# School Closure Family Resources

#### General

MCCOY: MCCOY has a living resources page for young people and their families during this time
of social distancing. It is being updated as new resources are found. To view this list, please <u>click</u>
here

### Educational

- BrainPOP: Brain Pop has made their animated movies, assessment resources, and creative tools
  available for students whose schools have been closed due to COVID-19. Free access is available
  during the duration of your school's closure. <u>Click here</u> to learn more.
- WeAreTeachers.com: While this website is geared at educators, they have an exhaustive list of over 60 free online learning resources that parents and students can access. <u>Click here</u> to see the list.
- Free Worksheets: 123homeschoolforme.com has thousands of printable worksheets organized by grade! Visit <a href="https://www.123homeschool4me.com/home-school-free-printables/">https://www.123homeschool4me.com/home-school-free-printables/</a> learn more and print some worksheets!
- KiwiCo: KiwiCo's website has a printable at-home learning schedule, as well as activities by age and daily DIY's. The page is updated daily. To visit, <u>click here</u>
- Scholastic Learn at Home: Scholastic's Learn at Home has daily learning experiences, each built around a meaningful story of video. Kids can do them on their own, with their families, or with their teachers. Activities are broken out by grade level. For more, click here.
- Free Education Company Subscriptions: <u>Click here</u> for the list of education companies currently offering free subscriptions due to school closings.
- Storytime Online: Storyline offers videos of various actors and actresses reading your favorite stories aloud! <u>Click here</u> to check it out.
- Skype a Scientist: Be matched with a scientist for a Q&A chat over Skype! Click here!
- Be inspired and motived by children journalists, reading stories at timeforkids.com
- Go on a virtual adventure exploring <u>national parks</u>
- Girls Who Code: In response to the COVID-19 pandemic, Girls Who Code is making computer science educational activities available for download, free of charge, to anyone who wants access to them. Activities will be released weekly with varying levels of difficulty. To check it out and learn more, <u>click here</u>.
- Indianapolis Public Library: Although the library is closed, you still have access to
  millions of books, movies, and more with your library card! Staff are also still available
  by phone to help with questions and reading suggestions! <u>Click here</u> to learn more and
  get started.

### Child Care

- MLKCC: Martin Luther King Community Center is providing emergency child care programming for as long as they are able. They are primarily open for families of IPS #43, but are adding additional families as capacity permits. To learn more, call 317-923-4581 or email Info@MLKCenterIndy.org
- Child Care Answers: All Indiana communities have a local Child Care Resource and Referral
  Agency to connect parents with local child care options and provide referrals for support.
  Marion County's is Child Care Answers. You can visit <a href="http://childcareanswers.com">http://childcareanswers.com</a> or call 317-636-5727 to learn more about what's available in our area.
- Families who need help finding or paying for care can contact Brighter Futures Indiana at 800-299-1627 to speak to a resource specialist.

#### **Basic Needs**

- Food Provided by IPS: IPS will provide breakfast and lunch to all students Monday-Friday through April 3, 2020. Meals will be distributed between 11am and 1pm from the parking lot at seven IPS locations. Please click here to learn more and see specific locations
- Food Pantries: A list of our local food pantries, along with their hours and any additional requirements, can be found <a href="here">here</a>.
- North District Food Baskets: The Community Relations Unit of the IMPD shared that they have a small amount of food baskets available. If you and your family are interested, please email either Officer Murphy at <a href="mailto:Billy.Murphy@indy.gov">Billy.Murphy@indy.gov</a> or Officer Frazier at <a href="mailto:Robyn.Frazier@indy.gov">Robyn.Frazier@indy.gov</a>.
- Utilities: Some utility companies have announced that they will NOT be disconnecting any
  customers' service due to non-payment. This is to give customers experiencing financial
  hardship extra time to make payments. So far, the utility companies participating are
  Indianapolis Power & Light, Citizens, and Duke Energy. IPL and Citizens have stated that
  disconnections could resume in April, but acknowledge that the deadline may change as this
  situation progresses. For more information, it is recommended you contact your utility company
  directly.
- Indy Parks Food Support: Indy Parks is working with Second Helpings to provide food for Marion County residents. Food is available to all kids 18 and under, and Second Helpings is providing sack lunches for adults. This service is available Monday through Friday. For information about times and locations, <u>click here</u>.
- Map of Free Meals: Chalkbeat has put together a map showing where Indianapolis children can get free meals during COVID-19 shut downs. <u>Click here</u> to view the map.

