

HIGHLANDS-DOUGLASS NEIGHBOR

PUBLISHED BY THE HIGHLANDS-DOUGLASS NEIGHBORHOOD ASSOCIATION

SAVE THE DATE! SUNDAY, AUGUST 25, 2013

HIGHLANDS-DOUGLASS OLD FASHIONED ICE CREAM SOCIAL

There was no shortage of ice cream, family entertainment, friendly neighbors and good weather at last year's Old Fashioned Ice Cream Social. Sponsored by the Highlands-Douglass Neighborhood Association and held annually on the grounds of the Douglass Community Center, this free event for Highlands-Douglass neighborhood residents has become a favorite summertime family outing. Over 500 complimentary ice cream cones were served to last year's crowd. At the request of HDNA, neighbors generously brought several pantry loads of canned goods and paper products that were donated to the

Highlands Community Ministries' food bank.

This year, the 9th Annual Highlands-Douglass Old Fashioned Ice Cream Social will be held on Sunday, August 25, from 3:00 P.M. to 5:00 P.M. Free refreshments and family fun will include Haywood Dairy ice cream cones, sno-cones, popcorn (courtesy of Park Community Federal Credit Union), the famous Bubble Truck, a bouncy tent, live music and face painting. Bring the whole family, and enjoy a fun-filled, summer afternoon with old and new friends and neighbors. Don't forget your lawn chairs! 🍁



— Member Shopping Totes Now Available —

VISIT HDNA AT THE DOUGLASS LOOP FARMERS' MARKET

Have you seen the bright green reusable shopping totes with the Highlands-Douglass Neighborhood Association logo on them? If not, hightail it up to the Douglass Loop Farmer's Market, and visit HDNA's membership table on the second and fourth Saturdays of each month. Each household that is already a member of HDNA will receive a free shopping tote. Not a member yet? We're happy to sign you up for just \$12.00 per year per household — then you, too, can receive your free HDNA tote! See you at the Douglass Loop Farmer's Market!

The Douglass Loop Farmers' Market is located in the wooded loop in front of Briney Hall at Douglass Boulevard Christian Church, at the corner of Douglass Boulevard and Bardstown Road and is open from 10:00 A.M. – 2:00 P.M. each Saturday.

Are you a social butterfly who enjoys meeting and greeting? We are looking for volunteers to staff the HDNA membership table at the Douglass Loop Farmers' Market on the second and fourth Saturdays of each month. To volunteer, please contact Ed or Maggie Flynn at 459-4113 or via email at maf@ejflynnco.com. 🍁



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PRESIDENT'S MESSAGE

There have been several changes in our neighborhood this year, and, while I hate to complain, some of them haven't been exactly welcome. Farah Cleaners closed, Pinotti's Florist lost its lease, the PNC branch bank at Douglass will soon be only a memory and Tuesday Morning will have to relocate to make way for CVS/pharmacy. What is this? I don't want to be the type who resists all change, but really, this is getting to be too much.

And while I'm complaining, let me mention that annoying half page wrapped around the first section of the Courier-Journal and that advertising sticker stuck on the front page. What subscriber wanted that change? And who is that guy John from the shipping department of some life alert system who leaves a phone message every day despite the fact our phone number is on the no call register? I hope John has a life alert trying to cross Bardstown Road at Douglass in the length of time the traffic signal allows for pedestrians. And don't get me started on rude drivers who park across and block sidewalks in the neighborhood. I guess they aren't cited because police officers are driving down the streets too fast to notice.

Enough already. I suppose we should be thankful that we live in a very low crime rate area of the city. The teen crime of choice is still "egging" houses although those victimized consider it more than a prank since the resulting damage can be costly. Advice to teens buying eggs for nefarious reasons: don't wear your school tee shirts to Kroger's where you are captured on surveillance cameras. Really. You are giving your school a bad name. I am advocating the Douglass Park siren be sounded when teens buy eggs at Kroger's as a warning to homeowners. The National Weather Service may disagree.

On a more positive note, there have been several changes for the better. The HDNA board has changed the annual membership to coincide with the calendar year. We are publishing a third edition of the newsletter, our membership has quadrupled, we recently hosted a fun-filled Member Mixer and the Old Fashioned Ice Cream Social is just around the corner. The Jazz Fest will continue this year with a new partnership, the Olmsted Conservancy. We applaud the Jazz Fest committee's hard work and wish them continued success. We are grateful to the Douglass Blvd. Christian Church and Blair Helvey for allowing our presence at the Farmer's Market.

Overall, everything good about our neighborhood far outweighs the bad. Sometimes I just like to complain.

—NORMA MILLER

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EDITOR'S MESSAGE

Summer is always a busy time and its long days pass far too quickly. There are still so many interesting things to see and do in and around Highlands-Douglass Neighborhood and we have featured just a few of them in this late summer issue.

