



Cascade Highlands Herald

www.neighborhoodlink.com/vancouver/cascadehighlands

June/July 2015

A little time, a little effort, makes for a better neighborhood!

Upcoming CHNA Events

July 20: 2015 Dessert Meeting, 7:00 p.m. Homestead Park

- Vancouver Chief of Police James McElvain
- Road Maintenance and Construction in Vancouver - CHNA liaison Natasha Ramras
- Separating Fact from Myth in the Garden – Erika Johnson
- N.T.S.A. Report - Dan West
- Election of CHNA Officers
- Garage Sale Signups
- Cleanup Volunteer Shifts
- Celebrating our 15th Birthday

July 25: CHNA Cleanup, 8 - noon, Mtn. View H.S. parking lot

July 31, August 1 and 2: CHNA Neighborhood Garage Sale

August 4: National Night Out. National Night Out is an annual attempt at fostering neighborly camaraderie. If you register your get-together with the police they'll come visit during the evening.



Thank you to all of our dedicated newsletter distributors - you help make Cascade Highlands a great place to live! Thank you to *Jackie Andrewjeski, David Bilby, Judy and Dick Bird, Gary and Peggy Bowman, Dave Bush, Rosenna and Ken Cheng, Mark Crawford, Cecil Davies, Marion Dittman, Son Do, Julie Dunn, Terri*

Fraser, Doug Gaub, Debra and Ranielle Gray, Sandy Hadenfield, William Hauser, Jim and Shareefah Hoover, Ann Horstman, Annette Idler, Brenda Jensen, Mark Johnson, Jean Kent, Pearl Liang, Elise Miller, Doug Mineau, Holly Orr, Pat Poe, Barbara Scherr, Steve Schmidtkofer, Mike Stroy, Mari Vedeu and Sharon Wilton for helping with the newsletter.

C.H.N.A. LEADERSHIP

Chair

Jean Kent 896-7291
jeaken@pacifier.com

Vice-Chair

Gary Bohman 254-2009
pegarma@aol.com

Treasurer

Son Do 891-0923
Son-do@hotmail.com

Secretary

Mark Johnson 260-9140

City Liaison

Natasha Ramras 487-8484
Natasha.Ramras@cityofvancouver.us

Newsletter Editor

Mark Johnson 260-9140

Newsletter Distributor

Erika Johnson 260-9140

Website Coordinator

Dan West
dan@westofnorthwest.org

Neighborhood Police Officer

Corporal Jim Burgara
487-7540
772-2567 (cell)
Jim.Burgara@cityofvancouver.us



Fireworks: What You Need to Know

Inside Vancouver city limits (which Cascade Highlands is), setting off fireworks is only legal

from 9:00 a.m. until midnight on **July 4**.

Individuals who use fireworks on any other day may be subject to fines beginning at \$250. Fines for use of illegal fireworks begin at \$500.

Additionally, the Vancouver Fire Department is stressing fireworks safety more than ever this year due to the hot, dry weather we've had recently.

So, please be mindful of your neighbors (and pets) and have a happy and safe holiday!

CHNA Elections

At the **July 20** meeting (see front page for more details), we will be holding elections for CHNA officers - positions are: chair, vice chair, secretary/newsletter editor, treasurer, newsletter distributor, and website coordinator. Terms are for two years. The current board is willing to serve for another term and no one has contacted the board about running for office.



CHNA Cleanup Information

Our **annual neighborhood cleanup**, sponsored by the City of Vancouver and Waste Connections (our garbage and yard waste hauler), will be **Saturday, July 25**, from **8:00 a.m.** until **12:00 p.m.** at the **Mountain View H.S. north parking lot** (1500 SE Blairmont).

Items accepted at the cleanup include:

- 1) yard waste (the chipper/shredder will be present) - large yard debris, clippings, leaves, branches, bushes, small stumps, grass clippings, etc. NO plastic bags, rocks, or inorganic items, please.
- 2) junk - kitchen sink, play sets, broken patio furniture, rotten fencing, deck boards, plumbing items, filthy sofas, mattresses, etc.
- 3) "dead" lawn mowers, rototillers, etc. (to be recycled by Gary)
- 4) bicycles for the Community Cycling Center (please bring a \$5.00 donation for each bicycle)
- 5) other recyclables - metal, computers, TV's, cardboard, electronic items. We are

segregating these items for recycling. The Goodwill truck will have large cardboard boxes (called melons) in which recyclable items will be sorted.

