

THE ROYAL LAKES CROWN



September/October, 2012

ROYAL LAKES ESTATES BOARD OF DIRECTORS

Gary Allman
President

Kristi DeNardo
V.P./Secretary

Duane Chambers
Treasurer

MANAGEMENT COMPANY

RealManage
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Houston, TX 77077
1-866-473-2573
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@realmanage.com

Minutes from the Board
Meetings and financial
information is always
available at
www.realmanage.com

*The purpose of this
newsletter is to inform
residents of business issues
in the community, issues
affecting residential and
community property, and
general reference
information.*

Please email articles or
suggestions to:
rlcrown@yahoo.com

ROYAL LAKES ESTATES HAS A NEW COMMUNITY WEBSITE!

REGISTER TODAY AT
www.royallakesestates.org
to
stay informed of all the
latest community news and
events.

a message from the President
Gary Allman

Greetings Neighbors!

I'm pinch-hitting for Gary this newsletter, as he is out of town. It's hard to believe summer is over and we are already into October! Halloween, Thanksgiving, and Christmas are just around the corner.

Our annual Royal Lakes Estates Homeowners Association meeting is scheduled for Thursday, November 1 at 7:00 p.m. at Velasquez Elementary. Please make plans to attend! There are several important items on the agenda, and we need your participation. One of those items is selecting a new Board member. Please be in prayer as we choose our leaders, both for our subdivision and our Nation.

I would like to welcome new homeowners to our subdivision - Atul and Hema Jha, Michael and Jenny Miller, Jane Grubbs, and Virginia Griffin. Please extend a warm welcome to these new neighbors.

I'm sure you have noticed the lakes are somewhat low. We have been told by the Fire Department that they would not use the connections for fire protection, so your Board has opted to save the excessive cost of filling the lakes, and instead applying those funds to install fire hydrants throughout the neighborhood. We believe this to be fiscally responsible with our limited funds, and it should result in lowered insurance costs for all residents.

There have been suggestions brought by a number of residents to the Board to initiate repurposing the barn area into some use which would serve more of the residents. To do so will require an amendment to the Deed Restrictions. We encourage your input, and would love to hear your viewpoints at the annual meeting.

Best Regards,
Kristi DeNardo, Vice President/Secretary

WELCOME NEW NEIGHBORS

Virginia Griffin ~ 9126 Royal Crest Lane
Jane Grubbs ~ 8819 Crown Jewel Dr.
Michael & Jenny Miller ~ 8923 Corbridge Dr.
Atul & Hema Jha ~ 919 Royal Lakes Blvd.



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RLE Housing Market Update



**I MAKE IT HAPPEN -
YOU MAKE IT HOME**

INFORMATION PROVIDED BY:

Jutta Miskow, Realtor
GRI CNE ASP
Remax Elite
281-799-0410
Fax: 281-271-8147

Texas is a non-disclosure state
and it is not permitted to
disclose individual home sale
prices to the public, with the
exception to a homeowner who
intends to sell his/her home
and where sold prices are
needed to establish a price
comparable.

More homes are selling in RLE! This year, through the end of September, a total of 13 homes have been sold – compared to 8 in 2011 – and 2 more homes are under contract, scheduled to close next month. Five of these 13 homes were priced over \$400,000 to the mid \$500,00's. The current inventory of available homes is 7 including 1 short sale.

As for pricing, we are still at an average of about \$90 per sq. ft. without any foreclosure or short sale taken into consideration. The asking prices for the available homes range from the lower \$70's to over \$100 per sq. ft. The 2011 sales prices averaged just around \$100 per sq. ft.

Despite the fact that the average sales price looked higher (existing and new construction homes), the market has shown an increased interest in our subdivision. If this trend continues, an increase in sales prices should follow.

Currently selling my own home, I had the opportunity to talk to several buyers directly, and on multiple occasions I was told that potential buyers have been watching our subdivision for the past few years. The amount of foreclosures and the published lawsuit with the Railroad had obviously deterred a lot of people from considering RLE as a potential future residence. These buyers, to whom I talked, said they feel that RLE is coming around and is getting increasingly interesting, especially to people from Greatwood.

I consider this very good news! Increased interest means also increase in price! Don't we deserve it?



