



DALLAS HIGHLANDS NORTH HOMEOWNERS ASSOCIATION

DALLAS HIGHLANDS NORTH HOMEOWNERS ASSOCIATION NEWSLETTER

HNHA CONNECTION

Volume 1, Issue 5
May 2006

HNHA EASTER EGG HUNT



Our annual HNHA Easter Egg Hunt was held on Sunday, April 9th and was a great success! Many neighborhood children and grandchildren enjoyed face painting and balloons, riding the train, greeting the Easter Bunny, and, of course, hunting for eggs. The weather cooperated perfectly - we could not have had a more beautiful day!

Thanks to all who brought their families and who made candy donations.



What's Going on Here?



The grass is greening up and the trees are full of leaves. Dallas Park Department planted six small trees at Twin Lakes, they are Red-buds and Chinese Pistachio.

As the existing trees become too old (like the Weeping Willow) or diseased the park department is trying to keep the area on a staggered rate of growth so the area will always have great trees. They will remove dead and dying trees as they are checked by a forester. Hope you are remembering to hold off on pruning any live or red oak until the Oak Wilt beetle has subsided. After July to October is the best time to prune oaks or in the winter before February.

Looks like most of the trees on the Preston Ridge Bike Trail survived the drought winter. Thanks to Rod Scales and his coordination with the church volunteers to keep the newly planted trees alive. Each year the trail becomes more park-like with the weed control and frequent mowing and trimming. We are most fortunate to have the trail in our area.

Coit Road Project is at a stand still now that Richardson is waiting for the North Texas Municipal Water District to release the hold on planting new vegetation. It will be on hold until the spring or summer rains make a difference in the lake levels.

How about those pansies at the sign beds!!!! HNHA funds the planting of the flowers and we really got our money's worth this year. I can't recall the pansies lasting as long as those planted last fall. There will be summer flowers planted later that are tolerant of the duck feet and the hot summer with water limitation. We are fortunate that Toledo Landscaping, a subcontractor, mows Twin Lakes, Campbell medians, and Preston Ridge Trail again this summer. They are on a 14 day mowing cycle and leave the area edged, trimmed and debris blown away. They are the best subcontractor we have had in this area over the years.

Susan Carrington
Park Liaison

North Dallas Neighborhood Alliance's Guide to Code Enforcement



Weeds

Weeds or grass over 12" high is a violation of the Dallas City Code. Property owners and tenants are responsible for keeping their lawns mowed. Failure to do so may result in a court citation and/or a bill for mowing service if the City has to do the cutting.

Litter



The property owner of tenant is responsible for maintaining the area between the curb in front of the house to the middle of the alley (or back property line if there is no alley) free of litter and weed and visibility obstructions.



No Signs Allowed

No one shall post or affix any notice, poster or other device to any lamp post, public utility pole, tree, or upon any public utility pole, tree, or upon any public structure or buildings or on any median or public property except as may be authorized by law.



Junked Motor Vehicles

Motor vehicles that are inoperative or partially dismantled, have expired license tags or safety stickers are considered "junk" motor vehicles. These are in violation of Dallas City Code and may be ticketed. If a JMV is not removed within 10 days, the City has the authority to tow a vehicle and have it crushed.

Home-Based Businesses



Home operated businesses can not advertise on the premises, can not employ more than 2 people who are not residents of the home, and can not have patrons between 10:00 p.m. and 7:00 a.m. For further particulars, call Dallas Code Enforcement at 670-1300.



Garage Sales

You may only post a sign on your property where the sale is occurring. A person must not place a garage sale sign at any other location remote from the sale property.

- In a manner that interferes with pedestrian or vehicular traffic.
- On any utility or telephone pole.
- On any tree that is located on any public right-of-way.
- On any public property, public structure, or public building.

(Continued on Page 3)

Other Garage Sale Guidelines

(Continue from Page 2)

Residents may hold up to two garage sales during a 12 month period. The garage sale may last no longer than three consecutive days and must occur inside a building, garage or patio. Any type of item may be sold at the garage sale except items made, produced, or acquired solely for the purpose of resale.

