



# Columbine West Civic Association Newsletter



**CWCA – Your Homeowners' Organization**

Vol. 35 No. 04

May 2013

Circulation: 1,555



## Thank You For...



### Storing Recreational Vehicles Properly Hidden From View

## We Are Good Neighbors

Colorado offers a wealth of recreational opportunities for all seasons; winter skiing, sledding, and snowmobiling to summer camping, fishing, and boating, residents of Colorado have abundant choices. To fully enjoy these activities, it often takes motorized equipment such as RVs, campers, boats, snowmobiles, and trailers to haul all the various equipment.

Storage of these recreational vehicles continues to be an ongoing issue in Columbine West. CWCA acknowledges and thanks those residents who comply with the covenants, which specify that all recreational vehicles must be hidden from view, either in your garage or behind a 6' wooden fence. Residents who store their recreational vehicles properly are being respectful and considerate of the entire community. On the flip side, recreational vehicles parked in driveways and on the street can create problems. Some residents have reported trouble seeing around large recreational vehicles when trying to back out of their driveways. This can create a safety concern for themselves and/or other motorists driving on the street. Our neighborhood children who may be on the sidewalk are at greater risk of not being seen, due to sight lines being blocked by large recreational vehicles. Along with the safety factor, parking large recreational vehicles on the street takes up valuable parking space for others, especially those that live in cul-de-sacs or do not live on corners. Residents trying to sell their homes may lose prospective buyers who don't want to live in a neighborhood that has recreational vehicles parked in plain view.

While CWCA covenants state – a recreational vehicle shall not be permitted to remain upon any lot or public 'right of way' either temporarily or permanently unless hidden from view, homeowners are allowed time to load and unload, but should aim to have it completed within a 24 hour time period. Please be considerate and not bring the RV/ trailer out at the beginning of summer or winter recreational equipment out at the beginning of winter and leave it in the driveway or on the street, until the end of that season. If the vehicle is used weekly, limit the loading time to 24 hours, unloading within 24 hours, and store the vehicle properly until used again. It is a privilege to live in Colorado and a pleasure living in Columbine West. Be a good neighbor and respect your neighbors as well as the covenants.

### Next CWCA Meetings

7:00 p.m. Dutch Creek Elementary

\* 6:30 p.m. Pool Pavilion

May 14th, \*June 11th, \*July 9th,

\*August 13th, September 10th

### Newsletter News

Delivering the newsletter is completely volunteer based, helping CWCA to save valuable resources. Neighbors depend on this communication system to stay informed on upcoming events. Please consider joining as a delivery volunteer, we are always looking for extra people, and could use more hands to add to our substitution list, which helps when someone is ill or out -of-town. If you would like to get in some constructive walking, please call 303-972-2387.



*To initiate civic programs that bring the community together and encourage residents to maintain the general appearance of Columbine West.*

### 2013 CWCA Calendar of Events

- May 3rd, 4th & 5th: Community Garage Sale
- May 14th: CWCA Meeting (Elections)
- May-September 2013: Yard of the Month
- June 8th: Dumpster/Recycling Day
- June 11th, 6:30 p.m.: CWCA Meeting (Pool Pavilion)
- July 9th, 6:30 p.m.: CWCA Meeting (Pool Pavilion)
- July, TBD: Pool Party (Chairperson Needed)
- August 13th, 6:30 p.m.: CWCA Meeting (Pool Pavilion)

## CWCA Elections in May

Elections will be held during the **May 14th** CWCA Board meeting. The slate of officers and Board members is as follows: President, John Basila; Vice President, Open; Secretary, Cindy Coats; Treasurer, Mary Cole; Board positions, Marcia Patullo, Open, Open

The positions of Pres., V.P., Treasurer & Secretary are one year tenure and are part of the annual election process. Those individuals looking toward Pres. & V.P. must have held a Board position to be considered for election. CWCA has (6) positions for Board Members, with three positions having alternating year elections. This year there are (3) Board positions that are coming up for election. These positions ask for a volunteer to make a (2) year commitment, attend monthly meetings and require that Board members reside in the neighborhood and be current paid members. Board members also have an opportunity to attend Co-Hope meetings on a rotational schedule. If you are interested in running for a Board position please contact the voicemail # 303-904-8218 and leave a message indicating your interest. At anytime community members who would like to volunteer on a project can attend a monthly meeting, which is open to all neighbors, or leave a message on the voice mail line.

