

HIGHLANDS-DOUGLASS NEIGHBOR

PUBLISHED BY THE HIGHLANDS-DOUGLASS NEIGHBORHOOD ASSOCIATION

FROM RIPPLES TO WAVES: 2011 BIG ROCK JAZZ & BLUES FEST



For the past 12 years, the Big Rock Jazz Fest has been held in the open area adjacent to where Valletta Road meets Park Boundary Road. Nearby is the recently restored Gaulbert Pavilion, that was dedicated in 1909. I frequently take

my grandsons to this delightful area to play and explore, inevitably gravitating our way to Beargrass Creek to step out onto the rocks and throw stones in the water. This section of Beargrass Creek was once known as “the Ripples” for the way the water cascades over the flat rock ledges. Sometimes we take the narrow path along the Creek to the actual “Big Rock” to perch ourselves on this historic monolith.

Once a year in the fall, Big Rock becomes the place to gather for music, refreshments and neighborly camaraderie. On Sunday, October 2, I invite you to join us from 2:00 P.M. to 7:00 P.M. for what I feel will be one of the most memorable Fests. With the inclusion of blues for the past four years, it is now known as the Big Rock Jazz & Blues Fest. This free event is sponsored by the Highlands-Douglass Neighborhood Association and raises money through our other sponsors for Highlands Community Ministries and other projects for the neighborhood. Thanks to a joint grant

from our local metro councilman, Tom Owen, and Metro Parks, we are able to take the talent to the next level.

You will not want to miss our dynamic opening act. The Stella Vees will once again turn the ripples in Beargrass Creek into waves with their kickin’ brand of blues. Their distinctive style combines West Coast jump with West Side Chicago. Since 2000, the band has hosted the annual Blues Jam at W.C. Handy Blues Hall on Beale St. in Memphis during the International Blues Challenge. They have also won the Kentuckiana Blues Society band contest in 2004 and 2006.

I was not familiar with FattLabb until I heard them perform at Jeff Ruby’s where they frequently gig. I quickly became a believer of this contemporary jazz-

Continued on page 3

HIGHLANDS-DOUGLASS NEIGHBORHOOD ASSOCIATION ANNUAL MEETING & OPEN HOUSE

Come one, come all! The public is invited to our annual meeting and discuss your ideas for improvement to the neighborhood with our current HDNA board members. You’ll also get to vote on your new representatives for the Board if you are a current member. This year, our featured speaker will be announced later through our HDNA list serve, so be sure we have your email address! This year’s event marks the end of daylight savings time, so please remember to “fall back” one hour.

When: November 6, 2011

Where: Highlands-Douglass Community Center, corner of Douglass and Ellerbee, directly across from our Fifth District Police Station

Time: 3:00 P.M. until 5:00 P.M.

Refreshments will be served. Mark your calendars! 🍁

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PRESIDENT'S MESSAGE

Once again, autumn is near and we celebrated with our back-to-school **Old Fashioned Ice Cream Social**. Now, we are looking forward to the highlight of the year, the **Big Rock Jazz & Blues Fest**, which will be held on Sunday October 2, 2011 at Big Rock, Cherokee Park at Park Boundary Road and Valletta Lane.



Jay Douds, President

Won't you be our Neighbor? I invite you to join Highlands-Douglass Neighborhood Association with the enclosed remittance envelope and to also attend our annual meeting, held on the first Sunday of November. We want to hear your ideas to focus on in the year ahead. You must be a current member to vote on any action taken at the annual meeting.

Let's work together to maintain friendliness and safety throughout our neighborhood. When you become a member of HDNA, you can sign up for our e-mail list and be notified of important events happening in our neighborhood, such as road closings, safety issues and Neighborhood Watch items. We protect your privacy in that all emails are sent bcc (blind carbon copy), so no one can view your email address or share it. Please look for our membership table at various HDNA and city events.

