



# WESTRIDGE NEWS & VIEWS

A Monthly Publication of the Westridge Homeowners Association

Vol. 15 No. 8

August 2009

Circulation: 785

## **Meet Your Sheriff Deputies and Firefighters See Their Equipment, Including a Real Fire Truck**

Join your Westridge neighbors in meeting your Sheriff's Deputies and firefighters. Talk to them and see their equipment up close. Bring the kids!

National Night Out is a chance for you to forge partnerships with the police and your neighbors to keep our neighborhood safe and secure. As partners, we can be much more successful in deterring crime in our neighborhood.

It is also a chance to learn more about the services offered by both the Jefferson County Sheriff's Department and the West Metro Fire Department.

National Night Out is a national event – cops and neighbors are meeting all over the country on this night to help prevent crime and make neighborhoods save.

National Night Out will be held on Tuesday, August 4th from 6 to 8 p.m. at Westridge Elementary School. As a bonus, FREE ice cream will be given to the first 200 people attending. Don't miss this chance to meet your deputies and firefighters, as well as your neighbors. Together, we can work to make our homes and neighborhood safe and secure.

## **Under The August Moon at Chatfield**

The setting: a pleasant summer evening at the Denver Botanic Gardens at Chatfield. Birds chatter in the trees along the river bed and the sounds of people laughing drift through the grasses nearby. The event: "Under the August Moon at Chatfield," a unique evening of progressive food and music venues with something for everyone. The date is **Saturday, August 8, 2009** from 5:00 p.m. to 8:00 p.m.

The historic Hildebrand Ranch house will be open for tours, with barbershop music and appetizers on the porch. Guests walk along the path to find a string quartet playing in the open air. The wildflowers are blooming along the walking path inviting those strolling to linger. Local barbecue at the barn provides the evening meal with music and dancing under the evening sky to follow. As the guests retreat to their cars, the gazebo rocks with swing music, dessert and coffee. Yes, there's something for everyone!

This year's event will be hosted by the Associates of Denver Botanic Gardens, a core group of volunteers raising money for the Denver Botanic Gardens. Advance ticket price is \$50 and \$60 at the gate and includes appetizers, chuck wagon barbecue, wine and beer, barn dancing and desserts. For tickets, visit our website at <http://www.botanicgardens.org/content/under-august-moon>. Call 720-865-3660 or contact [undertheaugustmoon@q.com](mailto:undertheaugustmoon@q.com) for more information.

Denver Botanic Gardens at Chatfield is located at 8500 W. Deer Creek Canyon Road, in Littleton; off C-470 at Wadsworth.



## **B'nai Chaim Services**

B'nai Chaim, a Reform Jewish Congregation serving southwest metro Denver, will have a Shabbat service on August 7 at 7:30 p.m. and on Saturday, August 22 there will be a Tot Shabbat service at 9:30 a.m. and a regular Shabbat service at 10 a.m. Services will be held at Congregation B'nai Chaim, 4716 South Coors Lane. An Oneg Shabbat will follow all services. All are welcome. Call 303-697-2668 or visit our website at <http://www.bnaichaim.org/>.

## **Foothills**

### **Happenings in August**

Foothills Park and Recreation District is offering numerous discounts and specials during 2009 as part of the 50th anniversary celebration. Mark your calendars for these fun and exciting offerings in July. For all summer offerings, visit [www.foothills.org](http://www.foothills.org).

**August 6 and 14:** FREE Summer Entertainment Series at Clement Park. For dates and times call 303-409-2626.

**Friday, August 14, 7-9 p.m.:** Back to School Skate Night at Edge Ice Arena, wear your school shirt to receive half off admission.

**Friday, August 21:** 50th Anniversary Golf Tournament at Meadows Golf Club. To register, call 303-409-2103.

**Sunday, August 23, 5:30-7:00 p.m.:** Doggy Dip at Deer Creek Pool. \$10 per dog, pre-registration preferred; rain or shine. To register, call 303-409-2333.

**Tuesdays in August:** \$50 shelter rentals (some limitations apply). Call 303-409-2600 for more information.

## **Stay Tuned For September BBQ**

Details in next newsletter.