Residents not complying with the garage sale ordinance may receive a citation punishable by a fine of \$200-\$2,000 for each day the violation exists. Violations of the garage sale ordinance may be reported by calling the City's non-emergency services at 3-1-1.

Bulky Trash



- Place bulk trash on your front curb between 7:00 a.m. the Thursday before your brush collection week through 7:00 a.m. the Monday of your collection week.
- Only place large limbs, shrubbery, bagged leaves (in sealed 50-gallon or smaller bags), furniture, appliances, mattresses and box springs. Separate yard waste from other trash.
- Do not place bagged grass clippings and new construction or remodeling debris out for collection.
- Cost Plus service is available to retrieve construction or remodeling materials. (Bricks, concrete, rocks, and dirt are not collected in either the Cost Plus or regular bulk trash collections). Call 3-1-1 for a tree Cost Plus estimate.
- Keep Our Neighborhoods Beautiful! It is a violation to place your bulk trash out before or after your collection week. Violations will result in a \$250 citation. Warning tickets are not issued for bulk trash violations, so be sure you know your bulk collection week! Our area in Highlands North is Week 1.

Open Storage



No storage on front porches or yards is permitted (except for flower pots and lawn furniture). Anything stored in rear/side yards must be weather resistant and related to the home's main use.

Once a Notice of Violation has been issued and the violation is not voluntarily eliminated, a citation to court will be issued to the violator. For weed and litter violations, a citation can be issued as a first action. Repeat violators within any 24-month period will be automatically issued a citation upon a second violation.

Any code violation that occurs or involves a city street should be referred to the police or by call 3-1-1 which creates a file number and a response in a period of about ten days.

Kathleen Davis is the Director of Code Enforcement at City Hall and can be reached at 214-670-5708.



HNHA BOARD MEMBERS NEEDED!

You can make a real contribution to the success of our neighborhood! There are openings that need to be filled as soon as possible. Please consider joining the Highlands North Homeowners Association Board or Executive Committees!

If you are interested or have any questions, please call Debbie Leveno at 972-788-9147 or Cori Pratt at 972-407-0119.

You can make a difference!

MONTH OF MAY TRIVIA

Within any calendar year, no other month begins on the **same day of the week** as May.

May's flower is the **lily of the valley**.



May's birthstone is the **emerald**.

No **President of the United States** has ever died in May..

May in the **Northern Hemisphere** is the seasonal equivalent to November in the **Southern Hemisphere** and vice versa.

All **Star Wars** films were released this month.

Residential and Commercial



Legacy Heating & Air

Sales, Service, & Installation

Todd Mlynarski
214-802-0471

Jack Morgan
214-629-8446

Around the Neighborhood

You are cordially invited to attend:

HIGHLANDS NORTH SPRING FOOD, FASHION, AND FRIENDSHIP EVENT

**Friday, May 5, 2006
at 11:00 a.m.
Cost—\$17 per person**

Orchid Mediterranean Grill
1310 W. Campbell Road, Suite 101
(Northeast corner of Coit and Campbell -
behind La Madeleine)

Featuring Fashions By:

J. Jill

You can preview J. Jill's Spring Line at jjill.com

Luncheon Menu:

Greek Salad
Chicken and Beef Kabobs
Accompanied by rice and sautéed vegetables
Chocolate cake
Iced Tea
Cash bar available



Please join us!!



Neighborhood Men's Bible Study

When: Bible Study meets every Friday morning at 6:30 a.m. - 7:15 a.m.

Location: Fellowship House of FBCA, 15816 Spring Creek Road

Please join us for a time of fellowship, prayer and bible study.
Contact Greg Freeman at 972-701-8773



"I am still determined to be cheerful and happy, in whatever situation I may be; for I have also learned from experience that the greater part of our happiness or misery depends upon our dispositions, and not upon our circumstances."

Martha Washington, Wife of George Washington
(1732 - 1802)

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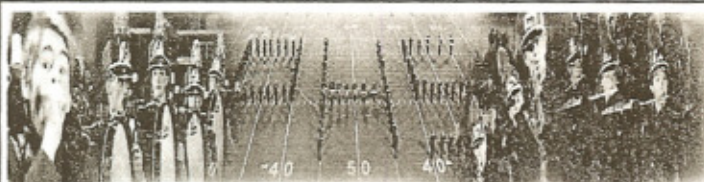
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JJ PEARCE MIGHTY MUSTANG BAND

The MMB Performs Final Concert of the Year!

