January – March 2013 Volume 6 Issue 1

A Word From Your Neighbor

Contents

Meetings 2

Events

January 3
February 5
March 7

Contest 10

Health/Safety

Tip 11



A Plea for a Trustee

By Pam Mains

Happy New Year!

Another year has come and has gone. We have accomplished much, but there is still much to accomplish. This subdivision has much appeal; an assortment of stylish homes; beautiful landscaping, spacious common grounds, a lake, low crime, and of course, wonderful neighbors. I would love for this community to remain as such and grow in improvements; this is why *I Plead for a Trustee*.

Our indentures indicate that the Board of Trustees is to consist of three individuals. Currently, we are operating with only two. If one of the current trustees decides to vacate the trustee position or fail to carry out their duties, there would only be one person; and our daily community business transactions require the signature of two trustees. This means that the bills will not get paid. Let me be a bit more specific: The street lights will be shut off, the common grounds will not be maintained, if there are problems with fallen trees or anything on common grounds, it will not be addressed; problem properties will get less attention and remain a problem; the Neighborhood Watch group will have no funds to support its functions, and the whole neighborhood will suffer.

Continued on page 10





NPO: Yvette Summy ysummy@stlouisco.com ((314)438-4623

Non-Emergency 889-2341

1st Precinct (314)355-1200 www.stlouisco.com/police Neighborhood Town Hall Meeting February 21, 2013

6:30 p.m. at Hazelwood Early Childhood Center 12555 Partridge Run

The Trustees of Lake James Manor extend a Hearty Welcome to all our new residents. Contact us for a chat and/or any concerns you may have.

lakejamesmanor@gmail.com

Pam Mains ... 741-1856 Vernal Weatherspoon ... 741-2279



WASTE

Meridian Waste Service P. O. Box 820 Bridgeton, MO 63044-0820 (314)291-3131

Recycling / Yard Waste pick-up ---Wednesday Morn (once per week)
Regular Waste pickup-up — Thursday Morning (once per week)
Large Item Pick-up is the 3rd Trash pickup of the month (Thursdays until October)



<u>Murder Mystery Dinner Theatres</u> <u>Murder in Mayberry</u> (Dates Vary)

January 4, until Saturday, April 27, 2013. Venue: Lemp Mansion The dinner theatre takes place Friday and Saturday 7:00 p.m. (314) 664-8024 www.lempmansion.com

Murder Mystery Dinner Theatres

Nursery Crimes (Dates Vary)

Friday, January 4, until Sunday, April 28. Venue: Bissell Mansion, Fairy Tale Land isn't as sweet and innocent as our parents led us to believe. It's full of gamblers like the Queen of Hearts, or the fighting duo Jack and Jill. Help find out what really happened on that wall. What turned this Humpty Dumpty nursery rhyme in a Nursery Crime in this participatory comedy, mystery presented with a 4-course meal to DIE for! Dinner show times are Friday & Saturday at 7:00 p.m. and Sunday at 2:00 p.m. www.bissellmansiontheatre.com (314) 533-9830 (800) 690-9838

Historic Holiday Traditions - 1773 Twelfth Afternoon Ball Date:

Saturday, January 5. Venue: Old Courthouse Experience a holiday snapshot in time with music by Dennis Stroughmatt et L'Esprit Creole and dance instructions with Deborah Hyland and historic characters of St. Louis' past from 12:00 p.m. - 4:00 p.m. coreofdiscovery.com, (314) 655-1614

The Wedding Show

Date: Saturday, January 5 & Sunday January 6. Venue: America's Center In just one afternoon visit with over 200 wedding exhibitors, see bridal fashions and enjoy wedding musicians as they perform throughout the day.