If you didn't get to travel far for a vacation this year, you can literally eat your way around the globe within walking or short driving distance from our neighborhood (*page 10*). While you're walking off that international meal, take a trek over to Grasmere Drive and visit the lizard carvings (*page 8*). If you want to see some interesting art, our own Highlands-Douglass Neighbor Joey Yates has curated two very different shows currently and upcoming at the Kentucky Museum of Art – *The Seven Borders*, and then coming in September, *The Gene Spatz Photographs* (*page 15*). And, no matter how you travel through our neighborhood, whether driving, walking, running or cycling, we've presented a host of safety guidelines to help ensure you get to your destination as safely as possible (*page 12*).

There's still some summer fun left to be had at our 9th Annual Old Fashioned Ice Cream Social, fast approaching on Sunday, August 25, from 3:00 P.M. to 5:00 P.M. This free annual event is sponsored solely by the Highlands-Douglass Neighborhood Association – one of the many things your annual dues help fund.

We hope you enjoy this issue and the last remnants of this wonderful summer.

Is there something you would like to share or learn about? Please contact me with your ideas at pam@pamhoguedesign.com.

I look forward to hearing from you! 🌿

— PAM FORSEE HOGUE

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– HDNA MEMBERSHIP –

HDNA MEMBER MIXER AT THE DUNDEE TAVERN

On Thursday, July 18, from 6:00 P.M. to 9:00 P.M., the Highlands-Douglass Neighborhood Association hosted its second Member Mixer. This free event for Highlands-Douglass Neighborhood Association members was organized by the membership committee and held at the Dundee Tavern at 2224 Dundee Road.



HDNA President Norma Miller announces the winner of one of the many door prizes.

Even though it was scorching hot outside, approximately 50 Highlands-Douglass Neighbors had a cool time inside, as they met and mingled and sampled a variety of complimentary appetizers and soft drinks. Dundee Tavern, in addition to being a gracious host, generously offered a 20% discount on entrée orders for HDNA members. Throughout the evening, door prizes were given away. We would like to offer a special thank you to volunteer extraordinaire Maggie Flynn for organizing this fun event!

Thank you to the following for donating door prizes:

Andrea Aschbacher	Heine Brothers Coffee (<i>Frankfort Ave.</i>)
Buschemeyer's Jewelers	Horton's Hardware
Barbara Dorf	Sue Lugar
Jay Douds	Norma Miller
Malinda Durbin	Morris' Deli
Dundee Tavern	Park Community Federal Credit Union



Greeting arrivals at the check-in table were, from left to right, membership committee members Malinda Durbin, HDNA Vice President, Ed Flynn, and HDNA Board Member and Membership Committee Chair, Muriel Handmaker.



Highlands-Douglass Neighbor J. Bruce Miller displays the Dundee Tavern gift card he won.



Highlands-Douglass Neighbors Royce and Linda Bailey



Highlands-Douglass Neighbors John and Cynthia Norton



Highlands-Douglass Neighbor Andrea Aschbacher and Park Community Federal's Ed Fallon

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A PRIMER TO METRO ORDINANCES OR HOW NOT TO RUN AFOWL OF THE LAW



Ten years have passed since the merger of city and county governments and its success, or lack thereof, is still being debated. The 2003 merger presented the newly elected Metro Council with numerous challenges, not the least of which was the adoption of ordinances for unified government. Combining former city and county ordinances was complicated by the fact that not all laws existing at the time were compatible. Since county government was the larger of the two, its ordinances took precedence if they were in conflict with the city. If a city ordinance addressed a subject on which the county was silent, the city ordinance was adopted. Although all Louisville Metro Ordinances can be found at Louisvilleky.gov, many people remain unaware of them and find themselves running afoul of the law.

Many ordinances still seem to reflect the rural nature of county government while others obviously evolved from urban concerns. Let's take the subject of chickens, for example. Are you allowed to have a crowing rooster in your back yard? Yes, but only one if your lot is less than .5 acre. In addition to the

rooster, you can also keep up to five non-crowing fowl on the same size lot. What about a lot larger than .5 acre? Let's just say there is nothing to prevent owning a nice sized flock as long as they are confined to your property by a fence. Picture how popular with the neighbors you would be with all that early morning crowing!



Understanding local dog and cat ordinances can be a challenge. Yes, you have to keep your dogs, cats, and ferrets licensed and, no, that little round rabies tag you got from the vet is not a license. Very few veterinarians sell pet licenses. They can be purchased from Metro Animal Services in person, online or by mail. Knowing that you can keep only three dogs outside if your lot is .5 acres or less and seven if it exceeds that size can be a ready defense to your child's request to bring home yet another stray dog. As self protection, do not reveal that there is no limit to the number of inside dogs homeowners are allowed as long as they are cared for in sanitary conditions. Whatever the number, dogs must be

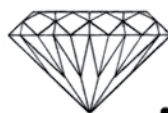
Continued on page 13

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WELCOME NEW BUSINESSES

The last few months have seen several new business openings in or near Highlands-Douglass neighborhood. We hope you will give them a friendly neighborhood welcome!

HAVANA RUMBA EXPRESS, 2210 Bardstown Rd., (502) 749-4600 (in the old Desserts by Helen and Fat Jimmy's Pizza spaces). Authentic, affordable and delicious Cuban and Spanish Tapas under one roof. Hours: Monday - Thursday: 11:00 A.M. - 10:00 P.M.; Friday - Saturday: 11:00 A.M. - 11:00 P.M.; AND Sunday: 12:00 P.M. - 8:30 P.M.