Morton Meyerson Symphony Center

Tuesday, May 2, 2006 - 7:00pm

For tickets email: greg.hames@risd.org

Other Band News:

The JJ Pearce Mighty Mustang Band was honored to played at Carnegie Hall March 9th and invited to be on the CBS Early Morning Show Friday March 10. The band received the red carpet treatment from CBS with a studio tour and everyone had a great time.



The current issue of D Magazine has again rated the top high schools in the metroplex, based on student participation and performance in advanced placement courses.

All four RISD high schools ranked in the top 30, including Pearce High School at #11, Lake Highlands High School at #22, Richardson High School at #26, and Berkner High School at #28.

2006

RISD SCHOOL BOND ELECTION

Saturday, May 13th

At the Monday, Feb. 20 study session of the Board of Trustees, a presentation was made for a bond package primarily to begin Phase Two of the 20-year facilities maintenance plan begun in 2000. The Board unanimously voted to call the election for a \$145.4 million bond referendum on Saturday, May 13, 2006.

The \$145,435,000 is divided into three areas:

- Instruction: Capital items – approximately \$21,049,781
- Technology: Upgrades and infrastructure – approximately \$28,760,705
- Facilities renewal: approximately \$95,624,514

Bond proceeds would allow the district to purchase instructional capital items such as art, science, and language lab equipment; library books; ESL materials; dictionaries; outside reading books and reading programs; stage curtains; musical instruments; and band uniforms for fine arts; equipment and climbing walls for health/PE classes; clinic equipment.

Career and technology programs (CATE) offered to high school students will be expanded and enhanced with equipment and facilities. Programs discussed as options to keep students engaged in school include Computer Technologies, Construction-Maintenance Systems, Cosmetology, Hospitality, Metal Technology Systems, Ornamental Horticulture-Greenhouse Florist, Protective Services, and Transportation Systems. In accordance with the Strategic Technology Implementation Plan, desktop computers, printers, scanners and software would be updated when necessary.

Revitalization, or updates, of the district's 1960s-era schools may include office and/or clinic remodeling, safety issues, and entry remodeling. The primary emphasis of this bond is HVAC and electrical work.

For more information on this bond election go to: www.risd.org/SchoolTimesNOW. The RISD cable station is playing the bond information video every half hour, voting locations, can be found at the the RISD Web site, www.risd.org.

DON'T FORGET TO VOTE!




CRIME CORNER


NEIGHBORHOOD CRIME REPORT

The following crime report was submitted by:

Terri Smith #7713
Business/ Residential Crime Prevention
Officer
DPD North Central Patrol Bureau
(214) 671-0499


 There has been a trend with a few neighborhoods in Dallas where their brass signs that are posted at each entrance have been stolen. There is no suspect description and we can't find a reason for stealing them, the price of brass isn't all that great! Just keep an eye out and please report the offense if it does occur. That way we can keep track here at the station in case there is a pattern.

 A robbery occurred in a condominium parking lot that seemed at little different than any other I've heard of. This offense was committed by a black male, 15-16 years old, 5'6" tall wearing a large red shirt and baggy jean shorts. The suspect requested specific items from the female while he held her at gunpoint. He demanded her keys, wallet and purse and stating to her that he knew she had just come from a nearby ATM. This means the suspect followed her and robbed her in a less populated area. As always, be aware of your surroundings and if you feel you're being followed, do not drive home. Drive to a heavily populated area, shopping mall, etc., or to a police or fire station. And, if possible, do not use ATM's when it's dark outside, especially the kind you can only walk up to.

 Lastly, I've also been made aware of an attempted child abduction that also occurred in Richardson. This was two white males, 30-35 years old, in a dark colored Ford F150 pick up. The two suspects tried to lure a 12th grade female to their truck by waving

her over but luckily she said "no" and kept walking. The truck drove away but was waiting for the female as she rounded a corner where a resident came to her aide and took her back to school. If you live near a school, or even have kids walking home in your neighborhood, be on the lookout for suspicious vehicles loitering around. They may be legitimate but we don't want to take that chance!

