



EL DORADO HOMES ASSOCIATION

Look for us on the web at:
http://neighborhoodlink.com/El_Dorado



THE LEGENDARY LAND OF WEALTH AND HAPPINESS

January 2019

SUNBURST

THE MONTH OF January

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- National Glaucoma Awareness
- Cervical Health Awareness Month
- National Blood Donor Month
- Birth Defects Prevention Month
- National Slavery and Human Trafficking Prevention

PRESIDENT'S LETTER

By Ezra Johnson

Happy New Year!

2018 was here and gone in the blink of an eye. At least it feels that way. It was quite a year for the El Dorado Homes Association. There is much to look forward to in 2019.

Like me, you may have gotten an notice on your door recently from the City of San Antonio Transportation and Capital Improvement Department. Significant road repairs are slated to begin in El Dorado as early as the week of January 7th. We are being asked to keep our cars off the roads that have been noticed for repairs during work hours. Again, repairs to the roads in El Dorado will be occurring on a rolling basis over the next two years.

The board of directors for EDHA continues to try to sponsor events for members so that there are chances to meet and greet your neighbors. After experiencing some challenges with participation, the social committee has decided to schedule pot luck dinners at the club house at least three times per year. Check the EDHA calendar for dates and times.

We will also be reprising our most successful social event of the past year: the beer tasting. Eric Teitze, John Easterling and I will be brewing beer this spring for a St. Patrick's Day event. Again, check your EDHA calendar for the date.

Lake cleanups have started up again: First Saturday of January, February, March and April from 9-11am.

Finally, to the board and to the committee chairs, to everyone who helped clean the lake and the grounds, to everyone who put in a few hours at the garden, to everyone to distributed the Sunburst, to everyone that mowed the Paseo, and to everyone who kept their membership current, I want to thank you for everything that you do. We couldn't do it without you.

Sincerely,

Ezra

EDHA EXECUTIVE BOARD

President	Ezra Johnson	210-829-1660
Vice President	Felix Cox	903-262-9767
Secretary	Jennifer McRae	N/A
Treasurer	Shannon Grabill	N/A
Area I	Felix Cox	903-262-9767
Area II	Art Garza	210-452-0496
Area III	Shannon Grabill	N/A
Area IV	Joyce Streuding	210-480-2074
Area V	Nora Chavez	210-854-1552
Area VI	Sandra Carroll	210-725-8549

Ad Size	Monthly Rate	Value for 10 ads
Full Back Page	\$120	\$1,080 (Save \$120)
Full Page	\$100	\$900 (Save \$100)
Half Back Page	\$60	\$540 (Save \$60)
Half page	\$50	\$450 (Save \$50)
Quarter Page	\$25	\$225 (Save \$25)
Business Card	\$15	\$135 (Save \$15)

Mail you check (payable to EDHA) to : EDHA, Attention Sunburst, 12606 Prima Vista, S.A, TX 78233 and email your ready to print ad to edhasunburst@gmail.com. Some fonts are unavailable and may need to be changed. Payment and ad must both be received no later than the 15th of the month prior to the desired issue.

SUNBURST STAFF

Editor	Michael Navarro	336-430-7619 michael@navarros.us
Assistant Editor	Vacant	
Advertising	Vacant	
Distribution	Shirley Stephens	210- 654-4758
Staff Reporter	Vacant	
Staff Photographer	Vacant	
Email	EDHASUNBURST@gmail.com	

The Sunburst is published monthly (Sep-Jun) by the El Dorado Homes Association to provide communication to all homes in the subdivision. The staff are all volunteers and the paper supports itself through advertising.

Mailing address: 12606 Prima Vista 78233

edhasunburst@gmail.com

COMMITTEE CHAIRS

COP CHAIR	VACANT	
Clubhouse Chair	Evelyn Canion	210-296-9050
Code Compliance	VACANT	
Garden Chair	Zanel Pizarro	210-425-5840
Lake	Ezra Johnson	210-264-8860
Grounds	VACANT	
Membership	Lola Olsmith	210-657-0086
Pool	Kelly Adame Sandra Carroll	210-846-7777 210-725-8549
Signs	Margaret Timm	210-657-2329
Welcome Wagon	Alia Garrett	210-317-8691
Social Committee	Nora Chavez	210-854-1552

SAVE THE DATE

El Dorado Community Calendar

January

5th – Lake Cleanup

25th – Meet & Greet (open to everyone)

