



Seek first the kingdom of God and his righteousness, and all these things will be given you besides.

*Matthew 6:33*

## **Helping Hands Healing Ministries, Inc.**

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Volume 2 Number 4

*Quarterly Newsletter*

December, 2004

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### **President's Corner**

Glad Tidings Dear Brothers and Sisters!

The Christmas Season is upon us. As we ponder the birth of the Christ child, may we grow in our love for Him who is Emmanuel!

With the end of the second year of this ministry, we remain ever thankful for your prayerful and financial support in bearing fruit for the Kingdom of God.

In the last newsletter we gave a brief recap of the projects that your generous assistance has brought to fruition in the past two years. In this newsletter financial summary of this year's activities can be found on page 7.

Some good news—I attended a **Women's Economic Development Conference** in October for the purpose of networking with the business community. They awarded several door prizes at the end of the conference. I was the recipient of one of the prizes, a one-year complimentary membership in **Greater Louisville, Inc.—The Metro Chamber of Commerce!** My hope is that through this membership I will be able to make contacts with some of the local businesses for sponsorship of this ministry.

Additional fundraising news—I will be attending a fundraising seminar provided by the **Southern Empowerment Project** in January that should prove beneficial to our efforts to raise money and continue to expand the ministry outreach efforts!

As you can see from the last newsletter which was eight pages long, we are looking to provide spiritual blessings and inspiration to our readership with the various articles in the newsletter.

As always, I can be reached at the address and telephone number at the bottom of this page. I can also be reached via e-mail at [drmargie@hhhm.net](mailto:drmargie@hhhm.net).

May the good Lord continue to bless you in the coming year!

Yours in Christ,

*Margie C. Sweeney, M.D.*

**4013 Deer Creek Dr.   Louisville, KY   40241-1581   502-419-5732**

## GIVING

<sup>6</sup>Consider this: whoever sows sparingly will also reap sparingly, and whoever sows bountifully will also reap bountifully. <sup>7</sup>Each must do as already determined, without sadness or compulsion, for God loves a cheerful giver. <sup>8</sup>Moreover, God is able to make every grace abundant for you, so that in all things, always having all you need, you may have an abundance for every good work. <sup>9</sup>As it is written: "He scatters abroad, he gives to the poor; his righteousness endures forever." <sup>10</sup>The one who supplies seed to the sower and bread for food will supply and multiply your seed and increase the harvest of your righteousness. <sup>11</sup>You are being enriched in every way for all generosity, which through us produces thanksgiving to God, <sup>12</sup>for the administration of this public service is not only supplying the needs of the holy ones but is also overflowing in many acts of thanksgiving to God. <sup>13</sup>Through the evidence of this service, you are glorifying God for your obedient confession of the gospel of Christ and the generosity of your contribution to them and to all others, <sup>14</sup>while in prayer on your behalf they long for you, because of the surpassing grace of God upon you. <sup>15</sup>Thanks be to God for his indescribable gift! (2Cor 9:6-15)

What a mouthful St. Paul has to say to us! It can be overwhelming if we don't look at it with "the eyes of faith." (Eph 1:18) If we believe what is written in Scripture as God's inspired word, then we possess that faith that is a gift from God the Holy Spirit.

Just what are the gifts of the Holy Spirit? Here is what St. Paul tells the Christians in Rome. <sup>6</sup>Since we have gifts that differ according to the grace given to us, let us exercise them: if prophecy, in proportion to the faith; <sup>7</sup> if ministry, in ministering; if one is a teacher, in teaching; <sup>8</sup> if one exhorts, in exhortation; if one contributes, in generosity; if one is over others, with diligence; if one does acts of mercy, with cheerfulness. <sup>9</sup>Let love be sincere; hate what is evil, hold on to what is good. (Rom 12:6-9)

As you can see from this exhortation, we have been gifted for the work of ministry with a wide variety of gifts. We need not despair at the thought of widespread poverty, sickness, destitution, or any other thing that might seem overwhelming! The Holy Spirit will empower us to do God's work! <sup>10</sup>As each one has received a gift, use it to serve one another as good stewards of God's varied grace. (1Pet 4:10)

More good news—Not only are we empowered to do God's work, but we are blessed for our obedience! <sup>13</sup>Through the evidence of this service, you are glorifying God for your obedient confession of the gospel of Christ and the generosity of your contribution to them and to all others, <sup>14</sup>while in prayer on your behalf they long for you, because of the surpassing grace of God upon you. <sup>15</sup>Thanks be to God for his indescribable gift! (2Cor 9:13-15)