Items NOT accepted:

- 1) liquids of any kind
- 2) hazardous waste (paint, aerosol cans, automotive fluids, oil filters, cleaners, polishes, fluorescent light bulbs, fuel-propane tanks, household batteries, lawn or garden chemicals, mercury thermometers, sharps, or any container with the words *poison*, *corrosive*, *combustible*, *caustic*, *volatile*, *flammable*, *danger*, *caution*, or *warning* written on it).
- 3) air conditioners, refrigerators/freezers, or dirt
- 4) tires
- 5) concrete (or fence posts WITH concrete)

The **dumpster and chipper coupons** attached to this newsletter will be required for each type of load. Please sign and address any coupon you're going to use before you arrive at our welcome area. If you need more than one of either coupon, perhaps you could talk with your neighbor and use his/hers (we like promoting neighborliness). That said, if you're transporting items in a small car, we can make allowances for you to make multiple trips on one coupon.

We will also be collecting canned goods, paper products, and personal hygiene items to donate to F.I.S.H. of Orchards, so please plan to bring those items as well.

We will accept donations of money to be deposited in our account or to be donated to F.I.S.H.

We need volunteers to work 2+hour shifts at the cleanup (shifts are 7:50-10, 10-cleanup about 12:20). Jobs are: greeters, unloaders, yard-debris monitors, and recyclers. Please call 896-7291 (or email jeaken@pacifier.com) to sign up. We also need two (2) pickups for the bicycles.

If you need assistance getting your items to the dumpster/shredder on cleanup day please call in advance of cleanup day to arrange for help. (896-7291 msg.)

*** * DUMPSTER COUPON * ***

Cascade Highlands Neighborhood Association Cleanup

Good for drop-off of bulky items. No hazardous waste nor concrete, please.

Mountain View H. S. Parking Lot (1500 SE Blairmont)

VALID: Saturday, July 25, 2015

8:00 a.m. to 12:00 p.m. only

You must live between SE Blairmont/Parkcrest and SE 164th Aves.,
and McGillivray and Mill Plain, please.

*My signature releases all CHNA volunteers from any damage that may occur as a result of the
neighborhood cleanup.*

signature

street address

Please bring these/this **coupon(s)** and some **canned**, non-perishable **goods**, household cleaning, or **personal care
products to donate**. Thank you!

ONE COUPON PER LOAD - NO LIQUIDS of any kind.

*** * CHIPPER COUPON * ***

Cascade Highlands Neighborhood Association Cleanup

Good for drop-off of large yard debris, clippings, leaves. No plastic bags nor wood, in the chipper,
please.

Mountain View H. S. Parking Lot (1500 SE Blairmont)

VALID: Saturday, July 25, 2015

8:00 a.m. to 12:00 p.m. only

You must live between SE Blairmont/Parkcrest and SE 164th Aves.,
and McGillivray and Mill Plain, please.

*My signature releases all CHNA volunteers from any damage that may occur as a result of the
neighborhood cleanup.*

signature

street address

Save METAL for the cleanup

We raised \$176.00 for the neighborhood account last year by recycling the metal dumped off at our cleanup. Please consider setting aside your 'tin' cans, fixtures, scraps, bent screws, stripped or headless bolts, unusable socket parts, rusty tools, etc. for our neighborhood association cleanup in July.

Objects NOT Accepted at our Cleanup and Where you CAN Discard Them

Concrete - Cemex, H&H Wood Recyclers, City Bark

Asphalt Roofing - H&H Wood recyclers, West Van Material Recovery Center
Central Transfer and Recycling

Cooking oil - Central Transfer and Recycling Center, West Van Materials Recovery Center

Fluorescent Lights - Central Transfer and Recycling Center, West Van Materials Recovery

