

Columbine West Civic Association

Newsletter®

CWCA — Your Homeowners' Organization



Vol. 34 No. 10

October 2012

2012 *Circulation: 1,555*

Thank You For...



2012 Membership Tally

Our summer has been packed full of community events and a huge "Thank You" to all of those who paid their dues to help support CWCA. The many weeks of hot weather made it extremely important to have all of the entrance planters watered regularly. The weeds are being sprayed by Trugreen. All the work has been contracted out and is being paid for by membership dues. CWCA creates a newsletter that is delivered to all homeowners/ residents, maintains the community entrances, promotes and advertises the annual garage sale, sponsors and coordinates Dumpster/Recycling Day to clean up the neighborhood, partners with Shiloh House on National Night Out, and promotes Yard of the Month to recognize homeowners who work hard to create beautiful yards. CWCA encourages ALL residents to become current with the membership fees, which are effective for 12 months. Presently there are 388 paid memberships, which is 92% towards reaching the 2012 goal of 420. Last year at this time we had 394, or 94%. This may sound encouraging, but in reality it is only 25% of the "entire" neighborhood. Each membership payment of \$25 is important to the neighborhood. Please consider renewing if you have not yet or become a new dues paying member. If you have questions or concerns, would like to volunteer or join the Board, contact the voicemail at 303-904-8218. At anytime community members who would like to volunteer on a project can attend a monthly meeting, which is open to all neighbors, or leave a message on the voice mail line. Your \$25 fee is the best value in town. Dues and /or donations can be mailed to: Columbine West Civic Association, P.O. Box 620026, Littleton, CO 80162. NEW PAYMENT OPTION!!! Pay securely online with PayPal, VISA, MC, Discover, and AMEX. Go to: www.neighborhoodlink.com/jeffco/

cwc/ If you have a special project you would like to donate to,

make that notation on your payment.

Check Out the Newsletter

A new community campaign is being presented in the newsletter, each month there will be a new headliner, take a look. Thank you to those neighbors who have stepped up to help deliver the newsletters. Delivering the newsletter is completely volunteer based, helping us to save valuable resources. Neighbors depend on this communication system to stay informed on upcoming events. Please consider joining as a delivery volunteer we are always looking for people to add to our substitution list, which helps when someone is ill or out-of-town. If you would like to get in some constructive walking, please call 303-972-2387.

Next CWCA Meetings

7:00 p.m. Dutch Creek Elementary
Oct 9th • Nov 13th • Dec 11th



2012 CWCA Calendar of Events

- October 9th, 7 p.m. CWCA Meeting, Dutch Creek Elementary
- October 15th-31st, Holiday Lighting Contest. BOO!
- October 29th, 3-5 p.m., Trick or Treat Street, Columbine H.S.
- November 4th, Clock set back 1 hr., Daylight Savings Time Ends
- November 6th, Election Day. Remember to VOTE, Check your precinct
- November 11th, Veterans Day
- November 13th, 7 p.m. CWCA Meeting, Dutch Creek Elementary
- · December 1st-25th, Holiday Lighting Contest
- December 11th, 7 p.m. CWCA Meeting, Holiday Potluck, Dutch Creek
- December 31st, New Year's Eve 2013. Cheers!

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What are Bath Salts?

If you hear your child talking about "Ivory Wave," "Red Dove," "Blue Silk," or the sort, you probably want to get involved in the conversation. These terms are slang for the latest drug fad and can be very dangerous.

"Ivory Wave," "Purple Wave," "Red Dove," "Blue Silk," "Zoom," "Bloom," "Cloud Nine," "Ocean Snow," "Lunar Wave," "Vanilla Sky," "White Lightning," "Scarface," and "Hurricane Charlie" certainly aren't names of bubble bath products. Rather, these slang terms for Bath Salts represent toxic stimulants that until recently were sold in your local neighborhood convenience stores, and gas stations, as well as in drug paraphernalia stores. Bath Salts are the newest fad among the drug scene. Because Bath Salts are relatively new, the knowledge base is limited in terms of short and long term effects. According to the National Institute on Drug Abuse (2011) the information we do have is worrisome and warrants a proactive stance to understand and minimize any potential dangers to the health of the public. What is known, for example, is that these products often contain various amphetamine-type chemicals. These chemicals mimic stimulant drugs, thus they present a high abuse and addiction liability. Consistent with this notion, these products have been reported to trigger intense cravings; not unlike those experienced by methamphetamine users. Bath Salts are based on a cathinone chemical structure, meaning a synthetic or natural material containing analogs, salts, isomers, or salts of isomers. Unfortunately, Bath Salts have already been linked to an alarming number of emergency room visits across the country. Doctors and clinicians at poison centers have indicated that ingesting or snorting Bath Salts containing synthetic stimulants can cause chest pains, increased blood pressure, increased heart rate, agitation, hallucinations, extreme paranoia, and delusions. The National Institute on Drug Abuse will continue to monitor the situation and promote research on the extent, pharmacology, and consequences of Bath Salts abuse. In the meantime, we urge the public to be aware of the potential dangers associated with the use of these drugs and to exercise a judicious level of vigilance.