## Merci, Danke, Gracias, Arigato & Dzlekuje, to Nora Lund

*People with a strong sense of gratitude, love and appreciation don't necessarily have more than others; they aren't "luckier". They simply recognize and see more beauty in their lives. A 2003 study suggests that people who count their blessings are generally happier and healthier than people who don't. If you ever feel as if anything in your life isn't "enough", try practicing an attitude of thankfulness. You might realize how good you have it after all.* Columbine West Civic Association has been able to count their blessings for the years that Nora Lund has stepped in and volunteered her time and talents. For almost a decade, Nora Lund has selflessly served our Community and the Columbine West Civic Association. She has worn many hats, answered lots of questions, lead monthly meetings and even picked up a rake or two. We are truly grateful for Nora's work in our Community, serving on the Board, acting as President and holding many committee positions through the years. Many of the systems and processes Nora developed over the years will continue to be used by the CWCA to improve our neighborhood. All good things must come to an end. Nora has decided to move on to new adventures and share her talents with others. Thank you, Nora, for your participation, your leadership and your friendship.

## Columbine Community Day: Saturday, May 4th

Community Day is a day for the community to get together and have some fun. It was developed so Columbine High School could give back to the community some of the love and support that they received after the 1999 tragedy. The Run for Remembrance is a 5K race that will include a competitive run as well as a fun run/walk. This year we will be remembering our past and honoring our future through donations to Craig Rehabilitation Hospital, the Columbine Memorial and the Frank DeAngelis Columbine High School Academic Foundation. Medals will be awarded to the top three runners in each category.

## Columbine West Civic Association

303-904-8218 • [www.columbinewest.org](http://www.columbinewest.org)  
[www.neighborhoodlink.com/jeffco/cwca](http://www.neighborhoodlink.com/jeffco/cwca)

### Officers

John Basila, *President* • 303-904-8218 • [CWCAtalk@gmail.com](mailto:CWCAtalk@gmail.com)  
 Cindy Coats, *Secretary*  
 Mary Cole, *Treasurer*

**Board Members:** 3 Filled, 3 OPEN

### COHOPE Delegate

Cindy Coats and Floating Board Member

**Newsletter Delivery Coordinators:** 303-972-2387

**Newsletter Editor:** Natasha McCombs, [ncmcombs@yahoo.com](mailto:ncmcombs@yahoo.com)

**Website Coordinator:** John Basila

**Newsletter Ad Manager:** Colorado Lasertype

**Garden Committee Chair:** Mel Ochs

### Schools

Dutch Creek Elementary 7304 W. Roxbury Pl.  
 Ken Caryl Middle School 6509 W. Ken Caryl Ave.  
 Columbine High School 6201 S. Pierce St.

The newsletter is published monthly. Deadline for news is the 13th and ads is the 15th of each month for the next month's issue except the Jan. issue which is Dec. 6th. **All articles must be approved by the editor for publication, or as space permits.** To submit an article, please call a board member or e-mail the editor. All "Letters to the Editor" must be signed and include a daytime phone number in case there are any questions. Letters may be printed without the author's name if requested.

**For advertising, contact Colorado Lasertype, 303-979-7499**  
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## Important Numbers

### 1) Scrap Metal pick-up, 303-522-8041

Unwanted scrap metals of any kind, freezers, refrigerators, stoves, washers/dryers, microwaves, vacuums, shelving, mowers and car batteries. Metal is found in many household items; please feel free to call before you throw them away. The more we recycle, less piles up in the landfill. Fees are charged where necessary; otherwise this is a FREE service.

### 2) Rooney Road Recycling, 303-710-9120

For appointments call: 303-316-6262

\$20 drop-off charge/cash or check. \$30 home scheduled pick-up. \*Includes: 75lbs of the following items: paint thinner, fertilizers, waxes, cleaners, oil based paint, anti-freeze, batteries, aerosol cans. In addition to the 75lbs of the above, you are allowed the following: 25 gallons of oil, 10 gal. of latex paint, 5 auto batteries and 5 florescent light bulbs. \*Open by appointment only: Wednesdays & Saturdays (8am to 2pm)

## Jefferson County Numbers

Information	303-279-6511	Motor Vehicles	303-271-8100
Animal Control	303-271-5070	Highways &	
Clerk & Recorder	303-271-8168	Transportation	303-271-8495
Colorado State Patrol	303-239-4500	Planning & Zoning	303-271-8700
County Commissioners	303-271-8525	Sheriff - Emergency	911
County Administrator	303-271-8500	Traffic Complaints	303-271-5677
Extension Service	303-271-6620	Voting Information	303-271-8111

## NIC Mission Statement

A group of volunteer homeowners who welcome new residents, educate all Columbine West residents about covenants, zoning and county ordinances, while addressing issues pertaining to our community, and look for opportunities to improve and enhance our neighborhood.

## See You at the Recycling/ Dumpster Day & Local Food Drive

**When:** Saturday, June 8th, 8 a.m. – 12 p.m.

**Where:** Church for All Nations, 6500 W. Coal Mine Av.

(east of McDonalds). Entrance to event is from Marshall St only. Do not enter through the McDonald's driveway. From Coal Mine, turn south on Marshall St. (by Shiloh House). From Pierce St., turn east on Ottawa St. (by Angie's Restaurant).

