

White Lake Hills Neighborhood Association

Member Fort Worth League of neighborhood Associations

Summer 2011

Volume 3, Issue 3



President's Message

Hello Residents of White Lake Hills

I hope everyone has enjoyed the year so far. I know that we have experienced some heavy rainfall, hail and now we are experiencing the heat. Having just celebrated another July 4th, let me say thank you to all who made it to this year's festivities in our park. D&D Rockin' Rods returned this year to drive in our parade and put on a car show. We had about 250 people turn out this year and I think everyone would say it was a great success. Also, we hope to have the security camera installed in the neighborhood with the next two to three weeks.

Special note to Chesapeake

On behalf of the residents of White Lake Hills, I would like to say thank you for your continued financial support of our annual July 4th Parade and Picnic. I want to especially thank you again for the financial contribution of \$8,100 to install the water fountain in Smith-Wilemon Park. This fountain entices residents to visit and enjoy the park with their children. As president, I want to thank Chesapeake Energy for being a great sponsor during this drastic decline in the economy and being a generous supporter of education and community projects in the Dallas-Fort Worth Metroplex and surrounding counties. As we celebrate our country's freedom and independence let's remember the role natural gas can play in helping us to gain independence from foreign energy. Chesapeake Energy is proudly moving our nation toward energy independence. Now that's something we can all celebrate!

Happy 4TH of July

Johnnie Young
President



Next Neighborhood Association Meeting:

- Monday, July 11 at 7pm
- Catholic Renewal Center, 4503 Bridge Street

Agenda

1. Call to order
2. Approve minutes
3. Treasurer's report
4. NPO report
5. COPS report
6. Special events report
7. Adjournment

In this issue:

President's message	1
Minutes	2
Happenings in WLH	3

Minutes from the April meeting

President Johnnie Young called the meeting to order at 7:04 pm. President Young thanked all who took the time to attend the neighborhood meeting.

A special guest and security presentation was made by Bill Mott. Charles Edmonds, our COPS Leader introduced Mr. Mott. Charles was able to secure Mr. Mott works with The Mallard Cove Neighborhood. Mr. Mott gave an overview of a security surveillance system. It is a video system that can be monitored in an off sight location. Local residents can also view it. Mr. Mott warned that not all residents should have access. He suggested that the COPS leader. A background check should be encouraged.

Mr. Mott reported that in his Dallas neighborhood that occasional crime became a continuous occurrence. The Board of Directors decided that the neighborhood needed extra patrols and the surveillance cameras. They settled on a company known as OMNI WATCH. Mr. Mott also encouraged the use of signs that state that activities are being monitored by cameras. The main idea is it gets the bad guys to move on to another neighborhood. The cameras are capable in showing panoramic views, license plates, and general activity in the neighborhood. There was some discussion by residents. Charles Edmonds did say that the cost would be discussed at a later time.

Mayor Pro Tem Danny Scarth attended the meeting and encouraged residents to attend a Mayoral Forum at the Potter's House on April 25th, Monday. All the mayoral candidates will be present.

Officer Tamelia Reddick gave her NPO Report. Officer Reddick reported that in White Lake Hills there were 4 burglaries. These all occur in the daytime. There have been extra patrols out in White Lake Hills. Woodhaven has had the same problem but there crime has occurred at night. Air one has been out in Woodhaven monitoring the neighborhood. Officer Reddick encouraged residents to lock their doors and keep their garage doors down.

The Audit Report was given. This is the audit of the neighborhood association Treasurer Books. Bob Curtis, Hubert Strom, David Turnbull were on this committee. The books were found to be in order. There was some concern about the reinvestment of The White Lake Hills Community Trust. Fred Fernandez, the chair of the Trust came forward with some explanations. The Community Trust invested \$90,000.00 and in the first quarterly report has seen growth in the funds. The funds in CD'S were not making any growth. This will be for one year and then a performance evaluation will be done. The audit was accepted. Charles Edmonds moved and Hubert Strom seconded.

Bob Curtis and Aaron Mullens presented the Treasurer's Report. Expenditures were made and the checking account for the association had a balance of \$2099.00 and the COPS fund had a balance of 9,079.00. This reported was accepted. Pat Goolsby made a first and June Freeman seconded it. Aaron Mullens is our new Treasurer. Johnnie Young thanked Bob Curtis for his service to the neighborhood.

