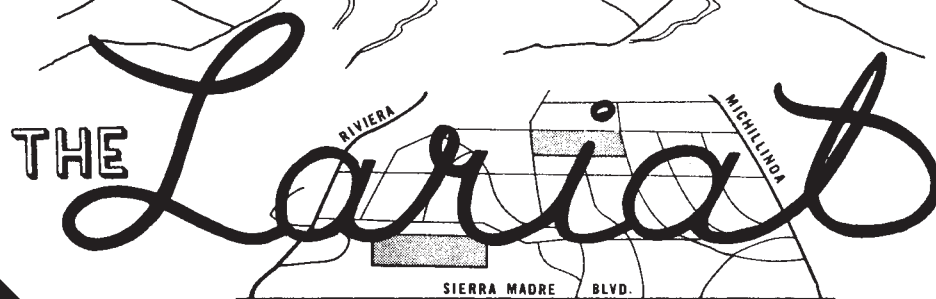


UHRA

*Bimonthly Newsletter published for the  
residents of Upper Hastings Ranch*

*Pasadena,  
California*



**VOL 44**

**NO. 2**

**March - April  
2007**

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Visit the UHRA Website at [www.uhra.org](http://www.uhra.org) for all of the latest information about the Ranch  
Light Up Pictures in Color - You can order reprints for your albums

# UHRA ANNUAL PANCAKE BREAKFAST

SATURDAY, APRIL 21<sup>st</sup>  
8:00 a.m. to 11:00 a.m.

All You Can Eat --  
Pancakes, Sausage, Juice, Milk and Coffee

See page 6 for more details

## THE LARIAT

*The Lariat* is the official publication of the Board of Directors of the Upper Hastings Ranch Association, P.O. Box 5131, Pasadena, California 91117. It is self-supporting, nonprofit, nonpolitical, nonreligious and devoted to the common interests and mutual advancement of 1,100 Ranch property owners and residents.

Contributions for publication in *The Lariat* are welcomed, however all contributions are subject to editing.

**THE DEADLINE FOR THE NEXT LARIAT WILL BE  
MAY 1, 2007 - TO BE PUBLISHED JUNE 1, 2007**

## ADVERTISING RATES

*Setup charges may be added to the rates*

*Rates as of 2/06 --- Prices are for a single issue*

Full Page 8 x 10"	\$152.00
1/2 Page 8 x 5" or 3 3/4" x 10"	\$90.00
1/4 Page 3 3/4" x 5"	\$50.00
Business Card 2" x 3 1/2"	\$36.00
Classified Ad	\$7.00 / Line

***Ads must be prepaid***

## UHRA 2007-2008 CALENDAR OF EVENTS

Sat., April 21, 2007 - Pancake Breakfast

Wed, Nov. 7, 2007 - Annual Meeting

Dec. 8, 2007 - Holiday Light-Up begins

Wed, Dec. 12, 2007 - Holiday Light-Up Judging

Sun, Dec. 31, 2007 - Holiday Light-Up ends

Tues, April 10, 2007 - Board of Directors Meeting

Tues, May 8, 2007 - Board of Directors Meeting

## LARIAT STAFF

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e-mail: Haderlein@earthlink.net

**FIELD REPRESENTATIVE - Rhonda Stone**

626-744-4740 e-mail: rstone@cityofpasadena.net

## 2007 UHRA OFFICERS

**JOLEAN MATSUMOTO** Pres. & Honorary Mayor  
3785 Cartwright Holiday Light-Up  
351-8781

**MARIA SALAZAR** Vice President  
1435 Hastings Rch Head of Block Captains  
351-0883  
m\_saladbar@yahoo.com

**KATHY GREGG** Treasurer  
1290 Daveric Pancake Breakfast  
351-8281 Holiday Light-Up  
Night at Playhouse  
Corresponding Secretary

**LEA BERMUDEZ**  
1295 Michillinda  
351-1249

**SHERI WHALEN** Recording Secretary  
1250 Hastings Ranch Welcome Wagon  
351-0348 Pancake Breakfast  
sheriandmark@aol.com

## 2007 UHRA BOARD MEMBERS

**ASHOK ABHAT** Web Manager  
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351-8508

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351-8623

**MARY PAT EWALD**  
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351-5391

**LARRY HARSHA**  
1070 Pine Bluff  
351-0183

**ARPI KRIKORIAN** Neighborhood Watch  
3758 Valleylights Dr Welcome Wagon  
351-5171

**ELIZABETH MAKAREM**  
1305 Hastings Ranch Drive  
351-6193

**MAS MATSUMOTO**  
3785 Cartwright  
351-8781

**LUCIE PAGET** Pancake Breakfast  
3785 Ranch Top  
351-5422

**SAM SASSOUNIAN**  
915 Cynthia Ave  
351-8534

The UHRA Financial Statement is available  
upon request.

Please contact the President of UHRA  
Jolean Matsumoto.

## PASADENA CODE ENFORCEMENT

626-744-4633

## PASADENA POLICE DEPARTMENT

626-744-4550

## NEIGHBORHOOD CONNECTION

Brian Biery 626-744-7290

e-mail: bbiery@cityofpasadena.net

## UHRA PRESIDENTS MESSAGE

Hi everyone. I hope everyone had a wonderful Winter season. The cool weather was refreshing, but I do love the Spring weather where it's not too cold and not too hot. As you can see, Spring is here, leaves are starting to come back on the trees and flowers are starting to bloom again. It's always such a beautiful time of the year!

