



WESTRIDGE NEWS & VIEWS

A Monthly Publication of the Westridge Homeowners Association

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Our Westridge HOA Meetings

Thanks to all who braved the snowy afternoon on Sunday, February 17, to attend our Homeowners Association Meeting. We value the obvious loyalty and support of all who take the time to stay connected with the important work and efforts of our Westridge Homeowners Association and its leadership.

Due to the indefinite schedule for hearings on The Rock Church issue, there will not be a HOA meeting in March.

Sexual Assault: Reduce Your Risk

Everyone has the right to be free from sexual violence. No one has the right to sexually assault any other person.

In Colorado, 24 percent of women and 6 percent of men have experienced a completed or attempted sexual assault in their lifetime, according to surveys by the Colorado Coalition Against Sexual Assault. In addition, 85 percent of those incarcerated for sexual assault in Colorado knew the person they attacked.

Sexual assault can happen to anyone. Here are some steps you can take to reduce your risk of being victimized.

Dating

Navigating the world of dating can be difficult in and of itself, without the added concern for personal safety. But safety must always be a priority when interacting with someone new.

If you decide to plan a date with someone you don't know well, or someone you met online, schedule a meeting in a public place. Don't invite the person to pick you up at your home. Keep this arrangement until you feel very comfortable being alone together and/or allowing the person to know where you live.

Consider double-dating with friends. If you don't choose to double-date, let a friend or relative know about your plans before you go out. Always bring a cell phone and periodically check in with a friend.

Spend a few minutes on Google.com searching your own name, or a combination of your name and your state, city, employer, or school. You might be surprised at how much personal

information is out there about you. Take steps toward reducing the amount of unwanted information on the Web. Chances are very good that people you're dating or meeting online are "Googling" you too.

Parties and Drinking

Our deputies find that many reported sex assaults follow a similar pattern: the victim (usually female) attends a party and drinks too much. When a victim is extremely intoxicated, the ability to give consent is off the table. When her friend, date or new acquaintance suddenly becomes an assailant, she is too intoxicated to fight back.

Intoxication eliminates your ability to give consent, and compromises your ability to escape a dangerous situation. Know your limits. If you're going to a party, choose a trusted friend to keep an eye out for you, and vice versa.

Age of Consent

In some situations involving young people, consent is a moot point. Here is a breakdown of Colorado's laws:

- The age of consent in Colorado is 15. If a person is under 15 and there is more than four years' age difference between the parties, statutory sexual assault applies — regardless of consent.

continued on page 3



WARNING: Stay Off the Ice!!

Our Blue Heron Park's frozen lake might look inviting and safe. However, it is NOT and should not be tested for this. Several individuals have been seen taking this risk, and have been asked to leave. It is essential to heed our warning to stay off the ice for everyone's sake.

Important Meetings

COHOPE

First Tuesday of the Month at the Peak –
7:00 p.m.

Next Meeting: Tuesday, March 4



Town Hall Meetings

Third Saturday of the Month at the Peak
– 9:00 a.m.

Sponsored by Kathy Hartman, Jeffco
County Commissioner

Next Meeting: Saturday, March 15

These meetings provide significant speakers and topics of importance and interest to area residents and homeowners. All are provided for your benefit. You will be glad when you take the time to take advantage of these very special opportunities in your behalf.

Next Westridge HOA Meeting

No Meeting in March

These meetings have important updates on current issues affecting ALL Westridge residents. Please join us!

Hall of Famer: Michelangelo, March 6, 1475

Renaissance artist Michelangelo was a genius of almost superhuman talent and energy, excelling at sculpture, painting, architecture and engineering. He was born Michelangelo di Lodovico Buonarroti Simoni in the small Tuscan village of Caprese, the second of five sons. After the death of his mother, Michelangelo was sent to live with a stonecutter's family near a quarry, where he first became interested in sculpture. As a teenager, he worked as an apprentice in painting and soon gained the attention of the Medici family, the rulers of Florence. He was already a famous sculptor when he began work on the giant figure of David (from the Biblical story of David and Goliath) in 1501, completing the masterpiece three years later before turning 30. Of his sculpting, Michelangelo said he could see the shapes and merely carved until they were set free. His intense spirituality earned him the moniker "il divino" or "the divine one," and the popes of his era commissioned much of his work. Pope Julius II commissioned Michelangelo to paint the ceiling of the Vatican's Sistine Chapel, and he spent four years, mostly lying on his back on scaffolding, completing the work. Originally, the ceiling was to depict the 12 apostles, but Michelangelo expanded it to include 300 figures portraying nine episodes from the Book of Genesis. In his later years, Michelangelo focused on architecture and designed the dome of St. Peter's Basilica, which modern-day architects say is the inspiration for the dome on the Capitol building in Washington, DC, as well as many other state capitols. Throughout his life, Michelangelo also wrote lyric poems. His interest and enormous talent in numerous areas makes him the quintessential Renaissance man. He died in 1564 at 89.