February

2nd – Lake Cleanup

March

2nd – Lake Cleanup

16th – St. Patrick's Day Pot Luck
(open to everyone)

April

6th – Lake Cleanup

13th – Easter Egg Hunt (Member's Only)

28th – Sunday Sundaes Membership Drive
(open to everyone)

May

June

14th – Night to Unite Pot Luck (open to everyone)

July

4th – Parade & Pool Party (open to everyone)

All Plumbing Repairs

- Faucet Installations.
- Leaks under sink.
- Water leaks in yard
- Clogged kitchen drains
- Licensed

For service call Jesse (210)462-6771

August

September

2nd – Member Appreciation BBQ

27th – Night to Unite Pot Luck (open to everyone)

October

1st – National Night Out w/El Dorado PTA
(open to everyone)

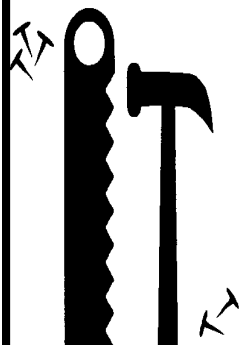
14th - Annual Meeting & Elections (Members only)

November

December

14th – Breakfast with Santa
(El Dorado & Valencia Members only)

15th – Christmas Light Judging (Members only)



Mr. Fix-It
A MEMBER OF THE EL DORADO COMMUNITY
Specializing in:

Home repairs
Carpentry
Drywall repair

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Decks and Fences
Door replacements

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Ask for John



Editor's Page

Wanted

Assistant Editor

An individual with a passing familiarity with a mouse and keyboard and access to Microsoft Office.

Duties include:

- Helping me get this paper out in time so we can focus on other things such as setting up a real website and payment portal.

- Clicking and dragging a mouse through Microsoft Publisher.

- Simple requests such as checking with the treasurer on ad fees.

Contact the Editor.

Wanted

Staff Reporter

Find us stories and content for the Sunburst.

Staff Photographer

Obtain pictures for the Sunburst.

Staff Ad Specialist

Handle the procurement of advertisements.

Compensation:

- You get your name on the fancy staff list and the knowledge that you have done your community a great service.

Contact the Editor.

What Is Normally Here?

Normally this is the page where you would find the local library calendar of events. I did not receive the normal summary this month of the events and the number of activities have grown to such a level that it is difficult for me to summarize them. There is always an updated schedule here:

<https://www.mysapl.org/Events-News/Events-Calendar>

You'll want to set the filter to only the Thousand Oaks location but this is the source for all the library events. In lieu of the full library schedule I am having to fill a page here for printing purposes. Please let me know your thoughts on this section. As the year picks up perhaps it will make a regular comeback. My contact information is on page 3.

My Apologies

I do want to take a moment to apologize for the off-schedule cadence the Sunburst has been on lately; normally it should be out near the 1st of the month. I have not had as much time for it as I would like.

That being said I promise to improve this, but I could always use your help! Please submit any content you may wish to have included in the Sunburst: articles, ads, photos and notices are all welcome! The sooner in the month you can get it to me the better. In the past I've tried to instate a 19th of the month deadline unsuccessfully. I will consider any content up till the 25th at this point

Know any good local businesses?

We all know a few, local shops and services that do what they do better than everyone else. Talk to them today about running an advertisement in the Sunburst! With an audience that extends the entirety of the El Dorado community there is no better way to promote local businesses. I'll work with anyone to build an advertisement that suits their needs. Advertisement information is on page 3.

Have Something To Say?

I had a thought to start doing a "Letters to the Editor" section. If you have any pressing concerns, news, opinions about anything please submit a letter and let's see if we can get this going. Letters expressing a political or religious opinion or bias will be discarded.

Final Thoughts

Have a prosperous and joyous New Year!

Living Mind-Body-Soul Strong

15 Ways to Live More Simply

NOVEMBER 10, 2018
BY TRACEY BLACK

Do you feel like even though your schedule is jam-packed you still have more things to do? We've become a culture that glorifies busyness. We rush between home and work, priding ourselves on our packed schedules. We're constantly tethered to our cell phones, always a text or Instagram post away. Our attention is pulled in a million different directions from the moment we wake until we close our eyes for the evening, and in all the hustle, it's easy to get overwhelmed and stressed out.

I used to think that doing more things meant I was more productive. But what I found was that my packed schedule and the constant busyness was leaving me overworked, cranky and stressed out.