**Cost:** CWCA Members – FREE

**Columbine West Non-CWCA Members:** \$25

**Cash or Check Only – No Credit Cards accepted.**

Must have picture ID with valid Columbine West address or proof of address from a current Xcel bill. This event is open only to residents of Columbine West.

We will have on-site document shredding, metal recycling, electronic recycling, and trash trucks for dumping items that don't fit into any of the other categories. Having it all in one place on one day increases efficiency while saving residents time and hassle. CWCA is excited to sponsor this event, which helps keep our neighborhood clean and safe, through the Columbine West membership dues.

We are also collecting canned goods and/or non-perishable goods which will be donated to the Open Arms food bank which helps support those in need in our community.

Examples of acceptable recycling and/or dumping items are as follows:

**Document Shredding:** Financial records, tax returns, bank/credit card statements, cancelled checks, other paper documents with personal information. **Metal Recycling:** Metal, aluminum, copper, cords/strings of lights, auto batteries, lawn mowers, microwaves, dishwashers, washers/dryers, stoves, refrigerators, small appliances, silverware, cast iron cookware, tools, DVDs, VCRs, barbecue grills, computer accessories. **Electronic Recycling:** TVs, computer monitors. **Dumpsters (Trash Trucks):** branches, bushes, doors, windows, scrap lumber, anything you would take to the dump.

The drop off stations will be set up in the order above. If you have items for more than one station, load your vehicle in the reverse order so that the documents are the first thing to unload, the metal items next, then electronics, and finally things for the dumpster. It will make it easier to motor through the stations and help facilitate the flow of traffic. Volunteers will be on hand to help unload.

Remember, you can make as many trips as you want within the 4-hour event. If you would like to volunteer to help, please call the voice mail line at 303-904-8218 and leave your name and number. We look forward to seeing you there.

## Gas line Replacements

Columbine West will be experiencing some gas main lines being replaced this Spring. A locate company has marked those properties affected. Be aware of these workers and use caution in the construction zones.

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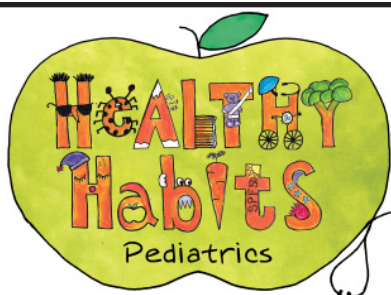
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[www.columbineanimal.com](http://www.columbineanimal.com)

## Yard of the Month Winner

The first Yard of the Month for 2013 is 8009 W. Fremont Ave, home to the De Boer Family, Betty & Bernie along with their children, Jennifer (19), Alex (18) & Nathan (15). The family moved from Iowa into Columbine West in 2001. Betty works in retail while Bernie is a paralegal. The yard used to have bushes, bushes and more bushes, all around the front corner landscaping. Removing the bushes gave way to new brick planter beds being built and creating a sense of openness to the corner lot. More overgrown bushes were also around the homes porch foundation and driveway. About 4 years ago they removed them, enlarged the porch and widened the driveway. These improvements have made for a very neat and pleasing landscape. The De Boer's love the look of their yard and appreciate being selected as the recipients of the Yard of the Month award. Thank You to Columbine West resident, Realtor & CWCA Pres. John Basila, who has agreed to sponsor this years' contest. The residents who win the "Yard of the Month" contest will receive a \$50 cash prize and get to display a sign in their yard recognizing their award. Beginning May 1st, while you are driving, walking, running or biking through the neighborhood, if you notice a yard that is beautifully maintained and shows unique creativity, nominate them for the award by emailing [cwcatalk@gmail.com](mailto:cwcatalk@gmail.com) or by calling the CWCA hotline: #303-904-8218. John will also post photos of the winning homes on [columbinewesthomes.com](http://columbinewesthomes.com).



## Trash Service Special Savings

Many more trash cans are visible at curbside on Mondays, this is due in part from the trash service special Columbine West residents can take advantage of. A special discount is available to ANY Columbine West community member. You do not have to have a paid CWCA membership. Please check into the savings available from Allied Waste, it can help reduce the amount of days we have trashcans at curbside and trucks roaming the neighborhood. Less truck traffic can help keep our neighborhood streets from deteriorating so quickly. Give Allied Waste a call at their Customer Service number # 303 286-1200. Allied offers a sizable discount off the regular price of trash and recycling services. Also, make sure that if you are a current customer, call Allied to check if you are getting the discounted rate. Tell them you are a Columbine West resident, that's it, enjoy the savings.