Household Hazardous Waste - Central Transfer and Recycling Center, West Van Materials Recovery (HHW is aerosol cans filled with chemicals, automotive fluids, oil filters, cleaners, polishes, fluorescent light bulbs, fuel/propane tanks, household batteries, lawn and garden chemicals, paints, solvents)
Major Appliances - Appliance Recyclers, Brush Prairie Appliances, Central Transfer and Recycling Center, West Van Materials Recovery, Clark Public Utilities (frig or freezer only), Five Corners Appliances, JACO Environmental, Pacific Coast Shredding, Waste Connections (892-5370 - one per year free, charge for additional appliance(s))



This is a CHNA Garage Sale Year

Here's how the neighborhood garage sale works. There is a **signup sheet** attached to this newsletter. Fill out that

signup sheet and get it and \$6.00 to Jean Kent by the cut off date. Your location and sale-categories will be put on the map, copies of which are given to all participants to distribute out to those who come to the sale. The sale is Friday, Saturday and Sunday. You may participate one, two, or all three days. The N.A. takes care of the signage on the major streets and for ads in the *Columbian* and on Craig's List. You are responsible for signage to your

specific location. Your map number, envelope, and optional evaluation form are collected after the sale for use in the next event (which will be summer of 2017). This year we are avoiding the date-conflict with a neighborhood sale held by Fairway/164th N.A. If anyone is interested in taking on the organization of this sale, please contact chair Jean Kent.

CHNA Fiscal Report by Treasurer Son Do

Fiscal activity since Sept., 2014. Initial balance: \$4,033.97. Check written to Parks Foundation for \$3,500.00 in December 2014 for park fitness equipment 'match.' Donation of \$30.00 received/deposited December, 2014.

PLUS \$120.00 for participating in the Recyclingest Neighborhood Program - attending training and publishing an article on recycling. 4/4/2015. Closing balance \$683.97.

What's Next, Vancouver?

The Vancouver City Council is inviting everyone who lives, works or plays in the city to fill out a short survey as a part of a community-wide visioning process. The results of the visioning process will be used to develop the City's new strategic plan. The survey can be filled out online at www.cityofvancouver.us/whatsnext.

Those without access to a computer can pick up a copy of the survey at the following locations and mail the survey back to the City: City Hall (415 W. 6th St.), Firstenburg Community Center (700 NE 136th Ave.), Marshall/Luepke Community Center (1009 E. McLoughlin Blvd.), Vancouver Tennis Center (5300 E. 18th St.), and the Water Resources Education Center (4600 SE Columbia Way).

The survey is the first of several opportunities for the public to participate in the development of the City's new strategic plan. The strategic plan will define what kind of city we want to be, what we want for our future, what the most pressing issues and challenges will be in the next 5-10 years, and what the City's priorities should be. The strategic plan is expected to be finalized in early 2016.

To learn more and sign up to receive email updates and invitations, or to provide input, visit www.cityofvancouver.us/strategicplan.

CHNA GARAGE SALE SIGNUP SHEET

(Sale is July 31, Aug. 1, Aug. 2, 2015, 9:00 a.m. to 3:00 p.m.)

You may participate in one, two, or all three days. Please note that below.

Print name _____

Address _____

Email address _____

Phone _____

Please check one: All 3 days __, Fri. only __, Sat. only __, Fri. & Sat. __, Sat. & Sun. __

Optional: select categories (max of 5, separate each by a comma) _____

Categories: **A** appliances; **B/C** babies, children; **B** books; **C** clothing (adult);
C/A camping; **D** dishware; **E** electronics; **F** furniture/antiques; **G** general;
H holiday; **J** jewelry; **K** kitchen; **L** linens/towels; **M** miscellaneous; **M/C** motorcycle;
P plants; **S** sports; **T** toys; **T/L** tools; **W** wedding.

The cost for participating in the sale is **\$6.00**.

_____ Check for \$6.00 enclosed (made out to *Cascade Highlands N.A.*, or *CHNA*)

_____ \$6.00 in cash enclosed

Please fill out this signup sheet and mail or bring it, along with your \$6.00 to: 14902 SE Greenpark Cir., 98683. You will be put on the map if your registration is received by the deadline.

Registration Deadline: 9:00 p.m. Sunday, July 26, 2015

You are responsible for signs directing people to your particular location. The N.A. will put up signs at the 9 major intersections on McGillivray, Mill Plain, Village Loop, 164th, and 160th Ave. Each participant will be given maps of participating houses to give to garage-sale goers. Any signs you put up should be stand-alone signs, not attached to city-owned poles such as stop signs, street signs, light poles, etc.

