

Colonial Manor Neighborhood Association Newsletter

FALL 2008



Tree Planting at Bill Bean Jr. Park Save the date! Sat October 25th

Plant a tree at Bill Bean Park! Saturday, October 25, 2008- 9:30 -Noon. Volunteers will meet at 7400 17th Avenue, Sacramento CA 95820. The City of Sacramento, Councilmember Kevin McCarty, The Colonial Manor Neighborhood Association, The Sacramento Tree Foundation, and community volunteers will come together for a fun morning of learning and planting. Tools, coffee, and light refreshments will be provided. Volunteers should wear closed toed shoes and are encouraged to bring gloves and a water bottle with their name on it. Volunteers under age 13 need an adult supervisor and all youth need to bring the 'City of Sacramento Short-Term Volunteer Information and Agreement' signed by a parent/guardian to the event. Forms are available by request or online at www.sacvolunteers.org. We will also have them at the park that day. Please contact Julie Mier jmier@cityofsacramento.org (916) 808-2285 to sign up or for more information.

Hope to see you there!!!!

CODE ENFORCEMENT at next CMNA meeting - October 15th

A Code Enforcement (CE) Representative from the City of Sacramento will speak and take questions at 10/15 meeting.

Our Association feels very strongly about maintaining the historical integrity and preserving worth in Colonial Manor. CMNA needs you to help us maintain our neighborhood. While you are driving, riding a bike, skateboarding or just walking, please be aware of code violations that damage and degrade the quality of our neighborhood.

Things to watch for:

- ◆ Parked vehicles on lawn, dirt or gravel (unless grandfathered by the City) whether in the front or back may be a violation. If grandfathered, property should be maintained by sweeping the sidewalks and clearing street gutters.
- ◆ Parked vehicles that are in driveways needing repairs—driveways aren't auto repair shops!
- ◆ NO junk or other debris in your yard in the open. Yes, the definition of "junk" is debatable and CE personnel can help determine that—come to October 15th meeting with your questions. For once a year free pickup call 808-5454.
- ◆ Graffiti should be reported immediately as it has ties to gang activity.
- ◆ Fences should be maintained once they are installed and repairs should match the original fence material as much as possible...no wallboard, plywood, blue tarp.
- ◆ Empty lots as well as vacant homes need to be maintained by their owners. Don't depend on others to do this...squatters still look for empty homes and will take advantage to move in. Keep an eye on negative changes to a vacant house or lot.

Again, for yearly free pickup call 808-5454 and to report a suspected violation call the City Operator at 311 or CE directly at 808-5948 or visit www.cityofsacramento.org/code/ to submit your information online.

Colonial Manor enjoys a rich history as one of the older Sacramento neighborhood. Charming architecture and beautiful tree canopies line our streets. Take a stroll and be proud of the distinct character of our neighborhood. Our lush green parkway invites residents to gather and our Community park gives us the space to host our events. Let's work together to help each other keep it that way. If we don't take pride in our homes and surroundings, who will?



Message from Roberta Ruozzi, President of CMNA

Fall greetings to you all!

We want to thank everyone for making the July meeting such a success and congratulate Mia Montanez as our 1st CMNA raffle winner of the History of Tahoe Park, Elmhurst Colonial Heights Book generously donated by a CMNA member.

Improvements are on the way for Bill Bean Jr. Park! On Saturday, October 25th there will be a community tree planting. Shade trees will be available to plant which will provide more cool areas for resting and picnicking. Other improvements to the park, including a message board, are scheduled to go in during the summer of 2009. We are looking for some volunteers to help us plant and make new friends.

Along with using the newsletter to communicate with residents, we have created a new website that will allow interaction with CMNA at <http://www.neighborhoodlink.com/sacramento/cm/main.html>. It's still a work in progress but we hope you'll use it as a research tool to look for old newsletters, ask questions or leave comments. Check it out!

We are reaching out to local businesses this fall by mail informing them about CMNA, how important it is to all of us and request that they consider joining. We hope to introduce new business members in our newsletters and in person very soon.

Remember, if you want to start up a Neighborhood Watch, please contact Officer Alana Henley-Courville at 808-4517. Along with Officer Michelle Perez, Officer Henley-Courville will be a guest speaker at the October 15th meeting.

Roberta

Senator Steinberg's Staff member to attend Oct Meeting

Nicholas Barry, Assistant to State Senator Darrell Steinberg will be speaking at the CMNA October 15, 2008 meeting. Mr. Barry is interested in projects that would encourage a spirit of volunteerism in CMNA. He is looking for ideas from the community to present to Senator Steinberg. Some examples he mentioned to us were Bill Bean park cleanup and yardwork assistance for seniors. We hope you will join us in welcoming Mr. Nichols to our community. Do you have an idea for a project? Please come and tell us what you think....what kinds of projects would you like to see in Colonial Manor?



Neighborhood Nostalgia

This space is usually reserved for interesting facts and figures regarding the Colonial Manor of yesteryear. Though yesteryear is still very much the theme this time we will go back many many years more than 6000 years to the time the Valley Nisenan or Valley Maidu settled in the Sacramento area.

The Valley Nisenan were a seed and nut gathering people at that time 6000 years ago. Within the next 3000 years, they established villages and trading routes along the American, Yuba and Bear (Mokelumne and Feather) Rivers they cultivated and smoked tobacco. They also used the acorn in many of their dishes. They hunted and consumed many animals except the coyote because they believed that coyotes embodied the souls of Nisenan ancestors.

They lived in balance with the land and used fire as their only tool. Periodically, the Nisenan cleared the land of brush and bramble with the use of fire. The result was a lush garden of Eden. So much so, that when the Spaniards first beheld this valley, they described it as a giant park and would gallop their horses at full speed.

