

Columbine West Civic Association

Newsletter °





Newsletter Delivery

The newsletter remains the most important way of notifying neighbors about community events. Delivering is very easy. Maybe you have thought about trying to deliver a route but didn't want to totally commit, consider trying a substitution route. Our Newsletter Coordinator will give you a call and you pick up the newsletters at the beginning of the month. Please give some thought to helping as a substitute or taking on your own route. Contact Don via 303-973-2678 (Don Mullins, Newsletter Coordinator) or email CWCAtalk@gmail. com if interested in becoming a newsletter carrier.

CWCA Calendar of Events

March: CWCA Membership Drive begins Please join CWCA

March 14th: CWCA Monthly Mtg Dutch Creek Elementary, 7:00p

March 24th: Easter Egg Hunt, 11am Columbine West Pool Pavilion Park

April 11th: CWCA Monthly Mtg Dutch Creek Elementary, 7:00p

May - Sept: Yard of the Month

May 4th & 5th: Community Garage Sale Open garages to make sales

May 9th: CWCA Monthly Mtg

Dutch Creek Elementary, 7:00p (Board/Officer Elections)

TBD: Garden Day

Clean up entrance gardens

June 13th: CWCA Monthly Mtg Columbine West Pool Pavilion

June 16th: Dumpster Day Event Church For all Nations Parking Lot

CWCA Meeting Dates

Mar. 14th, Apr 11th, May 9th, Jun. 13th 7:00 p.m. at Dutch Creek Elem **March 2018**

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Our Mission: "Promote neighborhood beautification and harmony through covenant enforcement, community based services, and social activities."

The Great Egg Hunt, March 24th

He's our favorite kind of rabbit. He hops around all over the place hiding eggs made of chocolate or jelly beans and all sorts of wonderful goodies for us to find. Sometimes it can be a little difficult but he knows that if we really want it then we'll keep looking and it's well worth the reward at the end. We're sure he came from humble beginnings of being just another little field rabbit who decided that he had much bigger plans. So he set off to become a star! Now we introduce to you the only bunny who's taken an entire holiday by storm.

Mark your calendars for the Columbine West Easter Egg Hunt, Saturday, March 24th starting at 11am. The eggs will be hidden at the Columbine West pool park area. We will have a small area marked off for those little ones from 0 to under 2 years of age. The older children will have larger areas available for their hunting. The committee is stuffing eggs will lots of different items including candy, coins and tickets. The tickets will give the children an opportunity to select a prize from age appropriate tables of goodies. The Easter Bunny will also be available for those who wish to have their photo taken with him. The CWCA encourages families to join the

festivities and gather together as one community. Let us be hopeful that our weather will cooperate and not force us to an inside venue. Please join in the fun.

Save the Date for Dumpster Day

The date has been set for Saturday, June 16. All of the vendors which include trash trucks, metal recycling dumpster & electronic recycling (some electronics will have a fee associated with them, payable to the vendor). This year there will NOT be document shredding. Some items not accepted are: mattresses, tires, cement, paint, hazardous materials and batteries. If you would like to volunteer some time helping with the event please contact CWCAtalk@gmail.com.

March Madness Membership Drive

February is merely as long as is needed to pass the time until March.

~J.R. Stockton

Very soon neighbors will be receiving their annual membership postcard. Very soon neighbors will see the brand new membership banners installed at entrances to Columbine West. Very soon there will be a raffle drawing for those who have already turned in their membership renewals and these neighbors could be winners of gift cards to local businesses. Those paying from Dec 1, 2017 through February 28, 2018 are included in the first drawing of (2) winners. While those paying during the official membership drive, March 1st -31st, will be entered into the second drawing of

continued on page 2

A Moment With The Board

The February 14th monthly meeting was held at Dutch Creek Elementary, most of the Board/Officers were in attendance even though it was Valentine's Day. One resident was in attendance to get some clarification on a covenant 'friendly letter'. The neighbor shared a few comments such as "I never received/ signed any covenants when I purchased my house" and "if I do not pay dues I am not a member and can't be in violation". Our Covenant Control Liaison spent some time explaining the process of violation notices and how the Title Co is responsible to give you a copy of covenants at closing. It is important to remember that any homeowner/renter in Columbine West is governed by the covenants. If you need a copy you can contact CWCAtalk@gmail.com. The agenda included items for review and those in attendance shared their updates. The Easter Egg Hunt is scheduled for the weekend before Easter, March 24th. Looking forward to having the event at the park by the Columbine West pool, but if the weather doesn't cooperate we have an inside venue secured. We will post signs at the park on the day of the event if we are moving inside.

