WAVELAND WOODS
NEIGHBORHOOD ASSOCIATION

Waveland Woods Neighborhood Association Newsletter **April, 2014**

Flowerbeds to be planted Saturday, May 17

Waveland Woods' 20th annual flowerbed plantings will be held on Saturday, May 17, 2014.

Place: 56th and University Ave.
Time: Starting at 8 a.m.
(help anytime you can from 8-11 a.m.)
Rain date: Sunday, May 18, starting at 1 p.m.

"We need the help of many if we want this to be successful," said David Voss, who heads the effort. One large flowerbed will be planted at the corner of 56th and University Avenue. Smaller flowerbeds will be planted along Cummins Parkway.

Bring your trowels, knee pads and your work gloves. It's a great way for newcomers to meet your neighbors and work together to make our neighborhood one of the best in the city. Refreshments will be served. If you are unable to help plant flowers, plan to stop by and meet your neighbors. Everyone's help is also needed to keep the beds weeded throughout the summer months.

Join Waveland Woods Neighborhood Association now to get extra perk

New and renewing members of the Waveland Woods Neighborhood Association will have their house numbers painted on the curbs in front of their homes or businesses free of charge. The curb numbers assist emergency personnel when responding to calls. Annual family association dues are $10 per household. Business memberships are $25 per year.

Waveland Woods kicks off neighborhood watch groups

Chuck Guhl, senior police officer with the Neighborhood Based Service Delivery Unit of the Des Moines Police Department, recently spoke with the Waveland Woods board members and he addressed some recent burglaries in the area. Officer Guhl is the police department's representative for Waveland Woods.

One of the best ways to combat problems in the area is through the formation of Neighborhood Watch groups throughout the association's boundaries, he said. They are effective in deterring crime, he added. With the addition of social media, they can be very timely today.

Officer Guhl later met with residents who live along several streets in Waveland Woods. As a result, several Neighborhood Watch groups are being formed and it is hoped that more will follow.

(cont. on p. 3)

Area-wide garage sales planned Saturday, June 7

It's time to clean out the closets and the basement! The Waveland Woods Neighborhood Association will sponsor area-wide garage sales on Saturday, June 7, from 8 a.m. to 4 p.m. The association will publicize the event, and any homeowners in the neighborhood boundaries may participate by holding garage sales at their homes that day.

Boundaries are the freeway on the south, 56th Street on the east, University Avenue on the north, and 63rd Street on the west.

SCRUB dates announced

Waveland Woods residents who missed the April 19 SCRUB (Spring Cleanup to Reduce Urban Blight) Day at Hoover High School can participate in the annual cleanup at the following locations with dates included:

- 5/17/2014 – Capitol Complex Lot 3, West of E. 14th St., South of Court Ave., 7 a.m. to 1 p.m.
- 6/21/2014 – Polk County River Place, 2339 Euclid Ave., 7 a.m. to 2 p.m.
- 8/16/2014 – Southridge Mall, 1111 E. Army Post Rd., 7 a.m. to 2 p.m.
- 9/20/2014 – Bell Avenue Business Park, 1901 Bell Ave., 7 a.m. to 2 p.m.

Also, the MWA Transfer Station at 4198 Delaware Ave., and the MWA Compost Center at 1601 Harriett will be open from 7 a.m. to 2 p.m. on the following dates: 5/17/2014, 6/21/2014, 7/19/2014, 8/16/2014, 9/20/2014, 10/18/2014 and 11/15/2014.

For a complete listing of items allowed or not allowed at the sites, go to: www.dmgov.org/Departments/PublicWorks/Pages/SCRUBEvents.aspx

If you are locked out of your house, would you still be able to get in? Maybe you keep a window unlocked in the back, or a hidden key in your mailbox or on top of a window ledge?

You may think this is a good idea, but guess what? If you can get in so easily, so can a burglar.

Waveland Woods loses early leader

Dr. Everett Nitzke, a long-time Des Moines pediatrician and early president of the Waveland Woods Neighborhood Association, passed away on Dec. 22, 2013.

"We extend our deepest sympathy to his wife, Betty, and his children," said Mark Wonderlin, current association president.

Dr. Nitzke, a Master Gardener, continued through the years to offer his talents with the neighborhood gardens and his presence will be missed by all who were fortunate to work with him.

Calling all cooks

There are some really, really good cooks in our neighborhood, and we are continuing to share some favorite recipes on our association website. If you have some good dishes you would like to share, please email recipes to Eva Jablonski, who maintains our site and Facebook page. Email to ***eajmeg@gmail.com*** *or drop them off at her home, 5616 Kingman Ave. If we get enough, we might publish them in some format in the future. We will also publish some recipes in our newsletter. Our second contribution is from Deloris Bohnsack. You can find her recipe below.*

Creamy Garlic Potatoes

Several years ago, I attended a wedding reception at the Scanticon Hotel in northern Minneapolis. They served a potato dish that has become a favorite.

1. Peel and slice enough medium-sized baking potatoes for desired number of servings. **These must be baking potatoes. Other potatoes do not come out the same.