Well, our association has started our Annual Dues Drive for 2007 with our block captains going out to meet their neighbors and collect dues. We would really appreciate your support in paying your dues (\$20 per household) so that we will be able to provide events for and support to our community including this newsletter, our annual pancake breakfast, our association's annual meeting, our UHRA Board liability insurance, our storage rental and educational scholarships to students living in the Ranch. If you have any questions or need additional information regarding the Annual Dues Drive, please contact Maria Salazar. Her phone number is listed on the first page of *The Lariat*.

As everyone knows, we distribute this *Lariat* newsletter every other month to all the homes in the Ranch in order for our residents to be aware of what is happening in our neighborhood. We are in need of your help to support our *Lariat* by paying your dues and by patronizing our advertisers listed in *The Lariat*. So if you know of any business or person that would like to advertise in *The Lariat*, please call Cloydine Thomas, Editor of our *Lariat*. Her phone number is listed on the first page of *The Lariat*.

As you can see from our event calendar, our Annual Pancake Breakfast is coming up earlier than last year on Saturday, April 21, 2007, from 8 am to 11 am. Please put this date on your calendar now, as you don't want to miss it. It is a morning of good food, great fun and lots of chances to win donated prizes provided by supporters, local businesses and advertisers in our *Lariat*. This annual

event helps us raise money for the educational scholarships that our community provides to many full-time students living in the Ranch.

I would like to welcome Lea Bermudez and Elizabeth Makarem, who are new members to our Board. They are a great addition to our Board and we appreciate their time commitment to the board and our community.

We are looking for more Board members and Block Captains. Please consider joining the Board or becoming a Block Captain. I think that this would be a great way for you to get to know your community and neighbors. The Board meets the 2nd Tuesday of each month at 7:30 pm at Trinity Presbyterian Church. The church address is 3740 E. Sierra Madre Blvd. Please consider helping us out. You can call me or Maria Salazar if you need more information or have any questions. Our phone numbers are listed on the first page of *The Lariat*.

If you are interested in forming a neighborhood watch program for your block, please feel free to contact Arpi Kirkorian. Her phone number is listed on the first page of *The Lariat*.

Please visit our UHRA website at [www.uhra.org](http://www.uhra.org) to find out more information about our community. Also, I would appreciate any feedback or suggestions on Ranch events, *The Lariat* or any issues related to the Ranch by either calling me or sending me a letter. My phone number and the UHRA mailing address are listed on the first page of *The Lariat*.

I would also like to leave you with a small thought "*Spend more of your time, energy, and resources investing in people than you do investing in things.*"

Jolean Matsumoto

# Upper Hastings Ranch Association

P O Box 5131

Pasadena, CA 91117

Dear Upper Hastings Ranch Resident,

Each year we ask residents to continue to support the Upper Hasting Ranch Association. This year the annual dues are \$20.00 per household. This donation is strictly voluntary. The Association is a non-profit organization of the property owners and/or residents in Upper Hastings Ranch existing for the primary purpose of the solution of mutual problems, with respect to the health, safety, recreation, education and general welfare of the residents of the area.

Your contributions help fund the following:

- ✓ Ranch sponsored activities – *The Lariat* Newsletter
- ✓ Insurance to cover Ranch sponsored gatherings and events
- ✓ Scholarship awards for residents of the Ranch
- ✓ Annual Holiday light-up festivities (Including trophies and “Snoopy” Awards)
- ✓ Annual Pancake Breakfast
- ✓ Maintenance of our post office box and storage facility

If you already have paid your 2007 dues, we thank you for your participation. If not, please take a minute to pay them now. Remember, this donation is voluntary. There is no obligation. Your only motivation is your desire to help improve our community. If you have different opinions on how your dues should be spent, please let us know. We want your input and ideas!

I am also trying to update our database of names, phone numbers and e-mail addresses. Please use the form below to update your information and mail it back to me.

Please feel free to call with any questions or comments.

Thank you,

*Maria Salazar, Vice President*

Upper Hastings Ranch Association

1435 Hastings Ranch Drive Home – 626-351-0883 E-mail – m\_saladbar@yahoo.com

## **2007 DUES MAILING COUPON - Please include with payment**

**Mail to: UHRA P O Box 5131, Pasadena, CA 91117**

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

# Home, Where the Grass is Greener

Your home is your oasis, your sanctuary from the outside world. Creating beautiful exterior landscapes, filling your yard plants, can help reduce stress and provide serene areas for you to relax with your family and friends. Indoors, plants can actually improve your health. Live plants are a natural way to rid your home of toxins and pollution.

## Greenery Comes in Every Size

Whether you live in a 3-bedroom ranch, a condo or a character craftsman, a little greenery can go a long way to improve the image of your home. According to the American Nursery & Landscape Association, landscaping can add from 7% to 15% to the value of your home. Not just plants, but patios, fountains, decks and furniture add value while providing your family with recreation areas, privacy and a serene environment.

## Start with a Plan

Collect your thoughts, making note of what you want to achieve: enhancing the appeal in order to maximize sale proceeds or beautifying your space for your own enjoyment? Are you planning major overhaul or just a little "sprucing" up? Consider the parameters: how much can you spend, how much space do you have, and will you be working with sun or shade.



**Prudential**

**California Realty**

Carol Kurachi

*Your Home Team*

*Real Estate as it Should Be*  
(626) 577-5500



## Draw Me a Picture

Sketch a layout of the area(s) you are working with. Make a detailed drawing noting plants, trees, water features and entertainment areas like a patio or deck. Research the cost of obtaining and installing each item and record your findings. Consider the timing. If you plan the project over years, the plantings installed the first year will be lush and mature around a patio installed further down the road. Get professional help, especially if you are planning something that needs a permit.