## **Westridge Meeting Sign Is Missing!**

Please donate  
funds to replace it.

## **National Night Out**

Tues., August 4th  
6-8 p.m.

Westridge Elementary School

## Judy Susman's Partner In Education Materials To Be Dispersed!

Judy Susman, Westridge Elementary School's Partner in Education (P.I.E.), will again be providing students with P.I.E. Reading Challenge Cards for the 2009-10 school year, along with a school calendar magnet for their refrigerators. Materials will be distributed during registration. Kids who read 30 books will receive a gift card from Judy. To date, 103 students have earned rewards.

The second part of Judy's P.I.E. program is financial. Because Judy believes strongly in supporting our schools and our community, she donates \$100.00 from every closed home sale she generates from the Westridge Elementary School area, including Westridge, Reflections, Sunrise Creek and Montgomery Acres. These funds are earmarked to help support the Westridge Elementary literacy and technology programs. To date, Judy has donated nearly \$3,000.00 to benefit those programs at Westridge.

For more information about Judy's Partner in Education program, contact Judy at **303-932-3322** or email her at **Judy@JudySusman.com**.

## What You Need to Know About Calling 911

We all know that 911 is the number to call in the United States to get help in a police, fire or medical emergency. A 911 call goes to the emergency dispatch center closest to the caller, and trained personnel send the emergency responders to the caller's location.

In Jefferson County, a team of dispatchers answers 163,000 service calls a year and dispatches five law enforcement agencies and 11 fire departments. Our dispatchers are trained in emergency medical dispatching, meaning they can talk a caller through basic medical treatment until help arrives.

### Calling 911 from a land line

When you call 911 from a traditional phone or "land line," a dispatcher sees a screen that provides the phone number you're calling from, the name associated with the phone line, and the street address of the phone. Dispatchers will ask you to verify the information so they can be sure to send help to the right location. If you call 911 from a multi-line phone system (often found in office buildings), it may be difficult for dispatchers to determine your exact location. You can help by telling them the address, floor and room.

### Calling 911 from a mobile phone

When you call 911 from a wireless phone, the call-taker will still know some information about your phone and location, but not as much. He or she will know your phone company and phone number. The call-taker may know the general area you're calling from, but the area could be several square miles. You'll have to provide specific information to help them send help to the right place. If you're in a building, try to provide the street address. If you're on a roadway, try to provide the cross streets, mile marker information or a well-known landmark.

Don't give children old cell phones to play with without removing the batteries first. Disabled phones are programmed to still dial 911. Our dispatchers have received as many as 40 calls in one day from children playing with an old cell phone. For more on calling 911, visit **www.nena.org**.

*continued on page 3*

## Board of Directors

<http://www.neighborhoodlink.com/jeffco/wridge>

<b>Naomi Ashcroft</b>	President	303-973-6361
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<b>Chuck Sellers</b>	Board Member	----
<b>Sherry Hobson</b>	Board Member	303-979-0193
<b>Kathie Barrett</b>	Board Member	303-979-3913

**\*\*\*Anyone who wishes to be part of the Board, please contact any one of the board members with your interest.**

## Committees

<b>ARCHITECTURAL AND COVENANTS</b>	Naomi Ashcroft	303-973-6361
	Cathy Pimm	303-973-4624
<b>EVENTS</b>	Paul & Nicole Alexander	303-862-6155
<b>NEIGHBORHOOD WATCH</b>	Jeff Williams	303-904-7315
		303-507-6549

**Paul Hobson, Editor** 303-979-0193 paulh5670@aol.com

*If you would like to form a committee, please contact a board member for more information. Thank you for your help!!*

The *Westridge News & Views* is published monthly by the Westridge Homeowners Association, a non-profit homeowners association. The HOA mailing address is PO Box 621172, Littleton, CO 80162-1172.

The deadline for articles and advertisements is the 15th of the month for the next month's issue except for the Jan. issue which is Dec. 6th. **All articles must be approved by the board for publication, or as space permits.**

Appearance of an advertisement in this publication does not constitute a recommendation or endorsement by the publisher or the association of the goods or services offered therein. The opinions expressed in this newsletter are those of the individual authors and not of the Board of Directors of your association or the publisher. Neither the Board, publisher nor the authors intend to provide any professional service or opinion through this publication.

