



Shepherd's Clinic

EXECUTIVE DIRECTOR'S UPDATES

January 2022



SHEPHERD'S OSTEOARTHRITIS PROGRAM STARTING SOON

I want to share that the Clinic received a \$10K grant to support our patients suffering from osteoarthritis (OA). It causes joints to be painful, stiff, and sometimes swollen. Patients are often unable to perform their daily tasks due to discomfort, joint weakness, and poor balance.

The Clinic will provide medication and medical supplies, such as joint braces, to program participants to lessen their discomfort. In addition, the program will include patient education.

Patient recruiting will be underway shortly—the program will include at least fifty participants. We will encourage our OA program participants to take advantage of our behavioral health and wellness services for an integrative care experience. I will keep you posted on our progress.



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