- Jefferson County School District

NIC Mission Statement

A group of volunteer homeowners who welcome new residents, educate all Columbine West residents about covenants, zoning and county ordinances, while addressing issues pertaining to our community, and look for opportunities to improve and enhance our neighborhood.

Fall Pet Food & Supplies Drive

Help provide support for the companion animals of senior citizens, people with disabilities and those facing life-challenging illnesses through a pet food and supplies drive to be held from October 6th – November 10th. Collection bins will be at various locations across the Denver metro area. To find your closest location, please visit www.PAWSColorado.org. Our biggest needs are for bags of dry dog and cat food as well as kitty litter. Together we can help sustain the very important human animal bond. For more information please call 303-693-1587 or visit www.PAWSColorado.org. ** To protect the health of our client's companion animals, we are unable to accept open or repackaged food or used pet supplies. **

Columbine West Civic Association

303-904-8218 • www.columbinewest.org www.neighborhoodlink.com/jeffco/cwc

Officers

John Basila, *President* • 303-904-8218 • CWCAtalk@gmail.com

Cindy Coats, Secretary Mary Cole, Treasurer

Board Members: 5 Filled, one OPEN

COHOPE Delegate

Cindy Coats and Floating Board Member

Newsletter Delivery Coordinators: 303-972-2387

Newsletter Editor: Natasha McCombs, ncmccombs@yahoo.com

Website Coordinator: John Basila Newsletter Ad Manager: Colorado Lasertype

Garden Club Coordinator: OPEN

Schools

Dutch Creek Elementary 7304 W. Roxbury Pl. Ken Caryl Middle School 6509 W. Ken Caryl Ave. Columbine High School 6201 S. Pierce St.

The newsletter is published monthly. Deadline for news is the 13th and ads is the 15th of each month for the next month's issue except the Jan. issue which is Dec. 6th. All articles must be approved by the editor for publication, or as space permits. To submit an article, please call a board member or e-mail the editor. All "Letters to the Editor" must be signed and include a daytime phone number in case there are any questions. Letters may be printed without the author's name if requested.

For advertising, contact Colorado Lasertype, 303-979-7499 getinfo@ColoradoLasertype.com • www.ColoradoLasertype.com

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Halloween Decorating Contest

"Eye of newt, and toe of frog, Wool of bat, and tongue of dog, Adder's fork, and blind-worm's sting, Lizard's leg, and owlet's wing, For a charm of powerful trouble, Like a hell-broth boil and bubble." — William Shakespeare (a quote from "Macbeth")

Get those Halloween decorations out! They could make you \$50 richer! CWCA will have judges out at dusk looking at decorations the week before Halloween. Remember to turn on the lights and give us a chance to see just how creative a neighborhood we have. There will be (2) \$50 Gift Certificate prizes awarded, and a follow up article with possible photos that will appear in the newsletter. If you'd like to call in and make sure we check out your house or your neighbor's house, please call the CWCA voicemail at 303-904-8218 or email us at cwcatalk@gmail.com. Leave your name, phone number and street address.

"Questions? Questions?"

How many people/families can legally live in a house in our neighborhood. How many cars can they have? This is a zoning regulation. Up to 6 unrelated people can reside in a single family dwelling. Kinda sounds like an oxymoron, but single family by definition means 1 family including relatives. This is according to Jefferson County Zoning regulations. There is no limit to the number of cars each home can have. If there are parking issues, neighbors need to work it out amongst themselves. If that isn't working, they should contact the Sheriff's office and ask for their assistance.

Pretty Much a Done Deal

September 12 at 6:15 p.m. the Jefferson County Zoning and Planning opened up conversation on the re-zoning of the N.E & N.W. corner lots, located at Wadsworth/Coal Mine. Remember the property that Foothills Park & Recreation had originally planned as Open Space? The area that is now inhabited by area prairie dogs. After 2 ½ hours of listening to Community Input, Staff recommendations, developer comments and commissioners questions, it was a 7-0 vote to accept the re-zoning application. What happens now? There is an October 2nd, County Commissioners meeting to cast a vote for approval. This meeting will be located at Lilley Gulch Recreation Center at 8:30 a.m.