## Green Inside Too

Indoor gardens create vibrant living spaces and can provide year round enjoyment. Plants are living décor that other interior elements can't match. Indoor plants rely on you for water and food. Help them thrive; be knowledgeable about their light and water requirements. Due to limited soil, potted plants need fertilizing. Provide them liquid fertilizer or special soil mix to keep them healthy.

When you are finished landscaping, the grass will be greener right in your own back yard.

*Come for the great breakfast ... Stay for the wonderful door prizes!*

# **UHRA ANNUAL PANCAKE BREAKFAST**

**SATURDAY, APRIL 21<sup>st</sup>**

**8:00 a.m. to 11:00 a.m.**

Again this year, we will be at the United Methodist Church Hall  
north-east corner of Sierra Madre Boulevard at Michillinda  
across from Albertsons Shopping Center  
Enter parking lot on Michillinda

## **All You Can Eat**

Pancakes, Sausage, Juice, Milk and Coffee

**Lots of Terrific Door Prizes!      Balloons for the kids!**

*(many people come for the pancakes and stay for the door prizes)*

Join your friends and neighbors for a great morning.

Let us cook and do the dishes for you - you can't beat the price

**\$4.00 adults, \$2.00 kids (11 and under) FREE (4 and under)**

Most of the food is donated by Albertsons

The door prizes are donated by local merchants.

100% of the proceeds go to our Scholarship Fund, where we give scholarships for primary grades through college. The scholarships will be awarded at our Annual Meeting in November. If anyone has a door prize to donate for our Breakfast, please contact one of us on the Board. It is not tax-deductible, but for businesses it is good advertising, since we announce who donates each gift as it is awarded. Although we pay a fee to rent the hall at Sierra Madre Methodist Church, they are so cooperative and work well with us. We appreciate their allowing us to use that hall - it's perfect for our needs and so close by.

Continued THANKS to Albertson's for their annual generosity of supplying everything for our fundraising Breakfast - without them the breakfast would be a social gathering only that would hopefully break even on expenses. Instead we are able to put a good donation towards our Scholarship Fund, which is given to our students at our Annual Meeting in November.



# **CITY OF PASADENA TEMPORARY OVERNIGHT PARKING PERMITS (TOPEO) AVAILABLE ONLINE**

Temporary Overnight Parking Exemption Online (TOPEO) can be obtained at [www.cityofpasadena.net](http://www.cityofpasadena.net) (*click on Parking Permits then on Purchase a Temporary Overnight Parking Exemption Online (TOPEO)*)

## **CONDITIONS OF USE**

1. Valid only from 2 a.m. to 6 a.m.
2. Expires on the date shown on receipt.
3. Receipt **MUST** be clearly displayed on driver's side of vehicle dashboard.
4. Expiration date and license number **MUST** be legible and clearly visible to Parking Enforcement officers.
5. Valid only for vehicle matching license number listed on receipt.
6. Not valid for vehicles with expired registration or for non-operational vehicles.
7. Vehicles **MUST** be moved after 72 consecutive hours or be subject to citation and/or tow.
8. Not valid in industrial commercial or business districts.
9. Not valid at metered spaces during hours of operation.
10. Tampering with or duplication of the receipt is strictly prohibited and will prompt a citation and/or tow.
11. TOPEOs do not provide exemption from any other parking laws or requirements.

## **NEEDED INFORMATION**

You will need to provide the following information in order to purchase a TOPEO:

1. Length of time that the TOPEO is required (up to 10 consecutive days, the first day may not be purchased in advance).
2. Vehicle information including license plate/vin number, make and color.
3. Address the vehicle will be parked at.
4. A telephone number where you can be reached (WILL NOT BE PRINTED ON THE TOPEO).
5. A valid Visa or MasterCard card (WILL NOT BE PRINTED ON THE TOPEO).

***WARNING: YOU MAY BE SUBJECT TO A CITATION IF YOUR EXEMPTION DOES NOT LEGIBLY  
CONTAIN THE LICENSE PLATE INFORMATION AND/OR IS NOT VISIBLY DISPLAYED FOR  
PARKING ENFORCEMENT TO READ***

## **PURCHASE A TOPEO**

To purchase a Temporary Overnight Parking Exemption Online (TOPEO), please read the following instructions:

1. TOPEOs are \$3 per night and there is a \$1 per transaction processing fee.
2. TOPEOs can be purchased for the current morning until 5:45 a.m. After 5:45 a.m. the TOPEO is valid for the following morning.
3. Please make sure you have a working printer hooked up to your computer.
4. Please check your information carefully as TOPEOs are non-refundable.

Residents needing long-term overnight parking may apply for an annual overnight parking permit at a cost of \$63 per calendar year. Please contact Business Services Section located within the Pasadena Modular Complex at 280 Ramona St., Pasadena, CA 91101, or contact them at (626) 744-4166. Their office hours are 7:30 a.m. to 5:15 p.m. Monday through Friday (closed on weekends and holidays).

Vehicles parked on the street between the hours of 2 a.m. and 6 a.m. without a valid temporary or annual overnight parking permit are subject to citation. .

Please e-mail us at [Parking@cityofpasadena.net](mailto:Parking@cityofpasadena.net) or call (800) 317-7177 should you have additional comments or questions.



