

## Checking an Unconscious Infant APPEARS TO BE UNCONSCIOUS

**TIP:** Apply basic precautions to prevent disease transmission.

**1** Check the scene for safety, then check the infant.

**2** Flick the infant's foot or tap the infant's shoulder and shout to see if the infant responds.

**3** If the infant does not respond...  
Have Someone Else Call 9-1-1 or the Workplace (Local) Emergency Number.



**NOTE:** If You Are Alone, Provide 1 Minute of Care First, Then Call the Emergency Number.

**4** Without moving the infant, look, listen, and feel for breathing for about 5 seconds.

**5** If the infant is not breathing or you cannot tell...  
Roll the infant onto his or her back, while supporting its head and neck.



**6** Tilt the head back and lift the chin slightly to open the airway.

**7** If the infant is not breathing...  
Give 2 Rescue Breaths.

- Seal your lips tightly around the infant's mouth and nose.
- Take a breath and breathe gently into the infant to make the chest clearly rise.



**IF BREATHS DO NOT GO IN, GO TO UNCONSCIOUS CHOKING-INFANT, STEP 1.**

**8** If breaths go in...

- Find the pulse on the inside of the upper arm.
- Look, listen, and feel for signs of circulation for no more than 10 seconds.
- Look for severe bleeding.



**IF THERE ARE SIGNS OF CIRCULATION, GO TO RESCUE BREATHING-INFANT, STEP 1.**

**OR**

**IF THERE ARE NO SIGNS OF CIRCULATION, GO TO INFANT CPR, STEP 1.**

## Conscious Choking-Infant CANNOT COUGH, CRY, OR BREATHE

**TIP:** Be sure to get consent before providing care.

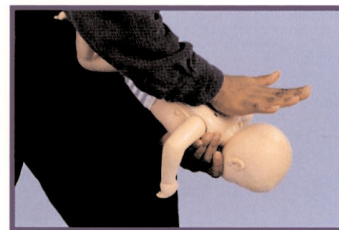
**1** Check the scene and the infant.

- Identify yourself and ask the infant's parent/guardian if you can help.
- If the infant is coughing forcefully, allow continued coughing.

**2** If the infant cannot cough, cry, or breathe...  
Have Someone Else Call 9-1-1 or the Workplace (Local) Emergency Number.

**3** If the infant cannot cough, cry, or breathe...  
Give 5 Back Blows and 5 Chest Thrusts.

- Carefully position the infant face down on your forearm, with your hand supporting the infant's head and neck.



- With the heel of your other hand, strike the infant between the shoulder blades 5 times.
- Turn the infant over and place two or three fingers in the center of the breastbone.
- Give 5 chest thrusts. Each thrust should be about  $\frac{1}{2}$  to 1 inch deep.



**4** Continue back blows and chest thrusts until...

- The object is forced out.
- The infant begins to breathe on his or her own.
- The infant becomes unconscious.

**IF THE INFANT BECOMES UNCONSCIOUS, GO TO UNCONSCIOUS CHOKING-INFANT, STEP 3.**

**NOTE:** Call 9-1-1 or the Workplace (Local) Emergency Number If Not Already Done So.



## Rescue Breathing-Infant

### NO BREATHING, SHOWS SIGNS OF CIRCULATION

COMPLETE STEPS 1-8 CHECKING AN UNCONSCIOUS INFANT.

**1** *If the infant shows signs of circulation but is not breathing...*

Give 1 Rescue Breath.

- Tilt the head back slightly and lift the chin to open the airway.
- Seal your lips tightly around the infant's mouth and nose.
- Take a breath and gently breathe into the infant until the chest clearly rises.



**TIP:** If a breathing barrier is not available, you may give breaths without one.

**2** *Continue to give 1 rescue breath about every 3 seconds.*

- Do this for about 1 minute (20 breaths).

**TIP:** If you cannot make a tight seal over the infant's mouth, breathe into the nose instead. Make sure the infant's mouth is completely closed.

**3** *Recheck for signs of circulation and breathing for no more than 10 seconds.*

- Find the pulse on the inside of the upper arm.



**NOTE:** Call 9-1-1 or the Workplace (Local) Emergency Number If Not Already Done So.

**4** *If there are signs of circulation but no breathing...*  
Continue Rescue Breathing.

IF THERE ARE NO SIGNS OF CIRCULATION,  
GO TO **INFANT CPR, STEP 1.**

**TIP:** Always recheck signs of circulation and breathing about every minute when giving rescue breathing.

## Infant CPR

### NO BREATHING, NO SIGNS OF CIRCULATION

COMPLETE STEPS 1-8 CHECKING AN UNCONSCIOUS INFANT.

**TIP:** Place the infant on his or her back on a firm, flat surface, such as the floor or table.

**1** *If the infant shows no signs of circulation...*

Find Finger Position On The Breastbone.

- Place two fingers on the breastbone just below an imaginary line between the nipples.
- Place your other hand on the infant's forehead and tilt the head back to keep the airway open.



**2** *Give 5 chest compressions.*

- Compress the chest about  $\frac{1}{2}$  to 1 inch deep.

**3** *Give 1 rescue breath.*

- Tilt the head back with one hand on the forehead to open the airway.
- Seal your lips tightly around the infant's mouth and nose.
- Take a breath and breathe slowly into the victim until the chest clearly rises.



**4** *Do about 19 more cycles of 5 compressions and 1 rescue breath.*

**5** *Recheck for signs of circulation and breathing for no more than 10 seconds.*

**6** *If there are no signs of circulation...*  
Continue CPR.

IF THERE ARE SIGNS OF CIRCULATION BUT NO BREATHING, GO TO **RESCUE BREATHING-INFANT, STEP 1.**

**TIP:** Always recheck signs of circulation every few minutes when giving CPR. Twenty CPR cycles should take about 1 minute.

**NOTE:** Continue CPR Until—

- You See or Feel Signs of Circulation.
- Another Trained Responder Arrives and Takes Over.
- You Are Too Exhausted to Continue.
- The Scene Becomes Unsafe.

# Unconscious Choking-Infant

## UNCONSCIOUS, BREATHS DO NOT GO IN

COMPLETE STEPS 1-7 CHECKING AN UNCONSCIOUS INFANT.

### 1 *If breaths do not go in...*

Reposition the Airway By Tilting the Head Further Back and Give 2 Rescue Breaths Again.

- Tilt the head back slightly and lift the chin to open the airway.
- Seal your lips tightly around the infant's mouth and nose.
- Take a breath and breathe gently into the infant.



### 2 *Give 5 chest compressions.*

- Place two or three fingers in the center of the breastbone.
- Give 5 chest compressions. Each compression should be about  $\frac{1}{2}$  to 1 inch deep.



### 3 *Look for a foreign object.*

- If the object is seen, sweep it out with your little finger.

### 4 *Give 1 rescue breath.*

- If the breath goes in, give another breath and check for signs of circulation for no more than 10 seconds.
- If the breath still does not go in, continue cycles of chest compressions, look for a foreign object/removal, and rescue breaths.



### 5 *If there are signs of circulation and breathing...*

Continue Monitoring Signs of Circulation and Breathing.

IF THERE ARE NO SIGNS OF CIRCULATION OR BREATHING, GO TO **INFANT CPR**, STEP 1.

**OR**

IF THERE ARE SIGNS OF CIRCULATION AND NO BREATHING, GO TO **RESCUE BREATHING—INFANT**, STEP 1.