



MAPLEWOOD TERRACE AND DOWNS

A Northeast Fort Wayne Neighborhood Association

January, 2013

From The President:

Your dues for 2013 are due now! (Details are on page 5,) Over the last several years the dues have been used for snow removal, newsletter and entrance signs and maintenance. As you all know, winter has arrived early this year. We have already had our streets plowed one time. We would like to have 100 % participation in association dues this year. The Association needs to have good participation in these dues or snow removal could be curtailed. In that case, the neighborhood would have to wait for the City to plow our streets, which could take several days if there is a large snowfall. Your prompt payment of the dues is greatly appreciated.

We still have 2 openings on our Association Board of Directors. The Board meets once a month with the exception of July and December. Topics discussed include happenings in the City and concerns and finances of our neighborhood. If you are interested in serving on the Board for a two year term, contact any Board member.

Winter is here and with the sun setting earlier in the evening and rising later in the morning, please remember to turn on your yard and porch lights. That is one small way to keep our neighborhood safer. Again, always remember to close your garage door and lock your vehicles that are outside. Also, the police continue to remind us not to leave valuables in your vehicle. We have requested CREDIT funds for 2014 to place street lights on Woodrock because it is one of the poorest lit areas due to the curve in the street.

CALL 911 As the temperatures continue dipping below the freezing mark, the Rescue Mission, Women's Shelter, and other agencies offering places for the homeless to get in out of the weather are bulging. However, they somehow find room for one more. If you see someone on the street that seems to need help, the police advise you NOT to take anyone into your home but to call 911. The person may seem perfectly harmless and in need of a hot meal and a warm place to "thaw" out, but many

have a substance problem which cannot be identified by the regular homeowner. The police can transport them to an agency that can provide them with the basic necessities as well as having trained professionals to deal with any health issues.

This will also eliminate those that would like to "case" your home for items they can return for at a later date when you are not at home.

If you really want to help those that need assistance, call 911 for immediate help and then make a donation to one of the above agencies.

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MTD Calendar

**Northeast Area
Partnership meetings.**
2nd Thursday of each
month - 6:30 pm
Good Shepherd United
Meth. Church

'till Jan 31st
Public Ice Skating
Headwaters Park

Jan 25th - 27th
Outdoor Sports &
Cabin Show
Coliseum

Jan 31st -Feb 3rd
Fort Wayne RV
& Camping Show
Coliseum

Feb 7th - 10th
Fort Wayne Boat Show
Coliseum

Feb 8th - 17th
IPFW Performing Arts
"Oliver"
Arts United Center

Feb 28th - Mar 3rd
Fort Wayne Home
& Garden Show
Coliseum

Mar 9th - 10th
Fort Wayne Gun
& Knife Show
Coliseum

Mar 22nd -24th
"Cinderella"
Arts United Center

Family Health News

Stressed Out!

Constant stress puts your health at risk. Your body's stress reaction was meant to protect you. But when it's constantly on alert, your health can pay the price. Take steps to control your stress.

The long-term activation of the stress-response system — and the subsequent overexposure to cortisol and other stress hormones — can disrupt almost all your body's processes. This puts you at increased risk of numerous health problems, including:

- **Heart Disease**
- **Sleep Problems**
- **Digestive Problems**
- **Depression**
- **Obesity**
- **Memory Impairment**
- **Worsening of Skin conditions such as eczema**

That's why it is so important to learn healthy ways to cope with the stressors in your life.

1. Get Active

Virtually any form of exercise and physical activity can act as a stress reliever. Even if you're not an athlete or you're out of shape, exercise is still a good stress reliever. Physical activity pumps up your feel-good endorphins and refocuses your mind on your body's movements. Improving your mood and helping the day's irritations fade away.

2. Sleep

Stress often gives sleep the heave-ho. You have too much to do - and too much to think about - and your sleep suffers. But sleep is the time when your brain and body recharge. And the quality and amount of sleep you get affects your mood, energy level, concentration and overall functioning. If you have sleep troubles, make sure that you have a quiet relaxing bedtime routine, listen to soothing music, put clocks away, and stick to a consistent schedule.

3. Journal

Writing out thoughts and feelings can be a good release for otherwise pent-up emotions. Don't think about what to write — just let it happen. Write whatever comes to mind. No one else needs to read it, so don't strive for perfection in grammar or spelling. Just let your thoughts flow on paper — or computer screen. Once you're done, you can toss out what you wrote or save it to reflect on later.