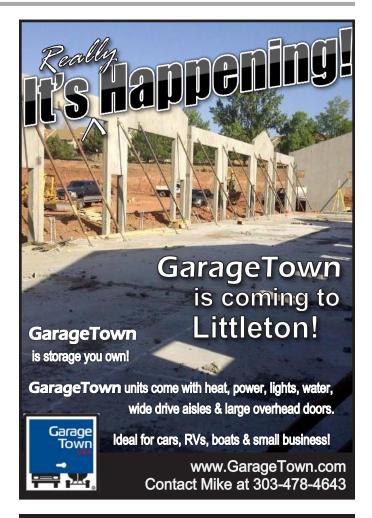
Why is this being reported to CWCA residents? Be prepared. The lots are going to be developed. Foothills put these lots and (7) others, on the "For Sale" list after the 2008 Mill Levy defeat. FHP&R is trying to raise funds. These two properties are prime retail locations. It is estimated that on the N.E corner there will be approx. 15,000 sq ft of retail space for lease, while the N.W. corner will have approximately 25,000 sq. ft of retail space for lease. Who might be possible leasees, you might ask? Planning and zoning did do us a favor by voting down the request for bar or tavern, but that still leaves open a possible brewpub, restaurant or vinterer. The agent for this property, Drake Real Estate Services, did a pretty fancy foot work job of splitting hairs with the commissioners on the topic of possible leasees. Extra attention was given to the setback requirements from Wadsworth/Coal Mine and the buffer space allotments behind the intended structure and the neighboring development. Let it be noted that this building will be highly visible. A traffic study was conducted and it was shared that approx. 50,000 vehicles pass through the Wadsworth/ Coal Mine intersection, daily. That's correct, daily. It is a retailers dream to have that much exposure.

What does this mean for the residents of Columbine West? Best case scenerio, traffic issues. CDOT has approved new acceleration lanes onto Wadsworth, along with decelerations lanes from Wadsworth. New islands on Coal Mine to accommodate traffic entering and existing the retail centers. To give you and idea, think of the corner of Wadsworth and Belleview, but put into that equation the speeds that people travel along the stretch of Wadsworth, from Columbine Dr. to Peakview. Seems that we may see an increase of distracted drivers and accidents. But, CDOT has done their studies and passed on their approval.

These two corners have been vacant for many years. Homeowners have enjoyed the open space. Neighbors who back up to the lots have become accustom to their view of the mountains and surrounding landscape. Change is inevitable, let's be hopeful that the new developer and incoming leasees are not just another bank, Chipotle or worst case scenerio, car wash station. More news will be shared as we receive it. For now we need to prepare for groundbreaking, construction vehicles, cone zones and distracted drivers.

Jefferson County Numbers

| Information | 303-279-6511 | Motor Vehicles | 303-271-8100 |
|-----------------------------|--------------|---------------------|--------------|
| Animal Control | 303-271-5070 | Highways & | |
| Clerk & Recorder | 303-271-8168 | Transportation | 303-271-8495 |
| Colorado State Patrol | 303-239-4500 | Planning & Zoning | 303-271-8700 |
| County Commissioners | 303-271-8525 | Sheriff - Emergency | 911 |
| County Administrator | 303-271-8500 | Traffic Complaints | 303-271-5677 |
| Extension Service | 303-271-6620 | Voting Information | 303-271-8111 |



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When: Saturday October 6th, 2012

Where: Clement Park, 7306 W Bowles Ave, Littleton

Southeast parking lot

Time: 9:00 am until 1:00 pm

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Latex only, no oil base or stains accepted.



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CWCA Mission Statement

The Officers and Directors of Columbine West Civic Association (CWCA) are elected by the dues-paying members who make up the civic association. Each board member is a civic association member and serves on the board without any compensation for time and labor. CWCA's primary mission is to enforce the covenants and to protect the property values of the Columbine West homes.

Our main objectives are as follows:

- · To resolve covenant violations
- To work cooperatively with Jefferson County Sheriff's Department, Planning and Zoning Department and the Colorado State Patrol to maintain a safe and peaceful community
- To initiate civic programs that bring the community together and encourage residents to maintain the general appearance of Columbine West
- · To foster community pride among the Columbine West residents

Thank you to those who have made the commitment to be part of the association. CWCA encourages ALL residents to become current with the membership fees which are affective for 12 months. If you have questions or concerns, would like to volunteer or join the Board, contact the voicemail at 303-904-8218. At anytime community members who would like to volunteer on a project can attend a monthly meeting, which is open to all neighbors, or leave a message on the voice mail line. Your \$25 fee is the best value in town. Dues and/or donations can be mailed to: Columbine West Civic Association, P.O. Box 620026, Littleton, CO 80162. NEW PAYMENT OPTION! Pay securely online with PayPal, VISA, MC, Discover, and AMEX. Go to: www.neighborhoodlink.com/jeffco/ cwc/. If you have a special project you would like to donate to, make that notation on your payment. Thank you for your continuing support in helping to restore property values and make Columbine West a great place to live.

2012 National Park Free Days

September 29th & November 10-12th: The National Park Service offers free entrance to all National Parks a few times each year. This is a great way to explore our beautiful Colorado park lands. The National Parks free days are valid at all National Parks that charge an entrance fee. For Denver and the Front Range, the nearest parks are Rocky Mountain National Park and Florissant Fossil Beds, although there are several others if you can travel a bit farther. Some of the more distant Colorado parks (in order of my favorites) are Mesa Verde, Great Sand Dunes, Black Canyon of the Gunnison, as well as Arches / Canyonlands in Utah. A trip to a National Park is one of the best things to do in Colorado, and free entrance makes it an excellent deal as well. Free days are announced by the park service to celebrate special events such as MLK weekend, National Parks Week, the first day of summer, Public Lands Day, and Veterans Day Weekend.

