



EL DORADO HOMES ASSOCIATION

Look for us on the web at:
http://neighborhoodlink.com/El_Dorado



THE LEGENDARY LAND OF WEALTH AND HAPPINESS

September 2018

SUNBURST



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September Calendar

September 3rd: Labor Day

September 11th: Patriot Day

September 22nd: Fall Begins

September 22nd: Oktoberfest Start

PRESIDENT'S LETTER

By Ezra Johnson

Hello Neighbor,

The Sunburst is back from summer break and school has started. The fall season will soon be upon us. EDHA will be having its October General Meeting on October 8, 2018 at 7:00 PM. We will be holding elections for President, Treasurer, Area I Representative, Area II Representative, Area IV Representative and Area VI Representative. We will also consider changes to the association bylaws. Please join us.

On November 6th, we will be choosing our representation in the United States Congress and the State Legislature, and picking our district attorney and local judges. In addition, the ballot will contain three proposed changes to the San Antonio City Charter. Please be sure to exercise your right to vote, and when you do, please also consider voting “no” on all three of the proposed city charter amendments.

Proposition A will overturn almost any future city council vote if a petition gathers 20,000 signatures in 180 days and a majority of voters approves the petition in a city-wide election. This essentially makes City Council a dead letter and will shift funds now earmarked for streets, sidewalks, and city services over to banks and debt servicing. On top of that, each additional election will cost the city upwards of \$1,000,000 in fees to the Bexar County Elections Department – money that will have to be taken from some other city service. Our District 10 city council staff has been very responsive to every request for services made by EDHA in the past 18 months. Proposition A would endanger the effectiveness of that relationship in a multitude of ways.

Proposition B will make it much harder to attract top talent to our city staff. The \$150,000 per year that Proposition B potentially saves the city in future years will be dwarfed by additional administrative costs caused by the other amendments. Proposition C gives union bosses unilateral power to decide when to take the city to binding arbitration over a contract dispute, giving the firefighters’ union an unfair advantage when the city negotiates public contracts with taxpayer dollars. Many cities suffered complete financial collapse in the last recession when police and fire unions (and others) unduly leveraged their power over city leaders to negotiate one-sided contracts that depleted the public treasury. If Proposition C passes, San Antonio might suffer the same fate in the future.

If these three propositions pass, they will eventually cost the taxpayers more money than they would save. Propositions A, B, and C are penny wise and pound foolish, and I hope that fiscally responsible voters will prevail in this election. While the EDHA board cannot take an “official” position on these issues, I am asking as a personal favor that you please vote “no” on A, B and C. Our job as a neighborhood organization will be easier if you do.

Finally, if you have seen our beautifully refurbished clubhouse sign, that is all thanks to Eric Tietze. Our old sign was rotting away, and Eric took it upon himself to repair, paint and stencil the new letters. I can’t thank him enough for all of his hard work, and he did an outstanding job. We are always looking for great ideas to spruce up our common areas - and we are always grateful for a helping hand. Projects like installing a little free library across the school on the Paseo or repairing and repainting the benches on the lake are the kinds of ideas that we are excited to support if someone is willing to take them on.

Ezra

EDHA EXECUTIVE BOARD

President	Ezra Johnson	210-829-1660
Vice President	Felix Cox	903-262-9767
Secretary	Jennifer McRae	N/A
Treasurer	Shannon Grabill	N/A
Area I	Felix Cox	903-262-9767
Area II	Art Garza	210-452-0496
Area III	Shannon Grabill	N/A
Area IV	Joyce Streuding	210-480-2074
Area V	Nora Chavez	210-823-3396
Area VI	Sandra Carroll	210-725-8549

Ad Size	Monthly Rate	Value for 10 ads
Full Back Page	\$120	\$1,080 (Save \$120)
Full Page	\$100	\$900 (Save \$100)
Half Back Page	\$60	\$540 (Save \$60)
Half page	\$50	\$450 (Save \$50)
Quarter Page	\$25	\$225 (Save \$25)
Business Card	\$15	\$135 (Save \$15)

Mail you check (payable to EDHA) to : EDHA, Attention Sunburst, 12606 Prima Vista, S.A, TX 78233 and email your ready to print ad to edhasunburst@gmail.com. Some fonts are unavailable and may need to be changed. Payment and ad must both be received no later than the 15th of the month prior to the desired issue.