11:00 a.m. - 4:00 p.m.

www.stlbrideandgroom.com/

Soulard Mardi Gras - Twelfth

Venue: Johnny's The traditional beginning of Mardi Gras, twelve nights after Christmas. Hear the reading of the proclamation on the steps of Johnny's followed by a musical procession ending at the corner of 7th & Soulard where the Soulard Mardi Gras flag will rise and fireworks signal the official start of the Mardi Gras season in Soulard.

www.stlmardigras.org (314) 771-5110

Flashdance - The Musical

Date: Tuesday, January 8 -- January 13. Venue: Peabody Opera House The inspiring and unforgettable story of Alex Owens, a working-class girl from Pittsburgh with a dream of becoming a professional dancer. www.peabodyoperahouse.com (800) 745-3000

The Piano Lesson

Date: Wednesday, January 9 – Sunday February 3. Venue: St. Louis Black Repertory. A family strives to hold on to its history. www.theblackrep.org (314) 534-3810

36th Annual St. Louis RV Vacation & Travel Show Date:

Thursday January 10 to January 13.

Venue: America's Center. This show features over 300 units, including Motorhomes, Sport Trailers, 5th Wheel Trailers, Travel Trailers, Folding

January Events

Camping Trailers and more. www.stlrv.com

STOMP

Date: Friday, January 11 to January 13.

Venue: Fox Theatre. The eightmember troupe uses everything but
conventional percussion instruments –
matchboxes, wooden poles, brooms,
garbage cans, Zippo lighters, hubcaps
- filling the stage with magnificent
rhythms. 8:00 pm. (11-12), 2:00 p.m.
(12-13)http://www.fabulousfox.com/,
(314) 534-1111

The Joe Mancuso Quartet

Date: Tuesday, January 15. Venue: Sheldon Concert Hall. Special guests Willie Akins and Randy Holmes. 7:30 p.m. www.thesheldon.org (314) 533-9900

Edward Curtis: Visions of Native

America Exhibit (Dates Vary)

Friday, January 18 until June 16. Venue: St. Louis Art Museum in Forest Park. This exhibition of eleven pictures provides a brief overview of Curtis's monumental endeavor to document tribes in the early part of the twentieth century, as forced relocation onto reservations diminished the ability to live in traditional ways. The photographs on display include representations of American Indians living in the Plains and Southwest. The images focus on a range of subjects, from vivid portraiture and atmospheric landscape to details of dress and the production of arts and crafts. 10:00 a.m. -5:00 p.m. Tuesday Sunday, 10:00 a.m. - 9:00 p.m. Friday www.slam.org (314) 721-0072

The Loop Ice Carnival

Date: Friday, January 18 until January 19. Venue: The Loop Celebrate winter in the Loop with live ice carving demonstrations, frozen buns runs, putt putt pub crawl, temporary tattoo scavenger hunt, ice slides, s'mores roast, live artists, performance groups and more. 10:00 a.m. - 6:00 p.m. www.visittheloop.com, (314) 727-8000

Fifth Third Bank Family Winter

Carnival Date: Saturday, January
19. Venue: Soulard Market Park. A family friendly day of winter fun Mardi Gras style featuring arts and crafts activities. www.stlmardigras.org, (314) 771-5110

MLK Day Celebration

Monday, January 21. Venue: Blanche M. Touhill Performing Arts Center at UMSL Join the University of Missouri-St. Louis and the St. Louis community for a spectacular celebration of the Dr. King Holiday. This will be the first in a series of events celebrating the University's 50th Anniversary. Dr. Julianne Malveaux, a provocative economist, author and commentator will be the guest speaker. A special media presentation will capture the event's theme, "50 Years of Fulfilling the Dream." Musical guests will include the Dickson String Quartet. the Trinity Mt. Carmel Church Mass Choir, and other artists. A program for children ages 5 to 11, hosted by the University's College of Education, will run concurrently. Celebrate 50 Years of Fulfilling the Dream with the

University of Missouri-St. Louis. 10:00 a.m.www.touhill.org, (314) 516-4949

<u>Setame Street Live "Can't Stop</u> Singing"

January 24 until January 27. Venue: Peabody Opera House. Learn why it feels good to sing a song, but why it feels good to stop, too when Elmo gets his furry fingers on Abby Cadabby's magic wand and Sesame Street becomes a nonstop, all-singing, alldancing musical montage. Grover and Baby Bear sing their highs and lows, Cookie Monster sings fast and slow. Bert and Ernie converse in song and Murray makes mouth music for all to sing along. Come and play before the show at the free Play Zone with your Sesame Street Live ticket, 10:30 a.m. (24-26), 7:00 p.m. (24-25), 2:00 p.m. & 5:30 p.m. (26), 1:00 p.m. & 4:30 p.m. (27) (800) 745-3000 www.peabodyoperahouse.com,

