



Kling Center

CONNECTIONS

May and June 2008

OF SPECIAL NOTE

Norton Cancer Institute Mobile Cancer Unit to Screen at the Kling Center

On Tuesday, June 10 the Mobile Prevention Center from Norton Cancer Institute will be here from 10:00 –3:00 to screen eligible persons 40 or older and who have not received a cancer screening of the breast, cervix, prostate or colon within the last year. There is “no cost” for the screenings but state regulations require them to get insurance info for mammograms. A co-pay may apply to those with insurance. Please bring your insurance cards with you on the day of the screenings

(Pre registration is requested)
Call the Kling Center to schedule an
appointment 636-3424

In the two years that I have been at the Kling Center I have seen and heard many talented seniors. I would like to showcase the many talented people we have here by having a **Talent Show** on June 18th. We will have an organizational get together on May 7th at 12:00. Let's show off our singing, dancing, reciting or whatever talent lies hidden at this show.

Kling Center Website
neighborhoodlink.com/org/klingcenter

3rd Annual Expired Drug Toss

Pharmaceuticals should never be flushed down the toilet or drain, burned in the open or thrown in the trash.

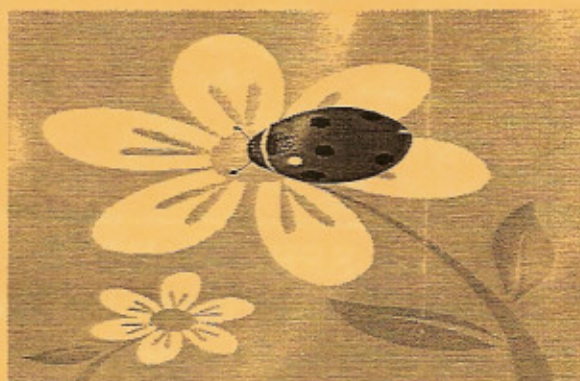
You can take your expired drugs to The Christian Care Communities at 940 So. Fourth St. on Thursday, May 22 from 9:30 –11:30 for proper disposal.

In celebration of Older Americans

Month, we have scheduled two special programs: Kim and Tony Mapp will tell us about a new concept in Assisted Living arrangements on May 6th at 10:30. Nurses from Baptist Hospital East will be here on May 13 to take **blood pressures and do Glucose testing** from 10:00-12:00. Ward Robinson from Evercare Medical will also be here at 10:30 to tell us about durable medical supplies that make living at home easier.

The Center will be closed on May 2 for the Kentucky Oaks and May 26 for Memorial Day.

May Birthdays



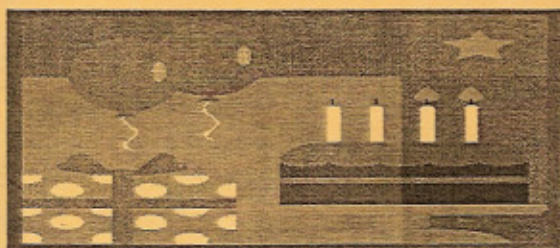
David Hampton-2
Myra Kittrell-3
Emma Jackson-3
Lee Meredith-4
Pauline Carr-5
Bernice Nolan-6
Bill DeJarnette-6
Cathy Hicks-7
Fatima Weathers-7
Jerralyne Guichard-8
Bonnie Shelley-8
George Noon-9
Martha Mason-9
Tom Nevitt-9
Doris Barnett-11
Ruth Lavendar-11
Myrtle Gonterman-11
Wilma Morris-12
Sylvia Crowe-14
Reba Lewis-14
Julia Thompson-15

Marvin Cundiff-15
George Meredith-15
Evelyn Harmon-16
Patricia Rhodes-22
Laura Truitt-23
Betty Spears-23
Ada Logan-25
Francis Ruff-25
Lula Posey-27
Ella Hunt-27
Annie Patton-28
Sandra Bube-28
Hubert Standard-28
Joan Smith-28
Freda Curry-29
Mary Hilton-29
John Bube-31

Mike Linnig's For Lunch on June 11.

We will leave the center at 11:15 on TARC and enjoy a leisurely lunch at Mike Linnig's. Your cost is \$2.50 for the bus and the cost of your lunch. See Meleesa to sign up & see the menu.