As you stroll along our parks and sidewalks, and appreciate the beauty of our neighborhood, I hope you will spend some time on the bench to enjoy our garden at Douglass Park and smell the roses on Bardstown Road. As we wrap up the year, I would like to take this opportunity to thank all of our wonderful neighbors who volunteered and maintained these areas, and, who help make all of our events possible. 🍁

— JAY DOUDS

WE'RE LOOKING FOR A FEW GOOD IDEAS...

Have an idea that would beautify our neighborhood and benefit the environment? If so, let us hear from you! The Highlands-Douglass Neighborhood Association is going to fund a community project that would benefit our residents and many hard-working members and volunteers. A few suggestions, already submitted, are:

- A water fountain near the corner of Ellerbee and Douglass that would serve as welcome refreshment for our garden plants, joggers, and our walkers and four-legged friends (pet dish located at base);
- Wrought iron trash containers placed strategically to help eliminate litter and doggie waste.

We would love your thoughts and suggestions as well. Please email hdnalouisville@gmail.com with the word "IDEA" in the subject line no later than November 1, 2011. The HDNA Board will vote at the board meeting following the deadline date and present the results in an upcoming issue of *The Neighbor*. 🍁

EDITOR'S MESSAGE

"Imagine what our real neighborhoods would be like if each of us offered as a matter of course, just one kind word to another person. One kind word has a wonderful way of turning into many."

— FRED ROGERS

As my first year as a Highlands-Douglass Neighborhood Association board member enters its last quarter, I am well aware of the many positive and interesting experiences that serving has brought me. After living in the Highlands-Douglass neighborhood for nearly eight years, I have met more people in the past eight months than in all eight years combined.

With Mr. Rogers' wise words, we at HDNA take inspiration and ask, "Won't you be our Neighbor?" For just \$12 a year, you can open yourself up to the many new friendships and connections that are waiting for you right here in your own backyard.

Please contact me with ideas about things you would like to read and learn about. I can be reached at pam@pamhoguedesign.com. I look forward to hearing from you! 🍁

— PAM FORSEE HOGUE

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FROM RIPPLES TO WAVES: 2011 BIG ROCK JAZZ & BLUES FEST

*Continued from
front page*

fusion band. These six talented musicians have been playing since 1995 when they were known as Splash. Their music is original and if they do a cover, they make it their own with a FattLabb twist.



A vintage view of "the Ripples", near the site of the Big Rock Jazz & Blues Fest.

The headliner is usually the closing act to retain the audience for a climatic finish. When I approached Harry Pickens about what he could do to make this happen, a light went off in his head and the Piano Jazz Summit was born. Harry has contacted three other regionally renowned jazz pianists, Phil DeGreg from Cincinnati, Luke Gillespie from Indiana University and Steve Allee from Indianapolis. Steve has been a regular participant at the Jamey Aebersold Summer Jazz Workshops and was featured at the 2008 Big Rock Jazz Fest. Harry said "It is unusual for solo pianists to come together to play, but because we usually perform in an ensemble, there will be cooperation. Everyone will be featured and then we will come together like a tag team." This unique event could cause the creek to rise and make jazz history in Louisville. 🍀

—KEITH CLEMENTS

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Highland Roofing	River City Bank
Kentuckiana Blues Society	Simply Grand & Vintage Piano Works
Louisville Jazz Society	Signarama – Downtown
Louisville Metro Parks	Stock Yards Bank & Trust Company
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	<i>(as of August 26)</i>

IF YOU GO...

This year's lineup:

Stella Vees: 2:00 P.M.

FattLabb: 3:45 P.M.

Piano Jazz Summit: 5:00 P.M.

Free park and shuttle to

Big Rock at Adath Jeshurun Temple (Douglass Blvd at Ellerbe Ave). Additional parking available at Douglass Community Center directly across the street.

Seating – bring your own blanket or chairs

Food and drink offered by O'Shea's and Bluegrass Brewing Co.

Vintage Jaguars will be on display courtesy of Jaguar of Louisville and Jaguar Driver's Club of Louisville

In the event of rain, the Fest will be canceled.



