

*Summer Mediterranean Salad:*

1 16 oz can of tomatoes, drained\*  
 1 can of sardines,\* left whole  
 1 can of artichoke hearts  
 1 can of hearts of palm  
 Italian dressing to taste and croutons

\*for extra taste, try a cup of chopped WOW tomatoes from KCC farmers' market instead of the canned tomatoes and substitute great anchovies (available at Whole Foods against the wall near the packaged cheeses) for the sardines.

*Salad dressing:*

1/4 cup red wine vinegar  
 2 garlic cloves, lightly crushed  
 1 teaspoon fresh oregano leaves  
 1 teaspoon fresh thyme leaves  
 1 teaspoon fresh parsley  
 1 teaspoon salt  
 1/4 teaspoon ground black pepper  
 3/4 cup extra virgin olive oil

Directions: Toss the tomatoes, sardines (or anchovies), artichoke hearts (or something else) and the hearts of palm in a medium sized bowl, add the dressing and top with croutons.

# KokoHeadLiner



**Maunalua Triangle/KokoKai Community Association**  
**P.O. Box 25103, Honolulu, HI 96825**

## Newsletter

**Summer 2011**

### President's Message

*Love is in the Air!*

I hope that this Summer brings "Love" to each of you. I am not kidding, when I say that 'love is in the air'. Just look around you and be in awe. There is not a day that goes by, sunny or filled with rain, that I don't appreciate our neighborhood. I can't help it, there is just no other place that has the magic that we share every day.

I am reminded, often, that I am/we are to be gentle with one another, to encourage one another, give grace often, forgive whatever and whenever we can, and to love one another. There is a great verse in the Bible that we most often hear at weddings when the pastor or official speaks of "LOVE"; *Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails.* Of course, there are as many versions of this as there are Bibles, but the one I really like is where I am directed to put my name where 'love' is meant to be. Makes me think that I might need some work in a few areas!

How is this "Love" translated into our neighborhood? For me it is doing anything and everything I can to create a beautiful place for us to live in harmony. I know that there are other like-minded neighbors. I see them picking up trash on the road or in one of our little parks, or taking an extra bag on their dog walk to clean up after someone that forgot to take theirs. I see where some neighbors put their aluminum cans and redeemable bottles out on their front yard for Terry Bosgra to come by and pick up as part of his charity work. We have neighbors that come a running when there is a loose dog, doing everything in their power to find the owner. So there are many ways to show each other that we care and want to participate.

And it's seeing Jeff Buck and his entire family out trimming the bougainvillea bushes in front of the school. They have been a real addition to the neighborhood, not only improving their property, but helping out with every neighbor that touches their property.

I really *love* running into the people we have participating in the Mobile Patrol. Albeit a small cast of characters, they are out driving around with their magnetic signs on their cars keeping their eyes open for anything out of the ordinary. Please feel free to wave them down and wish them a big Mahalo for their participation. Should you wish to spend 30 to 45 minutes every week or every other week just keeping your eyes open, please let me know and I will fix you up with a pair of signs.

I am reading a couple of books right now. One is by one of our neighbors, David Doyle, on Hanapepe Loop. He writes from

experience, having been in the OSS, CIA and US Foreign Service. *"An Accurate Watch"* is a spy thriller that makes you happy you are safely at home here in Hawaii Kai.

The other is a real tear jerker, *"Messenger"*, *'The Legacy of Mattie J. T. Stepanek'*, about a courageous boy who has some unheard of autonomic dysfunction and how he becomes a poet, author, mentor and prophet to people suffering everywhere...all before his 14<sup>th</sup> birthday! If you like to cry like I do, then get this book and share it with friends. If you want to get a jump on your crying, just go to the book store and read the Forward by Dr. Maya Angelou and the Preface. It takes less than 5 minutes and don't forget your tissue.

I also want to thank the neighbors who have contacted me about representing them when they decide to sell their homes. Luckily they have not decided to leave yet and, in two cases, they are considering downsizing and relocating right here in the Triangle/Koko Kai area. This is a huge compliment and I appreciate your love and support. If any of you need any advice or some help thinking about what your options are, please give me a call. You know I would love to help.

