

# **2014-2015 Strategic Prevention Framework (SPF) Training**

**Shawnee Youth Advocates**

**Location: City Life Building**

**Date: October 7, 2014**

## **Executive Summary**

On October 7, 2014, The Shawnee Youth Advocates convened at the City Life Building to participate in Strategic Prevention Framework training. The outcome was a plan for an activity the youth developed as a solution to the problem they identified. The Youth brainstormed about a Family Fun Night for caregivers (parents, grandparents, guardians, foster parents, close adults) that would engage the community, increase skills, and impart knowledge and information in a fun way.

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## Introduction

Eleven teenagers comprised of middle school, high school, and college aged youth, from the Shawnee community convened to participate in a hands-on, interactive Strategic Prevention Framework (SPF) training. The output of the training is the plan developed by the youth to address youth substance abuse problems in Shawnee. The meeting began with an “icebreaker”, purpose statement, and welcome and introductions.



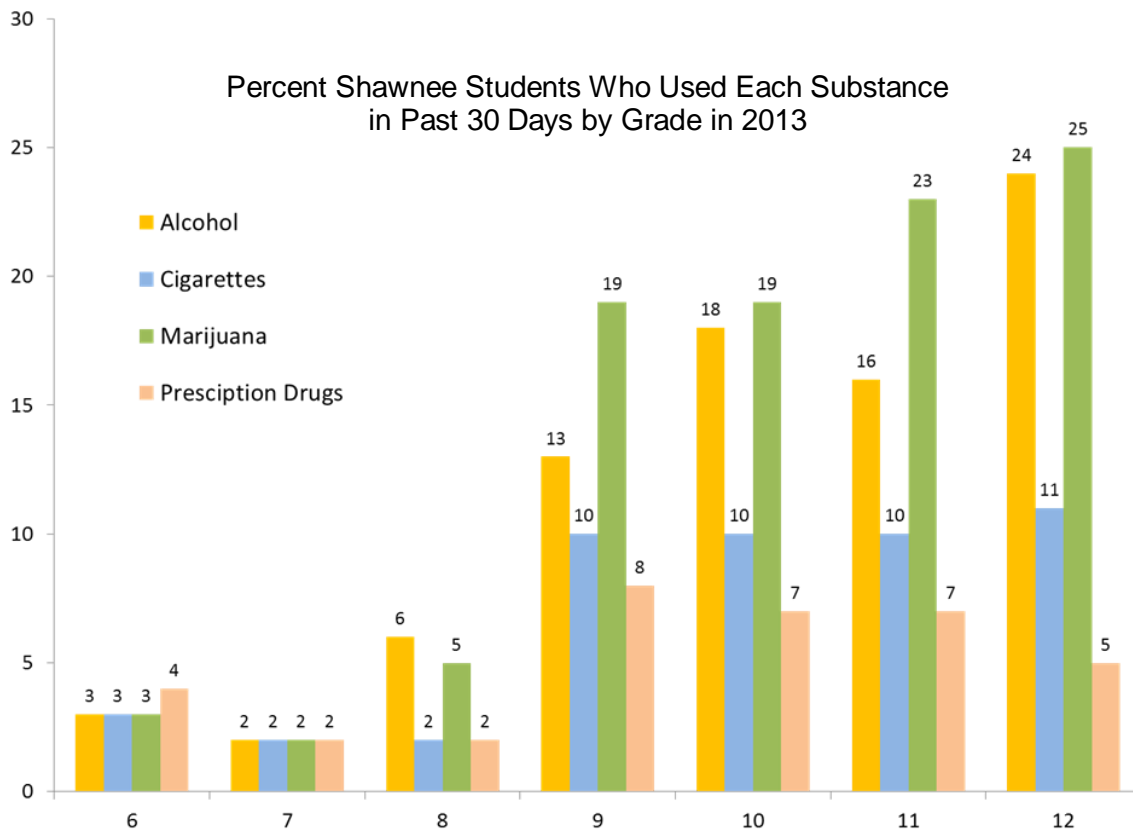
## Assessment

### *Qualitative Assessment*

A qualitative assessment was conducted regarding youth substance abuse problems in the community. Some of the youth participated in the Photo Voice project a couple of years ago and were asked to describe some of the pictures and their reactions. Youth were then asked in a listening session “If you could take a picture of what substance abuse problems in your community look like, what would the picture be of.” “Trash” and “the corner store” were both mentioned as images that come to mind.