For advertising info, contact **Colorado Lasertype** at **303-979-7499**, or e-mail **getinfo@ColoradoLasertype.com**. Visit our website at **www.ColoradoLasertype.com**

## Friendship Day: August 2

The first Sunday in August was proclaimed National Friendship Day in 1935. Since then, the concept has caught on around the world and is now celebrated internationally.

## Westridge Homeowners Association Dues: 2009

This is your notice for the Westridge Home Owners Association dues for the period from January 1 to December 31, 2009. Your dues of just \$25 annually helps support community activities, the newsletter and efforts to keep Westridge a first class neighborhood! Please send your dues in today. Thank you.

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Make check payable to: WHOA and mail to:  
WHOA, P.O. Box 621172, Littleton CO 80162-1172

**Current members may use the above form to renew your membership for 2009.**

**Calling 911**, continued from page 2**e911: Why we're calling you in an emergency**

In Jefferson County, the e911 Target Notification system (sometimes called "reverse 911") is a tool we use to call citizens to warn them of danger. With it, we can simultaneously dial phone numbers within a preset area to warn residents of flood, fire, tornadoes, chemical spills, or dangerous fugitives nearby.

Within moments, calls reach the affected community to deliver warnings and critical safety instructions. The system uses the county's 911 database as its source for telephone numbers and can process up to 2,000 telephone numbers per minute. The system also works with all phones that have a TDD line (used to communicate to the hearing impaired).

If you receive an e911 call, the voice on the line will let you know it is a message from the Sheriff's Office. Also, your caller ID will likely display our agency's name and a call-back number. Both published and non-published "land line" numbers are dialed, and the system will leave a message if an answering machine picks up. If it reaches a busy signal, the system will try to call back three times. If you have a telephone zapper used to block out telemarketers or your phone is blocked to unknown callers, you will not receive e911 calls.

For the system to call your cell phone or VoIP phone, you must first register your number with the 911 Authority Board.

**Register your cell or VOIP for e911 alerts**

As of March 5, 2009, Jefferson and Broomfield County residents and businesses can register their mobile phone numbers or VoIP (Voice over Internet Protocol) phone numbers to receive e911 notifications. Subscribers' wireless and VoIP information will be kept in a separate database from landline numbers, so that if subscribers are already in the 911 landline database their information will not be changed. To register, visit our website.

— Sheriff Ted Mink

**National Aviation Day: August 19**

National Aviation Day is celebrated on the birthday of Orville Wright (1871), who flew the Wright Brothers' first successful airplane a distance of 120 feet in 12 seconds in Kitty Hawk, N.C.

**Valuable and Helpful Community Websites**

Westridge Homeowners Association:

<http://www.neighborhoodlink.com/jeffco/wrldge>

COHOPE Council of Homeowners Organization  
for Planned Environment: [cohopejeffco.com](http://cohopejeffco.com)

**Important Numbers to Have on Hand**

Jeffco Sheriff (non-emergency) . . . . . 303-271-0211

Jeffco Sheriff (parking violations) . . . . . 303-271-KOPS

\*This number is for parking and driving violations that need to be brought to the attention of the sheriff's department. The streets are county property and part of their jurisdiction.

Jeffco Graffiti Hot Line . . . . . 303-271-8247

Jeffco Commissioners . . . . . 303-271-8525

Animal Control . . . . . 303-271-5070

SW Suburban Dnvr Water & Sanitation Dst 303-674-3379

Weed & Pest Management . . . . . 303-271-8758

Zoning Violations . . . . . 303-271-8725

Jefferson County Website [www.co.jefferson.co.us](http://www.co.jefferson.co.us).

**JUDY SUSMAN**

RE/MAX Professionals, Inc.