The St. Louis Auto Show

Thursday, January 24 until Sunday January 27. Venue: America's Center. Hundreds of new cars, trucks, vans and sport utility vehicles will be on display representing domestic and foreign manufacturers. www.saintlouisautoshow.com (203) 371-6322

Moulin Rouge® - The Ballet presented by Dance St. Louis

January 25 & January 26. Venue: Blanche M. Touhill at UMSL A favorite on the movie screen and stage is transformed into a stunning ballet performed by Canada's Royal Winnipeg Ballet, the oldest continuously-running ballet company in North America. Based on the captivating love story set at the Moulin Rouge cabaret theatre in Paris, Moulin Rouge® —The Ballet introduces the audience to struggling artist Matthew and dancer Nathalie who fall in love in the backdrop of turn-of-the-century Paris. 8:00 p.m. (25-26), 2:00 p.m. (26) www.touhill.org (314) 516-

Soulard Mardi Gras in St. Louis

(Dates Vary) Friday, January 25 until Tuesday February 12. Venue: Historic Soulard Neighborhood. The Gateway City celebrates its French heritage with fun filled activities throughout St. Louis and the historic Soulard neighborhood. Events include a Wine. Whiskey & Beer Taste (25), Crystal Cajun Cook-Off (26), Southern Comfort Taste of Soulard (2-3), Beggin' Barkus Pet Parade and PetSmart Wiener Dog Derby (3), River City Grand Parade (9), and Lumiere Place Fat Tuesday Parade (12).www.stlmardigras.org, (314) 771-5110

<u> Soulard Mardi Gras - Crystal</u> Cajun Cook-Off

January 26. Venue: To Be
Determined Chefs compete in
respective categories for the title of
best Cajun/Creole dish. Attendees are
provided four food tickets to sample
Cajun/Creole specialities prepared
while enjoying live music. Additional
food sample tickets are available for
purchase. www.stlmardigras.org
(314) 771-5110

Jeremy Deller: Joy in People Exhibit

(Dates Vary) Date: Friday February 1 until April 28. Venue: Contemporary Art Museum St.Louis. This exhibition presents a mid-career survey of 2004 Turner Prize-winning artist Jeremy Deller who is internationally recognized for collaborative and interactive work that demonstrates how art can directly engage aspects of people's lives and how various forms of high and low culture – particularly rock and roll music - are absorbed, recomposed, and represented as a new form of folk art. 11:00 a.m. - 6:00 p.m. Wednesday, 11:00 a.m. - 9:00 p.m. Thursday & Friday, 10:00 a.m. -5:00 p.m. Saturday & Sunday www.camstl.org, (314) 535-4660

Monster Jam

Saturday, February 2. Venue: Edward Jones Dome. Racing and freestyle competitions by monster trucks www.monsterjamonline.com (800) 745-3000

Soulard Mardi Gras - 5K Run

Date: Saturday, February 2. Venue: Historic Soulard Neighborhood. www.stlmardigras.org (314) 771-5110Soulard Mardi Gras - Southern Comfort Taste of Soulard Date: Saturday, February 2 until Sunday February 3. Venue: Participating Soulard Establishments. Several of Soulard's fine establishments offer samples of their signature dishes in this unique, create your own experience event. Attendees are able to stroll through Soulard using the seven taste tickets from the ticket booklet to sample six signature dishes

and one taste of Southern Comfort from the participating restaurants and pubs of Soulard. (314) 771-5110 www.stlmardigras.org/,

USA Cross Country Championships

Date: Saturday, February 2. Venue: Forest Park The event will consist of six cross country championship races for men's and women's categories with national titles on the line for junior, masters and open divisions.www.usatf.org

Soulard Mardi Gras - 19th Annual PETSMART Wiener Dog Derby

Date: Sunday, February 3. Venue: Soulard Market Park. See some dashing daschunds during the annual Wiener Dog Derby. Registration begins at 10:00 a.m. and the first heat takes place at 2:00 p.m. The dachunds race in three divisions based on age: Cocktail Wienies, Ballpark Franks and Hot Dogs. The finals are followed by the trophy presentation ceremony in the Wiener's Circle (314) 771-5110 .www.stlmardigras.org

