

# COMMUNICATOR

A quarterly publication of the  
Upper Highlands Neighborhood Association

September 2013



## Your Neighborhood Association Needs You

The Upper Highlands Neighborhood Association, *your neighborhood*, has accomplished many wonderful things to improve our area of town since its founding in 1999. And you are always encouraged to offer your input.

**UHNA Annual Meeting September 18**  
7 pm

*Sullivan Pharmacy School*

All aspects of our neighborhood, from beautification efforts to

crime trends reported by Louisville Metro Police will be addressed.

Also state and local elected representatives will attend to provide information to help make our neighborhood the best in Louisville.

And, as always, you have the opportunity to become a "voice" of your neighborhood. We always need new board members. It does not require a lot of time and the benefits are numerous.

Plan to Attend!!

What's holding you back?

## Don't Become a Crime Victim

*Some of these are common sense but should be helpful to reduce your chances of being a crime victim.*

- Be aware of your surroundings, vigilant of activity around you and attentive to individuals approaching. Walk purposely and with confidence.
- Do not allow yourself to be distracted by activity such as talking on your cell phone and listening to music.
- Travel with others, walk in well-traveled areas, and in well-lit areas at night.
- Protect your electronics by not displaying them unnecessarily.
- Resist the urge to multi-task while walking — wait to make phone

*See Crime Alert on page 4*

## Festival Fun 2013

The ninth annual *Festival in the Upper Highlands* in June provided family fun for everyone.

Plan to attend next year's festival to see what you are missing.

### Congratulations to our door prize winners:

Erin Burke, Falmouth Dr.  
Cheryl Crane, Cameron Ct.  
Tonya Hatzman, Winston Ave.  
Amea Kent, Gladstone Ave.

### Festival Blood drive successful

This year's Red Cross Blood Drive had its best day at our festival, collecting 26 units of blood. Thanks to all who donated.

*(More pictures inside and on [www.facebook.com/UpperHighlands](http://www.facebook.com/UpperHighlands))*



### Special thanks to . . .

Atherton High School  
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## Festival in the Upper Highlands

(More pictures on [www.facebook.com/UpperHighlands](http://www.facebook.com/UpperHighlands))



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# WEEK IN THE HIGHLANDS

**Oct. 5 (Sat.) Highlands Cup 5K Run/Walk.** 8 a.m. \$25. Start and finish at Douglass Blvd. Christian Church, 2005 Douglass Blvd.

**Pancake Breakfast,** Douglass Blvd. Christian Church Gym, 2005 Douglass Blvd. 8:30 a.m.

*Both events benefit*

*Highlands Community Ministries*

**Oct. 6 (Sun.) Big Rock Jazz & Blues Fest.** 2 – 7 p.m. in Big Rock area of

## Shopping Center Addition

A new business, **Physical Therapy Plus**, will soon move into the Gardiner Lane Shopping Center, between Party Mart and Staples.

They offer manual therapy; therapeutic exercises; functional, work and sport-specific activities among other services.

Cherokee Park. Music, jazz and blues. *Benefits Olmsted Parks Conservancy*

**Oct. 10 (Thurs.) Empty Bowls.** Bel-larmine University Frazier Hall. 5:30 – 8 p.m. \$25 for meal and potter's bowl / \$10 meal only / \$5 for children 12 and under. Includes silent auction. *Benefits HCM programs and services*

**Oct. 11 (Fri.) Belknap Festival Eve.** 6 – 9 p.m. Food and music

**Oct. 12 (Sat.) Belknap Fall Festival.** 11 a.m. – 10 p.m. (rain or shine) Free. Douglass Loop area off 2200 block Bardstown Rd. 100 booths of juried arts and crafts, family fun, educational area, food and music.

**Oct. 13 (Sun.) Farmington Harvest Festival.** 10 a.m. – 6 p.m. 3033 Bardstown Rd. Music, food, historical reenactments, tours of 1816 mansion and hemp plantation. \$5 per vehicle and family for walkers or bike riders.