SINGLETON PSYCHIATRY PLLC, Gregory M. Singleton, M.D., 2108-C Bardstown Road, next to Trilliquin Yoga, (502) 409-5260. Dr. Singleton specializes in psychotherapy and/or medication management of many problems, including depression, anxiety, relationship problems, low self-esteem, obsessive compulsive disorder, and anger management problems. Singleton is board certified in psychiatry and is accepting new patients.

BUSINESS UPDATES

HOUSE OF BLEU GALLERY OF FINE ART AND PHOTOGRAPHY, 2208 Dundee Road in the Douglass Loop, 502-295-9991. Previously open Saturdays only, look for the studio's hours to expand soon. Owner Cassandra Russell is a painter, specializing in equine and pet portraits.

MILLER PHOTOGRAPHY has moved to 2211B Heather Lane, Louisville, KY 40218, (502) 454-5688. Their new location is just past Goldsmith Lane and the Watterson Expressway. We hope you'll continue to visit them! 🌿



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every Saturday from 10:00 a.m. to 2:00 p.m.**

WELCOME NEW NEIGHBORS

Welcome to all new neighbors who have recently moved to the Highlands-Douglass Neighborhood. We hope you will enjoy living here as much as we do. We invite you to join the Highlands-Douglass Neighborhood Association and come meet your neighbors at clean-ups, plantings, parties, and other great neighborhood events. 🌿

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– Highlands-Douglass' Four-Legged Ambassador – A SHAGGY DOG'S TALE

Prior to 2004, our three Old English Sheepdogs were happy walking in Cherokee and Seneca parks. When Navarre came to us, he decided we needed a change of scenery. Old English Sheepdogs were originally drovers' dogs in England. Navarre took his heritage seriously and went back to his roots by "driving" us into our neighborhood for



Navarre, Highlands-Douglass Neighborhood's furry ambassador

walks. He relished his daily strolls along the streets where he sniffed, made friends and waited patiently (most of the time) while I admired plants, trees and the diverse architecture in our neighborhood. Robert, my husband, and I had the added benefit of meeting people we had lived near for 30 years, but didn't know.

More often than not, our walks were punctuated with mini "show and tell" sessions. One such time, a school bus stopped at Village and Dorothy. The driver said she and the children saw us nearly everyday and were curious about the big dog: "Why did he walk like a bear?" "Why he didn't have a tail?" "How much did he eat?" "How much did he weigh?" "Why did he have a ponytail on his head?" I answered the questions while Narby (Navarre) stood by, knowing he was being discussed again. Soon they were on their way. Several weeks later, the same bus passed us and in unison the children called out "Hi, Navarre." What a sweet surprise for him!

Ch. Qubic 'N Hugs Navarre was a wonderful ambassador for his breed, whether he was in the show ring or walking in our neighborhood. His impeccable manners, distinctive good looks and gentle ways with people and other animals made him a traffic stopper wherever he went. Robert and I will never forget the lessons he taught us, especially: be a faithful friend, delight in the unusual, be kind to others, share your joy and your smiles. What a smart, sensitive dog we had.

Although Navarre lived in several states while he was being shown, he was happiest here with us and his friends in the Highlands-Douglass neighborhood he loved.

One day soon, we hope, a fifth Old English Sheepdog will be sharing our home and creating his or her own happy shaggy dog tale in our lovely neighborhood. 🍁

– ANDREA ASCHBACHER



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FALL JUNK SET-OUT DATES**

November 15, 2013 to November 17, 2013



– HOGAN'S FOUNTAIN "TEEPEE" UPDATE –

THE HIGHLANDS' NEWEST LANDMARK SLATED FOR NEW ROOF THIS FALL

It's been a while since our last update, but you'll be glad to know that we haven't been sitting on our hands. The balance of the monies needed to start the roof work in spite of the asbestos issues has been raised...\$72,000 in all!... and we're ready to start the work. We've just heard back from the Metro Parks Department, and we are striving to get the roofing work started the end of September. The busy summer rental schedule has pushed things a little more than we'd hoped, but how can you tell ANY of the many groups that rent that venue that it's not available?!? Consequently, the new roof should be good to go before the snow!

In addition, we've seen real progress in other areas as well. Our last update to the Highlands-Douglass Neighborhood included information regarding our pending Louisville Landmark application. We're thrilled to report that the Louisville/Jefferson County Landmarks Commission voted to "officially" designate the Hogan's Fountain Pavilion a Louisville Landmark. This designation not only gives the "TeePee" the validation it is due, it also applies guidelines that must be met before it can be altered or removed in the future.

Spurred on by this designation, and largely due to former Highlands-Douglass Neighbor, Anna Maas, Save Hogan's Fountain Pavilion submitted a nomination application to have the Pavilion included on the National Register of Historic Places! At this time, the application has passed both the local and state reviews with flying colors. In fact, one member of the state review board, Dr. Patrick Snadon of the University of Cincinnati, stated, "I think the Hogan's Fountain Pavilion may not only be regionally significant, it may be nationally significant, as well." In addition to being quite an honor, this designation will make the TeePee eligible for grants and historic tax credits that can help with further restoration and maintenance costs, as well. So, keep your fingers crossed for our final, national review this summer!

