Rural Training Center – Thailand (RTC-TH) Glendora Emergency Response Communications (GERC)



# REPEATER USE FOR BEGINNERS



Community-based Education for Amateur Radio and Emergency Communications R

RTC-TH / GERC L 4.3

#### Rural Training Center – Thailand (RTC-TH)

ELEV1602

#### Glendora Emergency Response Communications (GERC)



# Repeater Use fo



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#### Community-based Education for RT Amateur Radio and Emergency Communications

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## An RTC-TH EmComm / GERC Collaborative Training Series presentation





Compiled and Edited by HS0ZHM and N7YLA



For other lessons in the series visit

www.neighborhoodlink.com/org/rtcth www.neighborhoodlink.com/org/gerc

#### A part of the RTC-TH EmComm Program

The Rural Training Center-Thailand Emergency Communications program is a volunteer effort to provide emergency amateur radio communications for local community self-sufficiency and sustainability in times of need.



Ready to serve and sustain our community



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#### The Glendora Emergency Response Communications (GERC)



The mission of the Glendora Emergency **Response Communications group**, herein known as GERC, is to unite those amateur radio operators who have a common interest in communications, specifically to provide training, support and encouragement to radio amateurs who wish to serve as emergency communicators for the Church of Jesus Christ of Latter-day Saints (LDS).



www.neighborhoodlink.com/org/gerc

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## **Information Sources**



This lesson follows the 6<sup>th</sup> Edition of the GERC Radio Operator's Guidebook and focuses on VHF repeaters in GERC operations

For a more complete discussion of repeaters in general, visit http://www.hamuniverse.com/repeater.html





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# Repeater User for Beginners Topics in the lesson

• Why use a repeater

- How a half duplex repeater works
- What you need to know
- Using a repeater (Simple Guidelines)



This lesson is based on topic of the same title in the GERC <u>Radio Operator's Guidebook, 6<sup>th</sup> Edition</u>.

## Our Assumptions for this lesson

Our basic assumptions about you and your amateur radio needs:

• You are not a techno-geek

- You are relatively new to amateur radio
- You are a relatively new to using a 2m VHF repeater
- You don't have a lot of experience talking on your radio





If most of these don't fit you, this may not be the lesson for you at this time.

#### **About Repeaters**

#### Why use a repeater?

Generally, your VHF radio range is limited to its power and antenna to "line of sight". This means the antennas of the transmitting and receiving stations often need to be in plain sight of each other.



With "rubber ducks" these 2 HT's might be able to talk ~1-2 miles if there are no tall buildings / mountains or dense stands of trees between them.

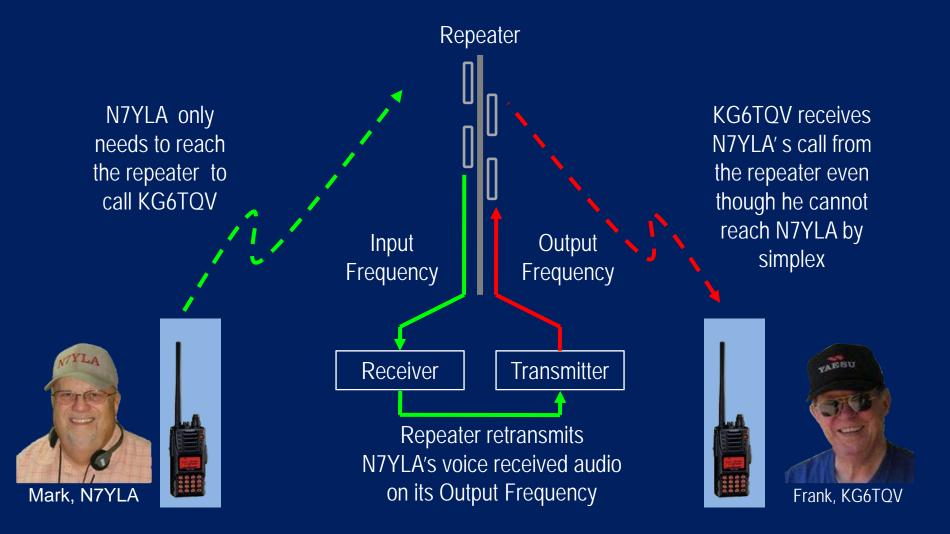


"Line of Sight" (LOS) is when antennas are in a plain view of each other or in a straight line (out of visual range) with no obstruction between them.



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#### About Repeaters A repeater extends your range

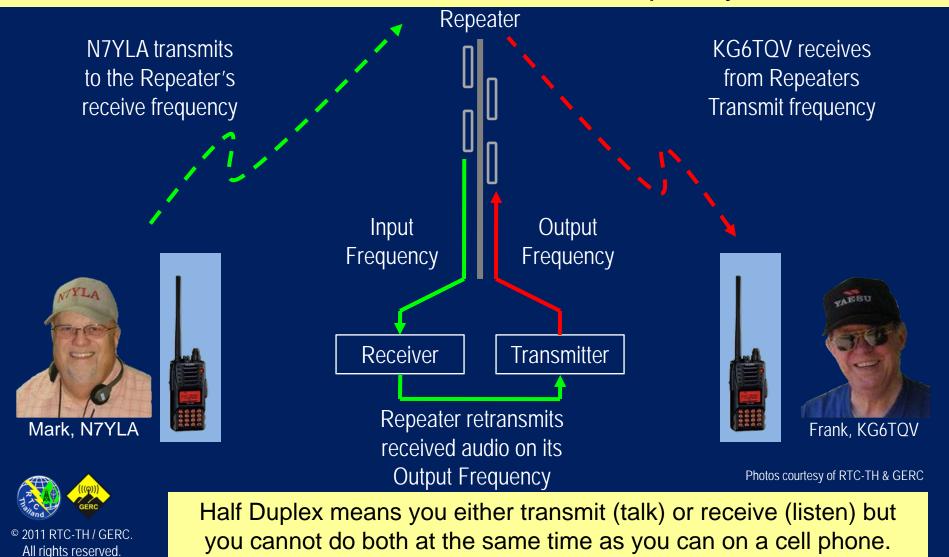




Now if each HT is 2 miles from the repeater (but in opposite directions, the range is now doubled to 4 miles.