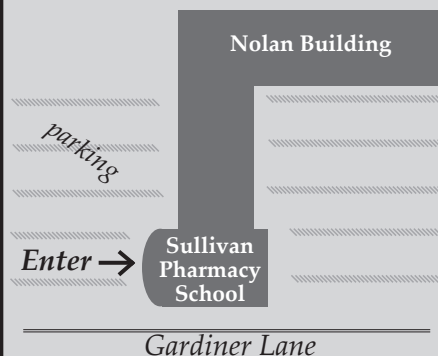
## UHNA

**Annual Meeting**  
Wed. Sept. 18 • 7 pm

## Bi-Monthly Meeting

Wed. Nov. 20 • 7 pm

Sullivan Univ. College of Pharmacy  
(See map below and follow signs)



*Residents are encouraged to attend and participate at all our meetings on the third Wednesday of alternating months.*



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# Transplant Time Is Here

Late September through November is the best time to transplant trees and shrubs. Fall days are shorter and outdoor temperatures are cooler and rainfall is normally adequate. Soil will better retain moisture so plants can settle into their new location.

Trees and shrubs undergo changes in autumn that promote root growth and increase tolerance to winter weather. Planting in October and early November will usually give them six to seven weeks before the soil reaches extreme cold temperatures.

Evergreen species should be

planted in early spring, or perhaps early fall, so root systems will have adequate time to become reestablished before plant water demand increases.

Select ornamentals that are adaptable to your environmental and soil conditions. Talk to a professional if you are not familiar with the growing requirements for a particular shrub or tree or have questions about how to choose vigorous, healthy plants.

Most ornamentals can be successfully planted in early to late fall but some should wait until later in the fall.

Dig a transplant hole that is wide enough, at least two to three times the diameter of the root ball. Ornamentals should not be planted any deeper than they grew in a container or field.

Apply a two- to three-inch layer of mulch to conserve soil moisture and discourage weed growth. Mulching also helps moderate soil temperatures.

The primary threat to transplants is inadequate moisture. Thoroughly soak the ground after transplanting and frequently check to be sure the soil has not dried out.

Do not fertilize newly planted trees and shrubs during the first year

because it will cause excessive vegetative growth at the expense of root development. Amending soil with sand, compost or peat moss is unnecessary.

For best results, choose ornamentals that are hardy to your area.

For more information, contact Sarah Stolz, Jefferson County Cooperative Extension Service at 569-2344 or visit <http://www.gardendata.org>.

## Crime Alert

*Continued from front page*

calls, check your email and listen to music at your destination.

- If you purchase an electronic device, check on the availability of a tracking system for it.
- Do not use ATMs that are in remote areas — use them during daylight and in well-populated areas.
- Do not display large amounts of cash when paying for items and do not display excessive jewelry.
- Men: if you carry a wallet, place it in your front hip pocket or inside your jacket pocket — do not carry it in your back pants pocket.
- Women: when you walk in public places carry a small handbag or purse that you can grasp with a hand.

## Park Champions

Olmsted Parks Conservancy is looking for volunteers to help restore and preserve Cherokee and Seneca parks by eradicating invasive vines and shrubs.

Upcoming dates are Sept. 3, 10, 17, and 24 from 9 am - noon and Sept. 5, 12, 19 and 26 from 6 - 8 pm.

They provide gloves, tools and guidance. Visit [www.olmstedparks.org/events](http://www.olmstedparks.org/events) for more information.



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*Thank you for your continued support*



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Free Report Reveals  
"10 Inside Tips"

to selling your house by yourself

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## Junk Pick-up

Final 2013 junk pickup -- Place items on the curb by the morning of

**Nov. 11, 2013**

No construction/demolition materials, concrete, auto parts (except 4 tires), computers, televisions or hazardous materials.

If you have questions, call MetroCall at 574-5000 or 311.

## Community-Wide Cleanup

Plan to participate in Brightside's Community-Wide Cleanup on Saturday, **October 26**.

If you can join the effort to help beautify our neighborhood, contact Paul Schuhmann at 458-0475 or [schuh2901@yahoo.com](mailto:schuh2901@yahoo.com).

## Yard Sales Draw Amazing Crowds

Once again this year the UHNA Community-Wide Yard Sales drew huge crowds. There were 77 participants signed up with several others

setting up without letting us know.

Our next sales will be summer 2015 so it's not too early to start setting aside items for the next sale.



## Upper Highlands Neighborhood Association

[www.neighborhoodlink.com/louisville/uh](http://www.neighborhoodlink.com/louisville/uh)

[www.facebook.com/UpperHighlands](http://www.facebook.com/UpperHighlands)

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## Strathmoor Presbyterian Church

(Corner of Bardstown Road and Hawthorne Avenue)



### First Wednesday Series

6:30 p.m. ♦ Simple meal and mission theme

October 2 - World Communion

November 6 - Appalachian Christmas Boxes

December 4 - Prepare the Way

Sunday School • 9:45 a.m. Sunday Worship • 11 a.m.