As mentioned above, I am selling my house and will be leaving RLE to start a 2 year adventure in Spain. Remaining a Realtor, though from a distance, I will always keep my fingers on the pulse, but I will not be able to experience RLE first hand anymore. For me, this subdivision is the "Gem of Fort Bend County," although you may need to live here for a little while and experience the peace and quiet and the beautiful wildlife to truly appreciate it over busy Sugar Land and other noisy and polluted cities. I personally rate this subdivision as one of the safest, although the overall rating for Richmond and Rosenberg is not so great, by there statistics. In many streets, neighbors have become friends who socialize together and watch out for each other. Where else do you find that?

Dear Neighbors, I thank you for taking an interest in my market reports, and please do not hesitate to contact me with your questions. If I cannot take care of them I will know someone who can, and you will be helped with first class service.

Sincerely,
Jutta Miskow

NOTE FROM THE EDITOR . . . Jutta has been a huge contributor to our newsletter and will be dearly missed. Thank you so much for helping to keep the homeowners abreast of what is going on in the market. Safe travels to your new destination and stay in touch.



ROYAL LAKES ESTATES ANNUAL HOMEOWNERS MEETING

Thursday, November 1, 2012 ~ 7:00 p.m.
Velasquez Elementary School

IT'S YOUR NEIGHBORHOOD - MAKE YOUR VOICE HEARD

10 TIPS TO HEALTHY EATING

too much of any one nutrient. These 10 tips can help you follow that advice while still enjoying the foods you eat.

[This information is designed to help adults make informed decisions about their health and is intended to be used for general nutritional information and educational purposes only. It is not intended to prescribe, treat, cure, diagnose or prevent any particular medical problem or disease, or to promote any particular product. Women who are pregnant or nursing should always consult with their doctors before taking any supplements. You should always consult your health care professional for individual guidance for specific health concerns.]

1. **Eat a variety of nutrient-rich foods.** You need more than 40 different nutrients for good health, and no single food supplies them all. Your daily food selection should include bread and other whole-grain products; fruits; vegetables; dairy products; and meat, poultry, fish and other protein foods. How much you should eat depends on your calorie needs. Use the Food Guide Pyramid and the Nutrition Facts panel on food labels as handy references.
2. **Enjoy plenty of whole grains, fruits and vegetables.** Surveys show most Americans don't eat enough of these foods. Do you eat 6-11 servings from the bread, rice, cereal and pasta group, 3 of which should be whole grains? Do you eat 2-4 servings of fruit and 3-5 servings of vegetables? If you don't enjoy some of these at first, give them another chance. Look through cookbooks for tasty ways to prepare unfamiliar foods.
3. **Maintain a healthy weight.** The weight that's right for you depends on many factors including your sex, height, age and heredity. Excess body fat increases your chances for high blood pressure, heart disease, stroke, diabetes, some types of cancer and other illnesses. But being too thin can increase your risk for osteoporosis, menstrual irregularities and other health problems. If you're constantly losing and regaining weight, a registered dietitian can help you develop sensible eating habits for successful weight management. Regular exercise is also important to maintaining a healthy weight.
4. **Eat moderate portions.** If you keep portion sizes reasonable, it's easier to eat the foods you want and stay healthy. Did you know the recommended serving of cooked meat is 3 ounces, similar in size to a deck of playing cards? A medium piece of fruit is 1 serving and a cup of pasta equals 2 servings. A pint of ice cream contains 4 servings. Refer to the Food Guide Pyramid for information on recommended serving sizes.
5. **Eat regular meals.** Skipping meals can lead to out-of-control hunger, often resulting in overeating. When you're very hungry, it's also tempting to forget about good nutrition. Snacking between meals can help curb hunger, but don't eat so much that your snack becomes an entire meal.

Experts agree the key to healthy eating is the time-tested advice of balance, variety and moderation. In short, that means eating a wide variety of foods without getting too many calories or



YOUR HEALTH

The beginning of each year we all plan to live better, eat better, exercise, etc. For 2012, this page will be dedicated to your health. If you would like to see something special or submit a recipe, please let me know at rlcrown@yahoo.com.