### *Quantitative Assessment*

A quantitative assessment was conducted regarding youth substance abuse problems in the community. Youth looked at 2012-2013 Safe and Drug Free Schools (SDFS) data from Jefferson County Public Schools (JCPS). Data were collected at Shawnee High School and Western Middle School.



After reviewing local data, the youth identified marijuana as a target substance to prevent. The youth were then asked what they felt was the problem in the community, the responses were as follows:

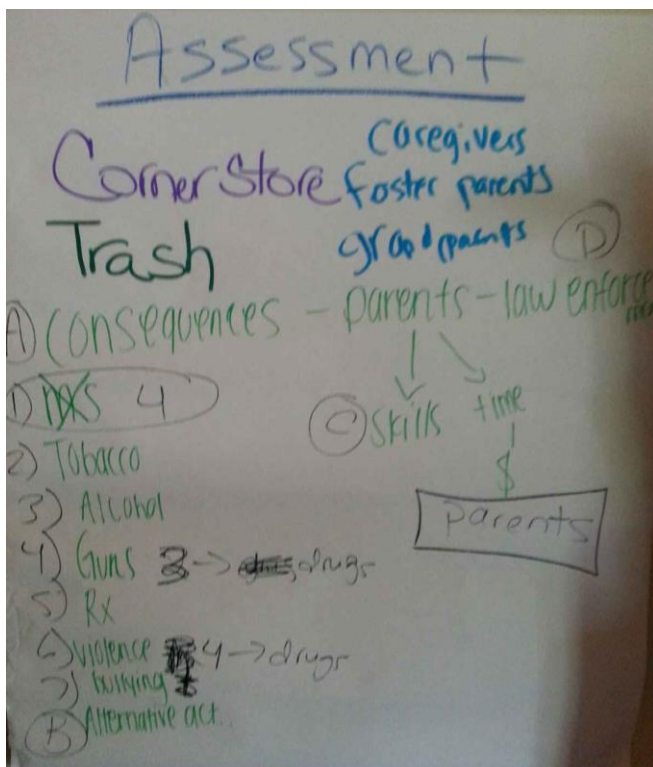
- Marijuana
- Alcohol
- Tobacco
- Prescription drugs
- Guns
- Violence
- Bullying

The youth voted anonymously for which issues were the biggest issues to target in the community. They elected Marijuana, Guns, and Violence as the top three (3). After discussion, it was noted that the guns and violence were

attributed to consequences of drugs, and the main drug of issue among youth was marijuana.

When the youth were asked why they felt all of these were problems (what is the root causes to these problems?), the responses were as follows:

- lack of consequences from parents and law enforcement.
- lack of parenting, parenting skills, time to parent
- lack of alternative activities



In conclusion of the assessment, the youth determined that problem to target is caregivers and community regarding the lack of skills, knowledge, and engagement with the youth in the community.