<u>Soulard Mardi Gras - 20th Annual</u> <u>Beggin' Barkus Pet Parade</u>

Sunday, February 3. Venue: Soulard Neighborhood. Mardi Gras goes to the dogs... and cats, fish, livestock and many more animals as pet lovers bring their faithful companions to the annual celebration of pets. The parade steps off at 1:00 p.m. from Menard & Allen and makes its way through Soulard concluding at Soulard Market Park. Animal participants are subject to the approval of Mardi Gras, Inc. and the St. Louis Department of Animal

February Events

Control based on appropriateness, temperament and health www.stlmardigras.org/, (314) 771-5110

Sense and Sensibility (Dates Vary)

Date: February 6 until March 13. Venue: Repertory Theater Loretta Hilton. When their father's death leaves two sisters with uncertain prospects, they must navigate the unpredictable seas of courtship with only their hearts to guide them. The course of true love winds through flirtation, folly, scandals and secrets as reserved, sensible Elinor and romantic, impulsive Marianne attempt to find their way in the world. This lovely, intimate adaptation of Jane Austen's first novel is a charming journey through hope and heartbreak as two young ladies find that when sense and sensibility meet, love can't be far behind. Performance times are at 7:00 p.m. Tuesday and select Sundays, 8:00 p.m. Wednesday-Friday, 1:30 p.m. select Wednesdays, 5:00 p.m. Saturday, 9:00 p.m. select Saturdays, 2:00 p.m. Sundayhttp://www.repstl.org/, (314) 968-4925

St. Louis Boat and Sports Show

Date: Wednesday February 6 until Sunday, February 10. Venue: America's Center. Consumer show featuring the latest boats, engines, marine accessories and more in the boating industry., (314) 342-5000 www.stlouisboatshow.com

Romeo and Juliet presented by the Saint Louis Ballet

Date: Friday, February 8 until February 10. Venue: Blanch M. Touhill at UMSL. Saint Louis Ballet's production of Shakespeare's romantic tragedy features music by Prokofiev, choreography by Horiuchi, sword fighting, court dancing and the iconic balcony *pas de deux*. 8:00 p.m. (8-9), 2:30 p.m. (9), 3:00 p.m. (10) www.touhill.org, (314) 516-4949

Disney's Phineas and Ferb: The Best

LIVE Tour Ever! Date: Saturday, February 9 until February 10. Venue: Chaifetz Arena at St. Louis University 1:00 p.m. and 4:00 p.m. (9-10), 7:00 p.m. (9) (314) 534-1111 www.thechaifetzarena.com

JAMfest Jam Bash

February 9. Venue: America's Center. Cheer & dance national championship www.thejambrandsevents.com

Kim Massie

Saturday, February 9. Venue: Sheldon Concert Hall. Massie puts her own sassy spin on classic favorites with a repertoire that includes "Respect," "At Last" and more. 11:00 a.m.www.thesheldon.org/, (314) 533-9900

Soulard Mardi Gras - Bud Light Party Tent & Landshark Music Experience

Saturday, February 9. Venue: Soulard Market Park. Experience the Mardi Gras Grand Parade like a VIP at the Bud Light Party Tent and Landshark Music Experience. Must be 21 years of age or older to attend. The tent can

hold as many as 2,000 Mardi Gras Revelers. Admission to the tent entitles individuals to an all you can eat buffet catered from 11:30 a.m. -4:30 p.m., complimentary premium open bar, music and entertainment, bottomless vats of beads, and various Bud Light giveaways and promotional items.www.stlmardigras.org/, (314) 771-5110

Soulard Mardi Gras - Lumiere Place Fat Tuesday Parade

Tuesday, February 12. Venue:
Downtown St. Louis. Celebrate the
last call before Lent with a Fat
Tuesday Parade featuring premiere
Krewes from the Mardi Gras festival.
The beads will once again be flying as
the Mardi Gras season enters its final
hours.www.stlmardigras.org/, (314)
771-5110

