

# **Columbine West Civic Association**

## Newsletter o





Vol. 33 No. 10 October 2011 Circulation: 1,555

## CoHope Talks With The Candidates

Come join us for our Jeffco School Board Candidate forum on October 5th from 7:15 to 9:00 p.m. at the Sheriff's South Substation, 8100 Shaffer Pkwy, Littleton, CO 80127. Four people are vying for seats on the Jefferson County Board of Education this fall. The candidates are:

District 3 – Preston Branaugh & Jill Fellman District 4 – Lesley Dahlkemper & Jim Powers

Board members represent specific districts but are elected county-wide. There are numerous opportunities to hear the candidates at forums between now and the election on November 1. Find a candidate forum near you. Visit the COHOPE website: http://www.cohopejeffco.com

#### National Spinach Lovers Month

It made Popeye strong, and it can keep you healthy. Spinach is extremely rich in antioxidants and is a rich source of vitamin A (and especially high in lutein), vitamin C, vitamin E, vitamin K, and other nutrients. And there's lots of it: 365,000 tons of spinach are grown in the United States annually.

#### **Next CWCA Meetings**

7.00 p.m. Dutch Creek Elementary Oct. 11, Nov. 8, Dec. 13

#### 2011 CWCA Calendar of Events

- October 3rd & 5th, 7 p.m.,
  - Vocal Music Concert, C.H.S. Auditorium
- October 4th, 5th & 6th, 4-5:30 p.m., Pee Wee Poms Clinic, C.H.S. Gym (performance at Football game)
- October 11th, 7 p.m., Dutch Creek Elem., CWCA Meeting
- October 29th, 3-5 p.m., Trick or Treat Street, C.H.S.
- October 31st, 3-5 p.m., Halloween Decorating Contest, Columbine West Neighborhood
- November 6th, Daylight Savings Ends, set clocks back 1 hr.
- November 8th, 7 p.m., Dutch Creek Elem., CWCA Meeting
- December 13th, 7 p.m., CWCA Meeting, TBA

#### **Halloween Decorating Contest**

Fall can be so fun! The crispness in the air tends to lead us into thinking about hot apple cider, pumpkin pie and the pumpkin patch at Botanic Gardens Chatfield. But wait! Get those Halloween decorations out! They could make you \$25 richer! CWCA will have judges out at dusk looking at decorations the week before Halloween. Remember to turn on the lights and give us a chance to see just how creative a neighborhood we have. There will be (2) \$25 Gift Certificate



prizes awarded, and a follow up article with photo will appear in the newsletter. If you'd like to call in and make sure we check out your house or your neighbor's house, please call the CWCA voicemail at 303-904-8218 or email us at cwcatalk@gmail.com. Leave your name, phone number and street address.

#### 2011 Home Improvement Winners

The 5th Annual Home Improvement/Landscaping Contest was once again offered this year by Gary Birklholtz, owner of Chatfield Time Rentals. CWCA is extremely thankful to Gary for offering this contest and its prizes. Home improvement refers to anything to the outside front of the home, such as landscaping, siding, cement work, windows and/or paint. Projects can be ongoing. Thanks to all who participated! We are proud to award two prizes this year. A huge round of applause for the 2011 winners.

continued on page 3

We need your help!

The CWCA Newsletter is a primary source of information for the neighborhood. Upcoming events, current neighborhood issues and articles to help the community stay informed. Delivering the newsletter is

completely volunteer based, helping us to save valuable resources. We are given the opportunity to report in the newsletter because of the advertisers currently listed within the pages. Please join the other 20+ newsletter delivery volunteers and grab your route today. Many have done routes for years and find much satisfaction in walking the neighborhood. If one of these routes are in your area or even if it is not, and you would like to get in some constructive walking, please call 303-972-2387.

**Still Open Route:** W. Fremont Ave., East of S. Allison Way, East of S. Webster St., S. Yukon Ave., South of W. Fremont Ave. – 49 homes

**Another Open Route:** W. Fremont Ave., East of Allison Way and East of South Webster St. – 53 homes

**Another Open Route:** W. Portland Ave., S. Webster St. to Pierce Crt., S. Saulsbury St., North of Portland Ave., S. Reed Crt., North of Portland Ave. to W. Portland Pl., W. Quarto Pl., West of Pierce Crt. – 49 homes

Page 2 CWCA / October 2011

#### Halloween Skate Party: October 29

Bring the whole family to Foothills Park & Recreation District's Halloween Skate Party on Saturday, October 29 from 12 p.m. to 2 p.m. at the Edge Ice Arena. Wear your costumes for fun on the ice with treats, games, a costume parade and contests with prizes. Admission is FREE and open to all ages; skate rental only \$3 per person. For directions or more information, call **303-409-2222** or visit www.ifoothills.org.