So today ask for the gift of the Holy Spirit to empower you to do the ministry that God has called you to do! All you need is "faith the size of a mustard seed" (Mt 17:20) because Jesus promised us that "if we ask it will be given to us" (Mt 7:7) and <sup>13</sup>If you then, who are wicked, know how to give good gifts to your children, how much more will the Father in heaven give the holy Spirit to those who ask him?" (Lk 11:13)



### Current Outreach Needs

1. \$4,000 are needed for tuition for a one-semester training course for 8 Brothers of the Franciscan Missionaries of Hope Lyke Community in Nairobi, Kenya. (Requested in October, 2004.)
2. \$450 are needed for tuition for one year of pharmacy training for Angeline Ndungwi in Nkubu, Meru, Kenya. (Requested in December, 2004.)



### Project Completed in November

Money was disbursed in the amount of \$2,387.40 to Rev. Patrick Kung'alo, rector of St. Peter's Minor Seminary in Morogoro, Tanzania. This money will be used to purchase a one-year supply of medicines for the onsite dispensary (clinic) located there. This clinic serves the medical needs of the seminarians and staff, saving them the expense of seeking their medical care at the nearby hospital.

Rev. Patrick Kung'alo is also looking for someone who can be an ongoing sponsor for this dispensary. Please contact Margie Sweeney if you would like additional information about this ministry opportunity. (Requested in September, 2003.)



### Corporate Donors and Sponsors

Helping Hands Healing Ministries, Inc. is looking for corporate sponsors! There are two levels of giving: Corporate Angels - \$2,500 or more; Corporate Archangels - \$5,000 or more. We are also looking for companies that can make regular monthly donations of any amount to help us keep a more even cash flow throughout the year for the work of this ministry.

### List of Donors

#### Cash Donations:

#### **Anonymous/Miscellaneous Cash Donations**

Albert Bissmeyer  
Christine Day  
Gordon & Joyce Garner  
Elizabeth Gingerich  
Mary Graas  
Michael & Anita McLaughlin  
Ted & Alice Schneider  
Patricia Sloan  
Kelly Sweeney  
Michael & Margie Sweeney  
Patrick Sweeney  
Martha Wigginton

#### Community Programs:

St. Edward Parish Tithing Program  
Thorntons FundWorks  
U.S. Recycling

#### Corporate Donors:

System Solutions, Inc.

#### In-Kind Donations:

Sandra Bissmeyer  
Family Medical Care of Louisville, PLLC  
Publishers Press Inc.  
Jazmin de Lourdes Stinson



And whoever receives one child such as this in my name receives me. (Matthew 18:5)

**This is the day that the Lord has made.  
Let us rejoice and be glad!**

## *Can I Get A Witness?*

“Who will go for Us?” “Whom shall I send?” “Here am I, send me.” These words taken from Isaiah 6:8 have challenged and spoken to us for quite some time. We responded to them in November 1999, and our lives have never been the same. It was then that we made the decision that we would make a short-term dental mission trip. In December of that same year we had a chance meeting with Fr. John Judie and we told him of our plans. He then told us that two nights prior to our meeting he had decided that 2000 would be the year he would first take folks to his beloved East Africa. Did we want to come with him? It must have taken about ten seconds to say, “Yes”. Since October 2000, we have traveled to Nairobi, Kenya and Morogoro, Tanzania, five consecutive years.

Recently we were asked to speak to the congregation of a friend who belongs to an Apostolic Church of God. Her minister introduced us as missionaries who travel to Africa. Even after five years of dental mission work, this title seemed a little uncomfortable. Missionaries are folk who wear sandals and long robes tied with rope. They bring The Good News to tribes who have never heard of Jesus Christ. We didn’t fit that description. But we are using the talents that God had given us to minister to His children, our brothers and sisters. God had used Fr. John Judie, whom we had met after his first sabbatical to East Africa 10 years ago, to stir up His work in us. It began with financial support for the ministry that Fr. John began and lead up to that time in November 1999, when we said yes to His call. And so we described our labor of love as missionaries to the people of St Monika’s Kihonda Parish in Morogoro and the slums surrounding Nairobi.

From the start of our first trip, we were overwhelmed by the hospitality and warmth of the people. It was obvious that they put God first, others second, and themselves third.

