July/August 2016

vvlkyhoa.weebly.com

PO Box 72376 Louisville, KY 40272

Board of Trustees

Calls Accepted Monday - Friday 9:00 AM – 8:00 PM

Denise Allgood - Chairman CCRs 502-933-5324 Denise.Allgood53@gmail.com

Mike Sinnett -Vice-chairman Grounds 502-592-1744 MikeSinnettVPHOA@gmail.com

Verne Douglass -Secretary Minutes 502-333-0480 Vdoug59-40272@yahoo.com

Sheila Al-moria -Treasurer Assessments & Fundraisers 502-822-3481 Sheilavvhoa@gmail.com

Mark Lynch - Member at Large Roads, Signs & MSD 502-741-5542 vvhoamemberatlarge@gmail.com

Kelly Harned -Media Consultant Newsletter & Website kellyharned 1 @gmail.com

Board Of Trustee's Meeting

All residents are encouraged to attend our bi-monthly Board of Trustees meetings! The next meeting will be on Monday, July 18^h at 7:00 P.M. at the new location, Southwest Regional Library located at 9725 Dixie Hwy. LG&E will have door prizes for a few lucky winners! All meetings are usually held on the 3rd Monday of all odd months: January, March, May, July, September and November.

Have a question, proposal or concern? Place it on the Agenda for the next Board meeting by mailing it to P.O. Box 72376 Louisville, KY 40272 or email to Denise Allgood at Denise.Allgood53@gmail.com.

Upcoming Events

Fall Yard Sale – September 17th Southwest Festival Annual Golf Scramble - September 23rd Southwest Community Festival – October 8th

Events and/or details may change, please watch for more information in future newsletters.

From Your Treasurer - Sheila Al-moria

THANK YOU to all our residents who have paid their 2016 assessment. The support of your community is greatly appreciated! If you have any questions please contact me.

Volunteers Needed

The Valley Village Trustees are looking for several volunteers age 16 and older, to help with cutting & weedeating yards for our elderly and disabled neighbors who need our help.

If you would like to volunteer or know of a resident that qualifies for this program, please contact:

Mark Lynch -502-741-5542 or Mike Sinnett-502-592-1744

Good Neighbor Award!

Recognize someone who makes our community a better place to live all year long, by nominating them for the Valley Village HOA "Good Neighbor Award"! Each month your HOA will select one winner who has given 110% to our community to receive a certificate commemorating their honor and acknowledging their deeds in the newsletter. At the end of the year one person will be chosen from our monthly winners to receive a "Good Neighbor Award" at our annual Christmas Party.

To make a nomination:

- Both parties must be 13 years of age or older
- Must be a resident of Valley Village
- Your reasons for nomination, special accomplishments, etc.
- Name and contact information for your nominee
- Name and contact information for yourself

Send Nominations to: Good Neighbor Award
PO Box 72376
Louisville, KY 40272

Or email to: vvhoamemberatlarge@gmail.com



April Good Neighbor! Lisa Schooler Nominated by: Samuella Carpenter

Samuella nominated Lisa "for her unselfish acts of kindness to Samuella with running errands such as groceries, helping with house chores and for being a great neighbor and friend in Samuella's time of need."



May Good Neighbor!
Betty Halbleib
Nominated by:
Barbara Gas Wagner

Barbara nominated Mrs. Halbleib because "She is an exceptional lady. If a new person moves in she will give them a welcome pie or cookies. The children just love her, they will give her Easter baskets, and mothers day gifts."

Useful Summer Tidbits

Natural Snake Repellent

For a quick, easy and safe snake repellent simply fill a spray bottle with water and 1 ounce of Cinnamon oil, Clove oil or Cedarwood oil. Then just spray a nice perimeter around your home, it will act as an effective natural snake repellent for a couple weeks.

Sunblock SPF

Dermatologists recommend using a sunscreen with an SPF of at least 30, which blocks 97 percent of the sun's rays. Higher-number SPFs block slightly more of the sun's rays, but no sunscreen can block 100 percent of the sun's rays. All sunscreens should be applied approximately every two hours or according to time on the label, even on cloudy days, and after swimming or sweating.