Sachal Vasandani

Date: Wednesday, February 13 until Saturday, February 16. Venue: Jazz at he Bistro. With his breakthrough 2007 debut, Eyes Wide Open, vocalist/composer/arranger Sachal Vasandani established himself as one of the most promising voices in modern jazz. 7:30 p.m. & 9:30 p.m.http://www.jazzstl.org/, (314) 534-1111

The Mountaintop

February 13 until March 10. Venue: St. Louis Black Repertory A gripping re-imagining of events the night before the assassination of civil rights leader Dr. Martin Luther King, www.theblackrep.org (314) 534-3810 Denise Thimes with Bucky Pizzarelli Friday, February 15. Venue: Sheldon Concert Hall 8:00 p.m. www.thesheldon.org/, (314) 533-9900

S<u>t. Louis Symphony Orchestral</u> <u>Program: City Noir</u>

Friday, February until February 16.

Venue: Powell Symphony Hall.

Taking inspiration from 1940s Los

Angeles, John Adams' City Noir,
portrays pockets of high energy that
are nested among areas of leisure in
the famed west coast city. Often
described as cinematic, the lyrical
work combines sassy and savvy
together offering a glimpse of a
bygone era in a great American city.
10:30 a.m. (15), 8:00 p.m.
(16)www.stlsymphony.org, (314) 5341700

<u>Capitol Sports President's Weekend</u> Tournament

Date: Saturday, February 16 until Monday, February 18. Venue: America's Center. Volleyball tournament. (314) 342-5000 www.capitolsportscenter.com

Magical Movements: The Young Person's Guide to the Orhcestra

Sunday, February 17. Venue Powell Symphony Hall Watch as the orchestra comes together section by section before your eyes with dancers from DanceWorks Chicago. 3:00 p.m.www.stlsymphony.org, (314) 534-1700

Builders Home and Garden Show

Date: February 21 until February 24.

Venue: America's Center. Consumer show offering five shows in one, showcasing the latest in Lawn & Garden, Kitchen & Bath, Interior Design, Pool & Spas and Building Projects. www.stlhomeshow.com/, (314) 342-5000

Carmina Burana presented by Dance St. Louis and UMSL

Date: February 21 until February 24.

Venue: Blanche M. Touhill. The
breathtaking production of Carl Orff's

Carmina Burana, considered one of
the most popular pieces of music ever
written, brings together Nashville
Ballet, UMSL's University Orchestra
and University Singers, Bach Society
of Saint Louis and St. Louis Children's
Choirs into a firework of live music and
riveting dance. 8:00 p.m. (21-23), 2:00
p.m. (24)www.touhill.org, (314) 516-

<u>Basile: Greek Comedy presented by</u> <u>the Center for International Studies</u>

Date: Friday, February 22. Blanche Touhill at UMSL.8:00 p.m.www.touhill.org, (314) 516-4949

St. Louis Symphony Black History Month Celebration

Date: February 22. Venue: Powell Symphony Hall. The St. Louis Symphony IN UNISON® Chorus, the St. Louis Symphony and vocalist Wintley Phipps come together for a soulful celebration full of spirit and song commemorating the 50th anniversary of Martin Luther King, Jr.'s historic speech, "I Have a Dream." 7:30 p.m.www.stlsymphony.org, (314) 534-1700

Paul Brown & The Killing Devils

Date: February 23. Venue: Sheldon Concert Hall. A World-Class Rock Band featuring the incredible vocals and writing of Paul Brown, the equally incredible guitar playing of Grant Krener, the powerful drumming of Henry Wiggers and the amazing bass playing of Jim Cady. 8:00 p.m.www.thesheldon.org/, (314) 533-9900

Winter Jam Date:

February 24. Venue: Scottrade Center. Christian music's largest annual tour headlined by TobyMac and featuring RED, Matthew West, Jamie Grace, Sidewalk Prophets and Royal Tailor with a message from national speaker Nick Hall. 6:00 p.m. /www.scottradecenter.com (800) 745-3000

<u>105.7 The Point 20th Anniversary</u> <u>Birthday Show</u>

Date: February 26. Venue: Peabody Opera House Featuring Passion Pit with special guests: Matt & Kim (800) 745-3000 www.peabodyoperahouse.com

