

Healthy Journey for Two Educational Baby Shower



Pregnant attendees receive multiple chances to win free baby items throughout the class AND receive a gift card at the completion of *ONE* class. Any pregnant woman can attend. Call or email us to save your spot in the group (REQUIRED) or for more information. Please leave a message if you miss us when you call.

Choose the date & location that works best for you.

Come see us!





Are you looking for resources in your community to help you throughout your pregnancy and childbirth?

Come see us!

December 2, 2015 (Wednesday), 12:30 – 3:00 p.m.
Family Health Center, 834 East Broadway, Louisville KY 40204
RSVP to Mendy Mason at 502-341-5400 or mmason@sevencounties.org

December 3, 2015 (Thursday) 9:30 – 11:00 a.m.

Park DuValle Community Health Center, 3015 Wilson Ave. Louisville, KY 40210 RSVP Mendy Mason at 502-341-5400 or mmason@sevencounties.org

December 8, 2015 (Tuesday) 1:00 p.m. – 3:00 p.m.

Louisville Free Public Library/Okolona Branch
7709 Preston Hwy. Louisville, KY 40219

RSVP Mendy Mason at 502-341-5400 or mmason@sevencounties.org

December 10, 2015 (Thursday), 1:00 – 3:00 p.m.

Bridges of Hope Neighborhood Place, 1411 Algonquin Pkwy. Louisville, KY 40211
RSVP to Mendy Mason at 502-341-5400 or mmason@sevencounties.org

December 15, 2015 (Tuesday), 10:00 – 12:00 p.m. Northwest Neighborhood Place, 4018 W Market St. Louisville, KY 40212 RSVP to Mendy Mason at 502-341-5400 or mmason@sevencounties.org

December 22, 2015 (Tuesday), 1:00 – 3:00 p.m.
City Life Ministries, 4102 W Market St. Louisville, KY 40212
RSVP to Mendy Mason at 502-341-5400 or mmason@sevencounties.org

December 28, 2015 (Monday) 6:00 – 8:00 p.m.

Baptist Health LaGrange, 1025 New Moody Ln. La Grange, KY 40031

RSVP to Mendy Mason at 502-341-5400 or mmason@sevencounties.org

January 7, 2016 (Thursday), 1:00 – 3:00 p.m.

Bridges of Hope Neighborhood Place, 1411 Algonquin Pkwy. Louisville KY 40210 RSVP to Mendy Mason at 502-341-5400 or mmason@sevencounties.org

Do you want information about postpartum depression?



Are you looking for education about having a healthy pregnancy and baby?

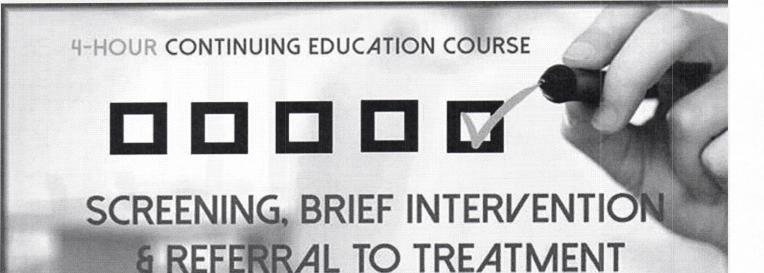
Come see us!

Healthy Journey for Two" program is made possible by a grant from the Kentucky Division of Substance Abuse. This program is coordinated by Seven Counties Services, Inc. and KIDSNow Plus. Dates/times/locations are subject to change. Incentives are subject to availability. Please call to confirm details. Have questions or want to bring a Healthy Journey event to you?

Contact Mendy Mason, Kidsnow Plus Coordinator, at 502-341-5400 or mmason@sevencounties.org.

Seven Counties Services, Inc., a private, not-for-profit corporation, is the state-designated regional behavioral health and developmental services center for Bullitt, Henry, Jefferson, Oldham, Shelby, Spencer, and Trimble counties of Kentucky. The mission of Seven Counties is to build healthy communities by helping individuals and families who are affected by mental illness, developmental disabilities, addictions and abuse realize their potential. Through our mission, we envision communities where those we serve live satisfying, productive and valued lives. Seven Counties is fully accredited by the Joint Commission. It is nationally recognized for its innovative and effective programming. The organization is the largest non-hospital, not-for-profit and one of the top 30 employers in the Louisville metro area. More than 1,400 clinical and administrative staff members and 400 volunteers create and deliver quality services to 32,000 persons each year. For more information, visit www.sevencounties.org.

Please share widely to help us spread the word about the availability of the 4-hour self-paced online course; CE and CME credit available at no cost!



FREE ONLINE SBIRT TRAINING

psattcelearn.org

Screening, Brief Intervention, and Referral to Treatment (SBIRT) Training:
4-hour Self-Paced, Online Course

Screening, Brief Intervention, and Referral to Treatment (SBIRT) is an integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders and those at risk of developing these disorders. Overall, substance use contributes to over 70 conditions that require medical care. Screening can be easily used in primary care settings and enables healthcare professionals to systematically identify and assist people whose drinking or substance use may

CME Credit Available!