Many of you remember what life was like before "Fee Demo", the National Park Service's test of imposing expensive fees on park entrance, which have since become permanent. Many of us no longer visit the National Parks because of these fees. This is a good chance to get outdoors and explore areas that we normally cannot.

Chatfield Botanic Gardens Free Fridays 2012: The last friday for the 2012 year is November 2nd , The Botanic Gardens at Chatfield is located at 8500 Deer Creek Canyon Road in Littleton.

Denver Zoo: The Denver Zoo free days are by far the most popular Denver free days for families with kids, and are typically held during the fall and winter. Kids love to walk through the zoo and watch the animals, and there are also fun activities for the kids at various locations throughout the zoo. Weather: Since much of the zoo is outdoors and free days are in the colder months, be sure to dress warmly. There are plenty of chances to step inside to warm up also, such as the indoor rainforest at Tropical Discovery. The last few free days are Monday, November 5th, Friday, November 16th & Wednesday, November 28th. Check out the zoo.

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Sheriff Neuenfeldt Shares Information

On September 5th, a Reverse 911 call was dispatched to the Columbine West Subdivision in connection with police activity within the development. The call made mention of an alleged description and location. Neighborhood schools were placed under "Lock-out", nobody permitted to enter the buildings. Some neighbors were receiving the calls while others were not. During a recent Coffee With a Cop at Einstein's on Wadsworth, Crime Prevention Deputy Neuenfeldt shared some very valuable information about Reverse 911. He told us that when the calls are placed sometimes they reach an answering machine or contracted phone message. He said that the recorded Reverse 911 call will begin to speak as soon as the phone picks up. Therefore, the message may be speaking to your very own message, not waiting till the "beep" and then leaving the message. If your phone has a recording about your number being "blocked", again the message begins as soon as the ring tone stops. May be why some neighbors saw the Jeffco Sheriff show up on their "caller ID", but didn't hear a message. Another concern of the general 911 is that dispatchers are only aware of a phone number, and minimal location data, so Sheriff Neuenfeldt gave us a short tutorial on the new system called Smart911, please read on. Smart911 is a free service where users create a safety profile by entering vital data they want made available about themselves, family, residence and even pets. Data given can include photos, and information regarding medical conditions, allergies, disabilities and/or special needs, home addresses of cell phone callers and floor plans to name a few. Medical conditions – such as autism, Alzheimer's hearing impairments - can be added about the residents of a household. The system also allows dispatchers to text callers, which can help in certain situations, especially if the caller is hearing impaired. Smart911 delivers this information automatically to dispatchers, who then enable responders to be more successful with access to critical health and logistical information before arriving at the scene of an emergency. Smart 911 is funded by the Jefferson County 911 Authority Board and only provides information to 911 centers and their agencies when 911 is dialed from that specific number.

Garden Committee Update

"There can be no other occupation like gardening in which, if you were to creep up behind someone at their work, you would find them smiling." ~Mirabel Osler

If you would like to step up and help keep the garden duties scheduled or have your name added to the volunteer list or have any questions contact the voicemail at 303-904-8218.

Coffee With a Cop, Pull Up a Chair

A new series of walk-in community meetings called Coffee With a Cop began in spring 2010. These informal events are opportunities for Jeffco residents to speak one-on-one with our agency's command staff, and ask questions about crime and quality-of-life issues in their neighborhoods or on the roadways.

2012 Schedule - South Jeffco

October 11, King Soopers, 11747 W. Ken Caryl Ave., 11 a.m. - 1 p.m.

November 8, Food Court at SW Plaza, 2 p.m. - 4 p.m. December 13, Panera Bread, SW Plaza, 2 p.m. - 4 p.m.

PTSA Bake Sale on Election Day

Homemade goodies available from 7am-7pm, please plan on supporting the school as they open their doors for another very important election year. If you would like to donate goodies please contact Dawn Manna, PTSA Pres. at ddmanna@comcast.net or call Dutch Creek at 303-982-4565 leave a message with Ms. Bell.

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Sunday Hours: 11am-1:30pm Regular Office Hours: Weekdays 7:30-12 / 2-6 Saturday 8-12 5546 W. Canyon Trail off Platte Canyon Rd. in Columbine Hills www.columbineanimal.com

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What in Life Grinds My Gears?

Andrew Aitken "Andy" Rooney (January 14, 1919 – November 4, 2011) was an American radio and television writer. He was most notable for his weekly broadcast "A Few Minutes with Andy Rooney." In the segment, Rooney typically offered satire on a trivial everyday issue, such as the cost of groceries, annoying relatives, or faulty Christmas presents. Rooney's appearances on "A Few Minutes with Andy Rooney" often included whimsical lists, e.g., types of milk,[11] bottled water brands,[12] car brands,[13] sports mascots,[14] etc. In later years, his segments became more political as well. So here is a little humor added to the newsletter, may we celebrate our old friend Andy Rooney. This article was written by a new contributing columnist, it doesn't represent the views or opinions of the CWCA Board or Officers. So please enjoy the first installment of "What in Life Grinds My Gears?"