We are really insulated from all the death and destruction we see on TV (Save the odd car or house break in.) But we have had several homes which were broken into or surveyed by would-be criminals, so be sure that you set your alarm or go out to see what our dogs are barking at, not just shush them. Again, when you leave your car "anywhere", make sure that you do not leave anything plugged into your lighter or anything on the seat. Thieves see something and imagine that your make-up kit is a wallet or jewelry and will break your window just to find it is not worth anything. You, of course, end up with the hassle of fixing your window.

Summer is here...and what is not to LOVE about that? Beautiful sunrises and sunsets, warm tradewinds and fantastic south swells right in our front yards! Let's all be thankful and fill ourselves with grace if someone doesn't do exactly what we may want them to do. Let's be patient with our neighbors and be willing to communicate with manners.

Hopefully you all have had a safe and sane 4<sup>th</sup> of July **and I will be looking forward to driving around on the 23<sup>rd</sup> of July buying things from your yard sales!**

Wishing you the best Summer Ever!

God Bless,  
 EDGAR

**ADDRESSEE OR CURRENT RESIDENT**

**Honolulu, HI 96825**  
**PO Box 25103**  
**MTKCA**

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## **Architectural Standards Committee**

**Since the first of the year, the Committee has completed review of six projects. Four were approved as submitted; one was approved after being modified; and one was not approved.**

**Two additional projects are currently under review.**

## ***Favorite Summer Things —***

**With or without visitors to entertain, here are a few of our favorites. . . .**

**Maunawili Falls Trail.** Behind Kailua/Lanikai with a newly improved trail and parking area is a great brief hike. If you do it on a Thursday, you can also take in Kailua's weekly Farmer's Market in the Long's parking lot. **One of the few farmers' markets that's held in the afternoon.**

**Thursday concerts at Foster Botanical Gardens.** Every Thursday through July 28 from 4:30—7:15 pm. A musical variety from Celtic pipes through String Quartets. Free Admission. **And don't forget the Garden's magical Midsummer Night's Gleam, Saturday, July 16 from 4:30—9:30 pm.** The garden's alight with lanterns, offering children's activities, music, food and more.

For adults only. **Try After Dark at the Honolulu Academy of Art.** The last Friday of every month at the Art Academy, they hold an event with pupus and music and, of course, art: <http://www.artafterdark...>

**Sending guests to the North Shore?** They can learn to surf with **North Shore Surf Girls - Haleiwa 637-2977.** Private or group surf lessons in a safe bay protected from the large surf. The instructors are all females and all are solid instructors.

Or learn to stand-up paddle at **Stand Up Paddle Lessons - Haleiwa 372-9304.** These lessons take place in calm waters on the North Shore of Oahu -- even during the big surf season. Travel up a beautiful river lush with plants, turtles, and other wildlife. The river remains unknown to most tourists who visit the North Shore, and is thus nicknamed Haleiwa's secret "backyard".

### **And to throw in a little shopping that is Only in Hawaii. . . .**

**Honolulu's Chinatown** is the newest hip area to peruse boutique shops, dine in great restaurants, and hang out to experience the active nightlife. It's becoming home to many of Oahu's artists who are setting up their art galleries here. **If you drop by Honolulu's Chinatown, let it be for no other reason than to check out the handful of lei shops and perhaps buy one that is freshly made. A true "aloha" for visitors and locals alike, the shops around Maunakea Street have some of the best leis on the island.**

**Bailey's Antiques & Aloha Shirts – 517 Kapahulu Avenue Honolulu, 734-7628** Aloha shirts from vintage to brand new in this shop that claims to be the worlds largest collection of Aloha wear.

And off the beaten track. . . .  
**Take your guests to J & L Trading House at 2077 Beretania Street.** This store caters to the Hawaiian & Polynesian dance performers. You will discover many authentic hula, Tahitian and other Polynesian dance supplies, dress wear and musical instruments (including ipus, Pu'ilis and tute drums).