SUNBURST STAFF

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The Sunburst is published monthly (Sep-Jun) by the El Dorado Homes Association to provide communication to all homes in the subdivision. The staff are all volunteers and the paper supports itself through advertising.

Mailing address: 12606 Prima Vista 78233

edhasunburst@gmail.com

COMMITTEE CHAIRS

COP CHAIR	VACANT	
Clubhouse Chair	Evelyn Canion	210-296-9050
Code Compliance	VACANT	
Garden Chair	Zanel Pizarro	210-425-5840
Lake	Ezra Johnson	210-264-8860
Grounds	VACANT	
Membership	Lola Olsmith	210-657-0086
Pool	Kelly Adame Sandra Carroll	210-846-7777 210-725-8549
Signs	Margaret Timm	210-657-2329
Welcome Wagon	Alia Garrett	210-317-8691
Social Committee	Nora Chavez	210-823-3396

El Dorado Community Calendar

September

3rd – Member Appreciation BBQ

October

8th - Annual Meeting & Elections

TBA—Craft Beer Tasting Contest
(fundraiser)

27th – Haunted House (fundraiser)

November

10th – Chile Cook-off (fundraiser)

December

8th – Breakfast with Santa

15th – Christmas Light Judging (Members
only)



BINGO

Date to be Determined

El Dorado Clubhouse

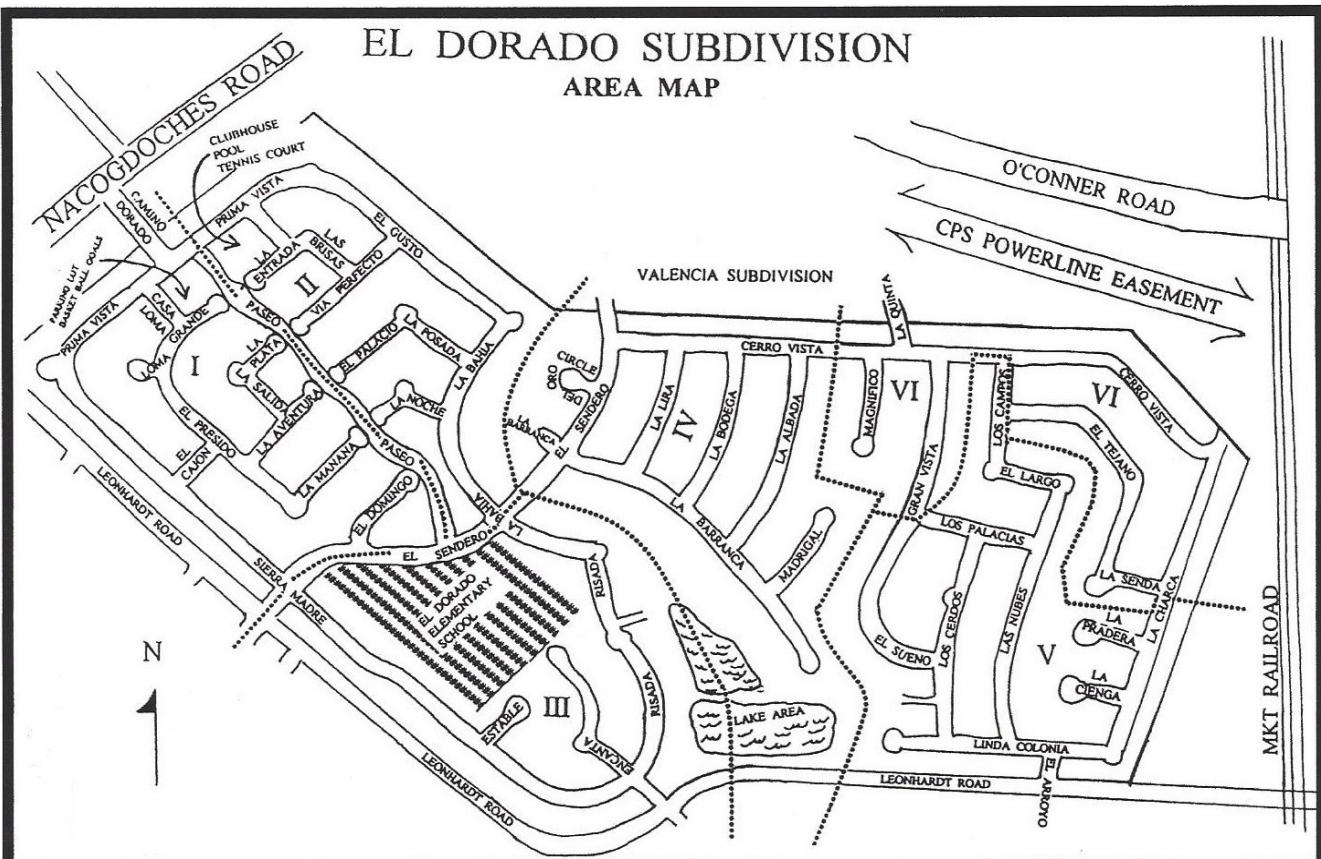
12505 Prima Vista

Cards \$2 each

Great prizes

Contact Nora at EldoSub@gmail.com with
any questions.

Please check Facebook and Nextdoor for
details.



HAUNTED LANE

OCTOBER 27, 2018

8 PM – 10 PM

EL DORADO PASEO

I AM LOOKING FOR HIGH SCHOOL AND OLDER
VOLUNTEERS TO BE CHARACTERS. PLEASE
CONTACT NORA AT ELDOSUB@GMAIL.COM OR

TEXT 210-854-1552

FOR MORE DETAILS CHECK FACEBOOK AND [NEXTDOOR](#)

NATIONAL NIGHT OUT 2018

October 2, 2018

We would like for you to hold a street gathering or an area gathering. Please send me the address of the event and I will do my best to get a city representative to visit with you and your neighbors.

National Night Out is designed to heighten crime and drug prevention awareness; generate support for, and participation in, local anticrime programs; strengthen neighborhood spirit and police-community partnerships; and send a message to criminals letting them know that neighborhoods are organized and fighting back.



POLICE • COMMUNITY PARTNERSHIPS

Living Mind-Body-Soul Strong

For Great Digestion, Balanced Hormones & Glowing Skin

Liz Moody Food Director
April 25, 2018 — 9:05 AM