2. Place sliced potatoes in casserole dish.

3. For each potato used, peel and crush one garlic clove. Disperse among sliced potatoes.

4. Salt and pepper to taste.

5. Pour whipping cream over the potatoes to generously immerse potatoes. **Alternatively, half and half can be used.

6. Sprinkle a little paprika over the top, for a little color, if you wish.

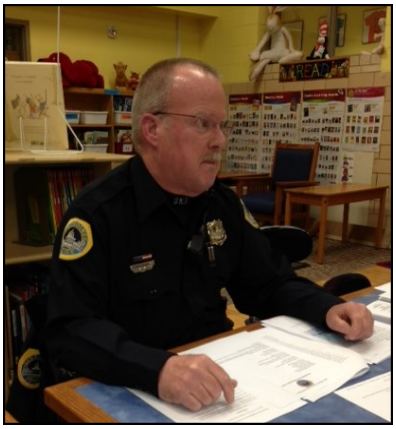
7. Cover with lid or foil and bake at 350 degrees until fork tender, about one hour.

8. For the last 20 minutes or so, uncover potatoes until they turn golden brown. The potatoes will have absorbed the cream.

Serving suggestion: Serve with medallions of pork tenderloin (or any pork roast) along with a cranberry sauce or relish when fresh cranberries are in season.

Recipe provided by Deloris Bohnsack, who lives on Rutland Drive.

Neighborhood watch groups (cont. from p. 1)



Officer Chuck Guhl (l.) visits with neighbors (below) who are interested in starting watch programs on their streets.

Neighborhood Watch groups were popular in the 1970s and 1980s but after people moved in and out of neighborhoods, they lost their effectiveness. They are again emerging in Des Moines and in many cities across the country.

If you are interested in finding out more about starting a Neighborhood Watch group along your street, contact one of the Waveland Woods Neighborhood Association board members. Their email addresses and telephone numbers are listed in this publication.

Here are some safety tips provided by the Des Moines Police Department Neighborhood Service Delivery Unit:

- Move all valuable items in the car out of sight such as GPS, purse, packages, radar detector.
- Don't leave a running car unattended in the street or driveway.
- Lock your home and vehicles.
- Let GOOD NEIGHBORS know you are gone for extended periods of time and advise them to contact the police when they see suspicious activity.
- Try to have packages and mail picked up by family or trustworthy neighbors so it is not piling up on the porch.
- If you have a security alarm system, PLEASE USE IT.
- Record make, model and serial numbers of your property.
- Take pictures of jewelry and other items that do not have serial numbers.
- When you see people walking in your neighborhood and acting suspicious, let them know you see them. If a burglar knows you see them, they are unlikely to commit criminal activity in your area for fear of being caught. (Do not be confrontational. If possible, take down vehicle plate and description of person/vehicle.)
- When leaving your home, look around to make sure no one is watching you leave.
- KNOW YOUR NEIGHBORS. Have block parties or barbecues. Outdoor activities will help neighbors to get to know each other.
- If you're going to be away from home for an extended period of time, you can always use the police department to assist with VACATION WATCH. Officers will check your property when time allows. CALL 283-4811.
- Never park in an unlit area, no matter how convenient it is. Don't over burden yourself with packages. (Don't buy more than you can carry!)
- Always have your keys in hand when approaching your vehicle.
- Always look through car windows before entering into the vehicle to assure no one is hiding in the back.

Waveland Woods Neighborhood Association
New & Annual Existing Member Form

New Member____ Existing Member____

Name_____

Children and ages_____

_____

Address_____

Phone ( )_____

E-Mail_____

Are there any projects you would like to see the Neighborhood Association initiate or participate in?

_____

_____

Would you like to serve on the board or a committee?

_____

Annual Family membership: $10; Annual Business membership: $25. Make checks payable to Waveland Woods Neighborhood Association and mail to:

Andy Lorentzen

5908 Chamberlain Dr.

Des Moines, IA 50312

If you see suspicious activity at a neighbor's home or in your neighborhood, call 283-4811 or 911 and your call will be forwarded to the correct division of the Des Moines Police Department.

Look for us on Facebook at www.facebook.com/WavelandWoods and Neighborhood Link at www.neighborhoodlink.com/Waveland_Woods.

Advertising now accepted

The Waveland Woods newsletter is now accepting advertising. If you would like to submit an ad, the cost is $50 per issue. Only business card-size ads are accepted. Contact Anne Van Ryswyk at 288-9068 or **avanryswyk@mchsi.com**, or you may contact any other board member if you would like to place an ad for your business. The newsletter is hand delivered to more than 400 households in the Waveland Woods neighborhood.

Waveland Woods News

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The WWNA area is 56th Street to 63rd Street and south of University Avenue to I-235 in Des Moines, Iowa.

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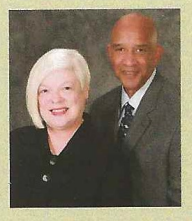
Many burglars will spend no longer than 60 seconds trying to break into a home. Good locks—and good neighbors who watch out for each other—can be big deterrents to burglars.

BERKSHIRE HATHAWAY
HomeServices



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