6. **Reduce, don't eliminate certain foods.** Most people eat for pleasure as well as nutrition. If your favorite foods are high in fat, salt or sugar, the key is moderating how much of these foods you eat and how often you eat them. Identify major sources of these ingredients in your diet and make changes, if necessary. Adults who eat high-fat meats or whole-milk dairy products at every meal are probably eating too much fat. Use the Nutrition Facts panel on the food label to help balance your choices. Choosing skim or low-fat dairy products and lean cuts of meat such as flank steak and beef round can reduce fat intake significantly. If you love fried chicken, however, you don't have to give it up. Just eat it less often. When dining out, share it with a friend, ask for a take-home bag or a smaller portion.
7. **Balance your food choices over time.** Not every food has to be "perfect." When eating a food high in fat, salt or sugar, select other foods that are low in these ingredients. If you miss out on any food group one day, make up for it the next. Your food choices over several days should fit together into a healthy pattern.
8. **Know your diet pitfalls.** To improve your eating habits, you first have to know what's wrong with them. Write down everything you eat for three days. Then check your list according to the rest of these tips. Do you add a lot of butter, creamy sauces or salad dressings? Rather than eliminating these foods, just cut back your portions. Are you getting enough fruits and vegetables? If not, you may be missing out on vital nutrients.
9. **Make changes gradually.** Just as there are no "superfoods" or easy answers to a healthy diet, don't expect to totally revamp your eating habits overnight. Changing too much, too fast can get in the way of success. Begin to remedy excesses or deficiencies with modest changes that can add up to positive, lifelong eating habits. For instance, if you don't like the taste of skim milk, try low-fat. Eventually you may find you like skim, too.
10. **Remember, foods are not good or bad.** Select foods based on your total eating patterns, not whether any individual food is "good" or "bad." Don't feel guilty if you love foods such as apple pie, potato chips, candy bars or ice cream. Eat them in moderation, and choose other foods to provide the balance and variety that are vital to good health.

Source: <http://www.realtime.net/anr/10eattip.html>

MARK YOUR
CALENDAR

HOA ANNUAL MEETING
NOVEMBER 1 @ 7:00 P.M.



ROYAL LAKES ESTATES

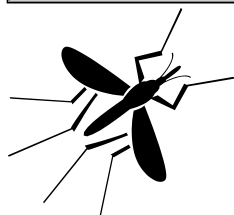


State law requires all HOA's to notify members of all Board meeting dates, times and locations. These meetings are open and can be attended by any member wishing to attend.

FUTURE BOARD MEETINGS:

October 9 George Memorial Library
7:00 p.m.

November 1 HOA Annual Meeting
7:00 p.m. Velasquez Elem.



WEST NILE VIRUS IS STILL A THREAT

According to Fort Bend County Health and Human Services, a man between 55 and 74 years old was recently released from the hospital after contracting the virus. He was the third case for Fort Bend County. A woman from Katy between 55 and 74 years old was listed as the fourth case in Fort Bend on Wednesday. Chambers County confirmed its first human case of the West Nile virus.

In Houston, combined with Harris County, there have been 37 cases with three deaths.

Researchers said the mosquitoes would be around at least until the end of October. So, to keep yourself and loved ones safe, follow the 4 Ds:

- Dusk and dawn have the highest mosquito activity, so those are the times you should stay inside.
- Dress in long sleeves, loose and light-colored clothing.
- Drain any standing water on your property.
- Defend yourself with insect repellent containing DEET.

There have been almost 1,600 cases of West Nile virus in the U.S. this year, according to the Centers for Disease Control. Half of those cases are in Texas.

For more information, visit

www.cdc.gov/ncidod/dvbid/westnile/index.htm.