303.932.3322

303.570.5109

[Judy@JudySusman.com](mailto:Judy@JudySusman.com)



**Westridge Elementary School's  
Real Estate Partner in Education!**

\*\*\*\*\*

**Time is running out !**

**Don't forget about the  
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**Even if you've owned before,  
you may still qualify  
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\*\*\*\*\*

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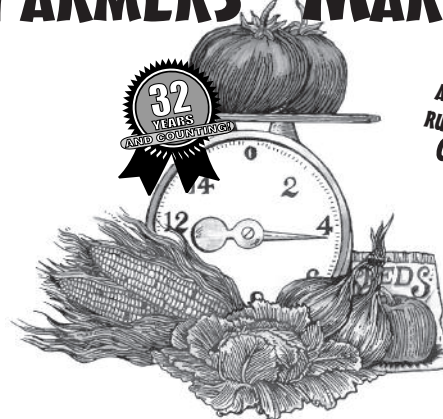


**Tour these homes and others at**

**[www.JudySusman.com](http://www.JudySusman.com)**



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**Mon • TAMARAC**

S. Tamarac Dr. &  
E. Hampden Ave.  
11 a.m. - 3 p.m.

**Tues • AURORA**

333 Havana Street  
11 a.m. - 3 p.m.

**Wed • ASPEN GROVE**

7301 S. Santa Fe  
11 a.m. - 3 p.m.

**Thurs • WHEAT RIDGE**

4252 Wadsworth Blvd.  
11 a.m. - 3 p.m.

**Sat • SOUTHWEST PLAZA**

W. Bowles and  
S. Wadsworth  
8 a.m. - 2 p.m.

**Sun • HIGHLANDS RANCH**

TOWN CENTER  
Between Lucent Blvd.  
& Broadway  
10 a.m. - 2 p.m.

**For more information call the Market Hotline**

**303-887-FARM • [www.denverfarmersmarket.com](http://www.denverfarmersmarket.com)**



# RECESSION BUSTER



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(\*Ages 15 & under: Please call 303-409-2100  
for Cardio/Weight Room Age Guidelines.)

Pass is valid at: Lilley Gulch Recreation Center  
Ridge Recreation Center  
Peak Community & Wellness Center

## NEW EQUIPMENT DEMOS FRIDAY, AUGUST 7, 2009

at the Peak Community & Wellness Center  
FREE Facility Admission ALL DAY!

Join us & check out our NEW cardio equipment.  
Demonstration & Equipment Orientations at:

6 - 9 a.m. • 11 a.m. - 1 p.m. • 5:30 - 7:30 p.m.

Peak Community & Wellness Center • 6612 S. Ward St. • Littleton

**303-409-2100 • www.ifoohills.org**

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- Music
- Painting
- Pet Services
- Plumbing
- Product Sales
- Realtors
- Recreation

Call us to ask how to get added to one of the categories above!

**303-979-7499**

Visit our website for advertising information, ad rates, a map of the  
HOA newsletters we publish and details about our graphic design services.

**www.ColoradoLasertype.com**

## Caring For Pets in Sultry Weather

Summer is a time for both you and your pet to enjoy the sunshine and outdoors. But along with the fun, the season also offers situations that can endanger your pet. The Humane Society of the United States offers these guidelines for pet owners to keep their furry friends safe this summer:

### Never leave your pet in the car

During warm weather, the inside of your car can reach 120 degrees in a matter of minutes, even if you're parked in the shade. Pets who are left in hot cars even briefly can suffer from heat exhaustion, heat stroke, brain damage and can even die. Don't think that just because you'll be gone "just a minute" that your pet will be safe while you're gone.

### Water wisdom

Always supervise a pet in a pool. Provide plenty of water and shade for your pets while they're enjoying the great outdoors so they can stay cool.

### If you can't stand the heat...

On hot days, limit exercise to early morning or evening hours. Hot asphalt can burn your pet's paws. Pets can get sunburned, too, and your pet may require sunscreen on his or her nose and ear tips.

### What to watch for

Your pet can suffer from heat exhaustion and heat stroke. The signs of heat stress include heavy panting, glazed eyes, a rapid pulse, unsteadiness, a staggering gait, vomiting, or a deep red or purple tongue.

If your pet does become overheated, move him into the shade and apply cool (not cold) water over his body. Let your pet drink small amounts of water or lick ice cubes. If necessary, get him to a veterinarian immediately.

For more information, or to donate to the Humane Society, please visit [www.hsus.org](http://www.hsus.org).

