



# WESTWOOD NEWS

Winter 2011

## *Greetings from the President*

Happy New Year! I hope everyone had happy and healthy holidays! Westwood did a festive job of decorating for the holidays and those efforts were enjoyed by all that live in the neighborhood. I hope you can join us for the Annual Art Center mixer on Thursday evening, January 20th from 6:30-8:30pm. Social chair Dr. Greg Berry has arranged Janey Hooper for your enjoyment. There will be refreshments and appetizers provided. I look forward to seeing you there.

President, Kristy Barzen

## Officers

### President

Kristy Barzen

Email: kbarzen@aol.com Phone 271.6263

### Vice President

Mike Keller

Email: mrk515@gmail.com Phone: 707.2764

### Secretary

Deb Fuller

Email: debf@tuninkmurray.com Phone: 279.3204

### Treasurer

Ed Truslow

Email: ed@ampiowa.com Phone: 277.1608

### Past President

Brad Sammon

Email: bjsammon@msn.com Phone: 883.0616

## Mark your calendars!

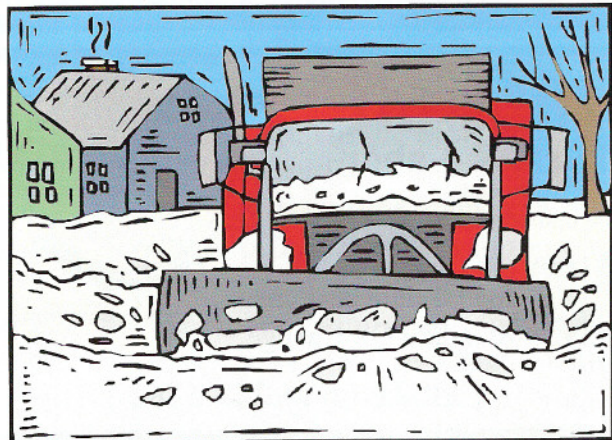
Thursday, January 20th at 6:30 p.m. for the Annual Westwood Social at the Art Center!

And a big "thank you" to all who contacted the Ray's after the notice of their lost cat - she found her way home shortly after the announcement so all is well.

## SNOW PRIORITY

Westwood is part of the Snow Ordinance Street Program. 'Snow Priority Streets--No Parking Until Plowed' signs have been posted. Larger wing plows will be used. Cars parked on the streets will be ticketed. The City recommends parking in your driveway, ask a neighbor permission to park in their drive, or ask permission to park at a business, School, Church, or Park. You can sign up to receive AUTOMATIC email notification at <http://www.dmgov.org/Pages/subscribers.aspx>.

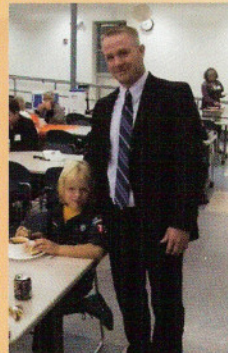
You can also check the City's web site at [www.dmgov.org](http://www.dmgov.org), or calling Public Works Customer Service at 283-4950. Westwood's contact person is Bruce A. Braun, [babraun@dmgov.org](mailto:babraun@dmgov.org). There have been many accidents and close calls on 56th, 51st, Robertson, and Welker by Hanawalt school. We hope having Snow Priority will help.