In May we will again offer CWCA neighbors the opportunity to rid your garages of treasures when the Community Garage Sale advertises. We are also planning and securing the vendors that will be available for Dumpster Day, June 16th. Look for Free Swim Nights, Yard of the Month, Garden Days & National Night Out too. All of these events are funded by the financial commitment of Columbine West neighbors who become paid members.

Paid Members are voting members for annual elections in May. Paid Members can also participate at Dumpster Day without any additional entrance fee. (Electronic recycling may have some additional fee). Thank you all for your continued investment into the Columbine West Community. If you have questions or any suggestion of ideas feel free to email CWCAtalk@gmail.com. Look forward to hearing from the community. Residents are encouraged to attend any monthly meeting the next one is March 14th at 7:00 p.m., Dutch Creek Elementary School, second Wednesday of the Month.

Membership Drive, continued from front page

(4) winners. If you don't receive a postcard for some reason you can clip & mail in the membership coupon form found inside any monthly newsletter with your check or you can pay through paypal. Membership dollars are used to support all the activities that are brought to Columbine West. We thank and appreciate members for your continued support of CWCA and encourage all homeowners/renters in Columbine West to become members. The 2018 annual memberships are valid from January 1st thru December 31st.

Columbine West Civic Association

303-904-8218

neighborhoodlink.com/Columbine_West Officers

President, Gary McCombs; Vice President, John Basila Treasurer, Stacy Hall; Secretary, Kelly Fiedler Board Members: K. Waite, K. Sweet, S. Stevens, B. Beers & D. Romero, T. Cooper

COHOPE Delegate: Floating Board Member Newsletter Delivery Coordinators: 303-904-8218 Newsletter Editor: Natasha McCombs, ncmccombs@yahoo.com

> Website Coordinator: Gary Mc Combs Membership Chair: Brandy Velasquez Newsletter Ad Manager: Colorado Lasertype

Schools

Dutch Creek Elementary
Ken Caryl Middle School
Columbine High School

7304 W. Roxbury Pl.
6509 W. Ken Caryl Ave.
6201 S. Pierce St.

The newsletter is published monthly. Deadline for news is the 13th and ads is the 15th of each month for the next month's issue except the Jan. issue which is Dec. 6th. All articles must be approved by the editor for publication, or as space permits. To submit an article, please call a board member or e-mail the editor. All "Letters to the Editor" must be signed and include a daytime phone number in case there are any questions. Letters may be printed without the author's name if requested.

For advertising, contact Colorado Lasertype, 303-979-7499 getinfo@ColoradoLasertype.com • www.ColoradoLasertype.com

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Jefferson County Numbers

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Information	303-279-6511
Motor Vehicles	303-271-8100
Animal Control	303-271-5070
Highways & Clerk & Recorder	303-271-8168
Transportation	303-271-8495
Colorado State Patrol	303-239-4500
Planning & Zoning	303-271-8700
County Commissioners	303-271-8525
Sheriff – Emergency	911
County Administrator	303-271-8500
Traffic Complaints	303-271-5677
Extension Services	303-271-6620
Voting Information	303-271-8111

Editor's Correction: In the January issue of the CWCA newsletter, the name of our association Vice President was spelled incorrectly. Accept my apologies, it should have been spelled John Basila. Thank you.

Columbine	West	Civic	Association
Men	nbers	hip F	orm

MCHINCISHIN LATHI			
Please fill out the membership coupon and mail it with your \$25 check to CWCA.	Send to: CWCA P.O. Box 620026 Littleton CO 80162		
Name(s):			
Address:			
Phone #:			

Welcome to the CWCA Board

Please help us welcome one of our newest volunteers, Stacey Hall, our new CWCA Treasurer. Stacey and her family have lived here for 22 years, they moved from CA because her husband's job brought them here. The past 10 years they have owned their own business which is public safety two-way radio sales and training. Stacey's husband Mark is also part of the Rocky Mountain Incident Management team that mostly fights wildland fire. She was very involved with volunteering in each of her kids classrooms, and with Boy Scouts (Assistant Den Leader) and Girl Scouts (cookie sales) and the various sports teams her kids were on... quoted as saying "I am a serial volunteer!" Stacey says it was a natural progression to volunteer for CWCA, she has the time and wants to give back to her neighborhood in some small way. This has been a great community to raise their three kids in. (David, who is now 29 is an aerospace engineer, Kevin, 26, a production assistant at NFL Network, and Rachel, 23, recent grad in Molecular Biology and working at a pathology lab)

In her free time, she spends a lot of time in her sewing room making quilts for friends and family. Along with her husband Mark they love to work in the yard and both love to travel.