When I started to embrace simplicity in my day-to-day routine I found that I finally had more time to do the things that I loved (like cooking and spending time with friends), enjoyed being with my family (no more cranky mom), and enjoyed the little moments (when my days used to be a blur).

Keep reading... I've got 15 ways you can live more simply.

1. Eliminate clutter.

To simplify your life, streamline the things you own. You don't have to go overboard and get rid of all your belongings. Start by simply getting rid of some stuff that doesn't serve any purpose. Clean up your desk or clear out your closet. If you plan to get rid of things that may serve someone else well, consider donating to a local charity.

2. Make something from scratch.

The simple act of creating something and putting it out into the world can be incredibly grounding and gratifying. Bake a cake. Knit a sweater. Draw a picture or write a song. Build a table.

3. Cut down your to-do list.

Instead of trying to tackle twenty items on your to-do list, focus on the top three things you need to finish today. You'll feel more accomplished in getting those things done rather than staring down a laundry list of to-do items that never seem to get done.

4. Stop multitasking.

Did you know that multitasking can actually lead to stress? Working on multiple things at once doesn't make you more efficient... rather it makes you feel more stressed that you're not getting things done. Stop multitasking and work on tasks one at a time. Do more creative tasks in the morning when you're most productive. Then work on more mundane tasks later in the day.

5. Turn off the television.

It may be tempting to collapse on the couch and spend your weekend binging on Netflix, but you should consider doing something a little more engaging. Find a simple activity that brings you pleasure.

Continued on next page

6. Limit social media.

Scrolling through your social feed for hours can be a big waste of time at best and downright toxic at worst. Feeling grateful for the things you have can be a challenge when you're focused on ads for a new tech gadget or your friends' perfectly styled photos. Instead, limit your time on social media and focus on the real connections. Comment and like on photos and posts for authentic and positive interaction rather than passively reading posts. If you crave that social connection, call a friend or schedule time for a meet up to connect in person.

7. Turn off notifications.

We all get those notifications of a new message or post on Facebook, Instagram and other social media. But those notifications can be distracting, so turn them off or prioritize them so only those you really want to see (like from your family or kids) are the ones you see. You can check the others later when you have the time.

8. Stop answering emails and calls throughout the day.

Just like social media, answering emails, texts and phone calls throughout the day can be distracting. So designate time in your day to respond to those emails and messages. This will allow you to stay focused on what you need to get done, and get them done without the interruptions. You may have a short list of people you will respond to – like your spouse, parents or kids. But everyone else can wait.

9. Be grateful for the simple things.

How often have you taken things for granted? The air you breathe, the rain, the sunset. Go enjoy those things and be thankful for them. Get outside and breathe in the fresh air. Spending time outside is a great way to enjoy the simple pleasures of life.

10. Spend time alone.

You've probably heard the saying, "You can't fill someone else's cup when your cup is empty." When you're constantly tending to the needs of others – kids, spouse, work, school – you'll feel drained. It's important for you to take time for yourself so that you can recharge.

11. Be present.

It's easy to run through your daily routine on autopilot... going through the motions while your mind is focused on other things. The next time you find yourself lost in thought about your next doctor appointment or tomorrow's dinner plans, try to quiet your brain and guide your focus back to the present moment.

12. Say no.

Practice the art of saying no. That could mean saying no to overcommitment, to always being available, to staying late for work, to all the after-school sports and activities. Think about whether you really want to do something before you say yes. Scale back so that you can say no for a better yes.

13. Take a day off.

With email, social media and technology, it's easy to stay plugged into work, school and commitments all day, everyday. Get unplugged once a week and enjoy time with your family or yourself. Do nothing. Stay in your PJs all day. Resist the urge to do things and just rest.

14. Simplify your wardrobe.

Consider a capsule wardrobe – a collection of timeless pieces that won't go out of style and can be worn for different occasions. Just simply pick and choose items that mix and match well for everyday wear.

15. Think before you shop.

In a day, you're likely to see a stream of ads from billboards to social media to magazines. While you don't have to say no to every purchase, you can cut back on your shopping habits. Think about whether you really want the item you want to buy. Put it on hold for a week and learn to practice delayed gratification. If you really want it, you'll get it. But if you don't want it, you'll be able to cut back on clutter and find more value in the things you already own.

It's up to us to continue to change the conversation and raise awareness that the choices we make each day can either contribute to—or help prevent illnesses.

www.facebook.com/groups/NutritionNews/

Posted by: Nora Chavez & Jennifer McRae



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EL DORADO SUBDIVISION AREA MAP