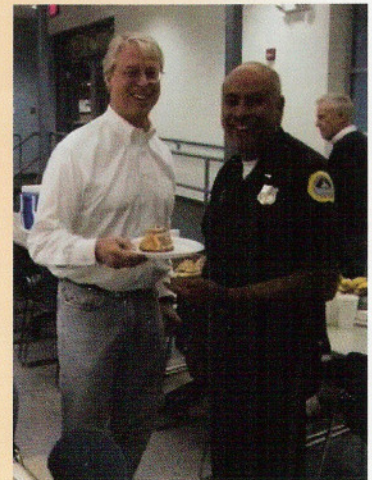


# Annual Meeting Highlights

We had a great turnout for the Westwood Annual Meeting that was held at Hanawalt School. Chili supper was enjoyed by all. David Barzen prepared a slide show, with pictures from our neighborhood gatherings; Art Center mixer, Jazz in July, Ice Cream Social/Neighborhood Night Out, and last years annual meeting--thank you for your efforts David! Mayor Frank Cownie spoke and answered questions. Andrew Burg, Hanawalt's new Principal, spoke and updated us on the happenings at Hanawalt and answered questions. Hanawalt always welcomes volunteers. Anyone interested, contact Principal Burg at 242-8411. Westwood made a contribution to Hanawalt's technology/computer lab, that will allow many more children access to technology. The PTA has also applied for a grant, and fundraising is directed here also. Westwood's Neighborhood's Resource Advocate, Sargeant Joe Gonzalez introduced himself and spoke. To contact him, 237-1531. President Kristy Barzen, showed her sincere appreciation to the Board, Committee Chairs, and Barbara Bell and Amy MacKrell for the hard work and volunteerism they have contributed to Westwood. Without neighbors stepping up to volunteer, we could not have Westwood Neighborhood Association. Thank you again, to all of those who volunteered the past year. Welcome to two new volunteer's, Deb Fuller who has agreed to be our Secretary, and Jeremy Jessen, a new neighbor who has volunteered to take over the newsletter. Welcome and thank you!



Hanawalt Principal  
Andrew Burg



Des Moines Mayor Frank Cownie  
and Sgt. Joe Gonzalez

## Next meeting:

February 15th. 2011

Hanawalt School library

**10% off**  
**Parts & Labor**  
for Westwood  
Neighborhood Members

**\$11.99** Oil Change  
for 1st time customers

**\$23.04** Standard Oil Change

**Call Jason at 223-6762**



**1980 NW 94th**  
**Clive, Ia 50325**

## NEW to the NEIGHBORHOOD?

### We want to know you!

To be featured, please  
contact Kristy Barzen  
at [kbarzen@aol.com](mailto:kbarzen@aol.com)



Would you like to advertise with us? Let us know!





# soup's on!

If you can't make it to the Soup Supper, here's a recipe that you might enjoy and will surely warm you up on a cold winter night.

## Beef Mushroom Barley Soup

2 tablespoons plus 1 teaspoon canola oil  
 1- 1/4 to 1-1/2 lbs. beef shin on the bone, trimmed of excess fat  
 Kosher salt and freshly ground black pepper to taste  
 1 carrot, diced  
 1/2 onion, diced  
 1 rib celery, diced  
 1/2 teaspoon dried thyme  
 6 cups water  
 1/3 cup pearl barley, rinsed  
 1 cup chopped canned tomato  
 1 tablespoon unsalted butter  
 3/4 pound medium-sized button mushrooms,  
     brushed, trimmed, and quartered  
 3 tablespoons minced flat-leaf parsley



### Directions

Heat a large soup pot or Dutch oven over medium-high heat; add 2 tablespoons of the oil. Season the meat generously with salt and pepper. Sear the meat on all sides until well browned; this will take about 15 minutes. Wipe the pan out with a paper towel. Lower the heat to medium, add the oil to the pan. Add the carrot, onion, and celery to the pan and saute until tender, about 10 minutes. Return the meat to the pan with the water. Bring to a boil, adjust the heat to maintain a gentle simmer, cover, and cook for 1 1/2 hours or until the meat is just tender. Add the thyme, barley, and tomato, continue to simmer the soup, covered, for 45 minutes.

Meanwhile, in a medium saute pan, heat the butter over medium-high heat, add the mushrooms and saute until golden, about 10 minutes. Season the mushrooms with salt and pepper and add them to the soup, and simmer for 15 minutes more. Remove the meat from the soup; cut the meat from the bone and dice. Skim any fat from the surface of the soup with a ladle or large spoon. Return the meat to the soup with the parsley. Season the soup with salt and pepper. Serve in warm bowls.

