



# Gulf Meadows Civic Club

Gulf Meadows is a Deed Restricted Neighborhood

Newsletter

P.O. Box 751023, Houston, TX 77275-1023

October 2018

**Gulf Meadows area, per city ordinance, prohibits parking on your yard.  
You can be fined.**

## Heavy Tree trash

Tree Trash only  
4<sup>th</sup> Monday

## Electronic trash

2<sup>nd</sup> Saturday each month

Ellington Airport last entry toward Clear Lake

## Weekly Trash Collection

Garbage collection.....Friday Mornings

Green bin Recycling.....every other .Friday Mornings  
November 2<sup>nd</sup>, 16<sup>th</sup> and 30<sup>th</sup>

Yard Trimmings..... Friday Mornings

In city logo bags. Small tree branches in tied bundles

### President

Robert Simmons, Jr.  
713-899-7437

### 1<sup>st</sup> Vice President

Lorenzo Williams  
713-991-0760

### 2<sup>nd</sup> Vice President

Mark Schultz  
713-991-3815

### Secretary

-----open position-----

### Treasurer

Daryle Schultz  
713-991-3815

### Directors

#### Deed Restrictions

Betty Earl  
713-991-2673

#### Flood Control

-----open position-----

### Hospitality

Lula Tippit  
713-991-1242

### Membership

-----open position-----

### --Telephone

Dorothy Vance  
713-991-2085

### Walter Jones Park

Steve Bonham  
713-991-7404

### Welcome

Deahann Grant  
713-987-0073

### Newsletter

LaTonya Carter  
832-533-0201

### At Large

### Dist. D Councilman

Dwight Boykins  
[districtd@houstontx.gov](mailto:districtd@houstontx.gov)

or

713-832-393-3001

### Storefront Police

Officer Harris  
832-394-1749

## General Membership Meeting

Tuesday, October 30, 2018, 7:30 p.m.

Covenant of Faith United Methodist  
Church

7900 Fuqua

## Guest Speakers

### Dr. Sergio Lira

HISD School Board Member

The Gulf Meadows Civic Club has invited HISD School Board Member. Dr. Sergio Lira, representing District #3. Dr. Lira will inform us of planning for our area school recently severely damaged by Hurricane Harvey and recently demolished. He too will address relevant issues pertaining to schools in our district #3 areas. We ask that all residents of Gulf Meadows with or without children in our schools attend this informative meeting. We look forward to seeing you there.

### Lorenzo Williams Sr,

1<sup>st</sup> Vice President

## President's Message

Our Gulf Meadows Club observance of National Night Out was held on October 2nd at the residence of Mrs. Dorothy Vance was well attended. I want to thank the Millender family, Tony, Marjorie, and their daughter Tanya (who took photos) for co-hosting the event. There was plenty of good tasting dishes enjoyed by Jerry and Olga Garcia, John and Lillian Kozal, Wesley and Janice Carter, Betty Earl, Ann Julian, Marie Garcia, Daryl Schultz, Claudia (I did not get her last name), HPD Officer T. Harris and her daughter. There were a few others who left before I could obtain their names. This is the way that National Night Out should be observed.

Everyone pitched in to make the evening enjoyable. I just wish that we could have had more of our residents participating. Maybe next year.

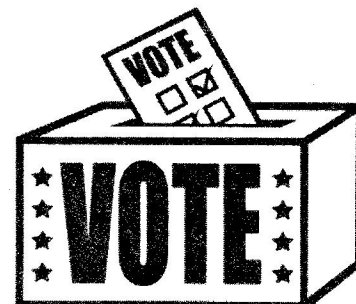
It has been thirteen and a half (13 ½) months since Tropical Storm Harvey hit us, but as I drive through the subdivision, I can't help but feel really great about how well our Gulf Meadows neighborhood is coming back to pre-Harvey appearance and vitality. Keep on pushing.