VOTE

**ELECT
MICHAEL ELLISON**

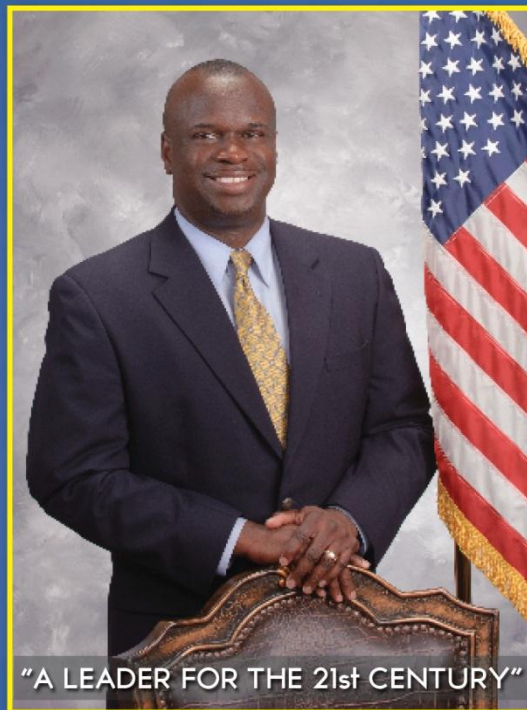


PHOTO BY: ROBERT BERGER-INNOVATIVE IMAGES

**FOR
SHERIFF
OF
FORT BEND COUNTY**

**SHERIFF FOR ALL PEOPLE
SHERIFF FOR ALL PARTIES
SHERIFF IN ALL PLACES**

**Early Voting Oct. 22, 2012 to Nov. 2, 2012
Election Day-Nov. 6, 2012**

POL. ADV. PAID BY THE MICHAEL ELLISON FOR SHERIFF CAMPAIGN
TYRONE BERRY TREASURER

LAYOUT & DESIGN BY LYRADIGITAL.COM

*This is a paid advertisement and not an endorsement by the
Royal Lakes Estates HOA*

SCHOOL NEWS!!

Antoinette Reading Junior High



PTO Fall Fundraiser Thank You!

THANK YOU to everyone who supported the PTO "Believe" catalog fundraiser. Your participation and support in making the fundraiser a success are greatly appreciated. ARJH is very fortunate to have such a caring and generous community of students, parents, teachers and businesses.

ARJH Open House, PTO General Meeting and Volunteer Orientation

The ARJH Open House, PTO General Meeting and Volunteer Orientation are on Monday, October 1. The PTO General Meeting starts at 5:30 p.m. in the cafeteria followed by the Volunteer Orientation. ARJH Open House starts promptly at 6:30 p.m. Parents will follow their child's daily schedule and meet their teachers.

Sign Up for Principal Nava's Eblast

School and parent communication is very important to ARJH, and we encourage all our parents to sign up to receive Principal Nava's email blast. To sign up, go to the ARJH homepage at readingjh.lcisid.org.

Library Late Nights

Every Monday after school the ARJH library is open from 4-6 p.m. for students to study, work on projects or receive help with homework.

ARJH Volleyball and Football Schedules

For complete volleyball and football schedules with times, visit the volleyball and football pages in the Athletics section of the ARJH website at readingjh.lcisid.org.

OCTOBER

- 2 - Football: **ARJH** vs. Bay City
- 4 - Volleyball: **ARJH** vs. George
- 9 - Football: **ARJH** vs. George
- 11 - Volleyball: **ARJH** vs. El Campo
- 16 - Football: **ARJH** vs. El Campo
- 18 - Volleyball: **ARJH** vs. Bay City
- 23 - Football: **ARJH** vs. Bay City
- 25 - Volleyball: **ARJH** vs. Lamar
- 29 - Volleyball: **ARJH** vs. Briscoe
- 30 - Football: **ARJH** vs. Lamar

NOVEMBER

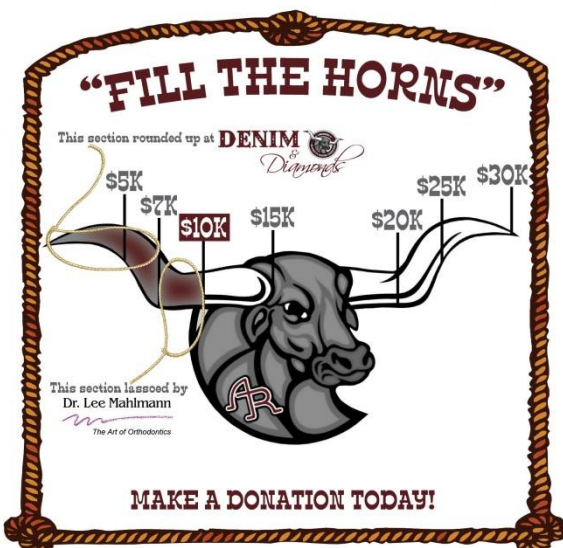
- 6 - Football: **ARJH** vs. Briscoe

After School Bake Sale

On Thursday, November 8, the Food Service ladies will be selling goodies after school on the bus porch and in front of the school. Don't miss out on some delicious treats!