Other crimes reported by Highland North Homeowners include:

 On three separate occasions (separate days) quarter-inch shiny steel pellets were shot through the five front windows of a HN home on Applecross Lane breaking the glass. The pellets came from a slingshot or an air gun. The damage was approximately \$2000. On one occasion the homeowner ran outside but did not see anyone or any passing cars. He thinks that it is likely that the shots came from an alley or a street south of the house. Another incident reported by the same homeowner is the distribution to his house of a newspaper-like publication, from the Aryan Nation, with obvious content. Several other homeowners on Applecross and around the neighborhood have reported finding the same publication left in their yards. These incidents have been reported and discussed with officers from the North Dallas police facility. If you have any knowledge or information about these crimes please report them to the Police Department

Basic Rules For Keeping Your Home Safe





It will soon be time for summer vacations. The following are rules to insure that your home will be safe while you are gone.

- Make sure that all doors to the outside are metal or solid (1 3/4"

- Make sure doors have a sturdy deadbolt lock, with a minimum of 1 1/2" bolt.
- Always lock up your home when you go out.
- Secure glass doors with commercially available bars or locks.
- Make sure all windows, especially at ground level, have good locks.
- Make sure all entrances are well lighted.
- Trim bushes or trees that hide doors and windows.
- Don't hide your house keys under the door mat or in a flower pot.
- Keep a written record of all the furniture, jewelry, and electronics. If possible, video record your property and note serial numbers and other helpful information. Place these items in a safety deposit box or in a secure place.

When You Go Away

- Ask a trusted neighbor to collect your mail and newspapers, and offer to return the favor. 
- Leave word about when you're leaving, when you'll return, and how you can be reached in an emergency.
- Put automatic timers on at least two lights (and possibly a radio) to help your home look  and sound lived-in.

Submitted by Mel Shapiro

DID YOU KNOW?

DALLAS POLICE DEPARTMENT

VIP

Volunteers in Patrol

WORKING WITH CITIZENS TO FIGHT CRIME
Sponsored by
THE DALLAS POLICE DEPARTMENT
CRIME PREVENTION ADMINISTRATION

WHAT is it?

Volunteers in Patrol is a Non-confrontational neighborhood patrol program.

WHY was it created?

To reduce crime through increased cooperation between citizens and police.

WHO does it involve?

Private citizens who have passed a screening process and completed a course of training given by the Dallas Police Department.

HOW does it work?

Volunteers donate their time to Patrol their neighborhood while driving their own vehicles or vehicles provided by their community organization. They are trained by the Dallas Police Department how to observe and report suspicious and/or criminal activity in their neighborhood.

How Do I Join VIP?

Simply contact the Dallas Police Department Crime Prevention Administration at 670-4427 and request an application. In order to apply, you must:

- Be a City of Dallas resident
- Be at least 21 years of age.
- Have no criminal record (no felony convictions and/or A or B misdemeanors within the last 2 years.
- Be a member of a neighborhood crime watch or association.
- A background check will be conducted by the Dallas Police Department's Personnel Division on all applicants meeting the above criteria. Prior to participating in the program,

citizens must successfully complete the Volunteers in Patrol training which consists of 10 hours of instruction conducted by the Police Department.

VOLUNTEERS ON PATROL PROVIDE:

- Citizens with an active means to make a difference in their communities.
- Increased cooperation between citizens and police officers.
- Assistance to the Police Department through additional observation and reporting.
- Increased code enforcement.
- Increased public presence in the neighborhood as a means of deterring crime.
- Increased awareness among the citizens within a neighborhood.
- Increased quality of life and safer environment for all neighborhood residents.

The Dallas Police Department encourages neighborhood residents to get involved with crime prevention.

The HNHA VIP Members patrol in pairs for a few hours per month and use cell phones to communicate with neighbors or police. This groups **ALWAYS** welcomes new members any time of the year.