Shawnee Transformation Youth Coalition Project Coordinator's Report December 21, 2015

- Met with Fiscal Agent, Shawnee Christian Healthcare Center, to determine reporting requirements for grant; discussed policy and procedures for expenses.
- > Coordinated press conference and movie night on November 13, 2015. Emailed voting tool to coalition members for voting of officers. A total of 60 were in attendance (including children).
- Submitted Articles of Incorporation to Kentucky State Treasurer for a Non-profit Corporation. Awaiting determination.
- Met with Shawnee Arts & Cultural Center staff and program staff to introduce grant strategy and to discuss partnership opportunities and the engagement youth in strategy activities. Will engage youth who participate in current programming at Center to become a part of Shawnee Youth Advocates.
 - Had a subsequent meeting with Ben Johnson, Louisville Metro Parks & Recreation, to provide overview of grant and partnership opportunities with Shawnee Arts & Cultural Center.
- Met Dave Christopher, Executive Director of AMPED to discuss partnership opportunities in regards to the development of a social access prevention campaign. AMPED utilizes digital media (music and video) as youth development tool within the Chickasaw community and is housed at the Flaget Community Center. Discussion focused on the creation of a documentary to address youth substance use and abuse.
 - Additional funding opportunities are available to help offset cost of documentary development. Documentary will be created by youth and used in awareness campaign within schools, churches and throughout the community.
- Conducted interviews of 6 candidates for part-time office/program assistant. Selected Renata Milan for position.
- > Attended DFC Conference December 6-8, 2015.
- Began purchasing items for office set up. Finalized MOU with the Fuller Center for Housing for office space.
- Submitted request to host a Towne Hall Meeting in 2016, As a DFC Grantee, we were invited by the Substance Abuse and Mental Health Services Administration (SAMHSA), to join in the 2016 Communities Talk: Town Hall Meetings to Prevent Underage Drinking initiative. If awarded, STYC will receive \$500.00 to cover cost for event.

Met with Northwest Neighborhood Place and The Academy @ Shawnee to begin planning a community conversation/Towne Hall Meeting with a panel of youth speakers. Working with youth group to flush out topics for discussion.

Shawnee Transformation Youth Coalition Meeting Monday, October 19, 2015 3:00pm Meeting Minutes

Present:

Larry Tyus, Chair Evelyn Spurley, Vice-Chair Verna Goatley, Business Sector Angela Hollingsworth, Government Sector Sandra King, Healthcare Sector Brittany Watkins, Prevention Specialists Stephanie Benson, Prevention Specialists Steve Marrilla, Community Organization

I. Welcome/Introductions

Larry Tyus, Chair, opened the meeting at 3:10pm. Round the table introductions were made. Mr. Tyus introduced Monica LaPradd as the new Project Coordinator for the DFC Grant Implementation.

Larry shared with the Coalition his meeting, along with Brittany Watkins, with the Shawnee Christian Healthcare Center. The role of the fiscal agent and next steps in securing contract staff was discussed.

Monica will schedule a meeting with SCHC leadership.

II. Grant Overview/Workplan/Budget

Monica LaPradd provided the Coalition with copy of grant work-plan and budget as approved by DFC for review.

III. By-Laws/Election

Monica presented the Coalition with copies of current by-laws. Election of officers is the next step for the coalition. By-laws will need to be updated to show current officers. Brittany Watkins, TA for the Coalition, will create a voting tool using Survey Monkey to be sent via email.

Voting slots will include:

Larry Tyus, Chair Evelyn Spurley, Vice-Chair Treasurer – vacant Secretary - vacant

Monica will contact all individuals (who previously signed CIAs) not present at meeting to secure ongoing involvement with the Coalition and possibility of filling vacancies. Strong need to secure someone to serve as treasurer who will work with Monica and fiscal agent in reporting requirements.

Shawnee Transformation Youth Coalition (STYC) Financial Accountability Policy DRAFT

All expenses incurred on behalf of the Shawnee Transformation Youth Coalition (STYC) must be approved PRIOR to purchases. This process allows STYC to prepare for its cash flow needs and make adjustments as necessary for unbudgeted expenses. The purpose is to ensure that STYC fulfills its mission in the most effective and efficient manner and to remain accountable to stakeholders, including clients, partners, funders, employees, and the community. In order to accomplish this, STYC commits to providing accurate and complete financial data for internal and external use by the Fiscal Agent, Project Coordinator, and the Executive Committee of the Coalition and to facilitate reporting and obligations in connection with funding sources. If at any time a Project Coordinator is not appointed, all references to the Project Coordinator shall be deemed to be a reference to the Chair of the Coalition, unless otherwise noted.

Purpose of checking account

The checking account is used in the management of the Coalition's ongoing financial operations. The account may be held at any FDIC-insured financial institution selected by the Project Coordinator and approved by Coalition's Executive Committee. The Chair, Vice-Chair and Treasurer are the only members with the authority to open and close monetary accounts as needed to facilitate the coalition's needs.

Location of Coalition Checkbook

The checkbook will be physically located at the administrative office of STYC located at 4509 W. Market Street. It must be locked and secured when not in use.

Identity of Signators

Signators on the account are the Project Coordinator, Coalition Chair, Vice-Chair and Treasurer. Signature cards will be amended at the beginning of each calendar year, preferably during the month of January.

Number of signatures required

Two signatures are required on all checks. Whenever possible, the Chair/Treasurer will provide one or both of these two signatures.

Processing of checks

Checks may be processed when accompanied by a check request form or expense approval form and one of the following documents: a) a vendor invoice or purchase order, b) a written receipt to reimburse a Coalition member who has handled an expense on behalf of the Coalition, or c) a completed order form (for ordering of name badges, supplies, etc. on behalf of the Coalition). Payment will be made in 30 days or less with proper documentation.

Shawnee Transformation Youth Coalition Meeting Monday, December 21, 2015 3:30pm Meeting Agenda

- I. Welcome/Introductions
 - Dr. Earnestine White, Treasurer
 - Diamond Jackson, Secretary
 - Renata Milan, Office/Program Assistant
- II. Approval of Minutes from October 19, 2015
- III. Project Coordinator Activities Report
- IV. Overview of DFC Grantee Meeting
- V. Review/Approval of Check Writing/Financial Policy
- VI. Next Steps
 - Interest Inventory
 - KY ASAP Proposal Budget
 - CADCA Coalition Academy