## 50 Years & the 50th Eagle Scout

As Troop #459 prepares for its 50th Anniversary on August 3rd, we are calling out to all past scout families to share either a funny scouting event or update on their scout. Columbine West is home to the Martin Family; Craig & Christy along with their son Tyler and daughters: Christine, Caitlin. The special thing about Tyler is that he was the 50th scout in Troop #459 to earn is Eagle award in 2002. Tyler graduated from Columbine H.S., attended University of Colorado, Denver, earning a B.A. in Criminal Justice and upon graduation he applied to the police academy. In 2011 he became Deputy Martin with the Jefferson County Sheriffs Dept. Congratulations Tyler, we all feel much safer with you as one of our sheriffs. Troop #459 is trying to locate alumni scouts and their families, if you happen to have email, phone #s or addresses, contact us at: smstr459@gmail.com. If you would like to order a commemorative graphic t-shirt celebrating our troop, drop us an email, they can be purchased for \$15.



## Volunteers Needed

The CWCA Board is always looking for more volunteers on their committees! If you are interested in helping out, but are not interested in being a Board Member, think about joining a committee. We have a Membership Committee, a Budget Committee, Garden Maintenance Committee, Covenants and Architectural Control Committee and a Special Events Committee... so there is bound to be something you are interested in! Email your interest through the website, go to: [www.neighborhoodlink.com/jeffco/cwc/](http://www.neighborhoodlink.com/jeffco/cwc/) or call the voicemail line at 303-904-8218.

## Columbine Kiwanis

The 9HealthFair at Columbine United Church was a success. The fair was held Saturday April 13, 2013 from 7:00 to noon. Thank you to each volunteer who worked to make the fair succeed. We were able to help over 500 people take charge of their health, because more than 120 people volunteered their time and skills. If you have medical skills or not you can volunteer to help your neighbors. Please remember the 9HealthFair has happened every year since 1980 and can only continue with community support. Columbine Kiwanis is group of volunteers dedicated primarily to children in our local community. We also have fun at our meetings which include an interesting speaker and social events. Come check us out. Weekly scheduled meetings Wed at 6:45am at Roberts Italian Restaurant, 6745 Ken Caryl Ave. Free breakfast for first time visitors. Membership Dues are \$33.00 per month including meeting breakfasts. Guest and Interclub Breakfasts are \$6.50 each, payable to the Treasurer. For information call, Ken Sweet 303-973-8253 or visit our Web Site at [www.columbinekiwanis.org](http://www.columbinekiwanis.org).

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## Spring into action! Shred your old documents

I am sponsoring a **Shred-A-Thon**  
at Clement Park, 7306 W Bowles Ave, on  
**Saturday, May 25th, from 10 a.m. to 1 p.m.**  
It will be at the Northeast corner parking lot.

The Shredding services will be provided by  
Curbside Datatrol and they will have a truck  
there to shred all of the documents on site.

The service is free to everyone who  
comes to the park during those hours.



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### Clubs West Swim Team 2013 Season

Our local swim team has posted the registration information for the summer swim program. All levels of swimming abilities are accepted and encouraged to participate. The team is made up of talented and inspiring swimmers. The swimmers are coached by qualified individuals along with assistant junior coaches that are local high school students. Parents are encouraged to participate in different areas such as heating, timing, data entry, concessions and fundraising. The group is very warm and incredibly fun to hang out with, while kids have the opportunity to make some new friends. Registration information is on the website for interested swimmers. Check out the Clubs West website at <http://clubswest.topcities.com/>. When the Columbine West Pool opens the swimmers will be in the water at 6:30 am for morning practices.

### Please Keep Clipping Box Tops

Local schools can receive earnings from Box Tops on over 800 packages, bonus Box Tops awarded online, qualifying purchases from the Box Tops marketplace, books purchased through Box Tops Reading Room and items purchased off your My Class Essentials registry. With your help, Box Tops has earned over \$300 million for our kids schools.

### Box Tops and Labels for Education

Those colorful little coupons found on boxes of cereal, juice, dairy products, cookie mixes, crackers, canned soup, and even some office products, are worth 10 cents each and really add up. Check the bottom of Kleenex boxes too. Please clip them and send them to school with a student, or contact Keirsy DeGiovanni at [keirsy@hotmail.com](mailto:keirsy@hotmail.com) and we will send somebody to pick them up from you.