Continued . . . .following page

## **In The Spotlight: A Farewell to Mark and Carolyn Arnold**

Carolyn and Mark Arnold, who are for many of us among our favorite neighbors, have decided it is time for them to move closer to their families. This month, they will be moving to Denver, Colorado, where Mark has many family members as well as many friends. They will be living in a retirement home within the same family of homes as our Hawaii Kai Retirement home just one mile from here. Carolyn and Mark feel there are several advantages of living within the 300 Holiday Retirement group of Homes scattered across the United States. They will always have the comforts of home and be welcome to stay as they move across the U.S. to visit friends or family.

Mark and Carolyn met in Rochester, N.Y. in 1980 when Mark asked a friend to give him the name of a good insurance agent (who turned out to be Carolyn). Eighteen months later, they were married in July 1981. Mark was the Advertising Vice President for Gannett Co. which, at the time, was headquartered in upstate New York in Rochester. In the Fall of 1981, Gannett decided to launch a brand new newspaper and move their headquarters to New York City. Mark was selected to move to New York and be Vice President in charge of sales for the new newspaper. Gannett pulled other people from its other papers across the US. The staff was told this would be a secret until the Fall of 1982 and not to breath a word to anyone. *As you may have guessed, that year before USA TODAY actually launched was a very exciting and fun time for those few people working on the project.*

While in New York, Mark was also a drummer for The Westcott Rouge Jazz Band which played for charity fundraisers, retirement parties, weddings, and other events. In 1985, after USA Today had safely launched, Mark was asked to move to Honolulu as VP of Advertising for the Honolulu Newspaper Agency which owned both papers at that time. Mark and Carolyn say they have loved every moment of living here.

As you might recall, the Arnolds were spotlighted in an earlier edition of "The KokoHeadliner." There we told you that Carolyn had become active in the MTKKCA shortly after moving here, working over the years with the Hospitality Committee and the Newsletter Committee.

Now on July 10, they will be moving on to begin their new lives. On July 11 at their new residence, their retirement home is hosting a party for them and 28 of their family members and friends there.

To stay in touch with Carolyn and Mark:

Carolyn and Mark Arnold  
7175 Kipling St. #234  
Denver, CO 80004  
Phone 1-303-424-4241

***Mark and Carolyn ---With all our aloha. . . .***

## Mahalo to our 2011 – 12 Dues-Paying Members

To everyone listed below, thank you for your support of the Maunalua Triangle/Koko Kai Community Association. Although we gladly accept your payment any time, please remember that annual dues are to be paid prior to the Annual Meeting, usually held mid to late March of every year. If we neglected to include you as "paid" or have misspelled your name, please let us know.

Mitsunari Akaki Tr.  
Robert K. Andia  
Mark & Carolyn Arnold  
Keisuki & Keiko Asai  
Gary E. Ashikawa  
Robert Bean  
Jay Bloom  
Don J. Bondarenko &  
Joan T. Nakamura  
Terry & Pamela D. Bosgra, Tr.  
Julian & Camille Bosgra  
Robert E. L. & Charlene Bralver  
Bryan J. & Laura E. Buck  
Jeff & Katie Buck  
Kristi & Fabio Cardoso  
Chelsea & Christine Chae  
Charlene & Alvin Chee  
Wei-Chuan & Gloria Y. Chi  
Yi-Chuan & Helen Ching  
Clara Cook  
William & Carol Coops  
Florence J. Curren, Tr.  
Frederick & Cynthia Dell  
Mark B. & Nicola J. Desmarais  
Vladimir & Natalie Ermakoff  
David M. & Laurie M. Foster  
Harold F. & Carolyn H. Griffith  
Ian P. Grigg  
Hale Hibiscus LLC  
Jason & Claudia Harris  
Galen I. & Patricia F. Ho  
Patricia A. Hoefer, Tr.  
Alan Howard  
Dorothea S. Hyde Tr.