#### Columbine Montessori Preschool

Specializing in reading; 30 years experience perfecting reading strategies

Offering 3, 4, 5-day and Kindergarten programs · Morning or Afternoon sessions · Stable Staff · Traditional Calendar · Open Environment · Licensed Facility · Ages 3-Kindergarten

Scheduling observations and accepting registrations for Fall 2011-12

**303-979-7190** to Observe

AMS · www.columbinemontessori.com · BBB



Superior Quality, Affordable Prices

Take 20% OFF

Your Entire Order

of custom or in-stock framing materials Quanity discounts available. Must present coupon. Expires 10/31/11

303-904-2843 www.btgframing.com

South-East Corner of Wadsworth & Coal Mine





theperfectgardenllc@comcast.net

jl\_cleaning@live.com

Bonded & Insured

#### **Columbine West Civic Association**

303-904-8218 • www.columbinewest.org www.neighborhoodlink.com/jeffco/cwc

#### Officers

John Basila, *President* • 303-904-8218 • CWCAtalk@gmail.com Mary Cole, *Vice President* Ali Marshall, *Secretary* Mary Cole, *Treasurer* 

Board Members: 5 Board positions FILLED, 1 OPEN

#### **COHOPE Delegate**

Cindy Coats and Floating Board Member

**Newsletter Delivery Coordinators**: 303-972-2387

Newsletter Editor: Natasha McCombs, ncmccombs@yahoo.com

Website Coordinator: John Basila

Newsletter Ad Manager: Colorado Lasertype

Garden Club Coordinator: Ali Marshall

Schools

Dutch Creek Elementary 7304 W. Roxbury Pl. Ken Caryl Middle School 6509 W. Ken Caryl Ave. Columbine High School 6201 S. Pierce St.

Check Facebook for information on Neighbors Helping Neighbors.

The newsletter is published monthly. Deadline for news is the 13th and ads is the 15th of each month for the next month's issue except the Jan. issue which is Dec. 6th. All articles must be approved by the editor for publication, or as space permits. To submit an article, please call a board member or e-mail the editor. All "Letters to the Editor" must be signed and include a daytime phone number in case there are any questions. Letters may be printed without the author's name if requested.

For advertising, contact Colorado Lasertype, 303-979-7499 getinfo@ColoradoLasertype.com • www.ColoradoLasertype.com

Appearance of an advertisement in this publication does not constitute a recommendation or endorsement by the publisher or the association of the goods or services offered therein. The opinions expressed in this newsletter are those of the individual authors and not of the Board of Directors of your association or the publisher. Neither the Board, publisher nor the authors intend to provide any professional service or opinion through this publication.

#### **Jefferson County Numbers**

Information	303-279-6511	Motor Vehicles	303-271-8100
Animal Control	303-271-5070	Highways &	
Clerk & Recorder	303-271-8168	Transportation	303-271-8495
	303-239-4500	Planning & Zoning	303-271-8700
County Commissioners	303-271-8525	Sheriff - Emergency	911
County Administrator	303-271-8500	Traffic Complaints	303-271-5677
Extension Service	303-271-6620	Voting Information	303-271-8111

#### Early Bird Golf Special

Play and practice your golf game while saving money. Details: Offer valid on a.m. tee times only (specifically available for the first 90 minutes after the first schedule tee time), Mondays through Fridays on the back 9 of the 18 hole courses at both Foothills Golf Course and Meadows Golf Club. Fee: \$10 for walkers, \$15 with cart. Offer valid through December 31, 2011, weather permitting. Not valid for pre-booked events or on any other offers or discounts. Not valid on Exec 9, Par 3 courses or front 9 holes. www.foothillsgolf.org, 303-409-2555

October 2011 / CWCA Page 3

#### Home Improvement Winners, continued from front page

1st Place (\$250) 8055 West Ontario Place



The Moreau family purchased this home in 2010. Their home at that time had no actual grass, dozens of overgrown bushes, and a cracked and uneven walkway. In 2011 the family completely tore up the front yard, formed a new sidewalk and front porch, added plants, sod and a tree. They also painted the outside of their home this year. Columbine West neighbors are enjoying a striking new front yard that increases the beauty of our subdivision. The Moreau's love their new neighborhood and hope to be here for several years to come!

#### 2nd Place (\$150) 8067 West Frost Place.



The Seeders Family purchased their home in 1988. Over the past 20 something years, they have completely transformed their front yard. Improvements included adding a new front storm door with side window, concrete steps, porch, and sidewalk, and a covered porch and railings. Also added were new gutters, soffit, siding, garage door, and roof. Their landscaping improvements included planter boxes, a water fountain, flowers, plants, new grass and trees. The subdivision is proud of the work this retired couple has put into their home. It enhances the look and feel of our neighborhood. Thank you for being a proud Columbine West neighbor for so many years!

#### Great Books Week, October 2-8

Many people think of the "great books" as only literary classics, such as the novels of Charles Dickens or Jane Austen, but a great book can be any work that's shaped your mind and influenced your thinking. Great Books Week is devoted to celebrating and sharing books that have made a difference in everyone's lives.

#### **DUNCAN'S MASTER CARPET CARE, LLC**

Professional Carpet, Upholstery and Area Rug Cleaning. All work performed by owner/operator who is a certified master cleaner with over 21 years experience in the cleaning industry. All work is guaranteed and I will provide you with the most outstanding service experience possible.

I also offer house cleaning and water damage restoration. Receive a 10% discount with the mention of this ad.



Call Duncan at 303-885-7154

email: duncansmastercarpetcare@gmail.com



Doctor present all nights, weekends & holidays Dr. Lee Bregitzer & Associates

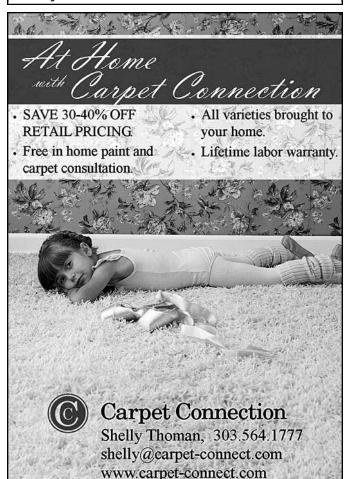
303-979-4040

Your Answer to Quality Emergency & Routine Veterinary Services Vaccinations · Medical · Dental · Geriatrics · Diet · Spay/Neuter Grooming · Boarding · Surgical · 2nd Opinion