Elaine Mireles, the special Project Chairperson, was not present at the meeting. Damon Dockstader presented her report. The following projects have been planned for the year.

Park Clean-up-April 16th, Saturday, 8:00 am

Peggy Terrell reminded residents that we have three entrances. They also need help. If the manpower is available then this can be accomplished. Fred Fernandez reminded residents that after the trash pick-up there is trash all across the neighborhood. Elaine Edmonds, Fred, and Peggy Terrell would be glad to help in this area. Charles Edmonds, the Code & Law Officer of the neighborhood, would check with the Code Compliance section of the City.

April 23, 2011, Saturday, Easter egg Hunt in Smith –Wilomen Park (details in the newsletter)



Ameriprise Financial

TeShay D. Flowers Financial Advisor
2000 E Lamar Blvd
6th Floor
Arlington TX 76006
817-876-6007

The Sandwich Generation: Juggling Family Responsibilities

At a time when your career is reaching a peak and you are looking ahead to your own retirement, you may find yourself in the position of having to help your children with college expenses while at the same time looking after the needs of your aging parents. Squeezed in the middle, you've joined the ranks of the "sandwich generation."

What challenges will you face?

Your parents faced some of the same challenges that you may be facing now: adjusting to a new life as empty nesters and getting reacquainted with each other as a couple. However, life has grown even more complicated in recent years. Here are some of the things you can expect to face as a member of the sandwich generation today:

- Your parents may need assistance as they become older. Higher living standards mean an increased life expectancy, and you may need to help your parents prepare adequately for the future.
- If your family is small and widely dispersed, you may end up as the primary caregiver for your parents.
- If you've delayed having children so that you could focus on your career first, your children may be starting college at the same time as your parents become dependent on you for support.
- You may be facing the challenges of "boomerang children" who have returned home after a divorce or a job loss.
- Like many individuals, you may be incurring debt at an unprecedented rate, facing pension shortfalls, and wondering about the future of Social Security.

What can you do to prepare for the future?

Holding down a job and raising a family in today's world is hard enough without having to worry about keeping the three-headed monster of college, retirement, and concerns about elderly parents at bay. But if you take some time now to determine your goals and work on a flexible plan, you'll save much stress--and expense--in years to come. Planning ahead gives you the chance to take the wishes of the entire family into account and to reduce future disagreements with your siblings over the care of your parents.

Here are some ways you can prepare now for the issues you may face in the future:

- Start saving for the soaring cost of college as soon as possible.
- Work hard to control your debt. Installment debts (car payments, credit cards, personal loans, college loans, etc.) should account for no more than 20 percent of your take-home pay.
- Review your financial goals regularly, and make any changes to your financial plan that are necessary to accommodate an unexpected event, such as a career change or the illness of a parent.
- Invest in your own future by putting as much as you can into a retirement plan, where your savings (which may be matched by your employer) grow tax deferred until you retire.
- Encourage realistic expectations among your children; their desire to attend an expensive college will add to your stress if you can't afford it.
- Talk to your parents about the provisions they've made for the future. Do they have long-term care insurance? Adequate retirement income? Learn the whereabouts of all their documents and get a list of the professionals and friends they rely on for advice and support.

Caring for your parents

Much depends on whether a parent is living with you or out of town. If your parent lives a distance away, you have the responsibility of monitoring his or her welfare from afar. Daily phone calls can be time consuming, and having to rely on your parent's support network may be frustrating. Travel to your parent's home may be expensive, and you may worry about being away from family. To reduce your stress, try to involve your siblings (if you have any) in looking after Mom or Dad, too. If your parent's needs are great enough, you may also want to consider hiring a professional geriatric care manager who can help oversee your parent's care and direct you to the community resources your parent needs.

Eventually, though, you may decide that your parent needs to move in with you. If this happens, keep the following points in mind:

- Share all your expectations in advance; a parent will want to feel part of your household and may be happy to take on some responsibilities.
- Bear in mind that your parent needs a separate room and phone for space and privacy.
- Contact local, civic, and religious organizations to find out about programs that will involve your parent in the community.
- Try to work with other family members and get them to help out, perhaps by providing temporary care for your parent if you must take a much-needed break.
- Be sympathetic and supportive of your children--they're trying to adjust, too. Tell them honestly about the pros and cons of having a grandparent in the

house. Ask them to take responsibility for certain chores, but don't require them to be the caregivers.