### Columbine West Military Members

*"There is a pride most will never understand, it is a series of late night phone calls, I miss yous, see ya laters, sexy dress blues, lots of tears, endless prayers, care packages & love letters, countdowns, homecomings, best friends you've never met, dog tags, Skype dates: a military thing, you will never understand."*

— unknown author

**Cpl. Thomas Castellano**, U.S. Marine Corps., Stationed in Afghanistan

**Pfc. Jeremy Mc Combs**, Army National Guard, 1157th Engineer Division, (Firefighter Brigarde) stationed at Ft. Carson Colorado

**Pvt. Bethany Gardner**, U.S. Army, 282nd Engineering Company, stationed at Ft. Carson Colorado

**GM2 David Tuey**, 24yr, US Navy Weapons Handler. Gunner's Mate Second Class · Stationed in Yokosuka, Kanagawa, Japan

**HM3 Michael Tuey**, 22yr, US Navy, Hospital Corpsman (Doc) now @ Camp Lejeune

**LCpl. Tyler Mc Manus**, US Marine Corps. Stationed at Camp Lejeune, NC

**Cpl. Tylyr Brown**, 22yr, US Marine Corp. Stationed in Okinawa, Japan

**LCpl. Kristyn Lutz**, U.S. Marine Corp, Stationed in Camp Pendleton, California

**Petty Officer 2nd Class Christopher Hooker**, US Navy Aviation Warfare, Search & Rescue, stationed at Buckley, Colorado

## One Minute Wellness... Hydration

During this time of year the weather can vary quite a bit, but no matter what the weather conditions bring the need for proper hydration exists! Did you know that Colorado has one of the highest incidences of blood clots in the nation? This is due to our dry conditions, altitude and poor hydration. Coloradans should not wait until they are thirsty to decide to drink water. By the time we are thirsty it takes much more water to replenish our bodies.

Our bodies are composed of 70% water. The body's water supply is involved in muscle mass, digestion, absorption, circulation, waste removal and virtually every systemic need. Water is responsible for transporting nutrients, maintaining normal body temperature and carrying waste material out of the body. Replacing the water that is continually being lost through sweating and elimination is very important!

Most sources recommend water intake to be half of the body's weight in ounces, each day (ex: weight = 160, drink 80 oz) but that is a general rule. We have additional needs because we live at altitude and in a dry climate. Additionally, when exercising regularly, the need for water increases. There are some supplements that are great for helping with hydration and they can be added to a water bottle easily.

Signs of dehydration include, dry mouth and skin, headache, fatigue, hunger, dizziness upon rising and decreased skin turgor. One self-test you can perform to see if you are dehydrated is to pinch the skin on the top of your forearm. If it stays up for a second or more you likely need more water.

### Some ways to increase water intake:

- \* Every time you go to the bathroom drink a Dixie cup of water.
- \* After brushing your teeth drink one or two Dixie cups of water
- \* Drink two glasses of water as soon as possible after waking up
- \* Drink a glass of water before or during each meal
- \* Carry a water bottle or put a case of water in the car
- \* To keep track of water intake, put rubber bands around your water bottle and remove one each time you finish the bottle (you can put the rubber band around your wrist after you remove it from the bottle).
- \* Place a gallon of water on the counter each day, pour from that.
- \* Count how many gulps it takes you to finish an 8 ounce glass of water, then you will know at a water fountain, how much to drink to get a cup's worth.
- \* Lightly flavor your water with lemon, lime or a small amount of juice.

Remember to limit or eliminate water intake after 7 pm if you don't want to be up at night going to the bathroom!

Marybeth Van Horn is a Personal Trainer, Registered Nurse, Exercise Therapist and Certified Specialist in Performance Nutrition. She has assisted hundreds of individuals in achieving their fitness goals. Her own experience encompasses the loss of over 85 pounds. She was featured in episode one of the series "I Lost It" which aired nationally on the Discovery Health Channel. Marybeth is a well known motivator and teacher. She frequently presents seminars to numerous groups in Colorado, including classes at DU. Feel free to call her cell phone 303-809-1134 with any questions you may have. Thank you Mary Beth for your encouraging words and making a difference in Columbine West by being a good neighbor.



**Foothills**  
Park & Recreation District

## OUTDOOR POOLS OPENING SOON!

**COLUMBINE WEST • 303-978-9300**

Open: JUN 1 – AUG 18

**DEER CREEK • 720-981-8393**

Open: MAY 25 – AUG 18

**6TH AVENUE WEST • 303-278-1000**

Open: JUN 1 – AUG 18

**WEAVER HOLLOW • 720-981-3108**

Open: MAY 25 – AUG 25

## INDOOR POOLS OPEN ALL YEAR

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## Columbine Community Village

### For Seniors Staying in Your Own Home

#### > A Nonprofit Community – Neighbors helping Neighbors:

- Healthy Social Life & Supportive Community
- Convenient Transportation
- Safer at Home - Reduce Risk of Falls & Injury

#### > Single phone number to call for a volunteer – Rides to doctor or store, household fix-it chores, and more.

### You're Invited! -- Public Info Meetings

- Saturday May 11, 2:30 pm (ends 3:30 pm)
- Saturday June 8, 2:30 pm (ends 3:30 pm)