Wednesday is "62+" Senior 15% Discount Day! Regular Office Hours Only · Limited Offer

Sunday Hours: 11am-1:30pm Regular Office Hours: Weekdays 7:30-12 / 2-6 Saturday 8-12

5546 W. Canyon Trail off Platte Canyon Rd. in Columbine Hills www.columbineanimal.com



Page 4 CWCA / October 2011



MONDAY • Havana Exchange 2712-2892 S. Havana St. (Havana & Yale) 10 a.m. – 3 p.m. or Sellout

#### TUESDAY • Aurora General Park, 1561 N. Quentin St.

10 a.m. – 3 p.m. or Sellout Starts July 12, ends October 24

#### WEDNESDAY • Littleton

Located in Aspen Grove Lifestyle Center 7301 S. Santa Fe Dr. 10 a.m. – 3 p.m. or Sellout THURSDAY • Wheat Ridge

4252 Wadsworth Blvd. 10 a.m. – 3 p.m. or Sellout

#### SATURDAY • Southwest Plaza

Southwest Plaza SE parking lot Wadsworth & Bowles, Littleton 8 a.m. – 2 p.m. or Sellout

#### **SUNDAY • Highlands Ranch**

Highlands Ranch Town Center Square 9288 Dorchester St., Highlands Ranch 10 a.m. – 2 p.m. or Sellout

For more information call the Farmers' Market Hotline

303-887-FARM • www.DenverFarmersMarket.com



Ask About Our Fuel Saving Tips

Formerly Southside Automotive

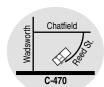
#### **Full Service Auto Care**

Will meet or beat any legitimate estimate • AC • Clutches • Timing Belts Free Shuttle Service • Fleet Discounts • Senior & Military Discounts No gimmicks, no up-sell... just reliable, affordable service

#### 8537 S. Reed Street, Littleton

3 blocks east of Wadsworth, south of Chatfield www.470southautomotive.com

303-933-9132



Mon.-Fri. 8am-6pm • Before/after hours & Sat. by appt.

\$3000 OFF
Any Repair
\$150 & Up

\$400 OFF
Any Repair
\$150 & Up

\$400 OFF
Any Repair

Expires 10/31/11.

Must present coupon.

May not be combined.

Summer Maintenance Package \$ 1 \cdot 99

Includes A/C check and coolant system check.

Expires 10/31/11.

Must present coupon.

May not be combined.

Disc Brake Special \$0.099

Regularly \$145. Labor only.
Front or rear. Includes
systems check and
emergency brake adjustment.
Most cars and light trucks.
Ceramic pads extra.
Expires 10/31/11. Must present

coupon. May not be combined.

#### Check Out That Yard

The Yard of the Month contest was initiated (4) years ago, by Jenny James, Realtor and neighbor. The intent was to give homeowners recognition for helping to keep the neighborhood looking great. It was also an opportunity to get neighbors involved, by asking them to nominate a yard that was well tended. A small committee gathers the nominees addresses and takes a look at the properties each month. Some yards look fantastic in the Spring, while others are not as dramatic till Fall. Yards come in many shapes and sizes, from the corner lots that have a vast amount to landscape, to the culde-sac yards that are relatively smaller. Some yards are full sun and others have mature trees that cast deep shadows. Each yard nominated and potentially selected is a testimony to the pride that Columbine West residents have for the community. Thank you to everyone who takes the time to keep your yard looking marvelous.

The September Yard of the Month is located at 7854 W Quarto Ave. The homeowner is Chris Signorelli and the home is being rented by John Erlinger, Mike Evans, and Mike Edney. John has lived in the Columbine area for 5 years. He had worked for a medical lab for 16 years before becoming unemployed. He now has a lot of time on his hands and the yard shows that he spends a lot of time working outside. John is an avid fan of the Denver Broncos. The big maple tree in the yard provides great shade and the wishing well adds a quaint touch. Do stop by and enjoy this peaceful setting. The residents that receive the Yard of the Month receive a \$50 cash prize and get to display a sign in their yard recognizing their award. A big thank you to John Basila, a Keller Williams Realtor, who sponsored this years' contest. This will be the last Yard of the Month event for this year but be thinking about your yard for next year's contest.



#### **Columbine West Military Members**

"Supporting the troops means paying attention to their needs both in the field and at home. It means understanding their lives both as warriors fighting for our nation, and as husbands and wives, parents, brothers and sisters, sons and daughters struggling to take care of their families."

— Senator John Kerry

**GM2 David Tuey,** 24yr, US Navy Weapons Handler. Gunner's Mate Second Class · Stationed in Yokosuka, Kanagawa, Japan

**HM3 Michael Tuey,** 22yr, US Navy, Hospital Corpsman (Doc) Attached to the 3rd Battalion 2nd Marine Division-Expeditionary forces, Helmand Province, Afghanistan.

**LCpl. Tyler Mc Manus,** US Marine Corps, stationed in Washington D.C.

**Cpl. James Casey Hawkins,** US Marine Corps, stationed in Helmand Province, Afghanistan.

October 2011 / CWCA Page 5

#### Message To All Teen Drivers -

Keep your hands on the wheel, your eyes on the road, and both (hands and eyes) away from your cell phone while driving. NHTSA has developed a multi-tiered strategy to prevent motor vehicle-related deaths and injuries among teen drivers: increasing seat belt use, implementing graduated driver licensing, reducing teens' access to alcohol, and parental responsibility.