Welcome to Our New Membership Chair

The Membership Drive has officially started and we are excited to announce another new volunteer to CWCA, Brandy Velasques. Brandy has stepped in to take care of the duties that are involved with being Membership Chair. A Colorado native, Brandy grew up in Lakewood and graduated from Green Mountain High School. Her and husband Raul have been married 23 years and lived in Columbine West for 17 years, along with their three kids. Brandy has worked for Jeffco Public schools for the last 27 years as a bus driver. She has been involved in Girl Scouts with her daughter for the last two years. When not driving bus she loves the outdoors, so she spend time skiing in the winter & camping in the summer.

Shiloh House Easter Celebrations

Will you partner with us and sponsor an Easter Dinner for a house? To provide a Ham dinner with all the trimming for (1) location the cost is \$80. To make a donation go to www.shilohhouse.org/donate or contact Kathy at kmcshane@shilohhouse.net. If you would like to donate items for the kids Easter baskets they can be dropped off at the local Shiloh office located on Ottawa Dr. Based in Littleton, CO, and serving primarily Colorado youth and families, we provide residential care, educational programming, day treatment and outpatient services, as well as independent living and an extensive array of community based wrap-around services. We strongly believe in building a circle of support around each youth in our care. We work closely with families and social services personnel. Our approach is based on over 30 years of experience creating an environment where wounds begin to heal, relationships are built or restored, and new possibilities are created.

Volunteer Opportunities at Shiloh House. Shiloh House welcomes the opportunity for community integration and participation through the use of volunteers. We utilize volunteers in a variety of capacities to create meaningful connections and service opportunities.





Question? Question? Miscellaneous Permits & Building Permits

How do you know if you need a Miscellaneous permit or a Building permit? What is the difference?

Miscellaneous Permits (often referred to as zoning permits) are only reviewed by Planning and Zoning, do not require Building Code review or inspections, and are typically "over-the-counter" permits for non-habitable Accessory Structures under 200 square feet in size and under 12 feet tall. Miscellaneous permits may also be used for temporary structures, construction in Mobile Home Parks, solar arrays, or an establishment of a Home Occupation.

Fence Permits: All fences over 42 inches in height currently require a fence permit in Jefferson County. Additional restrictions may apply regarding the placement of a fence over 42 inches on your property. Please contact a Planner for more information on fencing restrictions for your address or property.

Building permits: Building permits are required for all habitable structures regardless of size, non-habitable structures over 200 square feet in size or over 12 feet tall, any structure housing vehicles, additions, pop-tops, decks over 30" tall at any point, and remodels where any studs, joists, rafters, or trusses may be altered, added, or removed. Building Permits are subject to Planning and Zoning review, Building Code review, and Building inspections. https://www.jeffco.us/2659/Zoning-Building-Permitting.



Annual 9HealthFair at Columbine United Church

Mark your calendars for April 22nd. For the second year, young people can join adults at the annual 9HealthFair at Columbine United Church, 6375 S. Platte Canyon Rd. on Saturday, April 22, beginning at 7 a.m. Last year was the first time children could also get the free screenings, Peggy Sweet, chair of the event, said. The free tests include height, weight, BMI, vision and oral exams, asthma control and blood pressure. Adults can also get blood exams including a chemistry panel, PSA, Vitamin D, hemoglobin A1C, and blood cell count. This year 9Health is offering Testosterone and Vitamin B12 also. The Vitamin B12 is free with the purchase of any other test. All 9HealthFair screenings are free except for the blood tests and colon cancer screening. "We have lots of repeat volunteers who come every year to help staff the fair," Sweet said. "We are always eager to get newcomers as well." Columbine United Church held its first health fair in 1999. The popular event attracts people of all ages from throughout the South Area. For more information email peggysweet@kencominerals. com or www.9healthfair.org.

Talent is cheaper than table salt. What separates the talented individual from the successful one is a lot of hard work.

