



Come Join Us!

Come commune and relax with Yoga. Improve your flexibility, build strength and endurance, make new friends or reconnect with old ones in this inviting, comfortable atmosphere for a small fee.

## Weekly Yoga Classes

South Louisville Community Center

2911 Taylor Boulevard

Wednesday Evenings from 6-7pm

Monthly Fee: Fee - \$10, Seniors - 50 over - \$5

Bring a towel or mat

*(Some mats available)*

*For more information contact: LaNeisha Beasley at (502) 574-3207 or email*

*[Laneisha.Beasley@louisvilleky.gov](mailto:Laneisha.Beasley@louisvilleky.gov)*