Source - <http://www.mayoclinic.com>

Oatmeal-Raisin Breakfast Cookies

Calories 55 - fat 2.5g - carbs 6g - Protein 1.5g - Fiber 1g

Ingredients

1/2 cup rolled oats
scant 1/2 cup applesauce or over-ripe banana (mashed)
1/4 cup nut butter of choice
1/4 tsp cinnamon
1/2 tsp pure vanilla extract
3 tbsp raisins (or other dried fruit)
1/16 tsp salt, plus a tiny pinch more if desired (taste dough to decide)

1 packet stevia if using applesauce version (or 1 tablespoon sugar)

Directions

Preheat the oven to 350 degrees. Mash the applesauce or banana with the nut butter, then add all other ingredients and mix until well-combined. Shape into cookies and bake for around 14 minutes. (Alternatively, you can try pulverizing the raisins and oats before combining them with the banana mixture, if you want more sweetness.

Cold Weather Search

boots
cold
December
earmuffs
windy
skis
freezing
frost
icicle
snowman
jacket
January
icy
mittens
scarf
plow
shovel
skating
Sled
February
snow
sliding
slippery
snowball
Winter
fuel
snowboard

Winter Pet Care Tips from Fort Wayne Animal Care & Control

Don't let your pet fall victim to the cold. Follow these safety tips to help prepare your pet for a safe, warm winter.

1. Limit your pet's exposure to cold temperatures. Only thick-coated breeds of animals should be considered for outdoor living. Keep cats inside. Frostbite and hypothermia pose a threat to animals left unattended in the cold.
2. Age and health make a difference in your pet's ability to be outside in winter. Even if a thick-coated dog has lived outside in past winters, it should be examined and given the okay by a veterinarian.
3. Dogs must have a doghouse available when outside in the cold or if living inside an unheated garage. Provide straw or wood chips as bedding. Blankets are not acceptable as the condensation from the animal's breathing and body heat will create moisture, causing the animals coat or skin to freeze to the blanket.
4. Fasten a heavy door flap to the top of the doghouse opening to keep out winds and drafts. Face the opening of the house toward the south/southeast, away from the direction of the colde winds. When

Maplewood Terrace and Downs Neighborhood Association

Public Invited to Comment on Proposed Changes to Zoning Regulations

Rules for Building on Private Property Will Be Changed

Fort Wayne, Ind. -- As part of the effort to streamline local governments' land-use permitting processes, the public is invited to learn about and comment on proposed changes to planning and zoning regulations. The goal of the potential changes is to improve, streamline, simplify and clarify the steps residents and business leaders take to develop new or improve existing buildings and homes.

On Wednesday, Jan. 30 at 7 p.m. in Room 035 of Citizens Square, 200 E. Berry St., project consultant Clarion Associates will present proposed zoning ordinance modifications and ask residents to provide feedback. Drafts of the proposed new zoning ordinances are available online at <http://www.allencounty.us/land-use/dps>. During this phase of the updates to local regulations, the following will be considered:

- Changes to Agricultural and Residential zoning districts (permitted uses and development standards);
- Changes to Development processes (the ways in which developers of large projects apply for and receive permits, and when there are public hearings on the projects); and
- Changes to Administration (how staff and public bodies such as Planning Commissions and Zoning Boards complete their work).

"It's important for citizens to learn about and comment on the proposed changes, because the changes will have a direct impact on how people build on or alter their properties," said Kim Bowman, executive director of the Department of Planning Services. "We also want to ensure that new regulations are as clear and simple as possible so Allen County and Fort Wayne will continue to be known as a great place to live and do business."

Examples of regulations that could change include: residential property setbacks (how close residents can build to the property line), what types of home businesses are allowed, and rules for building sheds and home additions.

The process to streamline land-use permitting began in March 2011 and is overseen by the Joint Permitting Oversight Board, whose members represent City and County government. During the first phase of the project, City and County general planning and zoning ordinances were aligned so they have similar sections – zoning districts, administration, enforcement and sign standards. In other words, the ordinances are now organized in the same way with the same titles and content in the same places.

The second and current phase of the project includes updating all of the content - eliminating out-of-date regulations and ensuring that the zoning ordinances include modern standards. The third phase will continue with overhauling content of the remaining parts of the ordinances. The entire project should be completed for the adoption phase to begin in mid-2013.

Anyone unable to make the public meeting on Jan. 30 may provide written comments to Senior Planner Patrick Fahey at patrickfahey@allencounty.us. Residents may also mail written comments to Fahey at the Department of Planning Services, 200 E. Berry St., Suite 150, Fort Wayne, IN 46802.

* Membership Renewal *

2013



Thanks To Those
(Listed below) Who
Have Paid Their
Association Dues For
2013

6332 Bellefield
6925 Curwood
6928 Curwood
7010 Curwood
5027 Driftwood
6822 Elmbrook
5024 Firwood
4612 Maple Terrace Pkwy
4918 Maple Terrace Pkwy
4929 Maple Terrace Pkwy
6420 Mapledowns
6430 Mapledowns

Enclose Your Check payable to "Maplewood Terrace and Downs Association" and send to:

Max Bell, Treasurer
5108 Maple Terrace Pkwy. Fort Wayne, IN. 46835

You may also pay your dues online. See page 7 for details.