—Stephen King

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Richard J. Reese, MBA

One Minute Wellness...Falls

No one expects the unexpected. I certainly never thought I would have a terrible fall. However, I slipped on black ice once. It was a beautiful sunny morning in Colorado; a typical Spring day after a previous night of freezing temperatures. My femur snapped in the air as my foot twisted on the ice which caused a violent fall onto the pavement where I then broke my wrist. I happened to be in an open parking lot when I fell so someone saw me on the ground within minutes of my fall. However If I had fallen behind a car, a bush or anything that could have obstructed a view of me on the ground, I could have laid there for some time hemorrhaging with no help. Since I became very weak, crawling was not much of an option.

People fall every day. One in four Americans aged 65+ falls each year. Every 11 seconds, an older adult is treated in the emergency room for a fall; every 19 minutes, older adults die from falls. Falls are the leading cause of fatal injury and the most common cause of nonfatal trauma-related hospital admissions among older adults. Falls are devastating to patients, family members, and providers. A single fall may result in a fear of falling that can begin a downward spiral of reduced mobility, leading to loss of function and further falls. What about the night-time hours? People get up to the bathroom or roll out of bed and maneuver in the dark all the time. How many of us have stubbed our toe doing these mundane nightly routines? While stubbing a toe is not serious, it is an example of the unexpected (a very painful example!) Some of the reasons people fall are: Tripping or slipping due to loss of footing or traction, slow reflexes, which make it hard to keep

your balance or move out of the way of a hazard, balance problems, reduced muscle strength, poor vision, illness, medicines, drinking alcohol. Drinking alcohol can lead to a fall because it can slow reflexes, cause you to feel dizzy or sleepy, alter your balance and cause you to take risks that can lead to falls. Some ways to help prevent falls indoors are: keep rooms free of clutter - especially wood or vinyl floors; wear low-heeled shoes; be sure area rugs have skid-proof backs; be sure stairs are well lit (and have rails on both sides); put grab bars on bathroom walls; use a nonskid bath mat in the shower or tub; keep a flashlight next to your bed and add more lights in rooms.

Marybeth Van Horn, RN is now the Regional Director for Electronic Caregiver. Our mission is to preserve the independence of people and to protect people. So, the Electronic Caregiver is for people who are independent and not so independent. This device offers a comfort and a freedom for all involved. PLEASE go to electronic caregiver.com and look at this and then feel free to contact Mary Beth with any questions or comments you may have. Phone: 303-809-1134; email:m-vanhorn24@hotmail.com

National Nutrition Month

The Academy of Nutrition and Dietetics wants you to develop good eating habits and make better food choices. The theme of this year's campaign is, "Go further with food."

ALUMINUM WIRING can be DANGEROUS!

IS YOUR HOME WIRED SAFELY?

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Columbine West Veterans

"America's Veterans have served their county with the belief that democracy and freedom are ideals to be upheld around the world." - John Doolittle

Clayton W. Neubert, USMC, 1965-1969, 6234 A-6A A/C fire control tech DIANE com-nav., 1st MAW Da Nang RVN, 2nd MAW Cherry Pt., N.C./ Army 1979- 1987 Signal Branch, Comm. Officer/ S-1 244 Engr. Bn.

Dan Chism, Sr., USMC, 1963-69, (Vietnam 1965-66), 2nd Battalion, 9th Marines, 3rd Marine Division, stationed Danang, Chulai & Thubi

Bill Morrissey, U.S. Army, 1969 -, 1970(Vietnam) 173rd Airborne Infantry Brigade Roy A. Bundy (Al Bundy), USAF, 1968-1972, Max Airlift, Vietnam, Pl, Calif. & Japan. Jim Slora, U.S. Air Force, 1961-1965, Special Weapons Maintenance,

1910th Communication Sq., Lowry AFB, Co.