This long process has been a labor of love for an important piece of our local history. We continue to hear from people on a regular basis about how much this one-of-a-kind structure really means to them and to this community. All

of us who have worked so hard and given so much of ourselves to see our goals become reality hope that all of you in the Highland Douglass Neighborhood, who are essentially neighbors of the TeePee, will continue to visit it and enjoy the cool, peaceful shelter it provides on these hot summer days. Come enjoy an outdoor barbecue without having to worry about the weather. Bring your kids and your grandkids and let them discover the magic of this place.

We thank everyone who has contributed to our efforts to preserve and restore the TeePee to date, and we welcome contributions to the ongoing effort now and in the future. "Like" our facebook page (www.facebook.com/savetheteeppee) to keep up with the latest information on our efforts and ways you can be a part of this preservation success story. Remember, the TeePee needs all of us! 🍁

– TAMMY MADIGAN AND LARK PHILLIPS



Photo by Jack Taylor

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– In and Around Highlands-Douglass Neighborhood –

CHAINSAW ART BRINGS LIZARDS TO LIFE

Dorothy Danak has lived at 2015 Grasmere Drive since 1982. The home was her great-grandmother's, and although you might not recognize the house by the street address, you probably would by the unique piece of art in Dorothy's front yard – the "lizard tree." The lizard tree is a source of joy and curiosity among residents of the Highlands-Douglass neighborhood. "You wouldn't believe the number of people who stop to admire it or take pictures of it. I'm just happy others enjoy it as much as I do," Dorothy explained. "I have had a few folks tell me that every time they have out-of-town visitors, they come by to show them the tree."



Dorothy Danak's tree stump, at the corner of Grasmere Drive and Hampden Court, was transformed with chainsaw art, paying tribute to her iguana, Sebastian and serving as one of Highland-Douglass Neighborhood's more interesting landmarks..

It all started with a quick trip to the pet store.

Dorothy's then boyfriend set out to get her a pair of love birds. While Dorothy appreciated the sentiment, she decided she'd much prefer one of the small 4-6 inch lizards they had in the shop, thinking it would

be lower-maintenance and make a lot less noise. Over the next four years, Sebastian, as he was lovingly named for his regal stature, grew a foot a year! Soon, the four-foot iguana was unknowingly destroying Dorothy's home as he was much too big for the space, and the size of his brain was proportionally tiny compared to the size of his huge body. Luckily, Dorothy found a lizard retirement farm where Sebastian could live the final years of his life as he would have in his natural habitat with the exception of the special treats Dorothy brought him on her frequent visits.

About three years after his death, Dorothy was tasked with cutting down a large tree in her front yard. "It was a space I really didn't want to waste," said Dorothy. "I knew I could make it something beautiful, I just needed to find the right people." Upon the suggestion of a friend who had had similar art commissioned, Dorothy visited Chainsaw World, where, by a small coincidence, a Columbus, IN artist had just left his business card on their bulletin board the day before. Using only chainsaws in seven different sizes, in front of a large group that had formed to watch the process, Dorothy's plain-old stump became the beautiful work of art that it is today. Dorothy has plans to recreate this joy as another tree in her front yard will need to be removed soon. While she mourned for the tree as each limb fell in the beginning, now she becomes excited and curious to see what this one will become. 🍁



Sebastian, Dorothy Danak's pet iguana and inspiration for the tree carving.

– LYNDSAY MOUNTZ

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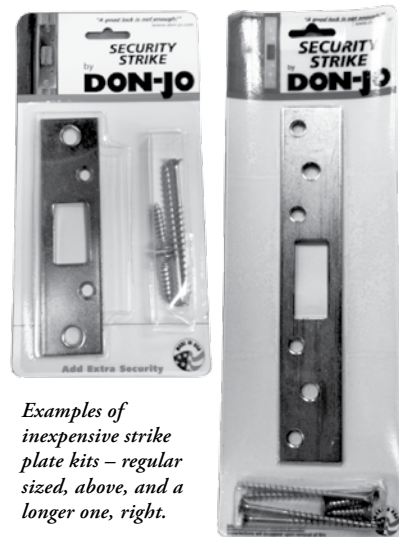
If you recognize that phrase, you are as old as I am. It means that sometimes a small amount of precaution is paramount to cleaning up a large mess after the fact.

And in the case of protecting your home, attention to a small item can make a huge difference. I'm talking about the strike plate on a doorframe. This small piece of metal is normally attached to the trim with short screws. One swift kick to the door and the strike plate is ripped from the trim and your door is easily opened to thieves. It's easy and inexpensive to make a forced entry much more difficult or prevent one altogether.

According to Mark Thompson, of WillisKlein Locks and Security, small and inexpensive products can make a big difference in your home's security.

