271-KOPS

*This number is for parking and driving violations that need to be brought to the attention of the sheriff's department. The streets are county property and part of their jurisdiction.

Jeffco Graffiti Hot Line 303-271-8247

Jeffco Commissioners 303-271-8525

Animal Control 303-271-5070

SW Suburban Dnvr Water & Sanitation Dst 303-674-3379

Weed & Pest Management 303-271-8758

Zoning Violations 303-271-8725

Jefferson County Website www.co.jefferson.co.us.



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- Realtors
- Recreation

Call us to ask how to get added to one of the categories above!
303-979-7499

Visit our website for advertising information, ad rates, a map of the HOA newsletters we publish and details about our graphic design services.
www.ColoradoLasertype.com

Need For Coats Is Greater This Year!!

It's that time again! Judy Susman is ready to start her 14th annual COATS FOR COLORADO drive. Judy will do the leg-work and make it easier for you to contribute by picking up your donations and delivering them to the Dependable Cleaners collection site. She will also bring you a donation receipt.

To date, more than 1,300 coats have been collected from Judy's coat drives. Due to recent economic conditions, the need for coats is even greater this year, so Judy wants to make this drive an even bigger success.

If you have coats that you don't need or want and you wish to participate and help those less fortunate than you, **please call Judy Susman at 303-932-3322 by Wednesday, November 11th with your name, address and phone number to schedule a pickup on Saturday, November 14th between 8:00 a.m. and 10:00 a.m.**

Participants will be entered into a drawing for a **free holiday turkey** – one entry for each coat donated. The turkey drawing will take place on Sunday, November 15th.

Thank you for your community spirit!

Summerset Festival Seeks Volunteers

Donate a few hours of your time and talents to the Summerset Festival and the South Jeffco community! The 25th Annual Summerset Festival, scheduled for September 18-20 at Clement Park, is seeking volunteers to assist in various areas of this premiere special event. Last year's festival attracted over 40,000 festival-goers!

Helping hands are needed in set up/tear down, beverage sales, information booth, courtesy cart drivers and other various positions. Volunteers receive a Summerset Festival Volunteer T-shirt.

The Summerset Festival is the primary fundraiser of The Foothills Foundation, a non-profit organization that helps raise funds for special projects of the Foothills Park and Recreation District. The Foundation is currently raising funds for new scoreboards at Clement Park and a special event gazebo at The Peak Recreation Center.

Come on out and enjoy the fun while helping your community! Download a volunteer application from **www.summersestfest.com**. Come join our community fun by being a volunteer!

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CLASSIFIEDS

Classified ads are \$2.80/line. Call Colorado Lasertype at 303-979-7499 to place an ad. The deadline for placing a classified or display ad is the 15th of the month for the next month's issue (i.e., 15th of Sept. for Oct. issue), except the January issue, which has a deadline of December 6th.

It's time to think about SPRING BULBS, FULL PRUNING and CLEAN-UPS. Property People 303-997-7392. [9]

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AFFORDABLE DAY CARE. Westridge Elementary School and Mount Carbon transport for preschool and before and after. Full time openings. Now accepting Child Care Assistance Program. Call **303-979-5041.** www.patticakeplayschool.blogspot.com. [11]

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Teen Services

To add your teen's name, please call **Colorado Lasertype at 303-979-7499** and leave the following information: the **neighborhood you live in**, your age, phone number and the categories you would like included. Categories: **(B)** Baby-sitting * Red Cross Cert. for CPR **(L)** Lawn care **(S)** Snow removal **(P)** Pet & House sitting. No recommendation or endorsement of any of the names on this list is implied or stated by the homeowners association board or Colorado Lasertype.

Brittney C.	14	B	303-973-0349
Camille C.	16	B/P/L/S	303-904-2576
Justine C.	14	B/P/L/S	303-904-2576
Aaron C.	11	P/L/S	303-904-2576
Corinne D.	14	B*/P	720-981-5021
Tessa F.	15	B*/P	303-842-5453
Maryann F.	11	P	303-932-1050
Emmy M.	15	B*	303-948-1910
Jade M.	12	B*/P	303-948-1910

Summer Fun Pass Extension

Save money and extend your Summer Fun Pass with Foothills Park and Recreation District by choosing one of three Annual Pass options to continue your benefits to Foothills' facilities! Pass upgrade must be purchased by September 18, 2009 and will be good through May 1, 2010. For more information, call **303-409-2100** or visit www.ifoohills.org.

Cutting Back on Caffeine? Don't Go Cold Turkey

That cup of coffee may help get you going in the morning, but skipping it may lead to problems more serious than drowsiness. Scientists say that about half of the 80 percent to 90 percent of Americans who drink caffeinated drinks every day may experience some symptoms of withdrawal if they stop suddenly, including headaches, irritability, depression and anxiety. The best way to cut down is gradually – drink a half cup instead of a full one, for example, and introduce decaffeinate substitutes over time to take the place of coffee, tea or caffeinated soft drinks.

Westridge Financial Report

Last Reported Balance 7/15/09	\$3,273.35
Income	\$0.00
Expenses	\$0.00
Colorado Lasertype – Newsletter Inserts	\$339.63
Jeffco School – National Night Out	\$20.00
Jefferson Co. Clerk	\$6.25
Attorney Fees	\$30.00
Ending Balance 8/15/09	\$2,810.41

Play These Games For Better Thinking

Being creative doesn't just happen. Sure, some people seem to be naturally innovative, but most of us can get the creative juices flowing with a little practice. Try these exercises to stimulate your mind:

- **Opposites.** Make a quick list of some common nouns and verbs. One by one, go through the list and as quickly as possible, think of three words that mean the opposite. Generating a group of opposites will stretch your mind to think beyond the obvious.

- **Good and bad.** Select an idea – a product, a problem, an issue – and list positive and negative aspects to it. For example: pandemics. Under positive, you might place “keeps population down” and “forces better disease control measures.” Under negative, you'd list “causes suffering” and “economic turmoil.” As a next step, think of something that's neither good nor bad, just interesting. A specific disease may arise from an unexpected source, for instance. This teaches you to look at questions from different angles.

- **Letter.** Write a letter describing your day – but without using the words “I,” “me,” “myself,” and so on. You'll get an idea of how to look at the world from alternative viewpoints and take your own agenda out of the picture to see things more clearly.

You Know You're Grown Up When...

You're not a kid anymore. Here's the proof:

- Your refrigerator has more food than beer in it.
- 6 a.m. is when you get up, not when you go to bed.
- You hear your favorite song... on the elevator.
- You make plans to watch the Weather Channel.
- A clean sweater and jeans is no longer considered "dressing up."
- You have no idea how late the pizza place delivers.
- Your older relatives feel comfortable telling dirty jokes around you.
- You feed your dog Science Diet instead of cold pizza.
- A \$7 bottle of wine is no longer "the good stuff."

*"Only those who will risk going too far
can possibly find out how far one can go."*

— T.S. Eliot

Baby Safety Month

Sponsored by the Juvenile Products Manufacturers Association, Baby Safety Month is intended to educate consumers on safety issues involving car seats, strollers, cribs, toys and other accessories for infants. See www.jpma.org for ideas and details.

Pollution Prevention Week, September 20-26

The third full week of September is designated by the National Pollution Prevention Roundtable as a time for businesses, government and individuals to explore options for stopping pollution and preserving our environment.

National Grandparents Day, September 13

Coal miner's wife **Marian McQuade** led the effort to create a national day honoring grandparents. President **Jimmy Carter** signed a proclamation designating the first Sunday of September following Labor Day as National Grandparents Day.



Foothills
Park & Recreation District

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