Opening act, The Stella Vees



Harry Pickens, creator of the Piano Jazz Summit



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EXPLORE YOGA IN OUR NEIGHBORHOOD: THE TRILLIQUIN CENTER YOGA STUDIO AND CREATIVITY CENTER



Photo by Shelle Nitsche

Jessica Olberz Singleton, owner and yoga instructor at Trilliquin Center, adjusts a student during a recent class.

Yoga is a physical, mental, and spiritual discipline which offers personal insight and tranquility. Through the practice of yoga postures, or asanas, combined with proper breathing alignment, a practitioner or student can gain confidence, strength, core awareness, focus, and inner peace. There are a variety of schools of practice to choose from for both men and women of all ages, whether you are a beginning or experienced student. And, you don't need to be flexible to join a yoga class, but you will gain flexibility as a result!

The Trilliquin Center, located in the rear of the Reno building at 2108B Bardstown Road, is the newest yoga studio in our Highlands-Douglass neighborhood, and offers a wide range of weekly Iyengar-based classes, as well as workshops. Instructors are Jessica Olberz Singleton, owner and Louisville native, who completed her Iyengar Yoga Introductory Level I in 2005 and also studied with Judi Rice; and, Nicole Soteropoulos, who is a direct student of renowned Iyengar teacher Ramanand Patel. Nicole first came to yoga because she suffered from physical injuries and pain and now excels working with individuals that have injuries and beginning students. For contact information, class descriptions and schedules, visit their web site at www.trilliquin.com.

Highlands Community Ministries also offers yoga at several of our neighborhood churches:

Calvery Lutheran
1838 Bardstown Road
Monday 6:30 P.M.

Douglass Boulevard Christian
2005 Douglass Boulevard
Tuesday – Thursday 6:30 P.M.
douglassblvdcc.com

Strathmoor Presbyterian
2201 Hawthorne
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—KATHLEEN RENO



Instructor Nicole Soteropoulos demonstrates virasana, or the hero pose at The Trilliquin Center.



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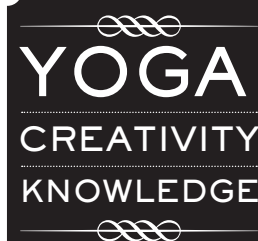
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MEET CHEF IAN RITCHIE:

"YOUR SOUPER PAL"

What? You say there's a guy who delivers soup on a bicycle? No way!! Well, in "Keeping Louisville Weird," meet Chef Ian Ritchie, "Your Souper Pal." Don't you love stories where someone takes adversity and turns it into successful opportunity? That's Ian. Around January of last year, Ian took more than 20 years of experience working in various restaurant kitchens, stirred in a stroke of creativity and, "Voila!", his business, **soupBycycle**, was born. Since then, he and his family (wife, two children, and various pets) haven't looked back. There's more than just soup...he also offers pasta salad, dips, and bread, just to name a few non-soupendous offerings; and, Ian delivers to your home or office. He uses *Kentucky Proud*, healthy, local and sustainable ingredients with a variety of vegan, vegetarian, and meaty soups to satisfy any palate. You can find these, along with a listing of vendors and farmers who contribute to his success on his web site: soupbycycle.com. You can also place orders, soup-scriptions, view the delivery schedule, and find other appetizing information.



Photo by Shelle Nische

*soupBycycle chef and entrepreneur,
Ian Ritchie, "Your Souper Pal"*

Ian has been featured on Fox 41 with Bill Francis, and in *Today's Woman*, *Louisville Magazine*, *Food & Dining Magazine* and was asked to be a soup expert panelist for *Sierra Club Magazine*. On weekends you can find him at the Louisville Farmers' Market at Oxmoor Center, in front of Von Maur. Stop by and pick up a meal, or, call the Soup Line: (502) 767-1175. 🍁

—MALINDA DURBIN

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The Douglass Loop Farmers' Market offers more than just farm fresh produce. With plenty of local vendors offering a wide range of foodstuffs and beverages, you can easily and deliciously eat your way through the market. Since the market's hours range from 10:00 A.M. to 2:00 P.M., you can enjoy breakfast if you arrive early or lunch if you are a latecomer.