First, you could reuse your existing strike plate and simply replace the existing screws with longer 3" screws. The 3" screws will extend through the trim and into the 2" x 4" framing of the doorway, more securely anchoring the strike plate to your door's frame. Secondly, you can purchase a large strike plate with room for additional 3" screws, adding even more strength.

These items can be found at WillisKlein or your neighborhood hardware store for under \$10. Now that is a lot of value for little money...



Examples of inexpensive strike plate kits – regular sized, above, and a longer one, right.

– THERESA CLARK

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TAYLORSVILLE ROAD FROM BOWMAN FIELD

At and near Bowman Field on Taylorsville Road, you can cover four continents' worth of cuisine: Le Relais (France), Oishii Sushi (Japan), Queen of Sheba (Ethiopia), Kingsley's Meats (American barbeque and prepared foods).

BISTRO LE RELAIS (*French fine dining*) – Situated in the historic airport terminal of Bowman Field, Le Relais offers French cuisine, in a 1940s art-deco interior. Watch the planes land in the sunset with outdoor dining on the deck. With a little imagination, you can see it exactly as Charles Lindbergh did when he landed the "Spirit of St. Louis" there in 1927.

QUEEN OF SHEBA (*Ethiopian*)– Located across from Bowman Field at 2804 Taylorsville Road, Queen of Sheba is Louisville's only authentic Ethiopian restaurant. Dishes feature a variety of beef, chicken, lamb, fish and vegetables with imported herbs and spices. Entrées are served together on a large round tray as your and your dinner companions gather around the "Mesob," a round Ethiopian table made of straws.

OISHII SUSHI (*Japanese*) – Visit the Far East just next door to Queen of Sheba at 2810 Taylorsville Road. Featuring Japanese sushi and tempura.

BARDSTOWN ROAD TO DOUGLASS LOOP

SOL AZTECA'S GRILL & CANTINA (*Mexican*), You can't miss the brightly colored facade at 2427 Bardstown Road (across from Kroger's). Featuring a large authentic Mexican menu, it's a fun place for a family meal.

ZAYTUN MEDITERRANEAN GRILL (*Mediterranean*) – Featuring traditional Mediterranean gyros, hummus, falafel and more, as well as imported beverages in a cozy Persian-inspired atmosphere at 2286 Bardstown Road.

BAHN MI HERO (*Vietnamese*) Located at 2245 Bardstown Road and serves both traditional and innovative Banh Mì sandwiches (pronounced "Bon Me"), Vietnamese tacos, Vietnamese beverages and Caphe Vietnam (Vietnamese French drip coffee served over ice).

HAVANA RUMBA EXPRESS & TAPAS BAR (*Cuban/Spanish*) – Opened just this summer at 2210 Bardstown Road in the Douglass Loop, this smaller, express version of Havana Rumba features authentic Cuban food and Spanish tapas from the creators of Havana Rumba and Mojitos.

CAFÉ LOU LOU (*Cajun-inspired*) – If you're hungry for a taste of New Orleans, Café Lou Lou, at 2216 Dundee Road in the Douglass Loop, serves up a delicious and unique selection. Don't want to travel at all? They deliver.

Feel like staying local? Don't forget the **Douglass Loop Farmers' Market** and the Bardstown Road Farmers' Market, each with a wide range locally grown and made edibles. 🍁

– JAY DOUDS

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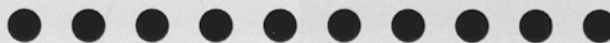
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It's never fun when a major household appliance unexpectedly "dies," but now there is a silver lining. Did you know that LG&E offers its Home Energy Rebates Program with the purchase of certain ENERGY STAR® qualified appliances, high-efficiency HVAC systems and qualified window film? The rebates range from \$50 to \$300 and are available to LG&E and KU residential electric customers. In order to be eligible for rebates, qualified appliances and products must be purchased after November 9, 2011, meet the proof of purchase requirements and be fully installed and operational.



Customers may apply for a set number of rebates within each category during a 12-month period, and a maximum number of rebates per category will be allowed per customer account. Refrigerators at 7.75 cu. ft. or larger are eligible for rebates.

Visit www.lge-ku.com/rebate/home and sign in to "My Account" to start a rebate application online or call 1-800-356-5467.

Once a rebate application is approved, your rebate check will be mailed within four weeks. 🍁

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PNC DOUGLASS LOOP BRANCH TO CLOSE SEPTEMBER 2013

The Douglass Loop branch, located at 2123 Bardstown Road, at the corner of Bardstown Road and Douglass Boulevard, will close September 20, 2013 and be combined with the Hawthorne Branch, located at 2901 Bardstown Road (across from Assumption High School).

Existing accounts will not be affected and customers may bank at the Douglass Loop location until 3:00 P.M. on Friday, September 20, 2013.

-NO CLOSING COSTS-

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SAFETY IS AS SAFETY DOES

WAYS TO TRAVEL SAFELY IN OUR NEIGHBORHOOD

Highlands-Douglass neighborhood residents enjoy living in a park side neighborhood where walking, running, jogging and cycling are a way of life. However, especially during peak warm weather months, we can all do our part to ensure our neighborhood is safe for all us who share the streets, whether in a vehicle or on foot. There's a familiar saying, "Know safety, no injury. No safety, know injury." Following are some ways we can know safety a bit better in our neighborhood.