County of Los Angeles Department of Parks and Recreation  
5<sup>th</sup> District Supervisor Michael D. Antonovich  
Eaton Canyon Nature Center Associates



*Let's celebrate Earth Day and Healthy Parks Month  
at Eaton Canyon Natural Area Park – your healthy park!*

Come join us for a fun and informative  
*"Healthy Earth, Healthy Parks, Healthy You!"*



# Earth Day Festival

**Free  
Activities!**

**Saturday, April 14<sup>th</sup>, 2007**

**9am-4pm**

Eaton Canyon Nature Center (626) 398-5420  
1750 N. Altadena Drive, Pasadena, California 91107

## Scheduled Nature Walks:

- 9:00 am Plant Walk
- 9:30 am Bird Walk
- 10:00 am Ecology Walk  
*Explore with Naturalists!*

## Live Music by Local Talent:

- 1:00 pm Listen to nature inspired musicians  
& celebrate the earth through their  
songs and music about nature!

## Live Animal Presentations:

Meet native reptiles & raptors up close!

## Join Seemore Eagle & Ranger Raccoon for a Day of Fun:

*Nature-la-hoop Contest!*

*Free Native Plants for Your Garden!*

*Raffles & Games to Win Prizes!*



## All-day Activities and Exhibits:

Starting at 11:00 am

### Home Depot Kid's Birdhouse Workshop:

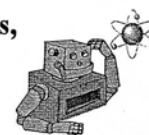
Every kid gets to build a birdhouse to take home!

### Make-It-Take-It Crafts, Lessons & Demonstrations by Local Residents:

Learn to carve without a knife and get a free  
wooden duck from Woodcarving Jim Whiteley.  
Make fun stuff from trash with Melanie Symonds.

### Recycle Creation & Nature Craft Fair

Come see the beautiful, the ingenious,  
the wild & wacky creations made  
by Fair participants.



### Tables on Healthy Earth Activities

Ways of Recycling, Alternative Gardening,  
Natural Areas Programs & Nature Experts.

### Teacher Resources

Info! Freebies! New Loaner Kits Program!



### Healthy Treats

Sample the wholesome goodness of healthy snacks.



*"Creating Community Through People, Parks and Programs"*

For more information, please contact Helen at the Nature Center (626) 398-5420



## UHRA Dues Collection 2007

Hello Ranch Residents,

Annual Dues Collection for 2007 is under way, I'd like to thank the following block captains who have already turned in dues for their blocks:

<i>Block Captain</i>	<i>Block No</i>	<i>Street</i>
<b>Bette Winkler</b>	<b>12 &amp; 13</b>	<b>Alder Ln &amp; Pear Orchard Ln</b>
<b>Lucie Paget</b>	<b>1, 2 &amp; 3</b>	<b>Carriage House &amp; Ranch Top</b>
<b>Bob Monson</b>	<b>17</b>	<b>1240 – 1461 Daveric Dr.</b>
<b>Sam Sassounian</b>	<b>44</b>	<b>915 - 1015 Cynthia Ave.</b>
<b>Arpi Krikorian</b>	<b>7 &amp; 10</b>	<b>Valley Lights &amp; Autumn Ln</b>
<b>Pam Ashok</b>	<b>26</b>	<b>Pine Bluff Dr.</b>
<b>Lynne Wright</b>	<b>16</b>	<b>1250 – 1340 Riviera Dr.</b>

Also thank you to several homeowners who have sent dues directly to UHRA PO Box address. I have entered your information into our database and if you do have a block captain, I have also notified your block captain of your payment.

If you have any questions or need more information, please feel free to contact me at (626) 351-0883 or send me an e-mail at [m\\_saladbar@yahoo.com](mailto:m_saladbar@yahoo.com).

Thank you,

Maria Salazar  
Vice President UHRA  
Head of Block Captains

## What Should I Feed My Dog or My Cat?

*By*

*Deborah Smith DVM*

When I give advice to my clients about what to feed their pets, I'm telling them a very different story than I did a few years ago. Not only have my beliefs about nutrition in dogs and cats changed, I now feel selecting a proper holistic diet for your pet is one of the most important things you can do to insure a long and healthy life.

Some 20 years ago when I was starting practice, I relied on my veterinary training in recommending name brand premium diets as being superior to "grocery store" pet food. Dry dog and cat food was popular and convenient and we veterinarians promoted dry food as preferable to canned diets to maintain dental health. I know now that many of these foods are too high in simple, processed carbohydrates. It makes so much sense I'm surprised it didn't become clear sooner. Cats and dogs are carnivores. In the wild, they simply wouldn't survive eating foods that are essentially cereal. They wouldn't hunt prey if they could as easily chow down on some grains. You wouldn't see a cat stalking an ear of corn. Although controversial, there is mounting evidence that many of the chronic diseases we treat in cats, including diabetes, obesity, kidney and urinary tract disease, may result from not only genetic predisposition, but from inappropriate diet for the species. Feline species-appropriate diet is now thought by many veterinary researchers to be fresh or canned meat, at least 35% protein and no grains. I have been able to get many of my feline diabetic patients completely off of insulin by feeding them a high protein, ultra low-carb diet. This is sometimes referred to, appropriately, as the "Catkins Diet".

This brings us to a second inconvenient truth regarding the manufacturing of pet foods. The recent pet food recall triggered by the tragic poisoning and deaths of dozens of pets has been an eye opener for pet owners and veterinarians alike. Companies such as Menu Pet Foods and others manufacture food for "premium pet food companies" and grocery store brands without distinction of common ingredients. In doing so, the standards of control are outsourced and the company putting their name on the label does not directly insure pure ingredients. A higher price or a quality name attached to premium brands does not appear to guarantee healthier ingredients or better quality control.