Any comments? _____

Thank You!



Recyclingest Neighborhood Training Information: Part 1

We learned some gems from attending the R.N. Training in late March. We perused notes from previous trainings and present the new and old learnings to you here:

1. Flat things (like plastic 'Tupperware-type' lids) go in the garbage can (to the sorting machine, 'flat things' look like paper so they get sorted into the paper area, contaminating the paper).
2. If it's smaller than your fist, put it in the garbage can, not the recycle cart.
3. If the lid on your garbage or yard debris roll cart is closed or at any angle flatter than 45° you are good to go. If the lid of your yard debris or garbage roll cart is 45° or 'higher' because the contents cannot be contained inside of the cart, you will be charged an additional amount. [Assessing an additional charge for > 45° lid does not apply to the recycling roll cart.]
4. Soil does not belong in any of the carts – no soil in yard debris, garbage, or recycling.
5. Do not put lumber into your yard debris cart (it's not accepted).
6. Putting plastic bags in the recycle cart costs you money because about every two hours, every work day, the sorting machine has to be stopped to remove the plastic bags which have become entangled the sorting mechanism (and those plastic bags cannot then be recycled because they get dirty). Please instead recycle plastic bags at Fredgies, WinCo, New Seasons or any other grocery store which accepts clean plastic bags and plastic film. Bubble wrap and film plastic can also be recycled at those grocery stores.
7. Water (moisture), air (oxygen) and sunlight are the enemies of a quality landfill. Surprisingly, the goal is to achieve zero decomposition. Garbage is piled into 'cells' which are packaged in highly-advanced plastic 'fabric' liners which resemble a sheet of dark rolled-out milk jugs. The garbage does produce methane gas which, if captured, can be used to make electricity (and if not captured, contributes to climate change).
8. What is best, of course, is to not produce garbage or recyclables in the first place. The Three "R's" stand for *reduce* (the most important), *reuse*, and *recycle*.

Tick this Survey Off Your List

A new online survey asks Washington's dog owners about their run-ins with ticks. The survey aims to help the state Department of Health learn more about Washington ticks and the diseases they spread. Dog owners are asked to go online and fill out a short, anonymous survey, and to send the agency any ticks they find during tick season.

Ticks are typically considered a nuisance pest in the Pacific Northwest, but occasionally they transmit diseases to dogs and people here. Because companion animals like cats and dogs can get some of the same diseases as humans, the Public Health Department tracks animal diseases. By doing this, disease investigators gather information about potential disease risks to humans.

The survey and tick submission requests are part of a multi-year project the Department of Health is doing to better understand tick-borne disease risks in our state. Directions on how to submit ticks and information about ticks and tick-borne diseases in Washington can be found online.

The Department of Health website (www.doh.wa.gov) is your source for a healthy dose of information. A news release about the survey is available at: <http://www.doh.wa.gov/Newsroom/2015NewsReleases/13036NewOnlineTickSurvey>.

The survey will run through October 31, 2015. We plan to post survey results on the agency's tick website at <http://www.doh.wa.gov/Ticks>.

What Goes in the Street Goes into the River

The Columbia River, that is. So if you're washing your vehicle, please dispose of the wash water down the toilet or sink, not in the street. If you're fertilizing or weed killing your lawn, please take care to not broadcast pellets into the street. If your vehicle drips oil, please park over cardboard or some other item you can pick up before it rains. Thanks!



Trouble with Allergies?

The *Columbian* had an article about which allergy sufferers might be interested. It was printed in the May 8th, edition. Three days each week (M, T, & W) the Vancouver Clinic's Salmon

Creek office is now counting pollen grains suspended in the air. The size, shape, number and type of allergens are counted. To access this information you can log onto aaaai.org/nab and sign up to receive alerts regarding this data from the Clinic's pollen station.

At the website, Click "Access/signup for my NAB" link on the right side of the page. Create a free account, then select the "Vancouver, WA" station.

