WESTOWN BLOCK WATCH

A publication by Westown Block Watch Organization www.neighborhoodlink.com/phoenix/westown serving: 7,900 people 1,540 homes & 1,383 apts.

Volume 14 issue 2 Apr/May 2011

Funded by City of Phoenix Neighborhood Block Watch Program



Wow!! I can't believe the bargains
What a great sale!

SAHUARO SCHOOL'S

13TH ANNUAL

USED BOOK SALE

SATURDAY APRIL 9, 2011 7 AM - 1PM

All proceeds go to Sahuaro School PATS to benefit the children

All books are 3 for \$1 or .50 cents each

Over 10,000 books You name it we have it

It is not to late to donate books, simply bring them down to the office and drop them off. Or if you know a child that goes to Sahuaro School give them your books, they will be very happy to bring them in for you, as the classrooms have a contest to see which one can bring in the most books.

Westown Block Watch has been sponsoring the annual event and providing pizza for the winning classrooms since its inception, 13 years ago. Westown residents help separate books into categories, put them out for the sale, and clean up afterwards. Here is an easy one or two day volunteer opportunity. Come meet some of your neighbors, have some fun, and know you are doing something good for the community. Call the Sahuaro PTO President Trish at 602-332-0444 and say I want to help with the book sale.

This is a win-win opportunity, you get some great bargains, hours of reading pleasure, and know that all the money collected from the sale stays at Sahuaro School.

Like to read, know someone who likes to read, on a budget or are just thrifty. This is an inexpensive way to get some great books, come join us April 9th.

WESTOWN NEIGHBORHOOD MEETING - TUESDAY APRIL 12 - 7PM SAHUARO ELEMENTARY SCHOOL LIBRARY GUEST SPEAKER KAREN FREUND - PERSONAL SAFTEY

Don't let April 15 pass you by

By Kevin Cunningham State Farm® Agent

April 15 has long been considered a date to avoid. Wouldn't it be nice if you could do something to lower your federal income tax burden instead of mailing a big check on April 15? With a traditional Individual Retirement Account (IRA), you may be able to do just that.

A contribution of the 2010 maximum of \$5,000 by April 18, 2011 could reduce your taxable income, making your federal tax burden less for the year. If you were 50 or older by the end of 2010, you can add a \$1,000 catch-up contribution to potentially reduce the tax burden even more. If you already have a traditional IRA, plan to make a contribution by the April 15 deadline. If not, talk to a financial professional as soon as possible to start one.

There are restrictions governing who may deduct contributions to a traditional IRA. If you don't qualify for a traditional IRA deduction, consider a Roth IRA. You won't get the federal tax deduction now, but qualified withdrawals can be made free of federal income tax during your retirement years.

Either way, having a plan for retirement is important. You owe it to yourself to make the best plan as soon as possible.

(Because of a Washington DC holiday this, year on April 15th, we get an extra weekend to Procrastinate. Filing date for 2011 is April 18th.)

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8 Kevin M. Cunningham

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NATIONAL ARBOR DAY - APRIL 29TH PLANT A TREE

This year, turn Arbor Day into a tradition that offers memories, meaning, and a growing legacy for every member of your family. Plant a tree in your yard. With your children, go to a nursery or log on to arborday.org to find a tree that will thrive in our climate. Find a full grown tree in the neighborhood to see what it will look like in the future. Let the kids help decide where to plant it. They can "help" with the planting, let them make it, encourage them to water it and to learn more about ways to care for the specific type of tree. Take pictures and watch as your kids and tree grow tall.

Trees offer shade on a hot day, their leaves filter dust and pollutants. And they have a soothing effect, makings us happier, calmer, and healthier.

Hugging a tree is optional.



VACATION TIME CHECKLIST

Stop newspaper or have neighbor pick it up.
Stop mail or have neighbor pick it up
Have someone water your plants and grass.
Let neighbor know if any work is scheduled to be done while you are gone.
Make sure pets are taken care of ,or boarded.
Leave a contact telephone number with neighbor in case of emergency.

Burglars look for tell tale signs of people away from home. High grass, un-watered lawns, accumulating papers and mail. Remember never leave a key under a mat or hidden outside somewhere. Robbers have been known to pull up with a van and unload homes of all belongings while people are away. If you have a care port, let your neighbor use it while you are gone. A car coming and going is good.

So be wise and have a wonderful vacation.

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RECOGNIZING A STROKE

Some neurologists say that if they can get to a stroke victim within 3 hours, they can totally reverse the effects of a stroke...<u>totally</u>. They said the trick is getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke. Now doctors say a bystander can recognize a stroke by asking three simple questions:

S *Ask the individual to SMILE.

T *Ask the person to TALK and SPEAK A SIMPLE SENTENCE (Coherently) (i.e. It is sunny out today)

R *Ask him or her to RAISE BOTH ARMS.

NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out his tongue.. If the tongue is 'crooked', if it goes to one side or the other, that may be an indication of a stroke.

If he or she has trouble with ANY ONE of these tasks, call emergency number <u>immediately</u> and describe the symptoms to the dispatcher.