**Cook's Note:** If making the soup in advance, adjust the consistency of the soup when re-heating with water, since the barley has a tendency to absorb the broth.

## JOIN US FOR A SOUP SUPPER

Join the Des Moines Area Religious Council for the Fifth Annual Soup Supper to benefit the Emergency Food Pantry. For \$10, supporters will receive a bowl of soup, bread and a dessert as well as a complimentary hand-crafted bowl. Additional bowls created by local artists will be available for purchase. Last year's event raised over \$9,000. Soup will be served from 4:30 pm until 7:00 pm on Sunday, February 20, 2011 at the West Des Moines Christian Church, 4501 Mills Civic Parkway, West Des Moines, Iowa. For ticket information, visit [www.dmreligious.org/soup-supper](http://www.dmreligious.org/soup-supper) or call 515-277-6969.

If you would like to create a bowl, RDG Dahlquist Art Studio, 316 SW 5th Street, Des Moines, Iowa will be holding an Open Studio Day on January 15, 2011. This event is free and open to the public. Guests can create the bowls that will be given out at the Soup Supper event. For additional information, including times visit [www.rdgusa.com](http://www.rdgusa.com) or call 515-284-1675.



# Westwood Membership

Strong, consistent membership can greatly benefit the neighborhood association and is essential when seeking grants to fund neighborhood improvements. Your support makes great things happen in Westwood! If your name is not listed, please send your membership to Treasurer Ed Truslow at 109 51st Street. Cost is \$25 per family or \$15 individual and we will be sure to add and thank you next newsletter!

## Thank You!

Anderson, Marcus & Mary  
Aspengren, Mary Lou  
Baldwin, Patricia  
Bannister, Scott & Kathy  
Barr, Judson & Heidi  
Barzen, David & Kristy  
Bates, Dennis & Sally  
Beh, Carleton & Mary  
Bell, Jim & Barbara  
Berry, Dr. Greg & Maria  
Bertness, Scott & Nancy  
Boesen, Bryan & Betsy  
Bookey, Harry & Pam  
Brooks, Steve & Katie  
Brown, Kendall & Diane  
Burgeson, John & Colleen  
Caldbeck, Garry & Debbie  
Cary, Daniel & Tiffani  
Christensen, Scott & Debby  
Church, Barbara  
Clemens, Maxine  
Clemenson, Jane  
Clutter, Ryan & Vicki Sehgal  
Coppie, Vincent & Susan  
Cownie, Drew & Christine  
Davis, Ron & Agnes  
DeBord, Dave & Kristi Sutton  
DenHartog, Rob & Brenda Currans  
Downing, Dr. Wendell & Joyce  
Eckhouse, Herb & Kathy  
Engler, Joan  
Fisher, Bob  
Fleming, James & Allison  
Fox, Cynthia  
Freude, Jeff & Laurie Wolf  
Fulton, Jason & Diane Kuhn  
Furstenau, Bob & Valerie Landis  
Galeazzi, Dennis & Nancy  
Galenbeck, Scott & Leann Treloar  
Gleson, Lisa  
Gottschalk, Mary  
Heggen, Dr. Bill & Lynn  
Heiken, Thomas & Vicki  
Hemming, David & Jane  
Hogan, Brady & Allison  
Horstmann, Rick & Laura  
Hull, Marg  
Jessen, Jeremy & Janel Brown  
Kahl, Andrew & Peg Roy  
Karas, Kiera & Chris  
Keene, Sheila  
Keller, Mike & Rick Marura  
Kenworthy, John & Lisa  
Kisch, Thomas & Margo Hutcheson  
Kramer, Randy  
Krantz, Mary  
Lem Mon, Jean  
Lindstrom, Matt & Krista Mattsen  
Linebaugh, Jesse & Melissa  
Lonning, Craig & Judy  
Lorber, Fred & Mickey  
Ludwig, Bill & Joyce  
Lyford, Dick & Barb  
Mackaman, David & Laura  
MacKrell, Scott & Amy  
Marquardt, Steve & Sara