Dr. Charles Passler is the man responsible for keeping supermodels like Bella Hadid, Adriana Lima, and Amber Valletta feeling nourished and energized and looking ready to hop in front of the camera at any moment. While he relies on a number of dietary protocols to treat various ailments, there's one oft-overlooked category of foods he always recommends to his clients with digestive issues, skin concerns, hormonal problems, and allergies: **bitter herbs**.

What do bitter foods actually do in your body?

According to Dr. Passler, bitter herbs and foods improve health in three main ways: "They activate bitter receptors on the tongue, which in turn activates cells in your stomach to normalize acid production for better digestion. When this happens, bile production and digestive enzyme production are improved as well. Proper bile production is essential for detoxifying the liver, excretion of heavy metals from your body, hormone balance, and bowel regularity. Digestive enzymes are essential for extracting and absorbing nutrients from your food. They can also help to reduce the number of unfriendly bacteria in your intestines. Finally, bitter foods also tend to be rich in antioxidants, which help to reduce inflammation."

He starts clients with bitter greens like endive, dandelion greens, broccoli raab, escarole, spinach, mustard greens, and kale. "Preparing them with extra-virgin olive oil and fresh garlic is a good option to improve the taste." Lemon juice works wonders to cut and balance the bitterness of greens, whether it's in soups, smoothies, or a quick sauté. Dr. Passler also recommends lemons, limes, grapefruits, pepper, ginger, turmeric, thyme, rosemary, bay leaves, and sage.

How much bitter food should a person consume daily for optimal results?

Dr. Passler recommends that a whopping 20 percent of a person's plate at each meal be bitter foods. The good news: If you can incorporate them regularly, you might experience the same benefits as his supermodel clients including:

- Improved skin quality
- Less digestive upset and fewer food sensitivities
- Bowel regularity
- Reduced symptoms of PMS
- Noticeably better sleep

Given that you likely have a number of these foods in your kitchen, it's worth playing around—adding some lime juice and zest to your morning smoothie; sipping on ginger tea; sautéing some broccoli raab with salt, fresh garlic, and olive oil until they're wilted and dark green, then squeezing some fresh lemon juice to brighten it at the end. Your body—and your palate—will thank you.

