Bolling Heights
Neighborhood on the Move
Neighbors Making a Difference

THE LINK

ISSUE 31 HOLIDAY 2009

Inside this issue:

- Holiday Giving
- Thankful
- Health Information
- Entrance Sign
- Word from Winnie
- Holiday Decorating
- BHCL Board
- Candle s
- What's Important

Quotable Quotes

No one has ever become poor by giving. *Anne Frank*

Real generosity is doing something nice for someone who will never find out. Frank A. Clark

A hug is a great gift - one size fits all, and it's easy to exchange. Author Unknown

Newsletter Ideas/Articles? Contact Chris Reeves 436-0250



Holiday Giving Bolling Heights Community Link Adopting Family & Senior Citizen

Thanks to our Secretary, Julie Sherbo, and with Antioch Middle School's help, we are adopting a family of four and a senior citizen for Christmas.

If you wish to participate, please contact Julie Sherbo to obtain a list of items needed. She may be reached by phone at 436-3070 or e-mail: julie.sherbo@commercebank.com.

Julie will need to receive <u>unwrapped presents by Friday</u> <u>December 11, 2009</u>. Please deliver your presents to:

Julie and Mark Sherbo, 6706 N. Charlotte, Gladstone, MO

If you need someone to pick up your present, please contact Julie.

We hear it every day on the news, read it in the papers and online, 10%+ unemployment; more job loss expected, stock market decline and more families needing help than ever before. People in our own neighborhood are struggling daily to pay their bills and put food on the table. With the holidays, an extra burden is placed on families to ensure their children have gifts.

Those who have never had to ask for assistance before are surprised to find themselves in need. It could happen to any one of us. With all that said....WE CAN HELP!

Even though Bolling Heights residents may not be considered "rich", we grow "richer" each time we lend support to our neighbors.

BOLLING HEIGHTS THINGS TO BE THANKFUL FOR:

Bolling Heights Community Link, volunteers and all who participated in:



Our Luau! What a great time! From the luau decorations to the tasty appetizers! The weather wasn't the best, but we still had time for our famous "watermelon seed spitting" contest—Top Spitter-Mark Sherbo!

May baskets-Thanks to all who participated in making the May baskets for delivery to some of our Bolling Heights residents.

Garage Sales & Bake Sale—Thanks to everyone who donated items, worked at the sales and to those who purchased something from our sales. It was a huge success!

To Linden Baptist Church for allowing us to use their facilities for our meetings!

To all who help their neighbors in any way by mowing yards, small household chores and "just being there!"

We appreciate all our neighbors, those who have resided here from as early as the 1950's to the "new" neighbors, bringing their youth, energy and ideas to our community.

We look forward to getting acquainted at our community meetings and special events!

HEALTH INFORMATION

Clay County Public Health Center is holding H1N1 public clinics at:

Pleasant Valley Baptist Church I- 35 and 291 Highway

Tuesday, December 8 10 am—3pm Tuesday, December 15 " Tuesday, December 22 "

Clay County residents who are currently eligible to receive vaccine at the December clinics include the following CDC identified priority groups:

- * Pregnant women
- * Children aged 6 months 18 yrs old
- * Adults 18-24 years
- * Adults 25 64 years with chronic medical conditions
- * Individuals who live with or care for children under the age of 6 months
- * Health care workers with direct patient contact.

Jodee Fredrick, Division of Community Health Promotion & Planning: Phone: 816-595-4234

jfredrick@clayhealth.com

Medicare Information Tuesday, December 8th 10:00 am Gladstone City Hall

Rick Coombs, local pharmacist will be on hand to give you information and answer questions about the changes in Medicare D—how to sign up, what to watch out for, and questions about your prescriptions. RSVP at 816-423-4086.

THE LINK

Bolling Heights New Identity

Our signs have been installed thanks to the generous donations from our community and the hard work and the persistence of Winnie Estep, Ron Murphy, Joan



Tierney and other Board members. Special thanks to Jackie Allen who allowed the sign to be placed on her property, Sam's Survey, FastSigns (Greg Kruse), the City of Gladstone and Carolyn Vellar.