SAFETY FOR CYCLISTS

Bicycles as vehicles are subject to the same laws as a car with some modifications. Metro Police have provided a list the general rules to follow under Metro ordinance and the state has issued regulations 601 KAR 14:020 per KRS 189.287.

- Come to a complete stop at every stop sign and red light.
- Do not weave in and out of traffic or pedestrians.
- Yield to traffic before entering or crossing a roadway or before moving across one or more lanes.
- Signal turns and lane changes at least 50 feet in advance.
- Don't ride a bicycle if you've been drinking alcohol. Not only is it not safe, but riding a bicycle while under the influence is actionable, carrying a fine of \$20 to \$100. (Kentucky statute 189.520, which covers non-motorized vehicles).
- Never ride in low light without a bright, white non-flashing headlight and red rear reflector. Wear white or light colors.

- No person over 11 years old shall operate a bicycle on any sidewalk in Louisville Metro, and nobody of any age shall ride on the sidewalk downtown, with some exceptions for official persons as part of their duties.



- Not more than TWO bicycles may ride side-by-side in a single highway lane.
- You **MUST** wear a helmet if you are under 18 years old and you are riding in any Metro Park.

SAFETY FOR MOTORISTS:

- Increase your defensive driving "scan and search" to include pedestrians and cyclists.
- Keep your windshield clean.
- Observe the speed limit. The speed limit through the park areas and residential streets is 25 m.p.h. If a car going 20 m.p.h. hits a person, there is a 95% chance that person will survive. If the car is traveling 30 m.p.h., the chance of survival decreases to 50%. At 40 m.p.h., only 15% of people struck at this speed survive.
- Be extra mindful of older pedestrians, which account for 16% of all pedestrian fatalities. They can require more time to cross a street and often have diminished vision and hearing.



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- Pass only when you can allow at least three feet between yourself and the cyclist, returning to your lane only when completely clear of the cyclist.




- Before passing a cyclist, look to see if there is anything in the right lane (debris, parked cars, drainage grates, etc.) that might cause the cyclist to divert their course to the left.
- When opening your car door, look for cyclists in your rear-view mirror.

SAFETY FOR RUNNERS (AND WALKERS)

The Road Runners Club of America suggests these guidelines for running safely.

- DON'T WEAR HEADPHONES. Your ears may help you avoid dangers your eyes may miss.
- Run (and walk) against traffic.
- Look both ways before crossing. Be sure the driver of a car acknowledges your right-of-way before crossing in front of a vehicle.
- Obey traffic signals.
- Carry identification or write your name, phone number, and blood type on the inside sole of your running shoe.
- Carry a cell phone or change for a phone call.
- Run/walk with a partner. Run/walk with a dog.
- Wear reflective material if you must run/walk in the dark.
- Carry a noisemaker.
- Get training in self-defense.

For more information, visit www.rrca.org. 

—JAY DOUDS


A PRIMER TO METRO ORDINANCES

OR HOW NOT TO RUN AFOWL OF THE LAW

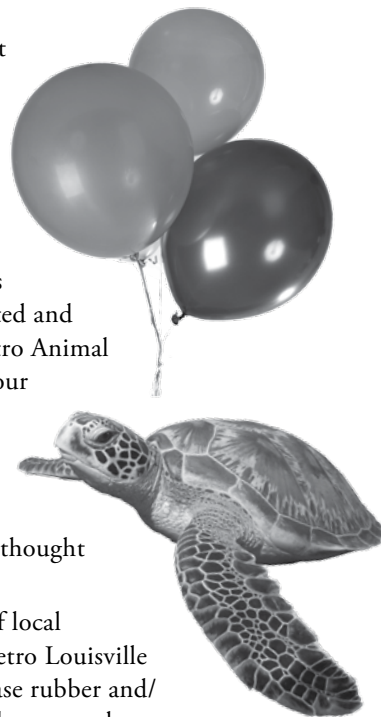
Continued from page 4

restrained by a fence, invisible or otherwise, and not tethered to a fixed point. Speaking of restraint, a dog must be walked on a leash when not on the owner's property. There is also the matter of one's legal obligation to scoop poop. Come on, dog walkers, you know the drill.

Cats are another story. Your cat may roam outside as long as it stays in your yard. I'm not certain, however, that cats understand the law, and, if they do, they are likely to ignore it. If you are feeding a community cat – one that has been neutered, spayed, inoculated and ear tipped by Alley Cats or Metro Animal Services – do not take it into your home to feed. By doing so, the law presumes you are the owner who must take responsibility for licensing and all other forms of care you thought you were avoiding.

To round out your education of local ordinances, be aware that in Metro Louisville it is illegal to intentionally release rubber and/or plastic Mylar balloons into the atmosphere. Remember that next time your Brownie Scout troop organizes a release of balloons containing notes by little Brownies seeking pen pals. Instead of alighting in Akron, the balloons might be carried east by prevailing winds and burst over the Atlantic Ocean, where they could be eaten by dolphins, sea turtles, seabirds and migratory waterfowl resulting in the death of such animals by intestinal blockage. Just one small act of concern and awareness of the world's ecological problems demonstrated by Louisville lawmakers. 

