

Vol. 26 June 2009



School's Out for Summer! Hope all the junior lakers enjoy summer vacation!

I just returned from the Family Fun Extravaganza benefit for Trevor Broten at Northpoint Elementary – wow! It was wonderful to see all of the support going out to a very deserving family. I'm constantly reminded how lucky I am to be part of such a great community.

Have a great month!

Amy Wheaton

Crown Shores
thelakesofblaine@yahoo.com



### HAPPY JUNE BIRTHDAY

Kristin Jordan 6/1
Wendy Ottosen 6/06
Sam Jordan 6/7/04
Tessa Wilkinson 6/14
Joel Ryan Roessler 6/18/07
Josh Jordan 6/25/07
Callie Goulet (Cairn Terrier) 6/29

We hope you all have a very special birthday! If you have a Birthday or Anniversary you would like added to the newsletter email Alisa Lowry @ lowryaj@comcast.net

## Master Community contact info: Mike Leimer

Community Manager
Phone: 763-225-6456
mleimer@developcommunity.com
Call Mike and his team for all Master Association
questions & comments regarding The Lakes

#### Meet our Volunteers... Community Spotlight

#### **Bulletin Board**

Lisa Althoff <a href="mailto:twinsandjl@msn.com">twinsandjl@msn.com</a>

#### Neighbors-in-Need

Emily Tischer em@triathlete.com

#### **Ladies Bunco Group**

Email me if you'd like to take over the Lakes Bunco Group!!

#### **Births/New Neighbors**

Melissa Chiodo melissachiodo@msn.com

#### **Book Club**

Jan Moll janetmoll@gmail.com

#### Birthdays/Anniversaries

Alisa Lowery lowryaj@comcast.net

#### Men's Poker

Robert Persuad polar bob99@yahoo.com

#### **Contributors**

Jessica Mostek Becky Booker Barb Saunders

All articles and special requests for the newsletter must be received no later that the 20<sup>th</sup> of the month.



## Ric and Melissa Chiodo and big brother Cort are proud to announce the arrival of:

Cora May Chiodo born on May 20, 2009 at 1:41 pm weighing 7.14 lbs, 21 inches long.

CONGRATULATIONS!!

## Happy Anniversary!

Joe and Kari Ross 6/4/94

Want to be included in the Anniversary announcements-email Alissa @ lowryaj@comcast.net



DON'T HAVE EMAIL?? Know someone else that doesn't have email? Thanks to our helpful Neighbors and Friends at High Point Realty Inc. & Sharper Homes you can now pick up a copy at the sales office located

Emerald Glen model, Sharper Homes 12247 N. Lake Blvd Saturday and Sunday 12-5pm Stop by & pick up your copy.



## Lakes Men's Poker Night

Interested in playing Poker in the Lakes and meeting some of the neighbors? Robert Persaud wants to get a group together to meet on a regular basis. Forming an interest list now.

Phone: 763-205-3400.

Email: polar\_bob99@yahoo.com

#### Baby Safety 101

Spring Lake Park-Blaine-Mounds View Fire Department and the Home Safety Council

## NEW RESEARCH REVEALS PARENTS ARE NOT DOING ALL THEY CAN TO PREPARE A SAFE HOME FOR BABY

#### Take a quiz to check your awareness of Baby Safety!

http://www.homesafetycouncil.org/start\_safe/quiz.aspx

## Home Safety Council<sup>®</sup> Launches "Start Safe" Baby Safety Awareness Campaign Encouraging Parents to Take Simple Steps to Baby-Proof Their Homes

New research by the national, nonprofit Home Safety Council shows that nearly all parents (99 percent) believe it's important to create a safe home for their baby. But, while nearly nine out of ten parents bought items to fill their baby's toy chest and dresser drawers, most did not put safety on their shopping list.

The Home Safety Council understands that preparing for a new baby can be overwhelming and has launched the "Start Safe" baby safety campaign to educate parents on the simple and inexpensive steps needed to protect their baby from a serious home injury.

