

Free Independent Study Courses from the Emergency Management Institute

The list of courses below is a small sample of the EMI Independent Study Program courses that are available free online. Go to the following website for details and begin a course today!

<http://training.fema.gov/IS/crslist.asp>

IS-7 A Citizen's Guide to Disaster Assistance

Course Overview

This independent study course provides a basic understanding of the roles and responsibilities of the local community, State, and the federal government in providing disaster assistance. It is appropriate for both the general public and those involved in emergency management who need a general introduction to disaster assistance.

CEUs: 1.0

Course Length: 10 hours

IS-22 Are You Ready? An In-depth Guide to Citizen Preparedness

Course Overview

The "Are You Ready? An In-Depth Guide to Citizen Preparedness" has been designed to help the citizens of this nation learn how to protect themselves and their families against all types of hazards. It can be used as a reference source or as a step-by-step manual. The focus of the content is on how to develop, practice, and maintain emergency plans that reflect what must be done before, during, and after a disaster to protect people and their property. Also included is information on how to assemble a disaster supplies kit that contains the food, water, and other supplies in sufficient quantity for individuals and their families to survive.

There are real benefits to being prepared.

- Being prepared can reduce fear, anxiety, and losses that accompany disasters. Communities, families, and individuals should know what to do in the event of a fire and where to seek shelter during a tornado. They should be ready to

evacuate their homes and take refuge in public shelters and know how to care for their basic medical needs.

- People also can reduce the impact of disasters (flood proofing, elevating a home or moving a home out of harm's way, and securing items that could shake loose in an earthquake) and sometimes avoid the danger completely.

By reading and following the instructions in this guide you and your family can say, Yes, we are ready!

CEUs: 1.0

IS-55 Household Hazardous Materials - A Guide for Citizens

Course Overview

This course was designed for the general public. The course will introduce you to household hazardous materials and things you can do to protect yourself and your family from injury or death.

- In the 1st unit, you will learn about basic chemical and physical properties, the ways chemicals enter your body, and the effects chemicals have on your body.
- In the 2nd and 3rd units, you will learn about cleaning products, lead, mercury, gasoline, compressed gases, carbon monoxide, medical supplies, chlorine, pesticides, and much more.
- In the last two units, you will cover labels, personal protective equipment, proper disposal methods, preventive measures to take before natural disasters, and less toxic alternatives.

Dangers from chemical products depend greatly on the individuals using them. Chemicals are safe to use when people read the directions and use them correctly.

This course is available on-line as an interactive web-based course. It will take 1 to 3 hours to complete all the units and take the final exam. There are several interactive activities throughout the course. These activities are optional and not content based, however, you are encouraged to view them, as they will reinforce content learned.

CEUs: 0.3

IS-242 Effective Communication

Course Overview

Being able to communicate effectively is a necessary and vital part of the job for every emergency manager, planner, and responder. This course is designed to improve your communication skills. It addresses:

- Basic communication skills
- How to communicate in an emergency
- How to identify community-specific communication issues
- Using technology as a communication tool
- Effective oral communication
- How to prepare an oral presentation

CEUs: 0.8

IS-394.a Protecting Your Home or Small Business From Disaster

Course Overview

The Emergency Management Institute is pleased to announce the newly revised independent study course, **IS-394.a Protecting your Home or Small Business from Disaster**. The course replaces IS-394 Mitigation for Homeowners.

Course Objectives

The purpose of this course is to provide a foundation of knowledge that will enable participants to:

- Describe different types of natural disasters
- Describe hazards that pose a risk to their home or small business
- Explain how protective measures can reduce or eliminate long-term risks to their home and personal property from hazards and their effects
- Explain how protective measures for small businesses secure people, business property, and building structures and prevent business loss from a natural disaster

Primary Audience

The primary audience for IS-394.a, like its predecessor, is small business owners, homeowners, and individual citizens. It is presented in a non-technical format and includes protective measures that can reduce the negative consequences of disasters on homes or small businesses.

Prerequisites

N/A.

CEUs: 1.0