At the moment, it is the political campaign as a whole. I had a recent encounter with an individual collecting data for the presidential race. He comes up, "Sir, do you have thirty seconds to answer one question?". Of course I don't want to talk to them, but I was feeling a little generous that day. "If you could vote today, who would you vote for?". Great, this is your one question. I guess it's only one. I tell him that I have not made a decision yet, like it is any of his business who I'm voting for. He says that's still great information and then asks if I'm registered to vote. Whoa, hold on there buddy. You told me ONE question and your 30 seconds have definitely come and gone. I don't mind you asking questions, but when you give me your word, I expect you to keep it. I tell him that I'm not, I plan on doing it later, and I'm in a hurry to eat so I can get as far away from you as I can. He then tells me that I can solve my issues and sign up right now. I just told you that you've overstayed your visit in my valuable time slot for the day and you're creeping into the time I allot myself to rant with no holding back. With the last little bit of calm I inform him that I have no intention on signing up with him looking over my shoulder, in the middle of the sidewalk, during a time that I REALLY need to eat. Instead I will sign up at my own time, in my own place, far away from people that ask more than their one question. Then he really irks me. He starts to argue about why I wouldn't sign up now to get it over with, how they don't get paid for how many people they have sign up, and how it doesn't really matter where I do it, all the sign ups go to the same place. He just doesn't get it, but he will. He has taken my 30 seconds of generosity and turned into a dissertation on a matter that is high on my "Who gives a" list. I look him straight in the eyes and before I even open my mouth, he knows, he's pushed me too far. My voice raises a couple decibels as I sternly, hand him a new one. First about the fact that I have now lost five minutes of my valuable time, when it should have been less. Second, when I was ready for one question and you continually press for more. And third, if you don't get paid for how many people you get signed up, why the heck have you wasted your time arguing petty semantics with me! I'm not budging, you can't make me, and that was more than 30 seconds! That's what really grinds my gears.

— Young Adult in Littleton

Shiloh Home: Together We Can Say "Yes!"

Community. It's what we are. It's where we are.

In recent days we have been reminded of the importance of community. A strong and positive community is able to keep connections between the young and the old, the disadvantaged and the blessed, and the lonely and caring support groups. It is through community that we thrive and live an abundant life. This kind of community provides safer activities, better opportunities, and higher levels of achievement for all. Colorado is a special place, and we are honored to be a part of your community.

For Shiloh Home, community is full of neighbors to our facilities, volunteers from churches and businesses, donors in philanthropy, and you. We cannot serve the youth of Colorado today, without you. Together, we are able to say "yes!" to the youth who have all too often been told "no" to opportunities, success, and positive relationships. **The community is who builds a sense of trust, responsibility and hope in the youth of Colorado today.** Please join me in thanking only a few of many people who have said "yes!" to Shiloh Home's youth just this past month:

Denver Tech Center Optimist Club, Colorado Trail Hiking, Kingery & Associates, Inception 365, Janice Hewitt, Dillon Hope, Littleton Vineyard Church, Curtis Smith, Karen Talkington, Columbine West Civic Association, Colorado Miners Community Center, Heritage United Methodist Church, Rob Guyor, Dorin Tissaw, Chick-fil-A, Sam's Club, FedEx Kinko's, Noodles & Co., Domino's Pizza, Harley Owners Group #422, Colorado Rockies Baseball Club.

Friends, together we can say "yes!" to Colorado's youth and families. We need your support. Will you consider making a donation of your time, talents, or finances? Just \$10 a month,

from now until December, from each recipient of this e-news would bring us to our annual support goal. Please consider giving to support the education, therapy, and resources of Colorado's youth by saying "yes!"

If you are interested in making an in-kind donation or volunteering, please contact Jessica Brown, Development Manager, jbrown@shilohhouse.net or 303-932-9599, x326.

Columbine West Military Members

"Above all things let us never forget that mankind constitutes one great brotherhood; all born to encounter suffering and sorrow, and therefore bound to sympathize with each other" - Albert Pike

GM2 David Tuey, 24yr, US Navy Weapons Handler. Gunner's Mate Second Class · Stationed in Yokosuka, Kanagawa, Japan

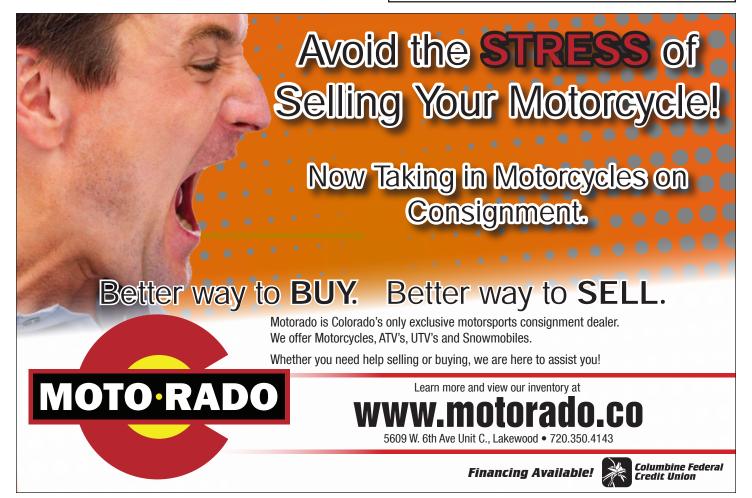
HM3 Michael Tuey, 22yr, US Navy, Hospital Corpsman (Doc) now @ Camp Lejeune.