June Birthdays



SPECIAL THANKS

Our Meal Delivery Volunteers
Master Food Volunteer Susan Holt
Vince Selig-Helping Hearts /Hands
Goss Ave. Kroger Deli
Charlene Thomas
Sharon Gunter-Eclipse Bank
Bonnie Caskey
**Operation Brightside Clean-Up
Blitz Team**
Mary Panke
Peggy Owens
Sarah Gregory
Dan Trent
Meleesa Oldham

Otto Barteldes-2
Nancy Troxler-2
Dixie Clyburn-3
Sally Pitts-3
Norma Taylor-4
Ed Harris-4
Marian Johnson-6
Lewis Coatley-8
Jim Thurman-9
Betty Thompson-9
Ernest Holmes-10
Bonnie Cole-12
Glenda Graves-13
Anna Grubbs-14
Richard Cayton-14
Johnnie Storms-17
Lula Green-17
Bill Clark-19

Doris Coffman-20
Lois Huston-21
Brenda McGill-21
Bonnie Caskey-23
George Wade-24
Charlotte Kohler-24
David Totten-25
Ethel Newman-25
Freddie Finch-25
Davis Jones-26
Lizzie Waddles-26
Dorothy Batts-27
Gonzella Monroe-27
Yuri Peacock-28
Roberta Edwards-28
Arthur White-28
John Reid-29
Matt Phillips-30
Katherine Sanders-30

WISH LIST

Volunteers to deliver homebound meals (Call Lynn Haley-636-3424)

Gift cards (Kroger, Rite Aid, Walgreen's, McDonalds, Papa John's, KFC & Pizza Hut)

Prepaid phone cards

Bingo Prizes (Toiletries, paper and cleaning products, sugar free candy)

8 1/2 by 11 Copier paper

Spot carpet cleaner

Lysol spray

Liquid hand soap

Coffee (Decaf and regular)

Paper towels & Toilet Paper

Paper plates & Cups

Plastic Cutlery

Seek And Find Puzzle Books

Volunteers to play the piano or other instrument

Teach a Computer Class

Teach a Craft Class

Teach an Art Class

Sponsor a party; provide refreshments and entertainment

Sponsor a field trip

STIMULUS PAYMENT

The Kling Center has information regarding the tax rebate that includes people who receive Social Security Benefits.

Please call 636-3424 for an appointment with one of our Social Workers. 1040 A forms will be available.

Hello! My name is Mike Crosby and I am a student intern here at the Kling Center. I will be hosting a men's discussion group on the following dates:

Events that shaped my life— a men's group

May 21 10:15 A.M.

May 22 10:15 A.M.

May 28 10:15 A.M.

May 29 10:15 A.M.

June 4 10:15 A.M.

June 12 10:15 A.M.

Please sign up at the reception desk or call 636-3424 and ask to sign up.

DID YOU KNOW?

The Kling Center has various services available to seniors 60+ in our service area. These are just a few of them:

Counseling/Advocacy—

Homebound Meals (contact Lynn Haley)

Nutrition Site

Health Equipment Lending Center

Prescription Drug Assistance

Information Assistance

Forms Assistance

Senior Companions

These services are available to those 55+:

Monday & Wednesday Exercises –10:30

Tuesday & Thursday Walking –9:30

Bingo-Thursday @12:00

Exercise Equipment

Pool & Ping Pong

Parties and Entertainment

Outings

Craft Class

Please call 636-3424 for detailed information on the Kling Center.



The Kling Center
219 West Ormsby Avenue
Louisville, Kentucky 40203
502 636-3424
Fax 502 636-1072

NON-PROFIT
ORG.
U.S. POSTAGE
PAID
PERMIT NO. 181
LOUISVILLE, KY



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REMEMBER KLING CENTER IN YOUR WILL

Your contribution to The Kling Center is an investment to help insure that effective services are available to seniors who need help. A charitable bequest is a thoughtful way of extending your caring beyond your lifetime. As you prepare your will, please consider a gift to The Kling Center as part of your planning. Thank you for your thoughtfulness.

Many of us are often in a quandary as what to give that special person in our life. How about a donation to The Kling Center in honor of them, congratulating them, wishing them a Happy Birthday, Anniversary, promotion, Graduation or maybe just for a job well done. Your donation is a tax deductible charitable contribution as we are a 501 (c) (3) organization.

CONNECTIONS

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The Kling Center Staff











Executive Director-Zandra Lyons
Social Worker-Linda Wheeler
Social Worker-Lynn Haley
Activity Director-Meleesa Oldham
Administrative Asst.-Valerie Davis
AARP Receptionist-Peggy Owens