## Capacity Building

## Internal Capacity

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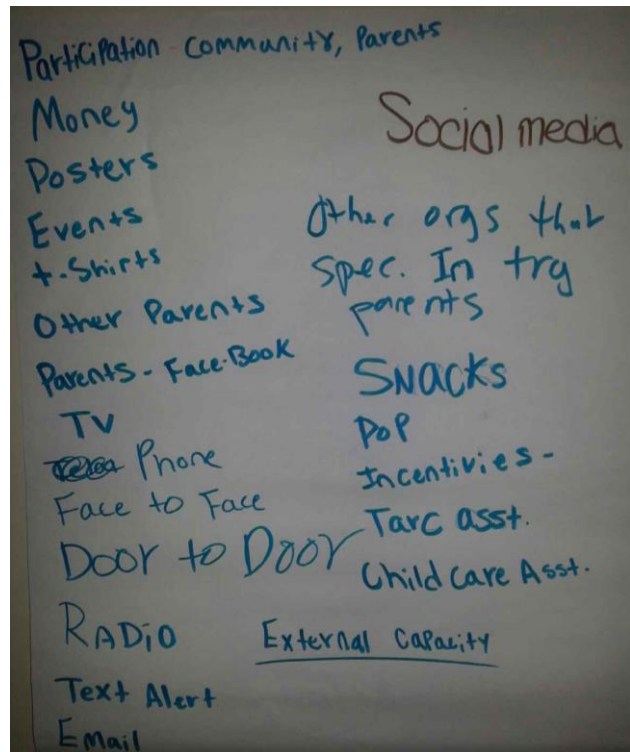
Doing  
Mark-AW  
Shoes-AW  
Acting -dtg  
Talking people to dtg  
Being Active -dtg  
Staying (use) Trill -dtg  
Photography acting -Dini  
Communicating -ch  
Being mesh  
JACKS

Running Track  
Cooking  
Communication  
Opinionated & DJ

## External Capacity

After assessing the internal capacity, the youth were asked what else they would need to address youth substance abuse that would need to come from outside of their group to be successful. Their responses are as follows:

- participation from parents
- participation from community
- money
- posters
- events
- t-shirts
- other parents
- social media
- support from other organizations that train parents
- snacks, pop, good
- parents' facebook
- Media: TV, phone, radio, email
- Face-to-face contact
- Door-to-door contact
- incentives
- text alerts
- TARC passes to events
- Childcare assistance at events



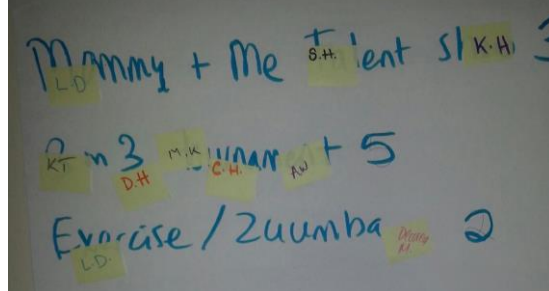
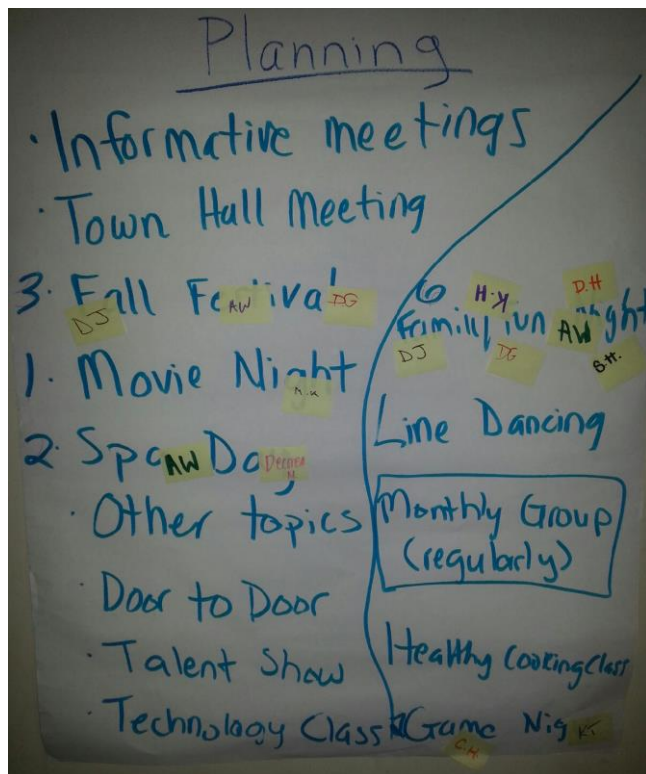
## Planning