<u>St. Louis Jazz Orchestra: A Night of</u> <u>Count Basie</u>

Date: Tuesday, February 26. Venue: Blanche M. Touhill at UMSL 7:00 p.m.www.touhill.org, (314) 516-4949

Paco Peña: Flamenco Vivo! presented by the St. Louis Classical Guitar Society

Thursday, February 28. Venue:
Touhill at UMSL. Flamenco Vivo is a musical journey that displays the highest level of modern flamenco, highlighting the rhythmic complexities of its latest variations of dance, song and guitar. Flamenco Vivo also looks back to the most primitive and pure forms of this captivating art and pays respect to the legacy this tradition has left us. 7:30 p.m.www.touhill.org, (314) 516-4949



St. Louis Classic & Challenge Cup

Date: March 1 until March 3. Venue America's Center. Competitive gymnastics. www.teamcentral.org/

Le Chant Sur La Lowe presented by the Center for International Studies

Date: March 2. Venue Touhill This African vocal group comprised of singers, dancers and musicians perform the traditional music of the tribes of Gabonas well as a variety of African music. 8:00 p.m.www.touhill.org, (314) 516-4949

<u>Monster Energy AMA Supercross, A</u> <u>Fim World Championship</u> Date:

March 2. Venue: Edward Jones Dome A motorcycle racing sport involving off-road motorcycles on artificially-made dirt tracks consisting of steep jumps and obstacles. , (800) 745-3000 www.supercrossonline.com

St. Louis Symphony Live at Powell Hall Concert: An Afternoon at the

Oscars® Date: Sunday, March 3.

Venue: Powell Symphony Hall The St.

Louis Symphony will perform music from Out of Africa, Doctor Zhivago,

Casablanca, Star Trekand more

Hollywood favorites.

www.stlsymphony.org, (314) 534-

<u>Four By Tenn presented by University</u> <u>of Missouri-St. Louis Theatre</u> Date:

Monday, March 4. Venue: Touhill celebration of Missouri's own Tennessee Williams, the UMSL Theatre Department will select and showcase scenes from the playwright's most compelling work. 7:30 p.m. www.touhill.org, (314) 516-4949

Venus in Fur (Dates Vary) Date: March 6 until Sunday March 24 Venue: Loretto-Hilton at Webster University The story centers on Vanda who is determined to land the lead in "Venus in Fur," a new play based on a classic erotic novel. Her emotionally charged audition for the playwright/director unexpectedly becomes an electrifying and dangerous game of cat and house that blurs the lines between fantasy and reality, seduction and power, love and sex. Performance times are Tuesday at 7:00 p.m., Wednesday-Friday at 8:00 p.m., Saturday at 5:00 p.m., Selected Saturday at 9:00 p.m., and Sunday at 2:00 p.m. and 7:00 p.m.www.repstl.org, (314) 968-4925

Andre Hayward, Reggie Thomas, Tim Warfield & Rodney Whitaker Date:

Friday March 8 until March 9. Venue: Jazz at the Bistro 7:30 p.m. & 9:30 p.m. www.jazzstl.org, (314) 534-1111

<u>A Midsummer Night's Dream</u> presented by Alexandra Ballet Date:

March 9 until March 10. Venue: Touhill at UMSL. Shakespeare's most popular comedic tale of adventures and misadventures, mortals and fairies, love and mischief. www.touhill.org (314) 516-4949

New York City Ballet MOVES Date:

Saturday, March 9 until March 10.

Venue: Fox Theatre New York City

Ballet MOVES is made up of a rotating
selection of about 20 principal dancers,
soloists, and members of the corps de
ballet. The performances also feature
live music by members of the New York
City Ballet Orchestra. The ensemble

performs dynamic works from the company's unparalleled active repertory of more than 150 dances, including new works as well as classics by Christopher Wheeldon, Jerome Robbins, and the company's founder George Balanchine. 8:00 p.m. (9), 2:00 p.m. (10) www.fabulousfox.com, (314) 534-1111

Four By Tenn presented by the University of Missouri-St. Louis

Theatre Date: March 15 until March 17. Venue: Touhill at UMSL In celebration of Missouri's own Tennessee Williams, the UMSL Theatre Department will select and showcase scenes from the playwright's most compelling work. 7:30 p.m. (15-16), 2:00 p.m. (16-17) www.touhill.org, (314) 516-4949

Livingston Taylor & Janis Ian Date:

Friday, March 15 Venue: Sheldon Concert Hall 8:00 (314) 533-9900 p.m.www.thesheldon.org,

44th Annual St. Patrick's Day Parade and 35th Annual St. Patrick's Day

Parade Run Date: Saturday, March 16.