Kudos to those of you who attended, in sizable numbers, last month's general meeting with Harris County Judge Ed Emmett as our guest speaker. Judge Emmett spoke for an hour and was very informative about things that the county is projecting to do with the \$2.5 billion bond money. Thank you Judge Emmett.

On another note, I wish that our residents (NEIGHBORS) who ride motor cycles and drive pickups with extremely noisy mufflers would be a lot more considerate when going through the neighborhood especially during the early morning hours when there are many of us who are still sleeping.

Robert Simmons, Jr.

President



Don't forget to VOTE:  
Tuesday, November 6th

## Deed Restrictions

Many residents are simply ignoring our DEED RESTRICTIONS. We need to get with it and do what we need to do in our community. WE NEED TO CLEAN UP and GET RID OF THE BROKEN DOWN CARS IN OUR COMMUNITY!

REMEMBER: There are rules that you have to follow in all neighborhoods. This neighborhood wasn't like this when you moved here. SO, WHY ARE YOU STORING BROKEN DOWN VEHICLES ALL OVER OUR COMMUNITY? When others see someone storing broken down vehicles on their yard and/or driveway, they do the same. Before you know it, broken down cars are everywhere, and there goes the neighborhood.

All rules apply to HOMEOWNERS and RENTERS! You are expected to keep your property free of junk vehicles.

If you have junk vehicles, we ask that you take care of that issue immediately!

Betty Earl

Deed Restriction Chairman

## Winterizing Your Home

Winterizing your home is one of the best ways to get comfortable and save energy costs. It's not too late to get a few projects done before the holidays, so here's a short weekend list of to-dos to HELP you.

**Check the furnace.** Typically, a heating system has a heat/cooling source, distribution system, and thermostat, so there is plenty of room for error. Make sure that your system is properly inspected and cleaned and has fresh filters according to maintenance directions. Call a master certified plumber to look for potential dangers such as carbon monoxide leaks.

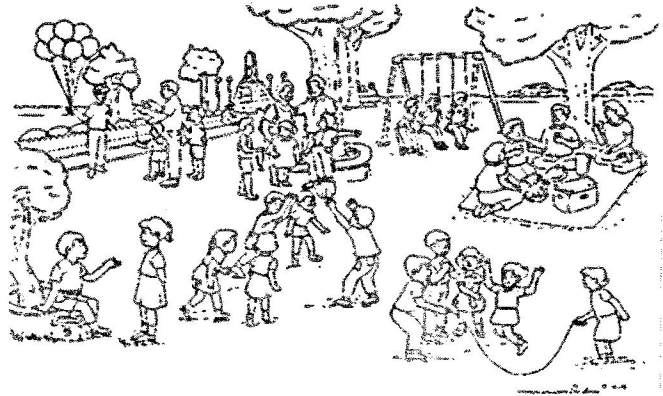
**Check detectors.** Since you'll be indoors more, it makes sense to also check smoke and carbon monoxide detectors. According to EPA.gov, smoke detectors with a UL rating have a useful life of 10 years so don't just push the button to see if it's working. Stick a real flame source, such as a candle or a match, to see if the detector can actually pick up on the smoke being emitted.

**Check insulation.** Energy leaks put a hole in your wallet, so do your best to identify and seal all leaks in your ceiling/attic and cracks in or around your windows and doors. A quick way to check if you have enough insulation is to go into your attic and look at your rafters-if you can see ceiling joists you can add some more insulation. Though this will be an expensive process, your heating costs will drop right away.

## Walter Jones Park

Report to any board member, the Park and Recreation or a Park Ranger; any activity that is a problem or any damage to the park area.

Park and Recreation.. Dept..832-395-7000  
Park Rangers...832-395-7100



## Remodeling Trend to Rise

According to the Federal Reserve, the primary residence accounts for about one-quarter of all assets held by households, ahead of other financial assets, business interests and retirement accounts.