— NORMA MILLER



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HOW TO MAKE THE MOST OF THE ONE PERCENT

SUMMER WATER CONSERVATION

Normally, water conservation is a hot topic during the scorching summers we have grown accustomed to in Louisville. However, as I sit and write this article on a chilly night while it's raining, I am very much aware that this has not been a normal summer. Cooler temperatures and plenty of storms may have you saying, "I really haven't needed to use much water this summer." So what's the big deal?

The big deal is this: humans need water to survive. Roughly 60% of our body is made of water. It takes only a 1% loss in our body's water level to experience dehydration. The effects are quick, and can be life threatening. Nearly 97% of the world's water is salty or otherwise undrinkable. Another 2% is locked in ice caps and glaciers. That leaves just 1% for all of humanity's needs –agricultural, business, community, and personal needs.

How do we use that 1%? Very little of it is actually consumed. The rest is used to water our lawns and gardens, and run our dishwaters, toilets, showers, sinks, and baths. By taking

measures to protect our water supply and reservoirs today, we safeguard the health and livelihood for future generations. Plus, it can save you money, and who doesn't like that?



Following are some tips to conserve water both inside and outside your home. Challenge yourself to do just one, and take ownership of the part you play in securing a healthy place for our children tomorrow.

- Adjust sprinklers so only your lawn is watered and not the house, sidewalk, or street.
- Water your lawn or garden in the morning or evening when temperatures are cooler to minimize evaporation.
- Use a broom to clean your deck, driveway, or sidewalk instead of a hose.
- Plant your garden with finished compost to add water-holding nutrient-rich organic matter to the soil.
- Aerate your lawn at least once a year so water can reach the roots rather than run off the surface.
- Run your clothes washer and dishwasher only when they are full (you can save up to 1,000 gallons a month).
- Use a water-efficient showerhead. They're inexpensive, easy to install, and can save you up to 750 gallons a month.
- Soak pots and pans instead of letting the water run while you scrape them clean.
- Put food coloring in your toilet tank. If it seeps into the toilet bowl without flushing, you have a leak. Fixing it could save up to 1,000 gallons a month.
- Shorten your shower by a minute or two and you could save up to 150 gallons a month! 🍁



– MEGHAN GREENWELL

FREDERICK LAW OLMSTED PARKS NEED YOU!

Olmsted Park Stewards are individuals who put forth a little extra effort toward the restoration of Frederick Law Olmsted Parks. The training program teaches about the history of the Frederick Law Olmsted Parks, how to identify plants, properly remove invasive plants and plant native trees and shrubs. If you have a passion for our parks, the Park Steward training program will provide you with knowledge and skills to assist with park restoration projects, volunteer events and/or community outreach.

Contact Sarah Wolff at (502) 456-1623 for more information and to apply to become a Park Steward today! To qualify, you must be 18 years or older. Training classes begin August 15.



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CURRENT AND UPCOMING EXHIBITS AT KENTUCKY MUSEUM OF ART AND CRAFT

THE SEVEN BORDERS, AN EXHIBITION

Through September 1

Kentucky is one of the most bordered states in the country, and the only one with seven. This show, presented by Kentucky Museum of Art and Craft (KMAC), and curated by Highlands-Douglass Neighborhood's own Joey Yates, examines the shared histories and common threads that connect a wide array of creators working in the region. Featuring work from Kentucky's seven border states – Illinois, Indiana, Missouri, Ohio, Tennessee, Virginia, and West Virginia, The Seven Borders highlights a range of practices and ideas that are of particular interest to this area of the country. Exploring themes ranging from suburbia, the weather, urban decay, highways and politics, The Seven Borders focuses on artists who weave the narrative of our shared region into their work. In keeping with recent shows at KMAC, this exhibit combines local, national and international artists with regional folk artists, quilters, ceramicists, and woodcarvers. Rivers, lakes and concerns regarding the region's ties to industries like coal and tobacco are examined as well.

By showing how specific ideas, stories and processes are utilized to create a narrative on the importance of place for an artist, the exhibit provides viewers with a glimpse of a possible regional identity.

THE GENE SPATZ PHOTOGRAPHS

September 13 – November 3, 2013

Gene Spatz was an American photographer and known as one of the pioneers of the paparazzo. He captured the off-limits world of celebrity during the 1970's and 1980's. This is the first solo museum exhibition of his work. Curated by Joey Yates. 🍀



Image: Gene Spatz, Lucky Lady Party @ the 21 club with Liza Minnelli, Burt Reynolds, Ryan O'Neal, Lauren Hutton, Jack Haley Jr., 1975.