Jerry Stevens, U.S. Air Force, 1963-1967, Jet Engine Mechanic

Joel Mendelson, USN, 1967-1971, Aircraft Carrier USS Saratoga CVA-60, V A-44, VA-105 Heavy Attack Squadron, Fighter Jets

John Weksler, USN, 1960-1966, Aircraft Carrier Essex, Pensacola, FL., U.S. Army, 1966- 1973 (Vietnam), Helicopter Pilot, Colorado National Guard, 1973- 1987, Buckley AFB, CO. (Retired)

Annie Weksler, U.S.A.F, 1968-70, Nurse, George AFB, CA

Sidney Nelson, USN, 1968-1972 (Vietnam) GMG2 Riv Div 591, Brown Water Navy Craig Martin, USMC, 1976-1982, Presidential Guard (Carter Administration) & Mountain Survival Instructor

Wade Gardner, U.S.A.F., 1986 - 1990, C-141B Loadmaster, McGuire A.F.B. New Jersey Belinda Gardner, U.S.A.F. 1987 - 1991, 438th Comptroller Squadron, McGuire A.F.B. New Jersey

David E. Garcia, USMC, 1963-67 (Vietnam War),

Radioteletype Operater (RATT), 1st Marine Air Wing, returned to Yuma, AZ.

Tony Monte, USMC, 1968-1975 (Vietnam War)

Cynthia Draper, U.S. Navy, 1954-58 (Korean War), Draftsman,

(CNATRA) stationed in Pensacola, FL.

Ken Sweet, U.S. Air Force, 1967-71, Fighter Aircraft Electronics, MI

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Lock It or Lose It!

Did you know that in 2017 we had more than 100 cars stolen from unincorporated Jefferson County? Did you know that every year we have hundreds of occurrences of theft from cars in our neighborhoods? Do you know the most popular tool the thieves use to get into your car? Nothing.

That's right, crooks look for the easiest target: unlocked cars. And they find plenty of them. One of the ways that they find these unlocked cars are when they are left puffing, warming up and unattended.

Without the use of a remote start, these vehicles are usually unlocked with the key in the ignition. Criminals don't stop with the theft of a car, and usually use the stolen vehicle in the commission of another crime! Help us prevent auto theft and their subsequent crimes: don't leave your vehicle running

Let's make it a little harder for the bad guys with one easy motion: LOCK your cars!

-https://www.facebook.com/JeffersonCountySheriff

National Day of Unplugging

Sundown March 9-Sundown March 10

Remember what life was like before everyone had a smartphone? Somehow we managed to have meaningful face-to-face conversations and get to places on time without getting lost. Unplug and live authentically for these 24 hours.



\$300 off

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February is Dental Health Month

- * FREE professional dental exam
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& FREE DENTAL CHEWS for your pet's fresh breath and to control tartar accumulation for healthy teeth & gums (Good until 3/31/18, not valid with any other offer) **'BEST OF**

303-979-4040 Day/Night

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Columbine Animal Hospital & Emergency Clinic

5546 W. Canyon Trail • Off Platte Canyon Rd. in Columbine Hills www.ColumbineAnimal.com



THE BEST

Kiwanis Club of Columbine

STAFF VS. STUDENT BASKETBALL EVENT

The annual Staff-Student Basketball game is a family fun event taking place at Columbine High School on Wednesday, March 7, 7-9 pm. All proceeds benefit Second Wind Fund, a teen suicide prevention program. All ages welcome. Tickets available at the door, \$5 per person, \$10 per family. The Second Wind Foundation is a suicide prevention organization that works primarily with schools. http://www.thesecondwindfund.org/Come by the gym and cheer on your favorite team or both teams. This event is Sponsored by Columbine High School Key Club.

KIWANIS COMMUNITY SERVICE AWARD

The Kiwanis Club of Columbine sponsors two \$500 awards to Columbine High School graduating seniors who have demonstrated outstanding community service. Applicants explain in an essay how their work has made a difference, and what skills they have gained, especially in planning, organizing, and implementing service projects. Applications will be available in the CHS counseling center, and are due April 6. If unable to obtain an application, contact Karen at karenkhunley@yahoo.com.

Our vision: Kiwanis will be a positive influence in communities worldwide...so that one day, all children will wake up in communities that believe in them, nurture them and provide the support they need to thrive. Columbine Kiwanis is a group of extremely dedicated men and women who focus on volunteering within the Columbine Community, primarily to children

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in our local community. They have projects through out the calendar year. Are you interested in joining the efforts of this warm and inviting group? Come check us out. Weekly scheduled meetings Wednesdays at 7:00 a.m. at: 4G's Restaurant 5950 S Platte Canyon Rd.; Littleton, CO. 80128. 303-730-4650. Free breakfast for first time visitors. There is typically a speaker during breakfast, who may be addressing an issue facing the community. Please add Club Facebook site http://www.facebook.com/ColumbineKiwanis

The 'Eyes' Have It

The month of March is dedicated to workplace eye wellness. Here are some simple steps you can take to prevent eyestrain and injury:

- Wear safety goggles to prevent injury when working with power tools and heavy equipment.
- Adjust the position of computer monitors along with the contrast and glare to avoid eyestrain.
- Use over-the-counter drops to keep your eyes moist, and don't forget to blink.
- Follow the 20/20/20 rule—refocus your vision on something offscreen and at a 20 foot distance for 20 seconds, after every 20 minutes of screen time.
- Schedule annual eye exams with a qualified professional to assess your vision and screen for diseases and degenerative conditions.