On a hot Saturday, enjoy an iced tea or lavender lemonade as you pick up your weekly farm products or a coffee if you need that caffeine start to the day. On a recent Saturday, there were a dozen or so places to buy ready-to-eat or drink items. Here you'll find a brief outline of some, but not all, of the offerings:

- **Asiatique**, the award-winning restaurant on Bardstown Road, serves up mouth-watering omelettes and bison lettuce wraps;
- Nothin' like Kentucky style barbeque and **Cookin' Up Kentucky** has beef brisket and pork from pulled to rack (all meat from local sources) and fresh squeezed lemonade;
- You'll enjoy amazing tacos, sides and soups, at **Taco Punk**; all made from local sources, of course. My compliments to Gabe Sowder, the former chef de cuisine of 610 Magnolia;
- **Farm to Fork Catering** serves up fresh Heirloom tomato, herb, Capriole goat cheese quiche, breakfast biscuits, pastries and more, all made from the finest local ingredients.



Beef brisket from Cookin' Up Kentucky with fresh lemonade

- Bring your basket, bring your bag; and shop for a variety of breads, lavash, pastries and coffee at **Wiltshire Pantry**;
- Your mouth will water at the delicious baked treats offered by **Ooh La La Bakery**. All are made from scratch and are free of artificial preservatives and additives and certified nut-free;
- Drink a cuppa...Delicious coffees roasted in small, fresh, flavorful batches are ready for sippin' at **Red Hot Roasters**;
- Not a coffee drinker? Try **Miss C's**, Louisville's own eccentric tea cafe, for iced tea or **Hillbilly Tea**, fresh crop organic teas.



Farm to Fork Catering's quiche



Sweet treats from Ooh La La Bakery

All of this shopping requires a little snack, for now or for later. You'll find a variety of vendors to fill the bill, with homemade breads (banana, zucchini or blueberry), jams, preserves, cakes and even popcorn.

And, when your four-legged best friend welcomes you home, you'll have a special treat – an all natural dog biscuit from **Rocko's Rewards**. 🍀

–JAY DOUDS



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ERNA GWINN:

A Highlands-Douglass Neighbor for 36 years (and still counting)!

Board member, Ms. Erna Gwinn, has been involved with the Highlands-Douglass Neighborhood Association since 1974, the year of the tornado. At that time, a neighbor decided to organize a community sale to raise money to replace trees lost in the storm, "...and it seemed everyone had something to contribute, and it became a huge event!"



Highlands-Douglass Neighbor, Erna Gwinn

Photo by Shellee Nitzsche

Erna is a history buff and an animated conversationalist who has written articles for the *Filson Club History Quarterly* and our own newsletter. She is an advocate for being involved and feels the neighborhood association is somewhat like a political unit for our neighborhood. "If you don't participate, you have lost input into a part of our democracy. If you don't belong, you can't have a deep connection to where you live or to what is going on!"

Thank you, Erna – I could not have said it better! 🍁

—MALINDA DURBIN

WON'T YOU BE OUR NEIGHBOR?

In this issue, you'll find a convenient membership envelope enclosed. For just \$12 per household per year, you can become a member of the Highlands-Douglass Neighborhood Association.

Not only will you make new friends and connections, but your membership will help us serve our community by:

- Working with your Metro Council representative to improve our neighborhood
- Promoting safety and security in our area
- Bringing neighbors together by sponsoring neighborhood events, such as block parties, the Old Fashioned Ice Cream Social, the Big Rock Jazz & Blues Fest, and more...
- Maintaining and improving the integrity of our park side neighborhood

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A GOOD NEIGHBOR HAS PASSED: PAT OSTING

*At times our own light goes out and is rekindled
by a spark from another person.*

*Each of us has cause to think with deep gratitude
of those who have lighted the flame within us.*

— ALBERT SCHWEITZER

Pat Oosting, a Highlands-Douglass Neighborhood Association board member since 2006, passed away in early June after a brief illness.