McGreevy, Jeanette  
McKinney, Alissa  
Medick, Jason & Daughters  
Meehan, Judith  
Melton, Mark  
Michelson, Brent & Ann  
Melton, Mark  
Michelson, Brent & Ann  
Moyer, Debra  
Mullins, Dan & Laurie  
Murphy, John & Sharon  
Murphy, Kathy  
Nesbit, John & Ann  
Olson, Gretchen  
Pederson, Dennis & Cheryl  
Peterson, Mike & Margart  
Pollard, David & Stephanie  
Pollard, Tom & Julita  
Pomerantz, Rose Lee  
Post, Scott & Diane  
Rabinowitz, Sheldon & Roselind  
Rask, Rick & LaRayne Lilley  
Rasley, June  
Ray, Robert & Billie  
Reece, Dr. Mark & Barb  
Rosenberg, Dr. Harlan & Audrey  
Schroeder, Diane  
Scott, Debora  
Shiffler, Bryan & Lyn  
Shumaker, Bill  
Smith, Val & Elizabeth  
Spevak, James  
Steger, Dee Dee  
Stevenson, Peter & Barb Bremner  
Strief, Charles & Peggy  
Tatge, Bob & Sandy  
Taylor, Dawn  
Tegrotenhuis, Jeff  
Tempero, Howard & Megan  
Textor, Jack & Susan  
Thompson, Jeff & Dianna  
Truslow, Ed & Nancy  
Tuel, Larry  
Urban, Tom & Mary  
Van Hon, Thomas  
Ver Steeg, Dr. Dirk & Adele  
Voss, Zachary & Sara  
Wallace, Sam & Sally  
Walsh, Sharon  
Weitenhagen, Dean  
White, Toby & Ruth  
Windsor, Stephanie  
Winter, Kathy  
Wirt, Brian & Kelly  
Wolnerman, Michael & Missy  
Young, Linda  
Zeiner, Andy  
Zuck, David & Amy

## MUCH APPRECIATION FOR OUR NEIGHBORHOOD CAPTAINS! THEY DELIVER THE NEWS TO YOU!

BILL & GINNY SATTERSTROM - 49TH ST.  
JOE & JO KOBES - N. 51ST.  
PHIL & SHARON WALSH - S. 51ST.  
JIM & BARBARA BELL - N. 52ND ST.  
BILL & LINDA HEGGEN - ROBERTSON DR.  
JIM & ALISON FLEMING - S. 52ND ST.  
JOHN & COLLEEN BURGESON - WELKER  
DEAN WEITENHAGEN - 56TH ST.  
TOM KISCH - 58TH ST.  
TOM & DENA ZISKO - 58TH PL.  
SHEILA KEENE - 59TH ST.  
RORY & MARTI HUBER - 44TH-45TH ST.  
ROB DENHARTOG - GRAND AVE.  
DENNIS & CHERYL PEDERSON - 56TH PRIVATE DR.

The WNA Board minutes and past newsletters  
are available online.

Go to: [neighborhoodlink.com/desmoines](http://neighborhoodlink.com/desmoines)

## Save the Date! Annual Perennial Divide

May 14th, 2010

More details to come!

Think Spring!



## ABOUT WESTWOOD NEIGHBORHOOD NEWS:

Westwood Neighborhood News is published quarterly to provide the residents with information about activities of the Westwood Neighborhood Association. We welcome and encourage contributions from residents.

Please email Jeremy Jessen at [ledmon1@hotmail.com](mailto:ledmon1@hotmail.com) with news, articles, info, etc.