**CLASSIFIEDS**

Classified ads are \$2.80/line. Call Colorado Lasertype at 303-979-7499 to place an ad. The deadline for placing a classified or display ad is the 15th of the month for the next month's issue (i.e., 15th of Sept. for Oct. issue), except the January issue, which has a deadline of December 6th.

**AFFORDABLE DAY CARE.** Westridge Elementary School and Mount Carbon transport for preschool and before and after. A baby opening in July. Full time openings now. Call **303-979-5041**. [www.patticakeplayschool.blogspot.com](http://www.patticakeplayschool.blogspot.com). [8]

**QUEEN PILLOWTOP MATT/BOX SET.** Brand new in plastic. Retail \$529, asking \$265. Also, **NEW KING SIZE** pillowtop set. Retail \$699, asking \$385. **303-742-4860**.

**LAWN SERVICE-** You're busy. You want dependability, & we can give it to you. Mowing, Fertilization, Aeration. Call for a free est. today. **303-948-6631**

**Drywall Services-Basement Remodel.** 15 yrs. Serving Littleton. Gary 303-829-6363

**GARDENING with color all season!** Get a fresh new look! **Property People 303-997-7392**. [8]

**Aminals Pet Sitting Service-** Pet sitting (in your home). Bonded & ins. Refs. avail. Call Nancy at **303-335-6237** [9]

**PARTYLITE CANDLES & accessories.** Contact Jan. [www.partylite.biz/janderby](http://www.partylite.biz/janderby) or **303-979-3880**. Online ordering now available.

**A-1 Carpet & Upholstery Cleaning:** Res. & Comm. Repair/restretch. Tile & grout Cleaning 24 hr. emerg. 303-794-6528

**RESIDENTIAL CLEANING SERVICE.** Trusted, family owned. Contact us at 303-565-9587. [www.healthycleaninc.com](http://www.healthycleaninc.com)

**Highlands Pride Painting- 303-738-9203**

**Tree Trim. Specialist, call Mr. B!** Free est., ins., 20 yrs. exp. **303-932-2514** [9]

**Concrete-New/replace drvwy, patio sdwlk.** Free est Kirk 303-669-5859

**Mike the Plumber -** Your reliable neighborhood plumber for 14 yrs. Competitive rates. Free estimate. **720-422-8139**

**Small Paint Jobs Only 720-331-7032**

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**Teen Services**

To add your teen's name, please call **Colorado Lasertype at 303-979-7499** and leave the following information: the **neighborhood you live in**, your age, phone number and the categories you would like included. Categories: **(B)** Baby-sitting \* Red Cross Cert. for CPR **(L)** Lawn care **(S)** Snow removal **(P)** Pet & House sitting. No recommendation or endorsement of any of the names on this list is implied or stated by the homeowners association board or Colorado Lasertype.

Brittney C.	14	B	303-973-0349
Camille C.	16	B/P/L/S	303-904-2576
Justine C.	14	B/P/L/S	303-904-2576
Aaron C.	11	P/L/S	303-904-2576
Corinne D.	14	B*/P	720-981-5021
Tessa F.	15	B*/P	303-842-5453
Maryann F.	11	P	303-932-1050
Emmy M.	15	B*	303-948-1910
Jade M.	12	B*/P	303-948-1910

**Do a Few Inches of Height Really Make a Difference?**

The taller you are, the happier you are. According to the Gallup-Healthways Well-Being Index study, taller people tend to feel more satisfied with their lives than shorter people, and are less likely to report feeling such negative emotions as anger, sadness, stress and worry.

In the study, people gave their height and were then asked to evaluate their lives on a 1-10 scale, with 1 at the bottom at 10 at the top, representing the best life imaginable. Men with a height above the average of 5 feet 10 inches saw themselves as almost one-seventh of a step higher than males with below-average stature. The same trend was true among women, but to a lesser degree.

*But wait:* Taller people may be happier because they tend to have higher incomes, better education and higher-level jobs. Gallup noted that once the findings were controlled for income or education, height in itself had little or no relationship to overall happiness.