The Nisenan, which means "Our People" had lived for over a millennium in harmonious commune with the flora and fauna. As more European settlers came to the valley, disease and violent acts against the Nisenan dwindled their numbers. The malaria epidemic of 1833 killed 75% of their population. A treaty was signed that was to remove them from their native land and relocate them to large reservations. But it never happened. The European settler's viscous attacks increased until the Nisenan was permanently destroyed as a viable culture. Eventually only one Nisenan woman was left who lived in the old way. Her name was Lizzie Enos. To read her story visit: <http://bearriver.us/ooti.php>

Annual Officer and Board of Directors Elections in January 2009

Do you want to be a CMNA Board Member? Interested in helping CMNA grow? The CMNA by-laws state that *“An Annual Membership Meeting be held in January for the purpose of nominating the board of directors and officers.”*

The By-laws also state *“The Board of Directors shall appoint a nominating committee in October. Committee shall consist of a chairman (member of Board of Directors and two or more members of CMNA. Elections shall be held by snail or email ballot the following month (February) with the results published in the newsletter.”*

CMNA By-Laws and a Mission Statement will be distributed at the next CMNA meeting on October 15th. Please take home and take the time to read. Consider nominating someone or volunteer to help CMNA grow by joining the nominating committee.



Local Fall and Winter Events



Sacramento Blanket Drive To learn where to drop off new or comfortable used clean blankets, socks, sleeping bags or tarps please call Julie Tywman at 916-212-9044

The Haves Dinner/Halloween night at Colonial Heights Library Free
October 31st starting at 630pm—Mabel Gillis room. Come in costume! Dinner and fun gifts!
Check out the future dinners and entertainment every 3rd Friday at this library with the Haves!
More info call: 277-7001

The Haves Annual Communi TEA
Join other neighbors for a fundraiser to help local children's health thru The Haves and the Tahoe/Colonial Collaborative. November 2nd 2pm-4pm at the Tahoe/Colonial Collaborative on 5959 8th Avenue, across from Tahoe Park Suggested donation \$20 More info call 277-7001

2008 Sacramento Harvest Festival
As Thanksgiving approaches, visit the Sacramento Harvest Festival, November 21-23 10:00a to 6:00p at Cal Expo Entrance: \$4-9 Find the best fixins to spice up your Holiday meal.

Sacramento Food Bank & Family Services 15th annual Run to Feed the Hungry
10K Run & 5K Run/Walk
Thanksgiving Morning -- Thursday, November 27, 2008, 9am Rain or Shine!
Online registration opens August 1, 2008 www.runtofeedthehungry.com
Event hotline: 916-313-7635

Fairytale Town will open its doors for free admission for Christmas Eve
Dec. 24, 10 a.m. to 2 p.m.
Location: Fairytale Town, 3901 Land Park Drive, Sac.
More Info: (916) 264-5233

On going: Tahoe/Colonial Collaborative has a computer lab open M-TH from 11am -2pm and hopes to soon hold free computer classes for seniors at their site 5959 8th Avenue. Please call 277-7001 for more information.

And this is just a sampling of events going on this fall!



November Fundraiser Book Sale/Exchange Helps Vets

CMNA is sponsoring a fundraiser on Saturday, November 15th at Bill Bean Jr. Memorial Park from 1130am -3pm. The event will be a book sale/exchange.

CMNA will donate half of the event proceeds to the **Veterans's Community Support Network (VCSN)**. The VCSN is a not-for-profit organization that connects veterans with federal, state and local aid for education, housing, health and employment services and opportunities. The VCSN is especially involved in easing the transition for soldiers returning from Operation Iraqi Freedom (OIF) and Operation Endurance Freedom (OEF).

For book exchange, folks bring their books to the event and for every two hardcover or four paperback books they donate they get a ticket good for one hardcover or two paperback books.

Books, video, cd/dvd (in playable condition) donations are needed. Donations will be accepted at the event, can be delivered to CMNA at the October 16th quarterly meeting, at the October 25th tree planting at Bill Bean Jr. Park or contact CMNA to make arrangements for pick up or delivery.

We are also looking for volunteers to help us make this 1st fundraiser a success for the Veterans and CMNA. Please let us know at the meeting, via email or phone if you can help. Sign-up sheet at October 15th meeting and October 25th planting.

Please join us for an afternoon of book browsing, fun and music to support our troops and our Neighborhood Association.



- CMNA leadership wants to give thanks to our residents who volunteered to distribute this newsletter throughout the year. Thank You –Karleen and Harold Hauge, Ben Gomez, Jon Phillips, Michelle Gumbs, Inez Rule, Patricia Olaes and Joanne Sprogis, Maggie Young, Kathy Montanez, Kristene Smith. A special thank you to Julie Rose at Joseph Bonnheim Elem. for her help in setting up our CMNA meetings.

2008 CMNA Meeting Schedule
Next Meeting! October 15, 2008
First 2009 meeting: January 16th

New Contact Information
CMNA, 4620 67th Street, 95820
(916) 456-0959 or (916) 451-7404
Email: CMNAgetinfo@yahoo.com

New website: <http://www.neighborhoodlink.com/sacramento/cm/main.html>

COLONIAL MANOR NEIGHBORHOOD ASSOCIATION 2008 MEMBERSHIP
Support your community! Join today! Suggested donation \$7.00

Last Name _____ First Name _____

Address _____ Sacramento, CA 95820

Phone(Home) _____ Cell _____ Fax _____

Email _____ Were you a member in 2008? Yes No

Would you like to volunteer with the Association? Phone Tree? _____

Newsletter Delivery _____ Officer? _____ Board Member? _____ Other? _____

Mail this form and check to: CMNA 4620 67th Street, Sacramento, CA 95820