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[strathmoorpresbyterian.org](http://strathmoorpresbyterian.org)

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# UHNA Board Members (with district designations)

**Paul Schuhmann** (4) President  
schuh2901@yahoo.com, 458-0475

**Ed Fallon** (6) Vice President  
fallonky@yahoo.com, 386-0287

**Honi M. Goldman** (5) Secretary  
hmgoldman1@aol.com, 451-4564

**Rick Shuster** (3) Treasurer  
rick@kyjustice.com, 583-4881

**Dwayne Adams** (3)  
adamant666@hotmail.com, 458-1214

**Leisa Drexler** (3) drexler@bellsouth.net,  
485-9323

**Mike Kolb** (1)  
mike.kolb@insightbb.com, 452-6057

**Kathy Magee** (6)  
smilekathymagee@gmail.com, 500-6735

**Lois Minter** (3)  
loisminter@hotmail.com, 458-7680

**John Weiland** (4) wielandfam4@att.net,  
454-4022

**Ed Wickley** (3) eddepee@aol.com,  
454-3850

**Jim Wilson** (1) j.jim.wilson@gmail.com,  
419-0608

*Help your neighborhood  
association  
by distributing  
the Communicator.*

*Call Paul Schuhmann  
at 458-0475 or email  
schuh2901@yahoo.com*



## Important Phone Numbers

**Louisville Police (LMPD)**, 574-7111;  
Fifth Division, 574-7636

**MetroCall**, 574-5000 or 311  
(City government help / information)

**Louisville Gas & Electric**  
Customer Service, 589-1444;  
Power outage, 589-3500

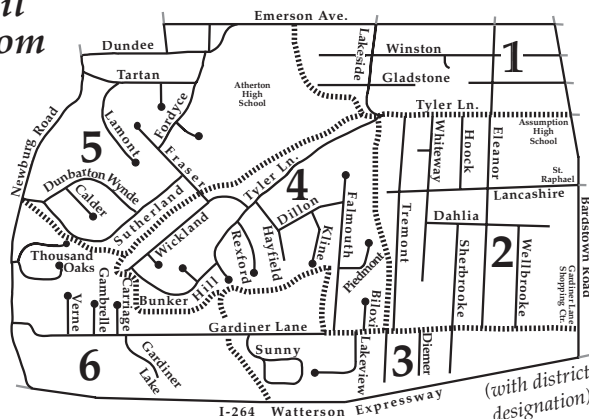
**Transit Authority of River City**  
(TARC) Customer Serv., 585-1234

**Metro Animal Services**, Service  
Requests and Licensing, 361-1318

**Metropolitan Sewer District**  
(MSD) Customer Serv., 540-6000

**Board of Elections**, 574-6100

**Metro Council District 8**, Tom Owen,  
574-1108



**Communicator article  
submissions are  
welcome and  
encouraged.**

For information or advertising,  
contact Paul Schuhmann at  
schuh2901@yahoo.com or 458-0475.

## Welcome to Our Newest Members

**Derrick & Miranda Dones**,  
Dunbarton Wynde

**Ginny Foster & Scott Davis**,  
Gardiner Lake Road

**Price & Sam Foster**,  
Dunbarton Wynde

**Rob & Janie Kanzler**, Lamont Road

**Michael & Christina King**,  
Sutherland Drive

**Tony & Carla Miller**, Newburg Road

**Scott of All Trades LLC**,  
Bardstown Road

**Beverly Watts**, Fraser Drive

## Join your neighborhood association **TODAY!**

Mail to: Upper Highlands Neighborhood Association  
2901 Falmouth Dr. Louisville, KY 40205

For more information, call:  
Paul Schuhmann, 458-0475

## Upper Highlands Neighborhood

**Membership Information** (Please write clearly)

**Name(s):** \_\_\_\_\_

**Address:** \_\_\_\_\_

**E-mail:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

Major neighborhood concerns:

☐ Traffic

☐ Crime

☐ Noise

☐ Future Development

☐ Drainage

☐ Litter

☐ Beautification

☐ Other: \_\_\_\_\_

☐ Household membership (\$7)

☐ Business membership (\$25)

☐ New

☐ Renewal

☐ I can distribute *Communicator*  
in my neighborhood.

☐ I would like to serve on the  
Board of Directors.

☐ I would like to serve on a  
committee concerning: \_\_\_\_\_

September 2013