It's important to protect the value of your home by keeping it repaired and updated. Not only does an update make a home more attractive, it should improve functionality, make it more comfortable, increase the enjoyment, and increase the value, upping the chances of a higher resale price.

If you're planning on making home improvements, you're in good company. Home improvement spending is expected to increase by seven percent over the next year, according to research by the Joint Center for Housing Studies of Harvard University. Homeowners will spend about \$350 billion on updates by mid-year 2019, confident that they're making a good investment, thanks to rising home values and a growing economy.

How are they spending their money? The National Association of Home Builders (NAHB) said in May 2018 that bathrooms have overtaken kitchens as the number one remodeling choice.

NAHB surveys of homeowners who recently remodeled their homes found that over four out of five remodeled baths (81%) while 78% remodeled kitchens. Nearly half of respondents replaced doors, remodeled whole homes or added a room to existing homes. Most homeowners start with smaller projects such as new front doors, green-friendly appliances, programmable thermostats, low-emissivity windows and new HVACs.

As home remodeling continues to be popular, you will likely to see increased benefits from your home improvements.

## **Treasurer's Report**

I really wish I could report better news, but we only added a total of 10 members during the entire summer this year. We did add an additional 9 members in September, which was a nice surprise and for which we are very grateful. These additions bring our total for the year to 201, which is well below the 325 members that we need to meet our budget and cover our annual expenses. As a comparison, at this same point last year we had 263 members, so the drop off this year is both dramatic and alarming. I hope to appeal to any of you that have not paid for this year to please do so, because your contribution will really help us get through the rest of this year. If you still plan to pay your dues and can help us get closer to our goal, please take a minute and send your dues today.

Thanks to each and every one of you that helped us reach this level by investing in your neighborhood. Our neighborhood has certainly been through the ringer since last year and we know that many of you are still suffering the effects of Harvey. But hopefully you are rebuilding your homes and planning to stay here in our wonderful community. If this is still your home, please help us to make this a better, safer place to live.

**Daryle Schultz**  
Treasurer

## **Hospitality**

We appreciate the help of fellow board members with the General meeting.

**Lula Tippet**  
713-991-1242

## **Citizens' Patrol**

September was a quiet month. I can't believe we are in the fourth quarter of the year already. Soon the holidays will be upon us. Be sure to use extra caution when driving on Halloween. We still have kids that trick or treat in our neighborhood.

It's never too late to get involved in patrolling. We have a very dedicated group but our numbers are small and we could be much more effective if we had more volunteers. Once again, if you would like to get involved and help keep your neighborhood safe, please give me a call.

Please report any incidents that you see to me via phone so that I can be aware and report on them to the neighborhood. Feel free to leave the information on our answering machine if we do not happen to be at home. We need all of our eyes and ears to keep our community safe.

**Mark Schultz**  
713-991-3815

## **Benefits of Puzzle Solving**

If you thought the advent of smartphones and tablets had made puzzles obsolete, think again! It's true that, nowadays, you're more likely to see kids playing video games than putting together traditional puzzles. But, adults are turning to puzzles more and more, both to unwind and to challenge their brains in a new way. Keep reading to find out the many benefits of puzzles.

### **Improved Memory**

Solving puzzles helps reinforce existing connections between our brain cells. It also increases the generation of new relationships. This, in turn, improves mental speed and thought processes.

### **Better Problem-Solving Skills**

Puzzles require us to take different approaches to try and solve a problem since there's a lot of trial and error involved. We also learn the value of formulating theories, testing hypotheses, and changing our perspectives when something doesn't work out according to plan.

### **More Education Opportunities**

You're never too old to challenge yourself by learning new words and phrases, and puzzles provide a fun way to accomplish that.

### **Increased IQ**

Puzzles provide improvements to our vocabulary, memory, and overall reasoning. So, it shouldn't come as a surprise that one of the other benefits of puzzles is that they help raise our IQ (intelligence quotient).

