

Colonial Manor Neighborhood Association

Spring 2009

NEW 2009 CMNA OFFICERS!

Results from recent CMNA Officer Election:

Diana Portillo – President
Roberta Ruozzi – Vice-President/Treasurer
Katherine Montanez – Secretary



Area Shelter Featured on Oprah Winfrey Needs Support

St John's Shelter, located in our neighborhood, was featured on the [Oprah Winfrey show](#) last month. St. John's is the only shelter in Sacramento County that focuses exclusively on homeless women with children and is now turning away over 240 women and children every day. This is up from turning away an average of 80 women and children per day in 2008.

Services offered at St. John's includes: domestic violence counseling, mental health counseling, drug and alcohol treatment/intervention, a public health nurse, job training and placement services, parenting classes, fitness and nutrition classes, beauty services, art therapy, budgeting and financial management class, and other self-development classes.

If you are interested in supporting the Shelter through donations, whether financial or supplies, or to volunteer, please visit their website at www.stjohnsshelter.org or call (916) 453-1482.

Town Hall Meeting Held March 12th



CMNA would like to take this opportunity to thank Council Member Kevin McCarty for hosting a town hall meeting which was attended by four of our neighborhoods. Residents had a chance to voice their concerns and comments. If you did not get a chance to ask a question or attend the meeting, please let CMNA know your concern or write to Council Member McCarty at KMccarty@cityofsacramento.org or call (916) 808-7006.

Next 2009 CMNA MEETING
May 9th, 10am, 4620 67th Street
Morning treats and coffee provided

Book Sale/Swap, May 2nd 10am – 3pm



CMNA is hosting a spring book sale/swap on the Parkway on Saturday, May 2nd. We are again sharing the proceeds with the Veteran's Community Support Network (VCSN). Book sale will be located on 21st Avenue Parkway between 69th – 71st Streets. We are accepting book donations and welcome volunteers to help at this event. Contact CMNA – 451-7404, cmnagetinfo@yahoo.com.

Donate 2 hardback and 4 paperback books and get ticket good for one hardback or 2 paperback books.

21st Avenue Parkway
Between 69th and 71st Streets
May 2, 2009, 10am – 3.

Support CMNA and Our Veterans!



Our friends in Tahoe Park request that we **Save the Date** to attend the Tahoe Colonial Collaborative annual Health and Safety Fair to be held on Saturday, June 13th, 11am-2pm in Tahoe Park by the pool. Call 916-732-2055 for more information.



Message from Diana Portillo, President



Greetings to all Colonial Manor Residents!

I am very happy to be your new President. Serving the needs of my community is very important to me

As most of us are constantly reminded, we are facing one of the hardest times in this country's history. One of CMNA's mission statements is to preserve the integrity and value of our neighborhood. This mission statement has now become more important than ever. My presidency's focus will be on the health and safety of Colonial Manor. With reduced law enforcement and City services, we need to band together as a community and protect our homes.....our quality of life.

One way is to establish a Neighborhood Watch(NW) program on your street. The Sacramento Police Department is here to help and they will guide you with the steps necessary to initiate the NW on your street.

I want to make plans for this year's activities and events. But, I need ideas from you. Please attend our neighborhood association meetings. Next one is on Saturday, May 9th at 10:00am at Vice-President, Roberta Ruozzi's home - 4620 67th Street. Hope to see you there!

Get involved and make 2009 the best year for CMNA!!

Best Wishes,
Diana

Join Colonial Manor Neighborhood Association

Colonial Manor Neighborhood Association Contact and Meeting Information

CMNA, 4620 67th Street, 95820
(916) 451-7404 or (916) 456-0959

CMNAGetinfo@yahoo.com

www.neighborhoodlink.com/sacramento/cm/main.html

2009 meetings: **May 9 (4620 67th St)**, Jul 15, place TBA, Sep 16, Nov 18.

September 16 and November 18 Meetings held at Joseph Bonnheim School, 7300 Marin Ave, Sacramento at 6:30pm

CMNA 2009 MEMBERSHIP

Support your community! Join today!

Annual Dues \$5.00

Last Name _____ First Name _____

Address _____ Sacramento, CA 95820

Phone (Home) _____ Cell _____

Fax _____

Email _____ Were you a member in 2008?

Yes No

Would you like to volunteer with the Association? Phone Tree? _____

Newsletter Delivery _____ Officer? _____ Board Member? _____
Other? _____

Crop Swaps



An informational meeting will be held to discuss starting Crop Swaps in Sacramento neighborhoods. Crop Swaps are a way to meet your neighbors and share the produce, fruit and herbs that may be growing in your backyard or front yard. Come hear what it's all about and sign up for a special meeting in your neighborhood and free seeds to get your Crop Swap started to make your neighborhood more sustainable. FREE to all.

When: Tues, 4/7, 6:30-8pm, Shepard Garden Ctr, 3330 McKinley Blvd. (916) 722-7441

**May 2009 Meeting to be held on
May 9 at 4620 67th Street, 10 am**

Computer Classes will be given

for seniors 50+ are run by senior volunteers at the beginning of each month. Classes include: Computing Made Easy, Word Processing, Internet, WindowsXP, Quicken, Graphics I & II, Genealogy, Spreadsheet, Database and Vista. The lessons are from six to eight sessions (2 1/2 hours a session) on MWF or T/TH from 9:30 a.m. - noon and 1 - 3:30 p.m. Cost: \$30. Info: SeniorNet at (916) 485-9572.



Appliance Class event...

Hands-on program offering the opportunity to learn basic electronic principles and safety while repairing small electrical appliances. The open-enrollment class meets on Wed., Thurs. and Fri. from 9 a.m. - noon at A. Warren McClaskey Adult Center, 5241 J St., Sacramento. Cost: Free. Info: (916) 277-7025

Gray Eagles Meeting. A male/female social group sharing stories of military or sport aviation. Former air or ground crew, or anyone interested will enjoy our speakers. Interested in B-17s, Reno races, air shows? Drop by to visit. We meet the second Monday of each month at Hometown Buffet, 4300 Florin Road (private dining room), Sacramento, from 11:30 a.m. - 1 p.m.. Cost: Free. Info: See www.grayeagles.net or call (916) 421-0844.