Considering the needs of your children

Your children may be feeling the effects of your situation more than you think, especially if they are teenagers. At a time when they are most in need of your patience and attention, you may be preoccupied with your parents and how to look after them.

Here are some things to keep in mind as you try to balance your family's needs:

- Explain fully what changes may come about as you begin caring for your parent. Usually, children only need their questions and concerns to be addressed before making the adjustment.
- Discuss college plans with your children. They may have to settle for less than they wanted, or at least take a job to help meet costs.
- Avoid dipping into your retirement savings to pay for college. Your children can repay loans with their future salaries; your pension will be the only income you have.
- If you have boomerang children at home, make sure all your expectations have been shared with them, too. Don't be afraid to discuss a target date for their departure.
- Don't neglect your own family when taking care of a parent. Even though your parent may have more pressing needs, your first duty is to your children who depend on you for everything.

Most importantly, take care of yourself. Get enough rest and relaxation every evening, and stay involved with your friends and interests. Finally, keep lines of communication open with your spouse, parents, children, and siblings. This may be especially important for the smooth running of your multi-generation family, resulting in a workable and healthy home environment.



The White Lake Hills Neighborhood Association presents Chesapeake Energy with an award in recognition of their continued support of the neighborhood.

Contributions from many help to improve Smith-Wilemon Park

For the last few years our neighborhood has committed itself to the improvement of Smith-Wilemon Park. Now, in its fifth year, our annual park cleanup event draws residents out to comb the park for trash, trim trees and shrubs and create new trails. Also, with the assistance of Councilman Danny Scarth, and corporate sponsor Chesapeake Energy, we have been able to add playground equipment and a drinking fountain/water spigot. With help from all these sources our park becomes increas-



Paliskin Industries LLC

"Handyman Services, Repair, and Remodeling"



Franklin T. Bell, Proprietor

Mon—Sat 9am—5pm

Cell 817-658-1485

Home 817-451-4196

Minutes Cont.

July 4th Parade & Picnic, Smith-Wilomen Park and neighborhood (details coming)

October 29th, Saturday, Garage Sale & Halloween Decoration Contest (details coming)

November 5, Saturday. Fall Festival & 5-K Run, Park & neighborhood

December 23, Friday, Christmas Decoration Contest

Meeting adjourned at 8:10 pm.

Respectfully Submitted

Acting Secretary

Peggy Terrell

Happenings with the White Lake Hills Women's Club

The White Lake Hills Woman's Club always welcomes new Members. We are a community-based organization. We do civic work, work with the neighborhood association and help with COPS. Membership is open to all women living in White Lake Hills. We invite you to visit our club. We meet on the 1st Thursday of the month at the Catholic Renewal Center. We meet at 6:30 pm and always have interesting and informative programs. The dues are \$25.00 a year. We are off in the summer months. Our next meeting will be in September. Information about the Club:

Mona Bailey

817-446-0795

monabailey@mac.com

Beautification

We work hard to keep our neighborhood looking pristine. Many volunteers do this work. We are always looking for others. With this hot weather, we do need some people to help water. If you could help, please call Peggy Terrell.

817-457-1507 (Home)

817-909-5623(Cell)

CODE COMPLIANCE

Fort Worth's status as a clean, livable city by ensuring property complies with rules set by City Council Code Officers who

routinely patrol assigned neighborhoods for violations. The officers investigate complaints with a mission of abating issues

and educating residents. Here are some areas that might need our attention.

- Grass & weeds in yards must be under 12 inches
- Trash & debris outside of yards
- Only 3 cats & 3 dogs allowed in one household (817-392-3737 to report)
- Carry a plastic bag for dog waste.
- Advertising a business with a permanent sign in the front yard

Each neighborhood has their officer. Here is the contact information.

White Lake Hills Officer-Elizabeth Rodriquez 817-709-8643

Supervisor-Carl Ellis 817-994-6969

Superintendent-Michael Camp 817-9951297



White Lake Hills
Neighborhood Association

We're on the Web!
www.whitelakehills.org
www.neighborhoodlink.com

Mark your calendars for these upcoming events

7/11 Neighborhood Assoc.
Meeting
10/29 Garage Sale
10/29 Halloween Contest
11/5 Fall Festival & 5k Run
12/23 Christmas Contest

Membership in the White Lake Hills Neighborhood Association

If you are new to the neighborhood, then welcome! We are happy to have you join our community. Just a reminder that membership in our Association is free. We look forward to seeing you at the next meeting or upcoming event.