Venue: Downtown St. Louis Elaborate floats, marching bands, and giant helium-filled balloons fill the streets of St. Louis for the annual St. Patrick's Day Parade. The parade steps off at noon from 18th and Market streets and proceeds east to its conclusion at Broadway and Market streets. The 9 a.m. five-mile run precedes the parade which begins on Broadway outside of Busch Stadium, just north of Spruce Street and ends with a 500-meter downhill sprint to the finish in front of

the Old Courthouse. www.irishparade.org (314) 241-7287

Hilton St. Louis at the Ballpark Irish

Village Date: March 16 Venue: Kiener Plaza Irish abounds before, during and after the St. Patrick's Day Parade at the Irish Village, an entertainment area featuring food and beverages, merchandise and live entertainment. 9:00 a.m. - 6:00 p.m. www.irishparade.org/, (314) 241-7287

Lids Team Sports MIDEAST

QUALIFIER sponsored by Nike Date: March 16 until March 18. Venue: America's Center USA Volleyball Girls Junior National Championships. www.megexpo.com/

Pajanimals Live: Pajama Playdate
Date: Saturday, March 16. Venue:
Peabody Opera House Pajanimals
features the musical adventures of four
young animals preparing for bed. 4:30
p.m. www.peabodyoperahouse.com/,
(800) 745-3000

<u>Ancient Order of Hibernians'</u> <u>Dogtown St. Patrick's Day Parade</u>

Date: Sunday, March 17. Venue:
Dogtown Neighborhood. Marching
bands, floats, family clans and more.
The parade starts at Tamm and Oakland
Avenue and ends at Tamm &
Manchester. 12:30 p.m.
www.stlhibernians.com

<u>Alarm Will Sound</u> Date: March 20. Venue: Sheldon Concert Hall This cutting-edge chamber orchestra performs the newest music being composed today with energetic

virtuosity and a sense of adventure. 8:00 p.m. www.thesheldon.org (314) 533-9900

The Whipping Man Date:

Wednesday, March 20 until April 14.
Venue: St. Louis Blackk Repertory
During Passover, a wounded
confederate soldier returns to a ruined
plantation with only two former slaves
to care for him, all Jewish, reckon with
the past and future just as the Civil War
ends www.theblackrep.org/, (314) 5343810

Annie Oakley Date: March 21 until March 29. Venue: History Museum in Forest Park Follow Annie's adventures in this rootin' tootin' trip through American history as she lifts her family from poverty with her skill and shows everyone that she's "just as good as any man."http://www.repstl.org/, (314) 968-

Disney On Ice: Rockin' Ever After

Date: March 21 until March 24. Venue: Scottrade Center Jam to a Scottish jig as a group of royal contenders from the latest Disney Pixar film, Brave, competes to win the heart of headstrong, sharp-shooting Merida. Experience a show-stopping performance as Sebastian breaks out of his shell for one night only to make waves with Ariel. A chorus of harmless hooligans from Tangled unleashes musical mayhem when they get a visit from the sassy and spirited Rapunzel and her charming ally Flynn. And, get your feet moving as the Beast and his castle's enchanted entourage take center stage in a spectacular show for Belle. 7:00 p.m. (21-23); 10:30 a.m. (22),

11:00 a.m. & 3:00 p.m. (23); 1:00 pm. & 5:00 p.m. (800) 745-3000 (24) www.scottradecenter.com

MADCO: Momentum Date: Friday, March 22 & March 23. Venue: The Touhill MADCO picks up speed in Momentum by performing the work of some of the nation's hottest choreographers. 8:00 p.m. (22-23), 2:00 p.m. (23)www.touhill.org, (314) 516-4949

Chick Corea and Béla Fleck presented by Jazz St. Louis Date: Saturday, March 23. Venue: The Touhill 8:00 p.m. www.touhill.org, (314) 516-4949

Joe Sample Trio Date: Wednesday, March 27 until March 30 Venue: Jazz at the Bistro One of jazz's most versatile and popular performers for more than four decades, pianist and composer Joe Sample remains a pioneer of contemporary jazz piano,7:30 p.m. & 9:30 p.m. www.jazzstl.org (314) 534-1111



Plea for a Trustee . . .

