



White Lake Hills
Neighborhood Association

White Lake Hills

News Splash

President's Letter

by Fred Fernandez

I want to congratulate and thank Aaron Mullens and all our executive officers of the past two years for a job well done. Aaron has been a big help getting me up to speed with our organization and communication links as well as the publication of this WLHNA newsletter. I would like to add another thank you to Aaron Mullens and Maria & Hugo Carbajal for putting on our 2016 Easter Egg Hunt in my absence. I also want to recognize the efforts of our

Planning Committee - Linda Fulmer, Anita Snyder, Peggy Terrell, Norma Hofmeister, Hugo & Maria Carbajal, Ialeen Cole, and Charles Edmonds - who together have done an excellent job planning and budgeting our activities this last year. I look forward to your continued leadership and service to our community.

Save the Date

Spring Meeting

April 11th 7:00pm

Nolan Catholic High School

Parade and Picnic

July 4th

Smith-Wilemon Park

Summer Meeting

July 11th 7:00pm

Nolan Catholic High School

Fall Meeting

July 10th 7:00pm

Nolan Catholic High School

We have much to look forward to in White Lake Hills. The First Street improvement project is well under way and should be completed this summer. The TRWD (Trinity River Water District) has a master plan in the works, and Gateway Park is planned to eventually become part of a Trinity River Walk and Trail Park. You can see details of the master plan of the park at <http://www.trinityrivervision.org/projec..> A recent article in the Fort Worth Star Telegram describes why and how East Side Fort Worth Inc. developed a plan (that was derived from a dream of Charles Tandy) to beautify a corridor to the East Side. The program, called Eastside Blossoms, calls for planting 2,000 blooming trees. The group wants to raise about \$1.2 million for the project. Trees will be planted along First Street, Randall Mill Rd., and portions of the intersecting Beach Street and Oakland

Blvd. Some property owners are already donating and planting trees themselves.

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President's Letter Continued

In other news the Healthcare Leadership Council, (HLC) a coalition of chief executives from the nation's leading healthcare companies and organizations, has named Blue Zones Project - Fort Worth as the recipient of the organization's 2016 Wellness Frontiers Award. This award recognizes innovative entities that are contributing to the transformation and improvement of American healthcare. The Council selected Fort Worth as a Blue Zones Project because of its successful implementation of an evidence-based wellness program that prevents disease and improves population well-being. We have our own initiative working here in White Lake Hills. I encourage you to check it out and see what it's all about - I think you'll be glad you did. If you do get involved and participate, I think you will have an enjoyable time and will build positive relationships with your neighbors. You will also learn to balance your life better, introduce yourself to healthier diet options that you find appetizing, and develop a healthier life style in the process.

Coming up in our April association meeting we have guests on our agenda: city council representative, **Cary Moon**, from the City Manager's Office , Community Engagement liaison, **Aaron Olivares**, and Consumer Health Supervisor, Code compliance /Consumer Health Department **Andria Ellis, R.S..**

I hope you will plan to attend our quarterly HOA meetings, so you can be "in the know", and possible join us in contributing to the community spirit and quality of life we all strive for in White Lake Hills, the Fort Worth East Side, and the City of Fort Worth.

If you have not already, please signup for **Nextdoor.com**

Get on the e-mail list at <http://eepurl.com/TRe6b>

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Live Long White Lake Hills!

By Linda Fulmer

We have been working toward having White Lake Hills Neighborhood Association recognized as a Blue Zones Project approved organization. Qualifying for designation has been fun and easy. First, we have been eating. In January close to 30 neighbors came together to form five potluck moais (mo-eye). What's a moai? A moai is a group of 5 to 8 people who meet over 10 weeks to potluck or walk. Our potluck moais are entering the home stretch now, and from all accounts, everyone has shared a lot of fun conversation, hearty laughter and good food over the last several weeks.

In April we will start to walk off all of that good food we've been eating by forming walking moais. As with the potlucks, each walking moai will consist of 5 to 8 people who will get together and go for a walk at least once per week for 10 weeks. Each group will select their own walk schedule, route, and pace. As with the potlucks, the walking moais are intended to help neighbors build or strengthen relationships with one another.

Do you want to live longer and healthier? If so, please join us for an organizing meeting on Monday, April 18 at 6:00 p.m. at 608 Green River Trail. We will have a short presentation from the Blue Zones Project, and then team up for our walking moais! Meanwhile, if you have questions, please contact Linda Fulmer at LindaFulmer@sbcglobal.net or 817-451-8740.



Easter Egg Hunt

Kids met at the park to hunt for eggs at the annual White Lake Hills Easter Egg hunt. The Easter bunny even made an appearance. Thanks to all those who participated.

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TOTAL CRIMINAL OFFENSES REPORTED:
03/05/2016 to 03/11/16

Murder: **0**

Aggravated Assault: **0**

Sexual Assault: **0**

Robbery: **0**

Burglary of Habitation: **0**

Burglary of Business: **0**

Burglary of Motor Vehicle: **1**

16-23208 – 10 Blue Lake Drive** — **private residence** - 03/09-10 – 2200-0410 hours -
unlocked – miscellaneous clothing, shoes and jewelry taken – no suspect

Auto Theft: **1**

16-21899 – 1236 Oakland Blvd. — **Motel 6** - 03/06 0730-0930hrs – ‘06 Lexus I25 red –
key fob in vehicle – vehicle was recovered in the parking lot of Circle K across the street
from this location. It appeared the vehicle had been involved in an accident.

Theft: **1**

16-23208 – 1216 Oakland Blvd. — **Waffle House** - 03/06 0545hrs – Four males and 1
female ordered food and ate it without paying.

Great American Cowtown Cleanup



The neighborhood met at Smith Wilemon Park on April 2nd and neighbors picked up trash in the park and along Bridge St. A pickup full of filled trash bags was taken to the dump. This year 6 bags of trash were found at Smith-Wilemon Park, down from the ~20 bags worth of trash removed last year. It appears that our annual efforts to clean up the park are having an impact on the condition of the park overall!. A lot was accomplished with a few hard working volunteers.

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Market Update for WLH 2016 I thought it would be good to report on how our own neighborhood has done over the past 90 days. I do not identify individual home sale prices, out of respect for the owner's privacy. I also do not use REO, or Short Sale Properties, as they do not reflect the norm in WLH. We have just active listings, from \$73.13--\$89.14 SqFt.; three listings are under contract, with an average list price of \$84.89 SqFt.; eight homes sold for the average price of \$80.59 SqFt. The homes fetching the highest prices, were the ones with modest, or smart updates, and great yards. A cared-for home will be a solid seller. Ask a Texas Realtor about keeping up the value of your home!

Upsize, Downsize, I'll Make Sure Your Home is the Right Size For You!

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Get Ready for

Where we live, seasonal changes in temperature and moisture can cause a variety of home problems. March gave us a pretty good example of that! Some maintenance now could result in big savings and avoidance of major hassles during the next few months when they are least welcome. Protecting

your home by maintaining gutters, inspecting your roof, repairing caulking and weather stripping. Another concern with all the wet weather, followed by warm and sunny days, would be pests. Make sure that bushes and trees are trimmed away from your home and the roof., so they do not become a pathway for

Changing Seasons

ants and other insects. Many of these projects are do-it-yourself. We also live in a talent-filled neighborhood for all kinds of needs. Sign up for NextDoor.com!

