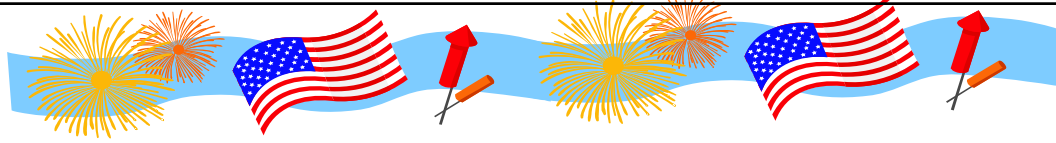


Colonial Manor Neighborhood Association Newsletter

Summer 2009



Colonial Manor Spring Walkabout

The morning on April 18th, a group of neighbors along with Neighborhood Services Director Vincene Jones, Neighborhood Services Coordinator Kris Wimberly, and Walkabout Coordinator Nicholas Barry descended on the east side of Colonial Manor knocking on doors, meeting new neighbors, informing them of our association and asking for their ideas and comments on their neighborhood. We distributed our Spring newsletter and took notes on their responses. Ideas such as holding a community yard sale and start up neighborhood watch groups were mentioned. It was good to connect with our neighbors and invite them in person to our meetings.

Seniors + CM

At our March meeting we had several representatives from senior help groups tell us about their programs and how we can help. We'd like continue to spread the news that these programs would be happy to receive volunteers and pair neighbors within Colonial Manor. Call us and we'll help connect you with a program.

We are also looking for residents who may need help with yard work, running simple errands (med pickup, groceries...etc) or may need a "checking-in" daily phone call. We need your help in identifying possible recipients for these types of services. Please contact CMNA with addresses.

Neighborhood Watch

What you need to do to establish NW on your street:

- TALK to your neighbors and decide on a block leader (captain), co-captain and meeting place/date/time.
- HOLD an informal meeting to discuss concerns and job duties and to develop a contact list.
- CONTACT Alana Henley, Crime Prevention Specialist, SacPD at 916-277-6058

FOR MORE INFO VISIT:

<http://www.sacpd.org/getinvolved/watch/>

Looking for contributing writers for our newsletter!!!

Do you have any memories or opinions you'd like to share in print? Submit a story or comment and we'll print in the next newsletter. Please visit website for guidelines.

CMNA Crop Swap

First CMNA Crop Swap will be on July 22nd at Bill Bean Jr. Memorial Park, from 6-7pm. Bring your extra garden produce and swap with your neighbors!! Guidelines will be explained at 7/22 swap. CMNA would like to make this a regular event but it depends on participation. We plan to hold the swaps every Wednesday from 7/22- 9/16. Leftover produce will be donated to St. John's Shelter. Come and help make The CMNA Crop Swap a Success!!!

Worth Noting: Congratulations to the Hiram Johnson SHS Warriors for their semi-finalist status in the Kellogg's Frosted Flakes Earn Your Stripes (EYS) field renovation program!

Critical Need!!!! - Men's pants are critically needed for returning and homeless Vets. **Threads for Vets** urgently needs sizes 28-40 in sturdy fabric such as denim, khaki or cords. Please bring donation to CMNA mtg or contact CMNA! Pants will be distributed at Sac. Stand Down on 09/18/09 at Camp Pollock. THX! For your donation.

2010 Census: It's In Our Hands

To be part of our Phone Tree call 916-451-7404 and leave contact info.

Next Meeting, Saturday, July 25th at 9:00am, 4620 67th Street.



Refreshments provided.

Message from Diana Portillo, President



Hello Colonial Manor Residents:

Happy summer!! As you see in this newsletter, there are lots of plans for summer. I want to recap some activities that we've enjoyed this spring.

Please check out front page story to read about the first CMNA walkabout. CMNA, City of Sac and other concerned friends and neighbors "walked about" this past April.