#### **Leading Cause of Death for Teens**

The heart of NHTSA's mission is keeping families safe on America's roadways. Young drivers, ages 15 to 20 years old, are especially vulnerable to death and injury on our roadways – traffic crashes are the leading cause of death for teenagers in America. Mile for mile, teenagers are involved in three times as many fatal crashes as all other drivers.

#### We Know the Causes

Research shows which behaviors contribute to teenrelated crashes. Inexperience and immaturity combined with speed, drinking and driving, not wearing seat belts, distracted driving (cell phone use, loud music, other teen passengers, etc.), drowsy driving, night time driving, and other drug use aggravate this problem. We know that getting through to your teen can be tough, but research tells us that teens listen to their parents, and that you influence your kid's driving habits. Remind your teenager that driving is a privilege – a privilege they will lose if they don't drive by your rules.

#### Set the standard

You need to teach safe driving behavior from the beginning. As the parent, you can start by modeling safe driving behavior anytime you drive your kids anywhere, even before they begin to drive. It's not just good parenting, it's a matter of life and death. You need to talk to your kids about traffic safety early and often – before they reach driving age. When your teenager begins driving, talk to your teen about safety issues and the rules you are setting. Explain each one of your rules and the consequences for breaking it. Write up a contract with your teen driver to make sure they drive by the rules and drive as safely as possible. Visit www.nhtsa.gov for more valuable information concerning teen drivers.

#### **GECKO** is Taking Action

Giving Every Child Knowledge of the Outdoors (GECKO). The premise sounds simple enough. Yet study after study shows that our children aren't getting enough outdoor play. And this trend isn't improving. The latest information shows that less than 25% of children are active outdoors more than twice per week. Does this worry you? It definitely worries us.

Through donations and events, GECKO is raising money to help children from all walks of life experience outdoor programming through scholarships to the nation's leading outdoor education providers. Our goal is simple: To give EVERY child knowledge of the outdoors. For more information: **joingecko.org** 



Windows • Doors • Garage Doors • Siding • Roofing





JPHomeExteriors.com
303-961-5319
Jasen@JPHomeExteriors.com

#### We specialize in working with insurance

Customer satisfaction is our main priority. We stand behind our product install with a 5 year labor warranty, giving you the piece of mind you deserve. We at JP Home Exteriors know what a big investment this is for the consumer and we aim for excellence in its highest degree. After we are finished with taking care of you, we guarantee you will want to tell the neighbors.

#### WINDOWS

Double Hung Window Sliding Window Picture Window Bow Window Bay Window Garden Window Casement Window

#### **DOORS**

Steel Entry Door Fiberglass Entry Door Sliding Patio Door Garage Door

#### SIDING

Vinyl Siding
Soffit & Overhang
Architectural Accents
Insulation
Shutters
Stone
Stucco
Painting

#### ROOFING

Roof Tear Off Re-Roof Architectural Shingles 3 Tab Shingles Ice Guard Ridge Vent Gutters & Downspouts



CWCA / October 2011 Page 6

# TAKING CARE OF YOUR HEAL MAMMOGRAMS CONNECTED



#### Are you due for a mammogram?

If so, schedule time for yourself today. Experts recommend an annual mammogram starting at age 40 because early detection saves lives.

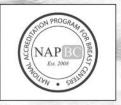
The Breast Center at Littleton Adventist Hospital offers you digital mammograms for faster, clearer results. Plus, we're one of the few centers in Colorado to be awarded the highest level of certification by the National Accreditation Program for Breast Centers (NAPBC).

For your convenience, we offer evening and Saturday appointments. To schedule, call 303-738-2767 today or visit mylittletonhospital.org/breastcenter to learn why your mammogram should be done at an NAPBC center.

Please have your insurance information available. If you have had previous mammograms at other facilities, we would be happy to transfer the prior images for you.

## The Breast Center at Littleton Adventist Hospital

📥 Centura Health.



mylittletonhospital.org

7700 S. Broadway, Littleton 303-738-2767

Littleton Adventist Hospital is a member of Centura Health, Colorado's largest hospital and healthcare network.

Centura Health complies with the Civil Rights Act of 1964 and Section 504 of the Rehabilitation Act of 1973, and no person shall be excluded from participation in, be denied benefits of, or otherwise be subjected to discrimination in the provision of any care or service on the grounds of race, religion, color, sex, national origin, sexual preference, ancestry, age, familial status, disability or handicap.







October 2011 / CWCA Page 7

#### Save the Date: Annual Shiloh House Fundraising Banquet

Shiloh Home cordially invites you to our 2011 Fundraising Banquet, taking place Saturday, November 19, 2011 from 5:00 p.m. until 8:30 p.m. This year our event will be held at the beautiful Stonebrook Manor Event Center & Gardens located at 650 East 124th Ave., Thornton, Colorado 80241 (southwest corner of 124th & Washington).

Join us for a night of celebration, music, dinner, and a live and silent auction. We would be grateful for your donation of silent auction items such as golf packages, vacation packages/homes, sporting event tickets, etc. for the event. Please contact **Beth Miller at bmiller@shilohhouse.net** for more information.

#### - Sincerely, Steven Ramirez, Co-founder and Operator

We strongly believe in building a circle of support around each youth in our care. We work closely with families and social services personnel. Our approach is based on over 30 years of experience creating an environment where wounds begin to heal, relationships are built or restored, and new possibilities are created. P.S. Thank you for your encouragement and support. Did you know that over 12,000 youth are removed from their homes each year? Your gift of \$20, \$200 or even \$2000 will help us continue to serve this growing population of Colorado youth and families in need, providing a safe and nurturing environment in a home-like atmosphere.