ATHERTON HALL OF FAME BANQUET TO BE HELD

The Atherton Alumni Association will hold its 12th Annual Hall of Fame Banquet on Thursday, September 19, 2013, from 6:00 P.M. - 9:00 P.M. at the Galt House Hotel & Suites, Grand Ballroom A. Past inductees have included author Sue Grafton, David Grissom, Metro Council member Tom Owen and Congressman John Yarmuth and Highlands-Douglass Neighbors John Schenkenfelder, J. Bruce Miller, Leonard Lusky, Dolly Wisman Berry and Thomas Win. To attend, visit www.athertonalumni.com or call Nick Gardner at (502) 568-4267. 🍀

DON'T LEAVE US, TUESDAY MORNING

Rumors that the CVS is planning a new store in the Douglass Loop have abounded for more than a year, but according to a recent Courier-Journal article, it is more than a rumor. CVS has a contract to buy the building at 2226 Bardstown Road and has applied for a permit to demolish the building and build a new one. The building has been home to Tuesday Morning since 2000, and there is a question of where Tuesday Morning will be forced to move. According to Donna Hall, Tuesday Morning manager, no new location has been selected, but the corporate office is trying to find suitable space somewhere in the Highlands. Gardiner Lane and Mid City Mall have both been mentioned as possibilities.

Originally located in a small Baxter Avenue strip mall storefront near Highland Avenue, Tuesday Morning began as an invitation only shopping experience for preferred customers. On specific Tuesday mornings, the store opened at 8:00 A.M. and admitted shoppers who had received invitation postcards. Closed at noon, the store would reopen on Thursday for the shopping public. Throughout the year, the store was closed for 16 weeks. Today, Tuesday Morning is open year round and is our own little department store within walking distance for many neighbors. It has become such a neighborhood institution that its loss would be keenly felt. More information can be found at <http://www.courier-journal.com/apps/pbcs.dll/article?AID=/201307300300/ZONE01/307310015>. 🍀

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HDNA IS ON FACEBOOK

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www.facebook.com/highlandsdouglass



IMPORTANT PHONE NUMBERS

Louisville Police (LMPD)	574-7111
Fifth Division	574-7636
MetroCall	574-5000 or 311
Louisville Gas & Electric	
Customer Service	589-1444
Power Outage	589-3500
Transit Authority of River City (TARC)	
Customer Service	585-1234
Metro Animal Services.....	361-1318
Metropolitan Sewer District (MSD)	
Customer Service.....	540-6000
Board of Elections.....	574-6100
Metro Council District 8, Tom Owen	574-1108

WON'T YOU BE OUR NEIGHBOR?

For just \$12 per household per year, you can become a member of the Highlands-Douglass Neighborhood Association. Your membership will help us serve our community by:

- Working with your Metro Council representative to improve our neighborhood
- Promoting safety and security in our area
- Bringing neighbors together by sponsoring neighborhood events such as the Old Fashioned Ice Cream Social and more...
- Maintaining and improving the integrity of our park side neighborhood

To join, please mail your check for \$12 to Highlands-Douglass Neighborhood Association, P.O. Box 5194, Louisville, KY 40255 or e-mail hdna@gmail.com.

HIGHLANDS-DOUGLASS NEIGHBORHOOD ASSOCIATION 2013 OFFICERS & BOARD MEMBERS

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Norma Miller, President
Malinda Durbin, Vice President
Mike McMahon, Treasurer

BOARD MEMBERS

Term Ending November 2013

Valarie DeSalvo Muriel Handmaker
Jeff Hogue J.T. Johnston
Norma Miller

Term Ending November 2014

Wayne Anderson Theresa Clark
Jay Douds Erna Gwinn
D.G. Mawn Mike McMahon

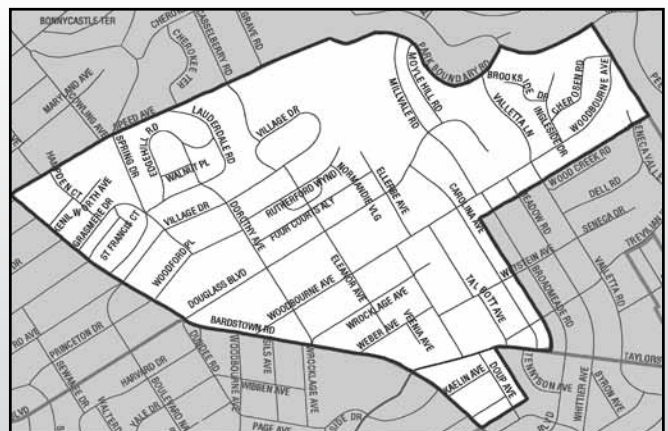
Term Ending November 2015

Barbara Dorf Malinda Durbin
Pam Forsee Hogue Anne Smith

Board meetings are held at 6:30 P.M. on the first Wednesday of each month at the Douglass Community Center, 2305 Douglass Blvd., for members and residents to plan neighborhood activities and present and address neighborhood topics. At each meeting, you will speak directly with your Metro Councilman, Tom Owen or a member of his staff and discuss safety concerns and receive updated crime reports from our fifth district officers.

HIGHLANDS-DOUGLASS NEIGHBOR NEWSLETTER DELIVERY TEAM

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THE HIGHLANDS-DOUGLASS NEIGHBORHOOD