Center Township Trustee's Office: The Center Township Trustee's Office can provide financial
assistance (called Township Assistance) for things like utility payments, food, and housing
payments. Please note, significant documentation is necessary. Please <u>click here</u> to learn more.

• Unemployment: If you have lost your job related to the challenges around COVID-19, don't forget to file for Unemployment Insurance. To learn more and to file, <u>click here</u>. Additionally, the Indiana Department of Workforce Development will host two live webinars for those impacted by COVID-19. These programs will be held at 10:30am on Tuesday 3/24 and at 3pm on Wednesday 3/25. They will cover unemployment eligibility and frequently asked questions, like how to apply. The program will be recorded and made available to all who register. To register, click here.

#### Internet

• Internet Essentials: Internet Essentials from Comcast offers affordable, high-speed internet for \$9.95 per month plus tax with no contract and no credit check. You may qualify if you are eligible for programs like the National School Lunch Program, Medicaid, SNAP, SSI, and others. To learn more and to apply, click here.

### Activities

- PBS: PBS's website offers many free, educational activities, as well as a daily newsletter offering
  activities and tips you can use to help kids play and learn at home. Please <u>click here</u> to check it
  out!
- The Children's Museum of Indianapolis: The Children's Museum of Indianapolis is working to bring our museum home to you! Check out <u>The Museum's Facebook Page</u> for videos about science experiments you can do at home, story time, and other learning experiences!
- Online Museum Tours: Many museums across the country, including British Museum, London
  and The J. Paul Getty Museum in L.A., are offering "virtual" tours online! <u>Click here</u> for the full
  list of Museums and access to these tours.
- San Diego Zoo: The San Diego Zoo's kids website has videos, stories, activities, and games based on the animals at their zoo! Visit <a href="https://kids.sandiegozoo.org/">https://kids.sandiegozoo.org/</a> to learn more!
- NASA: NASA has made their entire image library public and searchable! Visit images.nasa.gov to see and search these cool images!
- The Cincinnati Zoo: The Cincinnati Zoo is doing a Facebook Live Safari every weekday at 3:00pm! To participate and learn more, <u>click here!</u>
- View the schedule for a wide variety of live stream activities, here.
- Take <u>virtual field trips</u> to places like Paris, France to visit the Louvre, U.S Space and Rocket Museum in Huntsville, AL, and you can even take a trip that is out-of-this-world to explore the surface Mars and much more!

- 70 Things to do at Home: Indy's Child has put together a compilation of 70 fun activities to do from home! To read more about their ideas, <u>click here</u>.
- Hang out with Mo Williams for Lunch Doodles!
- Met for Kids: The Metropolitan Museum of Art in New York has a website just for kids!
   Kids can explore the museum and watch interesting videos. <u>Click here</u> to learn more.
- Yellowstone National Park: Yellowstone National Park has virtual tours of some of the main attractions in the park. Click here to learn more.
- Virtual Gym Class: Joe Wicks is hosting a daily kid's workout class on his YouTube channel daily at 9:00am during the school closures. The work outs are designed to be kid friendly, will last half an hour, and can be done indoors. To read more and participate, <u>click here!</u>