#### CWCA Mission Statement

The Officers and Directors of Columbine West Civic Association (CWCA) are elected by the dues-paying members who make up the civic association. Each board member is a civic association member and serves on the board without any compensation for time and labor. CWCA's primary mission is to enforce the covenants and to protect the property values of the Columbine West homes.

#### Our main objectives are as follows:

- · To resolve covenant violations
- To work cooperatively with Jefferson County Sheriff's Department, Planning and Zoning Department and the Colorado State Patrol to maintain a safe and peaceful community
- To initiate civic programs that bring the community together and encourage residents to maintain the general appearance of Columbine West
- · To foster community pride among the Columbine West residents

#### Thank You!

Thank you to those who have made the commitment to be part of the association. CWCA encourages ALL residents to become current with the membership fees which are affective for 12 months. If you have questions or concerns, would like to volunteer or join the Board, contact the voicemail at 303-904-8218. At anytime community members who would like to volunteer on a project can attend a monthly meeting, which is open to all neighbors, or leave a message on the voicemail line. Your \$25 fee is the best value in town. Dues and/or donations can be mailed to: Columbine West Civic Association, P.O. Box 620026, Littleton, CO 80162. NEW PAYMENT OPTION! Pay securely online with PayPal, VISA, MC, Discover, and AMEX. Go to: www.neighbor hoodlink.com/jeffco/cwc/ If you have a special project you would like to donate to, make that notation on your payment. Thank you for your continuing support in helping to restore property values and make Columbine West a great place to live.



## \$300 off

#### Exterior or Interior Painting

American family owned. 15 years in business. 10% discount for cash.

Workmans Comp & Liability Insurance

Special Thank You for Veterans: Additional 10% Off

### Air-Time Bouncers

#### Bouncing fun for EVERYONE!



- ♦ Block Parties
- **♦** Graduation Parties
- ♦ Birthdays
- **♦** Promotions
- ◆ Just a day, or night, of Summer fun...:o)

M-F just \$99 for 8-hrs!

www.airtimebounce.net 303-703-8075

## ALUMINUM WIRING can be DANGEROUS!

#### IS YOUR HOME WIRED SAFELY?

Most homes built between 1964 & 1974 contain aluminum wiring.

Did you know "homes wired with aluminum wiring are 55 times more likely to have one or more connections reach Fire Hazard Conditions"

> —US Consumer Product Safety Commission (CPSC) Pub #516

#### **Your Safety Is Our Business!**

Lic #6092 • Insured • Honest & Dependable Serving all your electrical needs with Local References!

We are fully licensed, insured and certified to permanently repair aluminum wiring and remove your fire hazard. Visit our Web site at

www.alwirerepair.com to read about the hazards of aluminum wiring and the CPSC recommended COPALUM repair method.

Call today for your home wiring evaluation!

(720) 299-4706



Page 8 CWCA / October 2011

#### CONFIDENCE IS A TROPHY EVERYONE DESERVES!

#### Flag Football, Basketball, Soccer Programs

2011 Fall Sign-ups Now Open in Your Area!

- Organized programs for boys and girls ages 4-14
- Focused on fun, good sportsmanship & safe play
- Coaches background checked and certified
- All skill levels. No tryouts!

Save \$10!
Call and mention discount code "GameOn11"





#### **Precautions Against Child Predation**

Online child predators can interact with children through a variety of channels: computers, video games, handheld gaming devices and mobile phones. These tools make millions of people accessible at your child's fingertips... and vice-versa. Paradoxically, young people asserting their individuality online remain very vulnerable to predation. Their innocence, natural curiosity, desire for attention, ingrained trust in adults, and/or desire to rebel against their parents can lead them into the path of someone who could harm them.

#### WHAT CHILDREN CAN DO

Activities that may seem fairly harmless to your child can lure the attention of predators. Here are some precautions your child can take – with your help – that may help him or her steer clear of online predators.

**Profile and content.** The profile information and content you generate is critical. The images, opinions and personal information you share can be used by others to manipulate you, blackmail you, or literally locate you. Use a neutral profile photo that doesn't show your face; consider a photo of an object or landscape. Never take nude or semi-nude photos of yourself or allow someone else to do so. Remember, anything you say or post can live forever online if re-posted by someone else.

**Screen names.** Select gender-neutral and age-appropriate screen names for yourself. You can inadvertently give out a lot about yourself with a screen name like "britt98" (Brittany, born in 1998?). Screen names that suggest sex, violence or drugs, which might seem fun or funny, can draw attention from the wrong people.

**Privacy settings.** On Facebook and other social sites, lock down your privacy settings so that only your approved friends can see your photos, video and updates. Leaving privacy open is like inviting strangers to tag along with you everywhere you go.

**Friends list.** While it may be tempting to build the largest friend list possible, to appear more connected or popular, you should only accept friend requests from people you actually know, and trust.

**Say no to creepers.** If you are contacted, in any format, by someone you don't know, do not respond. Use your settings to block that person from contacting you. Never agree to meet someone in person whom you met online. If you're contacted by an adult you know, talk to your parents about the communication.

#### WHAT PARENTS CAN DO

**Every child is different.** Different ages, maturity levels and special circumstances will dictate what's appropriate for each child. The most important thing parents can do is stay involved with kids' online activities, and help them understand the dangers. Sooner or later they'll be on their own, and will need that foundation of online common-sense. Until then...

Keep a computer in a well-trafficked room in your home. Remember that smartphones are just small computers... limit private access to them as well.

**Stay involved in your child's online activities.** Insist on access (including passwords!) to social networking, e-mail, texting and gaming. Check them periodically.