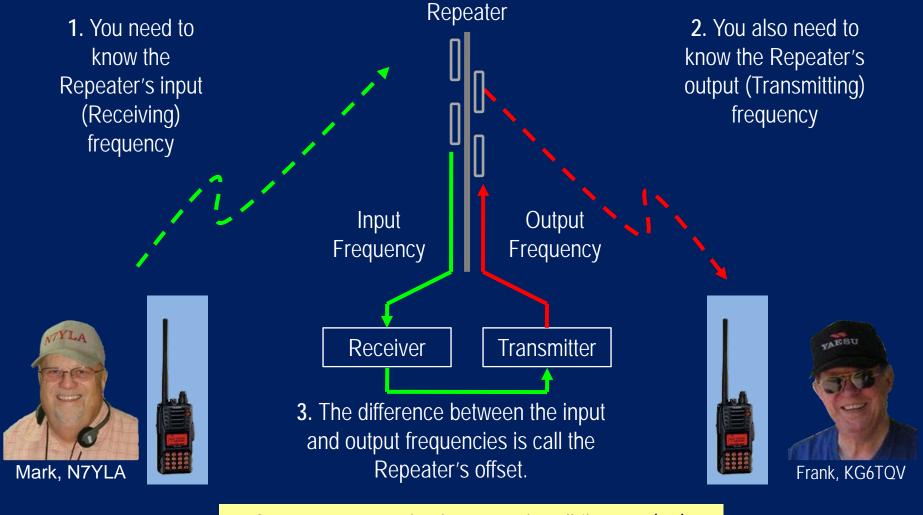
#### About Repeaters How a Half Duplex Repeater Works

# A Half Duplex repeater receives input on one frequency and transmits out on a different frequency.



#### **About Repeaters**

#### What You Need to Know





© 2011 RTC-TH / GERC. All rights reserved. 4. Some repeaters also have a subaudbile tone (PL) or CTCSS (Continuous Tone Coded Squelch System)

#### About Repeaters Example: the Catalina Repeater

Here is a listing for the Catalina Amateur Repeater Association: 147.090 + No PL

1. You need to know the Repeater's input (Receiving) frequency

147.090

2. You also need to know the Repeater's output (Transmitting) frequency

147.690

3. The difference between the input and output frequencies is call the Repeater's offset.

> The "+" tells you the offset is 600 kHz above the input frequency; so do the math and get #2

4. Some repeaters also have a subaudbile tone (PL) or CTCSS
(Continuous Tone Coded Squelch System)

"No PL" means no subaudible tone is needed to use this repeater.



© 2011 RTC-TH / GERC. All rights reserved. GERC suggests programming the Catalina repeater into your HT. Its strong signal has a good reach up and down the southern California coast.

#### Using a Repeater Congratulations!

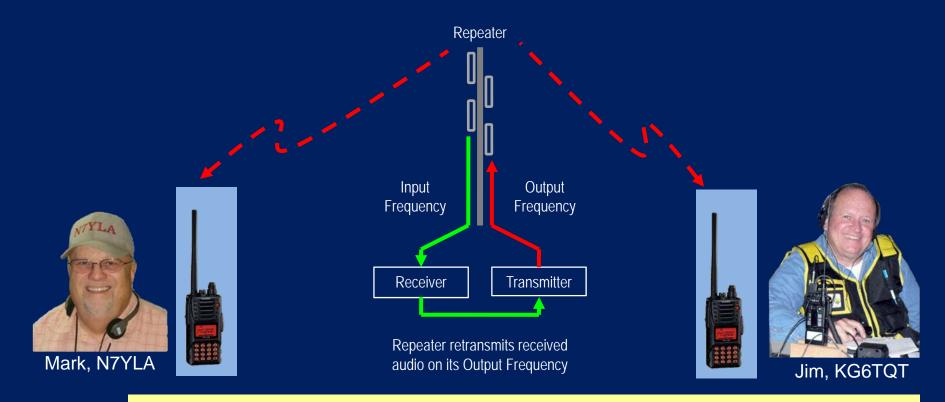
Now that you have your new amateur radio license, it is time to "use it or lose it" in terms of your newly acquire knowledge and skills.

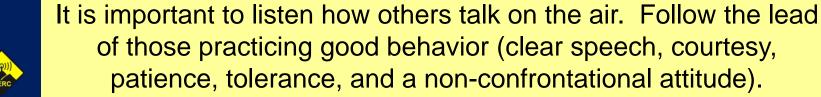




Photo courtesy of GERC

# Using a RepeaterStart by ListeningFind a repeater near you and listen to how others<br/>talk on the air as they use the repeater.