Liz Moody Food Director

Liz Moody is the senior food editor at mindbodygreen. She's contributed to Glamour, Women's Health, Food & Wine, goop, and many other publications and is the woman behind the...

Posted by: Nora Chavez & Jennifer McRae

4618 Thousand Oaks Dr.
207-9190

Hours of Operation
Mon. & Wed. 12-8p

Tue., Thurs.-Sun. 10a-6p

Thousand Oaks Branch Library

September 2018



Monday, September 3 Labor Day

All public libraries will be closed in observance of Labor Day.

Wednesdays, Sept 12, 19, 26, 4:00 pm – 5:00 pm

Wacky Wednesdays

Children are invited to participate in crafts, games and other fun activities in this after school program.

Wednesdays, Sept 5, 12, 19, 26, 5:00 pm – 7:00 pm

Teen Time

Join us Wednesday evenings for fun, friends, games, crafts, laughter, and more. Teens 13-18 years old only, please.

Thursdays, Sept 6, 13, 20, 27, 10:30 am – 11:15 am

Toddler Time

Toddlers actively participate in stories, music, and movement, enhancing their social, emotional and language development. Recommended for children 18 to 36 months.

Thursdays, Sept 6, 13, 20, 27, 11:15 am – 12:00 pm

Story Time

Preschoolers enjoy stories and songs that develop early literacy skills and foster curiosity. Recommended for three to five year olds.

Sunday, Sept 16, 3:00 pm – 4:00 pm

STEAM for Adults: Simple Circuits

Explore simple circuitry with easy projects and crafts.

Thursday, Sept 20, 2:00 pm – 3:00 pm

Thursday Book Group

Read and discuss the book *The Dry* by Jane Harper. Copies are available at the Reference Desk.

Please call the library for details on any of the listed programs and/or events.

EDHA Bylaws Committee Proposes Long-Needed Bylaws Amendments.

El Dorado Homes Association is a non-profit corporation registered with the Texas Secretary of State. The Association is empowered to act on issues affecting El Dorado, its common areas, zoning and planning matters, and operation of the pool and club house. These actions may be taken as outlined in the bylaws of the association. EDHA is proposing certain changes to the Association's bylaws to reflect internal conflicts created by prior changes and amendments and better account for present circumstances.

Under the current bylaws, El Dorado is divided into six geographic areas. The Board of Directors of EDHA consists of nine directors: one representative from each of the six areas, a President, a Treasurer and a Secretary. The Secretary and Treasurer are elected by all of the membership at large for two year terms. The area representatives from each area are elected to serve two-year terms. The odd numbered area representatives are elected in odd years. The even-numbered area representatives are elected in even years.

Before the bylaws were amended in 2007, the Secretary and Treasurer used to be chosen from among the area representatives and were elected by the board for one-year terms. After the 2007 amendment, the Secretary and Treasurer were made additional members of the board to be elected by the membership at large for two-year terms. The bylaws are silent as to which years the Secretary and Treasurer are supposed to be elected. The duties of the Secretary and Treasurer outlined in another section of the bylaws still limit the term of office to one year rather than two. These inconsistencies need to be fixed.

The current version of the bylaws requires the President to be a current board member elevated by a vote of the rest of the board (not the membership), to serve a one-year term. When there is a vacancy for the office of President due to a resignation, the bylaws are currently silent about who is eligible to be President if no member of the board wishes to serve in that office. This has become a problem in recent years.

In order to address these problems, the Bylaws Committee of EDHA is proposing to create consistency by amending the bylaws to make all officers and directors serve one-year terms. In addition, the President will no longer be elected from the board by the board, but shall become another at-large position to be elected by the membership each October. This will make it easier for the board to fill a vacancy in the event no board member wishes to serve as President, and will reflect a preference for additional input by the membership as to who represents them to the public and public entities. These amendments to the bylaws, together with some renumbering and reformatting of the existing document, will be presented to and voted on by the membership at the EDHA Annual Meeting on October 8, 2018 at 7:00pm. The board asks that you attend this meeting to address any questions or concerns you might have about the proposed amendments. You are also asked to contact your area representative for further details. There is a map of El Dorado in this edition of the Sunburst showing the area boundaries if you are not sure which area your house is located.