Find out what online safeguards are in place at your child's school, friends' homes, and any other place where your child may be using computers or video games. Consider downmarket mobile phones that don't offer photo, video or Internet capabilities.

October 2011 / CWCA Page 9

#### **Child Predation,** continued from page 10

Remember that predators aren't always strangers. "Grooming" by trusted adults plays a huge role in child predation. Watch for changes in your child's relationships with adults in his/her life. Adults who work with children and teens have professional boundaries; cultivating significant online or text-based relationships with individual children is not appropriate.

#### LEARN MORE

There are several resources for parents and children on this topic, including NetSmartz.org, FBI.gov and the District Attorney's Office CHEEZO program. Information in this article was adapted from NetSmartz.org and FBI.gov.

— Sheriff Ted Mink

#### BOO-rific Bash & Splash: October 28

Bring the whole family to Foothills Park & Recreation District's BOO-rific Bash & Splash on Friday, October 28 from 6:00 p.m. to 8:30 p.m. at the Ridge Recreation Center. This safe, indoor trick-or-treating event allows children to dress in full costume, trick-or-treat among community business tables and enjoy fun activities. Swimming in the Ridge Pools is included in the festivities, swimsuit required to enter the pool. Fee: \$5 per child, adults FREE; no registration, pay at the door. Children 5 and under MUST be accompanied in the water by an adult (age 18 or older) and be within arm's reach at all times. For directions or more information, call 303-409-2333 or visit www.ifoothills.org.

## Columbine Courier to End Porch Deliveries

Beginning in November 2011 the Columbine Courier will suspend delivery of their paper to residents porches. The Courier has been delivering it's paper over the last 20 years with the help of paper carriers. Due to the economic times and cost effectiveness, the Courier will be using 3rd class postal service to have the paper delivered to your mailbox. In addition, the area of distribution which has been 24,000 will be reduced to 18,500. To offset the reduction of home deliveries they will be supplementing with approximately 60 FREE racks located in and around the coverage area. Residents that have been on the "NO DELIVERY" list will begin having the paper delivered by the postal service. Due to postal contracts they will not honor the no delivery status. In the upcoming weeks if you happen to see your paper carrier, take a moment to thank them for their services. We all know neighborhood kids that have either delivered the paper as their first job, or earned extra cash for that special something in their lives. If you happen to be part of the suspended delivery area, subscriptions can still be ordered at www.columbinecourier.com. Follow the easy to navigate prompts.

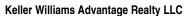
#### NIC Mission Statement

A group of volunteer homeowners who welcome new residents, educate all Columbine West residents about covenants, zoning and county ordinances, while addressing issues pertaining to our community, and look for opportunities to improve and enhance our neighborhood.

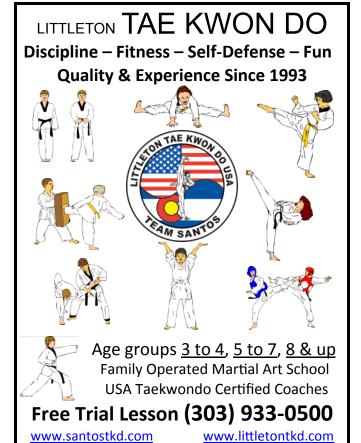




303.921.5367







6692 W. Coal Mine Ave @ Pierce

(Next to Goodwill & ACE, & King Soopers)

CWCA / October 2011 Page 10

#### Free Adult Senior Open House: October 7

Mark your calendars and prepare to join Foothills Park & Recreation District for a day filled with fun and useful health and wellness information for adult seniors on Friday, October 7 from 9 a.m. to 1 p.m. at the Peak Community & Wellness Center (6612 S. Ward St.). Entry and participation is free. Activities include booths representing senior resources and community organizations, give-aways, chair massage, free lunch and entertainment and a performance by Colorado Opera Young Artists. RSVP required for free lunch by calling 303-409-2264. For information, visit www.ifoothills.org or call 303-409-2264. Sponsored by: Foothills Park & Recreation District, AARP, FirstBank and MorningStar Senior Living.



7855 S. Platte Canyon Rd., Littleton, CO 80128

Phone: 303.972.3800

CustomerService@myMECHANICco.com

www.myMECHANICco.com

Become a fan on Facebook

Additional 10% off for Columbine West Residents



#### ONLINE olorado SERVICE PROVIDER DIRECTORY

#### Find a professional to suit your needs while supporting local businesses!

- Automotive
- Home Improvement
   Pet Services

- Carpet & Upholstery
- House Cleaning
- Plumbing Product Sales

- **Computer Services**
- Insurance
- Realtors

- **Financial Services**
- Landscaping Music

- **Health Care**
- Painting
- · Recreation

Call us to ask how to get added to one of the categories above! 303-979-7499

Visit our website for advertising information, ad rates, a map of the HOA newsletters we publish and details about our graphic design services.

www.ColoradoLasertype.com

#### **NEW – Twilight Discount Rates**

Beginning October 1, 2011, Foothills Park & Recreation District will offer twilight discount rates Monday through Friday for \$2/person or \$8/household on facility admissions. Available at the Ridge Recreation Center from 7:30 p.m. to close, Lilley Gulch Recreation Center from 8 p.m. to close, and Peak Community & Wellness Center from 8 p.m. to close. Valid October 1 to December 30, 2011. Offer not valid for racquetball admission. For more information, call 303-409-2100 or visit www.ifoothills.org.