I now believe a pet cannot have optimal health without a wholesome, high protein, low carbohydrate, minimally processed fresh or canned diet. It should not contain "by-products", preservatives including BHA, BHT, sodium nitrite, or ethoxyquin, corn or wheat. The first two to four ingredients should contain at least two ingredients that are fish, meat, eggs, or poultry (or poultry meal). Protein should be 6-9% for canned dog food and 8-10% for canned cat food, depending on age. They should contain omega fatty acids, phytonutrients and antioxidants, which have cancer fighting properties. There are many companies now producing "holistic" foods that fill these requirements. A company called Natura ([www.Naturapet.com](http://www.Naturapet.com)) has a handy website tool to compare ingredients with most of the pet food products of all companies, in addition to their own. Many owners are choosing to home prepare their pet's food. This is ideal, but requires a recipe for balance, as calcium sources must be added. Raw bones can

*continued from page 10*

be used, ground or in the food processor, but don't give cooked bones to dogs. Some older pets, especially cats, may not easily be converted to canned food. Dr. Lisa A. Pierson has an excellent website with tips on how to deal with this problem, along with extensive information about feline diet and disease, at [www.catinfo.org](http://www.catinfo.org). There are now some dry foods that are grain free, low carb and over 50% protein. This is the next best thing to home prepared or canned. If you make any change in your pet's diet, it must be done very slowly by mixing the foods and weaning off the old food for 7-14 days. I have seen great improvements in pets with chronic medical problems by simply feeding a better diet. Spend some time discussing these issues with your veterinarian at your dog or cats semi-annual exam because nothing is more important. Your pet's doctor may be able to give you a list of her favorite brands or types of diets.

# Hastings Animal Hospital



## and Holistic Wellness Center

Full Service Veterinary  
Hospital

Deborah Smith DVM  
Joseph O. Pavlik DVM

- **Internal Medicine and Critical Care**
- **Geriatric Pet Medicine**
- **Surgery and Dentistry**
- **Cancer Treatment**
- **Acupuncture**
- **Homeopathy**
- **TCVM Herbal Medicine**
- **Chiropractitioner**
- **Wellness and Nutritional Counseling**
- **Boarding and Grooming**
- **Cats, Dogs, Rabbits, Ferrets,  
& Pocket Pets**

*"Offering and integrative, holistic approach combining the best of traditional alternative medicine"*

927 N. Michillinda @ Sierra Madre  
626 351 8863      *By Appointment*



PUBLIC AFFAIRS  
OFFICE

City Hall  
100 N. Garfield Avenue  
Pasadena, CA 91109  
Office: 626/744-4755

**NEWS FOR  
RELEASE:**

March 26, 2007  
Darya Barar  
(626) 744-4321

**PASADENA WINS TREE CITY USA AWARDS**

Sixty thousand street trees and 25,000 park trees strong, city of Pasadena announces it has won its sixth Tree City USA Growth Award, its seventh Tree City designation, and its fifth Tree Line City USA Utility Award from the National Arbor Day Foundation.

The Tree City award recognizes cities with proven commitments to effective, ongoing community forestry programs that emphasize renewal and improvement. The growth award is for programs that are expanding. The utility award honors Pasadena Water and Power for its tree care standards, for safely and aesthetically pruning trees away from utility lines, and for educating the public about safety when planting trees near utility lines.

With a population of 146,000 people, Pasadena replants about 600 trees annually through its Urban Forestry program in the Public Works Department. The new trees replace those that die due to age and urban effects.

"These awards provide additional incentive for our community to pursue its goals of using trees as a vital component of the character and ambience of the community," said Mayor Bill Bogaard.

Highlights of Urban Forestry in 2006 included the addition of six acres of oak woodland to be protected as open space, a plan to relocate mature trees on the Ambassador Campus, and continuing education of its arborists in more efficient use of taxpayer resources and improved management of urban green space.

Urban Forestry is responsible for administering proper tree care, planting and removal on city parkways and parks, a street tree database with maintenance information, the city's tree protection ordinance and public outreach.

Well-maintained trees are known to not only improve aesthetics, air quality, and climate, but also help reduce stormwater runoff and crime rates.

For more information call (626) 744-4321.

###

**Alegria Street has been selected as the focus of this year's Arbor Day celebration.**

**The City and community will plant 25 new street trees on April 14.**

**We hope the Upper Hasting Ranch community will join in the festivities.**

**Anyone who would like to participate is welcome. Even stopping by to say hi is great.**



## UHRA SCHOLARSHIP ESSAYS

*This is the next installment of the UHRA Scholarship Essays from the winners announced at the 2006 Annual Meeting*

**Michael Hale**

13 years old

Marshall Fundamental

Valley View Avenue

### **What I Want To Be When I Grow Up**

It is important to have a job because you need to have money to live and buy food and a house. Since I will spend so much time working, I want to do a job I am interested in. So when I grow up I want to be a cameraman. I want to be a cameraman because I think it would be a fun, interesting and a cool job. I also think that it would be a challenge, because you have to know all the angles to put the camera in when you're filming, and how to operate a camera. Another reason I picked this job is because I think you will be paid a good wage. With this money I can pay for a house for my family and food.

The college I want to go to to prepare myself for this job would be USC. I need to go to college so I can get a degree in being a cameraman. The degree I would major in would be cartography or cinematography and USC has a good cinematography program. But, to get to college I first need to get through middle and high school

The shows I would want to film would be something on the Discovery Channel like Myth Busters. This is because I think I could have fun filming and learn something at the same time. I think this job would be hard for me, because you have to stand very still and not move so you don't mess up the film. That would be hard for me because I move a lot and hardly stay still right now at this age. The main reason I want to be a cameraman is because you don't have to dress up for the job and you get to go all over the world

I think this job is for me because I am smart and I love to video tape my brother on his scooter going off our jump, and thinking of different ways to angle the shot. I think that being a cameraman is the perfect job for me,

and I am excited to get through school and become a cameraman. That is why I want to be a cameraman.