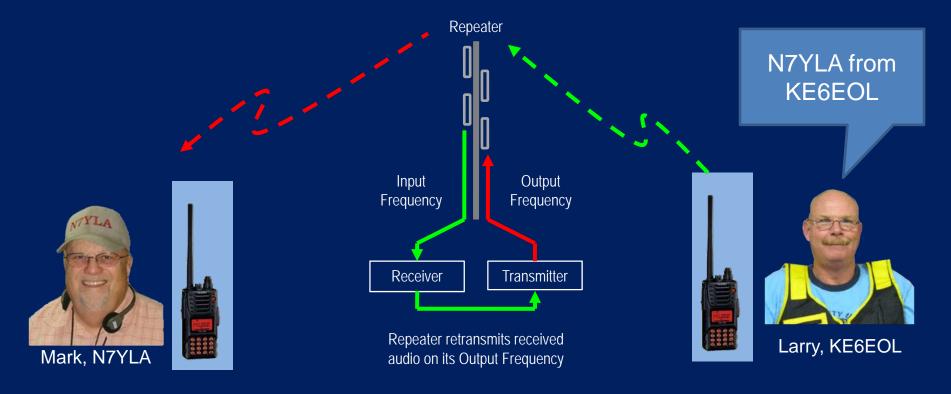




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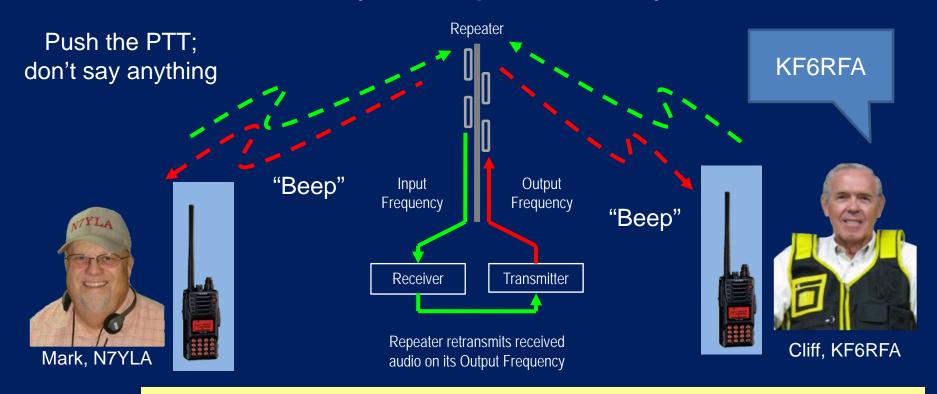
#### Good Operating Identification Requirement

FCC regulations require you to give your call sign at the start, at the end of your conversation, and at 10 minute intervals during longer transmissions.





#### Good Operating "Kerchunking" is a No No Don't key the mic to "hit" the repeater and listen for its courtesy "beep" to test your radio.





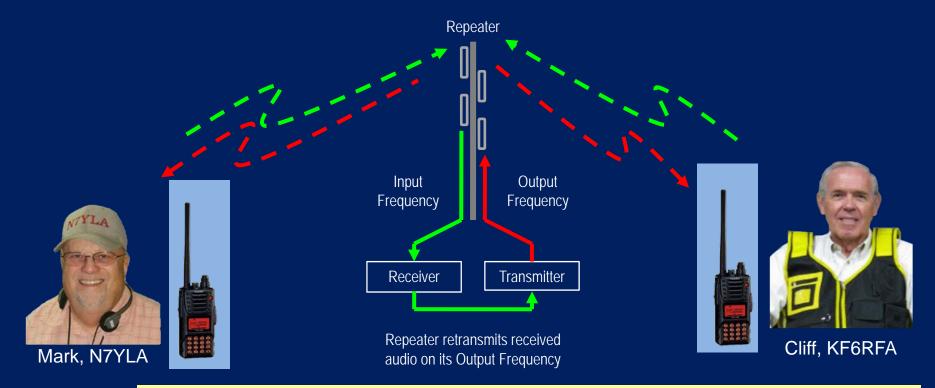
When you key your mic, just give your call sign. The courtesy "beep" will confirm you hit the repeater BUT you will be legal instead of being a nuisance. *Remember, you must identify yourself at the start of a transmission.* 

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#### **Good Operating**

#### **Use Minimum Power**

# Use the lowest power setting needed to effectively communicate





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#### Good Operating Simplex vs. Repeater

If you can contact your friend on Simplex, do it. Don't tie up the repeater with unnecessary traffic. Try using a simplex frequency in these ranges: 146.40-146.58 or 147.42-147.57 MHz.

 Both you and your friend must be tuned to the same frequency

 Image: Mark, N7YLA

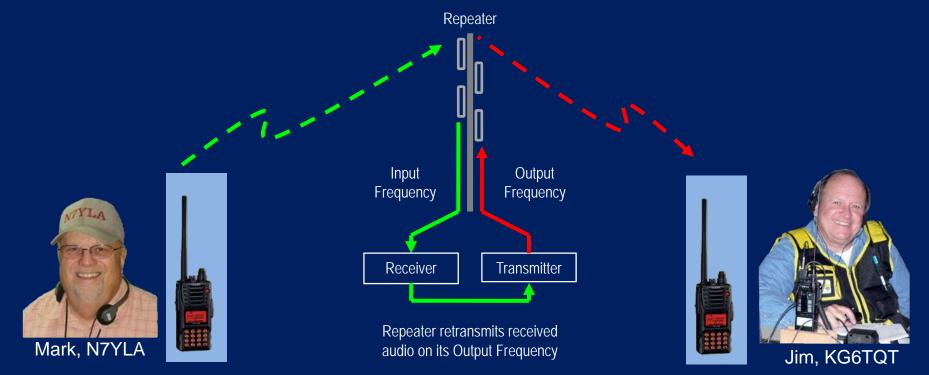


Some repeaters can be very busy. Use them when necessary but don't abuse the use of repeaters.

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#### **Simple Guidelines** Talk Normally; Don't Shout

Talk in a conversational way as though you were sitting across a table from someone.