Return With Your Payment

Name: _____

Address: _____

Would you like to receive your newsletter via Email? Yes ☐

Has Your Email address changed? No ☐ Yes ☐

Don't Have Email ☐

E-Mail Address: _____

Amount Due

\$25.00

From Date

01/01/2013

Through Date

12/31/2013

Amount Paid

Maplewood Terrace and Downs Neighborhood Association



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CHRIS LUCAS

Valentines Dinner and Show
"Boomer - tines"

Come join the chorus as they remember some of the great songs of the "Baby Boomer" Generation



BE MY VALENTINE BE MINE





February 10th - Dinner @ 12:30 PM
Show @ 1:30 PM

Join us at Ceruti's Summit Park • 6601 Innovation Blvd.
1 mile west of Lima Rd on Ludwig Rd.

Reservations Required

Dinner/Show Tickets
\$25.00 per Person - \$45.00 Per couple
Reserve now 260.418.3239 or 260.414.3285
Show Only - \$15.00 - Students K-College \$5.00




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Each Office is Independently Owned And Operated.

Maplewood Terrace and Downs Neighborhood Association

Send us your e-mail

The Maplewood Terrace and Downs Association is now sending out a new "Mapl-E-Leaf News" information letter to all recipients on our e-mail list. This electronic newsletter will be sent on the off months from the regular news letter or when there is important information that needs to be sent. It has information about our neighborhood and also contains information received from the City of Fort Wayne and it's agencies. If you have an e-mail account and would like to be on our list just send your address to:

mtdassociation@frontier.com.

Include your name and address so that we may omit it from the regular mailing. The next edition will be sent to your e-mail address instead of regular mail.

Also, if your e-mail has changed recently, let us know.

We now have 121 households that are receiving the newsletter electronically.

City Code Ordinances Available At

www.cityoffortwayne.org/neighborhoodcodeenforcement.html

(Continued from page 3)

Pets

wind chills and temperatures reach minus 10 degrees, a doghouse is not enough protection for even thick-coated dogs. Bring them inside.

5. Increase the amount of food you give to animals living outside. They need 15% more calories for every 20-degree drop in temperature. Avoid using metal food bowls. Provide plenty of fresh unfrozen drinking water. Invest in a heated water bowl or bucket sold at animal supply stores. Secure containers for less spillage.

6. Any dog that is chained outside during the day must wear a nylon or leather collar. Tying with a choke collar or a chain directly to the neck is a violation of the animal care ordinance. Keep current identification tags on your cats and dogs.

7. Report animal neglect seen inside the city by calling [260-427-1244](tel:260-427-1244). Call the sheriff's office for county animal concerns.

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Dues Payment Option

Pay your Maplewood Terrace and Downs Association dues online. Just go to:

www.neighborhoodlink.com/Maplewood_Terrace_and_Downs/home

and select the **Pay Association Dues** option under **Pages & Links - External Links**. We will accept credit cards or Paypal methods of payment. ***This is a secure online payment method.***

Web Page

www.neighborhoodlink.com/Maplewood_Terrace_and_Downs

Association Finances

Year 2012

Beginning Balance.....\$3477.14

Receipts:

Dues	\$3950.00
Misc	\$ 7.89
	\$3957.89
Total	\$7435.03

Expenses:

Garage Sale Ads.....	\$ 123.20
Misc.....	\$ 54.70
Newsletter	\$ 649.31
Snow Plowing.....	\$ 505.50
Sign Replacement	\$3987.80
Total	\$5320.51

Balance on Hand\$2114.52

Dues Home Analysis:

Total Homes	341
Pd Last Yr, Not this Yr.....	42
Pd This Yr, Not Last Yr.....	15
Paid This Year.....	170
Percentage Paid	50%

Maplewood Terrace and Downs Neighborhood Association

Association Board of Directors

David Kohli, President
Jean Kohli, Secretary
6428 Ashbrook Drive
485-8652
David.kohli@gmail.com

Gina Troyer, At-Large
Travis Troyer, At-Large
6532 Ashbrook Drive
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teachingjeans@yahoo.com

Jerry Mann, At-large
Jane Mann, At-large
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6816 Briarcliff
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mrob327@hotmail.com

If you have an interest in becoming an Association Board member. Please contact David Kohli, President.

**MAPLEWOOD TERRACE AND DOWNS
NEIGHBORHOOD ASSOCIATION
5108 MAPLE TERRACE PKWY.
FORT WAYNE, IN 46835**