**Brenna Robinson**

14 years old

Alverno High School

### **Helping Our Neighborhood**

The topic I am writing about is how I would make my neighborhood a better place. The reason I decided to choose this topic was because we could be doing so much more to help our community out but instead we decide to sit on the couch and play video games all day. That says to me that the kids care more about their games than their community.

Examples of how you and I make your neighborhood better include taking out the trash for your elderly neighbors, clean up graffiti, help put up Christmas lights and decorations, take the paper in for your neighbors, and pull weeds for your neighbors. Another good idea to make your neighborhood a better place is have some friends come over and go around the neighborhood picking up trash and put any stick or rocks in the gutter so cars won't pop their tires.

For a service project for your neighborhood you could buy a variety of plants and plant them all around the neighborhood. It would make the streets look so much nicer than they once looked before. You may not want to get dirty, but it is for a good cause.

For a great Saturday activity you could go over to your neighbor's house and ask if there was any way you could help them with anything. They may say yes or no, if they say yes you may end up raking leaves or cleaning leaves out of the pool or something else.

But no matter how hard you think the job might be that you are doing, you should still always look on the bright side because no matter how hard you work in the

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Sponsored by Pasadena Water and Power, Pasadena Transportation Department and Metropolitan Transportation Authority, MyGo-Pasadena offers big rebates to each commuter who buys a two-wheel electric bike from one of several participating Pasadena dealers. The program is open to current and future Metro Gold Line commuters who would normally park their cars at the Sierra Madre Villa, Memorial Park or Del Mar station. To qualify, simply pledge to use your e-bike for at least two days per week to commute to a Metro Gold Line station in Pasadena. The more days you ride, the more rewards you earn!

You'll save money at the same time. Studies show that a car commuter who drives 15 miles round trip each day will save as much as \$150 in gas and maintenance by switching to an electric bicycle. What's more, the reduction in city congestion and harmful exhaust fumes will benefit us all.

Register online at [www.mygo-pasadena.com](http://www.mygo-pasadena.com). (Exciting local events are in the works, so check the website daily for updates.) If you qualify, you'll receive an orientation package and user agreement in the mail. Take your signed agreement to one of our participating electric bike dealers and get started on a new, healthier way of life.

*continued from page 13*

end it will always pay off some how some way it will pay off.

The last reason I can think of about making my neighborhood a better place is listen to the elderly because you can learn a lot of knowledge from them because they have been living way longer than you have.

In conclusion I think that helping your neighborhood is wonderful because there are so many things that you can accomplish if everyone just works together. Even if you did not do the best job of helping out, it is the thought that counts.

---

**Christy Phillips**

14 years old

Home Schooled

Cartwright Street

**To Truly Be Free**

Terrorist and their allies are trying to destroy the world, and freedom with it. "Heroism", "valor" and "courage" all seem to be commendable only in the past. Today they're words people use only if they aren't worried about being politically correct. There are few countries who will acknowledge the need to stand firm for freedom, even fewer who will be supportive of freedom lovers, and very few countries who will actually fight for freedom.

In today's world, only a handful of countries are fighting in the war on terror. The governments of the remaining countries may notice the issue, but do they act on their insights? I don't think so. They are worried about the response of the United Nations, or about their citizens not being willing to fight for the priceless treasure of freedom. They have joined the bandwagon of pacifists, trying with all their might to stop the few courageous governments. Therefore the few brave countries in the world can expect not only the normal hindrances associated with stamping out wrong, but also the aggravation of everyone else in the world, their own people included, trying to keep them from doing what is right.

In our country, most major newspapers are complete-

ly against war, especially the War on Terror. Because newspapers report only the losses and don't tell of the major victories, a large percentage of the people of the United States are wanting our troops out of Iraq. We shouldn't stop doing the right thing and betray Iraqi trust again. If we stop the war before we've liberated the Iraqi people, the USA is never going to be able to have people believe our promises again. No matter what it takes, even with the newspapers fighting against it at every turn, we must keep our promises and fight every country who helps the terrorists, or lose all credibility to the world.

If the terrorists are not defeated they will have won. Were the terrorists to win, there would be no knowing what would happen, although it is theoretically possible that within fifty years, there would be no free countries left. There would just be different states of a terrorist world. We cannot ignore these people. We cannot use diplomacy – they don't listen. We must fight and win. If we do not, the terrorist will be victorious.

We must protect freedom at all costs. If all the countries work together to fight, and oppose all who try to hinder the few countries who recognize the value of freedom, the war against terror could be won. However, there are too many cowardly countries in the world who don't stand up for the safety of their people. All who love freedom must stand strongly together against anyone who will fight against it. When this happens, we shall all truly be free.

---

**Jonathan Jenson**

15 years old

Maranatha High School

Leonard Street

**How Can We Decrease Crime In Our Neighborhood**

How can we decrease crime in our neighborhood? That is a good question and I have decided to share some of my ideas on that topic. Now just sit tight and concentrate, this won't take too long.

First off, I think we should form a neighborhood watch.

*continued on page 16*

We may already do things such as reporting suspicious acts because it is just something most people will do, but I think we should get more serious about it. We could have a patrol at night where people could take turns driving around the neighborhood. I know that sounds a little out there, but it's not that bad of an idea if you think about the safety of your children and loved ones.