Sadly, our book sale was rained out in May. Keep an eye out for our fall newsletter (delivered in September) for a new date and time. CMNA had a very good spring meeting. Our first Saturday meeting on May 9th, attracted many new members and everyone had a great time discussing issues and getting to know each other.

If traffic, safety, crime, litter, graffiti and other threats to our wonderful neighborhood are concerns to you, I urge you to **get involved**. Join us in our work to help protect our neighborhood with its charming tree-lined streets and beautiful homes. **We're looking for members and residents to consider becoming 2010 CMNA officers and board members.** Don't be shy- stop by the meeting and introduce yourself!

Hope to see you at the first CMNA Crops Swap (even if you can't swap....come by and meet other residents!) and the July 25th meeting. As always if you have a particular concern, please do not hesitate to contact me directly.



Bill Bean Jr Memorial Park Renovation Update

As you have probably seen, the renovation project has already started. Only the specific areas of the park are closed, the rest of the park is open for use. Construction should be complete by the end of this August, according to the contractor schedule. The City is making all of the improvements in the master plan except the community garden. If you have any questions or comments, please call 311 and ask for the City Parks and Rec Department.

National Night Out (NNO) – America's Night Out Against Crime

August 4th is 2009 NNO. Join other neighborhood groups in hosting a NNO event on your street. CMNA will support your event with a \$50 contribution of food/drink. First NNO organizer to contact CMNA with info on their event will be awarded the \$50. To register and for more information visit: <http://www.nationaltownwatch.org/nno/>



Seeking donations for Homeless Youth ThroughWIND Youth Services

During the 2007-08 academic year, the Sacramento County Office of Education reported that there were 5,120 children and youth in Kindergarten through 12th grade that experienced homelessness.

Homeless youth in Sacramento have a great need for hygiene products. Please help by donating toiletry items such as Toothbrushes, Toothpaste, Combs/Brushes, Lotion, Body Soap, Shampoo...etc.

If you are interested in making a donation please contact September Hargrove at September.hargrove@gmail.com or WIND Youth Services directly at (916) 561-2424. WIND Youth Services is a local non-profit 501(c)(3) agency

And the Certificate of Appreciation goes to.....

Each year, District 6 Councilmember Kevin McCarty hosts a Neighborhood Appreciation Dinner and Award ceremony. Each neighborhood association nominates a resident who is involved with their area with hopes to make the neighborhood better. We nominated Kathy Montanez, a student of West Campus and the CMNA Secretary. Congratulations to Kathy and keep up the good work!!



Youth Art Walk, **Every 3rd Thursday** at Colonial Heights Library. Beginning 7/16 through 12/17, from 4-7pm. Hosted by So. Sac. Youth Leadership Council. There will be art, free food, music and workshops.

July 2009 Meeting to be held on July 25th at 4620 67th Street, 9 am

A BIG THANK YOU to all who help deliver the newsletter and help with our meetings/events: Joanne Sprogis, April Ford, Larry Bucher, Kathy Montanez, Jonathan Phillips
CMNA Newsletter written and edited by Diana Portillo and Roberta Ruozzi

CMNA, 4620 67th Street, 95820
(916) 451-7404 or (916) 456-0959
CMNAgetinfo@yahoo.com
www.neighborhoodlink.com/sacramento/cm/main.html

2009 meetings: Jul 25 at 4620 67th St. 9am, Sep 16, Nov 18. September 16 and November 18 Meetings held at Joseph Bonnheim School, 7300 Marin Ave, Sacramento at 6:30pm

CMNA 2009 MEMBERSHIP

Support your community! Join today! Annual Dues \$5.00

Last Name _____ First Name _____

Address _____ Sacramento, CA 95820

Phone (Home) _____ Cell _____

Fax _____

Email _____ Were you a member in 2008? Yes No

Would you like to volunteer with the Association? Phone Tree? _____ NL distribution _____ Other _____

Newsletter Delivery _____ Officer? _____ Board Member? Other?