SPRING IS HERE - THINGS TO DO IN YOUR GARDEN

- 1. We are now into the most beautiful season of the year. It is now safe to cut back all that frozen plant material to where the new growth starts. After cutback, apply a good complete fertilizer and water thoroughly. Your plants will respond with new growth.
- 2. Dethatch and mow your Bermuda lown as low as possible, then apply a high nitrogen fertilizer. If you have a weed problem, you may want to also apply a pre-emergent weed killer.
- 3. Now is also a good time to apply a pre-emergent weed killer to all rock areas to keep down the weeds.
 - 4. Seed new Bermuda grass lawns after April 15th.
- 5. Be on the lookout for insects and fungus infections on your roses, pansies, and petunias. Treat only if needed. A good washing off with water will do wonders and is friendly to our environment. Stay away from fertilizers containing systemic insecticides. They can poison our soils, ourselves, and our pets.
 - 6. It is Arbor Day season in Arizona. Plant all trees and shrubs, now.
- 7. Start planting your spring vegetable garden, You cannot beat the flavor of organically grown, vine ripe fruits and vegetables.
- 8. Prune back heat loving shrubs like Texas Sage, Feathery Cassia, and Mexican Bird of Paradise down to about half of the existing growth, then sit back and enjoy them all summer.
 - 9. Do all your drastic pruning chores before May 1st, to prevent sunburn and plant shock.
- 10. Visit a rose or garden show this month, and see what other people are growing. You may find some wonderful new plants for garden.

PROTECT YOUR FAMILY AND HOME!

Never give personal information to someone calling you on the telephone or e-mailing you.

Always ask to see company identification of a salesperson coming to your home wanting entry. Or call the company to assure the salesperson is authentic.

If hiring someone to do work or repairs in your home, ask for and check their references.

The town named for a hairdo

In 1890, Walt Rigney ran a saloon on the Mogollon Rim. His hair stuck out like a pine bough, so the soldiers who frequented the saloon called him Ol'Pinetop. When the Apache Wars came to a close, people began building cabins around Ol'Pinetop's saloon. Eventually, a town was born. Arizona State Historian Marshall Trimble says they named the town Pinetop, not because it was located amidst the largest stand of ponderosa pine in the world but for a tall, bushy-headed bartender.

PERSONAL SAFETY

One of the key components of personal safety is to be aware of your surroundings. You should keep your head up with your eyes scanning for anything out of the ordinary. Is someone approaching you? Is someone standing near your car as you walk towards it? Does something just not feel right? Listen to your inner voice. Figure out what it's trying to warn you about.

When you're out walking, you should walk facing traffic. Not only can you see the vehicles approaching you, but it enables you to be more aware of the actions of the occupants. Look at people walking near you. If you make eye contact, they assume you will be able to identify them and may not bother you. Cross the street is you're not comfortable, but be sure to avoid areas with thick vegetation, or other places where someone could be hiding.

Ladies, don't carry large purses. Only carry what you need, and keep it close to your body or out of sight. Ladies and men, is someone demands your wallet, don't just hand it to them, THROW IT!! Throw it hard, in the opposite direction, giving you time to run away from the situation.

Always park in a well lit area and have your keys ready as you approach your vehicle. If someone is standing near your car and you don't feel comfortable, go back in the store and have an employee walk you to your car.

There are many more suggestions, ideas, situations that could be discussed, but the main deterrent is to present an image of someone who is alert, self-confident, and aware of their surroundings.

Join us April 12th at *SAHUARO ELEMENTARY SCHOOL* for the *Westown Neighborhood* meeting and hear Phoenix Police CAO, KAREN FREUND speak on personal safety.





AROUND WESTOWN



IiAM GOING TO START A NEW SECTION FOR PETS: .Both Dogss and Csts f the first things That I want stress is when you adopt an Dog or Cat be sure To have a chip implanted in them so if I lost they may Be found ofcourse this isall after their given their Shots by the vet.

BULK TRASH PICKUP

- **Area 11** South of Larkspur, pickup is scheduled for **May 16th.** Do not put trash out before May 7th.
- **Area 12** North of Larkspur, pickup is scheduled for **May 23rd**. Do not put trash out before May 14th.

We ask that you wait to put out your trash as close to the pickup date as possible. As trash sitting out front of our homes degrades our neighborhood and does not look good to potential buyers.

UP COMING EVENTS

May 25 Sahuaro summer vacation
And it is also Acacia summer vacation
April 12 Westown Neighborhood Meeting
also Acacia summer vacation

MAY28 MVHS summer vacation

May 27 Councilwoman Williams, Breakfast

May 30 Memorial Day

They did it !! Acacia has been named an A+ School of Excellence by the AZ Educational Foundation !!

One of just 20 schools selected in the state of Arizona, Acacia underwent a rigorous audit to win the honor. After completing a 35 page application in January 2010, finalist schools were evaluated by a team that visited in the spring, analyzing classroom instructions and interviewing teachers, staff, parents and business partners. Acacia provided demographic information, documentation of parent and community involvement, as well as a profile of the principal. The A+ School of excellence title will stay with Acacia for three years at which time they can reapply.

Christine Hollingsworth, Principal, could not be more proud of the community school that has been achieved. She thanks each and every parent, teacher and staff member for being a partner in our children's education,



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