We were even told that we had brought dignity to them just by our coming. Our primitive dental clinics were appreciated beyond our imagination. By the end of the first week we were already talking about what we would bring and how we would do things “next year”. With every good-bye, we had tears and Fr. John smiled. At the airport he told us that when he saw the tears he knew we would be returning. And Fr. John was right. We have returned every year, better prepared to meet the dental needs. Lawn chairs have become dental chairs. A car battery supplies the power to run compressors and other dental equipment. We may not be preaching The Word, but by relieving pain we are doing Jesus’ work. Our mission is like that in the story of the little boy who walks along the seashore and tosses starfish back into the sea. An older man tells him that he cannot possibly make a difference to all those starfish. But as the boy picks one up and tosses it back he looks at the man and says, “Made a difference to that one”. We cannot change dental hygiene and render care to all of East Africa, but we can make a difference to those whom God sends our way. This is what we do.

But just as important is the difference that has come into our lives. The wonderful people of Kenya and Tanzania have taught us the difference between needs and wants. We value our family and our relationships with others in a whole new way. Living God’s plan does that for you. Our trips have been blessed and have brought blessings to our daughter, Kacey Frazier, and one of our staff members, Anita Frazier, as well. This summer, two college-aged young  
(continued on page 6)

## Healing

By Lee Kuchenbrod

How often have you heard someone ask, "Why am I not healed?" We have been taught that sickness is not God's will, but according to Scripture it is the curse of the law. (Deut 28:15, 61) If we choose to break the law of God's commandments, sickness can set in.

We must not lose hope with these words because we have choices. In Deuteronomy 30:16, it says, "I call heaven and earth to record this day against you, that I have set before you life and death, blessing and cursing: therefore choose life, that both you and thy seed may live."

I love Isaiah 41:10. "Fear not; for I am with you: Be not dismayed; for I am your God; I will strengthen you; Yea, I will help you; I will uphold you with the right hand of my righteousness." With promises like these why do we fear?

There are comforting words in the Scriptures but the "good news" is He sent His only Son to suffer for our transgressions, bruised for our iniquities, the chastisement of our peace was upon Him; and with His stripes we are healed. (Is 53:4-5) Jesus took our infirmities and bore our sicknesses away. (Mt 8:17)

I know these wonderful things but what is the answer to the question, "Why am I not healed?" Through my life I've come to realize we just don't have all the answers, but we must walk in faith that our Lord is always with us and if He wants us to have the answer He will give it.

Not only do we concern ourselves with physical sickness but there is emotional sickness and spiritual sickness. An example: I knew a lady who was very controlling. Through the years her husband became an alcoholic. Not being able to control him, she became cold and bitter to everyone, filled with hate. After years living this way, she developed cancer of the throat and lungs. My pastor came to me one day and asked if I would stop by to see her. He said, "I believe her cancer is due to the anger and hate she has held onto for years." That was 20 years ago. At that time I felt they weren't connected. I have seen many people very ill since, some even die. I know there is a connection.

Two years ago on retreat I roomed with a seer. We would pray our morning and evening prayers. I noticed she would bind the spirit of cancer. She said it was an evil spirit and we must bind it daily. It is brought on by an evil spirit such as anger, hate, rejection, shame, guilt, and low self-esteem. How many people do we know with these negative spirits! We should be binding the evil spirits! I do this for my loved ones. I feel we are faced with a plague of cancer at this time. It is attacking our youth, God's little ones, as well as us. Is it because we, the parents have walked away from God and we don't realize it? Or is it because we have permitted all God's creation to be contaminated? I have found most sickness is caused from sin and unforgiveness. We must repent and forgive to be well. Forgiveness of self is so important.

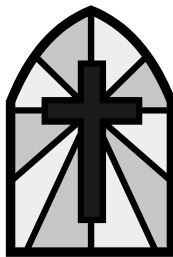
With the sin and unforgiveness we set up our own obstacles to being healed. Some of these things are 1) selfish prayer, asking for God to change situations for your benefit instead of (continued on page 6)

(continued from page 4)

Submitted by Kathleen and Kevin Thompson  
Kevin is a dentist who practices in Shelbyville, KY. Kathleen, who had been the volunteer Youth Group Leader, was recently hired as Youth Ministry Coordinator at the Church of the Annunciation in Shelbyville.



Dr. Kevin and his wife Kathleen in one of their dental clinics in the Nairobi area of Kenya in East Africa.