READING JUNIOR HIGH PTO MARQUEE PROJECT

WORKING TOGETHER TO BUILD A SCHOOL MARQUEE



ARJH Longhorn Marquee Project – Help us “Fill the Horns”

One of the primary goals of the PTO this year is to raise money to build an electronic marquee that will be placed in front of the school near FM 762. The marquee will help the school better communicate with parents and the community. So far, the PTO has raised \$10,000 for the marquee--from last February's Denim & Diamonds banquet, from a generous donation by Richmond orthodontist Dr. Lee Mahlmann and a donation from the Saha family--and is actively working to raise the additional funds needed to get the project underway. Corporate and individual sponsorships and donations are gladly accepted. For more information about the ARJH Longhorn Marquee project, please email Sofia Sheikh at president@readingpto.org.

Join PTO and Receive the Weekly PTO Eblasts

If you are not receiving the PTO Eblasts any longer, you need to join PTO. The weekly eblasts are one of the privileges of being a member this year. (The PTO Eblast is different from Principal Nava's eblast.)

Continued on Page 6

Antoinette Reading Junior High - School News [cont.]

Join PTO and Receive the Weekly PTO Eblasts *[continued]* There are various membership levels:

Longhorn: \$10 – includes PTO Membership and weekly Eblast*

Longhorn Pride: \$25 – includes PTO Membership, weekly Eblast* and ARJH Decal or ARJH Cinch Bag

Longhorn Family: \$50 – includes PTO Membership, weekly Eblast*, ARJH Decal, ARJH Cinch Bag, and Family Name displayed on a board at ARJH for the school year

Longhorn Level: \$100 – includes PTO Membership and company name and logo listed as a supporter on PTO website

Longhorn Supporter: \$5 – (for ARJH teachers and staff) – includes PTO Membership and weekly Eblast*

*(Eblasts contain school/PTO related news, dates and event information)

To become a member, go to www.readingpto.org and click on the Membership tab to join online or download the membership application. If you have questions, please email membership@readingpto.org.

Volunteering at ARJH

If you have signed up to volunteer, please watch for emails with volunteer opportunities. Volunteers are crucial in making a school year successful. An hour of your time can be a tremendous help to the PTO and the school. Best of all, you can often do things from home or in your free time. Some volunteer opportunities available include: Beautification, Front Office, Fundraisers, Hospitality, Library, Membership, Programs/Cultural Arts, Public Relations/Newsletter, Website, Work Room and Longhorn Gear.

If you are interested in volunteering, please contact Amy McInnis at volunteers@readingpto.org. Thanks for your help.

ARJH CALENDAR October

10/01 – Open House, PTO General Meeting,
Vol Orientation

10/10 – Report Cards Go Home

10/30 – Progress Reports Go Home

December/January

12/04 – Progress Reports Go Home

12/18-12/21 – Finals

12/24 – 1/7 – Winter Break

01/08 – Students Return from Winter Break

November

11/08 – After School Bake Sale

11/09 – Veterans Day Program

11/14 – Report Cards Go Home

11/21-11/23 – Thanksgiving Break

ARJH is on Facebook - Like us at "Antoinette Reading Junior High"

For more ARJH dates and information, please visit the ARJH website calendar at www.readingjh.lcisd.org. You can also check for updates on the Reading PTO website at www.readingpto.org.

Start this School Year by Investing in Your Family

This could be the most significant, loving step you take as a parent, whether your teen is doing well or experiencing challenges.

formula for courses

= great atmosphere + delicious meal
+ practical talks + group discussion times

Sessions cover:

- > Building Strong Foundations
- > Meeting our Children's Needs
- > Setting Boundaries
- > Teaching Healthy Relationships
- > Our Long-Term Aim

Both courses simultaneously . . . for all parents

Mondays, this fall: Sept 24 & Oct 1, 8, 15, 22

6:30–8:45 PM., Reading Jr. High School

\$50 per person, includes dinner, [Scholarships available]

Register: life@lifechurchfortbend.org

For details call 281.753.7474 or check out: www.lifechurchfortbend.org

Hosted by LIFEChurch Fort Bend . . . Helping Ft. Bend parents