Beat the heat

Heat-related illness happens when the body's temperature control system is overloaded. Infants and children up to 4 years of age are at greatest risk. Even young and healthy people can get sick from the heat if they participate in strenuous physical activities during hot weather. For heat-related illness, the best defense is prevention.

- Never leave infants, children, or pets in a parked car, even if the windows are cracked open.
- Dress infants and children in loose, lightweight, light-colored clothing.
- Schedule outdoor activities carefully, for morning and evening hours.
- Stay cool with cool showers or baths.

<u>Prevent Your Exposure to Mosquitoes</u> Tips to help protect yourself from mosquitoes:

- Use EPA-registered mosquito repellents when necessary and follow label directions.
- Tuck shirts into pants and pants into socks to cover gaps in your clothing where mosquitoes can get to your skin.
- Stay indoors at sunrise, sunset and early in the evening when mosquitoes are most active, especially if there is a mosquito-borne disease warning in effect.
- Replace your outdoor lights with yellow "bug" lights, which tend to attract fewer mosquitoes than ordinary lights. The yellow lights are NOT repellents, however.

Mill Creek Veterans Memorial Park Rules

Located on Nathan Hale Way

Park OPEN from sunrise till sunset

Alcohol, fireworks, illegal substance and activities prohibited

No amplified sounds including but not limited to drums and/or music

No motorized vehicles

No paint, pens or markers

Children under 12 must be accompanied by an adult at all times

No glass containers

No sitting, jumping or climbing on fences or any other structure not designed for such use

Shoes required at all times

No grills or open fire pits

Pick up your trash

Any vandalism will result in prosecution and restitution for any damages to the fullest extent of the law. Parents of minor children will be held liable for any damage to the park or the equipment by their child.

Park is under 24/7 security surveillance

Fire Pit Safety



Find the right spot

Station your pit on a level stone, concrete, or brick surface that's at least 10 feet from your house, trees, and anything flammable. Unless the owner's manual says it's okay, don't put the pit on a grassy surface, wood deck, or enclosed porch.

Have a douser handy

Keep a bucket of sand, a fire extinguisher, or a garden hose nearby in case things get too hot to handle.

What types of fires don't need a permit?

Recreational fires in a fire pit or outdoor fireplace do not require permits if they fall within the size requirements. Fires can be no larger than 3 ft (90 cm) wide by 3 ft long by 3 ft tall.

If you are grilling or cooking food for non-commercial purposes, and the fire is the appropriate size for what you are cooking, you will not need a permit.

Any other kind or size of recreational fire will need a permit.

Valley Village Site & Emails!

Take part in HOA surveys, access your CCR's, find the latest News & Events and much more at:

vvlkyhoa.weebly.com

Trustee's emails have been updated. You can now reach the proper Trustee in regards to your specific question or concern.

Code Red Alert System

Code Red Alert System is <u>FREE</u> and is not an app, but uses a variety of methods such as text alerts, emails and phone calls - to warn citizens about potentially life-threatening events, including severe weather and an emergency event at LG&E. This system is designed to alert only those residents in potential danger.

If you wish to sign up for Code Red Alert visit Louisville's website www.louisvilleky.gov and type "code red" into search box.

You can choose which types of alerts and which delivery methods you wish to receive.



SUN VALLEY POOL (6505 BETHANY LANE)

FAMILY SWIM NIGHTS

WHEN: Tuesdays, June 14th – July 26th from 6:00pm to 8pm

SENIOR CITIZENS SWIM

WHEN: Thursday, July 7th – July 28th from 11am to 1pm

**Please note: Children must be accompanied by an adult at all times. No drop-offs or unattended children will be permitted

Valley Village Trustees PO Box 72376 Louisville, KY 40272

ZVABA

Zumba is a feel happy total workout to Latin and hip hop music that anyone can do! It works all elements of fitness-cardio, muscle conditioning, balance and flexibility.

Tuesdays and Thursdays

6:30 pm

10.00 Per month; Ages 10 and older; Participants must fill out a registration

Instructor Tosha Woolfolk

Sun Valley Community Center 6505 Bethany Ln • 40272 METRO PARKS AND RECREATION Escape. Explore. Connect.

502/937-8802

It is the intent of Louisville Metro Farks and Recreation to make all programs and facilities accessible to individuals with