At HDNA meetings during 2010, Pat was never shy about expressing his opinions on neighborhood issues, nor was he one to shirk the responsibilities of being a board member. He could be counted upon to help at many HDNA-sponsored events such as the Big Rock Jazz Fest, the Art Show, the Arbor Day event, and the Old Fashioned Ice Cream Social. This year, Pat served as Events Chairperson and was also on the Membership Committee.


My husband Robert and I volunteered with him at the Arbor Day tree giveaway this April, and despite the cold and windy day, we enjoyed a great afternoon, wrapping tree roots, trading names of favorite restaurants, and laughing. When Pat was present, there was always a lot of laughter.

Pat served on the St. Agnes Pastoral Council for four years. He also helped bread and fry fish for the Lenten fish fries and other Parish fund-raisers. At this year's annual picnic, he was honored by his fellow parishioners.


Pat leaves behind his wife, Chris and son, Will.

Many thanks friend, for your helping hand in making our neighborhood a better place. 🍀

— ANDREA ASCHBACHER



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Highlands Home Owner:

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If you find yourself in this situation, you're in vast and good company. And what that means is that there are many wonderful opportunities for you to create this new chapter in your life . . . **if you know what it takes to get the most out of the equity you've built up in your current home.** To help you understand the issues involved in making such a move, and how to avoid the 7 most common and costly mistakes most Empty Nesters make, a new report called **"Empty Nester: How to Sell the Place You Call Home"** has been prepared which identifies these issues, and shows you how to steer clear of the mistakes that could cost you literally thousands of dollars. Order this report NOW to find out how you can fly your empty nest with the most cash in your pocket.

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HIGHLANDS-DOUGLASS 'HIDDEN'S'

DISCOVERING ART MODERNE ARCHITECTURE IN OUR NEIGHBORHOOD

Ever walk or drive throughout our Highlands-Douglass neighborhood and admire a home and wonder, "What style is that?" Or, are you renovating or updating your home and struggling with keeping the integrity of the existing structure? As a newly transplanted Southern girl, I was immediately taken with the charm and historic atmosphere of the Highlands-Douglass neighborhood with its the lovely terrain and abundance of trees and parks. Soon after our move, I often found myself detouring from a simple errand and taking impromptu street tours.



2124 DOROTHY AVENUE
Situated in a 90° angle on the corner of Dorothy Avenue and Village Drive, these condominiums mirror each other and feature geometric criss cross reliefs in their facades and glass bricks above the entry ways.

Photo by Shelle Nitsche



Photo by Jim L. Patterson

THE INTERNATIONAL, 2039 DOUGLASS BLVD.

This example of Art Moderne (coinciding with Art Deco) features a smooth facade with rounded corners and horizontal railing at roof line balconies. Note the round window, reminiscent of the ocean liner's porthole. The streamline influences predominate where the decorative detailing was reduced to the bare minimum.



Photos by Jim L. Patterson

BOWMAN FIELD,
2815 TAYLORSVILLE ROAD
1929 & 1936, W.S. Arrasmith,
Architect

This landmark example has round windows and features a period-styled entry surround with Art Deco lettering (above).

Wonderful examples of the American House styles derived from historic traditions generously populate our Highlands-Douglass neighborhood. I hope you, too, will explore these varying styles, including the Art Moderne style, dating from approximately 1920-1940, pictured with this article. Art Deco, its slightly earlier predecessor, was common in public and commercial buildings throughout 1920s and early 1930s. It was, however, extremely rare in domestic architecture and was featured more often in apartments than in single-family dwellings. After 1930, Art Moderne became the prevalent Modernistic form.

To find out more about Art Deco architecture in Louisville, please visit www.louisvilleartdeco.com.