# Mindfulness and Mental Exercises

- Daily Calm: YouTube's Daily Calm 10 minute meditations walk you through a new meditation every single day. Its great for beginners and is a simple, guided daily meditation. To try it out, click here.
- Practice Mindfulness with Belly Breathing: PBS for parents has instructions to help teach your children belly breathing, which helps to fight stress and anxiety to trigger a relaxation response. To learn more, click here.
- Walking Meditation: VeryWellMind has an article about walking meditation, which provides the benefits of meditation combined with the benefits of exercise! It is easy to learn and practice, so it's great for beginners. To learn more, <u>click here.</u>
- Yoga with Adriene: Adriene hosts a YouTube channel all about yoga! There are all kinds of
  options, including yoga for beginners, gentle yoga, and yoga for stress. To check it out, <u>click</u>
  <u>here.</u>

## For Parents

- IndyHub Digital Gatherings: IndyHub and Leadership Indianapolis have worked together to launch a digital gathering series designed to bring community members together. Gatherings include digital book clubs, panel discussions, and virtual meet ups. <u>Click here</u> to learn more and participate!
- Helping Children Cope with Emergencies: The CDC has put together some information and suggestions surrounding helping children to cope with emergencies. To learn more click here.
- Comic About Coronavirus: NPR's website has a comic that serves to help children understand Coronavirus. There is also an audio version. To check it out, <u>click here</u>.

# Immediate Employment Opportunities for COVID-19 Displacement

• **Amazon** is hiring Warehouse Team Members. <a href="https://workoneindy.com/resources/covid-19/www.amazon.com/indianajobs">https://workoneindy.com/resources/covid-19/www.amazon.com/indianajobs</a>

- ClusterTruck is hiring drivers for Indianapolis and Carmel. http://delivery.clustertruck.com/drivers/
- CVS is hiring distribution center jobs starting at \$12.25/hr. More information about http://cvs.jobs/indy-dc
- DoorDash is hiring delivery drivers. http://delivery.clustertruck.com/drivers/
- Fastenal is hiring for their distribution center. <a href="https://careers.fastenal.com/">https://careers.fastenal.com/</a> HOW TO APPLY: Click Opportunities > Click Distribution/Warehouse > Click Find a career in this department > Enter zip code 46254 > Click Find Jobs. This displays a list of all open positions for their distribution/warehouse plus their manufacturing positions. Click the job title to view a job description.
- **FedEx** is hiring warehouse workers and casual package handlers for part-time work at \$15.30/hr. https://careers.fedex.com/express/jobs/POSTING-3-219461?lang=en-us
- GrubHub is hiring delivery drivers. <a href="https://driver.grubhub.com/">https://driver.grubhub.com/</a>
- InstaCart is hiring shoppers and delivery drivers. http://www.instacart.com/
- **Kroger** is hiring for shoppers for Kroger Pickup as well as employees to stock shelves, clean stores, and work registers. Pay is available up to \$12.30/hr. <a href="http://jobs.kroger.com/">http://jobs.kroger.com/</a>
- Lowes is hiring for various positions. <a href="https://jobs.lowes.com/ly online">https://jobs.lowes.com/ly online</a>.
- **Meijer** is hiring for various positions. https://jobs.meijer.com/stores
- Pizza Hut is hiring for various positions and delivery drivers across Indianapolis.
   <a href="http://jobs.pizzahut.com/">http://jobs.pizzahut.com/</a> or text "qualityhuts" to 242424 and follow the link.
- Postmates is hiring delivery drivers. https://fleet.postmates.com/
- **Uber Eats** is hiring delivery drivers. <a href="https://www.uber.com/us/en/drive/delivery/">https://www.uber.com/us/en/drive/delivery/</a>
- Walmart in Plainfield is hiring full-time and seasonal warehouse associates. https://careers.walmart.com/ <u>Hiring event Friday 3/20 & Saturday 3/21</u> If interested in attending one of the hiring event days, apply online and then call (317) 435-6428 to schedule a tour time at 9590 All points Parkway, Plainfield, IN 46168.