Directory updates

We are in the process of correcting the last neighborhood directory. Please send updates to Lucy Middlebrook earlucy5050@sbcglobal.net

Get them in as soon as possible so that we can have the updates ready later this year.

Newsletter Submissions

Going forward, the newsletter will also be available in pdf format. If you would like to be placed on the list, please email newsletter@whitelakehills.org

If you have something you would like to submit to an upcoming newsletter (stories, thoughts, concerns, pictures) please email them to newsletter@whitelakehills.org.

In Memoriam

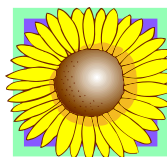
Donald Dewey Couch (1929-2011)

Donald Dewey Couch passed away on March 23, 2011. Mr. Couch as many teachers knew him, grew up in Fort Worth. His father was the custodian at Alexander Hogg Elementary. The family lived at Alexander Hogg Elementary. Mr. Couch attended TCU where he earned his teaching credentials and his M.Ed. Mr. Couch was a teacher and principal at Oakhurst Elementary and later moved to David K. Sellers Elementary. After his retirement, he supervised teachers at the University of Texas at Arlington. You might remember seeing Don walking the neighborhood. Mr. Couch gave 47 years to the teaching profession. Mr. Couch received many awards for his contributions and won many awards for his leadership. His wife Lee Ora survives him. They were married for 47 years. A son Kent and a daughter Donna make up the Couch family.

There are 4 grandchildren and 1 great-grandson.

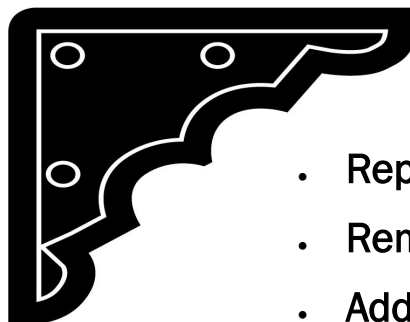
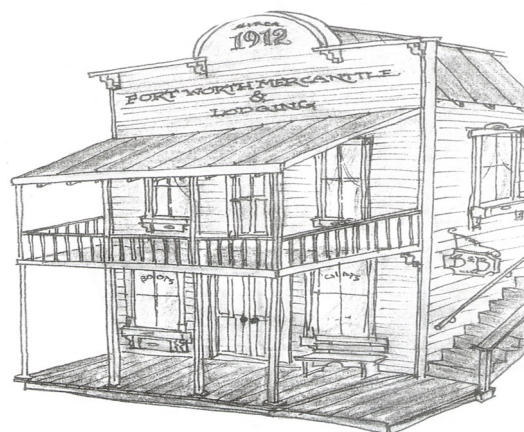
SUNSHINE COMMITTEE

If you would like to remember a person with special thoughts, please call Patsy Cooper at 817-496-1531. She will send a card for sympathy, get well, and congratulations.



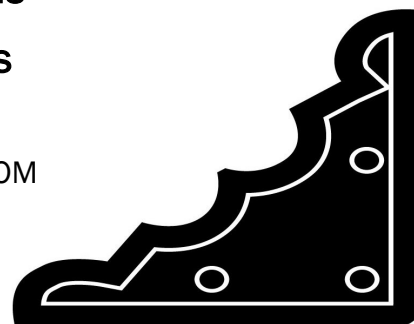
Cripe Carpentry
316 Dale Hollow Rd.
Fort Worth, TX 76103

Samuel Cripe
817-875-8233



- Repairs
- Remodels
- Additions

CRIPCARPENTRY@YAHOO.COM



White Lake Hills Yard of the Month

Yard of the month for April belonged to Brenda Baker of 4708 St. Lawrence Road



Yard of the month in May is Ted and JoAnn Gober of 408 Cedar Creek Court.



Yard of the month for June. June Freeman is the owner of residence at 720 Green River Trail.



Adrian and Brenda Durand are the owners of this month's yard at 1016 Green River Trail



July 4th Parade & Picnic