Second, I think it would help a great deal if more people invested in alarms systems and that type of thing. They are sometimes a little pricy but does money mean more than your safety? I do not have an alarm at my house, but my dad is six feet four inches tall and 225 pounds. We also keep all of our doors and windows locked tight. Another option would be guard dogs or even little dogs that would bark at things and get people's attention, or scare away a potential intruder. Locking all of your doors at night would also help. I know people who don't even keep all of their doors locked; I personally do not think that is a very good idea.

My third and final idea is a gated community, which is probably the craziest of all my ideas. That may seem wild but I think it is a good idea. House prices would go up and we would have to somehow earn the money, but it would decrease crime by a great deal. It would not be too much trouble to set it up since there are not a large number of entrances to Upper Hastings Ranch. Not just anybody would be able to come into our neighborhood and do what they please; they would need the password or call someone to open the gate for them.

With all that said, let's see what can be done for safety, not just said. When I have the time such as over summer vacation or something I would be willing to help and there are probably some other people who are also. It would be really cool if we could accomplish some of this.

---

**Emily Hale**

16 years old

Los Angeles County High School for the Arts

(LACHSA)

Valley View Avenue

## **What I Want To Be When I Grow Up**

To be a fashion designer is to be a sculptor, and artist,

and a designer. The designer creates and sculpts on the human form. They play with proportion, color, form, and volume. A fashion designer is not someone who is consumed with the material things in life or is obsessed with shopping. Fashion designers create art for the human body. When I grow up, I want to be a fashion designer.

I first discovered the joy of designing in the 6th grade. Throughout that year, I started to create my own "store magazine", with the clothing I designed and even prices for each piece. All year long, I would make issue after issue, design after design, dress after dress. Aside from creating a fashion magazine, I would draw out of real magazines such as Vogue. My love for fashion design continued on throughout all of middle school.

When I was in 8th grade I was accepted into the visual arts department of Los Angeles County High School of the Arts. In the 9th grade I started attending LACHSA, and soon found out that they offered fashion design classes. After taking the foundation art classes my freshman year, I was determined to take fashion design in the 10th grade. The next year, I got into the fashion class and loved every moment of it. It was there that I learned to draw figures and clothing, make a pattern and even sew. Throughout the class, I learned the whole construction process and worked my way through almost all of it. After going through the experience of drawing my designs and making them, I was even more determined to become a designer.

I am now in the 11th grade and am still pursuing my dream of becoming a professional fashion designer. I am currently taking advance fashion design, and continue to create individual looks and collections for my fashion portfolio. Furthermore, I have gotten a job at a small high fashion boutique, which has given me even more exposures to current designers and trends. I plan on continuing through my art high school and then going on to a four-year art college with a fashion design program. I know that being in the fashion design business is cut throat and difficult, but I have confidence in my abilities and ideas. I know that when I grow up, I will become a fashion designer.



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## Keep Your Cool – And Your Cash

Pasadena Water and Power recently unveiled more generous rebates through its Efficient Cooling Home Incentive Program, giving you more options for staying cool this summer.

Rebates are available to residential electric customers who buy and install any of six approved home cooling products after Jan. 1, 2007. New rebates of up to \$75 (\$85 for green power customers) are available for Energy Star-qualified room air conditioners, and new rebates of 60¢ per square foot are available for sun shade screens installed on south-, west- or east-facing windows (the rebate is 85¢ per square foot for customers enrolled in PWP's green power program).

Other rebates have increased. Rebates of \$110 per ton (\$170 per ton for green power customers) are available for high-efficiency central air conditioners with a (new) required efficiency value of 14 SEER and up to \$150 per ton for 18 SEER air conditioners. Rebates of \$2 per square foot are available for Energy Star-qualified dual-pane windows and doors (\$2.70 per square foot for green power customers). To qualify, you must submit dimensions, installation costs and a National Fenestration Rating Council (NFRC) label for each window.

Home cooling rebates are available for solar-powered attic or roof fans, Energy Star skylights or light tubes.

Signed applications, along with a copy of the store receipt or proof of purchase, must be submitted within 90 days of purchase. Rebates are available on a first-come, first-served basis

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## **New Guide Explains Vault Maintenance**

To ensure public safety, Pasadena property owners are required by law to maintain privately owned transformer vaults located on their land. These vaults may be underground, in a parking lot, part of a building or free-standing.

Pasadena Water and Power recently published an eight-page guide that is available at [www.PWPweb.com](http://www.PWPweb.com) (click on Guide for Private Property Vault Owners) and at city public counters. The brochure is also available at city-sponsored community events.

Most importantly, property owners are required to give PWP crews access so they can complete regular safety inspections and repairs. The crews visually inspect vaults, while equipment receives more detailed testing and repairs whenever needed.

All vaults should be marked with a PWP-supplied sign. Trees and bushes should be cut back around vaults and there shouldn't be any items stored on, in, or near vaults. Property owners should make sure each vault is watertight, clear any ducts and make sure the door has a PWP-supplied lock.

For more information call 744-4153.

**For The Lariat:**  
**from Jenny Dennis" <[jdennis@lasallehs.org](mailto:jdennis@lasallehs.org)> -- Dr. Gray's Office**  
**La Salle High School**  
**3880 E Sierra Madre Blvd    626-696-4382**

La Salle High School has had informal conversations with representatives from the City of Pasadena regarding the possibility of sharing the use of Hamilton Park with current occupants, including the Pasadena American Little League. These conversations have two objectives:

1. To determine if it is possible to bring La Salle's Baseball and Softball teams to Hamilton Park for practice and competition
2. To work with the City to provide financing for the renovation and improvement of Hamilton Park, particularly with respect to the existing drainage problems

The City has been very clear in these conversations about two points:

1. PALL's existing use of Hamilton Park must be respected
2. The tennis/basketball courts and the Tot Lot are to be protected

It is too early in the process to make any definitive assertions regarding the potential for shared use of Hamilton Park. La Salle's goal is to partner with PALL in determining what is possible in the future.