LCpl. Tyler Mc Manus, US Marine Corps, stationed in Washington D.C.

Tylyr Brown, 21yr, US Marine Corp. Stationed at Camp Lejeune, NC

Kristyn Lutz, Lance Corporal, U.S. Marine Corp, Stationed in Camp Pendleton, California

Petty Officer 2nd Class Christopher Hooker, US Navy Aviation Warfare, Search & Rescue, stationed at Buckley, Colorado



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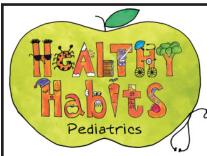
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Teens Smoking Hookah is Not Healthy

Hookah smoking lounges are opening in some Jefferson County communities that have not yet strengthened their smoke free laws, with the latest one opening just across the street from Wheat Ridge Middle School. Although state law prohibits the use of any form of tobacco, including hookah tobacco, for anyone under the age of 18, kids as young as 16-years old are encouraged to come in to some of these establishments, and are often enticed by the candy or fruit flavored tobacco and club-like atmosphere of these smoking lounges. So, what exactly is "hookah"? A hookah is a water pipe used to smoke flavored tobacco. Many think that "smoking hookah" has no negative health effects. The truth might surprise some, especially parents who have allowed their children to participate in this trend.

Fact: Hookah smoking is NOT safer than cigarette smoking. According to an article by Dr. Lowell Dale, M.D. published by the Mayo Clinic, hookah smoke contains high levels of toxic compounds, including tar, carbon monoxide, heavy metals and carcinogens. In fact, hookah smokers are exposed to more carbon monoxide and smoke than cigarette smokers.

Fact: Although many teens and parents think what is inhaled is only steam, it is not. It is tobacco smoke. There is a common myth that smoking tobacco through a hookah filters the harmful toxins associated with smoking tobacco. It does not. Hookah tobacco contains the same cancer-causing chemicals found in other tobacco products.

Fact: Because smoking a hookah is a prolonged, social activity, a hookah smoker might inhale the smoke-equivalent of 100 cigarettes during a single, average, 45 minute session.

Fact: The Centers for Disease Control (CDC) states that hookah smokers are at risk for the same diseases that are caused by cigarette smoking, including oral cancer, lung cancer, stomach cancer, cancer of the esophagus, reduced lung function, and decreased fertility.

Fact: Secondhand hookah smoke may be more dangerous than cigarette smoke. It contains smoke not only from the tobacco but also from the heat source (e.g., charcoal) used in the hookah.

Fact: Sharing a hookah mouthpiece might contribute to the spread of colds, flu, and other infectious diseases.

Fact: According to The American Lung Association, tobacco use is the single most preventable cause of death in the United States.

Fact: According to the US Surgeon General, and based on years of scientifically sound, published research, *there is no safe level of tobacco use or tobacco smoke exposure*.

Though many hookah smokers already smoke cigarettes, hookah smoking for some can lead to nicotine addiction and, in turn, use of other nicotine products. Jefferson County Public Health urges parents to get the facts and be involved with the choices their teens are making when it comes to tobacco and hookah smoking. For more information on how to help your teen make informed decisions, contact JCPH at 303-275-7555 or visit, The American Lung Association.

Back Inside We Go

It was a wonderful treat this summer to have our monthly meetings at the pool pavilion. Unlike other summers, this year we had gentle winds, beautiful sunsets and very few mosquitoes. Now we will be heading back to the school, Dutch Creek Elem., meetings will begin at 7pm the 2nd Tuesday of each month. The schedule of events winds down this time of year so we could use some interesting conversation starters. Stop by, we would love to hear some feed back from the community on how things are going in the neighborhood.

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MEET OUR TEAM... WE'RE STILL GROWING

Join us in welcoming Nicole E. Hoffman, D.O., to our team.

Dr. Hoffman is a family practice physician with a special interest in preventive healthcare and the latest medical technology. She is board-certified by the American Osteopathic Board of Family Medicine.

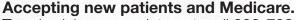
Lisa Walker, M.D., is board certified in Family Medicine by the American Board of Family Medicine.



is board-certified in Family
Medicine by both the American
Osteopathic Board of Family
Practice and the American Board
of Family Medicine.