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*****Anyone who wishes to be part of the Board, please contact any one of the board members with your interest.**

Committees

COHOPE

(Council of Homeowners Organization for Planned Environment)
cohopejeffco.com

Bette Peterson Liaison 303-978-0768

If you would like to form a committee, please contact a board member for more information. Thank you for your help!!

The *Westridge News & Views* is published monthly by the Westridge Homeowners Association, a non-profit homeowners association. The HOA mailing address is PO Box 621172, Littleton, CO 80162-1172.

The deadline for articles and advertisements is the 15th of the month for the next month's issue except for the Jan. issue which is Dec. 6th. **All articles must be approved by the board for publication, or as space permits.** Appearance of an advertisement in this publication does not constitute a recommendation or endorsement by the publisher or the association of the goods or services offered therein. The opinions expressed in this newsletter are those of the individual authors and not of the Board of Directors of your association or the publisher. Neither the Board, publisher nor the authors intend to provide any professional service or opinion through this publication.

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Valuable and Helpful Community Websites

Westridge Homeowners Association:

<http://www.neighborhoodlink.com/jeffco/wridge>

COHOPE Council of Homeowners Organization
for Planned Environment: cohopejeffco.com

Westridge Home Owners Association Dues – 2008

This is your notice for the Westridge Home Owners Association dues for the period from January 1 to December 31, 2008. Your dues of just \$25 annually helps support community activities, the newsletter and efforts to keep Westridge a first class neighborhood! Please send your dues in today. Thank you.

Name _____

Address _____

Phone _____

Make check payable to: WHOA and mail to:

WHOA, P.O. Box 621172, Littleton CO 80162-1172

**Current members may use the above form
to renew your membership for 2008.**

Reduce Your Risk *continued from front page*

- If one party is 15 or 16, and the other party is more than nine years older, statutory sexual assault applies.
- If one party is in a position of trust over someone under 18 — a relationship such as coach/athlete, babysitter/charge, youth group leader/member — then even consensual sex is considered sex assault by the one in a position of trust. This crime carries more penalties than a straightforward sexual assault charge.

For More Information or Support

The Sheriff's Office has a team of victim advocates who lend support to victims after they have reported a sexual assault. There are many other local groups that provide support and education as well.

- Victim Outreach Information: www.victimoutreach.org, 303-202-2196
- Rape Assistance and Awareness Program (RAAP): www.raap.org, 303-329-9922

—Sheriff Ted Mink

Mill Levy

If a proposed mill levy increase by Foothills Park & Recreation District is approved, what will it pay for?

- If a 3 mill increase question is approved by District voters at the May 2008 election, the new tax would be applied to 2009 property taxes and would generate approximately \$2.8 million annually.
- The District says it would use this additional revenue to fund critically needed capital repairs and capital equipment for existing parks and facilities and to offset increasing operation costs for current programs and facilities.
- The increased mill levy, if approved, would result in an increase in property taxes of \$6 per month for the owner of a \$300,000 home.



Some of the proposed capital improvement projects are:

- Replace broken and inefficient irrigation systems at Clement Park and 13 neighborhood parks
- Renovate older outdoor pools and facilities
- Repair deteriorating paths, shelters, lighting and fences
- Trail and pathway improvements
- Replace playgrounds at 13 neighborhood parks
- Repair and resurface tennis courts
- Replace shelters at 10 neighborhood parks and repair and resurface parking lots

Foothills, a special district that serves some 90,000 residents in a 28 square mile area of unincorporated Jefferson County, operates Schaefer Athletic Complex, Clement Park, Easton Regional Park, Ridge Recreation Center, Edge Ice Arena, Lilley Gulch Recreation Center, Peak Community and Wellness Center, Indoor Sports Arena, Foothills Golf Course complex, Meadows Golf Club, four outdoor swimming pools and 70 park sites totaling more than 2,400 acres, including 42 neighborhood and community parks and 24 greenbelts. In addition, Foothills manages six regional trail corridors for public use, which, combined with park trails, total more than 31 miles. For more information visit www.ifoohills.org, or call (303) 409-2100.