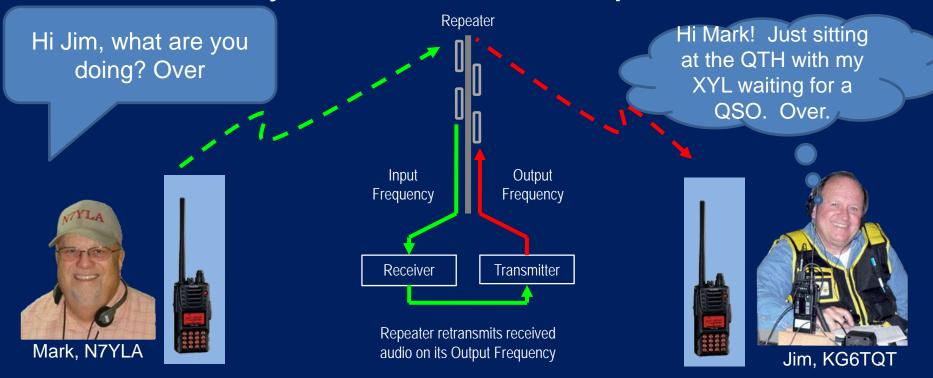


There's no need to shout as though you trying to talk with someone across town or across the country.

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#### **Simple Guidelines** Use English; Avoid Jargon

# Speak using plain, simple English. You don't always know the other person.





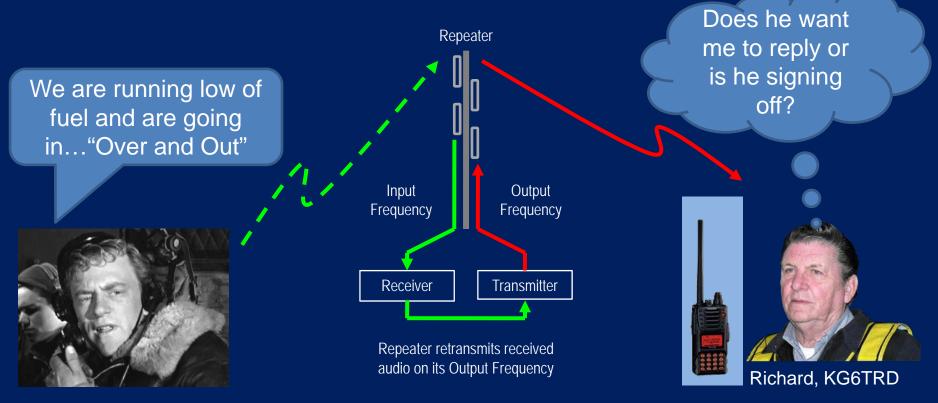
Clear effective communication is the goal. Avoid using "Q codes" from the world of Morse code. Keep it simple and clear.

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#### **Simple Guidelines**

#### **Forget the Movies**

Forget what you saw and heard actors in movies as they "talked" on the radio.

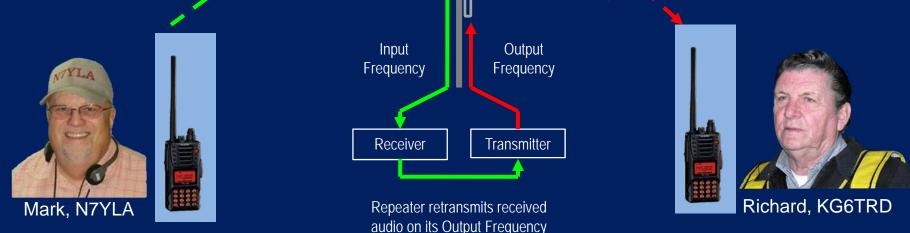


Actors are actors; movies are movies. You are now in the real world with a real radio. Learn how its done for real.

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#### **Simple Guidelines** Key the mic, pause, then talk Repeaters have a short delay before they transmit your call. So get into the habit of pushing the PTT, pause for 1-2 seconds, then speak. Output Input





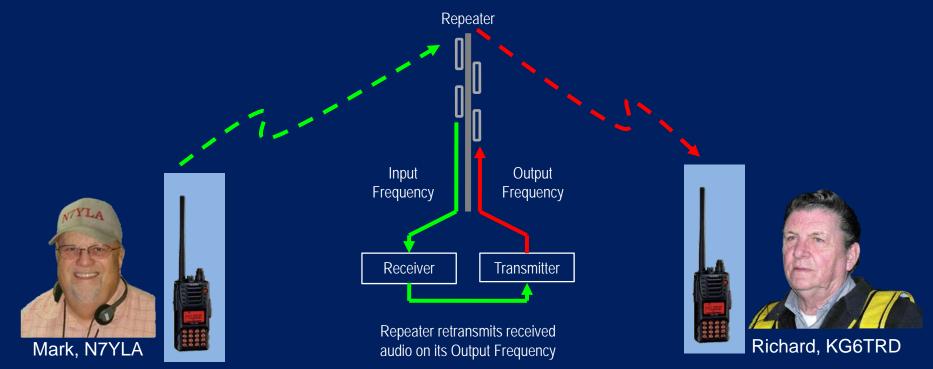
If you key the mic and start talking, the first part of your message will be "clipped" (cut off and not transmitted by the repeater).

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Photos courtesy of GERC

#### **Simple Guidelines** Stop talking, pause, release the PTT

# Be sure you pause before releasing the PTT when you finish talking.



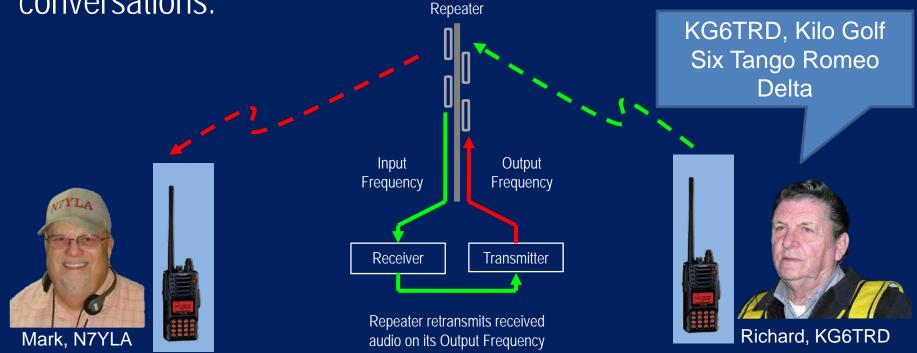
## This will avoid the repeater delay "clipping" the tail end of your message.