Louisville Metro Nutrition Site
Manager-Dorothy Pearson

MAY 2008 Activity Calendar

Mon	Tue	Wed	Thu	Fri
Triad Meeting is the Second Tuesday of the Month Shopper Shuttle is every Wednesday	 29 Massages Walking Club 9:30 Health Topic 10:30 Crafts-12:00	30 Podiatrist 9-11 Exercises 10:30 Bingo 12:00	1 Walking Club 9:30 Scott Lykins 10:30 Derby Trivia 12:00	2 Center Closed 
5 Exercises 10:30 Current Events 12:00 Cinco de Mayo 	 6 Walking Club 9:30 Massages Kim Mapp Lifting Lives Housing 10:30 Crafts -12:00	7 Exercises 10:30 Talent Show Organization 12:00	8 Walking Club 9:30 Massages SKWAD-10:15 Bingo	9 Bookmobile Mother's Day Breakfast 9:00 Hat's Off to Our Moms: 12:00
12 Exercises 10:30 Vegetable & Fruit Unscramble 12:00	 13 Walking Club-9:30 Baptist Hospital East Blood Pressure & Glucose Screening 10-12 & Ward Robinson Med. Supplies	 14 Podiatrist 9-11 Exercises 10:30 Talent Show Practice-12:00	15 Walking Club 9:30 Massages SKWAD-10:15 Wheelchair Safety Orbit Medical Bingo 12:00	16 Honoring Our Armed Forces 10:15 Patriotism to me is...12:00
19 Exercises 10:30 Cruciverbalists 12:00 	20 Walking Club 9:30 Massages Mother's Day & Birthday Celebration- 12:00	21 Men's Group 10:15 A.M. Exercises 10:30 Talent Show Practice 12:00	 22 Men's Group 10:15 A.M. Drug Toss 9:30-11:30 Walking Club 9:30 Massages SKWAD-10:15 Bingo-12:00	23 Memorial Day Puzzles 10:15 Video 11:45
26 Memorial Day Center Closed 	27 Walking Club 9:30 Massages Health Related Seek n Find 10:15 Crafts-12:00	28 Men's Group 10:15 A.M. Exercises 10:30 Card Bingo 12:00	29 Walking Club 9:30 Massages Men's Group 10:15 A.M. SKWAD-10:15 Bingo-12:00	30 Bookmobile Exercises 10:30 Phase 10 12:00

JUNE 2008 ACTIVITIES CALENDAR

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>Exercises 10:30</p> <p>Uno 12:00</p> 	<p>3</p> <p>Walking Club 9:30</p> <p>Health Topic 10:30</p> <p>Craft Class 12:00</p>	<p>4</p> <p>Men's Group 10:15 A.M.</p> <p>Shopper Shuttle Exercises 10:30</p> <p>Yahtzee 12:00</p>	<p>4</p> <p>Walking Club 9:30</p> <p>Scott Lykins: Good Nutrition 10:30</p> <p>Bingo-12:00</p> 	<p>6</p> <p>Pentathlon 10:15 & 12:00</p>
<p>9</p> <p>Exercises 10:30</p> <p>Current Events 12:00</p> 	<p>10</p> <p>Walking Club 9:30</p> <p>Healthy Living Info Expo/ Norton Cancer Screenings 10-3</p>	<p>11</p> <p>Shopper Shuttle Exercises 10:30</p> <p>Mike Linnig's for Lunch 11:15</p> 	<p>12</p> <p>Walking Club 9:30</p> <p>Men's Group 10:15 A.M.</p> <p>SKWAD-10:15</p> <p>Bingo-12:00</p>	<p>13</p> <p>Father's Day Breakfast 9:00</p> <p>Flag Day Trivia 12:00</p>
<p>16</p> <p>Exercises 10:30</p> <p>Put Final Touches on Tal- ent Show 12:00</p> 	<p>17</p> <p>Walking Club 9:30</p> <p>Health Topic-10:30</p> <p>Father's Day & Birthday Party w/ Summerscene 12:00</p>	<p>18</p> <p>Shopper Shuttle Exercises 10:30</p> <p>Talent Show 12:00</p> 	<p>19</p> <p>Walking Club 9:30</p> <p>SKWAD-10:15</p> <p>Bingo 12:00</p>	<p>20</p> <p>Bookmobile Summertime and the.... 10:30</p> <p>Table games 12:00</p>
<p>23</p> <p>Exercises 10:30</p> <p>Cruciverbalists 12:00</p> 	<p>24</p> <p>Walking Club 9:30</p> <p>Health Topic 10:30</p> <p>Craft Class/ Sharon-12:00</p>	<p>25</p> <p>Shopper Shuttle Exercises 10:30</p> <p>Bunco 12:00</p>	<p>26</p> <p>Walking Club 9:30</p> <p>Kelly Ridgeway 10:15 A.M.</p> <p>End of Life Decisions Bingo 12:00</p>	<p>27</p> <p>Movie & Popcorn 10:00 & 12:00</p>
<p>30</p> <p>Exercises 10:30</p> <p>Card Bingo 12:00</p> 	<p>SHIP Counseling Call 636-3424 to Schedule an appointment</p>	<p>Triad Meeting is the second Tuesday of the Month</p> 		<p>Activities are subject to change</p>



THE KLING CENTER INVITES
SENIORS 60 AND OLDER
TO OUR HEALTHY LIVING
INFO-EXPO 636-3424

WHEN: TUESDAY, JUNE 10
10 AM TO 3 PM

WHERE: 219 WEST ORMSBY
(BOX LUNCH FOR 60 AND OLDER WITH
RESERVATIONS BY JUNE 6TH 636-3424)

EVENTS:

HOSPARUS-HOSPICE OF LOUISVILLE

MEDICARE/ SOCIAL SECURITY

HEARING AID H.E.L.P.

NORTON CANCER INSTITUTE
PREVENTION/EARLY DETECTION
MOBILE UNIT

(RESERVATIONS AGE 40 AND OLDER 636-3424)