#### Teen Services

To add your teen's name, please email Colorado Lasertype at getinfo@colorado lasertype.com and leave the following information: the neighborhood you live in, your age, phone number and the categories you would like included. Categories: (B) Baby-sitting; (\*) Red Cross Cert for CPR; (L) Lawn care; (S) Snow removal; (P) Pet & House sitting. No recommendation or endorsement of any of the names on this list is implied or stated by the homeowners association board or Colorado Lasertype.

Alexis A.		B/P	303-972-7404
Rhiannin B.		B/P	720-981-0278
Julia C.	14	B*	303-795-8431
Colton C.	15	P/L/S	303-829-8673
Emily C.	13	B*/P	303-763-7565
Jordan H.	17	B*/P	720-884-6321
Jessica H.	12	B*/P	303-932-1184
Allison H.	16	B*/P	303-521-1070
Alison H.	15	P	303-905-7942
Brandon L.	15	L	303-932-6583
Dustin L.	14	L	303-932-6583
Megan M.	15	B/P	720-587-9267
Jessie O.	17	B*/P/L	303-870-4345
Brittany S.	14	В	720-922-0881
Angie W.	13	B/S	720-276-6311
Nick W.	15	P/L/S	303-697-8307
Jordan	12	B*/P	303-973-9912

October 2011 / CWCA Page 11

#### **CLASSIFIEDS**

Classified ads are \$2.95/line for 2011. Contact Colorado Lasertype at 303-979-7499 or getinfo@colorado lasertype.com to place an ad. To view our display ad prices, visit our website at www.coloradolasertype.com. The deadline for placing a classified or display ad is the 15th of the month for the next month's issue (i.e., 15th of Sept. for Oct. issue), except the January issue, which has a deadline of December 6th.

**Rent-A-Granny:** Personal Concierge Srv. I'll run your errands or take you where you need to go. Marlene, 303-979-8076

Housecleaning. Exper. dependable w/ great refs. Call Gigi to sched. an est. 303-523-0792

Drywall and Basement Finishing Services. 26 years experience. Gary 303-829-6363

**Concrete:** New and replace w/ decorative options. 45 yrs in Denver. Licensed/insured. PritchardConcrete.com 303-277-1865

**KENOSHA GLASS** Window repair, table tops, mirrors, shower doors. 303-972-7880

**Pet Photography and Pet/House Sitting.** Affordable, honest, refs. KrystalAR@aol.com KrystalReedPhotography.com 720-308-0566.

**Window Repair.** Having trouble opening or closing windows? For repair call Jonathan at **303-332-9812.** 

A and Z Lock & Key. 303-979-9273.

Small Paint Jobs Only 720-331-7032

**Tree trimming & removal-** Columbine Tree Svc. 303-979-5330. 33+ yrs exp.

**Concrete:** New/replace drvwy, patio sdwlk. Free est **Kirk 303-669-5859** 

**Andersen replacement windows.** Why do vinyl when you can do a Fibrex window for the same price? Jonathan 303-332-9812.

Fall air duct cleaning and chimney cleaning for your home. 720-299-7782.

Carpet Repairs - patching, restretching. 44 years experience. I power stretch carpets. H:303-979-1887, C:303-906-5642

Sprinkler Blow-Out by local Firefighter \$45.00 for most systems 303-995-5788.

Highlands Pride Painting: 303-738-9203

**Lone Wolf Sprinklers**. 30+ yrs exp. Repairs and installs. Start ups & winterizing. Free est. Office: 720-362-2563, Cell: 720-934-6701.

**Piano, Guitar or Bass Lessons.** 16 yrs exp. Great w/ kids! Call Patrick 303-932-6551.

**Carpet, hardwood, slate, tile -** Installation, restretch & repairs. Bill at 303-794-1001

PARTYLITE CANDLES & Accessories. Contact Jan at 303-979-3880 or www.partylite.biz/janderby

American Sprinkler and Landscape. Winterize sprinklers. 720-312-3616.

**Taylor's Lawn Service.** Mowing, aeration, sprinkler tune ups. 720-308-5698

Tile, Baths, Kitchen and Basement remodels. Over 30 yrs exp. John 720-271-8045.

Driveway Caulking - Concrete Repairs. Avoid costly replacement. Call Sean 720-422-4236. www.ideal-restoration.com

QUEEN PILLOWTOP MATT/BOX SET. Brand new in plastic. Retails \$529, asking \$265. Also, NEW KING SIZE pillowtop set. Retails \$699, asking \$385. **303-742-4860**.

**Tom's Top Notch Painting** - int./ext., drywall repairs. Tom Martino approved, 5% disc. for Littleton residents 303-523-2941.

Aminals Pet Sitting Service: Pet sitting (in your home). Bonded & ins. Refs. avail. Call Nancy at 303-335-6237

**Mike the Plumber -** Your reliable neighborhood plumber for 14 yrs. Competitive rates. Free estimate. **720-422-8139** 

**Sewing Machines Repaired.** 30 yrs + exp. Free est. Free p/u & del. All work guaranteed. Call Scott **303-972-4687**.

Crystal Window & Blind Cleaning! Chandeliers & mirrors. Refs, 20 yrs exp. Feel good with clean windows. Call NOW-avoid the rush! Bill & Jerry 303-922-4655

**OB Home Care.** No job too small. 303-908-9063. Aeration, yard care, gutter cleaning, window cleaning & home maintenance.

