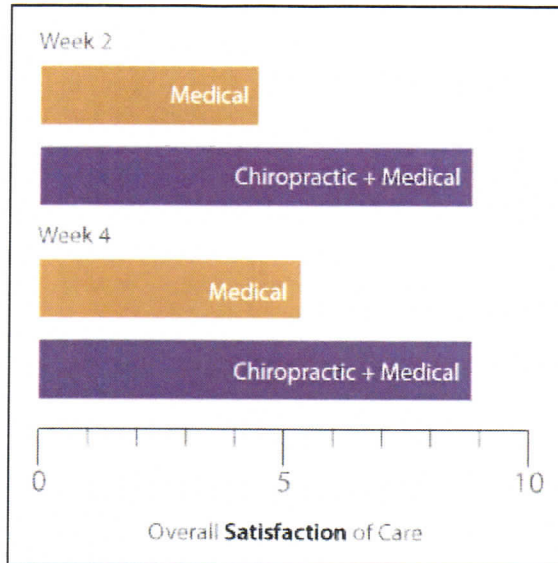


## Chiropractic Study on Low Back Pain Improvement... 73%!!!

In a low-back pain study led by the Palmer Center for Chiropractic Research, 73 percent of those who received standard medical care *and* chiropractic care rated their improvement as pain "**completely gone**," "**much better**" or "**moderately better**." In comparison, 17 percent of participants who received *only* standard medical care rated their improvement this way.




These results, as well as other measures of pain and function between the two groups, are considered both clinically and statistically significant. This pilot study was conducted at an Army Medical Center in El Paso, Texas, with **91 active-duty military personnel between the ages of 18 and 35**.

According to Principal Investigator Christine Goertz, D.C., Ph.D., vice chancellor for research and health policy for Palmer College of Chiropractic, "We know very little about the

impact of chiropractic adjustments on diverse populations in real-world settings. This pilot study was the **first step** in filling that gap in our knowledge.

***Do you know someone who suffers from back pain? Pass this along for them to receive a complimentary assessment in our office!***



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