(continued from page 5)

We, too, may need to have an ancestry healing Mass said to set us free from anything that is negative in our past. Invite the Lord to come into the situations where there is need for healing and ask Him to embrace all of our family members, past and present, known and unknown to us. Most of us have members in our ancestry who have the sin of abortion. The babies need to be lifted up in the baptism of desire. They need to be given a name so they can have a place in Heaven. If not, we could suffer the sin of murder through many generations. We ask the Lord to embrace them all in a loving and forgiving way so they may experience God's love and be set free from bondage. We need to forgive them also for ourselves to be free.

We are blessed with good doctors. There is medicine to treat all kinds of diseases. God has provided well for His children. The most important thing is to remember He is The Healer, The Almighty!



(Merry Christmas and Happy New Year!)



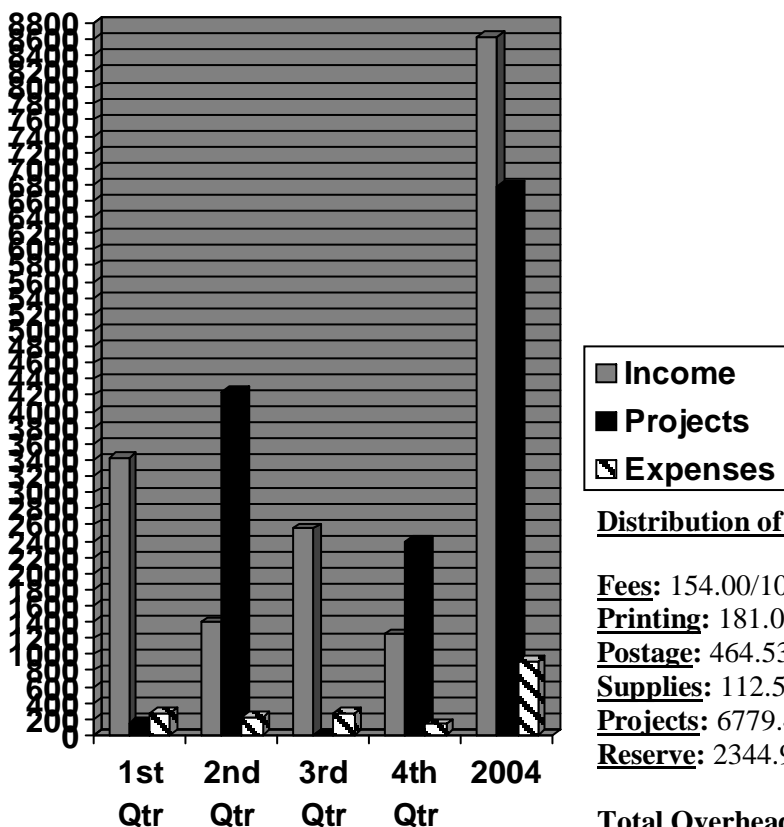
## **2004 Year-End Financial Report**

Below is a graph depicting the dollar amounts for income, projects, and expenses for each quarter of the year 2004 and the total for the year. While donations increased by 18.4%, the amount spent on overhead went down from 23.9% to 9.1%. We are getting close to our goal of 5% or less for overhead. I believe we should be able to realize that goal in 2005!

An additional goal in 2005 is to see donations grow at a faster pace. As was mentioned in the President's Corner on page 1 of this newsletter, we are exploring options of fundraising that should allow for this goal to become a reality.

Even though this ministry is a small organization, many lives have already been impacted in a positive way. Your continued support has made a difference to the poorest of the poor! As Mother Teresa of Calcutta said, “Do small things with great love.”

I look forward to our continued sharing in proclaiming the Gospel of Jesus Christ to our brothers and sisters by demonstrating our faith in action!



## Distribution of Revenue

**Fees:**  $154.00/10036.41 = 1.5\%$

**Printing:**  $181.00/10036.41 = 1.8\%$

**Postage:**  $464.53/10036.41 = 4.6\%$

**Supplies:**  $112.58/10036.41 = 1.1\%$

**Projects:**  $6779.40/10036.41 = 67.5\%$

**Reserve:**  $2344.90/10036.41 = 23.4\%$

**Total Overhead:**  $912.11/10036.41 = 9.1\%$

**Fundraising Opportunity:** We can now receive a small stipend for old cell phones through a buy back program with **U.S. Recycling**. We are accepting the following brands of cell phones for this program: **Audiovox, Kyrocera, LG, Motorola, NEC, Nokia, Panasonic, Samsung, Sanyo, Siemens Mobile, and Sony Erickson**. Thanks for your donations!



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To save on postage, statements for receipt of donations made in 2004 will be mailed out in early January, 2005. If you require a receipt prior to that time, please let us know.