If it is possible to reconfigure Hamilton Park to accommodate a high school baseball diamond, La Salle is willing to raise the funds necessary to address the drainage problems as well as to re-landscape the fields so that PALL will be able to play on superior diamonds. In addition, La Salle is willing to provide ongoing maintenance for the Park to ensure that all improvements are preserved for all users.

La Salle recognizes that Hamilton Park is a treasure for the neighbors of Upper Hastings Ranch and desires to be a good neighbor throughout this process of investigation. We welcome any suggestions about how to ensure that we continue to work closely on this project.

## INFORMATION FROM THE CITY OF PASADENA

### Healthy Travel with a Little Planning

Before you head out on your next overseas vacation, check with Pasadena Public Health Department's Travel Clinic for the latest news on vaccines and overseas health concerns. The clinic specializes in comprehensive, low-cost travel-related medications and adult immunizations that will help keep you healthy in foreign lands.

You don't need an appointment; walk-ins are welcome at 1845 N. Fair Oaks Ave. on Mondays from 1:15 to 4:30 p.m., and Wednesdays and Thursdays from 8:15 to 10:45 a.m. and 1:15 to 4:30 p.m.

Health experts agree that international travel comes with health risks. American travelers have had to seek medical care in foreign countries or brought illnesses back home with them. According to the Centers for Disease Control and Prevention, most potential illnesses can be prevented with proper vaccines or medicines four to six weeks before your trip. Pasadena Public Health Department's travel specialists can also give you tips on hygiene, eating and drinking that can help you avoid nasty bugs – and make the most of your trip!

For more information visit [www.cityofpasadena.net/publichealth](http://www.cityofpasadena.net/publichealth) (click on Travel Clinic) or call 626-744-6128.

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### Public Works Guide is a Must Read

The Pasadena Public Works Department annual report, covering July 2005 through June 2006, explains accomplishments achieved last year and what's in store in the future.

Read about the latest improvements at Hahamongna Watershed Park, find a water play area for your children, learn how much electronic waste was recycled in a year and which streets have new lighting. There's even a special section highlighting environmental projects.

You'll find a list of phone numbers to call for tree trimming, wheelchair ramps, recycling and other services.

For your copy, go to [www.cityofpasadena.net/publicworks](http://www.cityofpasadena.net/publicworks) and click on Annual Report or call 626-744-4593

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### Put the Sun to Good Use

Before summer hits, save big on energy-efficient equipment with generous rebates from Pasadena Water and Power.

Residential customers who install solar power photovoltaic (PV) systems can earn rebates of \$3.50 per watt (up to \$8,000).

Are you a low-techie? Plant a tree! You can earn rebates of \$40 to \$60 (up to 10 rebates per year) for planting any of 37 species of shade trees through PWP's Cool Trees program. Options include crape myrtle, western redbud, Engelmann oak, Montebello ash, western sycamore, jacaranda, camphor, coast live oak and more. Well-placed shade trees make your property more attractive and cut your summer cooling bills by as much as 20 percent while letting in the sun's warming rays during winter.

To learn more, visit PWP's website to download the online program guidebook and catalog of trees, and solar energy program information, or to print out an application.



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**Search California—Discover the World @ the Pasadena Public Library**

Now you can search the collections of libraries throughout California, and the world from the convenience of the Pasadena Public Library's catalog and website.

From the Library's website ([www.pasadenapubliclibrary.net](http://www.pasadenapubliclibrary.net)) click on the "library catalog" button. Look for the link that says "search other libraries" and enter the vast resources of the new California Libraries Catalog (CALcat). "This is a giant step forward for libraries and information seekers," says Beth Walker, Principal Librarian at Pasadena Public Library.

Create a search that meets your specific needs: by type of library (academic, public, etc.), by format (books, musical scores, visual materials, computer files, magazines and newspapers, maps, etc.) or simply by title or author to locate an item. If you live or work in Pasadena, request the title through our Interlibrary Loan Service (ILL), just an easy click away.

Use CALcat to view collections from libraries all over the world through its connection to the WorldCat Catalog, a global database listing more than a billion items—everything from stone tablets to sheet music to MP3s, DVDs, newspapers, government documents and more! WorldCat includes items held by libraries throughout the United States and more than 80 countries.

"Access to these catalogs will be a boon for students, teachers, researchers, business people and others," said Jan Sanders, Pasadena Public Library Director. "If you have a special interest such as history, genealogy or gardening, or a special need, such as Braille, or large print, you're going to want to use this exciting resource."

CALcat was developed with a federal Library Services and Technology Act grant administered by the State Library of California. WorldCat is a service of OCLC, a worldwide library cooperative.

If you are searching the Pasadena Public Library's catalog, look for the "search other libraries" link and try it today!

Visit the Pasadena Public Library on the World Wide Web at [www.pasadenapubliclibrary.net](http://www.pasadenapubliclibrary.net)

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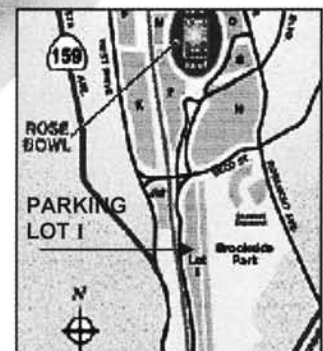
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