"Keeping their children safe is the #1 job of parents, and it starts even before the baby is born," said Meri-K Appy, president of the Home Safety Council. "Making a safe home for your little one doesn't take very much time or cost too much. Simple things like taking bumpers and blankets out of the crib and creating a family fire escape plan are the first steps to a long and happy life for your baby."

Infants depend on the adults around them to keep them safe from top home injury hazards including, choking/suffocation, fires and burns, drownings, falls and poisonings. To help new parents understand the most common dangers facing their baby and what they can do to protect against them, the Home Safety Council offers clear and simple tips.

New and expecting parents can test their safety knowledge online by taking the Home Safety Council's "New Parent Know-How: Baby Safety Quiz." After completing the quiz, parents can visit HomeSafetyCouncil.org/babysafety to learn what they can do to create a safe haven for their growing family.

#### **Baby Safety Tips**

The Home Safety Council offers the following safety tips to help keep babies safe in the nursery and throughout the home.

#### Safe Sleep Tips:

One of the most important things parents can do for their babies in the first year of life is to keep them safe while they sleep. Yet, the new research found that an alarming number of new parents put their babies to sleep in cribs with potential suffocation hazards, including: blankets (68 percent), bumpers (47 percent) and stuffed animals (34 percent). Follow the tips below to create a safe place for your baby to sleep:

• Put babies to sleep on their backs. Keep pillows, blankets and toys out of cribs. Do not hang anything with strings or ribbons over cribs. Mobiles should be removed once the baby starts to sit up.

- Keep baby monitors and other cords a safe distance from the crib.
- Put a carbon monoxide (CO) alarm near the bedrooms. A CO alarm will tell you if the gas level is too high.
- Make sure to have working smoke alarms inside or near every bedroom. Test each smoke alarm every month. Put new batteries in your smoke alarms at least one time each year.
- If your smoke alarms are more than 10 years old, replace them with new smoke alarms.
- Practice fire drills to make sure everyone can wake up to the sound of the smoke alarm.
- Use a baby carrier that leaves your hands free in case you have to crawl under smoke or go down a safety ladder to get outside.
- In a fire, go to your meeting place outside. Call the fire department from there. Do not go back inside for any reason.

#### **Nursery Safety Tips:**

The nursery should be a safe and nurturing environment for baby. Follow the safety advice below to protect your baby from injuries in the nursery:

- Children can choke on small things. If something is small enough to fit in a toilet paper tube, it is not safe for little children. Look in every room of your home. Pick up small items like buttons, coins, jewelry and small toys.
- Never leave the baby alone on the changing table, even for a second. Always use safety straps on high chairs, changing tables and strollers.
- All pictures should be secured out of reach. Don't hang pictures or other heavy decorations directly over a crib.
- Keep cribs, beds, chairs and other furniture away from windows.
- Install a baby gate at the nursery door.
- Replace all door stops that have removable caps that can pose a choking hazard.

#### Safe Bathing Tips:

Many new parents don't realize babies can drown in as little as one inch of water. In fact, one in five (20 percent) new parents surveyed didn't know they should never leave their baby unattended in the bath tub, even if there is no water in it. Follow the Home Safety Council's advice to keep your baby safe while bathing:

- Drowning can happen very fast. Most of the time you will not hear someone drowning.
   Stay within an arm's reach of young children when they are in or near water.
- Hot water burns like fire. Set your home water heater at 120 degrees F or just below the medium setting to prevent burns. Use a water thermometer to test bath water. The water temperature should be no more than 100 degrees F.
- Babies and young children have delicate skin. Install special tub spouts and shower heads that prevent hot water burns.

For additional information on baby safety, please visit: <a href="www.homesafetycouncil.org/babysafety">www.homesafetycouncil.org/babysafety</a>.

Thank you to Becky Booker of the SBM Fire Department for her continuous contributions to our newsletter!

http://www.sbmfire.com/



### **District 16 ECFE & Preschool Programs**

www.springlakeparkschools.org/ecfe
Early Childhood office: 763-785-5560

#### For families with children ages birth-kindergarten

**COMING** in mid-JULY: Watch for the new Early Childhood brochure in your mail and on-line. This will detail all the 2009-10 ECFE and School Readiness classes.