Take a moment, as you drive up and down our charming streets, to identify and appreciate the enticing language spoken by the diverse architecture of the neighborhood we call home! 🍀

—RENATA SWANIGAN



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Naturally Horton's Answers Your Questions

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Q: Is there a safe drain opener/cleaner?

A: The best safe drain opener we have found is "Unique Natural Products", which features "Super Digest-it" in its product line. Consisting of non-pathogenic bacteria, it's an alternative to harsh chemicals, and is safe for family, pets and plumbing.



Photo by Shelle Nisiche

Larry Horton, with an array of Naturally Horton's "green" products

Q: Is there a "green" lawn fertilizer?

A: With organics, you are treating the soil, not necessarily the plant. Compaction caused by years of chemical fertilizers is a major problem. We suggest starting a regiment of compost tea, applying every two weeks, as long as the ground is not frozen. Good soils will grow any plant you want – healthy plants and turf will naturally keep weeds at bay and allow you to weed more easily. Naturally Horton's compost tea has an additive that allows for a long shelf life, while fresh teas have a shelf life of several days. Ask before you buy, so you do not have to throw it out before you can use it.

Q: What is the benefit of using "natural products" versus what I can pick up in a grocery, home or hardware?

A: Many of the products we use daily in our homes and gardens, contain powerful chemicals that can cause allergies and even be detrimental to our health! I encourage you to visit The Department of Health & Human Services web page that contains a Household Products Database:
<http://householdproducts.nlm.nih.gov/>

Larry Horton is the owner of *Naturally Hortons*, located at 2228 Dundee Road, and *Hortons Hardware*, located around the corner in the Douglass Loop. You can see Larry on Saturdays at the Douglass Loop Farmers' Market. For more information, visit naturallyhortons.com. 🌿



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MESSAGE FROM COUNCILMAN TOM OWEN

I've gotten so accustomed to the rearview mirror on my bicycle helmet that even when I'm not wearing the helmet, I instinctively look up to see what's behind me. I wish sometimes you'd see behind your house even when you're looking straight ahead, because for most of us, our out-of-sight alley is really out of mind!

Over the centuries, alleys have served as service and servant entrances, short cuts to the houses and stores out back, a vehicle cut-thru and a way to get to the garage, and just one more place for kids to play. Alleys are a neighborhood resource and shouldn't be abandoned to overgrowth, debris, and neglect.

You'll get an even greater kick out of your neighborhood if you follow some simple suggestions about your alley. First, keep your bushes and trees cut back to keep them from scratching passing cars. (A citizen complained to me today about the Metro citation with a fine that she received because of alley overgrowth.) Second, imagine what it would look like if all of us piled our junk out back for pickup weeks or months in advance of collection? Further, let me challenge you to treat your alley "front" with at least 80% of the care you give to your front yard. Make yourself patrol your alley at least once a week to pick up litter and debris. Finally, your alley and the ones around you are gentle, 15 mph shortcuts that should never be used as raceways. Metro's standard traffic manual prohibits "Children at Play" or "Caution: Cars Backing Out" signs, but we all need to imagine they are out there.

My challenge for you: the next time you're walking out to your front sidewalk imagine that you're wearing my bicycle helmet.

You may contact Councilman Owen's office at (502) 574-1108.

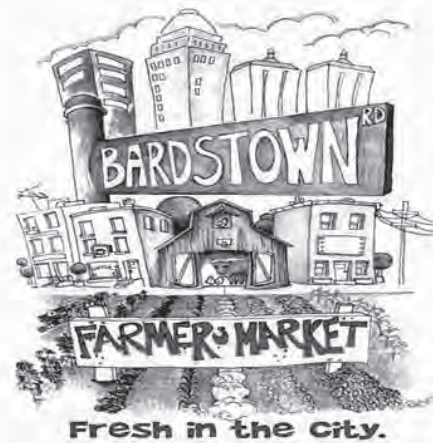
—COUNCILMAN TOM OWEN

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IF YOU ASK THEM, THEY WILL COME


On a beautiful, warm Saturday morning in July, there was a flurry of activity in our garden area at Douglass Park, at the corner of Ellerbee and Douglass. Nearly a dozen members and volunteers removed around 10 large bags of clippings, weeds and dead plants from the landscaped areas. The purple cone flowers, loved by butterflies and bees, were thinned and given to our neighbors who stopped by to chat. New plantings and mulch were added, and plants were divided and replanted to fill in bare spots. Now that the work is caught up again, we are looking forward to receiving recommendations from a Master Gardener for new plantings this fall and next spring.