Students and Adults**Project Linus: A Great Volunteer Opportunity**

Project Linus provides blankets throughout the world to needy, newborn and ill children. Volunteers are always welcome. You do not have to know how to sew. There is something everyone who volunteers can do to help in this project. Please contact **Alice Dice**, 303-979-



7036, to meet her and see the wonderful blankets that are sewn through Project Linus. This is an opportunity to enhance your life and bless the many lives of those receiving the results of these caring efforts.

An optimist is the human personification of spring.

— Susan Bissonette

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Teen Services Updates in May

To ensure accuracy, we update the teen services list each year. If you would like to remain on the list (or be added to the list), **you must call Colorado Lasertype at 979-7499 by April 15th** or your name will be deleted. Please leave the following information: your name (including spelling); age; what category you want: (B) Babysitting, (*) if you are Red Cross certified for CPR; (L) Lawn Care; (S) Snow Removal; (P) Pet & House Sitting; and **neighborhood you live in** (this is very important - we do 20 newsletters and need to know which one your name is in). **If you have renewed your information as of January 1st of this year you do not need to call in an update.** Thank you.

—Colorado Lasertype

Teen Services

This list is provided as a free service to residents of Westridge. If you would like your teen's name added to this list, please call Colorado Lasertype at 979-7499. No recommendation or endorsement of any of the names on this list is implied or stated by Colorado Lasertype or the association board. Categories: (B) Babysitting; *Red Cross Certified; (P) Pet & House sitting; (L) Lawn care (S) Snow removal

Camille Cadayong	14	B/P/L/S	303-904-2576
Justine Cadayong	12	B/P/L/S	303-904-2576
Ryan Clark	15	L/S	303-972-4478
Corinne Dubovsky	12	B*/P	720-981-5021
Tessa Fecht	13	B*/P	303-933-7605
Emerald Mansur	12	B*	303-948-1910
Hannah Rossiter	17	B*/P	303-842-2996

2008 - 2009 Westridge Elementary Kindergarten Registration

We are still registering students for our 2008 – 2009 Kindergarten classes. The age requirement for Jefferson County Schools is age 5, prior to October 1, 2008. In order to register your child, you will need to bring a birth certificate, proof of address, and record of immunization (including evidence of Hepatitis B immunization). When you register you will be able to indicate your preference for a morning class (8:25 a.m. – 11:00 a.m., 5 days per week), an afternoon class (12:30 p.m. – 3:00 p.m., 5 days per week), or a Full Day tuition based session (8:25 a.m. – 3:00 p.m., 5 days per week). Tuition for this class is \$310.00 per month (subject to possibly change). These requests are honored on a first come, first served basis.

For families not living in the Westridge neighborhood, a Choice Enrollment form must be completed. First Round Choice enrollment begins on Tuesday, January 8, 2008 and runs through January 24, 2008. Forms can be picked up at Westridge Elementary or you can go to the enrollment web site at <http://jef-fcweb.jeffco.k12.co.us/enrollment/> and download a form. Second Round is from February 16th – August 30th, 2008. Please call the school office at (303) 982-3975 with further questions.

Please note: Our morning half day class and our Full Day classes are full. We do have a waiting list for both of them.

Earthworm, Earthworm

The next time heavy spring rains bring an army of worms to the surface, consider these facts as you sidestep them on the sidewalk:

- There are 2,700 different species of earthworms; more than 180 kinds are found in North America.
- Worms can be green, yellow, pink, gray and brown.
- Most worms found in North America are descended from European worms that the settlers inadvertently brought with them when they transplanted trees from the Old Country. In fact, roughly a third of the species currently found in North America are not native.
- There can be as many as 1 million worms in a single acre of land.
- Worms are not born; they hatch from cocoons smaller than a grain of rice.
- Nightcrawlers, the thick worms often used for fishing, can live to be six years old; other species can live up to 10 years.
- The Australian Gippsland earthworm grows to 12 feet long, one inch in diameter, and can weigh up to one and a half pounds.
- The longest earthworm ever found was in South Africa; it measured 22 feet.



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No one knows for sure why worms come to the surface during a rain shower, but different theories hold that they do it to find food or they find it difficult to breathe in the water-soaked soil or that they come to the surface to migrate across the slippery surface faster than they could burrowing underground.

Important Information For Anyone with a Mortgage

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Sheri Pexa, Independent Software Agent of United First Financial #863067
303-973-5733

Important Numbers to Have on Hand

Jeffco Sheriff (non-emergency) 303-271-0211

Jeffco Sheriff (parking violations) 303-271-KOPS

*This number is for parking and driving violations that need to be brought to the attention of the sheriff's department. The streets are county property and part of their jurisdiction.