A+ Home Improvement Services. Propainting (ext. & int.), gutter & trim replacement & stucco. No job too small - we do it all! Basement & bath remodels, drywall repairs/texturing, decks, fencing, carpentry, doors, plumbing, electrical, tiles, carpeting & hrdwd flooring. BBB Member. Call A+ for fast, professional service every time. Steve, 303-979-7858. Major credit cards accepted. Refs., fully ins. & bonded. www.A-Plus-Home-Improvement.com

#### **Columbine Kiwanis**

We have had another busy month. We have taken the Jungle Mobile to teach safety to children from the Jefferson county Fairground to western Colorado, and exhibited it at the Summerset Festival. I hope you had a chance to see it. We just had another successful blood drive and have one scheduled for December. Our youth groups, Key Club, have started at Columbine and Heritage High Schools. We have projects and can use help, or help us find more service projects. We have several other projects and social events planned.

Columbine Kiwanis is group of volunteers dedicated primarily to children in our local community. We also have fun at our meetings and at social events. Thank you to those who donated at our August 22nd Blood Drive. Other upcoming projectsare: Junglemobile – come and find out what it is; Meals on Wheels; and back to school supplies teamed with the Action Center. Come check us out. For information, call Ken Sweet at 303-973-8253. Weekly scheduled meetings are on Wednesdays at 6:45 a.m. at Roberts Italian Restaurant, 6745 Ken Caryl Ave. Visit our web site at www.columbinekiwanis.org.

#### Special Sale on Annual Passes

Annual Pass Special Sale good for 8 days only: October 12-19, 2011. Auto-Bill option available. Special not valid with Active Options Passes. For more information, call **303-409-2100** or visit **www.ifoothills.org**.

- Purchase a Lilley Gulch ONLY Annual Facility Pass during the 8-day special and receive one extra month FREE! Passes are valid for facility admission and dropin land/aqua fitness classes. Pass MUST be purchased at Lilley Gulch.
- Purchase a *Peak/Ridge* or a *Peak/Ridge/Lilley Gulch/Edge Annual Facility Pass* during the 8-day special and receive your choice of: one extra month FREE or a 1 ten-hour Drop-in Child Care Visit Card. Passes are valid for facility admission and drop-in land/aqua fitness classes. Pass MUST be purchased at Ridge Recreation Center ONLY.

Page 12 CWCA / October 2011

## In Columbine West, Results Count?



Duffy & Associates, LLC **Duane C. Duffy** 

Cell: 303-229-5911

Email: dduffy4265@aol.com

www.duanecduffy.com



#### "What Sets Duane Apart"

- · Licensed Realtor by the State of Colorado
- Member of South Metro Denver Realtor Association
- Member of Colorado Association of Realtors
- · Licensed Attorney by the State of Colorado
- · Member of Colorado Bar Association
- Member of Real Estate Section for Colorado Bar Association

#### CALL DUANE FOR YOUR FREE MARKET ANALYSIS OF YOUR HOME!

The statistical information is based on MLS data September 16, 2011. Not all of the properties were listed and/or sold by Duffy & Associates, LLC.

## Columbine West Statistics for September 2011

#### Current Homes FOR SALE in Columbine West

	Lowest	Highest	How Many?
Ranch Style	\$ 250,000	\$ 282,500	2
4-Level	\$ 219,900	\$ 219,900	1
2-Story	\$ 180,000	\$ 272,250	7
Tri-Level	None	None	0
Bi-Level	\$ 174.900	\$ 232,500	3

#### Current Homes UNDER CONTRACT in Columbine West

	Lowest	Highest	How Many?
Ranch Style	\$ 194,900	\$ 218,000	2
4-Level	\$ 189,997	\$ 259,800	3
2-Story	\$ 119,900	\$ 300,000	7
Tri-Level	\$ 169,999	\$ 169,999	1
Bi-Level	\$ 180,000	\$ 180,000	1

#### Homes **SOLD** in Columbine West Jan. 1, 2011 to Sep. 16, 2011

	Lowest	Highest	How Many?
Ranch Style	\$ 138,000	\$ 250,000	6
4-Level	\$ 150,500	\$ 266,600	10
2-Story	\$ 169,000	\$ 304,000	11
Tri-Level	\$ 206,000	\$ 206,000	1
Bi-Level	\$ 171,000	\$ 240,000	10

#### Important Numbers

#### 1) Scrap Metal pick-up, 303-522-8041

Unwanted scrap metals of any kind, freezers, refrigerators, stoves, washers/dryers, microwaves, vacuums, shelving, mowers and car batteries. Metal is found in many household items; please feel free to call before you throw them away. The more we recycle, less piles up in the landfill. Fees are charged where necessary; otherwise this is a FREE service.

#### 2) Rooney Road Recycling, 303-710-9120

For appointments call: 303-316-6262

\$20 drop-off charge/cash or check. \$30 home scheduled pick-up

#### Columbine West Civic Association Membership Coupon

Please fill out the membership coupon and mail it with your \$25 check to CWCA.

Send to CWCA, P.O. Box 620026, Littleton CO 80162

Name(s): \_\_\_\_\_\_

Telephone #:

Columbine West Civic Association P.O. Box 620026 Littleton CO 80162



\*Includes: 75lbs of the following items: paint thinner, fertilizers, waxes, cleaners, oil based paint, anti-freeze, batteries, aerosol cans. In addition to the 75lbs of the above, you are allowed the following: 25 gallons of oil, 10 gal. of latex paint, 5 auto batteries and 5 florescent light bulbs.

\*Open by appointment only: Wed. & Sat. (8am to 2pm)

CWCA Covenant Violation Report Mail to: Columbine West Civic Association, P.O. Box 620026, Littleton, CO 80162
Date:
Description of alleged violation:
Violator's Address:
n I would be willing to appear in court as a witness.
Name:
Address:
Phone:
All reports will remain confidential and you can send this in anonymously, but we are unable to supply progress reports.