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#### **Simple Guidelines**

#### **Give Your Call Sign**

You must give your call sign at the start, at the end of the QSO (contact / conversation), and every 10 minutes for longer conversations.



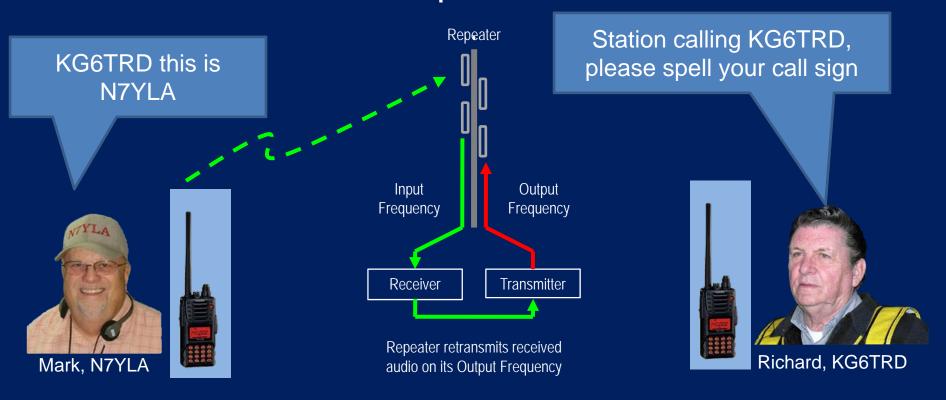


You are legally responsible to clearly identify your station. Don't assume everyone speaks English. Take it slow and easy.

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#### **Simple Guidelines** Use the ITU Alphabet

For clarity, speak slowly and use the ITU alphabet if requested

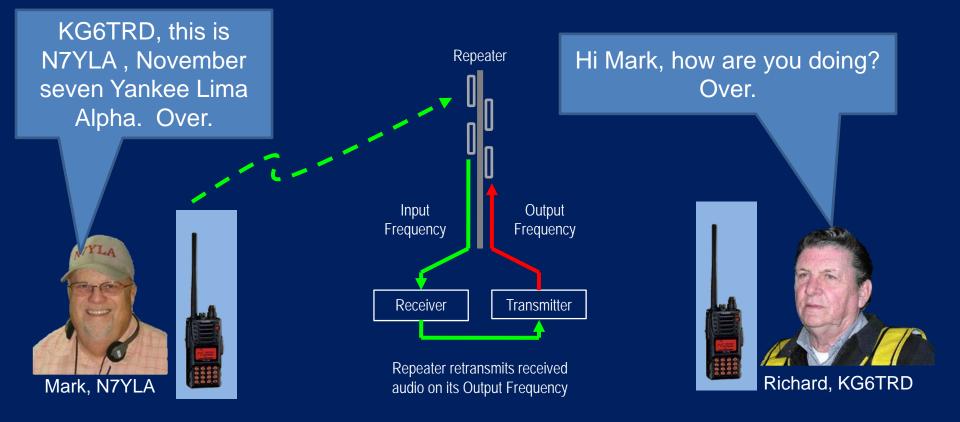


For clarity, speak slowly and use the ITU alphabet if requested

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#### **Simple Guidelines** Use the ITU Alphabet

#### Be sure to use the ITU alphabet .





### Don't make up your own alphabet (e.g. Nubia Seven Why Los Angeles).

#### **Review and know the ITU alphabet**

#### Use these on the air.

"AL-FAH" "BRAH-VOH" "CHAR-LEE" "DELL-TAH" "ECK-OH" "FOKS-TROT" "GOLF" "HOH-TELL" "IN-DEE-AH" "JEW-LEE-ETT" "KEE-LOH" "LEE-MAH" "NO-VEM-BER" "OSS-CAH" "PAH-PAH" "KEH-BECK" "ROW-ME-OH" "SEE-AIR-RAH" "SEE-AIR-RAH" "YOU-NEE-FORM" "VIK-TAH" "WISS-KEY" "ECKS-RAY" "YANG-KEY" "ZOO-LOO"

Source: <u>http://www.wrrl.org/operating/</u>

"ZEE-ROW" "WUN" "TOO" "TH-UH-REE" "FOW-ER" "FI-IV" "SIX" "SEV-EN" "ATE" "NIN-ER"

"DAY-SEE-MAL"

This is N7YLA, November Seven Yankee Lima Alpha



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This is

HSØZHM,

Hotel

Sierra Zero

Zulu Hotel

Mike

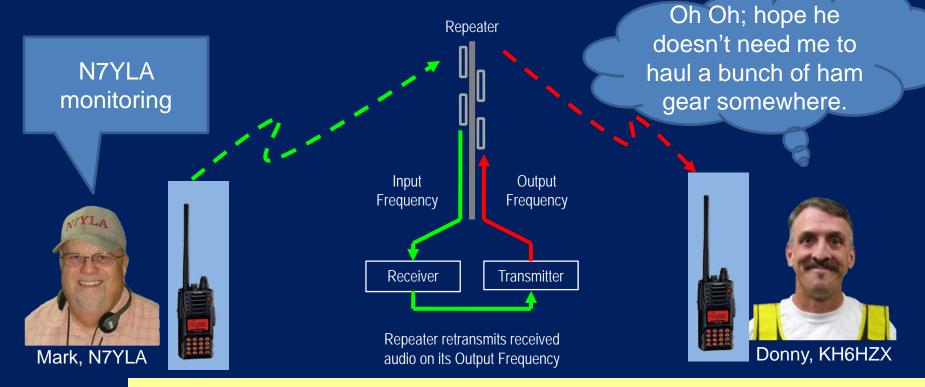


Write down your call sign and spell it with the ITU alphabet. Practice saying it before you get on the air.