Summer 2009 ECFE- Early Childhood Family Education offers fun, educational and affordable family classes for babies, toddlers and preschool children. This summer (June 22-August 13), parents may choose from the following classes: Monday Mixed Ages, Tuesday Mixed Ages (full), Wednesday Drop-In Playgroup, Thursday Infant Playtime, Thursday Toddler Playtime. The two Mixed Ages classes offer parents a chance to play with their child/ren and a time to meet with other parents for discussion time. You may register by calling 763-785-5560 or going on-line to <a href="https://www.springlakeparkcomservices.com">www.springlakeparkcomservices.com</a>. All other summer classes are non-separating and drop-in; no registration is necessary-just pay at the door. Full details about the District 16 ECFE program can be found at <a href="https://www.springlakeparkschools.com/ecfe">www.springlakeparkschools.com/ecfe</a>.

**Summer 2009 Preschool Classes -** The summer semester will run from June 22-August 13; all classes will be held at Woodcrest in Fridley. Classes include: "Fun in the Sun Preschool", "Summer Kindergarten Readiness" and "Summer Preschool Partners". Call to check on availability.

**2009-2010 Preschool Classes -** Learn & Play Preschool classes will be held at both Woodcrest Elementary and at Northpoint Elementary. Preschool Partners will be at Woodcrest only. There is sliding fee scale assistance available for all Preschool classes.

**Early Childhood Screening** is a FREE, careful review and check of your child's (age 3-5 years) health, well-being and development. Together, parents and professionals identify strengths and areas that may require special attention before your child enters school. The best age for screening is just before the child's fourth birthday. The State of Minnesota *requires* Early Childhood Screening before kindergarten entrance. District 16 will offer three more days of screening before the 2009-10 school year begins in September. For further information, or to schedule an appointment for your child please call Maggie at 763-785-5560.

On May 30, a benefit was held at Northpoint Elementary for Trevor Broton, a 17-month old little boy with Spinal Muscular Atrophy (SMA). For more information about the disease go to <a href="www.curesma.org">www.curesma.org</a>. Along with the benefit committee, the Broton family would like to say a huge "THANK YOU" for the outpouring of love and support received from this community. The "Family Fun Extravaganza" was a tremendous success, with over 400 people in attendance! All funds raised will go directly for Trevor's care. Thrivent Financial for Lutherans provided matching funds for the event. If you would like to learn more about Trevor, please visit: <a href="www.TrevorBroton.com">www.TrevorBroton.com</a>. Additional donations will be accepted on the website until June 30.



## Adopt a Park

With the arrival of summer, the Parks and Recreation Department is again seeking residents and groups to get involved in its Adopt-a-Park program, an opportunity to enjoy the outdoors and enhance city parks and trail corridors in the community.

With 62 parks and more than 615 acres of open space, Blaine has an abundance of diverse parkland with varying maintenance needs. Although the city does its best to continuously maintain and beautify parks, additional help with improvements is always welcome - and encouraged. Individuals, neighborhood groups or community service organizations can all join the Adopt-a-Park partnership with the city to better our parks.

In the partnership, the city can provide multiple resources, including technical assistance with project plans, volunteer training, some supervision and a variety of in-kind services. In return, the city expects volunteers to remain committed, organize volunteers and plan and organize project work.

Where do you begin? Explore your neighborhood park or trail corridor and try to envision potential improvements. A monthly cleaning may be needed or some features may simply need an occasional sprucing up. Perhaps a new landscape feature is needed to add a focal point to the park. Maybe prairie restoration is an option or the site would be a good location for a community garden. Options are unlimited. Exploring the creative potential of your neighborhood park or trail can be fun and challenging. Talk to friends, neighbors and community groups to gauge interest. Then give us a call to get started.

City parks belong to all of us. Please consider adopting one to help beautify our common community space. Additional information about the Adopt-a-Park program is available from Parks and Recreation Director Jim Kappelhoff at 763-785-6162 or <a href="mailto:ikappelh@ci.blaine.mn.us">ikappelh@ci.blaine.mn.us</a>.