Maintenance of Periphery Around Homestead Acres

Have you noticed that many of the landscaped areas around the Homestead Acres fence line (160th Ave., Village Loop, 164th, 15th St.) have been trimmed, pruned, and cleaned up? About one half of H.A. residents have donated about \$60.00 each to a special fund to be used for maintenance purposes. Donations are accepted at any time but are appreciated on a yearly basis. J&M Land Maintenance has been hired to do the work. Once the landscape upkeep is under control, work will begin on upgrading the deteriorating three HOMESTEAD ACRES signs which are dropping tiles and showing signs of needed maintenance. Congratulations to Mark Crawford and Jay Altenhofen in particular for managing these projects, and to the donating residents of H.A. who are willing and able to contribute to the maintenance and upkeep of their, and the neighborhood's, common living areas.

CHNA Awarded Parkcrest Curb-Ramp Grant

Some projects take a long time, but the goal of having the multiple components for traffic safety on one of two main streets within the CHNA boundaries (Parkcrest) is nearly completed. First it was getting streetlights installed, then traffic calming (in two separate phases), tree plantings (mature trees slow traffic), and lastly ADA ramps - working from north to south at Sunpark, and at Stevenson.

The grant we were just awarded is for completing the ADA ramps at Meadowpark, at Greenpark and at McGillivray. Thank you City of Vancouver, for your consideration and support for keeping pedestrians safe and traffic more calm.

Problems with Mail or Package Delivery?

If you experience repeated problems with mail delivery - receiving other people's mail or your mail being delivered to someone else - do file a complaint but don't talk to the window clerk at the post office. Speak to a supervisor or manager, or call the postal service's customer care line at 800-ASK-USPS (800-275-8777). Or call the Portland district's postal Consumer Affairs Office at 503-294-2536.

Customer's complaints which are received at those phone numbers are entered into a queue, and the postmasters or the managers have three days in which to respond.

If an expected package is not delivered, contact the post office quickly. 'Lost' packages can end up in a national mail recovery center in Atlanta and are auctioned off if unclaimed - after 30 days if they don't have a barcode and - after 60 days if they do.

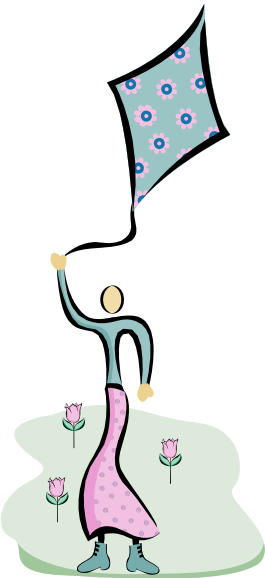
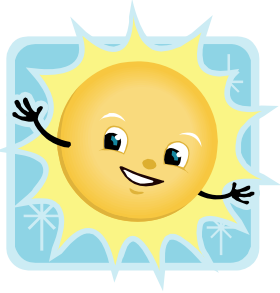
Block Foam Recycling Program Discontinued

In mid-May, Far West Recycling stopped accepting block foam. They were the only recycling facility in the Portland Vancouver area that accepted it. As a result, Empower Up, 3206 NE 52nd St., is no longer accepting block foam. City and County staff will continue to look for options. However, until further notice, residents should put block foam in their garbage. The packer-trucks will 'accept' block foam at the cleanup.

Packing peanuts can still be taken to many local shipping services for reuse. See www.RecyclingA-Z.com for a list of businesses that accept them.

NEXTDOOR.COM website

CHNA is participating in the Next Door website and we enthusiastically urge you to consider joining. [Homestead Acres has its own and separate account.] Next Door now allows you to select whether or not you can see posts by nearby neighborhood members. Go to: cascadehighlands.nextdoor.com/join/ to sign up.



CHNA wishes you
a great summer!

The City of Vancouver supports the Neighborhood Associations in their effort to share vital information with residents to create a more informed public. However, the information provided and the opinions and views expressed in Neighborhood Association newsletters or other documents, do not necessarily represent the position of the City of Vancouver, nor does the City determine whether the information published is accurate or appropriate.

Printed by the City of Vancouver Office of Neighborhoods

Columbia Tech Center Sunday Sounds Concert Series

Columbia Tech Center Park -
Sequoia Drive
Sundays, 1 - 3 p.m.

July 26 [Patrick Lamb Band](#)

August 2 [Johnny Limbo & The Lugnuts](#)

August 9 [Curtis Salgado](#)