#### Simple Guidelines **To Talk with Anyone**

Check that the repeater is not being used. Then give your call sign



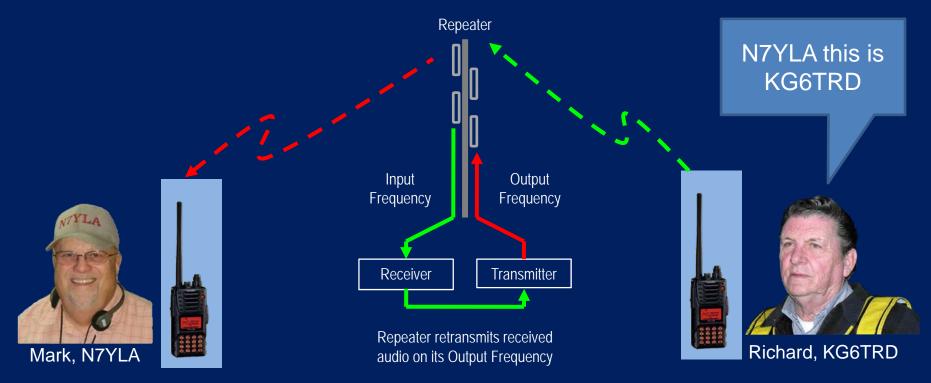


Calling "CQ" is used for HF and is considered unnecessary when using VHF repeaters. Some hams give their call sign and add "monitoring" or "listening". It isn't necessary to say these words, but many people do. This tells other stations "Hi, I'm on the air and willing to talk."

#### **Simple Guidelines**

#### **To Call a Friend**

Check that the repeater is not being used. Then give your friend's call sign then your call sign



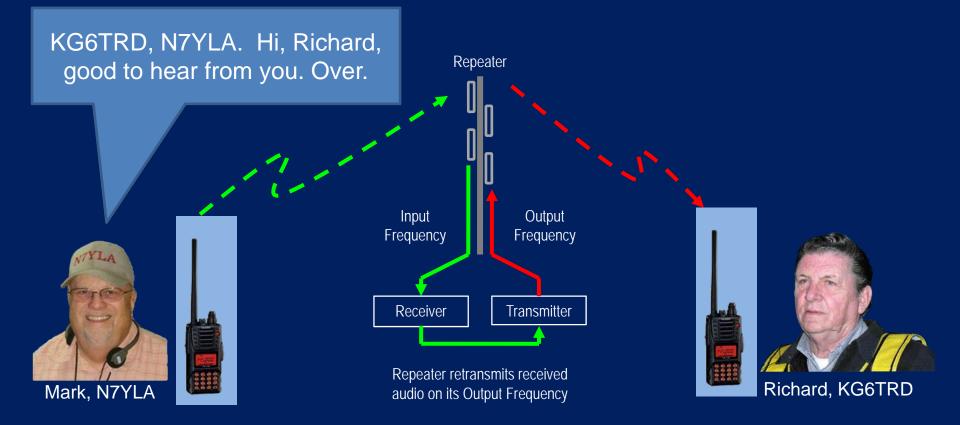


Repeat your call a few times if your friend doesn't answer right away. If there is no response after several calls, sign off so others know you are done and they can use the repeater.

#### **Simple Guidelines**

#### **To Call a Friend**

#### When your friend hears you, a typical response might be...

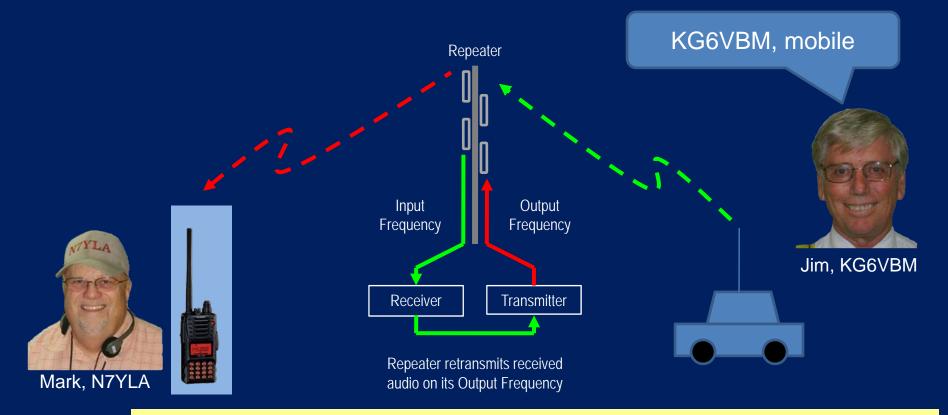




Remember to use proper identification procedures. If your conversation is longer than 10 minutes, both stations need to give their call signs every 10 minutes.

