

## S.O.L.I.D.s Network Scope of Life Illuminates Destiny



## "Building A Foundation to Enhance Aging Adults to sustain a better Quality of Life"

S.O.L.I.D.s' Loving Thy Neighbor initiative is targeted at older adults by providing wraparound services to the Adult Aging Community by connecting them to educational resources to enlighten them and enable them to have a healthier and higher quality of life.

Our Focus area is through Educational resources:

- Safety through neighborhood monthly meetings on the 3<sup>rd</sup> Wednesday of each month.
- Healthy Eating-Healthy Living food baskets, gardens, safe walking trails
- Financial Sustainability seminars to assist the Adult Aging community

The S.O.L.I.D.s Adult Aging program will enable the population of people from the fifty-plus age group to identify and be connected to resources that are available as they are aging. Ultimately, these resources will result in enhanced relationships and connections, in the sharing of information and education for the aging population in our community. Specifically, older residents will be more educated and better served in the areas of health and nutrition, recreation, safety and available social and economic resources.

Demographically, we focus on those living in the Highland Heights area and zips codes; 38112 and 38122, areas where S.O.L.I.D.s has historically operated over the last twenty years. However, we do not turn away anyone who is in need who calls upon our services.



Above is a few of S.O.L.I.D.s Adult Aging participants who gave out Food Baskets

Target Area for Continual Neighborhood Improvements

Boundaries \*North - Macon Road \*South -Summer Avenue

\*West - Tillman Avenue \*East - Highland Street

Our 3<sup>rd</sup> Wednesday of the month meetings are from 9:00 a.m. to 10:00a.m. (RSVP required) Highlighting the following:

- Area Crime stats
- Problem Properties: High Weeds/trash, vacant houses/buildings-Process of homes to be demolished, Junked vehicles- dumping of tires.
- Sunshine Report

We have representatives from: The Memphis Police Department, City of Memphis Code Enforcement, Shelby County Health Department, Shelby County Affairs, City of Memphis Office of Community Affairs Div. of Parks and Neighborhoods (Block Leaders) and other organizations. We would love to hear your voice!