#### Columbine Public Library

7706 W. Bowles Ave. (by Clement Park)

- > Endorsed by Jefferson County Aging Well Project
- > Nonprofit Org. – Financed by Member Dues, Gifts & Grants
- > Members: Seniors Age 55+ in South Jeffco (& part of Arapco)

**303-730-6432 or [www.ColumbineCV.org](http://www.ColumbineCV.org)**

## Garden Committee Update

*"Just living is not enough, said the butterfly, one must have sunshine, freedom and a little flower." – HC Andersen*

If you would like to have your name added to the volunteer list or have any questions contact the voicemail, 303-904-8218.

## Baseball's First Perfect Game

On May 5, 1904, Denton T. "Cy" Young pitched baseball's first perfect game, not allowing a single opposing player to reach first base. Young led the Boston Americans in a 3-0 victory over Philadelphia in the American League. The Cy Young Award for pitching is named in his honor.



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## Teen Services

To add your teen's name, please email **Colorado Lasertype** at [getinfo@coloradolasertype.com](mailto:getinfo@coloradolasertype.com) and leave the following information: the **neighborhood you live in**, your age, phone number and the categories you would like included. Categories: **(B)** Baby-sitting; **(\*)** Red Cross Cert for CPR; **(L)** Lawn care; **(S)** Snow removal; **(P)** Pet & House sitting. No recommendation or endorsement of any of the names on this list is implied or stated by the homeowners association board or Colorado Lasertype.

Alexis A.	15	B/P/S	303-587-9439
Hunter E.	14	S/P	303-933-9850
Joe H.	14	L/P	303-933-4879
Jordan H.	18	B*/P	720-884-6321
Madison L.	13	B/P	303-641-3571
Jacob P.	13	B*/P	303-932-2596
Kayla G.	13	P	303-972-7895
Karissa G.	13	P	303-972-7895
Angie W.	15	B/S	720-569-0552

## Brain Tumor Awareness Month

Over 600,000 people in the U.S. are living with a primary brain tumor. Tumors strike men, women, and children of any race, and at any age, and are the second leading cause of cancer-related death in children under 20. Scientists and researchers are working hard to understand brain tumors, develop treatments, and find cures.

## ALUMINUM WIRING can be DANGEROUS!

### IS YOUR HOME WIRED SAFELY?

Most homes built between 1964 & 1974 contain aluminum wiring.

*Did you know "homes wired with aluminum wiring are 55 times more likely to have one or more connections reach Fire Hazard Conditions"*

—US Consumer Product Safety  
Commission (CPSC) Pub #516

**Your Safety Is Our Business!**  
**Lic #6092 • Insured • Honest & Dependable**  
**Serving all your electrical needs**  
**with Local References!**

We are fully licensed, insured and certified to permanently repair aluminum wiring and remove your fire hazard. Visit our Web site at [www.alwirerepair.com](http://www.alwirerepair.com) to read about the hazards of aluminum wiring and the CPSC recommended COPALUM repair method.

Call today for your home wiring evaluation!

**(720) 299-4706**



## CWCA Mission Statement

The Officers and Directors of Columbine West Civic Association (CWCA) are elected by the dues-paying members who make up the civic association. Each board member is a civic association member and serves on the board without any compensation for time and labor. CWCA's primary mission is to enforce the covenants and to protect the property values of the Columbine West homes.

### Our main objectives are as follows:

- To resolve covenant violations
- To work cooperatively with Jefferson County Sheriff's Department, Planning and Zoning Department and the Colorado State Patrol to maintain a safe and peaceful community
- To initiate civic programs that bring the community together and encourage residents to maintain the general appearance of Columbine West
- To foster community pride among the Columbine West residents

**Thank you** to those who have made the commitment to be part of the association. CWCA encourages ALL residents to become current with the membership fees which are affective for 12 months. If you have questions or concerns, would like to volunteer or join the Board, contact the voicemail at 303-904-8218. At anytime community members who would like to volunteer on a project can attend a monthly meeting, which is open to all neighbors, or leave a message on the voice mail line. Your \$25 fee is the best value in town. Dues and/or donations can be mailed to: Columbine West Civic Association, P.O. Box 620026, Littleton, CO 80162. NEW PAYMENT OPTION! Pay securely online with PayPal, VISA, MC, Discover, and AMEX. Go to: [www.neighborhoodlink.com/jeffco/cwca/](http://www.neighborhoodlink.com/jeffco/cwca/). If you have a special project you would like to donate to, make that notation on your payment. Thank you for your continuing support in helping to restore property values and make Columbine West a great place to live.