The youth were asked to develop a plan that they felt would address the problems that they identified. They tossed a ball around to each other, stating different strategies that they felt would address the problem. The strategies mentioned are as follows:

- Informative Meetings
- Town Hall Meetings
- Fall Festival
- Movie Night
- Spa Day
- Other Topics
- Door-to-Door
- Talent Show
- Technology Class (grandparents)
- Mommy and Me Talent Show
- 3-on-3 tournaments
- Family Fun Night
- Line Dancing
- Monthly Group
- Healthy Cooking Classes



- Game Night
- Exercise Class/Zuumba



After looking at all strategies suggested, the youth were asked to take two sticky notes and place them next to their top two strategies. After discussion, it was noted that all of the selected strategies could be combined into one:

**Family Fun Nights, to be held monthly or in regular intervals, that would have a fun and entertaining component to engage adults, but also incorporate time to enhance parenting skills and prevention knowledge.**

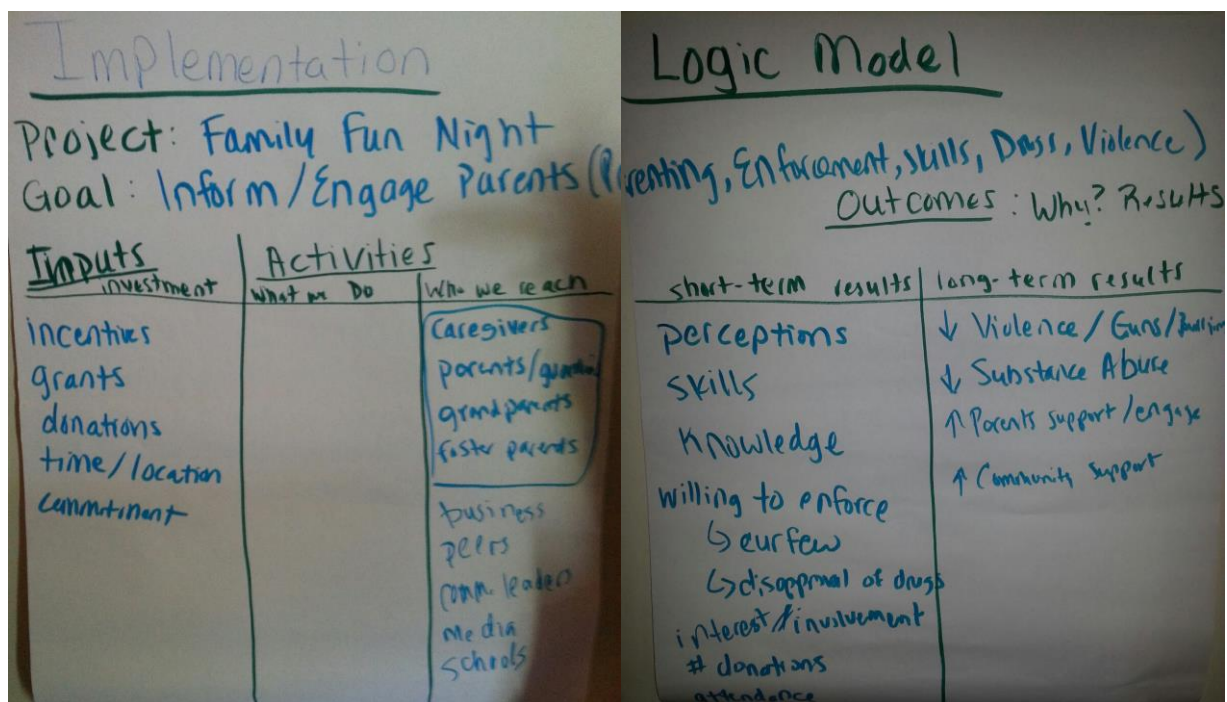
## Implementation

The youth were given a blank logic model to complete for an implementation plan. No actual implementation took place at this training. Below is the result:

Project: Family Fun Night

Goal: Inform/Engage Parents (Parents, Enforcement, Skills re: drugs/violence)