#### **Simple Guidelines** To Talk With Anyone From Your Car

#### Not all stations are stationary.

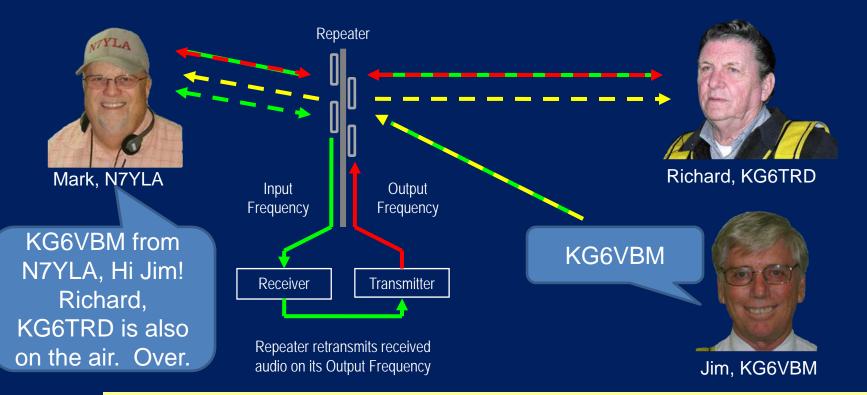




You may hear some hams their call sign and add "mobile". This tells other stations "Hi, I'm on the air while in my car and willing to talk." This also warns them that signal strength may vary or interruptions may arise due to terrain or other variables because their "station" is moving.

#### Simple Guidelines Joining a Conversation

If others are using the repeater, wait for a pause in their conversation and give your call sign.



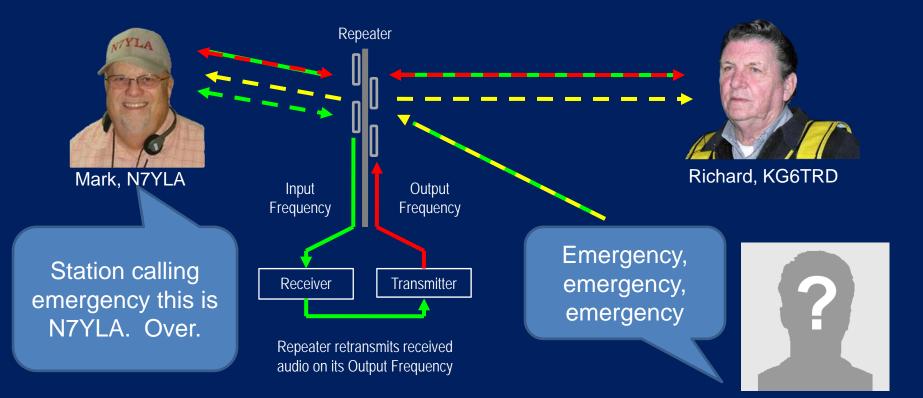


Don't say "Break, Break" (this has special meaning in Morse code communications). When the others hear your call sign, they can respond and invite you to join them. If not, just wait quietly until the repeater is free.

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#### Simple Guidelines Hearing an Emergency Call

#### If you hear an emergency call, immediately stop your conversation and acknowledge the emergency call.





Write down the information, noting time, date, and frequency. Wait to see if another station responds. If they do, continue to monitor. If not, you take the lead to coordinate the response.

#### This will be dealt with in more detail in a future lesson. Refer to your GERC Radio Operator's Guidebook



Emergency Procedures, Directory of Emergency Contacts, Frequencies, Resources, and 2012 Planner for Amateur Radio Operators

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Website: www.neighborhoodlink.com/org/gerc

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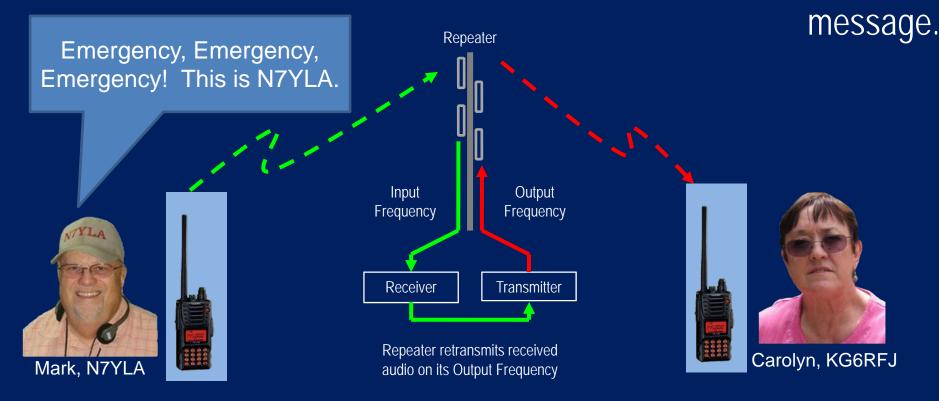


for specific GERC procedures and for relevant contact information of local area emergency response authorities.

Consult other Emergency Communications information sources such as the ARRL http://www.arrl.org/emergency-radio-org

#### Simple Guidelines To Make an Emergency Call

Say the word "emergency" 3 times, your call sign and pause. When the repeater is clear, give your call sign and your emergency





Emergency calls are for "life threatening" situations. A personal situation of forgetting to feed the cat after you left for work is not an "emergency."

#### **Simple Guidelines**

**Emergency Calls** 

Avoid using "Break" or the phrase "Break Break".

Times and practices change. Today use of "Break" and "Break Break" varies among groups and can mean different things.
"Emergency" is plain language and is clearly understood as is the radio term "Mayday".

In the interest of clear and effective communications, get into the habit of using either Emergency or Mayday. Traditional practice is to say the word 3 times, followed by your call sign. Pause and wait for a response. Repeat several times, pausing each time. If there is no response, change to another frequency and repeat the procedure.



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#### Simple Guidelines To Make an Emergency Call

Keep calm; give specific and detailed information about the emergency. Speak slowly and clearly for effective communication

- Location: be very specific so help can get to you quickly.
- Nature of the emergency: brief, concise description of the emergency and if danger to life is involved.
- Type of assistance needed: be specific about what help you need.



Think "Safety First". As an emergency communicator, your safety is vital. If you put yourself in a dangerous situation, you may not be able to communicate at all.

#### **Example of Location**

Location: be very specific so help can get to you quickly.