Ivan L. & Kathleen Ishii  
Donald D. & Carol J. Johnson  
Shinjiro Kageyama, Tr.  
Steven & Marilyn Katzman  
Shizuya Kawamura  
D.J. Louis  
Cheryl Lippman  
Michael K. Livingston  
Clarence C. & Edna C. Maki  
Chris and Andrea McKenzie  
John J. & Bonnie A. McMahon  
Scott H. & Darcine M. Mead  
Karl & Christine M. Moskowitz  
Kendall H. & Dawn M. Naya  
Thanh T. & Quynh P. Nguyen  
Fred M. & Ginger D. Noa  
Harold & Sandy Noborikawa  
John D. Olkowski  
Pacific Resources, Inc.  
Caesar Paet  
Richard C. & Beverly A. Page  
Richard & Alease Palma  
Richard & Dare Paul  
Wanda Parker  
Dorothy Pertz  
Ellsworth L. & Carla J. Peterson  
Michael E. Pietzsch  
Mark & Sara Platte  
Damidi V. Reddy, Tr.  
Cookie Robertson  
Jay L. Rego & Elizabeth L. Spann  
Margaret E. Rego  
Mark A. & Jane C. Rossi  
Phillip & Glenda Rother

Michel L. Russell  
Glenn & Liliko M. Sakima  
David B. & Dulce J. Sanders  
Ivar C. Sarapu  
Helene M. Sargis  
Peter H. & Charlotte Schall  
Laura L. Schulman  
Penelope S. Sing, Tr.  
Michael Sklarz & Jo Frasier  
Fred M. & Conchita Smoot  
Kimitane Sohma  
Raynard C. Soon  
Tomoko M. Stanyon, Tr.  
Judith M. Sykes  
Harry K. & Kyoko Takeshita  
Suzanne M. Thatcher  
Tutu Irrevocable Trust  
Leslie A.. Ueoka & Evan T. Morita  
Gary T. Umeda & Audrey Kitagawa  
David & Barbara Walker  
Jerome M. & Karen N. Walsh  
Dennis & Janet Watts  
Alex & Naomi Weinstein  
Kurt & Marie Winner  
Paul H. White & Jennifer Taylor  
Eugene N. Wong  
Kiyomi & Emily Yamamoto  
Stephen & Michiyo Zolner



***It's Mango Season Again!***

***For help with your trees and fruit, Call MANGO MAN aka Edgar @ 372-8599***

## Don't Forget . . .

### **Second Annual NEIGHBORHOOD YARD SALE**

**SATURDAY, JULY 23**

**Beginning at 7:30 AM**

**The More Homes Who Participate, The Better the Sale**

**What a simple way to clean out the garage . . .**

- ♦ **Put your items for sale out in your own driveway or team up with a neighbor.**
- ♦ **Take a few minutes to put prices on them.**
- ♦ **Open your "gates" at 7:30 Saturday morning .**

**And prepare for the rush. Last year neighbors had sales ranging from \$300 - \$800.**

**The Board will take care of publicity and signs.**

## Things to Do (cont). . .

**Also off the beaten path , Lyon's Arboretum.** Take yourself or your visitors to the only tropical rain forest in Honolulu. It's a beautiful stroll, one of the prettiest settings on the island —and one of the quietest. On Saturday, August 23, you could also take a Pacific islands cooking class. 9:30-11:30 \$25.

**And don't forget the perennial favorites. . . Sunset on the Beach —movies and music on Waikiki Beach, Thursday concerts at the Waikiki Aquarium, and Friday night fireworks at the Hilton Hawaiian Village .**

**What we take for granted becomes magical again, seen through the eyes of our relatives and friends.**

## **A Malama Maunalua Tip for Maunalua Bay**

Our yards—all of them—connect to Maunalua Bay through the storm drains and gulleys. We can act together to reduce the mud and pollutants that turn the Bay brown after every rain.

**Tip #1: Water your yard efficiently— use drip systems and water only when dry to minimize run-off.**

**Tip #2: Ask your yard crew to keep trimmings and cuttings IN the green bins and OUT of the gulleys.**

**Tip #3: Use mulch and stones to keep sediment from flowing from your yard into Maunalua Bay. Our yards can use the dirt —the Bay has too much.**

For more tips, go to [www.malamamaunalua.org](http://www.malamamaunalua.org)

## **Maunalua Triangle/Koko Kai Community Association Dues Notice:**

Please add your name to the group by paying your dues. **Dues are \$50/year.** Please make checks payable to MTKK Community Association and mail to PO Box 25103, Honolulu, HI 96825.

NAME: \_\_\_\_\_ EMAIL ADDRESS: \_\_\_\_\_

PROPERTY ADDRESS: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_