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Columbine West Military Members

"He has honor if he holds himself to an ideal of conduct though it is inconvenient, unprofitable, or dangerous to do so".

— Walter Lippmann

Francis (Mik) Benson, U.S. Army, 349th Physiological Operations, Fitzsimmons Reserve Center, Colorado

LCpl. Evan Doop, U.S. Marine Corps, stationed at 29 Palms, California

Chaplin, Major, William Harrison, U.S. Army, Operations Chaplain, stationed at Ft. Richardson, Alaska.

Spc. Jeremy McCombs, Army National Guard, 1157th Engineer Division, (Firefighter Brigarde) stationed in Ft. Carson.

Sgt. Bethany Jaggers, U.S. Army, 282 Engineering Company, stationed at Ft. Carson, CO

GM2 David Tuey LCS-10, Combat Ship Training, San Diego Naval Base, CA

HM2 Michael Tuey, IDC, Fleet Marine Force, 2nd Expeditionary Force, Camp Le Jeune, NC

Cpl. Kristyn Lutz, U.S. Marine Corp, Stationed in Camp Pendleton, California

Careers For Creative Types

You may consider yourself a creative person, an innovative thinker, an unconventional performer—but you're not cut out to be a starving artist or wait tables while waiting for your big break. What are your options? Look into these careers:

- Teaching. Teachers at any level have to be quick and creative when it comes to keeping their students' attention and presenting information in interesting ways.
- Interior design. Helping people create the space where they'll live and work calls for a wide range of talents and skills.
- Catering. Any kind of event-planning career requires skill in selecting and balancing the right ingredients, from the spices in the food to the arrangement of the venue.
- Graphic design. With the growth of the internet, the ability to create visually appealing graphics that are well organized as well as attractive is something employers are eagerly seeking.
- Copy writing. From advertising to in-depth web content, words are still important. Putting together readable, useful copy is an important skill, even in an age of multimedia.

	ant Violation Report Date:		
Mail to: CWCA, P.O.Description of alleged	Box 620026, Littleton, CO 80162 violation:		
Violator's Address: _			
\square I would be willing to appear in court as a witness.			
Name:	Address:		
Phone:	E-Mail:		

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Your Columbine West Resident Agent

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It would be my pleasure to answer any questions you may have or to simply explore options.

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Cell: 303-579-0564 georgiannadirga@aol.com



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7317 W. Fremont Dr. bi-level 1,850 sq. ft. \$375,000 It would be my pleasure to meet with you, & share how I'll get yours under contract quickly for top dollar.

PERFECT TIME TO CALL ME!



Homes for sale

8097 W. Frost Dr. multi-level 2,722 sq. ft. \$430,000

7864 W. Quarto Ave. ranch 2,112 sq. ft. \$399,999

7864 W. Quarto Ave. ranch 2,112 sq. ft. \$399,999

Based on information from IRES®, Inc. for the period 1/16/18 through 2/15/18. Sales are not necessarily those of Shorewood Real Estate.

Homes currently under contract 7758 W. Plymouth Pl. tri-level

7273 S. Allison Wy. 2 story

1,724 sq. ft. \$400,000 2,447 sq. ft. \$400,000

Homes sold from 1/16 to 2/15 7865 W. Ontario Pl. bi-level 7284 S. Yukon Ct. tri-level

1,920 sq. ft. \$385,000 2,572 sq. ft. \$380,000

CLASSIFIEDS: The perfect way to advertise your small or large business! Ads are inexpensive and reach many homes! Call or email us today!

Classified ads are \$3.00/line (about 40 characters/line). Contact Colorado Lasertype at **303-979-7499** or **getinfo@ColoradoLasertype.com** to place an ad. To view our display ad prices, visit our website at **www.ColoradoLasertype.com**. The deadline for placing a classified or display ad is the 15th of the month for the next month's issue (i.e., 15th of Sept. for Oct. issue), except the January issue, which has a deadline of December 6th. Residents placing ads to sell household items are not charged a fee.