Another team worked on trimming and maintaining our Rose Garden, located on Bardstown Road in front of the stone and wrought iron fence near PNC Bank. I know this sounds like a lot of hard work, and it was, but we also shared laughter, camaraderie, and donuts and coffee, along with a real sense of accomplishment for a job well done.

Another project the Beautification Committee oversaw included removal of overgrown plant life on Douglass Boulevard at the bottom of the park. A work order was placed and the overgrowth was cleaned away from the sidewalk. However, additional maintenance will be required to clear the area of dense overgrowth.

As Chair of the Beautification Committee, I am always amazed at those who are willing to a few hours to add and maintain beautiful spaces in our neighborhood. My thanks to all of you.

Have a streetlight that is in need of repair, or not shutting off? You can open a work order to dispatch a service engineer by contacting LG&E by phone (502) 589-1444, or online: https://secure.lge-ku.com/common/CallCenterMail/contact_lge_streetlight.asp

We would love your involvement! You can make a difference by volunteering to help maintain the beauty and eco-consciousness of our neighborhood. Please contact me at (502) 802-8383 or by e-mail at rustyradiator@gmail.com. 

— JEFF HOGUE

HIGHLANDS-DOUGLASS NEIGHBORHOOD ASSOCIATION OFFICERS AND BOARD MEMBERS

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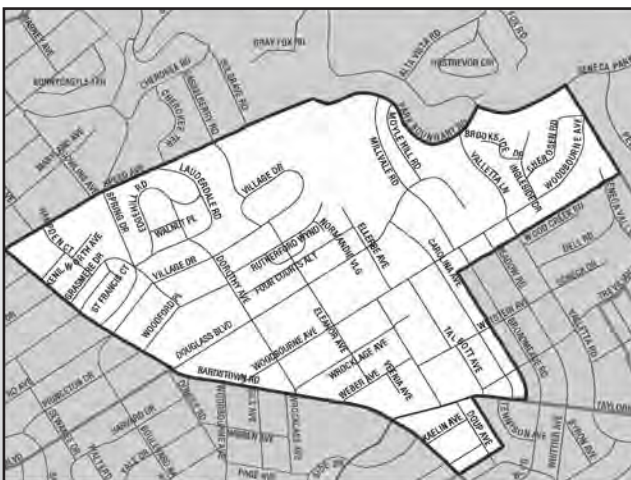
Term Ending November 2013

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Norma Miller Tom Payette

Board meetings are held at 6:30 P.M. on the first Wednesday of each month at the Douglass Community Center, 2305 Douglass Blvd., for members and residents to plan neighborhood activities and present and address neighborhood topics. At each meeting, you will speak directly with your Metro Councilman, Tom Owen or a member of his staff and discuss safety concerns and receive updated crime reports from our fifth district officers.

HIGHLANDS-DOUGLASS NEIGHBOR NEWSLETTER DELIVERY TEAM

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THE HIGHLANDS-DOUGLASS NEIGHBORHOOD



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- Uniting residents
- Promoting neighborhood safety and harmony
- Promoting beautification
- Promoting community activities

GET INVOLVED!

- Become a member and vote on important issues affecting YOU
- Attend a monthly meeting and share ideas
- Volunteer in your area of interest
- Deliver your neighborhood newsletter
- Have fun and make new friends

For more information on how to join, contact Pam Forsee Hogue at (502) 456-4240 or pam@pamhoguedesign.com.