## CLASSIFIEDS

Classified ads are \$2.95/line for 2013. Contact **Colorado Lasertype** at 303-979-7499 or [getinfo@coloradolasertype.com](mailto:getinfo@coloradolasertype.com) to place an ad. To view our display ad prices, visit our website at [www.coloradolasertype.com](http://www.coloradolasertype.com). The deadline for placing a classified or display ad is the 15th of the month for the next month's issue (i.e., 15th of Sept. for Oct. issue), except the January issue, which has a deadline of December 6th.

### NEW FENCE AND FENCE REPAIR.

Privacy, Split Rail, Spaced Picket, etc. Free estimates. Call Matt: 303-981-4935, [mattrossthompson@gmail.com](mailto:mattrossthompson@gmail.com)

I build **FISH TANK STANDS** 303-981-4935

**Columbine Garage Door.** Service or replace. Family owned. 303-979-8084.

**Pet waste removal:** Call Jeff 720-877-4154

**2000 Chevrolet Malibu.** 4dr, v-6, auto, air, ps, pw, pl, abs, cruise, tilt, new tires, 45k mi. Clean and dependable. 720-283-8773

**Garage for rent** 10 x 18 \$125.00/month. Near Oxford and Knox Court. Call 303-866-7209 for more info.

**Spring air duct cleaning & chimney cleaning.** Chimney repairs 10% off 7/299-7782.

### WINDOW CLEANING 720-283-8002

**DeLuca Landscaping:** Paver Patios, Walkways, and Walls. Call Mike (303) 257-7815 [www.delucals.com](http://www.delucals.com)

**PtgNet//Muttisker services.** Expert painting, deck restoration, lite remodels, floors. Personal service, all supplies direct cost to you. Call Gary Gerk 303-215-6068.

**FENCE Repair or New.** Metro Denver Fences Decks Barns.com Rod 3/972-6528

**American Sprinkler and Landscape.** [asprinkler.com](http://asprinkler.com) or 720-312-3616.

**K-12 TUTOR.** 20 + years experience with high success. Diane 303-971-0533.

**Jeff's Lawn Mowing Service.** Local and affordable. Very reliable. 720-877-4154

**QUEEN PILLOWTOP MATT/BOX SET.** Brand new in plastic. Retail \$529, asking \$265. Also, NEW KING SIZE pillowtop set. Retail \$699, asking \$385. **303-742-4860.**

**Ultimate House Cleaning.** Reliable, flexible & insured. Use your products or mine. Clean once/month \$100.00. 303-978-1028.

**TOM'S TOP NOTCH PAINTING:** Interior/Exterior, Drywall Repairs. Tom Martino approved. 303-523-2941.

### Small Paint Jobs Only 720-331-7032

**Drywall - Basement - Reconstruction,** etc. Years of exp. w/ refs. Gary 303-829-6363

**TAX PREPARATION.** Janet Woodhull Tax preparation & consultation. 20+ yrs experience. Very reasonable rates. Your Col. West Neighbor. Call 303-973-9249.

**Driveway Caulking - Concrete Repairs.** Avoid costly replacement. Call Sean 720-422-4236. [www.ideal-restoration.com](http://www.ideal-restoration.com)

**Housecleaning.** Reliable, responsible, references. Free est. Call Carla 720-236-7792.

**Lawn Aeration \$30. Fertilization - Extra cost.** Call Rob 303-908-9063.

**Aminals Petsitting Service:** Pet sitting (in your home). Bonded & ins. Refs. avail. Call Nancy at 303-335-6237

**GUITAR LESSONS** with a professional musician who has 35 years of experience. Please call Ray at 303-972-8243.

**Lone Wolf Sprinklers.** 30+ yrs exp. Repairs & installs. Start ups & winterizing. Free est. **Office: 720-362-2563, Cell: 720-934-6701.**

**Tree Trim. Specialist, call Mr. B!** Free est., ins., 31 yrs. exp. 303-932-2514

**KENOSHA GLASS** Window repair, table tops, mirrors, shower doors. 303-972-7880

**Tree trimming & removal-** Columbine Tree Svc. 303-979-5330. 40 yrs exp.

**Sewing Machines Repaired.** 30 yrs + exp. Free est. Free p/u & del. All work guaranteed. Call Scott **303-972-4687.**

**Mike the Plumber -** Your reliable neighborhood plumber for 14 yrs. Competitive rates. Free estimate. **720-422-8139**

**Carpet Repairs -** patching, restretching. 44 years experience. I power stretch carpets. **H:303-979-1887, C:303-906-5642**

**Window cleaning. 720-545-5983**

**FT fireman looking for part time work.** I can do all your handyman projects for less than you would expect. I work by the hour and do not upcharge for materials. You know exactly what you pay for! Insured. Sean 720-320-1177. New Furnace Install!