What qualifications do you need, you ask? Let me tell you

- Must own your home
- Your home cannot be under the ownership of a Firm, A Company, LLC, you must be the owner with the home in your name.
- Must be up-to-date in assessment payments
- Must desire a willingness to work for the neighborhood and not yourself
- Set your own hours, which are much less than most people believe

It is as simple as that! Won't you consider investing further in your home by becoming a Trustee? Don't complain about what is not being done, become a Trustee and do it right! Contact Pam Mains at (314)741-1856, for more information and come to work for your neighborhood.

2012 Outdoor Christmas Decoration Contest Winners

1st Place: 14431 Soho Dr.

2nd Place: 5664 Plaw Plaw Ct.

3rd Place: 5688 Madlar Ln.

HONORABLE MENTION:

14548 Rockypoint Dr.

14450 Avocado Dr.



Winter is a special time for celebration. It should also be a time for added caution if you or someone in your family is an older adult. It is the season for falls, slips on icy streets, and other dangers that can be especially harmful for older adults.

Here are some of the most pressing concerns mature adults have about their health and safety during the winter:

- * The flu. Influenza is a serious illness that can be fatal in older adults, who often have chronic medical conditions. The vaccine offers some, if not complete, protection against the flu and can be administered as early as September. The flu season begins in mid-October and runs through March.
- * Hypothermia. Keep your thermostat set to at least 65 degrees to prevent hypothermia. Hypothermia kills about 600 Americans every year, half of whom are 65 or older, according to the Centers for Disease Control and Prevention. Also, keeping the temperature at 65, even when you are not at home, will help prevent freezing pipes by maintaining a high-enough temperature within your walls.
- *Icy streets. Navigating through icy streets can be intimidating. Wear comfortable shoes with anti-slip soles. If you use a cane, replace the rubber tip before it is worn smooth and becomes slippery on the wet ice.
- *House fires. Make sure your smoke alarms are working. If you live in a house rather than an apartment, you should also have carbon-monoxide alarms.
- *Falling in the home. Older people often have difficulty adjusting to changes in light, and high contrasts increase the risk of slip and falls. Make sure there are no great lighting contrasts from one room to another. Also, use night lights, and don't have loose extension cords lying around -- tape them to the floor. Make sure rugs are not wrinkled or torn in a way that can trip you up as you walk.
- *Strenuous activities. Try to avoid strenuous activities like shoveling snow. If you must use a shovel this winter, warm up your body with a few stretching exercises before you begin and be sure to take frequent breaks throughout.
- *Dehydration. Drink at least four or five glasses of fluid every day. This should not change just because it is winter. While you may not feel as thirsty as you do in the summer months, if you are older than 60 your body can dehydrate quicker, putting you at greater risk for colds, arthritis, kidney stones and even heart disease.
- *Winter itch. Wear more protective creams and lotions to prevent the dry and itchy skin commonly experienced in the colder months when humidity levels are lower.

*Home emergencies. For older persons living alone, it is a good idea to have a personal emergency response system -- a device worn around the neck or on a bracelet, which can summon help if needed. Wear this device all the time, and use it.

Taken from News Medical

Taken from News Medical

Neighborhood Committees

Beautification: Chairperson – Open

Neighborhood Watch: Coordinator: Russ Mains, 741-1856 / elsewherest@gmail.com

Publicity: Pam Mains, 741-1856 / lakejamesmanor@gmail.com

Social Planning: Chairperson – Open

Welcome Committee: Madelin Egeston, 355-1761 / megeston@charter.net

Debra Holland, 712-0748 / 2dholland @charter.net

Neighbors, get involved. Volunteer your time and/or talents to one of these committees to help keep your neighborhood strong and vital.

Give the committee Chairperson a call!



A Community That Works Together, Grows Together

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