GOOD	Not so Good
At the northwest corner of Sepulveda Blvd and Burbank in Van Nuys, CA	Downtown Los Angeles, CA
I-10 westbound side, 2 miles west of the Jct with I-15, number 1 lane.	Somewhere on I-10 near San Bernadino, CA



#### Simple Guidelines Example of Nature Emergency

Nature of the emergency: brief, concise description of the emergency and if danger to life is involved.

GOOD	Not so Good
Traffic accident, 6 vehicles, 4 cars and 2 big rigs, spilled fuel, several injured, 2 persons trapped in vehicles with head injuries, 4 persons thrown from vehicles with major injuries.	Car accident, Help! It's a big mess!



© 2011 RTC-TH / GERC. All rights reserved. Simple Guidelines Example of Type of Assistance

# Type of assistance needed: be specific about what help you need.

GOOD	Not so Good
Requesting medical aid, ambulances, fire protection for spilled fuel, tow trucks to clear wreckage.	We need help NOW!



#### Simple Guidelines Stand-by for More Information

Be prepared to report additional information if requested by responding authorities.

 Give FACTS clearly and calmly. If you have to guess, make it clear it is an estimate.

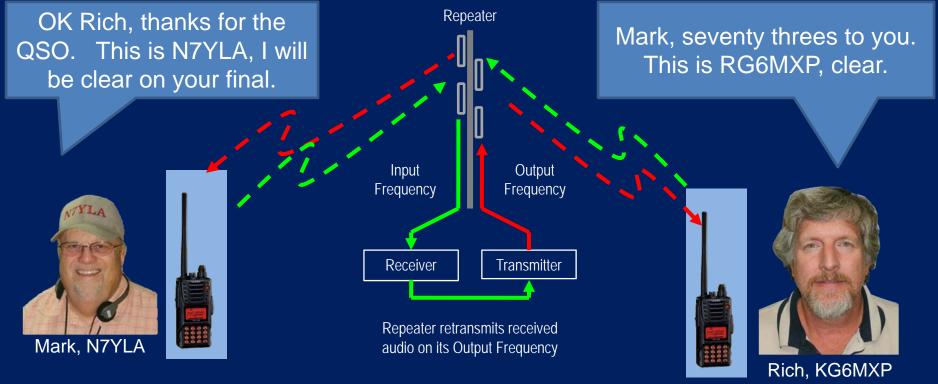
 Respect the privacy of people involved. Avoid giving names of persons over the air unless requested by the authorities



#### **Simple Guidelines**

#### **Ending Your Call**

"73" (Seven Three) is Morse code short hand for "Best Regards" and is often heard in voice communications as "seventy threes"





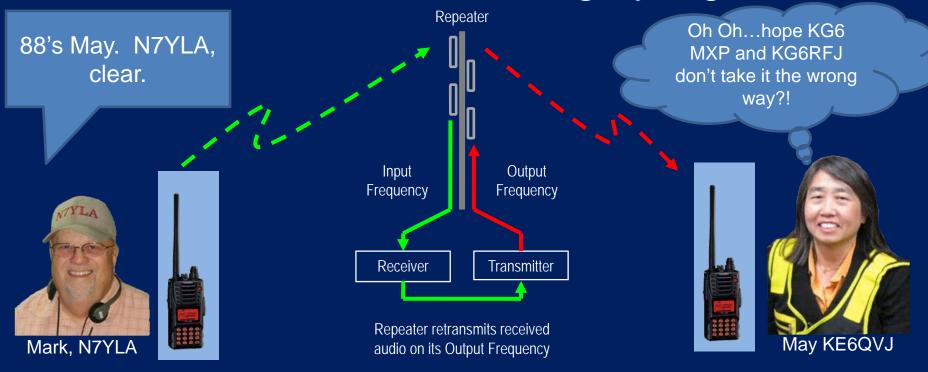
...but that's like saying Best Regards**S** which is making a plural of a plural.

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#### **Simple Guidelines**

#### **Ending Your Call**

"88" is Morse code short hand for "Hugs and Kisses" and is often heard in voice communications as "eighty eight"



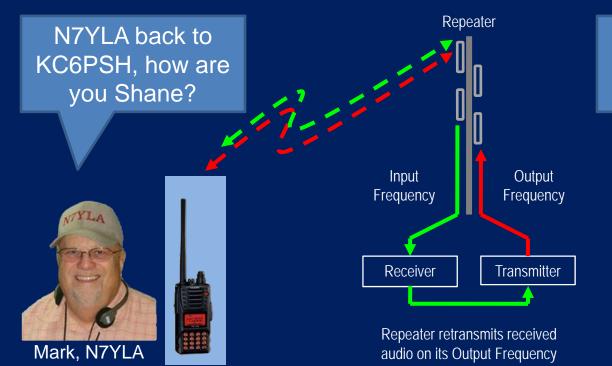


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Be careful who you say this to on the air; you never know who is listening and who might freely misinterpret or misconstrue what they hear.

#### Simple Guidelines Courtesy First and Foremost

It is a privilege to have an amateur license, so do your utmost to uphold the fine tradition of ham radio by exercising good conduct and citizenship.



Hi Mark, I just wanted to thank you and Greg for another interesting lesson.





© 2011 RTC-TH / GERC. All rights reserved. Whatever you transmit can be heard by anyone listening on that frequency. You never know who is listening. So be on your best behavior.

# For More Information about us: Contact







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For other lessons in the series visit

www.neighborhoodlink.com/org/rtcth www.neighborhoodlink.com/org/gerc

### To learn more about repeaters in general (both VHF and HF), visit http://www.hamuniverse.com/repeater.html





#### Community-based Education for the Amateur Radio and Emergency Communications



## The End

(of this lesson; the beginning of more amateur radio adventures)