If you are interested please contact the HNHA Coordinator: Mel Shapiro at (972) 934-0397



Crime Watch Hotline

(214) 967-5120
highlandsnorth@hotmail.com



SUNSHINE AND SHADOWS

Congratulations to Jonathan Sloan, Junior at JJ Pearce, son of Gary & Jean of Dunleer Way. Jonathan is a 6' 8" Post for JJ Pearce and was voted MVP of District 10 5A by the coaches in the district and also made the All-Region Team for Region #2. Jonathan has already broken several basketball records at Pearce and is looking forward to a winning season his senior year at Pearce. He has already received oral offers from UTA and SMU for full scholarships, and can sign to a college in the Fall.

If you have any news that you would like to share with our homeowners, please contact Jean Sloan or Jackie Ferris at jaqueferris@sbcglobal.net.



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Home and Garden Tips for May



SHRUBS and TREES

Source: fairygardens.com

- It's still not too late to fertilize your trees and shrubs. Use a 'Rhododendron' or an 'Evergreen' type of plant food to feed evergreens and acid loving plants like Rhododendrons, Camellias, Azaleas, and Junipers, etc. Use an all-purpose garden fertilizer (10-10-10) to feed roses, deciduous shrubs and trees. Be sure to water the fertilizer in thoroughly after it is applied.
- Remove the wilting seed heads from Rhododendrons and Azaleas, so that the plants energy can go to foliage growth and next year's flowers, rather than seeds.
- Work lime in the soil around your Hydrangeas to produce pink flowers or Aluminum Sulphate for blue.
- Remove any sucker growths from fruit trees as soon as they appear.
- Keep a vigilante eye on the roses. Keep them sprayed for aphids and other pests and diseases such as black spot.
- Pines and other conifers can be kept to a compact size by pinching off the new growth 'candles'.
- Lilacs should be pruned lightly after they finish blooming, removing sucker growths and dead blooms. Feed lilacs in May with a good all purpose 10-10-10 fertilizers after they have finished blooming. If your soil has an acidic pH, work a little lime into the soil as well.

PERENNIALS, ANNUALS and BULBS

- Dahlias, Gladiolas, tuberous Begonias, Lilies and Cannas and other summer flowering bulbs can be planted this month. Gladiolas bulbs may be planted at 2-week increments until the first of July to provide you with cut flowers until the first frost.
- Summer flowering perennials may all be set into the garden any time in May. Break off wilting Tulip or Daffodil heads but continue to feed and care for the plants until the foliage has died back naturally. Old plantings of

Daffodils may be divided and moved when they have finished blooming, but treat them as growing plants and use care to protect the foliage and roots. Water them thoroughly after transplanting. It is best not to dig or move other spring flowering bulbs until their foliage has ripened and died back.

- Lightly side dress perennials with an all-purpose 5-10-10 or 10-10-10 fertilizer. Avoid spilling the fertilizer on the plant, and use care not to damage the shallow roots when you cultivate it into the soil.
- Setting the stakes next to your taller flowers early in the season, will help to support the plant against winds as well as making it easier to 'train'.
- Promptly remove spent flowers from any plant unless your intent is to harvest the seeds. It consumes the plants energy to produce the seeds, and in many species of plants (especially annuals), removing the dead flowers will promote further blooms.



FRUITS and VEGGIES

- Carrots, lettuce, potatoes, corn, beans, peas and most popular vegetables (with the exception of the warmer weather crops) can be seeded or planted into the vegetable garden at any time now.

THE LAWN

- May is a good month to repair your lawn. Fill in the bare spots by slightly loosening surface of the soil and sow a good quality lawn seed over the area evenly. Tamp the seed in gently and water. Keep the patch moist by covering with light mulch of lawn clippings.
- This is the time to eliminate lawn weeds by hand pulling, or the application of a 'weed and feed' fertilizer.... before they go to seed!
- Setting your mower for a higher cut during the spring months will help the grass to grow in fuller and help choke out the weeds.

GREAT NEW PAINT SUPPLIES

By Robert Martin in "Home Tips" Southern Living



If it's been a while since you've painted a room, chances are you're probably not up to speed on what's out there concerning interior paint. Freshly painted rooms are always great to look at, but smelling them is another thing. While well-known brands such as Benjamin Moore, Devco Paints, and Sherwin-Williams have responded with low-VOC (volatile organic compounds) products, which stop the odor at its source, the Scentco company has taken things one step further. Stir in one pouch of their Paint Pourri air freshener additive to a gallon of paint, and walls will emit a pleasing scent for up to one year. For more details visit www.scentco.net.