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Centura Health Physician Group

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Market on Your Calendar

ALL MARKETS OPEN NOW THROUGH OCTOBER

Saturdays Southwest Plaza

Southwest Plaza SE Prk. Lot Wadsworth & Bowles 8am until 2pm or Sellout

Sundays HIGHLANDS RANCH

Highlands Ranch Town Ctr. Sq. 9288 Dorchester St. 10am until 2pm or Sellout

Mondays HAVANA EXCHANGE

2712-2892 S Havana St. Havana & Yale 10am until 3pm or Sellout

Tuesdavs DENVER

Calvary Temple (S. University & E. Alameda) 10am until 3pm or Sellout

Wednesdays

Aspen Grove Lifestyle Ctr. 7301 S. Santa Fe Dr. 10am until 3pm or Sellout

Thursdays

4252 Wadsworth Blvd. 10am until 3pm or Sellout

For more information call the Metro Denver Farmers' Market Hotline 303-887-FARM www.denverfarmersmarket.com

Teen Services

To add your teen's name, please email Colorado Lasertype at getinfo@colorado lasertype.com and leave the following information: the neighborhood you live in, your age, phone number and the categories you would like included. Categories: (B) Baby-sitting; (*) Red Cross Cert for CPR; (L) Lawn care; (S) Snow removal; (P) Pet & House sitting. No recommendation or endorsement of any of the names on this list is implied or stated by the homeowners association board or Colorado Lasertype.

| Alexis A. | 15 | B/P/S | 303-587-9439 |
|------------|----|-------|--------------|
| Colton C. | 16 | S/P | 303-829-8673 |
| Hunter E. | 14 | S/P | 303-933-9850 |
| Madison L. | 13 | B/P | 303-641-3571 |
| Kayla G. | 13 | P | 303-972-7895 |
| Karissa G. | 13 | P | 303-972-7895 |
| Jordan H. | 17 | B*/P | 720-884-6321 |
| Angie W. | 15 | B/S | 720-569-0552 |
| | | | |

How is the Newsletter Built?

The CWCA Newsletter is built up of articles that come in from many sources. Some of the articles are not generated by CWCA, but are printed by Colorado Lasertype as fillers to the newsletter. Most of the articles we print have information for the 1555 neighbors that live within Columbine West. Articles address upcoming events, covenant issues and community interests. We welcome neighborhood input and try to give a neutral representation. CWCA, like many other neighborhoods, has been given the opportunity to use the newsletter as a means to communicate within the development. Colorado Lasertype prints the newsletters with advertising dollars generated from retailers submitting advertisements. You may notice at times that the newsletter has (12) pages and then other times it is only (8) pages large. This is all dependent on the amount of retailers advertising that month. CWCA tries to bring the most important and time sensitive information to the community each month. If you would like to submit an article or see something written about call the voicemail at 303-904-8218 with your request, or email the editor: ncmccombs@yahoo.com

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Find a professional to suit your needs while supporting local businesses!

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 Product Sales Plumbing
- Carpet & Upholstery Home Improvement Music Computer Services
 - House Cleaning
 - Painting Realtors

- Financial Services
- Insurance
- Pet Services Recreation

Call us to ask how to get added to one of the categories above! 303-979-7499

Visit our website for advertising information, ad rates, a map of the HOA newsletters we publish and details about our graphic design services.



asertype www.ColoradoLasertype.com

CLASSIFIEDS

Classified ads are \$2.95/line for 2012. Contact Colorado Lasertype at 303-979-7499 or getinfo@colorado lasertype.com to place an ad. To view our display ad prices, visit our website at www.coloradolasertype.com. The deadline for placing a classified or display ad is the 15th of the month for the next month's issue (i.e., 15th of Sept. for Oct. issue), except the January issue, which has a deadline of December 6th.

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Tom's Top Notch Painting - Fall Special! 20% disc. Tom Martino approved. int./ext., drywall repairs. 303-523-2941.

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Ultimate House Cleaning. Reliable, flexible & insured. Use your products or mine. Clean once/month \$100.00. 303-978-1028.

Carpet Repairs - patching, restretching. 44 years experience. I power stretch carpets. **H:303-979-1887, C:303-906-5642**

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Columbine Kiwanis Youth Key Club

What we stand for, our mission statement: Key Club is an international student-led organization which provides its members with opportunities to provide service, build character and develop leadership. With our vision, we are caring and competent servant leaders transforming communities worldwide. The core values of Key Club International are leadership, character building, caring and inclusiveness. Our pledge: I pledge, on my honor, to uphold the Objects of Key Club International; to build my home, school and community; to serve my nation and God; and combat all forces which tend to undermine these institutions. The Objectives of our group is to develop initiative and leadership, provide experience in living and working together, serve the school and community, cooperate with the school principal, prepare for useful citizenship and to accept and promote the following ideals: give primacy to the human and spiritual, rather than to the material values of life, encourage the daily living of the Golden Rule in all human relationships, promote the adoption and application of higher standards in scholarship, sportsmanship and social contacts, develop, by precept and example, a more intelligent, aggressive, and serviceable citizenship, provide a practical means to form enduring friendships, to render unselfish service and to build better communities along with cooperate in creating and maintaining that sound public opinion and high idealism which makes possible the increase of righteousness, justice, patriotism and good will. Columbine High School has a Key Club group that meets throughout the school year. Ms. Karen Hunley karenkhunley@yahoo. com phone at 303-979-9017 is our Key Club advisor at Columbine. Key Club Week is November 5-9th. If you have a student who is interested in joining Key Club, please contact Ms. Hunley for details.