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## Dress To Impress: Enhance Your Image With These Wardrobe Hints

- When in doubt, dress up. If you're unsure about an organization's dress code or culture, wear your good clothes. You're generally safer looking a little too formal (you can always take off a jacket or necktie) then being perceived as sloppy in a T-shirt and jeans.
- Shoes never lie. Don't neglect your shoes when selecting an outfit. If they're old, scuffed, or don't match the rest of the image you're trying to project, people will notice. It's subtle but significant.
- Pick the right color. Experts say that the color red is useful when you want to impress or persuade someone; blue or gray suggests discipline. A blue or gray suit with a red necktie or other accessory can go a long way toward making a positive first impression.

## Encourage Your Kids To Apply Themselves

- Focus on progress, not perfection. Kids will shy away from chores if they feel they can never do a good enough job. Set reasonable standards, but don't obsess about their getting everything perfect. Reward progress, not just results.
- Give them a choice. If kids feel they have a choice about what to do, or how to do it, they'll try harder. Provide them with options, and be honest about what how they can do a good job.
- Give them lots of praise. Make them feel good about what they're doing. They'll want to do more if they feel good about their work. Point out their strengths, and make sure you're sincere, honest, and specific in your praise.
- Talk about your own work. When you share your own achievements in your job or hobbies, kids may be motivated to work harder so they have their own successes to share with you.

# In Columbine West, Results Count!



Duffy & Associates, LLC

**Duane C. Duffy**

Cell: **303-229-5911**

Email: **dduffy4265@aol.com**

**www.duanecduffy.com**



## "What Sets Duane Apart"

- Licensed Realtor by the State of Colorado
- Member of South Metro Denver Realtor Association
- Member of Colorado Association of Realtors
- Licensed Attorney by the State of Colorado
- Member of Colorado Bar Association
- Member of Real Estate Section for Colorado Bar Association

**CALL DUANE FOR YOUR FREE MARKET ANALYSIS OF YOUR HOME!**

*The statistical information is based on MLS data April 19, 2012.*

*Not all of the properties were listed and/or sold by Duffy & Associates, LLC.*

## Columbine West Statistics for May 2013

### Current Homes **FOR SALE** in Columbine West

	Lowest	Highest	How Many?
Ranch Style	None	None	0
4-level	None	None	0
2-story	None	None	0
Tri-level	None	None	0
Bi-level	\$ 249,995	\$ 249,995	1

### Current Homes **UNDER CONTRACT** in Columbine West

	Lowest	Highest	How Many?
Ranch Style	\$ 239,900	\$ 255,000	3
4-level	\$ 234,900	\$ 284,000	5
2-story	None	None	0
Tri-level	\$ 200,000	\$212,500	2
Bi-level	\$ 229,000	\$ 274,900	4

### Homes **SOLD** in Columbine West 2013

	Lowest	Highest	How Many?
Ranch Style	\$ 281,500	\$ 281,500	1
4-level	\$ 210,000	\$ 272,000	6
2-story	\$190,000	\$ 303,000	6
Tri-level	\$ 200,000	\$ 212,500	3
Bi-level	\$ 223,000	\$ 259,900	3

## Call The Family Meeting To Order

- Choose a good time. Select a time (and place) everyone is comfortable with. You don't want family members to be distracted because they're running late or can't find a good place to sit.
- Keep the meeting short. Don't drag it out. Thirty minutes maximum is the best length, so no one – especially small children – grow restless or bored.
- Make it fun. Share positive news, not just complaints. Don't lecture or argue. A light tone will encourage people to open up.
- Let everyone participate. Even small children can have something to contribute – upcoming school events, or problems in the neighborhood. Don't hog the spotlight (or let anyone else dominate either).
- Take notes. Document what you decide, especially on your calendar. Take turns keeping notes so everyone gets involved. You'll prevent future misunderstandings with a good record.

## Columbine West Civic Association Membership Coupon

Please fill out the membership coupon and mail it with your \$25 check to CWCA. **Send to CWCA, P.O. Box 620026, Littleton CO 80162**

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Telephone #: \_\_\_\_\_

## Clean Air Month

Supported by the American Lung Association, Clean Air Month celebrates the Clean Air Act of 1970 and seeks to educate people about the impact clean air can have on their lives. Take a deep breath, and then take steps to improve air quality.

## CWCA Covenant Violation Report

Mail to: Columbine West Civic Association, P.O. Box 620026, Littleton, CO 80162

Date: \_\_\_\_\_

Description of alleged violation: \_\_\_\_\_

Violator's Address: \_\_\_\_\_ ☐ I would be willing to appear in court as a witness.

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

All reports will remain confidential and you can send this in anonymously, but we are unable to supply progress reports.