- For bumpy walls, Builders Solution interior paint from Sherwin-Williams contains a latex surfacer and top coat, creating a smooth surface over dents. Visit sherwin-williams.com

Why Taping Is Worth It



Unless you're a professional painter, it's hard to get a straight paint line without masking off areas with tape. Helpful hints.

- Check the tape's adhesion level. Newly painted and delicate finishes require lower adhesion, while rough surfaces can handle higher ones.
- To keep paint from seeping under your masked-off areas, be sure the surface is clean and dry before applying. Consult the manufacturer's recommended time for leaving painter's tape in place before removing.

Help for Your Ceiling

If you've ever painted a ceiling white that's already white, you know how difficult it is to see what's been covered. Add some sloping surfaces, and it becomes even more difficult--unless you know about EZ Track ceiling paint by Glidden. The paint goes on pink and then turns white. You can keep track of your progress and touch up misses along the way. Go to www.gliddeneztrack.com, or ask for EZ Track paint at your local home-improvement store.



ADVERTISING....

Do you own a business or have something to sell? Are you interested in reaching over 500 households??

The HNHA Monthly Newsletter offers great ad rates for HNHA Members and Non-Members too!

Please call Jackie Ferris at: 972-239-9890 or e-mail me at jaqueferris@sbcglobal.net

2006 HNHA MEMBERSHIP

Are you new to the neighborhood and haven't joined HNHA? Contact Connie Wilcoxon at: (972) 980-4052.



Financial Reports are available upon request from the Treasurer, Eugene Morrison. Please contact him at:

**Dallas Highlands North
Homeowners Association
P. O. Box 837143
Richardson, TX. 75083-7143**

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HNHA members receive 5% off any renovation or repair work!



HNHA HOTLINES

Crime Watch Hotline—(214) 967-5120
highlandsnorth@hotmail.com

HNHA Info Line—

(972) 404-HNHA (4642) Information Only—
Please do not leave a message.

HNHA Web site—General Information -
www.highlandsnorth.com

Pet Hotline—(972) 967-PETS(7387)
hnhapets@hotmail.net

Volunteer Duck Care Help—
(972) 931-3486

Consumer File—(972) 934-1132



2005-2006



HNHA BOARD MEMBERS

President—Scott Heimbuch- (972) 239-8791

V. President/Membership—Connie Wilcoxon-
(972) 980-4052

V. President/Development—Mike Harvey-
(972) 788-0890

V.P./Safety & Beautification—John Jumonville-
(972) 490-6595

Secretary—Cori Pratt- (972) 407-0119

Treasurer—Eugene Morrison - (972) 267-0154

Activities—Debbie Leveno- (972) 788-9147 and
Marilyn Hall - (972) 818-3379

Block Captain—Gennifer Horan - (972) 386-4221

Crimewatch Hotline—Dustin and Christie Kroeger -
(972) 387-2770

Civic Interest—None

Communications/E-Mail—Lisa Miller -
(972) 385-1008

Computer—Connie Lawrence - (972) 661-1845

Consumer File—Robin Ricci - (972) 934-1132

Newcomers North—Marcia Weiss - (972) 387-2991
and Stormy Matthews - (972) 392-0500

Newcomers South—Lisa Miller - (972) 385-1008

Newsletter—Jacqueline Ferris - (972) 239-9890

Park Liaison—Jace and Susan Carrington -
(972) 661-9018

Social—Easter Egg Hunt—Lori Hamilton and
Tricia Freeman

4th of July—Debbie Leveno

Fashion Show—Sodra Minigutti and Susan Bondy

Sunshine and Shadows—Jean Sloan - (972) 661-1442

Volunteers In Patrol—Mel Shapiro - (972) 934-0397



Pet News



HOME NEEDED

A miniature pinscher/Chihuahua mix - male-neutered- 2 1/2 years old. He loves other dogs and cats and gets along well with children. He's housebroken, a cuddler and very sweet. He is up to date on all his shots and has heartworm medication for the next six months. If interested, please contact Kay at 972-701-8955.