Columbine Kiwanis is group of volunteers dedicated primarily to children in our local community. We also have fun at our meetings which include an interesting speaker and social events. Come check us out.

Columbine Kiwanis

Columbine Kiwanis is group of volunteers dedicated primarily to children in our local community. We also have fun at our meetings which include an interesting speaker and social events. Come check us out. Weekly scheduled meetings Wed at 6:45am at Roberts Italian Restaurant, 6745 Ken Caryl Ave. Free breakfast for first time visitors. Membership Dues are \$33.00 per month including meeting breakfasts. Guest and Interclub Breakfasts are \$6.50 each, payable to the Treasurer.

For information call, Ken Sweet 303-973-8253 or visit our website at www.columbinekiwanis.org.

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In Columbine West, Results Count!



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CALL DUANE FOR YOUR FREE MARKET ANALYSIS OF YOUR HOME!

The statistical information is based on MLS data September 20, 2012. Not all of the properties were listed and/or sold by Duffy & Associates, LLC.

Columbine West Statistics for September 2012

Current Homes FOR SALE in Columbine West

| | Lowest | Highest | How Many? |
|-------------|------------|------------|-----------|
| Ranch Style | \$ 250,000 | \$ 255,000 | 2 |
| 4-level | \$ 274,900 | \$ 279,950 | 2 |
| 2-story | \$ 272,000 | \$ 438,900 | 4 |
| Tri-level | \$ 214,900 | \$ 214,900 | 1 |
| Bi-level | \$ 229,000 | \$ 229,000 | 1 |

Current Homes UNDER CONTRACT in Columbine West

| | Lowest | Highest | How Many? |
|-------------|------------|------------|-----------|
| Ranch Style | \$ 194,900 | \$ 248,000 | 2 |
| 4-level | \$ 190,000 | \$ 255,000 | 4 |
| 2-story | \$ 182,000 | \$ 299,900 | 2 |
| Tri-level | \$ 224,900 | \$ 224,900 | 1 |
| Bi-level | \$ 232,900 | \$ 250,000 | 2 |

Homes **SOLD** in Columbine West Jan. 1, 2012 – Sep. 20, 2012

| Lowest | Highest | How Many? | |
|------------|--|--|--|
| \$ 133,000 | \$ 253,500 | 6 | |
| \$ 170,501 | \$ 270,000 | 10 | |
| \$ 166,699 | \$ 303,500 | 15 | |
| \$ 153,500 | \$ 235,000 | 3 | |
| \$ 180,000 | \$ 264,900 | 16 | |
| | \$ 133,000 \$ 170,501 \$ 166,699 \$ 153,500 | \$ 133,000 \$ 253,500 \$ 170,501 \$ 270,000 \$ 166,699 \$ 303,500 \$ 153,500 \$ 235,000 | \$ 133,000 \$ 253,500 6 \$ 170,501 \$ 270,000 10 \$ 166,699 \$ 303,500 15 \$ 153,500 \$ 235,000 3 |

Important Numbers

1) Scrap Metal pick-up, 303-522-8041

Unwanted scrap metals of any kind, freezers, refrigerators, stoves, washers/dryers, microwaves, vacuums, shelving, mowers and car batteries. Metal is found in many household items; please feel free to call before you throw them away. The more we recycle, less piles up in the landfill. Fees are charged where necessary; otherwise this is a FREE service.

2) Rooney Road Recycling, 303-710-9120

For appointments call: 303-316-6262

\$20 drop-off charge/cash or check. \$30 home scheduled pick-up. *Includes: 75lbs of the following items: paint thinner, fertilizers, waxes, cleaners, oil based paint, anti-freeze, batteries, aerosol cans. In addition to the 75lbs of the above, you are allowed the following: 25 gallons of oil, 10 gal. of latex paint, 5 auto batteries and 5 florescent light bulbs. *Open by appointment only: Wednesdays & Saturdays (8am to 2pm)

Columbine West Civic Association Membership Coupon

Please fill out the membership coupon and mail it with your \$25 check to CWCA. Send to CWCA, P.O. Box 620026, Littleton CO 80162

| Name(s): |
|--------------|
| |
| |
| Address: |
| Telephone #: |
| • |

| CWCA Covenant Viola | ation Report | |
|---|---|------|
| Mail to: Columbine West Civic Association, P.O. Box 620026, Littleton | , CO 80162 Date: | |
| Description of alleged violation: | | |
| Violator's Address: | ☐ I would be willing to appear in court as a witn | ess. |
| Address: | Phone: | |
| All reports will remain confidential and you can send this in anonymously | y, but we are unable to supply progress reports. | |