### **Delay Dementia and Alzheimer's**

Even if you don't care about raising your IQ, keeping your brain active with puzzles can help delay the symptoms of dementia and Alzheimer's disease. Keeping the mind active through puzzles and other problem-solving activities can reduce the amount of brain cell damage that occurs in Alzheimer's patients. It also supports the growth of new nerve cells and strengthens the connections between them.

### **Improved Mood**

Another one of the benefits of puzzles is that they increase our brains' production of dopamine.

Dopamine is a neurotransmitter that regulates mood and feelings of optimism. It also affects memory, concentration, and motivation.

Dopamine is released every time we successfully solve a puzzle — or even just get one piece in the right place. This encourages us to continue working on solving them and challenging ourselves.

Puzzles can be found online, in local newspapers, bookstores, occasionally in our newsletter and even through apps on your smart phone. Get a puzzle and start solving one today!

**Gulf Meadows Young at Heart** - The "Young at Heart" Senior Group meets the **2<sup>nd</sup> and 4<sup>th</sup> Wednesday** of the month at 10 a.m. at the Covenant of Faith United Methodist Church, 7900 Fuqua. Join us for fun and games on **November 14<sup>th</sup> and 28<sup>th</sup>**. We also take day trips, call **713-944-4474** for more information.

### Birthdays

#### November

Carlos Garza	11-04	Isiah Skinner	11-14	Darrell Frand	11-26
Shirlene Oliver	11-11	Linda Halliman	11-24	Rosa Williams	11-27

### Anniversaries

#### November

Charley & Betty Earl	11-04
Lee & Betty Brantly	11-09

### Neighborhood Recycling Centers

#### Electronic recycling

1. drop-off once a month
2. Drop-off site: Ellington Airport--5100 Sunbeam 713-738-1936 about 7 mi.  
Recycle unwanted **televisions, computers, monitors, printers, hard drives and other electronic devices**. There is NO COST to the resident to drop-off their electronics for recycling.
3. **When:** 2nd (second) Saturday of each month--June 8<sup>th</sup>
4. **Where:** Ellington Airport/Clear Lake Neighborhood Recycling Center [last traffic light on hwy. 3 left, on left behind chain link fence. Beware of the pot holes.
5. **Time:** 9:00 am till 3:00 pm.-- free

#### Glass, Paper, Cardboard

1. **When:** 7 days of the week
2. **Where:** Ellington Airport/Clear Lake Neighborhood Recycling Center [last traffic light on hwy. 3 left, on left behind chain link fence. (Same as Electronics)
3. **Time:** Always open -- free.

### Residential Trash Pickup

Odd number months **Tree Trash**

Even number months **Junk Trash**

Heavy Trash Schedule 4 <sup>th</sup> Monday			Horario de Basura Pesada 4 <sup>th</sup> el Lunes	
	Month	Collection	Mes	Recoleccion
1	January	Tree Waste	Enero	Desechos de Abol
2	February	Junk Waste	Febrero	Basura Pesada
3	March	Tree Waste	Marzo	Desechos de Abol
4	April	Junk Waste	Abril	Desechos de Abol
5	May	Tree Waste	Mayo	Basura Pesada
6	June	Junk Waste	Junio	Desechos de Abol
7	July	Tree Waste	Julio	Basura Pesada
8	August	Junk Waste	Agsto	Desechos de Abol
9	September	Tree Waste	Septiembre	Basura Pesada
10	October	Junk Waste	Octubre	Desechos de Abol
11	November	Tree Waste	Noviembre	Basura Pesada
**	December	Junk Waste	Diciembre	Desechos de Abol

\*\* Check holiday pickup.