Inputs		Activities	Outcomes	
Investments	What we do	Who we reach	short-term results	long-term results
Incentives grants donations time/location commitment	<ul style="list-style-type: none"> <li>• Informative Meetings</li> <li>• Town Hall Meetings</li> <li>• Fall Festival</li> <li>• Movie Night</li> <li>• Spa Day</li> <li>• Other Topics</li> <li>• Door-to-Door</li> <li>• Talent Show</li> <li>• Technology Class</li> <li>• Mommy &amp; Me Talent Show</li> <li>• 3-on-3 tournaments</li> <li>• Family Fun Night</li> <li>• Line Dancing</li> <li>• Monthly Group</li> <li>• Healthy Cooking Classes</li> </ul>	Primary: caregivers parents guardians grandparents foster parents  Secondary: businesses peers community leaders media schools	perceptions skills knowledge willingness to enforce: -curfew -disapproval of drugs interest involvement # of donations attendance	Decrease: Violence Drugs Bullying Alcohol Marijuana  Increase: Parent support Parent engage Comm. support Comm. engage



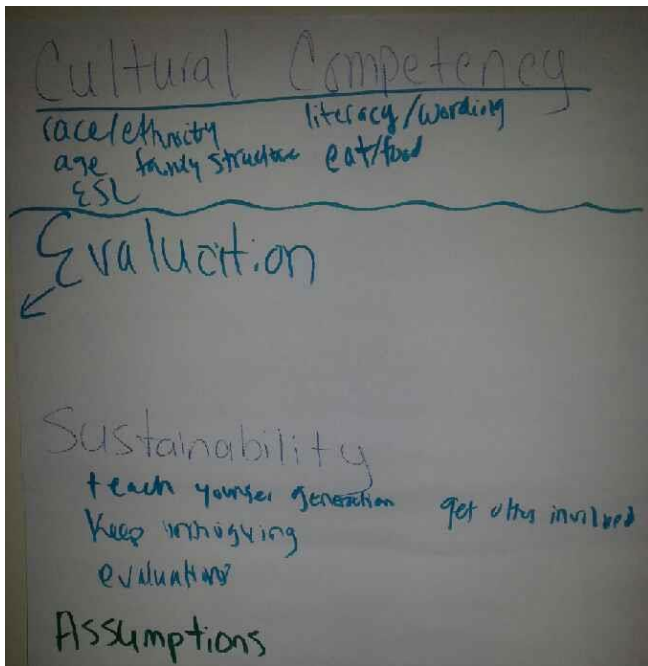
## Evaluation

Within the logic model above, the youth identified short-term and long-term outcomes they feel should be evaluated to measure successfully reaching objectives. Short-term outcomes would be evaluated by surveys and sign-in sheets at the events. Long-term outcomes would be evaluated by data collection tools, SDFS surveys, and other sources.

## Sustainability

In order to sustain the gains from the implementation of the plan overtime, the youth suggested the following:

- teach younger generations
- keep the meetings intriguing/interesting
- listen to what's on evaluations
- get others involved



## Cultural Competency

Cultural competency will need to be considered throughout the entire plan.

Things to keep in mind include race, ethnicity, age, family structure, ESL, literacy levels, health literacy, wording, food choices. For instance, will there be materials for the Spanish speaking community? Events that list "Mommy" or "Daddy" need to be clear that all caregivers are welcome as not to exclude families that are structured differently.

## Appendix

### **Youth Strategic Prevention Framework (SPF) Training**

Shawnee Neighborhood Transformation Youth Coalition (SNTYC)

Shawnee Youth Advocates

#### Agenda

Set up

Welcome – Diamond Jackson

Icebreaker and Introductions – Brittany Watkins

Purpose – Stephanie Benson

Assessment activities (SPF)

Capacity Building activities (SPF)

Lunch

Planning activities (SPF), Cultural Competency (SPF), Sustainability (SPF)

Implementation (SPF), Evaluation (SPF) explanation

Wrap-up and Dismiss