Columbine Garage Door. Full door replacement and service. Serving Columbine for over 15 years. Leo & Bo 303-979-8084.

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H2O Drainage Systems: Pre-Spring Special! 5% Off total yard clean-up; hauling; outside concrete cutting; grading; waterproofing; drainage for wet & soggy lawns. Visit www.H2ODrainageSystems.com for our complete list of services. 44 years experience in the Columbine area. Free estimates! 303-807-2297

Spring air duct cleaning & chimney cleaning. Chimney repairs 10% off 720-299-7782.

Sip and See!! Are you struggling with anxiety, gut issues, headaches, chronic pain? Come taste, see and learn about gut health and how Plexus gets you healthy from the inside out! If you're interested in financial freedom, working your own hours from home come join us Wednesday March 28th @ 6:30 pm. RSVP 720.261.7758 or 303.827.8522 by March 24th.

DRAIN PROs PLUMBING: Free camera insp. w/ drain cleaning. Lic. & ins. Drains starting at \$79. Leawood Based. 7/352-9442

Music lessons. Piano, Guitar or Bass. Trusted teacher since 1996. 720-297-8767

A Real painter. Real quality work. Real competitive prices. Quality drywall repair and carpentry work too. Est. always free. Contact Gary 720-226-4489, 303-215-6068

GUITAR LESSONS with a professional musician who has 40 yrs exp. Learning music can be fun! Please call Ray 303-972-8243.

QUEEN PILLOWTOP MATT/BOX SET. Brand new in plastic. Retails \$529, asking \$265. Also, **NEW KING SIZE pillowtop set.** Retails \$699, asking \$385. 303-742-4860.

Semi-Retired HVAC contractor looking to work closer to home is offering FREE system evaluations and No Trip Charges on any services 303 703-1130

House & Carpet Cleaning: 3/292-0115

Mike the Plumber - Your reliable neighborhood plumber for 14 yrs. Competitive rates. Free estimate. 720-422-8139

STIMULATING ADULT DAY CARE PROGRAM. Certified specialized adult day program for aging & dependent adults. Person centered activities. Respite, support & education provided to families. Medicaid accepted & transportation available. www.SummitAdultDay.com 720-922-0100. Visit our website for a FREE HALF DAY

Lisa's Music Studio. Piano, Guitar, Banjo, Ukulele, Viola, Violin, Cello, Drums and Flute. 303-883-1157.

Highlands Pride Painting: 303-738-9203

KENOSHA GLASS Window repair, table tops, mirrors, shower doors, 303-972-7880

Prof. house cleaning serv. Accepting new clients. Thorough, reliab. w/ competitive rates. Excel. Refs. Susan 303-794-6805.

Tom's Top Notch Painting: Interior/Exterior, Drywall Repairs. Tom Martino approved. 303-523-2941.

Winter Tree Trim/Pruning Specialist, call Mr. B! Free est., ins., 30 yrs. exp. 303-932-2514

KERI'S COLORS & PAINTING. 720-331-7032.

Drywall - Basement finishes - Remodeling. Years of exp. w/ refs. Gary 303-829-6363

OB PAINTING. Interior/Exterior. Free Estimates. Rob: 303-986-8198

Stecki painting. Inter/ext. Jeff 720-331-7025

Aminals Petsitting Service: Pet sitting (in your home). Bonded & ins. Refs. avail. Call Nancy at 303-335-6237

Columbine Tree - Trimming & Removal. Stump grinding. 45 yrs exp. 303-979-5330.

JeffCo Jail Opens Behavioral Health Unit

COUPON.

On February 5, 2018, the Jefferson County jail opened a 64-bed Behavioral Health Unit (BHU) that focuses on the needs of inmates with substance abuse and mental health disorders. This unit utilizes programs structured toward individual need and provides valuable resources for inmates. The goal is to enable inmates to successfully apply skills learned inside the facility to life on the outside, resulting in reduced recidivism. Similar programs at other detention facilities have reduced recidivism rates for inmates in the programs by as much as 66%.

Sheriff Jeff Shrader explains "recidivism rates measure how often an inmate returns to jail within a certain amount of time. If we can reduce recidivism, then we reduce our costs to house inmates, ultimately saving the tax payers money. The Behavioral Health Unit is one of many programs we're implementing with this goal in mind."