Landscaping will begin when the weather permits and we thank Connie Braun for volunteering to coordinate the landscaping work around our signs. However, we will all need to help—we want all who enter Bolling Heights to know we are proud to live here.

Home Repair Grants Available



NNI has home repair grants available (up to \$4,500) for repairs including, but not limited to: roofs, siding, windows, heating & A/C. To

be eligible, homeowner must live in Clay or Platte Co., meet income qualifications, be current on their county real estate taxes, homeowner's insurance, and mortgage payments.

Applications may be obtained from Northland Neighborhoods, 3015 NE Vivion Rd, KC MO. For information, contact Pearl Brown - Monday through Wednesday at 454-2000. Applications must be received by 2/15/10.

Bolling Heights Holiday Decorating Contest

Light up the Neighborhood!

Get into the spirit of the holidays by decorating vour homes for our 4th Annual Heights **Bolling Community** Link Holiday **Decorating Participants** Contest. must reside in Bolling Heights. Homes judged on be their creativity, lighting, and overall "Holiday Spirit".

Prizes to be awarded are:

1st Place-\$40.00 Visa gift card 2nd Place-\$30.00 Visa gift card 3rd Place-\$20.00 Visa gift card

Judging will take place the week before Christmas.

Winners will be recognized at the January 21st Community Meeting.

Thanks to those who participate. Your hard work is appreciated!

Holiday Greetings

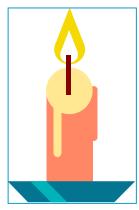
Winnie Estep

The Bolling Heights Community Link Board Members wish to extend their wishes to each of you for a great holiday season. This is the time of year to celebrate with your families and friends and to remember those less fortunate.

Warm wishes for a wonderful New Year!

Our candles in the windows, Shine softly, not too bright, Illuminating comfort, throughout each day and night.

We share this light with others,
That passersby may see,
A welcome sign, "no strangers here",
our hospitality



Join us by placing a candle in your window (electric or battery operated) to show support for our troops far away from home and so all who travel through Bolling Heights are greeted with our "welcome sign" and hospitality.

Bolling Heights Board



Winnie Estep President 436-3271



Joan Tierney Vice President 436-0158 Members:

Ron Murphy Mark Sherbo Chris Reeves Jeanine Sifers Karen Farris Marie Perry Ginger Stone



Sheryl Wagaman Treasurer



Julie Sherbo Secretary Any concerns, questions or suggestions, please give us a call.

The Important Things

With everyone being hit by the recession, we are all starting to value what's important. It's nothing new – Our parents and grandparents before us lived the same way. Older neighbors have reminisced about playing cards with other young couples and board games with their children. Money was tight – a flat tire or other unexpected event could wipe out your bank account. Eating dinner at home was the norm. Neighbors watched out for each other's children and provided a safe place for them to play. As many of you know, homes in our neighborhood housed 9 or more children! Hand-me-downs were common. You didn't miss what you didn't have. Small houses were just as comfortable to come home to as large ones.

Bolling Heights is seeing more and more young singles and couples moving in. Hopefully, more and more children will be raised in our neighborhood, bringing our neighborhood back to its former state. We need to pull together as a community in every way to help each other, especially in these times. Be thankful for what you do have, know that our community is willing to help when the need arises, and don't be too proud to ask for help.

Not being able to do all that we might be used to doing seems to have some side benefits. Here's what I am hearing people say. "I'm more aware of what really matters. l'm focusing on gathering with family and friends and just enjoying their company." "I'm entertaining at home again, doing simpler things but I sort of like it."

"I feel relieved not to make the holidays all about buying more and more presents, it was getting to feel like too much." Dr. Tian Dayton, Huffington Post

Check our website for updates: www.neighborhoodlink.com/gladstone/bollingheights

Please call Chris 436-0250 if you would like to receive newsletter and important neighborhood news by e-mail.