Heatstroke In Pets

Summer is almost here and with it comes heat. Everyone knows how important it is to drink water and limit exercise to prevent heat injury. But did you know that pets are susceptible to heatstroke?

Heatstroke is a potentially deadly injury that is easy to prevent. Here is some information to determine if your pet is at risk and how to prevent heatstroke.

What is Heatstroke?

Heatstroke occurs when an animal's core body temperature reaches 104.9 to 109.4 degrees Fahrenheit after exposure to ambient temperatures. Normal body

temperature is 101.5 to 103.5 degrees Fahrenheit.) Most commonly this occurs when an animal is confined in an overheated automobile or kept outdoors on hot, sunny days without adequate shelter. Exercising or overexertion in hot, humid weather can also lead to heatstroke.

Animals will seek shelter and assume body postures to facilitate cooling. Unlike people, animals lack significant sweat production for evaporative cooling and rely upon panting for heat loss.

How do you know if your pet has heatstroke?

Initially you may notice rapid panting, a fast heartbeat, confusion, and dry, red mucous membranes (look at tongue and gums).

Later, as symptoms worsen, you may see depression, gray mucous membranes, vomiting and diarrhea. Eventually there may be seizures, coma and even death.

What do you do if you think your pet has overheated and is in danger of heatstroke?

First, move the animal out of the sun and heat. Bring the pet to the veterinarian immediately. If available, use the air conditioner in the car to help cool the animal on the way to the veterinarian. It is important to start treating the animal as soon as possible to prevent organ

damage and death. If you can't get to the vet immediately, take steps to cool the pet. Soaking the pet's coat with cool water, take the animal's temperature every five minutes to prevent hypothermia (overcooling). When the temperature reaches 103 degrees Fahrenheit, stop the cooling process.

As soon as possible, bring the pet to the vet for further evaluation and treatment. This is important because your pet may be dehydrated and need intravenous fluids or other medical treatment for organ injury. This can occur up to several days after the event.

Some tips to prevent heatstroke:

Never confine your pet in a car during warm months.

Check outdoor storage areas before closing them to ensure pets aren't locked inside.

Provide outdoor shade and always have fresh, clean water available.

If you exercise with your pet, do so during early morning or late evening hours.

See your veterinarian regularly for physical examinations and vaccinations, since an underlying disease such as obesity or heart disease can increase an animal's risk for heatstroke.

For more information, contact your veterinarian.

Submitted by Zoe Meyer

Prestonwood Pet Clinic

Gary Bridges, DVM

5242 Meadowcreek Drive

Suite 110

Dallas, Texas 75248

972 233-7343

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HNHA YARD OF THE MONTH

NORTH SIDE



Jim and Nancy McCord of 7619 Kevin Drive

SOUTH SIDE



Lydia (Micky) Storck of 7708 Lairds Lane



Summerglen Landscape Services



Call Glenn Moore at 214-704-5922



Paige Farcy R.M.T. Registered Massage Therapist 214-929-1316

Enjoy Massage Therapy In Your Home

With 12 years experience in massage and physical therapy, I can bring the benefits of massage and individualized programs in posture training and body mechanics to your home. Experience the benefits that massage can bring: stress relief, improved healing, relaxation, and better sleep, in the comfort of your own home and scheduled for your convenience.

Massage Therapy Rates

30 minutes----\$30.00
60 minutes----\$60.00
90 minutes----\$90.00

HNHA Special Introductory Offer

\$10 off first appointment.

Gift Certificates

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P. O. Box 837143
Richardson, TX. 75083-7143



Lawrence

7706 Lairds Ln
Dallas, TX 75248



Bulky Trash Pickup Dates for 2006

<i>May 1</i>	<i>June 5</i>
<i>July 3</i>	<i>August 7</i>
<i>September 4</i>	<i>October 2</i>

75248+2345-06 0006



HNHA CALENDAR May 2006



May 1st
May 5th
May 8th
May 13th
May 14th
May 25th
May 29th

Bulky Trash Pickup
HNHA Spring Fashion Event
HNHA Board Meeting
School Bond Election
Mother's Day
Last Day of School—RISD
Memorial Day