Jeffco Graffiti Hot Line 303-271-8247

Jeffco Commissioners 303-271-8525

Animal Control 303-271-5070

Weed & Pest Management 303-271-8758

Zoning Violations 303-271-8725

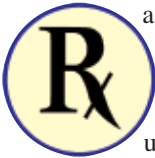
Jefferson County Website www.co.jefferson.co.us.

Graffiti Reporting Reminder

This is a reminder to call and report all graffiti in our community. 720-377-2190

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Replace old Veteran Affairs Identification Cards

New cards limit sensitive information to prevent identity theft

Veterans Affairs health care facilities have begun an aggressive campaign to replace old veteran identification cards with new cards for all enrolled veterans. New cards do not include sensitive information such as a social security number or date of birth.

"The new cards are designed to reduce veterans' vulnerability to identity theft, which is a growing concern, and demonstrate the Veterans Affairs' commitment in securing the confidential, personal information of enrolled veterans," said Joanne Turner, Arapahoe County Veteran Services Officer.

Additionally, veterans who have received recognition for sacrifices such as a former Prisoner of War, Purple Heart Medal recipient and/or veteran with a service-connected disability will have an indicator printed on their card after verified eligibility. The addition of these eligibility indicators will enhance identification of those applying for special benefits.

Visit your local Veterans Affairs medical facility to have your picture taken, and a new ID card will be mailed to you within five to seven days after eligibility for veterans' health care has been verified. It may take longer to receive the card if your eligibility has not been verified or if you are not currently enrolled in the Veterans Affairs health care system.

Be sure to bring any documents with you to verify your service in the military, such as a DD214, Certificate of Discharge and any additional proof to verify any special eligibility, such as proof of receipt of a Purple Heart medal.

For more information regarding the new ID cards, call 303-734-5222 or visit www.co.arapahoe.co.us.

Celebrating Shabbat, March 7

This year will mark the 12th anniversary of Shabbat Across America/Canada, an event promoted by the National Jewish Outreach Program to renew interest in the fourth commandment, "Remember the sabbath ['shabbat' in Hebrew] and keep it holy." In the past decade, more than half a million Jews in 700 locations throughout North America have participated in the Friday night meal and rituals. These include:

- Kiddush — blessing the wine, grape juice, or challah bread.
- Netilat yadayim — ritually washing the hands before eating the bread.
- Challah — two loaves of braided egg bread are on every table; they are dipped in salt in commemoration of former sacrifices which were salted and offered up on the altar.
- Zemirot — table songs sung between courses.
- Shir HaMaalot — a prayer of grace said after the meal as a reminder to recognize God in good times as well as bad.

In addition, at least two shabbat candles are lit at least 18 minutes before sunset.



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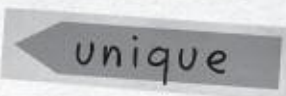
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Danger, Danger

For the past 10 years, a group called the Michigan Lawsuit Abuse Watch has awarded cash prizes for the submission of ridiculous warning labels. The group's founder, Bob Dorigo Jones, recently wrote a book compiling the winning entries called *Remove Child Before Folding: The 101 Stupidest, Silliest, and Wackiest Warning Labels Ever* (the title refers to the warning label on a stroller). Here are some others that made it into the book:

- Do not eat toner (on a printer cartridge).
- Never iron clothes while they are being worn (on an iron).
- Ovenware will get hot when used in oven (on a baking utensil).
- Never hold a knife whilst arguing (on a kitchen knife).
- Do not put any person in this washer (on a laundromat machine).
- Please do not use this directory while operating a moving vehicle (local Yellow Pages).

Common Dream Meanings

Kelly Sullivan Walden, author of "I Had the Strangest Dream," offers these explanation of common dream scenarios:

- Falling — feeling overwhelmed; loss of control or confidence; losing your way
- Being chased — wanting to get away from a problem but can't
- Flying — joy, creativity, independence
- Taking a test — feeling unprepared for a challenge
- Losing teeth — powerlessness, financial stress or loss

Ibuprofen and Aspirin

If you take an aspirin a day to reduce the risk of heart disease, but also frequently take ibuprofen for aches and pains, realize that the ibuprofen may negate the aspirin's healthy affects. That's the finding from the American College of Clinical Pharmacology, which says that ibuprofen significantly inhibits the aspirin's ability to prevent blood clots.

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