## Gulf Meadow Civic Club Paid Members – October 15, 2018

0	Arendale St.	
3	Arrowhead Ln.	Diaz, Gonzalez, Williams
2	Ballantine St.	McGinty, Wright
2	Catalina Ln.	Gordy, Ly
9	Coastway Ln.	Bonham, Dawson, Glapion, Henderson, Holmes, McDowell, Reynolds, Ritcherson, Simmons
1	Fairgate Ln.	Drouet
1	Folkstone Ln.	Frاند
23	Garden Park Dr.	Abraham, Alvarez, Baldon, Burckardt, Cerros, Coleman, Dublin, Emmite, Fry, Fry, Guajardo, Jenkinson, Kliesing, Lawless, Nava, Penate, Perry, Sealey, Stanley, Turcios, Varner, Walker, Williams
4	Greenswarth Ln.	Carter, Carter, Riley, Zuniga
4	Gulf Dale Dr.	Copeland, Corolla, Ijeh, Wise
1	Gulf Meadows Dr.	Byer
15	Gulf Spring Ln.	Ayala, Banda, Bautista, Boone, Brillantes, Davis, Fahnert, Harper, Jacobs, Joubert, Martinez, Muzyka, Simmons, Trigueros, Witt
15	Gulf Tree Ln.	Bullock, Davis, Dewberry, Dixon, Dixon, Gipson, Hall, Langham, Lindley, Martin, Richter, Stevens, Wade, Wiggins, Wright
2	Gulf Valley St.	Wilson, Woods
18	Gulf Wood Ln.	Banda, Bonno, Chapman, Fontenot, Garcia, Garcia, Harrysingh, Jesmark LLC, Kozel, Landin, Montanez, Rall, Robinson, Rojas, Singleton, Thompson, Vance, Wiggins
13	Lettie St.	Bledsoe, Brown, Conner, Ginikanwa, Guitguit, Huerta, Jones, Martinez, Newsome, Rosales, Sin, Skinner, Villa
43	Misty Vale Ln.	Antoine, Aranda, Arellano, Arias, Avila, Calderon, Casey, Chaires, Collum, Esparza, Grant, Grooms, Guerrero, Halliman, Hendricks, Howell, Jeter, Kelley, Lane, Lavine, Lucas, McCauley, Miller, Mitchell, Moore, Morales, Morris, Noriega, Oliver, Pardue, Santos, D. Schultz, M. Schultz, Shuman, Sims, Taylor, Tisby, Trevino, Venable, Waddleton, Wallace, Watson, Young
7	Palm Shadows St.	Cantu, Gonzalez, Moreno, Saavedra, Samuel, Velez, Woodruff
6	Peekskill Ln.	Avilez, Brady, Bussey, Hall, Luckey, Tippit
6	Quiet Valley Ln.	Alaniz, Hamilton, Holloway, Miller, Pemberton, Rueda
4	Red Robin Ln.	Brantley, Brown, Croce, Norton
4	Saylynn Ln.	Collins, Perkins, Scotton, Vincent
12	Springtime Ln.	Adams, Alviar, Cardenas, Collins, Duplechain, Earl, Grijalva, Johnson, Lee, Ocampo, Prescott, Stevens
4	Wayfarer Ln.	Boyd, Falks, Sjogren, Tollefsbol
3	Wingtip Dr.	Garcia, Riley, Sherman
202	Total pd. members	

### Your Civic Club Needs You

**We encourage all residents of our community to join, to stay in touch with local and regional issues that improve our neighborhood. Yearly dues are \$40.00.**

**Please send this form and payment to: Gulf Meadows Civic Club, PO Box 751023, Houston, TX 77275-1023 or bring it in person to our next Civic Club meeting.**

**Name:-** \_\_\_\_\_ **Spouse's name:** \_\_\_\_\_

**Address:** \_\_\_\_\_, Houston, Texas 77075

**Home Phone:** \_\_\_\_\_ **Work or cell phone:** \_\_\_\_\_

**New Membership:** \_\_\_\_ **Membership renewal:** \_\_\_\_ **Own residence:** \_\_\_\_ **Rent:** \_\_\_\_

**I am interested in Citizens' Patrol:** \_\_\_\_ **Notary:** \_\_\_\_ **Volunteering:** \_\_\_\_