The BHU offers a variety of classes to include Anger Management, Relapse Prevention, Alcoholics Anonymous, Narcotics Anonymous, Occupational Readiness, and covers a range of topics using Moral Reconation Therapy (MRT) techniques. MRT is a systematic treatment strategy that seeks to decrease recidivism among offenders by increasing moral reasoning. Its cognitive-behavioral approach combines elements

from a variety of psychological traditions to progressively address ego, social, moral, and positive behavioral growth.

Involvement in the BHU is voluntary on behalf of the inmate, who are also vetted to ensure they are appropriate for the unit. In addition to jail staff such as counselors, medical, and mental health professionals, outside treatment providers are involved in the program.

> —Learn more at https://www.jeffco.us/ CivicAlerts.aspx?AID=403

Women's History Month

Celebrate the achievements of women like Juliette Gordon Low, who founded the Girl Scouts in 1912, before women had the right to vote and despite her severe hearing impairment.

Numbers to Call for Information: CWCA:

- Questions regarding Covenants/violations
- Questions/volunteers for neighborhood activities/committees

Sheriff: (dispatch 303-271-0211)

- Speeding in the neighborhood
- Running stop signs
- Illegal activity
- Loud noise/music
- Not stopping at crosswalks
- Unlicensed or inoperable vehicles on the street
- Suspicious people or vehicles in the neighborhood
- Semi-trailers parked in the neighborhood

Animal Control: (303-271-5070)

Barking dogs

- Vicious dogs
- Dogs not on leashes
- Sick wild animals including skunks, raccoons, rabbits, squirrels, foxes, coyotes

Zoning: (303-271-8700)

- Unlicensed, expired, or inoperable vehicles on the property
- Speed bumps new or replacement after paving
- Tree limbs/shrubs obstructing stop signs
- Weeds over 12" high
- Permit for fence (new or replacement), shed, or other structures
- Vehicles for sale

Jefferson County: (303-271-5200)

- Damaged or missing stop signs
- Snow plowing
- Ice build-up in the curb
- Street sweeping

Pot holes

Xcel Energy: (1-800-895-1999)

Burned out or Damanged Street lights

Columbine Library Presents:

Teens After Dark: Puzzle Night March 16, 2018 (6:00 PM - 8:00 PM)

When the adults are away, the teens take over the library and play. These after hours events are specially designed for the 12-18 crowd. It's a lot of fun and there's always something entertaining happening when the library shuts down!

March 16th is Puzzle Night. Puzzles, trivia, brain teasers and more test your limits.

— https://jeffcolibrary.org/locations/CL/

This Space **Intentionally Left Blank** for Teen Services.

#1 Broker in the Columbine Area!

Columbine West Statistics for February 2018

Current Homes FOR SALE in Columbine West			
	Lowest	Highest	How Many?
Ranch Style	None	None	0
2-story	\$400,000	\$400,000	1
4-level	None	None	0
Tri-level	\$400,000	\$400,000	1
Bi-level	None	None	0

Current Homes UNDER CONTRACT in Columbine West

	Lowest	Highest	How Many?
Ranch Style	None	None	0
2-story	None	None	0
4-level	None	None	0
Tri-level	None	None	0
Bi-level	\$375,000	\$385,000	2

Homes SOLD in Columbine West (August 1, 2017–Feb. 12, 2018)

	Lowest	Highest	How Many ?
Ranch Style	\$360,000	\$468,000	6
2-story	\$389,000	\$477,000	12
4-level	\$305,000	\$439,000	8
Tri-level	\$320,000	\$400,000	4 _{Th}
Bi-level	\$342,000	\$415,000	12 of

Duane sells more homes in the Columbine Area than any other broker!

Selling our home was a very smooth process, thanks to Duane. We would highly recommend him to our friends and anyone in need of a very professional Realtor. J. & C. K.

Duane's extensive knowledge of real estate, top success rate in the marketplace, and high level of professionalism, combined with the ultimate goal of satisfying his clients, are all on display from the first time you meet him. T. H.

DUANE C. DUFFY 303-229-5911

Duffy & Associates, LLC

the properties were listed and/or sold by Duffy & Associates, LLC.



Top "Five Star" Realtor as

seen in 5280 Magazine

Realtor with real estate law background

he statistical information is based on MLS data Feb. 12, 2018. Not all