### Teen Jam 2009

We want your band to perform on stage!

All groups need to fill out an application form (available on-line) and submit a CD, tape or dvd/vcr tape for review.

Submission Deadline is MAY 29, 2009. For more information or an application form call 763-717-2723.

## Register your "Night to Unite" Event Online

Night To Unite is Minnesota's largest crime prevention event. It's the perfect way to get to know your neighbors and build a safer community. Night To Unite replaces "National Night Out" only in name. It's still the first Tuesday of August and this year takes place on Tuesday August 4th. Block parties generally start at 6 p.m. and end at 9 p.m.

Register your block party online and receive materials to help you organize and plan your event today. If you have questions, call Kim Kiley, Crime Prevention Specialist at 763-785-6186 or via email at kkiley@ci.blaine.mn.us.

The Anoka Hennepin School District's ECFE (Early Childhood Family Education) program offers classes, special events and home visits for parents with children between the ages of birth to kindergarten. A sliding fee scale is available. New classes begin in late January. For more information, call 763-506-1275 or visit our Web Site at <a href="https://www.anoka.k12.mn.us/ce">www.anoka.k12.mn.us/ce</a>.

## Interested in Advertising in The Lakes Newsletter?

Persons wishing to advertise their businesses or services in The Lakes Newsletter may now do so (we will have one page for Lakes residents and one page for non-Lakes residents). Advertising is free. We only ask that a discount or special promotion be offered to The Lakes residents in exchange for the free advertising. Advertisements not offering promotions or discounts will not be placed in the newsletter. Ad sizes will be predicated on the amount of submissions we receive. All new advertising submissions must be received by the 20<sup>th</sup> of the month. Please email me with any questions.

Check out our advertisers on the following pages!!

#### PLEASE SUPPORT YOUR FELLOW LAKES RESIDENTS:



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#### www.TheDailyShakeBlaine.com

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# **Community Bulletin Board**

#### Help Wanted

"Supervisors, Weight Loss Challenge Coaches, and Referral Coordinators Needed for The Daily Shake --Nutrition Club. For more information call Trisha at: 651-983-6251 or email: thedailyshakeblai ne@hotmail.com"

#### **Services**

#### Piano Lessons: Call Sara @ 651-235-6290

#### For Sale

FOR SALE: Hot Tub, 2002 Beachcomber, 6 person, 350 gal., 19 jets, w/built in stereo/CD player. Exc. cond., \$3,000. Call Steve at 763-208-6683 or 763-226-4634

#### **FOR SALE:**

Pier One rustic wooden room divider \$150.00 Pier One rustic wooden coffee table-like new \$150.00 large woven light blue floor rug \$75.00 If interested, call at 763-208-9749 or e-mail at lkdm@comcast.net

#### Misc.

**WANTED:** Spring cleaning is about to begin and I am looking for DONATIONS for a LARGE garage sale to be held June 10th through the 14th for a non-profit organization. Vail Place http://www.vailplace. org/ This organization helps adults recovering from mental illness integrate back into the community. Misc. items of all kinds in good condition, electronics in working condition, household items. toys, games, puzzles, etc. no clothing please. I will pick up at your home. Call Theresa at 763-208-6683 or 763-226-4635.

#### **CARPOOL:**

Looking to connect with other DaVinci **Academy** parents for carpooling. Email

Colleen: Colleen.Fodness @CO.DAKOTA.MN.US

**WANTED**: Looking to buy a newer Premier Pontoon, 16 or 18 foot, please call Ryan at 763-565-6477

WANTED: Recumbent Exercise bike (chair-like seat, with back rest) Recommended by Physical therapist for rehabilitation. Jennifer.Dierkhising@We IlsFargo.com

If you have anything you'd like to add to the bulletin board please call or email Lisa Althoff at 763-786-0902 or twinsandjl@msn.com. The bulletin board can be used for help wanted, babysitter needed, garage sales, items for sale, etc.