**Westridge Financial Report**

Last Reported Balance 6/15/09	.....\$3,273.35
Income	.....\$0.00
Expenses	.....\$0.00
Ending Balance 6/15/09	.....\$3,273.35

**Save Your Eyes:****Recognize the Symptoms of Cataracts**

August is Cataract Awareness Month, and that's a good time for everyone to get acquainted with the dangers that a cataract can pose. A cataract is a clouding of the lens in the eye. Because the lens focuses light onto your retina, any blockage or distortion can result in diminished eyesight. Cataracts develop gradually, usually (but not always) in older people. Congenital defects, inflammation, exposure to certain kinds of radiation, diabetes, and smoking can also contribute to cataract formation earlier in a person's life.

The standard treatment is surgery to dissolve the clouded lens and then remove the fragments from the eye; doctors then insert an artificial lens to replace the old one.

Because cataracts develop slowly and without pain, symptoms may not be obvious. Check with your eye doctor if you start to notice these changes in your vision:

- Vision that's cloudy, blurry or dim.
- More difficulty seeing at night.
- Heightened sensitivity to light.
- Seeing halos around lights.
- Colors seem faded or yellowish.
- Double vision in one eye.

With the proper treatment, you'll save your eyesight. So don't neglect the potential dangers.

## **Losing Their Religion: Belief Declines in the U.S.**

Our money still reads "In God We Trust," but fewer Americans appear to follow suit, according to the latest American Religious Identification Survey (ARIS).

Fifteen percent of Americans say they have no religious preference at all. The percentage of people who define themselves as Christian has dropped from 86 percent in 1990 to 76 percent in 2008, while the number of self-described atheists has almost doubled from 900,000 to 1.6 million. The 15 percent of Americans who say they have no religion has almost doubled as well, and is now larger than any other major religious group outside Catholics and Baptists. About 2.8 million people now connect themselves to spiritual beliefs that include Wicca and Paganism.

## **Coming Soon: Recharge Those Batteries in an Instant**

Researchers at MIT are developing a new process for recharging lithium ion batteries that may allow us to recharge them in just three seconds. MIT scientists are revamping the structure of batteries commonly used in cell phones, laptop computers, and portable gaming systems, using clumps of nanoparticles and mixing in carbon and other substances. Ion lithium batteries are also used to power electric cars, which means the speedy process will result in vehicles that can be ready to go again much more quickly than the current models.

## **Quality Printing**

### **Black Ink Printing**

**8-1/2" x 11" • White or Pastel Paper**

# Copies:	Up to 500	501-1000	1001+
1 side	6.5¢	5.5¢	4.5¢
2 sides	10.0¢	9.0¢	8.0¢

**Full Color Printing: 39¢**

**Colorado Lasertype**  
**303-979-7499**

ColoradoLasertype.com for info/rates on our HOA newsletters

## **Man's Best Friends: Origins of Domesticated Animals**

Scientists recently discovered that humans began domesticating horses around 3500 B.C., several thousand years earlier than previously believed. But the first wild animals to be domesticated were, not surprisingly, dogs. Distinguished from wolves by their smaller jaw and teeth, they may have appeared anywhere from 13,000 to 30,000 years ago.

Domestication of cats probably began with the rise of agriculture, when people started storing grain. Grain attracted rats, which were followed closely by cats hunting them. A grave in Cyprus, excavated in 2004, found the remains of a cat laid close to a human skeleton, suggesting an affectionate relationship. The grave was estimated to be about 9,500 years old.

## **Simplify – It's the Key to Working Smarter**

Efficiency at work is more important than ever in these days of budget cutbacks and ever-growing productivity demands. One of the key elements of working smarter is simplifying the way you work and where you work. Here are some tips:

- Schedule routine tasks into four segments: early morning, late morning, early afternoon, and late afternoon. Decide which tasks you perform best at what time of day.
- Organize your workspace. Remove from your space anything that you don't need constant access to, like a stapler or three-hole punch. Keep papers in appropriate baskets: pending, action, active project, or to be filed. Deal with paperwork when you do administrative work.
- Keep a to-do list to manage projects and activities. The list can help you maintain a focused list of priorities.

*"Science can purify religion from error and superstition.  
Religion can purify science from idolatry and false absolutes."*

—Pope John Paul II



## **OB PAINTING INC.** **Bailout Package!**

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